Bethel Park Jikon Chis

The Official Bethel Park Municipal & School District Newsletter



www.bethelpark.net

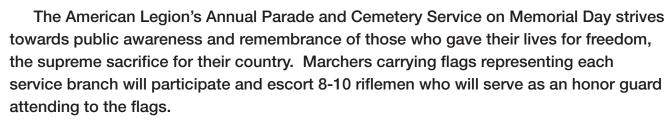


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Expert care from people who care.

Bethel Park Memorial Day Program

Monday, May 30, 2022



The ceremony starts at 7:50 a.m. on Monday, May 30 at the Veterans Memorial Plaza in front of the Municipal Building, 5100 W. Library Ave. Additional names will be added to the over 3,500 already in place on the Memorial representing those from the American Revolution to today.

Following the ceremony, the Memorial Day Parade will begin at the Municipal Building and end at Bethel Cemetery, adjacent to Bethel Presbyterian Church on Bethel Church Rd. A Memorial Day Service will be held immediately after the parade.

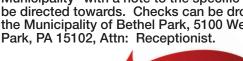
The public is encouraged to attend and participate in honoring our veterans.

Anyone wishing to participate in the parade can contact **Scott Barber**, American Legion Post 760 Commander, at wstreet1@gmail.com or 727-453-9025.



If you'd like to support the Bethel Park Veterans Memorial, tax-deductible contributions are accepted throughout the year. Donations cover Memorial upkeep, paving, engraving and pole donations. Donors may also choose to direct funds to the Russell Kurtz Memorial Fund (RKMF) that helps pay for the Display Banner for those who cannot afford it, the POW/MIA/KIA Banners offered at no cost to the veteran or applicant, or a donation towards funding replacement banner costs for anyone.

Please make donation checks out to "Bethel Park Municipality" with a note to the specific program funds should be directed towards. Checks can be dropped off or mailed to the Municipality of Bethel Park, 5100 West Library Ave., Bethel





Military Banners

If you or a family member purchased a Military Banner between 2012 and 2017, chances are that it's now in need of

Banner applications are accepted throughout the year; however, the deadline for 2022 display has already passed. For questions or more information, please call Haya Eason at 412-831-6800, x0 or x205.

Granite & Memorial Pavers

If you're interested in purchasing a paver or having a name engraved on the Memorial, please contact Michelle Baynham at 831-6800, x203.

Memorial Day Speaker THOMAS P. GLEASON

Thomas P. Gleason was born and raised in The Bronx, New York City. After graduating from the United States Military Academy at West Point in the class of 1980, he was commissioned as an Infantry Second Lieutenant in the United States Army.

Over the course of a 21-year career in the US Army, he held command and staff positions in the 7th Infantry Division, 82d Airborne Division, and the

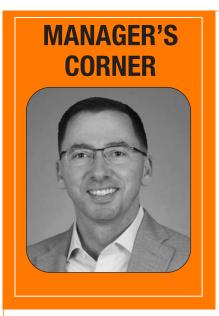


101st Airborne Division (Air Assault). He served at various Army posts around the United States, with deployments to Panama Korea and the Middle East.

After retiring in 2001 as a Lieutenant Colonel, Mr. Gleason taught Social Studies at Hampton High School in the North Hills, retiring from that position in 2020. He and his wife Keely, a flight attendant for American Airlines, reside in Bethel Park; their daughter Alexis is a professional

dancer with Norwegian Cruise Lines.

Mr. Gleason is a member of American Legion Post 760 in Bethel Park and the South Hills veterans Honor Guard.



As you'll see around the Municipality this spring and summer, a variety of contractors will be working on roads, utilities and other projects.

One of our priorities is to keep you informed about these projects so that you're aware of what's happening in your neighborhood and on roads that you frequent throughout our community.

Much of this work is being done through the state and utility companies along with our Municipal Road Program; therefore, we'll provide project updates on our social media channels such as Facebook and Twitter, and also on our recently revised website –

And, speaking of our website, please take a minute and visit it and let us know what you think! We've been hard at work revamping the site to provide information you need in a clear, easy-to-use format. The site is ever evolving, so we hope you find it to be a useful place to stay in touch with us and access the information you need

All of us at the Municipality look forward to providing you with first-rate programs, services and communications throughout the spring and summer season!

Finally, consider participating in our summer "Park & Play" program where we'll be holding a monthly special event at one of our parks May through September. For full details, see pg. 10. Also, on that page, you'll find information about the Bethel Park Kindness Project that's been revamped a bit. We hope you'll also participate in that as well!

All of us at the Municipality look forward to providing you with first-rate programs, services and

communications throughout the spring and summer season!

Laurence Christian

Highland Road Bridge Work

In April, Port Authority contractor Gulisek Construction, LLC began restoration work on the Highland Rd. Bridge consisting of substructure repairs, superstructure repairs and repairs to the steps accessing both the in and outbound train platforms. Once complete, the superstructure will be blast cleaned and painted

complete, the superstructure will be blast cleaned and painted.

Work for the first phase will occur **Monday – Friday** from

7 a.m. – 7 p.m. Traffic control will be set up on Highland Rd. across the bridge to maintain three 10 ft. lanes with two to be used for traffic and the third lane for construction vehicles. As the project enters the painting phase, work will be done overnight.

enters the painting phase, work will be done overnight.

The project is expected to be completed around Oct. 20, 2022.

As it progresses, we'll continue to keep you updated.

We've Upped Our Social Media Presence!

There are now numerous ways to follow us on social media! Please 'like' and 'follow' us on the following platforms to stay in the 'know' on all Municipal news!

www.bethelpark.net
Facebook: Municipality of Bethel Park
Twitter:@ Bethelpark_PA
Instagram: @BethelParkPA
www.pinterest.com/BethelPark_PA/
www.tiktok.com/@bptv_bethel_park











Keeping Storm Drains Clear

The pollution entering our waterways doesn't entirely come from

illegal dumping; a considerable amount comes from urban and suburban surfaces. As a vehicle owner and/or a homeowner, there are a number of things that can be done to minimize the pollution entering our waterways.





<u>Lawn Debris</u> – Materials such as grass and tree clippings should never be swept into a storm drain or onto a street; they provide excess nutrients and promote unnecessary algae growth which, in turn, can cause severe negative impacts to the rest of stream ecosystems.

<u>Pick up After Your Pets</u> – Rain washes parasites and bacteria from pet waste into local waterways and also unbalances nutrient loads. This poses harm to those who use the waterway for recreational use and also degrades stream ecosystems.

Sweep Pesticides and Fertilizer off of hard surfaces and onto your lawn – These applications will be streamlined to local water bodies if left on patios, driveways or other impervious surfaces.

<u>Wash Vehicles on Lawn</u> – Washing vehicles on a grassy surface allows the dirty and soapy water to be absorbed by plants and soil, filtering the water and preventing it from washing into a storm drain.

<u>Properly Dispose of Chemicals</u> – Some things like motor oil and batteries can be recycled. Other products that should be brought to a facility for proper disposal include paint, herbicides, pesticides, and swimming pool chemicals. Be careful to clean up after any spills and avoid allowing any chemicals to reach the storm drains.



– ADULT PROGRAMS

TECHNOLOGY CLASSES

Make an appointment to learn more about your laptop, e-reader, smart phone, or common software programs.

Appointments are 45-minutes long. Bring your charged device and all relevant cords/cables.

Don't have a device? Learn on one of our computers! These free classes include (but not limited to): Basic Internet, Email, Microsoft Word, 3D Printing & Windows. Days and times vary. Call for more information or to schedule an appointment.

MYSTERY BOOK CLUBS

2nd Wednesday of each month 10 a.m. 3rd Wednesday of each month 7 p.m.

MONDAY EVENING BOOK CLUB

Last Monday of each month 7 p.m.

THURSDAY EVENING BOOK CLUB

3rd Thursday of each month 7 p.m.

THURSDAY MORNING BOOK CLUB

Last Thursday of each month 10 a.m.

CONVERSATION SALON: DISCUSSION GROUP

1st and 3rd Friday of each month at 10:30 a.m. Those seeking a refreshing break from the daily grind, uninspired television shows and surfing the web will find like-minded individuals at the BP Library Conversation Salon. This group seeks the satisfaction and inspiration of face-to-face conversations about topics that are enlightening and relevant. The only requirement for attendance is an interest in expressing your views and insights while remaining appreciative of those of others.

KNITTING AT THE LIBRARY

Every Wednesday! 6:30-8 p.m. Knitters of all levels welcome! Bring your yarn and needles to knit and stitch. THIS IS NOT A CLASS.

SCRABBLE CLUB

Every Tuesday at 1 p.m. Fun, friendly games! New members welcome!

PINOCHLE CLUB

2nd & 4th Fridays of the month at 12 p.m. Play some Pinochle! (Not a class, experienced players preferred.)

PITTSBURGH SOUTH WRITERS GROUP

2nd Tuesday of the month at 7 p.m.

Attention Writers! Pittsburgh South Writers Group offers writers of all genres the inspiration and constructive criticism needed to improve their work.

GENEALOGY GROUP

4th Monday of the month at 1 p.m.

Exchange information and research ideas. Call or check the Library's Event Calendar webpage for next meeting's date.

MEMORY CAFE

3rd Wednesday of every month from 10:30 a.m.

Are you caring for someone with dementia? If you are, who is caring for you? Join us for an informal Dementia support group especially designed for families and caregivers. This informational, supportive group will help you learn more about the disease and support your feelings. No registration needed.

BETHEL PARK LIBRARY BUTTON CLUB

4th Wednesday of each month at 11 a.m.

Are you looking for a new hobby? Buttons are beautiful, historical, inexpensive, and fun to collect. For more information, call the library at 412-835-2207.

UNREAL ENGINE 4 MEET UP - PITTSBURGH

The Unreal Engine is now FREE. Meet-ups are also FREE. Join us to talk with others interested in creating and learning about the virtual realms that involve the engine locally. Join and RSVP at communities.unrealengine.com. Space is limited. Meetings at Bethel Park Library.

NEW MOVIE RELEASE TUESDAYS

Tuesdays at 10 a.m.

We will be showing the new blockbuster DVD release of the week on Tuesday mornings at 10 a.m. in the Fireplace Room. Why wait to see what everyone is talking about now! Call for schedule.



SHOULDER PAIN

Presented by Martine Marino, MPT, COMT

Wednesday, Feb. 16th at 2 pm

This lecture will cover common causes of shoulder pain and tips to treat and prevent pain.

WISE WALK

Thursdays at 9:30am, May 12th- July 14th

Take a Wise Walk with the Bethel Park Public Library this spring. Wise Walk is a ten-week walking program geared toward adults. Make new friends and enjoy the beautiful spring weather in South Park with our Library walking group. We meet at the parking lot by the gazebo/pond on Maple Spring Drive. To register or for more information, call the Library at 412-835-2207, x264.



UNIQUELY ME: AUTHOR EVENT

Presented by Author Susan Mellon Thursday, May 12th at 6:30 p.m.
Susan's fourth-grade reading teacher instilled the love of writing in her and she began writing poems, short stories and T.V. scripts of her favorite programs at a very young age. Fast forward 43 years, she is now pursuing her dream full time. She'll also discuss the sweet romance novellas for which she is known.

To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE

3D PRINTING

Wednesday, May 18th at 6 p.m.

Use the Library's 3D Printer to make personalized gifts, replacements parts or your own artistic item or creative invention. Take this free class to learn how to use this innovation of industry! If you cannot make the date above, please call for other times. Must Register - Limited Space.

DARE 2B TICK AWARE

Thursday, May 19th at 6:30 p.m.

Facilitator: Bill Moore, PA Lyme Board Member, Pittsburgh Lyme Support Group Leader, Certified Dare 2B Tick Aware Facilitator This presentation is a seminar about tick identification, tick behavior, tick habitat, tick removal and tick bite prevention options.

AN APP FOR THAT: MOBILE LIBRARY

Tuesday, May 24th at 12:30 p.m.
The Library has a new app: "Allegheny County Libraries" - free at your app store! Learn how to use self-checkout, reading history and more! If you cannot make this date, ask for a 1 on 1 class! Must Register -Limited Space.

SPECIAL NEEDS TRUST PLANNING

Presented by David Frick, CPA, Financial Professional, AXA Advisors, LLC

Thursday, May 26th at 6:30 p.m. If you are an individual or caretaker of a person with disabilities and do not have a Special Needs Trust or forgot why you have one, this is a discussion for you! In conjunction with this topic, we will discuss how a PA ABLE account can fit into the financial plan for a special needs individual.



ADULT SUMMER READING CLUB

Begins Monday, June 6th

Free reading raffle! Each book read or listened to is a chance to win gift cards! Stop into the Library to register and for prize list.

Brain Health as you age: You can make a difference

Friday June 10th at 11 a.m.

Presented by Theresa Lalak, CDP and Liz Morian, CDP of Artis Senior

Aging well depends on your genes, environment and lifestyle. This presentation will review age related changes in memory and learning, lifestyle threats to brain health and actions you can take to protect your brain and ensure that you are doing all you can to maintain brain

function. Register at the Library -412-835-2207.



PRINCIPLES OF STRETCHING Presented by Martine Marino, MPT,

Wednesday, June 15th at 2 p.m. This free discussion will cover the basics and importance of stretching exercises.

PROTECTION FROM ABUSE PROCESS – ALLEGHENY COUNTY

Wednesday, June 15th at 6:30 p.m. Presented by Pennsylvania for Modern Courts

This workshop will cover topics such as personal safety, what constitutes "abuse" under Pennsylvania law, when an abused person should seek an attorney and other relevant topics.

ESTATE PLANNING BASICS - DO I NEED A WILL AND POWER OF ATTORNEY?

Presented by Tracy Zihmer, Esq.

Tuesday, June 21st at 11 a.m.

This seminar will include information about Wills and Powers of Attorney and what happens if you do not have these documents. It will also include an overview of the probate process and a brief discussion on protecting your assets if you go into a nursing home.

PAINTING: BEGINNER ACRYLIC ON CANVAS

Wednesday, June 22nd at 6:30 p.m. Presented by Michelle Kirk, Artist, Teacher of Adult and Children Classes and Party Artist

Come and learn some tips and tricks and how certain brushes can help your art! We'll explore a painting worthy of hanging on your walls, while learning some new techniques to assist your artistic endeavors. Painting is fun!



AN EVENING WITH LOCAL **AUTHOR NICOLE SPINDLER**

Presented by Nicole Spindler

Wednesday, June 29th at 6:30 p.m.

Join us as local two-time author and Pittsburgh native, Nicole Spindler, shares how she sheds light on life's challenging chapters and her hometown through writing her two books: a memoir titled Beyond Life's Moments and her recently published fiction novel, The Reason Why!

CAREER PREP: RESUMES, JOB SEARCHING AND MORE

Tuesday, July 12th at 12:30 p.m.

This free class will cover how to use the Library's Testing and Career Prep eResource with your Library Card from home or at the Library. Includes a resume builder, cover letter templates, test help for educational and vocational exams and more. If you cannot make this date, ask for a 1 on 1 class! Must Register - Limited Space.

5 THINGS TO KNOW ABOUT WRITING AND PUBLISHING **NONFICTION**

Presented by Cori Wamsley, CEO of Aurora Corialis Publishing Wednesday, July 13th at 6:30 p.m.

With this talk, you'll walk away knowing:

- 1) The first thing you need to consider when you want to write a book
- 2) The key ingredient to hooking your audience
- 3) The biggest mistake nonfiction authors make in their publishing

Sure, writing may be fun and cathartic, but you need to have a plan for the book and publishing if you actually want to make an impact in the world with it!

BALANCE/DECREASING FALL RISK

Presented by Martine Marino, MPT, COMT Wednesday, July 20th at 2 p.m.

Do you or a loved one have a history of falls or have a concern about deteriorating balance? Learn about common reasons for falling, ways you can make your house safer to prevent falls, and some simple exercises to improve your balance during this interactive lecture!

To register or for more information call 412-835-2207.



MOST PROGRAMS ARE FREE OF CHARGE



APPY HOUR FOR OLDER

Friday, July 22, 10:30 a.m.
Join us for a special edition of Appy
Hour geared towards those 50+.
Learn about what's new, what's
trending and what you just need to
have in the world of apps! Bring your
phone or tablet. Please register at
the Library 412-835-2207.

MUFON INTRO TO UFO STUDIES

Presented by Sam Colosimo and Fred Saluga of MUFON

Sunday, July 24th at 6:30 p.m.

The Mutual UFO Network is a US-based non-profit organization composed of civilian volunteers who study reported UFO sightings. It is one of the oldest and largest organizations of its kind, claiming thousands of members worldwide in more than 43 countries and all 50 states.

(The Library is NOT OPEN on Sundays in the Summer - Event is being held in the Council Chambers, across the hallway from the Library in the Bethel Park Municipal Building).

JUMPSTART YOUR BUSINESS

Saturday, July 30th at 11a.m.

Join owner of The Jumpstart Factory, Mandi Pryor, at the Bethel Park Library. Learn how you can give your business a jumpstart to success. Whether you are starting a new business or you want to re-ignite your current business.

THE LAST KEEPER: AUTHOR / BOOK TALK

Presented by Author J. V. Hilliard

Thursday, Aug. 4th at 6:30 p.m.

J.V. Hilliard is an imaginative voice arriving on the fantasy adventure scene with The Last Keeper, the first in his epic Warminster series. Join us for an exciting glimpse into this world.

PORCHRAITS – PHOTOGRAPHY

Presented by Anita Buzzy-Prentiss

Thursday, Aug. 11th at 6:30 p.m.

During the first two months of the COVID-19 pandemic quarantine, Anita Buzzy-Prentiss traveled all around Pittsburgh and photographed almost 200 "porchraits" - pictures of people on or near their porches. She and her collaborator, Ellen Beckjord, asked these same five questions of everyone who is pictured in this book: What do you miss? What are you enjoying? What is surprising you? What are you learning? What do you hope for? What you'll read is an excerpt from their answers.

HOW TO PAY FOR COLLEGE

Presented by **PHEAA**

Thursday, Aug. 18th at 6:30 p.m. Please join PHEAA's Higher Education Access Partner for Allegheny County, Amy Sawdey, as she presents information on the financial aid application process, what types of aid are available for students, and strategies to start thinking about affordability before getting ready to apply for post-secondary



school admission. Time will be built into the presentation to allow you to ask any questions you may have regarding the financial aid process.

ARE YOU READY FOR RETIREMENT?

Tuesday, Aug. 23rd at 6:30 p.m.

You've Spent a Lifetime Accumulating, NOW WHAT? Presented by Luke B. Barefoot, Registered Representative with Beacon Financial Services

Affordable Care Act

Presented by Kim Hrubes from Greater Pittsburgh Insurance Consultants Inc.

Medicare 101

Presented by Chuck Karolewski, Medicare specialist with Greater Pittsburgh Insurance Consultants

Benefits of Chiropractic Care
Presented by Fraudin Chiropractic

FREE POSTURE SCREENINGS will also be available onsite.





MUSICAL THEATRE TRIVIA NIGHT

Wednesday, July 13th @ 6PM

South Park Theatre - Brownsville Rd & Corrigan Drive

Bethel Park Public Library and South Park Theatre have joined forces to create the ultimate Musical Theatre Trivia Night. We've scoured the hits of stage and screen to come up with the ultimate list of musical theatre trivia questions and answers. Teams of four will battle through multiple rounds of trivia about productions old and new. Each member of the winning team will receive a complimentary ticket to any 2022 Mainstage production. Concessions will be available at the Theatre. Submit your team name and four team participants to mcintoshc@bethelparklibrary.



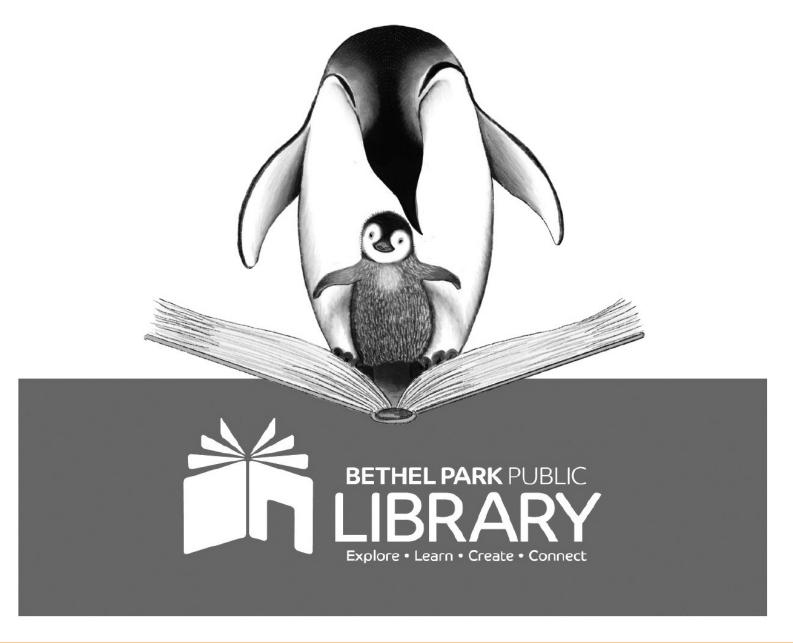


OCEANS DE POSSIBILITIES

2022 SUMMER LEARNING PROGRAM

Sign up for classes, clubs, outdoor events, and more. Plus learn how to earn chances for fabulous prizes just by reading and completing fun, educational experiences together. Don't miss out on the fun!

www.bethelparklibrary.org



A MESSAGE FROM JUDGE ARNONI...

"Outstanding Citizen of the Year" **Award Recipient Announced**

Judge Arnoni is pleased to announce the recipients of the 2021 Bethel Park Outstanding Citizen of the Year Award!

On March 25, 2022, Judge Arnoni presented this award to both, John Oakes, and for the first time, also to an organization - The Bethel Park Historical Society. The Outstanding Citizen of the Year Award is meant for an individual who demonstrates excellent community leadership, makes significant contributions to their

community, positively impacts the residents of their community, and shows generosity and unselfishness through their actions.



John Oakes grew up in a small town in East Pittsburgh. At a young age, he learned the importance of a dollar. Through his parents he was instilled with values such as a strong work ethic, looking out for one's neighbor and patriotism...values that he

strives to live by still to this day. With encouragement from his parents, he found work in the plumbing field. At the age of 24, he finished school with a Masters license in the plumbing trade. After four years in the plumbing business, he met his soulmate Amanda and they moved to Bethel Park to be closer to her family. Together they welcomed three wonderful children.

The first of his community interactions began when his family joined St. Joan and St. Louise De Marillac parishes. John loved the comradery of the parishioners and joined in volunteering at the Lenten Fish Fries, and shortly thereafter began contributing to the SHIM garden with his plumbing and irrigation skills. He was astonished by the friendliness, loyalty and volunteerism of Bethel Park residents. This fired his passion for volunteering and fueled his interest in helping the Bethel Park community.
In 2019, John became a member of The Bethel Park Historical Society and began assisting with the

building renovations. In 2020, he was elected to the executive board and to help with the day-to-day operation and renovations of helping to preserve the history of Bethel Park. He recently stepped down as the vice

president of the Bethel Park Municipal Authority to take on his newest role. He was elected to

the Bethel Park Municipal Council by the residents of Ward 3.

John's passion for volunteering continues to this day as he's a member of the Bethel Park/Upper St. Clair Rotary Club, he volunteers his plumbing and heating services at the Lions Club of Bethel Park, volunteers at the American Legion Post #760, the Library VFW Post #6664, the Bethel Baseball

Association, the Blackhawk Relief Foundation, and the South Park Theater. Most recently he supplied and built a hydroponics lab for the students at Neil Armstrong Middle School to assist them with their green thumbs. John also saved someone from drowning in a creek outside of his home during last year's heavy rainfall.

Judge Arnoni

with John

Oakes.

John Oakes was presented with a commemorative medal, certificate, gift certificate from Delallo's restaurant as well as citations from State Representative Natalie Mihalek and Senator Devlin Robinson's office.

He was astonished by the friendliness, loyalty and volunteerism of Bethel Park residents. This fired his passion for volunteering and fueled his interest in helping the Bethel Park community.

Judge Arnoni

'I'd like to thank all those who participated," said Judge Arnoni. "I'd also like to offer a special thank you to Bill Haberthur for submitting the nomination for such an excellent and well-deserving individual!'

BETHEL PARK HISTORICAL SOCIETY

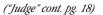
Judge Arnoni also awarded honor to the Bethel Park Historical Society for their preservation of Bethel Park History as well as the many contributions the organization provides to every member of our community. On April 24, 2022, Judge Arnoni presented the Bethel Park Historical Society with a certificate as well as

medals for each member at their monthly meeting. Their mission "Preserving our Past, Protecting our Future" is the foundation for their passion for the community. As a non-profit 501@3 organization, it is solely run by volunteers. In October 2016, a \$1mm capital campaign was established to renovate the building and rebrand the Schoolhouse Arts & History Center. This goal was met in October 2021 through grants, fundraising, in-kind contributions, and donations.

The Schoolhouse Arts & History Center has become the repository for all historic artifacts of Bethel Park and the Cultural Center of the community. In 2018 when our community suffered major flooding, the Schoolhouse was used as a venue for several "outreach" type programs to assist the residents of Bethel Park; a distribution center for donated cleaning

supplies; and a housing center for the Southern Baptist Relief Team for a week while they assisted the residents cleanup their homes.

(l-r): Scott Rosenberger, Lisa Jenkins, Jim Hucke, Bill Haberthur, Judge Arnoni, State Representative Natalie Mihalek, John Oakes, Susan Dolinar, Skip Hornak, & Tim Moury.



Park & Play...

Offering FREE Programs throughout the Summer!

We have so many beautiful neighborhood parks in our community; so, what better way to enjoy them than through some fun events for you and your family!

Each month from May – September, we'll be holding a special park event and will be working with a community partner including SHIM, Operation Troop Appreciation, and others to help bring awareness to

their causes as well

We'll publish details for each program on our website (www.bethelpark.net) and Facebook page (Municipality of Bethel Park). See page 3 for all of our social channels and be sure to "like" and "follow" us so that you stay updated on all events!



Bethel Park Kindness Project is Back!

This year, we're once again holding the "Kindness Project," but we're doing things a little differently!

Kindness Recognitions

We're kicking off with Kindness Recognitions accepted now through Friday, Feb. 10, 2023 rather than only for a week as we did in the past. Those being

recognized will be announced on Friday, Feb. 17, 2023 on "Random Acts of Kindness Day." So, please consider recognizing acts of kindness in the community that: you've done, that you've received from someone else, or that you've had the pleasure to witness such as a neighbor helping a neighbor or a business reaching out to support the community. Visit

www.bethelpark.net or the

"Municipality of Bethel Park" Facebook page for submission

Those recognized will once again receive a certificate from **Mayor Jack Allen**, be interviewed on BPTV, and have their recognition information featured in Chronicles.

Sidewalk Chalk Competition

The Kindness Sidewalk Chalk Competition will be back in August! Those who'd like to participate will be able to draw their kindness art at our Aug. 13th "End of Summer" event at Simmons Park. And, for those who prefer to draw at home, we'll take submissions on our Facebook page as we have in the past under a special Kindness post.
The Facebook post will be up Monday, Aug. 8 – Monday, Aug. 15th.
Our sponsors will once again be **Evey True Value Hardware** and

Allen's Dairy Queen!

Further details will be announced closer to the event on Bethel

Park's social media channels and website.

Monthly Yard Waste Collections

To help with your yard work, the Municipality is holding Yard Waste Collection events each month through September. The collections will be held the third Saturday of the month from 8 a.m. - 2 p.m. at the Bethel Park Public Works Complex - 2490 Slater Rd. So bring your leaves, twigs, bushes, brush, and other yard debris in paper bags (no plastic please)! And, remember that branches need to be bundled.



PROJECT

Municipal Road Paving Program Update

The Municipal Road Paving Program began this month and will continue throughout the summer (weather dependent). Storm water work and related repairs will also be conducted on streets to be paved according to Municipal Road Engineer Lou Lambros. Approximately 20 road segments are slated to be paved through the \$1.5 million program; however, changes may be made as necessary. Roads will be milled, then paved in two separate layers - base and top. During work, traffic flow will be maintained with possible detours during paving. The contractor will be Youngblood Paving.

Paving updates, including roads being paved, will be posted on the Municipal Facebook page - "Municipality of Bethel Park" and on

www.bethelpark.net.

Community Center Director Retires



After serving 19 years with the Municipality, Community Center **Director/Assistant Recreation Director** Cathy Muscato retired on April 29. She began her time with Bethel Park on Earth Day (April 22) in 2003.

"My son **Ben** (now 26 who was 5 at the time) likes to take credit for my job with the Municipality. After we moved from Atlanta to Pittsburgh, I didn't intend to work for a year so that I could get my family settled," said Muscato. "One day, I took Ben to the library and while there, he had to use the restroom. While waiting for him, I read a bulletin board in the hallway where I saw the job posting for an assistant recreation director. The job description spoke to me!

It was everything I'd done in my previous position and was like a ray of sunshine in my life at that time. I thought I'd apply, and I got the job! So, Ben always tells the story that if he wasn't with me, I wouldn't have gotten the position!"

When Muscato first began, she primarily supervised the Community Center and was in charge of overseeing staff, hiring, coordinating site rentals, special events, and programming.

"When I was hired, we didn't have the gym, exercise studio or track," she said. "It was a pretty small program when I got here. In fact, the Center had only been open a little over a year when I was hired."

As the department grew, so did Muscato's responsibilities.

"I later became more involved with developing department policies, overseeing the Farmers' Market and assisted with other large programs such as the annual fireworks display," said Muscato. "I was given a lot

of latitude to really be creative which was wonderful; I've always tried to be on the leading edge of recreation programming.

In fact, Muscato was one of the first in the nation to become aware of Zumba, and also brought pickleball to Bethel Park before it became well-known in the Pittsburgh area. The Farmers' Market, started by the prior Recreation director, is now at its most successful location and has won three consecutive years as either "the Best Market in Pittsburgh" or has been among the top three in the area.

Cathy has been a true asset in the evolution and success of our Recreation Department. She has been an incredible leader for our Community Center, Farmers' Market and other specialty programs. Her creativity, positive attitude and willingness to go above and beyond for the residents of Bethel Park will be truly missed. I wish her all the best in her retirement adventures!

Bethel Park Manager Laurence Christian

"And, our Market vendors and shoppers continue to grow" she said. "We now have entertainment, product demos, give-a-ways, and last year, we introduced 'lettuce help you,' a program offering assistance to shoppers who need help taking their purchases to their vehicles.

She also was instrumental in maintaining Center services and

activities during the pandemic.

"Like everyone else at that time, we had to reinvent what we did during covid," said Muscato. "We set up protocols for our facilities and programs so that our instructors, students and patrons felt safe."

("Cathy Muscato" cont. pg. 38)



Upcoming Bethel Park Chamber Events

May 19

At 12 p.m., Bethel Park School District Superintendent Dr. James Walsh and South Park School District Superintendent Wayne Gdovic will be providing us with a post-pandemic report on our schools and share what will be happening in the upcoming school year. Join us for this informative session. Location-TBD

June 16 – "Chillin & Grillin with Andy"

We will be celebrating the Chamber's 8th Anniversary with an opportunity to meet and greet new Board Members! Helping us celebrate will be Andy Amhrein of Evey True Value Hardware to showing off his grilling skills. He'll also be sharing some expert "gardening advice" to help jump start your garden. Come and have some fun, eat and expand your network!

> For further details, or to register for these events, visit www.bpchamber.org. Guests are always welcome.

> Reminder: Our new address is 2975 South Park Road (next to M&M's pizza).

A Fun Summer is Planned!

All through the summer, Bethel Park will be having numerous events. Visit the Chamber's website (www.bpchamber.org) to see what's happening!

Aug. 6 - Wild Things Community Day

On **Aug. 6**, the Wild Things are having a Bethel Park Community Day. It's always a fun time at the game! Tickets will be available soon and a link will be set up to purchase tickets. Watch the website for more information.

Summer Fun in the Sun

Bring in the Summer Sunshine on July 7 at the Bethel PRK Chamber's After Hours Mixer at the Mindful Brewery in Castle Shannon from 5:30-7:30 p.m. Join the Chamber activities, have great appetizers and enjoy their great beverage offerings. For more details on events go to www.bpchamber.org website or call 412-595-8361.

Oct. 18 Event

Mark your calendars for a special Chamber event. We're getting ready for a big fall kickoff!!

New Chamber Series Offered

Starting last month, we began an online and in-person series with Bowles Rice LLP on Thursdays from 11 a.m. - 1 p.m. at Three Treasures.

Topics will include:

- **Business Formation and Liability Protection**
- Issues in Hiring Employees vs. Independent Contractors
- Legal Risk Management for Business
- Importance of Contracts
- Employee Handbooks: Importance in Having One & Updating Policies
- **Business Succession Planning**
- Importance of Estate Planning Basics

Watch our website for details.

Women's Network Start Up

Women have been requesting some special topics and events that enable them to network and share with other females who are encountering challenges, issues and accomplishments.

In June (date to be determined), we'll begin with a roundtable "From Secretary to CEO" - the challenges and rewards of the path.

We want to thank South Hills Movers on Industrial Boulevard for the great assistance they gave us with the move. They were very accommodating and gave us great service and pricing. Many thanks to Dave Deuerling of Pittsburgh Computer Solutions for his help in setting up the move and for getting our technology working again.

BP VOLUNTEER FIRE COMPANY

A Message from the Fire Chief: Dave Gerber

Time for Spring Cleaning! After some cold months, the ground may have moved outside of your emergency exits; this can be especially true for basement exits not often used. Make sure the door opens freely and you can exit safely. It's much better to find the problem and correct it now versus when you may need it in an emergency! And, summer is right around the corner meaning that it's time for grilling and storms! Following are some safety tips to help prevent problems you may encounter.

Get To Know Your Fire Fighters!

Below is some information about a few of our members. We'd like to point out that many did not have any experience in public safety before joining. Many joined at different ages and from different backgrounds. These are your neighbors who volunteer their time to serve and safeguard the Bethel Park community. The BPVFC takes great pride in the fact that we remain 100% volunteer and we strive to remain that way in the future.

If you or someone you know is interested or has questions about joining, please email us at join@bethelparkvfc.com, pick up an application from our website at www.bethelparkvfc.com, or phone Tom Kelton at 412-215-7988.

RON MCKENNA

Ron was recruited to join the BPVFC at the age of 22 (in

1973) by a former fire chief. Before joining the fire company, he received his Bachelor of Science Degree in Business Management from Point Park University. Ron started his education in firefighting by attending the Allegheny County Fire Academy in North Park when it initially opened in the mid-1970s. He received his basic and advanced certifications from the Academy and continued developing his firefighting skills by completing various classes from the Community College and other training facilities through the years



Department.
Currently, he offers his assistance as needed with the administrative requirements necessary for the operation of the fire company. Although Ron has been a lifelong resident of Bethel Park, he enjoys spending much time throughout the year in the Pymatuning Lake area of Andover, Ohio, where he has had a camp for over 30 years. Regarding the outlook for our future as a solely volunteer fire company, Ron said, "It's very encouraging when new applicants are introduced at our monthly meetings. The commitment and willingness of these men and women to serve as volunteer firefighters is invaluable to our residents and businesses."

("Members" cont. pg. 13)

FIRE CO.

CATION

Now Accepting Applications

We're accepting applications and need all the help we can get! The hours might be odd, and the pay doesn't exist, but you will get a cool new outfit to wear when helping your community!

Grilling Safely

There's nothing like outdoor grilling! It's one of the most popular ways to cook food. But a grill placed too close to anything that can burn is a fire hazard. Over 1,000 house fires every year start from a grill that's outside on an exterior balcony or unenclosed porch.

- Propane and charcoal BBQ grills should only be used outdoors. The grill should be placed well away from the home, deck railings and out from under eaves and overhanging branches. In Bethel Park, grills are prohibited from being used on apartment balconies.
- Keep children and pets away from the grill area and never leave your grill unattended.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- For a propane grill, check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles. If your grill has a gas leak, by smell or the soapy bubble test, and there is no flame, turn off the gas tank and grill. If the leak stops, get the grill serviced by a professional before using it again. If the leak does not stop, call the fire department. If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.
- For charcoal grills there are several ways to get the charcoal ready to use. Charcoal chimney starters allow you to start the charcoal using newspaper as a fuel. If you use starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire! Keep charcoal fluid out of the reach of children and away from heat sources. There are also electric charcoal starters, which do not use fire.
- · Be sure to use an extension cord for outdoor use.
- When you are finished grilling, let the coals completely cool before discarding them in a metal container. Eat up and remember to grill safely!

Thunder and Lightning Storm Safety

Thunder and lightning storms happen all the time. But did you know that lightning strikes and lightning fire occur most often in the summer? Know what to do to keep yourself and your family safe when it does strike!

Lightning often strikes outside of heavy rain and may occur as far as 10 miles from any rainfall. If you can hear thunder, you are within striking distance of lightning. Look for shelter inside a home, large building, or a hard-topped vehicle right away. Do not go under tall trees for shelter. There is no place outside that is safe during a thunderstorm. Wait at least 30 minutes after the last thunder before leaving your shelter. Stay away from windows and doors. If you are in or on open water, go to land and seek shelter immediately.

If you feel your hair stand on end, that means lightning is about to strike,

If you feel your hair stand on end, that means lightning is about to strike, squat low to the ground on the balls of your feet. Place your hands over your ears and your head between your knees. Make yourself the smallest target possible and minimize your contact with the ground. Do not lie flat on the ground. This is a last resort when a building or hard-topped vehicle is not available.

If a person is struck by lightning, call 911 and get medical care immediately. Lightning strike victims carry no electrical charge; attend to them immediately. Check their breathing, heartbeat and pulse. CPR may be needed.

If you are inside when lightning strikes are possible, unplug appliances and other electrical items, like computers, and turn off air conditioners. If you are unable to unplug them, turn them off. Stay off corded phones, computers and other electronic equipment that puts you in direct contact with electricity or plumbing. Avoid washing your hands, bathing, doing laundry, or washing dishes.

If travelling on roadways after a major storm, do not try and clear trees or wires off roads that might be blocked. Often a tree might have brought down power lines that can severely injure you if you come in contact with the line or the tree that is contacting them. The best thing to do is call 911 and report the road blockage so that it can be cleared properly.

("Message" cont. pg. 13)

BPVFC MEMBERS

(cont. from pg. 12)

CHRIS O'SULLIVAN

Chris joined the Fire Company five years ago at the age of 60. Before joining the Bethel Park VFC, he was a firefighter for Library Fire Company

in South Park for two years.

Chris primarily responds out of Station 3 on Clifton Road, but you can find him at the gym at Station 1 several days of the week. Since beginning his Firefighter career, he's obtained certifications in Vehicle Rescue,

Hazardous Materials, Firefighter 1 and 2, and served as a SHACOG Rescue Technician for four

years

Chris is a retired Army Veteran and recently retired from the Post Office. Chris joined for the excitement and feeling of satisfaction of serving the community. He really enjoys the camaraderie that the

department brings.

Chris is supported in his role at the fire company by his wife Sara. Chris has three adult children: Rick, Elizabeth and Paige. He also has four grandsons who love to visit the station to see the fire engines. Chris enjoys staying physically fit and active, traveling overseas, and playing the bagpipes. Chris has been playing the bagpipes for several years now and was

recently accepted into the Pittsburgh Firefighters Memorial Pipe Band. Congratulations Chris!



Ed joined the Fire Company with several other members in 1998 at the age of 42. Since joining, he's participated in a wide variety of training and earned the certifications of Firefighter 1 and 2, Basic Vehicle Rescue Technician, and Hazardous Materials Technician. Ed found a liking for Haz-mat and has been a member on the Allegheny County Emergency Services Haz-Mat Response "Green" Team for 20 years now. Ed has been an invaluable member of the BPVFC and served many

different rolls including President, Lieutenant and Captain. Ed has held the position of Recording Secretary for 18 years and continues to do so

currently

During the construction of our new station on Brightwood Road, he was the chairman of the Building Committee and now sits on the liaison committee between the fire company and the Municipality of Bethel Park.

When not volunteering his time at the fire station, Ed sells insurance and is President of ESI Associates, LLC Insurance Agency. Ed is supported by his wife **Susan B. Schmidt** and has two children. **Kyndall** lives in Boothbay Harbor, ME, and **Daniel** lives in Pleasant Hills, PA.

Ed says that he never grew up wishing to be a firefighter. He was

BETHE RK

selling insurance to fire departments and was recruited by two BPVFC former chiefs. At age 42, he jokingly stated "I have to move fast to catch up to the younger guys with years more experience. I've enjoyed every minute of being a member of this organization and highly recommend it to others looking to join a fine group of men and women with a passion for helping others." To any new members looking to join Ed says to "embrace the traditions of the fire service but look to the future as the fire service evolves. Listen carefully, ask questions, learn from the pros, and never quit learning.'

CHIEF MESSAGE

(cont. from pg. 12)

Flash Flood Safety

In recent years, we encountered severe flooding within Bethel Park. Several roadways, pedestrian bridges and cars were swept away. We ask that during an event like this you remain home if at all possible. Most of the flooding and rescues that were performed occurred after the rain had slowed or stopped. Flash floods can occur within a few minutes or hours of excessive rainfall. Flash floods often have a dangerous wall of roaring water carrying rocks, mud and other debris. Some of the creeks were powerful enough to carry cars and dumpsters.

After flooding, roads may still be closed because they've been damaged or are covered by water. Barricades are placed for your protection. If you come upon a barricade or a flooded road, go another way. If you must walk or drive in areas that have been flooded remain on

firm ground.

Moving water only six inches deep can sweep you off your feet. Standing water may be electrically charged from underground or downed power lines. If you encounter a flooded roadway, it's best to turn around and go another route. In 6 inches of water, it can often reach inside your car. One ft. of water can cause your car to become stuck or your engine to stop. In 2 ft. of water, your car, SUV or truck can float away.

If at any time you come across a flooded roadway or are stuck in flood water, don't hesitate to call for help at 412-833-2000 or 911.

Your Support is Needed!

As you may know, your tax dollars DO NOT cover our operating expenses. That's the reason we're asking for your continued support to maintain our current operations. To ensure that we're able to provide the best fire and rescue services possible, we're faced with many challenges.

This year, we replaced our Self-Contained Breathing Apparatus at a cost of over \$400,000. This is what firefighters wear when entering an atmosphere where it's dangerous to breathe. Your donations help pay for this expense as well as our payments on

vehicles which exceed \$14,000 each month.

When the Bethel Park Volunteer Fire Company was founded in 1927, a small group of individuals had the idea to dedicate their lives to protect this community. We're asking for your continued support so we may uphold our volunteer status and continue to provide excellent fire and rescue service. As residents of Bethel Park and members of this organization, we're proud to say that your Bethel Park Volunteer Firefighters are always ready and able to protect you, your neighbors and/or business. We personally thank you for your support!

To donate, please visit our website at www.bethelparkvfc.com/donate or check your mailbox for the flyer

you should have received that includes options for donating via Venmo and

PayPal.

P.S. The Bethel Park Volunteer Fire Company only requests your financial support through written communication. If you are solicited by telephone by someone using the "Bethel Park Volunteer Fire Company" name, be advised they DO NOT represent our organization.



Receive a Full Scholarship from CCAC for Volunteering!

In Allegheny County, volunteer firefighters protect over 910,000 people. In addition, volunteer firefighters save the county an estimated \$60 million dollars a year. There are 203 volunteer fire companies in Allegheny County and the challenge of keeping these companies fully staffed, well trained and ready to respond at a moment's notice is one that nearly every fire company in the region addresses on a regular basis.

Because fire companies are essential to ensuring safe and wellprotected communities, Allegheny County Executive Rich Fitzgerald, the Allegheny County Fire Academy and CCAC are working together to offer the Allegheny County Fire Volunteer Education, Service & Training Scholarship Program (FireVEST) that provides full scholarship for an associate's degree or certificate program of your choice at CCAC.

This also includes training at the Allegheny County Fire Academy.

Of the 200 scholarships offered per year, 150 are for new recruits in exchange for a commitment of five years of service to a volunteer fire department in Allegheny County, while 50 scholarships will be awarded to existing volunteers in exchange for a commitment of five additional years of service.

Scholarship applicants must be residents of Allegheny County.

Scholarship applicants must be residents of Allegheny County, and either be a current volunteer or have joined a volunteer fire department in Allegheny County. Applicants must apply and be accepted to CCAC, file for federal and state financial aid and complete the financial aid process on time and in its entirety.

More information on the FireVEST program may be found by

logging onto www.ccac.edu, search keyword "FireVEST."



BETHEL PARK EDUCATION FOUNDATION

The Bethel Park Education Foundation (BPEF) is a community-based, non-profit organization whose goal is to support programs that promote quality education. The Foundation works to

BOARD

- Andy Amrhein, President
- William Brucker, Vice President
- Tom Bailey, Treasurer
- Deb Luckasevic, Secretary
- Vic DiPrampero
- Dr. Roger Zelt
- Caitlin Metzler
- Jim Knapp
- Patty Campbell
- Lindsay Crowley
- Dr. James Walsh

Please direct any questions to: bpefoundation@gmail.com



facilitate communication and involvement among students, parents, school staff, business leaders and community citizens.

Public schools face a variety of new challenges as state and federal funding sources have been reduced or eliminated. BPEF hopes to find alternate ways of funding important initiatives within our schools. The Foundation does not receive any public funding programs are supported by individual, community, corporate partners. Our partners donate knowing their gifts are creating opportunities for students to have exceptional educational opportunities. They know that providing a quality education favorably impacts the entire community.

The Bethel Park Education Foundation is independent of the school district but works closely with the school board, administration, teachers and students. All programs that benefit Bethel Park students are considered for financial support. The program list grows and evolves to reflect the needs of the student, teacher, school and district as they are identified.

STEAM grants are awarded to students, teachers, and schools to foster creativity, innovation, and imagination. Grant initiatives will be evaluated for their ability to:

- engage collaborative interactions
 develop interdependence and independence skills
 encourage resiliency by being task focused & disciplined
 promote self-awareness and mindfulness
- develop critical and creative thinking skills

The Individual Teacher Grant funds initiatives that are innovative and stimulate student learning and creativity.

Teacher initiated projects that are funded will be evaluated to:
 • encourage, uplift, edify, and challenge the student
 • provide unique educational opportunities

- augment existing curriculum
- evaluate the successful achievement of the stated objectives
 consider the possibility of replication in other schools.

The Individual School Grants program seeks to provide funding to an individual school. Grants may be awarded in three categories – elementary, middle school and high school.

- The purpose of the Individual School Grant is to:
 provide financial assistance for schools to substantially improve student achievement.
 implement comprehensive school improvement programs that are based on reliable research and effective program practices.
 place emphasis on basic academics and parental/care-giver involvement.
 determine the successful achievement of the stated objectives.

 - consider the possibility of replication for other schools.

Individual Student Grants

Enhancing and encouraging excellence in education for the student is the absolute focal point of the BPEF. There is no ceiling to the creativity and innovation of the student mind. In that spirit, the grant program needs to remain flexible and adaptable to student proposals.. As such, grants may be awarded to any student at any grade level in any discipline of study. Additionally, grants will be considered for all physical activity endeavors and all forms of the arts.

No grant shall be administered as a direct monetary payment to the awardee. No grant will be awarded for food, beverages, parties, recreational activities nor field trips.

Dear Fellow Bethel Park Alumnus/Alumna:

We need your help! As a Bethel Park graduate, you know that providing quality education requires investment during and after school hours. Please consider making a donation to support the BPEF ensuring that all Bethel Park students can continue to enjoy the same opportunities for engagement and success.

Your tax deductible contribution can be

- made via any of the following methods:

 Directly from the BPEF website www.bethelparkfoundation.com.
 - Via United Way of Southwestern PA by entering code#12998472 on your contribution form through your employer
 - By mailing a check to: Bethel Park Education Foundation, 301 Church Road, Bethel Park, PA

You may also wish to consider making a contribution to the BPEF through your business and receive a PA tax credit.

Thank you in advance for your support.

Bethel Park Education Foundation

To enhance educational opportunities for our students by increasing community involvement with our schools.



You can now donate via the United Way:

YOU MAY DESIGNATE THE BPEF AS THE RECIPIENT OF YOUR UNITED WAY DONATION. ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS: #12998472

301 Church Rd. • Bethel Park, PA 15102 • 412-760-9614 • bethelparkfoundation.com

WHAT IS THE BPCF?



The Bethel Park Community Foundation is a non-profit 501 (c)(3) organization that embraces a philosophy of local philanthropy. Tax-deductible contributions made to the Bethel Park Community Foundation are applied to fund local initiative and community programs in these five areas:

COMMUNITY FACILITIES
 EDUCATION
 RECREATION
 THE FINE AND PERFORMING ARTS
 COMMUNITY HEALTH AND SAFETY.

Funds are made available through a grant application - visit www.bpcf.org for more information or contact us at: PO Box 811, Bethel Park, PA 15102

Foundation News

- We're now on Instagram follow us @bethelparkcf!
- Welcome our new 2022 Trustees Em Vennare, Christine Robb, Meghan Henderson and Kristi Bonacci. If you're interested in becoming a Trustee, please visit www.bpcf.org.
- South Park Shops presented a check for \$2,000 to members of the Community Foundation. This donation was proceeds from the South Park Shops Halloween and Holiday events. The money was designated to be distributed to several organizations including the Library, Volunteer Fire Co., **Historical Society and Police** Department. Thank you South Park Shops for your continuous generosity!

Find Us On Facebook

The Bethel Park Community Foundation is now on Facebook: **Bethel Park Community** Foundation. Please visit and "Like" our page for updated information from the foundation.



YOU CAN NOW DONATE VIA THE **UNITED WAY:**

UNITED WAY SUPPORT YOU MAY DESIGNATE THE BPCF AS THE RECIPIENT OF YOUR UNITED WAY DONATION.

ENTER YOUR CONTRIBUTOR'S CHOICE United AGENCY CODE AS: #892191



Foundation Grants



Recent Foundation grants have included:

Best Buddies Club Prom - \$500 BPHS Technology Education Dept. - \$1,500 BPHS Co-Op Shop Class - \$1,500 BP Farmer's Market - \$2,200

For information on applying for grants, please visit www.bpcf.org.

Did You Know that the Bethel Park **Community Foundation is a Tax-Deductible Non-Profit Organization?**

What better way to support the BP Police, the BP Volunteer Fire Company, Tri-Community South EMS, and a wide range of community focused activities than one tax deductible check to the Bethel Park Community Foundation.

Or would your family or group like to start a scholarship, where you and others can make tax deductible contributions? The Bethel Park Community Foundation as a 501(c)(3) organization can help with that too!

You can also make a tax-deductible donation to Jeez our Bethel Park Police K-9 or to help with furnishing at the Bethel Park Community Center. Both of these have special funds with the BP Community Foundation.

Also, please remember the Bethel Park Community Foundation in your estate planning. If you have any questions, or would like to speak personally with a member of the Bethel Park Community Foundation please email us at info@bpcf.org or call 412-831-6800, x740.

Since 1999, the Bethel Park Community Foundation has granted nearly \$750,000 back into the Community of Bethel Park!

Your tax-deductible contributions at work in our community!

BETHEL PARK POLICE DEPARTMENT

BPPD Hires Six New Officers

At the March Municipal Council Meeting, the following six new Police Officers were sworn in by the Honorable District Judge Ronald Arnoni:

Cristian Frost Jorge Zarate Joseph Hummel Michael Martin Madison Foster-Alauzen Tyler Baranek

All new Officers undergo an intensive Field Training Program before entering solo patrol. Please welcome these new members to Bethel Park!



2022 New Officers (l-r): Cristian Frost, Jorge Zarate, Joseph Hummel, Michael Martin Madison Foster-Alauzen & Tyler Baranek.

Merit Award Winners Announced



Chief O'Connor recently presented three Officers with the 2021 Merit Award. Every year since 1969, BPPD Officers have nominated peers who they feel display outstanding devotion to duty and are a credit to this Department.

The 2021 winners are: 1st Place - Cody Alward, Patrol Division 2nd Place - Charles Thomas, Patrol Division 3rd Place - Skip Dobson, Dispatch

Congratulations!

Merit Award winners (l-r) Charles Thomas, Cody Alward & Skip Dobson.

Join Crime Watch!

Be a part of the Bethel Park Crime Watch program that includes community meetings, communication via email alerts, and special events. Monthly Crime Watch meetings are held 7 p.m. the first Monday of each month at the Community Center.

What can Crime Watch members do to help keep Bethel Park safe?

- Know your neighborhoods and watch out for one another.
 Report suspicious activities and crime to the police.
- Stay up-to-date on crime and crime prevention strategies.

These meetings are hosted by the Chief of Police and Crime Prevention Officer to highlight current crime trends in Bethel Park and the surrounding communities. In addition, guest speakers are invited to provide information on crime prevention and community resources.

If you would like to be added to the Crime Watch email list, please forward your information to the

Timothy C. O'Connor, **Chief of Police**

Sean Gorman. Crime Prevention Officer

412-833-2000 OR 911 **ANONYMOUS TIP LINE** 412-851-BPPD (2773)

CONTACT/SOCIAL MEDIA:

Anonymous Tips can be called into the hotline - 412-851-BPPD (or 2773) or emailed to crimewatch@bethelpark.net.

You can follow us on Facebook, Twitter, and Instagram for updates:

Facebook Page:

Bethel Park Police Department Twitter:

@bethelparkpd Instagram: bethelparkpolice







Crime Prevention Office at crimewatch@bethelpark.net.

Update on the DEA Prescription Medication Disposal Program

There will no longer be designated drop off days for the disposal of prescription medication. Instead, there is now a box at the Bethel Park Police Department that is accessible 24/7 for the disposal of prescription medication (no needles or liquids). Please place the medication into a zip lock bag without the prescription bottle. The Bethel Park Police

Dispatcher will direct you to the disposal box secured inside the police station. If you have any question, please feel free to contact Bethel Park Police at 412-833-2000.



Summer Safety Tips

As temperatures warm up, many people leave windows and doors open to enjoy the nice weather. Unfortunately, criminals can also take advantage of this loosened security. We encourage residents to keep exterior doors locked at all times and close and lock windows when you're not at home.

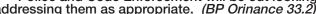
Additionally, please close your car windows and sunroof when your car is parked, and remove all valuables from view.

Don't give thieves the opportunity to ruin your summer!

Keep Bethel Park Looking Sharp!

With nice weather comes growing grass, trees and shrubs. Please help us keep the community looking nice by keeping grass under 8", controlling weeds and other obnoxious vegetation, and trimming shrubs and trees which obstruct road signs and public right-of-ways.

Police and Code Enforcement will be out looking for violations and addressing them as appropriate. (BP Orinance 33.2)





EMS NEWS

By Kevin Trichtinger, TCS-EMS

Warm weather and sunshine are on the way. And, while many summer activities are certainly enjoyable, they can also be dangerous. When you're having fun in the sun, keep these safety tips in mind:

TIP 1: Drink plenty of water before and during any strenuous activity in the heat, including those on the water, such as boating, paddling and swimming. Drink even if you don't feel thirsty! You need more fluid than you may think. Take frequent, small drinks rather than less frequent, large drinks. Water is best, but fruit juices are acceptable. Sports drinks with electrolyte solutions are not needed unless you are engaged in a particularly strenuous activity, but sport drinks are not harmful. Carbonated and caffeinated beverages are not as good, and energy drinks are particularly bad. Caffeine can have a dehydrating effect. Avoid alcoholic beverages. Alcohol interferes with the body's heat regulating mechanism and promotes dehydration. Never drink alcohol before or during swimming, paddling, or boating. The combination of heat, sun, and alcohol can lead to extremely, sometimes fatally, poor decisions.

TIP 2: Avoid eating large meals before strenuous activity. Eat in moderation and favor light foods.

TIP 3: Take frequent rests and make these are more frequent as the temperature rises. Schedule more strenuous activities in the morning and evening when the weather is cooler. If you have to perform strenuous activity during the hottest hours, start with the least strenuous and gradually build in intensity as your body acclimates to the heat. Stop immediately if you begin to experience dizziness or weakness.

TIP 4: Never leave children, the elderly or pets alone in a car in the summer. Temperatures can rise to lethal levels in just a few minutes, even with the windows rolled down.

TIP 5: The sun's ultraviolet rays can cause more than sunburn. Long exposure can lead to severe burns and eye injury, and long-term exposure can lead to skin cancer. Use protective sunscreens with a protection factor *(SPF)* of at least 15 whenever you will be outdoors for long periods of time. Ultraviolet radiation penetrates clouds, so use sunscreen even on cloudy days. Wear wide-brimmed hats. Ball caps and sun visors do not protect your neck or ears. Use UV blocking sunglasses. The sun's rays are most damaging from 10 a.m. to 4 p.m. when the rays are most nearly vertical. Try to minimize your exposure during these hours. Infants less than 6 months of age are particularly susceptible to severe sunburn and should be kept out of direct sunlight.

TIP 6: Heat and sun can cause serious injury. Overheating can cause muscle cramps, chills, dizziness, nausea, and vomiting. This set of symptoms is called heat exhaustion. If you have these symptoms, stop all strenuous activity immediately, get out of the sun and heat to the extent possible, and rest. If the symptoms persist for more than a few minutes, call for an ambulance or seek immediate medical attention. If you ignore these warning signs, you can suffer heat stroke, which is a life-threatening emergency. In heat stroke, the body loses its ability to regulate temperature with potentially deadly results. Heat stroke is characterized by flushed, hot, dry skin, and confusion, leading to loss of consciousness and seizures. If you encounter someone with heat stroke symptoms, do not wait; call for an ambulance immediately. Have the victim stop all activity and do what you can to lower his or her body temperature. Use cold, wet cloths or blankets, particularly at places where major blood vessels are close to the surface, such as the neck, armpits and groin. Do not give fluids by mouth. If you are trained in CPR, be prepared to provide basic life support.

For more information on summer safety, or to get training in first aid or CPR, call Tri-Community South at **412-831-3710**, Monday - Friday, 8:30 a.m. - 4:30 p.m. or visit the TCS website at https://tcsems.org.

MUNICIPAL CONTACT INFORMATION

Bethel Park Municipality has full-time staff members who perform various tasks within the Municipality. Several staff members attend Council meetings to assist in the conduct of the meeting and to answer questions from Council. Those usually in attendance are listed below: (All numbers listed are in the 412 area code.)

Laurence Christian	
Manager	.831-6800 X137
Lisa Lapaglia	
Finance Director	.831-6800 X210
Stacey Graf	
Engineering Director	.831-6800 X208
Kirsten Primm	
Municipal Planner	.831-6800 X104
David Rudolph	
Code Enforcement Officer	.831-6800 X240
Susie Dolinar	
Public Works Director	.831-6800 x301
Charles H. Stover	
Recreation Director	.831-6800 X230
Timothy O'Connor	
Chief of Police	.831-6800 X100

Other Important Municipal Numbers Include:

Visit Us Online at www.bethelpark.net

JUDGE ARNONI

(cont. from pg. 9)

In 2019 they gained approval for AARP to utilize the building for free tax preparations for the elderly; and in 2020 during the height of the pandemic, they sponsored an "Easter Bunny" parade and hosted a "drive through" breakfast with Santa

through" breakfast with Santa.

In 2021 alone, the Schoolhouse became a Vitalant Blood
Donation Center. It opened its doors to become a donation
center for 2021 and also for 2022 when blood donation centers
were at an all-time low. For the first time in Bethel Park, the
Schoolhouse partnered with Wreaths across American and
placed 545 wreaths at the Bethel Cemetery to honor our veterans.
The program was so successful that it will become an annual
event. Working in conjunction with the Heinz History Center,
Point Park University and the Bethel Park School District, they
hosted a field trip for 35 gifted students from the 4th, 5th and 6th
grade classes. The Bethel Park Historical Society continues to
grow its collection of historic items through the Military, Coal
Miners, and Classroom Museum, as well as the library.

The impact this organization has had on the community of Bethel Park is nothing short of admirable. With the help of donations, the Bethel Park Historical Society is constantly bringing new activities and services to the Bethel Park community and its residents, and plans to do so for years to come.

The impact this organization has had on the community of Bethel Park is nothing short of admirable. With the help of donations, the Bethel Park Historical Society is constantly bringing new activities and services to the Bethel Park community and its residents, and plans to do so for years to come.

Judge Arnoni

Friends of the Montour Trail in Bethel Park Needs You!

If you enjoy being outdoors and would like to lend a hand helping maintain the Bethel Park portion of the Montour Trail, consider attending an upcoming meeting of the Friends of the Montour Trail in Bethel Park. The group meets the first Tuesday of each month, 7:30 p.m., in the Council Caucus Room in the Bethel Park Municipal Building, 5100 W. Library Ave. At meetings, trail activities, maintenance and other related items are discussed. Meetings are open to the public.

President of the organization, **Peter Kohnke**, said that the group also hosts twice monthly "work parties" at the trail.

"We hold two work parties each month, the second and fourth Saturday from 8:30 a.m. – noon, weather permitting," said Kohnke. "This is when our team mows the grass, cuts back on vegetation, and does whatever needs to be done; we always find something that needs attention it seems."

The group meets at its storage shed located at the trail's Irishtown

Parking Lot.

"We'd like to have others join and would rather have one person help for 100 hours than 100 people help for one hour," said Kohnke who values the assistance provided by the dozen or so individuals who show up at each work party.

On the horizon for the organization will be the installation of a bridge over a roundabout on Logan Rd. where Patterson and Irishtown come in at the end of the trail. The project is currently in the conceptual stages and more information will be forthcoming as it moves forward.

For more information on the Friends of the Montour Trail in Bethel Park, their meetings or work parties, please call Peter Kohnke at **724-518-9251**.



BETHEL PARK MUNICIPAL COUNCIL & MAYOR



Jack T. Allen Mayor 831-9923



Timothy J. Moury President WARD 8 833-4615

Joseph A. Consolmagno WARD 1 833-7993



Dr. Timothy Campbell WARD 2 418-9197

John Oakes WARD 3 595-7750



Todd Cenci WARD 4 357-0045

Joe Janosik WARD 5 328-6563





Mark J. O'Brien Vice President WARD 6 831-0774

Dave Espinar WARD 7 833-5254





Lindsay Flinn WARD 9 568-3281

SUMMER 2022

PROGRAMS & ACTIVITIES

Bethel Park Farmers' Market Open for Business!

The award-winning Bethel Park Farmers' Market opened its season on Tuesday, May 3 from 3-7 p.m. and will continue to run every Tuesday through September. The Market will once again be located at the South Park Ice Skating Rink parking lot

Due to the overwhelming support of Market shoppers, it was voted as one of the Top Three Farmer's Markets in 2020 and one of the Top Two in 2021 by Pittsburgh City Paper; also in 2021, it made the Top

This year, close to 50 vendors will be participating. See pg. 29 for a full vendor list along with descriptions of what they'll be offering

"Most of our vendors from last season are coming back along with many new ones," said **Bethel Park Recreation Director Charles** Stover. "Some of our new vendors include Chimney Cakery, Pittsburgh Eatz and Victory Farms."

Another change this season was the hiring of New Market Coordinator Lindsey Sibert.

"We're looking forward to having Lindsey join our Farmers' Market team. She brings a lot of fresh energy and ideas to the Market having been a regular shopper in the past," said Stover. Sibert is a Bethel Park resident and has shopped the Farmers'

Market consistently over the past several years along with her

husband and three young sons.

"My husband grew up here, and I've been a resident since 2015," said Sibert who was originally from New Jersey, lived in California for eight years and then settled in Pennsylvania.

"I love being active with my kids, getting out and exploring. And, one of the things we love is visiting farmer's markets," she said. "My family and I have frequented

them since we lived in California, and I enjoy trying new recipes with fresh, local produce!'

Sibert said that when she lived in California, visiting farmer's markets became a weekend tradition for her family.

"We'd select a variety of produce, go home and make fresh meals with it. I attribute this practice to why my kids like to eat healthy now. They were and continue to be very involved in selecting what we choose," said Sibert.

Farmers' Market Coordinator Lindsey Sibert and

And, while Sibert hasn't worked in this capacity before, her strong knowledge of farmer's markets and fresh food goes well with her current position.

"Lindsey also has a very strong administrative background that will be key to her overseeing the Market," said Stover.

Her background is in administration in the medical field. And, she's been

using those skills to set up the Market for the season, training and working on

ber oldest son Logan, age 9.

it for about the past eight weeks.

"I've spent a lot of time researching vendors, visiting their websites, trying their products, it's been really cool to learn everything and see everything going on," she said. "Now on the administrative side of the spectrum (rather than as a shopper), I'm amazed at the amount of planning that takes place to put the Market together!"

Initially, Sibert plans to get feedback from customers and vendors regarding the Market and would love to create a newsletter where she could incorporate what vendors are offering each week as well as monthly meal plans. She's also considering a stamp card for frequent shoppers.

I've spent a lot of time researching vendors, visiting their websites, trying their products, it's been really cool to learn everything and see everything going on. Now on the administrative side of the spectrum (rather than as a shopper), I'm amazed at the amount of planning that takes place to put the Market together!

Lindsey Sibert

("Spotlight" cont. pg. 38)



Bethel Park Community Center 5151 Park Avenue, Bethel Park, PA 15102 Phone: 412-831-1328 Fax: 412-851-2915

Register online at: www.bethelpark.net Contact us at: recreation@bethelpark.net Office hours: Monday through Friday 9:00 AM - 4:30 PM

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PLEASE SAVE THIS INFORMATION. PROGRAMS WILL CONTINUE THROUGH MAY 2022.

www.bethelpark.net

SUMMER 2022

REGISTRATION INFORMATION

Bethel Park Recreation reserves the right to cancel, combine or divide classes, or to make other changes that become necessary and to do so without incurring obligations. Adjustments of fees will be made when classes are cancelled by the Department.

WHEN PROGRAMS BEGIN

In almost all instances, each activity will have a schedule with a beginning date. In those cases where time or day is not available, interested individuals should call the Recreation Office.

WHEN FEES ARE DUE

All fees must be paid at the time of registration unless special arrangements have been made at the Recreation Office. If registration is made by mail, be sure to include the activity fee and all information as required.

INSURANCE INFORMATION

The Recreation Board does not carry health insurance to cover injuries incurred while participating in any activity. In most cases, hospitalization carried through your employer will cover these types of injuries. Participants are also responsible for their personal property. Valuables should never be left unattended.

RETURNED CHECKS

Any check that is returned to the Recreation Office as "NSF" will be subject to a \$30.00 replacement fee. All "NSF" checks MUST be replaced within ten (10) working days or the person will be withdrawn from the roster.

RESIDENCY INFORMATION

All Bethel Park residents are given preference in registering for programs offered in this leaflet. Classes that have a limited enrollment will be open to non-residents only if space permits. The Recreation Board reserves the right to refuse admission to any person who misrepresents residency, and will not give refunds to those individuals. Non-resident fees are set for each activity and should be paid accordingly upon registration.

REFUNDS: Please read...

Refunds will only be given upon written request, received in the Recreation Office, prior to the beginning of the second class or practice session. Phone requests will not be accepted, nor does failure to attend a class constitute notification of intent to withdraw from a class. Send your request and a SELF-ADDRESSED STAMPED ENVELOPE to:

Bethel Park Recreation 5151 Park Avenue Bethel Park, PA 15102

All refunds are subject to a service fee of \$5.00. The Department will issue a credit letter to be applied to any non-contractual Recreation program for a six-month period in place of the refund, if the individual so desires. Exceptions for use of credit letters include contracted activities such as dog obedience, ski trips or special ticket sales.

Participants should check with the Recreation Office for updated program information. Individual phone calls will not be made to verify mail registrations. Calls will be made ONLY for classes that have been cancelled due to lack of registrations.

HOW TO REGISTER

Register at least one week prior to the start of the activity, unless otherwise stated.

It is important to pre-register for any activity found in this leaflet because sometimes an activity may be cancelled when there is not sufficient registration. Never plan to attend the first class without pre-registering.

You may register online for many activities! Check our website at www.bethelpark.net for details! When you get to the main page, please click on Departments and then Recreation. There is a link to register online. A nominal fee will be added for each online registration.

You may register by mail for most of the activities in this leaflet. A mail registration form is provided. The participant's name, address (including zip code) and telephone numbers should be listed. When there is choice of session, day or time, make sure to list your class preference and *put the appropriate activity code number on* the registration form. Most youth swim lessons DO NOT list activity numbers.

Please include the name of the person who is paying the fee for the activity, "Payment From:", and make check payable to: "Bethel Park Recreation", unless otherwise indicated. SIGNATURE of the participant or parent/guardian

Some activities will have a sign-up day, such as youth swimming lessons. For your convenience, registrations may also be dropped off at the Bethel Park Community Center front desk or mailed to Bethel Park Recreation, 5151
Park Avenue, Bethel Park PA 15102. Individual telephone
calls will not be made confirming registration. The only time you will be notified is if there is a change or cancellation of the class or activity.

Bethel Park Recreation provides opportunities for positive publicity by photographing/videotaping patrons at programs for use in local publications, newspapers or television.

If you prefer that you and/or your child **not be** photographed for publicity purposes, please notify
Bethel Park Recreation in writing upon registration.

CLASS ATTENDANCE

Attendance at class offerings is not mandatory. The Recreation Department recommends that an attempt be made to attend as many classes as possible. Generally, the only skill testing takes place in swimming and basketball programs. All advanced classes in any area are based upon successful completion of primary or beginning level instruction. Entrance at an advanced level is up to the discretion of the instructor. Placement is always made with the best interests of the participant in mind.

Participants are reminded that undesirable behavior or destruction of any property are reasons to expel the offender from a class or program. Parents are asked to remind children that they should not be in other areas of any building and to respect School District and Municipal property.

NO NEWS IS GOOD NEWS

When you register for any of our terrific classes, don't wait by your phone or camp out by your mailbox.
The only time you will hear from us is:

- * If there is a change in the time or day for your class
- * If the class is moved, full or cancelled

So, if it is almost time for your class and you haven't heard from our friendly staff, that's GOOD NEWS. It means YOU ARE IN! You may call us at 412-831-1328 if you wish to confirm that we received your registration.

Board of Parks and Recreation

James Gastgeb, Chairperson James Miller, Vice Chairperson Bill Bonaccorsi - Bob McCall Joelle Salerno - Russ Spicuzza Daryl Walezak - Joseph Nagel Vince Galloni - Christina Murtaugh Kelly Kuhn

Monthly Meetings

The Board meets on the first Wednesday of each month at 7:00 PM in the Community Center unless otherwise advertised.

Please contact the Recreation Office for specific meeting dates.

Department Administration Charles H. Stover, Director Cathy Muscato, Assistant Director Mary Anne Kelton, Administrative Secretary & Program Brochure Editor Amber Armstrong, Office Assistant

Laurence Christian, Municipal Manager Dr. James Walsh, School Superintendent Mark O'Brien, Municipal Council Liaison Dave Espinar, Municipal Council Liaison Lindsay Flinn, Municipal Council Liaison Barry Christenson, School District Liaison

AQUATIC PROGRAMS



SWIM LESSON REGISTRATION AND SKILL TESTING **SATURDAY, MAY 21, 2022**

10:00 AM - 10:45 AM

Bethel Park High School Pool



Please bring a check or exact cash to pay for lessons at registration. A spot will only be held with payment.

SUMMER SWIM LESSONS Bethel Park High School Pool

There will be four sessions of swim lessons in the summer, Monday through Thursday.

SESSION SCHEDULE

(Monday through Thursday, 4 classes)

SESSION 1 6/13/2022 - 6/16/2022 **SESSION 2** 6/20/2022 - 6/23/2022 6/27/2022 - 6/30/2022 **SESSION 3** 7/11/2022 - 7/14/2022 **SESSION 4**

Group Lessons \$40/4 classes (non-res \$45)

SKILL LEVEL Beginner and Step 5 10:30 AM - 11:15 AM 11:25 AM - 12:10 PM Step 1 and 3 12:20 PM - 1:05 PM Step 2 and 4 **Beginner** 1:15 PM - 2:00 PM

For Group Lessons:

CHILDREN up to age 7 who have never had formal lessons need to be skill tested and must register at SKILL TESTING at the pool. They will be entered in a class at their ability level after they are skill tested.

PREREQUISITE: Swimmer MUST be able to submerge head completely under water and be potty trained before registering for the Beginner class. CHILDREN ages 5 to 7 who have had group lessons with this department before must register at SKILL TESTING, but THEY DO NOT NEED TO BE SKILL

CHILDREN ages 8 and older, first time swimmers, will be in STEP 1, and must register at SKILL TESTING at the pool. There is no need for the child to be skill tested.

HOW TO REGISTER FOR SWIM LESSONS:

BEGINNERS and STEP 1: Register at SKILL TESTING ON SATURDAY, MAY 21. Please bring a check or exact cash to pay for lessons at registration. A spot will only be held with payment. Registration and skill testing is on a first-come basis. You may also register at the Recreation Office in the Community Center beginning **May 23**, if there are any remaining spots.

STEPS 2, 3, 4, and 5: You may mail-in or drop-off registrations at the Recreation Office at the Community Center OR register online at www.bethelpark.net. A nominal fee will be added for each online

Private Swim Lessons: Register at the Recreation Office in the Community Center or at Skill Testing to schedule your specific time.

SATURDAY CLASSES ARE HIGHLIGHTED

PRIVATE SWIM LESSONS

One on One Swim Lessons! An instructor will give your child individual swim lessons tailored to what your child needs. Our experienced and patient instructors will be in the water with your child while he or she learns at their own pace, whether it is getting accustomed to the water for the first time, learning basic water skills, or getting enough individual help to advance to the next level. These 1/2 hour private lessons will be scheduled during swim lessons, on the hour and half hour. Register at the Recreation Office in the Community Center to schedule your specific time.

Ages: 3 - 18 **Resident Fee: \$70.00** Non-Res Fee: \$75.00 4 session dates

3413.213 6/13/2022 - 6/16/2022 Dates: Mon, Tue, Wed, Thu 3413.223 Mon, Tue,

Dates: 6/20/2022 - 6/23/2022

3413.233 Dates: 6/27/2022 - 6/30/2022

3413.243 Dates: 7/11/2022 - 7/14/2022

BPHS Pool Location:

ADULT PRIVATE SWIM LESSONS

One on One Swim Lessons for those over 18 years of age. An instructor will give you individual swim lessons tailored to what you need. Our experienced and patient instructors will be in the water with you while you learn at your own pace, whether it is learning basic water skills or getting enough individual help to advance your skills to the next level. These 1/2 hour private lessons will be scheduled during swim lessons, on the hour and half hour. Register at the Recreation Office in the Community Čenter to schedule your specific time. 18 and over

Resident Fee: \$70.00 Non-Res Fee: \$75.00

4 session dates Time: 10:30AM - 1:30PM

3401.201 Dates:

Weď, Thú

Mon, Tue,

Weď, Thú

6/13/2022 - 6/16/2022 Mon, Tue, Wed, Thu

3401.202 Dates: 6/20/2022 - 6/23/2022

Mon, Tue, 3401.203 Wed, Thu Dates: 6/27/2022 - 6/30/2022

> 3401.204 Dates:

7/11/2022 - 7/14/2022 Mon, Tue,

Mon, Tue, Wed, Thu

Mon, Tue, Wed, Thu

Wed. Thu

BPHS Pool Location:

COMMUNITY SWIM

The pool is open for you, your family, and friends to

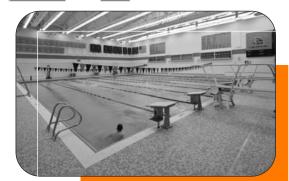
Pay at the pool each time you swim. Check in with the guard when entering the pool. Children under 14 years of age MUST be accompanied by at least one parent who is dressed to enter the water. Summer swim meets may impact available swimming days.

Dates: 06/13/2022 - 07/14/2022 Mon, Tue, Wed. Thu

6:15PM - 7:45PM Time:

Resident Daily Fee: \$5.00 Non-Res Daily Fee: \$7.00 Daily Family Pass - \$10 for up to 5 immediate family members. (non-res \$15)

BPHS Pool Location: No class



Thu

PITTSBURGH ARTISTIC SWIMMING

Artistic Swimming combines the grace of dance, the agility of gymnastics and the athleticism of swimming all in one sport. Swimmers will perform a variety of individual figures and team routines which include performances of coordinated movements (similar to dance) in time to music. This exciting sport encourages confidence, creativity, strength, flexibility, and teamwork. Instructors have competed in National/International Age Group, Intercollegiate and/or Masters Competitions. As the team progresses, swimmers will have the opportunity to compete or participate in a swim show for friends and family. USA Artistic Swimming safety protocols will be used. Swimmers do not need prior experience but should be able to swim 25 yards freestyle and backstroke (pool length). Swimmers will need a swimsuit, cap and nose clips. Email pghartisticswim@gmail.com for more details. Twice a week discount rate is not available with online

registration.

Ages: 8 - 18 **Resident Fee: \$40.00 Twice a week: \$60.00** Non-Res Fee: \$45.00 Non-Res Fee: \$65.00

6 session dates 3413.270

06/07/2022 - 07/12/2022 Dates: Tue

7:30PM - 9:00PM Time:

3413.271

06/02/2022 - 07/14/2022 Dates:

7:30PM - 9:00PM Time:

BPHS Pool Location: No class <u>Jul 7</u>

MASTERS ARTISTIC (SYNCHRONIZED)

For swimmers over the age of 18. No prior synchronized swimming experience is necessary. Learn new aquatic skills such as eggbeater kick and sculling and get a great workout! Synchro promotes flexibility & teamwork and increases physical activity. Our instructors will teach correct techniques and FINA figures. There will be an opportunity to learn synchronized swimming routines, perform in seasonal exhibitions, and compete in Masters level competitions. Participants must be comfortable in deep water, able to swim 100 yards (4 laps) and swim freestyle, backstroke, and breaststroke. Instructor is available to help improve strokes and / or kicks. Synchro instructors have prior competitive experience in Masters and / or age group competition. Email pghartisticswim@gmail.com for more details. Twice a week discount rate is not available with online registration.

Ages: 18 and over Resident Fee: \$40.00 I Twice a week: \$60.00 Non-Res Fee: \$45.00 Non-Res Fee: \$65.00

6 session dates

3413.272 06/07/2022 - 07/12/2022 Dates:

7:30PM - 9:00PM Time:

3413.273 06/02/2022 - 07/14/2022 Dates:

Thu Time: 7:30PM - 9:00PM

BPHS Pool Location: <u>No class</u> <u>Jul 7</u>

SATURDAY CLASSES ARE HIGHLIGHTED

Check out our fun Summer Camp programs! See page 27 for details.



Tue

AQUACISEAny adult (21 years of age and over) is welcome to come. You do not have to be able to swim to participate. Classes feature water exercises. Aquacise is held throughout the year on Monday and Wednesday evenings.

The fee for nightly attendance is \$5.00 for a resident or \$6.00 for a non-resident. Sign in and pay at the

pool each evening you attend.

Ages: 21 and over **Resident Fee: \$5.00** Non-Res Fee: \$6.00 06/01/2022 - 07/13/2022 Mon, Wed Dates:

8:00PM - 9:00PM

BPHS Pool Location: No class <u>Jul 4</u>

LAP SWIMMING

Time:

Swim without the crowd and do laps on your own on Monday and Wednesday evenings! Sign in and pay at the pool each evening you attend. The fee for nightly attendance is \$5.00 (non-res \$6.00).

Ages: 18 and over

Resident Fee: \$5.00 Non-Res Fee: \$6.00

Dates: 06/01/2022 - 07/13/2022 Mon, Wed

8:00PM - 9:00PM Time:

BPHS Pool Location: <u>Jul 4</u> No class

BETHEL PARK MASTERS SWIMMING

For swimmers over the age of 18. Did you swim at high school or college? Would you like to take the sport up again, but feel you are too out of shape? Or would you like to improve your swimming technique in the high school eightlane pool? Our Masters Swimming program caters to all adults, whatever your age, for swimmers of all levels. Whether you are a
Masters swim champion, would like to swim a few meets, or if you are a triathlete who would like to increase your endurance, or if you would like instruction from our experienced coaches to help you swim with better technique, this program is for you. You will need to register with USMS if you decide to join. Please just drop in at the pool one morning and see if this is for you! Register at the pool.

years and over

Full season: School year: Monthly **Daily drop-in:** 8/30/2021 – 7/23/2022

Dates: Mon and Wed 5:30am - 6:45am Times:

Saturday 6:00am - 7:30am

Email coachkbpswim@gmail.com with any

questions.

BPHS Pool Location: No class Jul 4

OTHER YOUTH PROGRAMS

Bethel Park Slow Pitch Association (BPSPA)

is excited to announce that Fall registration will run from June 1 - August 1, 2022.

Registration information will be posted at www.bpspa.org for those girls who will be in grades 7-12 during the 2022-2023 school year or contact us at BPSPAsoftball@yahoo.com.

Tryouts will be held: **August 1—4** and **Aug 7—9** for both JV and Varsity Teams (Junior High need only register)

Look for more information coming your way soon!



BETHEL PARK SOCCER ASSOCIATION Established ~ 1966

The mission of the **Bethel Park Soccer Association** (*BPSA*) is to provide a quality soccer program at a fun and competitive level primarily for the residents of Bethel Park, PA. BPSA sponsors both Travel soccer and Flight (*in-house*) soccer programs.

<u>FLIGHT Soccer</u> is for boys and girls, birth years 2013 to 2017, who wish to experience soccer in the recreational setting. Flight sessions run for eight consecutive weeks beginning in early September. Games are held ON Saturdays. Skills training is held one weeknight (*TBD*) per week. Teams are co-ed. FALL 2022 ONLY - Flights fee: \$95.00 Non-residents add \$5.00

<u>FULL YEAR: FALL 2022 & SPRING 2023 - Flights fee</u> \$170.00 Non-residents add \$10.00

<u>TRAVEL Soccer</u> is for players **born in 2014 and older** who want to participate in a more competitive soccer program against teams from neighboring communities. **Attendance to one of the travel** soccer program against teams from neighboring communities. Attendance to one of the travel

evaluation sessions is strongly recommended to be placed on a team. Please go to www.bpsoccer.org for the travel evaluation schedule of days and times.

FULL YEAR: FALL 2022 & SPRING 2023 Travel fee: \$200.00 Non-residents add \$4 (Validation of the control of th Non-residents add \$10.00 (Uniforms are additional)

Soccer Registration Information Visit www.bpsoccer.org for all registration details.

Travel Soccer registration deadline is May 30, 2022

In-house/Flights Soccer registration deadline is August 21, 2022

All registration questions should go to registration@bpsoccer.org

TENNIS

Tennis is through the Upper St. Clair Tennis Development Program. Dates are as follows: summer sessions:

Junior clinics:

Level 1 & 2 - June 13 - August 7, 2022 (8 weeks)

Level 1 - 4: June 13 - August 7, 2022 (8 weeks)
Please call USCTDP for registration information at 412-831-2630 or email: tennis@usctdp.com

23



YOUTH PROGRAMS

CAMPS



Also see YOUTH **SUMMER DAY CAMP** for ages 6 -10 on **page 27.**

Art Explosion!
NATURE'S JOURNALING & FIELD SKETCHING WITH COLOR

Campers will have fun in this 4-day camp field sketching, learning about artists, art styles, playing games and exploring nature. Campers will learn about artists Katerina Apale and Andrew Cooper letting their use of vibrant colors, wildflowers and bird art inspire our artwork. Materials we'll use are, field sketchbooks, pastels, watercolors, water brushes and colored pencils to name a few. Every day, children will be outside field sketching and will also create a piece of artwork inspired by that day to take home. Sketchbooks and bags, covered by materials fee, will go home at the end of camp. Come join us as we have fun getting creative, playing games, learning about our world and the wonderful world of art.

Instructor: Sue Ralston

Ages: **Resident Fee:** 6 - 12 **\$85.00**

Non-Res Fee: \$90.00 Materials Fee: \$10.00 payable to instructor at

4 session dates

3806.201 06/13/2022 - 06/16/2022 Mon, Tue, **Dates**:

Wed, Thu

Time: 1:30PM - 3:30PM

Location: **Bethel Park Community Center**

Art Explosion! POP'N POLLINATORS! EXPLORING & CREATING WITH ART

In this fun 4-day camp, children will draw insects, birds, mammals and learn about Pop Art artists, sketch outside and play games. We'll learn about artist/illustrator Jacob Souva letting his artwork inspire our butterflies and the decorative bags we'll create. We'll let Andy Warhol's art inspire our artwork of our pollinator's favorite food. Children will use a variety of materials like paint, markers, colored pencils, chalk pastels, model magic to name a few and everyday will take the artwork they created home. Sketchbooks and bags, covered by materials fee, will go home at the end of camp. Come join us as we have fun playing games, getting creative and learning about the wonderful world of art.

Instructor: Sue Ralston

Resident Fee:

3806.202

\$85.00 Non-Res Fee: \$90.00 Materials Fee: \$10.00 payable to instructor at

first class

4 session dates

07/05/2022 - 07/08/2022 Tue, Wed, Dates:

1:30PM - 3:30PM Time:

Location: **Bethel Park Community Center**

Art Explosion! POP'N POLLINATORS! EXPLORING & CREATING WITH ART

In this fun 4-day camp children will draw pollinating animals, insects, birds and mammals, sketch outside and play game. Campers will learn about the Pop Art Movement, artists Andy Warhol and Wayne Thiebaud and let them inspire our drawings. We'll also learn about artist/illustrator Jacob Souva letting his artwork inspire our butterflies and caterpillars. Children will have fun field sketching outside and creating a print to decorate their canvas bags. We'll use a variety of materials like tempera paint, watercolors, markers, graphite, colored pencils, pastels, model magic to name a few and everyday will take their masterpieces home. Sketchbooks and bags, covered by materials fee, will go home at the end of camp. Come join us as we have fun getting creative, playing games, learning about our world and the wonderful world of art.

Instructor: Sue Ralston

Ages: **Resident Fee:** \$85.00 Non-Res Fee: \$90.00 Materials Fee: \$10.00 payable to instructor at

first class

4 session dates

3806.203 Dates: 07/18/2022 - 07/21/2022 Mon, Tue,

1:30PM - 3:30PM Time:

Location: **Bethel Park Community Center**

YUCKOLOGY!

Miss Manners might not approve, but your child definitely will!! Yuckology camp is a week of learning about our gross bodily functions. Learn about burping, boogers, excrement, gas, saliva, germs, and investigate brains, cells, hearts, organs, and blood. Instructor: Mad Science of Pittsburgh

Ages: **Resident Fee:**

\$135.00 Non-Res Fee: \$145.00

5 session dates

3860.201

Dates: 06/20/2022 - 06/24/2022 Mon, Tue, Wed, Thu, Fri

Time: 9:15AM - 12:15PM

Location: **Bethel Park Community Center**

FIZZ, BOOM, BANG!

Shake up a flask of fun in the lab as a junior chemist! This hands-on and interactive program of chemistry for children ages 5 - 12 is packed solid with

cool reactions. Instructor:

Location:

Mad Science of Pittsburgh

Ages: **Resident Fee:** \$135.00 Non-Res Fee: \$145.00

Bethel Park Community Center

5 session dates 3860.202

Dates: 07/25/2022 - 07/29/2022 Mon, Tue,

9:15AM - 12:15PM Time:

ECO EXPLORERS: EARTH AND SKY LAB

Eco Explorers is coming to the Bethel Park Community Center this summer and we are looking for a crew of creative kids to design, create and engineer solutions to challenges, solve mysteries, create cool chemical combinations, build inventions and more! During Earth and Sky Lab, we'll be exploring the science of this world and beyond! Expect loads of experiments related to our planet's rocks, minerals, plants, animals, and many biomes oceans, rainforests, deserts and more! We'll also take our creativity to out of this world with handson science learning about outer space! We'll dive deep into the science of Mars, what it would be like to be an astronaut and much more!

Holly Bomba Instructor:

Ages:

Resident Fee: **\$140.00** Non-Res Fee: \$150.00

5 session dates

3860.203 Dates:

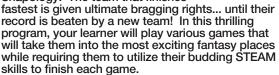
08/08/2022 - 08/12/2022 Mon, Tue, Wed, Thu, Fri

Time: 9:00AM - 12:00PM

Location: **Bethel Park Community Center**

SNAPOLOGY CAMP - MORNING SESSION **ESCAPE SNAPOLOGY**

Campers and their teammates will have 60 minutes to examine clues, solve puzzles, answer riddles, and decode secret messages in order to complete the task of unlocking the secrets to Escape Snapology! The team that finishes



5 - 14 **\$115.00** Non-Res Fee: \$125.00 Resident Fee:

3860.208

Dates: 06/27/2022 - 07/01/2022 Mon, Tue, Wed, Thu, Fri

9:00AM - 12:00PM Time:

Location: **Bethel Park Community Center**

SNAPOLOGY - AFTERNOON SESSION SCIENCE OF SUPERPOWERS

In Snapology's Science of Superpowers program, children will learn about the science behind their favorite heroes' powers. Campers will learn about gravity, aerodynamics, forces, motion, and much more as they learn about flight, super villain fights, and superhero vehicles.



Ages:

\$115.00 Non-Res Fee: \$125.00 Resident Fee: 5 session dates

3860.209

Dates: 07/11/2022 - 07/15/2022 Mon, Tue,

1:00PM - 4:00PM Time:

Location: **Bethel Park Community Center**

YOU CAN REGISTER ONLINE FOR MOST RECREATION PROGRAMS! WWW.BETHELPARK.NET

Wed, Thu, Fri

SNAPOLOGY CAMP - MORNING SESSION PLANES. TRAINS & AUTOMOBILES

In Snapology's Planes, Trains, and Automobiles program, campers will explore the world of transportation. They will build models of their favorite forms of transportation as they learn about energy, wheels and axles, air resistance, and more. This is for a morning only session. If you would like to register



for all-day camp, please select that activity number. See below.

Ages:

3860.204

Resident Fee: \$115.00 Non-Res Fee: \$125.00

5 session dates

06/06/2022 - 06/10/2022 Mon, Tue, Dates: Wed, Thu, Fri

9:00AM - 12:00PM Time:

Location: **Bethel Park Community Center**

SNAPOLOGY CAMP - AFTERNOON SESSION AMAZING RACE

Looking for something fun and educational for your kiddos to do this summer? Campers will go on a trip with Snapology around the world to discover unique aspects of different cultures, including national flags,



traditional cuisines, influential artists, and notable historical landmarks! This is for an afternoon only session. If you would like to register for all-day camp, please select that activity number. See below.

Ages:

3860.205

\$115.00 Non-Res Fee: \$125.00 Resident Fee:

5 session dates

06/06/2022 - 06/10/2022 Mon, Tue, Dates: Wed, Thu, Fri

1:00PM - 4:00PM Time:

Bethel Park Community Center Location:

SNAPOLOGY CAMP - ALL DAY SESSION

This is for a full day session of Snapology Camp. Full day campers will participate in both the morning and afternoon camps. Please bring a packed lunch as the campers will enjoy their lunch packed their lunch as the campers will enjoy their lunch packed the morning snap of the packed the morning snap of the packed the morning snap of the packed the p and afternoon camp.



Morning session: Planes, Trains, and Automobiles See description above.

Afternoon session: Amazing Race See description above.

Ages:

3860,206

5 - 14

\$220.00 Non-Res Fee: \$240.00 Resident Fee:

5 session dates

Dates:

06/06/2022 - 06/10/2022 Mon, Tue, Wed, Thu, Fri

9:00AM - 4:00PM Time:

Bethel Park Community Center Location:

PASSION COMPETITIVE POM AND TWIRL TEAM CAMP

Instructor selected competition team. Participant's skill level must be reviewed by our instructors to determine eligibility for Competitive Teams. Additional fees are charged for competition participation. Online registration is not available. Summer camp fee is per family.

Ages: **Resident Fee:** \$125.00 Non-Res Fee: \$135.00

22 session dates

3819 201

06/07/2022 - 07/14/2022 Mon, Tue, Dates: Wed. Thu

8:00AM - 12:00PM Time:

Location: **Neil Armstrong Middle School**

<u>Jun 6, Jul 4</u> No class

PASSION COMPETITIVE TWIRL AND POM

This camp is for current team members only. New members may sign up in September. Contact us for more information and questions at

tomlinst1@hotmail.com or annietwirl@gmail.com. Online registration is not available. Summer camp fee is per family.

Ages: **Resident Fee:**

\$60.00 Non-Res Fee: \$65.00 12 session dates

3819.202 Dates: 06/07/2022 - 07/14/2022 Tue, Thu 9:00AM - 11:00AM Time:

Location: **Neil Armstrong Middle School**

RIFLE CAMP - BEGINNER

Olympic style target shooting, beginner level. Student must be at least 12 years old. Each class limited to 10 students. All materials and supplies are provided. Attendance at the first class is mandatory. 2 and over

Resident Fee: \$50.00 Non-Res Fee: \$55.00 4 session dates

3853.201 06/13/2022 - 06/16/2022 Mon, Tue, Dates: Wed, Thu

Time: 9:00AM - 10:30AM Location: **BPHS Rifle Range**

RIFLE CAMP - INTERMEDIATE*

Olympic style target shooting, intermediate level, shooting the standard ten bull target. Student must be at least 12 years old and *must have taken the beginner rifle class. All materials and supplies are provided. 12 and over

Resident Fee: \$50.00 Non-Res Fee: \$55.00 4 session dates

3853.202

Dates: 06/13/2022 - 06/16/2022 Mon, Tue, Wed, Thu

Time: 10:45AM - 12:15PM

BPHS Rifle Range Location:

MIGHTY KICKS SOCCER CAMP

Campers will learn how to play Total Soccer – fast, smart, technical, and brilliant! They will learn and develop multiple new dribbling, ball handling and passing moves and techniques. Campers will enjoy daily games and contests and compete in the NCAA and MLS divisions against their peers. Camp Features:

Camper to staff ratio approximately 6:1

Players will be grouped by age and ability level
"Word of the Day" A Coach Sam original, each day players will learn, discuss, and utilize a specific character attribute helpful in player and personal development

• Futsal, Soccer Tennis and Quickness/Agility training are part of daily curriculum.

Coach Sam Bellin is a former standout college soccer player at the University of Georgia and currently highly successful Head Coach of Allderdice Boys High School soccer. He has 20+ years of relentlessly positive, high-energy, child-centered, and expert sports coaching. Coach Sam is well known for combining top notch sports instruction with a fun program that helps children develop character and confidence on and off the field.

Campers provide their own lunch, water bottle, shin guards and soccer ball each day.
Parents are invited to attend Awards Day Ceremony

on Friday 11am - 12noon

Ages: Resident Fee: **\$145.00** Non-Res Fee: \$155.00 5 session dates

3815.201 06/06/2022 - 06/10/2022 Dates: Time:

9:00AM - 3:30PM Mon. Tue. Wed, Thu 9:00AM - 12:00PM

Park Avenue Fields Location:

SUMMER OLYMPICS CAMP JUMP BUNCH

Campers will play Olympic games with an international focus! Kids will learn about and participate in Olympic sports centering on the following countries: China, Great Britain, Germany, and of course the USA! Some of the Olympic sports we'll teach include field hockey, basketball, badminton, golf, tennis, and handball. Every child will receive their very own JumpBunch medal at the end of camp. A variety of STEAM activities will also be included. Campers should bring a snack, water, and sunscreen.

Aaes:

Resident Fee: \$150.00 Non-Res Fee: \$160.00

5 session dates

3815.206 06/27/2022 - 07/01/2022 Mon, Tue, Dates:

Wed, Thu, Fri Time: 1:00PM - 3:30PM

Location: Park Avenue Fields

VOLLEYBALL CAMP GRADES 5-8

Directed by BPHS Head Girls Volleyball Coach, Brooke Muraco, her assistant, Jessica Hanson, and help from the girls' varsity team, this camp will focus on the fundamentals of volleyball. Age specific skill development for boys and girls will include passing, setting, serving, hitting, defense, and footwork. Each camper will also receive a Tshirt if registered before the deadline. Please indicate your youth or adult shirt size on your registration form. If you have any questions regarding registration, please email coach Brooke Muraco at <u>bphsgirlsvolleyball@gmail.com</u>. Registration deadline is May 31 at 8:00pm.

5-8 in the fall Grades:

\$60.00 Non-Res Fee: \$65.00 Resident Fee:

3 session dates

3815.220

Dates: 06/13/2022 - 06/15/2022 Mon, Tue, Wed

6:00PM - 8:00PM Time:

Bethel Park High School Location:

CLASSES & WORKSHOPS -

SUMMER BAND GRADES 5, 6, 7, & 8
The long-running Bethel Park Summer Band Lesson
Program is taught by Bethel Park School District
music teachers Mrs. Rachel Skilone, Mr. Jeff Knell,
& Mr. Zach Cable. Students attend band classes and musical explorations scheduled by instrument on Monday through Thursday, with a performance for family on the last day. In addition to registering

with BP Recreation, please go to www.tinyurl.com/lessonprogram22 for a detailed calendar and to submit band-specific information that will help us to plan the program. Questions? Email the directors at BPSummerMusic@gmail.com.

The deadline to register is July 18! Sign up now!
Please register according to your grade in the fall.
Resident Fee: \$80.00 Non-Res Fee: \$85.00

4 session dates Grade 5 and 6 3850.201 Dates:

07/25/2022 - 07/28/2022 Mon, Tue, Wed. Thu

Time: 8:30AM - 10:30AM

3850.202 Grade 7 and 8 Dates:

07/25/2022 - 07/28/2022 Mon, Tue, Wed. Thu

Time: 10:30AM - 12:30PM

Location: **Bethel Park High School**



Fri

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Search "Bethel Park **Recreation & Community**

Center"

SUMMER STRINGS LESSON PROGRAM #1

The long-running Bethel Park Summer String Lesson Program is taught by Bethel Park School District music teacher Mrs. Maggie Sheffer and other local private string teachers/professionals. For students who played a string instrument in grades 4, 5, & 6 this year, the Lesson Program is a great opportunity for your child to learn new songs as well as revisit songs from the 2021-2022 school year. Students will work on ensemble skills, improve individual playing technique, and expand musical knowledge, all while having fun! Students are welcome to participate in one or both string lesson programs offered this summer, as the music selections will differ. Questions? Email Mrs. Maggie Sheffer at sheffer.maggie@bphawks.org. Deadline to register is June 13. Sign up now!

Resident Fee: \$50.00 Non-Res Fee: \$55.00 4 session dates **Grade 5** 3850.205

06/20/2022 - 06/23/2022 Mon, Tue, Wed, Thu Dates:

9:00AM - 10:00AM Time:

3850.206 Grade 6

06/20/2022 - 06/23/2022 Mon, Tue, Dates: Wed, Thu

10:15AM - 11:15AM Time:

3850.207 Grade 7

06/20/2022 - 06/23/2022 Mon, Tue, Dates: Wed, Thu

11:30AM - 12:30PM Time:

Location: **Bethel Park High School**

SUMMER STRINGS LESSON PROGRAM #2

The long-running Bethel Park Summer String Lesson Program is taught by Bethel Park School District music teacher **Mrs. Maggie Sheffer** and other local private string teachers/professionals. For students who played a string instrument in grades 4, 5, & 6 this year, the Lesson Program is a great opportunity for your child to learn new songs as well as revisit songs from the 2021-2022 school year. Students will work on ensemble skills, improve individual playing technique, and expand musical knowledge, all while having fun! Students are welcome to participate in one or both string lesson programs offered this summer, as the music selections will differ. Questions? Email Mrs. Maggie Sheffer at sheffer.maggie@bphawks.org. Deadline to register is July 25. Sign up now!

Resident Fee: \$50.00 Non-Res Fee: \$55.00 4 session dates

3850.215 Grade 5 08/01/2022 - 08/04/2022 Mon, Tue, Dates: Wed. Thu

Time: 9:00AM - 10:00AM

3850.216 Grade 6 08/01/2022 - 08/04/2022 Mon, Tue, Dates: Wed, Thu

Time: 10:15AM - 11:15AM

3850.217 Grade 7

08/01/2022 - 08/04/2022 Mon, Tue, Wed, Thu Dates:

11:30AM - 12:30PM Time:

Location: **Bethel Park High School**

Look for the next issue of the **Bethel Park Chronicles** mailed the week of August 8, 2022!

PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the steppingstones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! Your dog must be 3 to 6 months old and should have its 2nd set of extra family members please! Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six-foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you about necessary instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason. Ages: 12 and over Resident Fee: \$100.00 Non-Res Fee: \$110.00

6 session dates

3309.202 06/25/2022 - 08/06/2022 9:00AM - 10:00AM Dates: Sat Time:

3309.203

06/25/2022 - 08/06/2022 Dates: Sat 12:00PM - 1:00PM Time:

3309.212 08/20/2022 - 10/01/2022 Dates: Sat 9:00AM - 10:00AM Time:

3309.213

08/20/2022 - 10/01/2022 12:00PM - 1:00PM Dates: Sat Time:

Location: **Xcel Canine Training, Inc.** No class Jul 2, Sep 3

BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six-foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! You must register with Bethel Park Becreation at least one week before the first Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you about pages instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over Resident Fee: \$100.00 Non-Res Fee: \$110.00

6 session dates

3309.204

06/25/2022 - 08/06/2022 10:00AM - 11:00AM Dates: Sat Time:

3309.214

08/20/2022 - 10/01/2022 Dates: Sat 10:00AM - 11:00AM Time:

Location: Xcel Canine Training, Inc. No class <u>Jul 2, Sep 3</u>

DRIVER EDUCATION

The course is conducted by Kennedy School of Driving through Bethel Park Recreation. Upon successful completion of the 30 hours of theory and 6 hours of in-car training, a certificate is given that is accepted by most insurance companies for an insurance rate discount. If you are a BPHS student, this class features the option of taking your driving test with our instructor. This counts as 1 hour of your behind-the-wheel instruction. You must complete the test prior to your high school graduation in order to take the test with our instructor.

The \$45 (non-resident \$50) NON-REFUNDABLE AND NON-TRANSFERRABLE fee payable to Bethel Park Recreation will secure your space in the class. The fee of \$499 must be paid to Kennedy School of Driving on the first night of class. Class size is limited to 36 students.

15 and over **\$45.00** Non-Res Fee: \$50.00 Ages: Resident Fee:

\$499.00 To Kennedy: 10 session dates

3311.201

07/11/2022 - 07/26/2022 Mon, Tue, Dates: Wed, Thu

6:30PM - 9:30PM Time:

Location: **BPHS M415 Library**

– SPORTS —

T-BIRDS T-BALL

T-Birds T-Ball is a fun and highly instructional introduction to baseball for 3-4-year-old boys and girls. In each session, players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. A T-Shirt and hat are included.

Instructor: Jump Start Sports

Ages: **Resident Fee: \$95.00** Non-Res Fee: \$100.00

6 session dates

Thu

3815.207 06/23/2022 - 07/28/2022 Dates: Thu 5:00PM - 6:00PM Time:

3815.208 06/23/2022 - 07/28/2022 Dates: Time: 6:00PM - 7:00PM

Location: Park Avenue Fields

ROOKIE LEAGUE BASEBALL

A fun introduction to coach pitch baseball for 5- & 6-year-old boys and girls. Players will receive instruction in all basics of the sport and will apply what they have learned in fun games. The games will be non-competitive, and no score will be kept. Players who are not able to hit a pitched ball will be able to use a tee while learning. Each session includes both instruction and game play. A T-Shirt and hat are included.

Jump Start Sports Instructor:

Ages: **Resident Fee: \$95.00** Non-Res Fee: \$100.00 6 session dates

3815.209

06/23/2022 - 07/28/2022 Dates: Thu 7:00PM - 8:15PM Time:

Location: Park Avenue Fields



BEGINNER / INTERMEDIATE FENCING

Experience and enjoy the fun and challenging Olympic sport of foil fencing. The introductory and intermediate level instruction progressively establishes fundamental skills needed for successful fencing and great fitness. Sessions include instruction and practice bouts. Note: All essential equipment will be provided by the instructors - students will be required to wear comfortable and non-marking athletic shoes. Shorts or jeans are not permitted.

Ages: 7 and over **Resident Fee: \$52.00** Non-Res Fee: \$57.00

6 session dates

3840.201 06/02/2022 - 07/07/2022 Dates: Thu

6:00PM - 7:00PM

3840.211

Time:

07/21/2022 - 08/25/2022 Dates: Thu

Time: 6:00PM - 7:00PM

Location: **Bethel Park Community Center**

ADVANCED* FENCING

Take your fencing skills to a new level. This instructional class focuses on techniques, fitness, and strategies to help the dedicated fencer succeed at an advanced competitive level in this martial art. Sessions include instruction and practice bouts. *Prerequisites include at least two beginner sessions and approval of the instructors. Older kids and adults may join with only instructor approval. Note: All essential equipment will be provided by the instructors - students will be required to wear comfortable pants, non-marking athletic shoes. Shorts or jeans are not permitted.

Ages: 11 and over **Resident Fee:** \$75.00 N Non-Res Fee: \$80.00

6 session dates

3840.202 06/02/2022 - 07/07/2022 Thu Dates:

7:00PM - 9:00PM Time:

3840.212

07/21/2022 - 08/25/2022 Thu Dates:

Time: 7:00PM - 9:00PM

Location: **Bethel Park Community Center**



Don't forget to reserve a room at the Community Center soon for your upcoming graduation party! We have rooms to accommodate small or large groups.

2022 Dean Streator Concerts Bethel Park Community Center

SUNDAYS 2:30 - 4:00 p.m. Concerts are free, seating is limited.

July 10 Community Band South - will perform a medley of marching tunes, show tunes, patriotic and concert pieces.

July 17 New Vintage Big Band - recreating the vintage music of the 30's, 40's,

Pittsburgh Banjo Club - program will consist of sing-alongs, vocals, July 24 banjo, solos, polkas and Dixieland.

Allegheny Brass Band - featuring styles of music from classics to opera, July 31 popular music from the Big Band era through today.

Keystone Barbershop Chorus - enjoy a fantastic choir of men singing August 7 a cappella using four part harmony.



GOLD CARD CLUB

Dues: \$6.00 Ages: 60yrs and over

Gold Card Club meetings have resumed on the second Thursday of the month at the Bethel Park Community Center.

Sign-in begins at 12:30 PM with the meeting starting at 1:00pm.

Current Covid guidelines at press time: Face coverings are no longer required upon entry to the Community Center. This information is subject to change.

If you have any questions, please contact Cindy Carfagno at 412-831-1913 or t2323@comcast.net

The Gold Card Club, a social and fellowship organization for seniors, was organized by the Department of Recreation and Leisure Services for the benefit of Bethel Park residents who are 60 years of age and over, or a resident on disability retirement and not less than 50 years of age. A spouse not less than 55 years of age may join with his/her spouse if he/she meets the 60-year age minimum. The title of the GOLD CARD CLUB came from the color of the membership card, not for playing card games.

Annual membership dues are \$6.00 per person per calendar year, January 1 through December 31. Annual dues shall be paid beginning at the January general meeting. Renewals paid after March 31 incur a late penalty. New members will be accepted at any time during the calendar year. You MUST be a current Bethel Park resident in order to join the Gold Card Club.

Monthly meetings are normally held at the Bethel Park Community Center on the second Thursday of each month (except July and August) at 1:00 PM. Sign-in begins at 12:30 PM. After a brief meeting, enjoy excellent entertainment, light refreshments, and several games of bingo. We also have an indoor summer picnic each year, and an Anniversary luncheon and a Christmas luncheon, both held at outside banquet facilities.

Members of the Gold Card Club may also take advantage of the many bus trips scheduled through the year as well as a bowling league. For bowling information, please contact Tom Noonan at 412-913-2942

A monthly newsletter, prepared by the Corresponding Secretary, is sent to all members who are CURRENT on their membership dues.

Questions regarding membership should be directed to: Cindy Carfagno at 412-831-1913 or t2323@comcast.net





DAY CAMP 2022 (AGES 6 - 10)

The Recreation Summer Day Camp Program for children ages 6-10 will provide interesting experiences to spice up your child's summer! Day Camp is divided into week-long sessions with activities developed around a different central theme each week.

The all-day program is from 9 a.m. - 3:30 p.m. The morning program is from 9 a.m. - noon, with an optional early drop-off of 7 a.m. The afternoon program is from 12:30 - 3:30 p.m., with an optional late pick-up time of no later than 6 p.m. You have the choice of attending morning only, afternoon only, or all day.

There will be many activities in the areas of arts, crafts, sports, combined camp activities like the camp carnival, and weekly field trips.

8 Weekly Sessions

Dates: 06/13/2022* - 08/5/2022

Ages: 6yrs to 10yrs

Register for one week at a time now and space out your payments! Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center.

*Starting dates are subject to change based upon the school calendar.

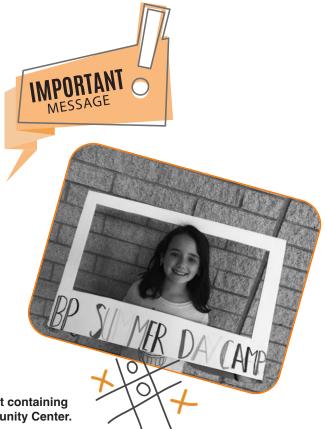


Summer Camp Changes

This summer, we'll only be offering Summer Day Camp for children ages 6–10. While we are not offering Summer Fun Camp for those age 11-14, we do provide a number of fun camps for that age group such as our Snapology Camps, Rifle Camp, Volleyball Camp, and Band Camp! We also have a wide variety of classes in that age group that your child may enjoy. Please see our complete list of Youth Programs beginning on **pg. 23**.

We're looking forward to providing your children with a summer full of fun, learning and wonderful memories!

Find the registration forms, along with the parent packet containing additional required form, on our website or at the Community Center.



FARMERS' MARKET

Welcome Back Bethel Park Farmers' Market!!!



The Bethel Park Farmers' Market, voted in the <u>TOP 2</u> <u>PITTSBURGH FARMERS' MARKETS</u>. will return to the South Park Ice Skating Rink parking lot along Corrigan Drive for our 2022 season! And, we're pleased to announce a continuing sponsorship this year with the Bethel Park Community Foundation.

Stop and visit Tuesdays to experience our great, friendly community of vendors & shoppers. Lots of visibility, easy in and out access, and plenty of space to park all add up to a great market for everyone!

Shop for bedding plants, gorgeous hanging baskets, hummus, cheese, mouthwatering breads, desserts, wines, handmade soaps

and much more. Definitely plan to come hungry since you can also grab dinner or a snack of gyros, pierogis, BBQ sandwiches, or fresh made pizza. We expect to welcome more wonderful vendors that will make for a fantastic 2022 Market Season!

Mark your calendar NOW for the Bethel Park Farmers' Market. **The Market will be held every Tuesday through September from 3-7 p.m.**Be sure to stop by and support local businesses.

Check out our web page <u>www.bethelparkfarmersmarket.com</u> for general information and information on all of our vendors.

We look forward to seeing you at the Market!





Farmers' Market Vendor List



A Generous Sponsor!

Here are our wonderful 2022 vendors! Please stop by and visit them every Tuesday from 3-7 p.m. in South Park on Corrigan Drive next to the Ice Skating Rink!

SIMMONS FARM - flowers, local seasonal produce

PITALAND - delicious Greek entrees & sides

HELLO HUMMUS - fresh hummus in a variety of flavors & healthy chopped salads.

LOGAN FAMILY FARMS - natural dry aged beef, Berkshire pork cuts & grilled natural steak burgers

JODIKINO'S FARM - lots of locally grown seasonal produce.

THE PIE PLACE - pies, fruit tarts, cinnamon rolls, pepperoni rolls, brownies

MICHAEL T'S BAKERY & MORE - lady locks, thumbprints, chocolate covered potato chip cookies, etc

TAMBELLINI FOOD TRUCK - burgers, hot dogs, chicken parm, steak hoagies & more THE OLIVE TAP - olive oils and balsamic vinegars

PITTSBURGH PIEROGI TRUCK - pierogi,

haluski, stuffed cabbage

JUREE CHRIS - beautiful wood cutting boards, trays, boxes, jewelry, utensils

RAY'S PIZZA - pizza, pepperoni & cheese rolls, stromboli, French fries

WILD RIVER KETTLE KORN - fresh popped kettle korn, fresh squeezed lemonade - yummy!

WU'S SHAVED ICE - 33 different flavors of shaved ice

SWOPES BERRIES & BEES - in season berries, honey, creamed honey, candles

CHIMNEY CAKERY - sweet chimney cakes & savory chimney cakes with various topping and spreads

LEMMON BROTHERS' FARM - pure maple syrup

LOAFERS BREAD COMPANY - breads, pies, cookies, jams, and granola

ROWDY BBQ - pulled BBQ pork, ribs, beef brisket, pulled bbq chicken, and sides.

GRAETER'S ICE CREAM - world famous ice cream in bowls or waffle cones

SPRING HOUSE - salads, hoagies, sticky buns, cookies, pies, apple fritters, milk, pepperoni rolls

GLUTEN FREE by KASSIANI - cookies, pies/galettes, mini cakes, pizza crusts, cinnamon rolls, donuts

WIGLE WHISKEY/THREADBARE CIDER - bourbons, ryes, wheats, hard apple ciders, local ingredients

PURE ROSE ORGANICS - soap bars, body wash, lotion, jewelry, hair clips, perfume oils, candles

AUNTIE ANN'S PRETZEL TRUCK - original, cinnamon sugar, hot dog pretzels, lemonade, pop, dips

JORDAN TOMB'S - organic & fairtrade whole bean coffee, loose leaf tea, chocolates, brewing gear.

LIL DEBBY'S DeLIGHTS - bath bombs, soaps, shower steamers, body oil, make up, face masks.

JOSE QUIROZ FARM - vegetables, fruit, herbs, lettuce, bedding plants

COUNTRY HAMMER MOONSHINE - flavored moonshine

CINCO de MAYO SALSAS - salsa, Mexican dips & salads, chips, tamales, empanadas, aqua frescas CHERISH CREAMERY - goat cheese, goat milk yogurt, goat milk.

BEEDLE'S ICE CREAM - packaged ice cream, fudge bars, scooter crunch, bomb pops, fiji water

SCORCH GARDEN - pepper plants, hot sauce, chili,

mac'n cheese, spice mix

MITZ'S MEOW MARKET - hand sewn catnip toys, catnip BROTHER MONK CIDERWORKS - hard cider, fruit wines, mead CINNAROAST - cinnamon roasted almonds, pecans, cashews, and peanuts.

ISTANBUL GRILLE - vegan, gluten free, clean food. Lentil soup, red tubule, ezme, 3 milk cake

THE CREAMERY at PLEASANT LANE FARMS - farmstead cheese: cheddar, Colby, secret pizza cheese, feta, gouda

WHIMSICAL WARDROBE BOUTIQUE - women's clothing with unique details, jewelry, handbags

WINE O'CLOCK SOMEWHERE WINERY - sweet wines in bottles, slushies in bags

FJORD AND FABLE - soy wax candles

LA VIGNETTA WINERY - red, white, fruit, seasonal, and dessert wines.

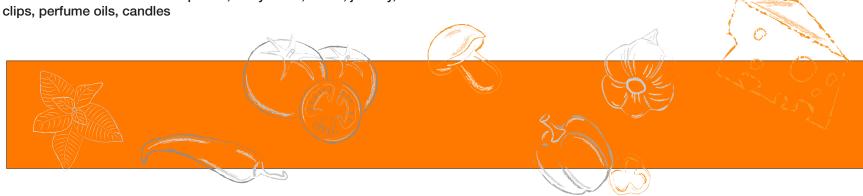
HIBACHI LOU - shrimp, steak, chicken, rice, mixed vegetables, noodles

hGRACE CONFECTIONS - all natural ingredient malted milk bites, salted caramels in many flavors

PGH EATZ - vegetable vegan tacos, meatball bowl, Italian green beans, roasted cauliflower, salads

UP in SUDS - natural handcrafted olive oil base soap, vegan & goat's milk soaps

LA CASA DEL TACOS - tacos, rice, beans, chips, queso, guac



Enjoy YOUR Neighborhood Parks this Spring & Summer!





MUNICIPALITY OF BETHEL PARK PARKS AND FIELDS

Park Site	Location	Acreage	Amenities
Birch Tree Park	Ashland Drive	.75	Double decker play apparatus with 8ft, spiral tube slide, roller slider, and sky track; 3 seat rocker ride; swing set, with a toddler swing
Brookside Park	Brookside Boulevard	2.50	undeveloped
Elm Tree Park	Glen Hill Drive	3.95	play apparatus w/slide, four-seat spring toy, swing set/4 adult and 2 infant, ½ basketball court, 5-foot high plastic climbing wall, 1 tether ball
Millennium Park	5900 Baptist Road	40	3 youth fields; play apparatus with large arch frame rope climber, rope tunnel and 3 slides; tire swing; spinning ride
Miner's Park	5480 Main Street	8.08	pavilion w/tables, play apparatus w/slides, 2 climbing apparatus, 4 adult and 2 infant swings, picnic grill, 4 seat spring toy, basketball court (lighted), 2 youth baseball/softball fields, adult softball field, ½ basketball court, 2 batting cages, concession stand,
Mollyhill Park	259 Santa Fe Drive	6.00	play apparatus w/slide and tire swing, four-seat spring toy, swing set/4 adult and 2 infant, basketball court, inline hockey court, WWII Memorial
Oak Tree Park	Summit Street	3.04	Play apparatus with large climbing boulder, Gaga Ball Pit, disk swing & stand up glider, swing set with 3 regular, toddler swing, parent child swing, and an inclusive swing
Park Avenue Fields @ Community Center	5151 Park Avenue	11	play apparatus w/slides, swing set/2 adult and 2 infant, 2 spring toys, youth baseball/softball field, multi-purpose field (lighted), walking track, storage unit/press box, concession stand, pavilion, score board
Peter Page Park	Church Road	16.65	walking trail, arboretum
Pine Tree Park	"N" Street	1.01	pavilion w/tables, 2 play apparatus w/slides, swing set/3 adult and 1 infant, 2 spring toys, see-saw, ⊠ basketball court, back-stop area
Shamrock Woods	Leprechaun Drive	4.05	undeveloped, one walk-through path
Simmons Park	1200 Clifton Road	25.50	2 pavilions w/tables, 1 picnic grill, 2 play apparatus w/slides, mini zip line, swing sets/4 adult and 4 infant, 2 spring rocking toys, kids basketball score game, see-saw, 2 basketball courts (lighted), sand volleyball court (lighted), 3 baseball/softball fields (lighted), pickleball court, 2 tennis courts (lighted), 2 batting cages, walking trail, bike rack, concession stand, restroom facilities
UPMC Field	1300 Oxford Drive	1.50	youth baseball/softball field, scoreboard, batting cage, concession stand/storage unit/press box
Village Green Park	7000 Alicia Drive	11.0	2 pavilions w/tables, play apparatus for 2-5 year olds, play apparatus for 5-12 year olds, soccer/lacrosse/football field, 2 horseshoe courts, walking trail, restroom facilities/storage unit/concession stand



Millennium Park







Biba App Comes to Bethel Park Recreation!

Bethel Park is one of the first communities to offer those visiting Birch Tree, Oak Tree and Millennium Parks use of the new app, Biba, to enhance the overall experience for children!

Biba is free to download and is designed to help children become more physically active through a variety of fun games and activities personalized to the park they're visiting.

"Children love games and screen time, and the Biba app keeps this in mind while providing enjoyable, outdoor games," said

Recreation Director Chuck Stover. "Another benefit is that parents and/or caretakers can get involved in the games too if they

Use of Biba is simple. Download the free app; parents will use the Biba app to scan the barcode on the sign at each playground; Biba will bring up instructions for games created for the particular playground and equipment that they're visiting!

Biba is optional; but we think parents

and children will enjoy it!" said Stover.

Another nice feature of Biba is that it will provide Bethel Park Recreation with information such as which days of the week the parks are most used as well as what equipment draws the most attention.

"We're one of the first communities to use this app, so we're really excited to get feedback from parents once they've had a chance to try it!" said Stover.



Download Biba for FREE!





A FREE series of events in our beautiful neighborhood parks May - September!

YOGA/EXERCISE IN THE PARK Saturday, May 21 10 am-12 pm * Park Avenue

TOUCH-A-TRUCK Saturday, June 4 12-3 pm * Public Works Garage

'NO BAD JUJU' Sunday, June 26 5-7:30 pm * Millennium Park SUMMER SPECTACULAR Saturday, July 2

NATIONAL NIGHT OUT Tuesday, Aug. 2 6-8 pm * Miners Park

END OF SUMMER BASH Saturday, Aug. 13 11 am-2 pm* Simmons Park

STAR PARTY Friday, Sept. 16 7 pm * Millennium Park

WATCH FOR FULL DETAILS! www.bethelpark.net Facebook: Municipality of Bethel Park





ADULT PROGRAMS

CLASSES & WORKSHOPS

PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the steppingstones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six-foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will

be no refunds after the first class, for any reason.
Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00 6 session dates 3309.202

06/25/2022 - 08/06/2022 Dates: Sat 9:00AM - 10:00AM Time: 3309,203

06/25/2022 - 08/06/2022 Sat 12:00PM - 1:00PM

3309.212 08/20/2022 - 10/01/2022 **Dates** Sat 9:00AM - 10:00AM Time:

3309.213 08/20/2022 - 10/01/2022 12:00PM - 1:00PM Dates: Sat

Location: **Xcel Canine Training, Inc. JUL 2, SEP 3** No class

BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six-foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail veek before the first class. Register online, by mail week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you below the progress of the progres contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Resident Fee: \$100.00 Non-Res Fee: \$110.00 6 session dates

3309.204 06/25/2022 - 08/06/2022 10:00AM - 11:00AM Dates: Sat Time:

3309,214 Dates:

08/20/2022 - 10/01/2022 Sat 10:00AM - 11:00AM

Location: **Xcel Canine Training, Inc.** Jul 2, Sep 3 No class

- Fitness & Exercise -

POWER YOGA

Since it's summer, why not enjoy the outdoors and have a yoga class all at the same time? Class will be held on the Community Center football field unless the weather moves us indoors! This is a great class for students with no previous yoga experience. Power Yoga is designed for all levels in mind. You may go at whatever speed suits you! Challenge yourself with a blend of Pilates and Yoga, leaning more on the Yoga side. Stretching, energizing yoga poses, and relaxation are the focus for this class. Instructor has over 15 years of Yoga and Pilates teaching experience. Students should bring mat, water, and small towel to class. Instructor: Christi Fredrick

Ages: 18 and over

Resident Fee: \$40.00 Non-Res Fee: \$45.00

7 session dates 3990.201

06/08/2022 - 07/27/2022 Dates: Wed 7:00PM - 8:00PM Time:

Location: **Bethel Park Community Center** No class

QIGONG

Qigong, an ancient practice originating in China, is comprised of simple, efficient, and effective movements to help manage and reduce stress, heal physical and emotional pain, and enhance quality of life. Qi means "energy" and Gong means "to work with" so simply put Qigong means working with the body's energy. Qigong has movements similar to tai chi movements, yet simpler. Anyone regardless of age, ability or fitness level can practice Qigong and become healthier and happier. Some benefits of practicing include increase in oxygen uptake for stronger muscles, soothes the nervous system, improves metabolism and digestion, helps clear the mind for greater mental clarity and promotes greater flexibility. No special equipment is required. Please wear loose, comfortable clothing. It is recommended that you NOT wear earrings. Instructor Vince has been practicing Spring Forest Qigong (SFQ) for 10 years and is a certified SFQ Professional Twice a week discount rate is not Professional. Twice a week discount rate is not available with online registration.

Vince Galloni Instructor:

Ages: 18 and over Resident Fee: \$25.00 N Twice a week: \$40.00 N Non-Res Fee: \$30.00 Non-Res Fee: \$45.00

4 session dates 3990.202

06/20/2022 - 07/18/2022 Dates: Mon 11:45AM - 12:30PM Time:

3990.203

06/22/2022 - 07/20/2022 Wed Dates: 6:00PM - 6:45PM Time:

Location: **Bethel Park Community Center** <u>Jul 4, Jul 6</u> No class

SILVERSNEAKERS® CLASSIC

Perform a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles and S. Sneakers ball are used. A chair may be used for seated and/or standing support.

Instructors:

Fee:

Mon & Thu - Renea Bishop

Tue - Anne Brucker FREE with Silver Sneakers card

05/16/2022 - 08/29/2022 **Dates** Mon Time: 10:45AM - 11:30AM

05/17/2022 - 08/30/2022 **Dates** Tue 12:35PM - 1:20PM Time:

Dates 05/12/2022 - 09/01/2022 Thu

1:00PM - 1:45PM Time:

Location: **Bethel Park Community Center** May 10, May 30, Jul 4, Jul 7, Aug 8, Aug 11, Sep 5 No class



SILVERSNEAKERS® BOOM MOVE Designed for the Active Senior

Gain stamina and strength as you break a sweat and HAVE FUN! A higher intensity dance workout class that improves cardio endurance and burns calories. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences, bringing you a great cardio workout. No dance experience is required.

Renea Bishop
FREE with Silver Sneakers' card Instructor: Fee:

05/16/2022 - 08/29/2022 **Dates** Mon 9:15AM - 10:00AM

05/10/2022 - 08/30/2022 **Dates** Tue Time: 11:00AM - 11:45AM

05/12/2022 - 09/01/2022 **Dates** Thu 11:30AM - 12:15PM Time:

Location:

Bethel Park Community Center May 30, Jul 4, Jul 5, Jul 7, Aug 8, Aug 9, Aug 11



Don't forget to reserve a room at the Community Center soon for your upcoming graduation party! We have rooms to accommodate small or large groups. Call 412-851-2910.

Time:

No class

SATURDAY CLASSES ARE HIGHLIGHTED

Mon

Thu

SILVERSNEAKERS® BOOM MUSCLE Designed for the Active Senior Students will move through multiple "blocks", which are groups of exercise that focus on different muscle groups. Class incorporates athletic-based exercises that improve upper body conditioning, toning muscles and building overall strength.

Instructor:

Renea Bishop FREE with Silver Sneakers' card Fee:

05/12/2022 - 09/01/2022 **Dates** 12:15PM - 1:00PM Time:

Location: **Bethel Park Community Center**

No class <u>Jul 7, Aug 11</u>

SILVERSNEAKERS® STRENGTH AND STABILITY

Designed for the Active Senior Stability is the newest class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee, and hip joints, while improving your reaction time. This class is designed for fall prevention and is suitable for nearly every fitness level. It can be adapted depending on the skill of individual participants.

Instructor:

Renea Bishop
FREE with Silver Sneakers' card Fee:

05/16/2022 - 08/29/2022 **Dates** Mon 10:00AM - 10:45AM Time:

05/10/2022 - 08/30/2022 10:15AM - 11:00AM Tue **Dates** Time:

Bethel Park Community Center May 30, Jul 4, Jul 5, Aug 8, Aug 9 Location: No class

SILVERSNEAKERS® YOGA
Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and final relaxation will promote

stress reduction and mental clarity.
Instructors: Gerrie Delaney & Mary Anne Gerard
FREE with Silver Sneakers' card

05/11/2022 - 08/31/2022 Wed Dates: 12:00PM - 12:45PM Time:

05/12/2022 - 09/01/2022 Dates Thu

9:10AM - 9:55AM Time:

05/13/2022 - 09/02/2022 Dates: Fri Time: 9:15AM - 10:00AM

Bethel Park Community Center Location:

SILVERSNEAKERS® CIRCUIT

Designed for the Active Senior This Circuit workout offers standing, low-impact choreography alternated with upper body strength work. Students use hand-held weights, elastic tubing w/handles & other equipment while utilizing

all parts of the body without too much stress. Build muscle, flexibility, cardio & tone.

Gerrie Delanev Instructor:

FREE with Silver Sneakers' card Fee:

05/12/2022 - 09/01/2022 Dates 10:00AM - 10:45AM Time:

Location: **Bethel Park Community Center**

WALKING TRACK

Thu

SilverSneakers® members can take advantage of the climate controlled, elevated indoor walking track using their SilverSneakers® membership card. The 1/12-mile track features 3 lanes for fitness lap walking or running. Track is open for use:

9:00am – 8:00pm Monday - Friday 9:00am – 6:00pm 12:00pm – 6:00pm Saturday Sunday

Location: **Bethel Park Community Center** The Walking Track is closed May 30, July 4



T'AI-CHI BEGINNER

This traditional Tai-Chi Chuan class is for the beginning student as well as the student that wants to work on the first 1/3 of the form. The difference between Tai-Chi and other martial arts is "CHI". In this class you will develop better balance, coordination and posture which is "the way" to move more efficiently and also beneficial for your health. T'ai Chi is suitable for anyone looking to improve overall health. No prior experience required. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Tamara Stark Instructor: 18 and over

Non-Res Fee: \$51.00 Non-Res Fee: \$76.00 \$46.00 \$71.00 Resident Fee: Twice a week:

5 session dates

3932,201 06/01/2022 - 06/29/2022 Dates: Wed 9:55AM - 10:55AM Time:

3932.202 06/02/2022 - 06/30/2022 Thu Dates: 7:00PM - 8:00PM Time:

3932,211

08/03/2022 - 08/31/2022 Wed Dates: 9:55AM - 10:55AM Time:

3932.212

08/04/2022 - 09/01/2022 Thu Dates: 7:00PM - 8:00PM Time:

Bethel Park Community Center Location:

T'AI-CHI - 14 POSTURES

This traditional Tai-Chi Chuan class is suited for the student who has experience learning the 14 postures. It is corrections and working on principals of the first 1/3 of the yang family form. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Instructor: Tamara Stark 18 and over Ages:

Resident Fee: \$46.00 Non-Res Fee: \$51.00 \$71.00 Twice a week: Non-Res Fee: \$76.00 5 session dates

3932.203

Dates: 06/01/2022 - 06/29/2022 Wed 10:55AM - 11:55AM Time:

3932.213

08/03/2022 - 08/31/2022 Dates: Wed Time: 10:55AM - 11:55AM

Location: **Bethel Park Community Center**

T'AI-CHI INTERMEDIATE

This class is designed for students who have previous experience in a T'ai-Chi class and want to further their knowledge and experience. Instructor recommendation is required to enroll in this course. Twice a week rate is not available with online registration.

Instructor: Tamara Stark

Ages: Resident Fee: 18 and over \$46.00 N \$71.00 N Non-Res Fee: \$51.00 Twice a week: Non-Res Fee: \$76.00

5 session dates

3932.204

05/31/2022 - 06/28/2022 Dates: Tue Time: 7:00PM - 7:45PM

3932.214

08/02/2022 - 08/30/2022 Dates: Tue Time: 7:00PM - 7:45PM

Location: **Bethel Park Community Center**

TOTAL BODY BOOT CAMP

Total Body Boot Camp is an intense boot camp style class designed for men and women of all ages and all fitness levels. This class will work your entire body through resistance training, body weight exercises, balance and stability moves, core work, and cardio. Students just getting back to workouts will be shown appropriate modifications to make their workout safe but just as effective! Every class will be a new workout that will leave you feeling strong and energized! Get ready to work hard and sweat it out with Cortney!

Cortney Sweeney Instructor:

18 and over **\$30.00** Non-Res Fee: \$35.00 Ages: **Resident Fee:** \$30.00

5 session dates

3920.201

Dates: 06/13/2022 - 07/25/2022 Mon

Time: 7:00PM - 8:00PM

3920.211

08/01/2022 - 08/29/2022 Dates:

Time: 7:00PM - 8:00PM

Location: **Bethel Park Community Center** No class <u>Jul 4, Jul 18</u>

ZUMBA® GOLD

Summer fun and Zumba® go hand in hand! Forget working out and come and lose yourself in the music in our exhilarating Zumba® class. It's easy to do! You will soon be soaring with energy and enjoying great music in a fun fitness party. It doesn't matter where you are in your exercise ability, this is a great place to start. There are no right or wrong moves in class, the key is to MOVE! The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. Sign up for twice a week at a discounted rate! Twice a week rate is not available with online registration.

Instructor: Kathy Raeder Ages: Resident Fee:

18 and over \$35.00 N \$55.00 N Non-Res Fee: \$40.00 Twice a week: Non-Res Fee: \$60.00

6 session dates

3930.201 06/14/2022 - 07/26/2022 Tue Dates: Time: 7:00PM - 8:00PM

3930.202

06/16/2022 - 07/28/2022 Dates: Thu Time: 6:00PM - 7:00PM

3930.211

08/02/2022 - 09/06/2022 Dates: Tue 7:00PM - 8:00PM Time:

3930.212

08/04/2022 - 09/08/2022 Dates: Time: 6:00PM - 7:00PM

Location: **Bethel Park Community Center** No class <u>Jul 5, Jul 7</u>

ZUMBA® GOLD FOR ACTIVE SENIOR/BEGINNER

Summer is a perfect time to start a new program. Come join our expanding Zumba® family. Men and woman alike are enjoying the same great music that lets you move to the beat at your own speed. This class provides modified, low impact moves for the active older adult or beginner. It's friendly, it's fun and it's good for you, what more can you ask for. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility, and balance! No experience necessary. Sign up for twice a week at a discounted rate! Twice a week rate is not available with online registration.

Kathy Raeder Instructor:

Ages: 18 and over Resident Fee: \$25.00 N Non-Res Fee: \$30.00 Non-Res Fee: \$50.00

6 session dates

3930.203 06/13/2022 - 07/25/2022 Dates: Mon Time: 10:35AM - 11:15AM

3930.204

06/15/2022 - 07/27/2022 Dates: Wed 10:35AM - 11:15AM Time:

3930.213

08/01/2022 - 09/12/2022 Dates: Mon 10:35AM - 11:15AM Time:

3930.214

08/03/2022 - 09/07/2022 Dates: Wed 10:35AM - 11:15AM Time:

Location: **Bethel Park Community Center** Jul 4, Jul 6, Sep 5 No class

- Sports -

PICKLEBALL

Men and women, boys, and girls ages 13 and over may REGISTER for our recreational Pickleball program at the Bethel Park Community Center gym. This is one of the fastest growing sports in the US combining elements of tennis, badminton, and ping-pong. Pickleball is a low-impact sport played on a court smaller than the size of a tennis court. General knowledge of game rules and beginner skill level is helpful. No experience is required to play, but players must be able to bend to pick up balls and move forward and backward to play. This is not an instructional class. You may choose to play once or twice a week. Call 412-851-2910 for more information.

REGISTRATION INFO: Registration open to RESIDENTS ONLY May 9, 10, 11.

Non-residents may begin registering on May 12.

3 and over Resident Fee: \$20.00

Non-Res Fee: \$25.00 5 session dates 3901.201 06/13/2022 - 07/18/2022 Dates: Mon

12:00PM - 2:10PM Time:

3901.202

06/15/2022 - 07/20/2022 Dates: 12:00PM - 2:10PM Time:

3901.211 07/25/2022 - 08/22/2022 Dates: Mon 12:00PM - 2:10PM Time:

Wed

Time:

3901.212 Dates: 07/27/2022 - 08/24/2022 Wed 12:00PM - 2:10PM

Location: **Bethel Park Community Center**

NO CLASS: <u>Jul 4, Jul 6</u>

LADIES VOLLEYBALL

This is a recreational program that plays according to PIAA high school rules. Players should have knowledge of volleyball rules and skills at either intermediate or advanced level. This is a fun ladies' night out to meet new people and enjoy some exercise. If you can only attend occasionally, there is a nightly drop-in fee.

Ages: Resident Fee:

18 and over **\$36.00** Non-Res Fee: \$41.00

8 session dates

3909.111 05/16/2022 - 07/18/2022 Dates: Mon

Time: 8:00PM - 9:30PM

3909.201

Dates: 08/01/2022 - 09/26/2022 Mon Time: 8:00PM - 9:30PM

Location: **Bethel Park Community Center** No class: May 30, Jul 4, Sep 5

MEN'S VOLLEYBALL

Men play on Wednesday nights. Pick-up Men's Volleyball. Prior experience not necessary but players are expected to follow official USA indoor volleyball rules. Everyone must register and prepay to participate.

18 and over **\$72.00** Non-Res Fee: \$77.00 **Resident Fee:**

12 session dates 3909.202

06/08/2022 - 08/24/2022 Dates: 6:00PM - 8:00PM Time:

Bethel Park Community Center Location:



SPECIAL INTEREST

Pavilion Permits Fee \$30.00

attending

Any resident of Bethel Park may reserve selected picnic areas at Simmons Park or Village Green Park. These areas include a shelter and several picnic tables. The permits are available from the Recreation Office, and should be requested in written form at least 2 weeks prior to the date requested.

Please provide the following information:

Name Address Phone number Park pavilion requested Beginning and ending time Purpose of the rental Approximate number of people

All Park and Municipal rules must be followed, NO ALCOHOLIC BEVERAGES are permitted in any of the parks. The permit gives restricted use for the picnic area only. The tennis courts, sand volleyball court and ball fields are NOT included on the permit. Water and restrooms are available in both parks.

THERE IS A NON-REFUNDABLE, NON-TRANSFERABLE \$30.00 CHARGE FOR A PAVILION PERMIT.

ARE YOU A YOUTH SPORT VOLUNTEER COACH?

Wed

The *National Youth Sports Coaches Association* (NYSCA) is a membership organization and the most widely used volunteer coach training program in the nation, having trained more than 3 million coaches since 1981.

The NYSCA volunteer coach training program is designed to sensitize volunteer coaches to their responsibilities and hold them accountable to a strict Code of Conduct defined by the NYSCA Coaches' Code of Ethics Pledge.

The NYSCA Introduction to Coaching Youth Sports website is one of the most comprehensive resources for volunteer coaches, no matter what sport you're coaching. The website is designed to improve your understanding in all the important areas of youth coaching. Coaches who are trained and educated on the many different aspects involved with coaching kids are best prepared to provide participants with a fun-filled, safe, and rewarding experience. Please consider completing this valuable online training at www.nays.org.



SilverSneakers® at the Bethel Park Community Center!



SilverSneakers® programs are offered at the Bethel Park Community Center. The **SilverSneakers**® Fitness Program is the nation's leading fitness program designed exclusively for older adults. Regular participation in the program has been proven to help older adults manage their health and increase strength, balance, and endurance.

SilverSneakers[®] is a benefit offered to members of many Medicare plans across the U.S. If you are part of a Medicare health plan or if you are a group retiree, you may already have the **SilverSneakers**[®] benefit. There are over 5.8 million Medicare-eligible members who qualify for **SilverSneakers**[®]. There is no cost for

SilverSneakers[®] eligible adults to become members and participate. You may already have **SilverSneakers**[®] available to you!

SilverSneakers® offers three easy ways to enroll. Simply choose one of the following options that best suits your lifestyle and begin enjoying your benefit today!

- Simply take your SilverSneakers® Member ID card to the Bethel Park Community Center.
- No **SilverSneakers**® card? Bring your health plan ID card with you to the Community Center. Our staff will check your eligibility.
- Visit the Community Center and our staff can check on your eligibility by using your name, address, phone number, and birth date.

The **SilverSneakers**® Fitness Program is an innovative and fun health/exercise program helping older adults live healthy, active lifestyles. Get fit, have fun, make new friends!

Unlock the door to greater independence and a healthier life with **SilverSneakers**[®]. Benefits will include: Customized **SilverSneakers**[®] classes designed exclusively for older adults who want to improve their strength, flexibility, balance, and endurance.

SilverSneakers® members can take advantage of the climate controlled, elevated indoor walking track just by swiping their **SilverSneakers**® membership card. The 1/12-mile track features 3 lanes for fitness lap walking or running. Track is open for use:

May 1 – Oct. 31 hours of operation are:
Monday – Friday, 9 a.m. - 8 p.m.
Saturday, 9 a.m. - 6 p.m.
Sunday, Noon - 6 p.m.

November 1 – April 30 hours of operation are: Monday – Saturday, 9 a.m. - 9 p.m. Sunday, Noon - 6 p.m.

What are SilverSneakers® classes?

SilverSneakers[®] classes are Total-Body Conditioning Classes designed to increase muscular strength, endurance, range of movement, flexibility, balance, agility, and coordination. The classes are anywhere from 45 to 60 minutes. Classes typically involve the use of hand-held weights, elastic tubing with handles, and a small exercise ball. A chair may be used for seating or additional support.

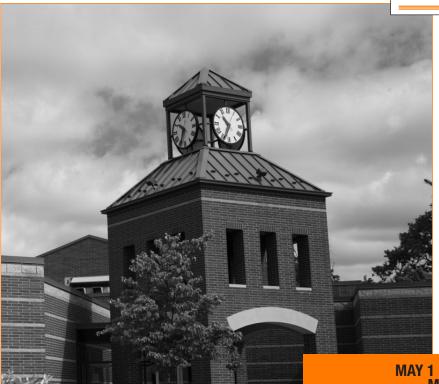
See pgs. 32 & 33 for class schedule.

Who teaches the classes?

SilverSneakers[®] classes are taught by credentialed instructors who are specially trained in leading fitness programs for aging adults. All **SilverSneakers**[®] class instructors undergo an in-person training and evaluation process to become a **SilverSneakers**[®] instructor. Our instructors are **Anne Brucker**, **Renea Bishop**, **Mary Ann Gerard**, and **Gerrie Delaney**. They are veteran instructors who have been teaching **SilverSneakers**[®] programs for years.

BETHEL PARK COMMUNITY CENTER

5151 PARK AVENUE



The Bethel Park Community Center continues to be the center of activity in the community. Frequently reserved for social and professional functions, the facility is well known throughout the South Hills. The Community Center, with 40,495 sq. ft. of space, includes areas for special events and meetings, a gymnasium and locker area, an exercise/dance studio, walking track and a separate classroom. The large multi-purpose room has seating to accommodate 245 and is capable of being divided into three separate rooms. The Community Center also includes a lounge, catering-style kitchen, and stage. Walking trails, playground equipment, and a lighted multi-purpose field are situated on the center's grounds.

Call 412-851-2910 for room reservations or other information.

IN ORDER TO ENSURE SAFETY FOR ALL COMMUNITY CENTER USERS,
CHILDREN UNDER 13 MUST BE UNDER
DIRECT SUPERVISION OF AN ADULT AT ALL TIMES.

MAY 1 - OCT. 31 HOURS OF OPERATION ARE: MONDAY - FRIDAY, 9 A.M. - 8 P.M. SATURDAY, 9 A.M. - 6 P.M. SUNDAY, 12 - 6 P.M.

NOV. 1 - APRIL 30 HOURS OF OPERATION ARE: MONDAY - SATURDAY, 9 A.M. - 9 P.M. SUNDAY, NOON - 6 P.M.

OPEN GYM SCHEDULE IS POSTED MONTHLY AND IS AVAILABLE AT THE FRONT DESK.



RENTAL PROCEDURES

Reserving a room at the Bethel Park Community Center for your next event is a simple, straightforward process and may be done up to a year in advance. However, it is recommended that you reserve your space early as dates fill up quickly!

 Requests for rentals must be submitted in writing and should include the following information:

Renters' name, address, phone numbers, date requested, time requested, specific room(s) requested (if known), purpose of rental and approximate number of guests expected. Requests may be returned to the Community Center in person or via email to communitycenter@bethelpark.net.

email to communitycenter@bethelpark.net.
Within a week, you'll receive written notification if your requested space is available or not.

 If available, we'll send you a Reservation Permit along with rental Terms & Conditions and additional rental information to complete.

Payment Schedule

- Fifty percent of total rental fees is due with the signed Rental Contract.
- The remaining 50% is due 30 days prior to your event.
- A refundable security deposit and room layout is due seven days prior to your event.

Please note that while we want your event to be a success, failure to meet any payment deadlines may result in rental cancellation. Fees paid will not be refunded.

Cancellation Policy/Fees

If you need to cancel your event, your request MUST be submitted in writing to the Community Center Director. Cancellation fees

- Cancellations received in writing more than 60 days prior to the scheduled date will receive a refund of 50% of initial rental payment, less a \$5 processing fee.
- No refund will be issued if written cancellation is received less than 60 days prior to event.

Other Rental Notes

- Any use of the Community Center which requires Municipal staff to stay after the scheduled closing time shall be charged an additional \$40 per hour for any portion of an hour that may be needed.
- Rental rate includes the set-up of tables and chairs.
- Renters will be responsible to visit the Community Center one week in advance of their event to sign-off on all seating/room arrangements. The security/damage deposit should also be paid at this time. Rate: \$100 per area rented.

Membership Fees & Renewals

A membership card is required to use the Bethel Park Community Center *Gymnasium and Walking Track*. Both residents and non-residents can purchase 12-month memberships at the Community Center during normal business hours.

All that's needed to purchase a membership is completion of a simple membership application and photo identification (such as a drivers license) to prove residency; once payment is received, an identification photo will be kept on file for each member – a process expected to take less than 10 minutes. New members will receive both a wallet size member card as well as a small key tag card.

Individual memberships will include five complimentary guest passes, and Family memberships will include 15 complimentary guest passes.

Annual Membership/Renewal:	Resident	<u>Nonresident</u>
Youth (13 - 17 years old)	\$ 5.00	\$ 125.00
Adult (18 - 59 years old)	\$ 10.00	\$ 150.00
Family	\$ 25.00	\$ 250.00
Senior Adult (60+)	\$ 5.00	\$ 80.00
Additional Guest Passes – 5	\$ 4.00	\$ 45.00
Day pass: Individual	\$ 1.00	\$ 10.00

CHILDREN UNDER 13 MUST BE UNDER DIRECT SUPERVISION OF AN ADULT AT ALL TIMES

To purchase a day pass, you <u>must</u> provide photo ID to prove residency.

MEMBERSHIP RENEWAL

All Gym memberships expire 12 months after they were issued. Please remember to renew your membership by stopping at the Community Center Desk to update your information and pay the renewal fee.

ate your information and pay the renewal fee.

ROOM RENTAL FEES

RENTAL RATES LISTED ARE FOR BETHEL PARK RESIDENTS. NON-RESIDENTS OR ORGANIZATIONS NOT LOCATED IN BETHEL PARK MUST CALL CENTER AT 412-851-2910 FOR RENTAL RATES

AREA	RATE	CAPACITY
Area A	\$25 per hour	49
Area B	\$50 per hour	148
Area C	\$25 per hour	49
CLASSROOM	\$25 per hour	49
A, B, & C	\$75 per hour 245	
Catering Kitchen	\$100 per event	
Stage	\$50 per event (With Area B or	
Alcohol Permit	\$50 per room	

Room Rental fees listed are per hour. Keep in mind that rental hours must include the entire time that you need access to the rental space beginning with set-up, including event time and through clean-up.

All rentals require a minimum 4 hour reservation.

RENTAL INFORMATION SUBJECT TO CHANGE.

COMMUNITY CENTER ADULT AND YOUTH CLUBS

Please call the Community Center at **412-851-2910** to verify that club meetings have resumed following Covid-19 suspension.

Bethel Artist Guild - Membership is open to Bethel Park Artists of any medium. Club members' work is displayed at the Center throughout the year. Monthly meetings are held on the first Thursday of the month in February, March, April, May, September, October, and December at 12:30 pm. Call the Artist Guild at 412-835-7379 for additional information.

Call the Bethel Park Community Center at **412-851-2910** for information on all of our activities. If you have a special interest and would be interested in helping to form a new club or activity group, contact the Community Center.



Community Center Facilities

<u>Multipurpose Room</u> This exceptional room can be divided into three separate sections to accommodate small and medium groups. With dividers open, the room can accommodate large group functions. The Multipurpose Room is perfect for wedding receptions, showers, banquets, parties, meetings or other special events.

<u>Catering Kitchen</u> Add this room to your rental when meals will be served at your event. Kitchen includes commercial ovens, grill, refrigerator, freezer, coffee makers, microwave and dishwasher.

Theatrical Stage Does your event need a stage? The Stage may be rented in conjunction with the rental of Room B.

Lobby Bookshelves are located in the lobby, across from the main desk containing a lending library of puzzles and books available for residents of all ages to borrow.

<u>Lounge</u> Equipped with a kitchenette, chairs, TV, magazines and game tables, the lounge provides a comfortable atmosphere to relax, read, enjoy a card game with friends or watch television. An adult or guardian must accompany guests under age 13.

<u>Classroom</u> This room includes couches, TV, sink and counter area, restroom, along with tables and chairs. The Classroom may be used for small group rentals, youth and adult Recreation classes or meetings.

Gymnasium Includes one full-length and one $\frac{1}{2}$ basketball court; can also be converted to three $\frac{1}{2}$ sized courts. It has a total of eight basketball hoops. Also features three $\frac{1}{2}$ size volleyball courts.

Exercise Studio A bright and open mirrored area to accommodate a variety of fitness and dance classes.

Elevated Walking Track Features a 1/12 mile cushioned walking track that overlooks the gymnasium.

<u>Day Lockers</u> May be used during your visit to the Community Center. No locks are permitted to remain overnight.

May 2022 www.BethelPark.net

CATHY MUSCATO RETIRES

Not everyone is lucky

enough to have a

career that they enjoy,

and I truly enjoyed

what I did every day.

Cathy Muscato

(cont. from pg. 11)

During that time, the Center also served as a drop off and pick up location for masks, food and was a vaccination site.

"I was proud of running covid shot clinics especially when Councilman Dr. Campbell followed up with us and talked about how many lives were potentially saved from our efforts. It was an awesome feeling to be part of that," said Muscato.

'Cathy has been an instrumental force in the development and success of our Recreation program," said Bethel Park Manager Laurence

Christian. "She has also been an incredible leader for our Community Center, Farmers' Market and other specialty programs. Her creativity, positive attitude and willingness to always go above and beyond for the residents of Bethel Park will be truly missed. I wish her all the best in her retirement adventures!"

Thinking back, Muscato spoke fondly about the many people she's enjoyed meeting and working with as well

as all of the wonderful relationships she developed over the years.

The Bethel Park Community Foundation has been incredibly supportive and generous to our programs; my group of instructors has been such a wonderful, loyal group of people who've always stepped up and asked how they can help; and I couldn't have worked here this long without my outstanding Community Center/Recreation staff who are extremely creative and like a second family!" said Muscato.

"I'm very happy and excited that Cathy is moving on to the next chapter of her life," said Recreation Director Charles Stover. "She's been a very dedicated director and has helped Bethel Park so much by expanding Recreation programs and providing excellent services to the community. She's truly one in a million. And, it

made my job a lot easier knowing that I had such a dedicated, knowledgeable person in place who had such a strong vision for the Community Center. I wish her well and hope she gets to enjoy her time and retirement 4 adventures!"

Muscato's career in recreation began by attending a recreation presentation in college and "that's when a lightbulb went off and I knew what I wanted to do!'

My dad wanted me to work with computers and that wasn't something I was interested in. I wanted to plan things for people to have fun, and now when I retire, I'll be able to enjoy all the fun activities I'm interested in too!" said Muscato.

Along with enjoying recreation classes (especially pickleball), Muscato plans to travel in her retirement and "spend lots of time training my unruly dog!" She's also going to volunteer for several organizations including Hospice and a dog rescue organization. And, she'll be catching up with her reading and plans to become a better gardener growing her own vegetables

"I have mixed feelings about retirement," said Muscato. "I can't imagine how I'm going to miss all the people I've come in contact with here at the Center. But the good thing is that I'll still see them...just not as the person planning the activities! Not everyone is lucky enough to have a career that they enjoy, and I truly enjoyed what I did every day."

She's been a very dedicated director and has helped Bethel Park so much by expanding Recreation programs and providing excellent services to the community. She's truly one in a million.

Recreation Director Charles Stover



SPOTLIGHT

(cont. from pg. 19)

"I'll be trying to come up with ideas to get shoppers more involved and try vendors that they maybe wouldn't have before," said Sibert.

"I'm really excited to be here and be a part of the Farmers' Market that I've enjoyed so much over the past several years," said Sibert. "I'm looking forward to meeting everyone!

Lindsey Sibert

hello to me!

Please stop by and say

Sibert's children have food allergies and she's had to adapt her baking over the past few years. She'd like to use that experience to help others who experience food allergies in their families

"It's been challenging to find baked goods that are egg, nut or gluten free," she said. "I would like to try something fun and introduce baking that's free from common allergens to others so that it's more inclusive for everyone and have demonstrations at the Market."

Sibert is eager to begin her position and continue to create a wonderful Farmers' Market experience to shoppers all season.

'I'm really excited to be here and be a part of the Farmers' Market that I've enjoyed so much over the past several years," said Sibert. "I'm looking forward to meeting everyone! Please stop by and say hello to

For more information, visit www.bethelparkfarmersmarket.com.



www.BethelPark.net



Community Center & Municipal Holiday Operating Hours

Memorial Day – Monday, May 30
The Community Center will be OPEN from 9 a.m. – 2 p.m.
Municipal Offices will be CLOSED.



Independence Day – Monday, July 4 & Labor Day – Monday, Sept. 5

The Community Center and Municipal Offices will be CLOSED.

Garbage Collection

Garbage collection will be delayed one day these three holiday weeks.

Bethel Park Recreation

Bethel Park Recreation ACTIVITY REGISTRATION FORM

(PARTICIPANT)	_	-	y DUPLICATE this form.
ADDRESS:			
CITY:	ZI	P:	BP Resident? Yes / No
PHONE: home ()		cell <u>()</u>	
			Male / Female (circle)
Email address:			
Please include any spec	ial needs:		
	able):		
1. Activity Name			_ Code no
Day	Start Date	Time	
Location			Fee Due \$
	. — . — . — . — . — . — . — . —		
			_ Code no
Day	Start Date	Time	
Location			_Fee Due \$
Make check payable to: l <u>Payment is from</u> (print to	BETHEL PARK RECREA	ATION Total amoun	VAIVER BELOW: Int enclosed \$ h check # ue, Bethel Park, PA 15102
myself, or have registere the Municipality of Bet regarding any liability, o or my child or any dam	d my child. By my signat hel Park, Bethel Park S laims, damages, or loss w	ure, I agree to release chool District, and a whatsoever resulting f perty which I or thos	lian or participant – print name), vity for which I have registered and hold harmless and blameless my employee thereof as to and from any accident or injury to me se under my supervision or care
photographing and/or television, websites, and of Bethel Park and the (collectively, "Image"), o me.	videotaping patrons at social media accounts. B Bethel Park School Distraction the Image of my child, not agree to the use of m	programs for use in y signing this Activity ict permission to use in this manner with	es for positive publicity by local publications, newspapers, was waiver, I grant the Municipality e my image, name, and likeness out any further compensation to of my child, I must notify Bethel
SIGNATURE:(Particip	ant, or parent/guard	lian, if participa	nt is under 18 years of age)
The Rec	n Office at 412-831-1328 i reation Office does not o there is a conflict, a chan	contact participant to	
OFFICE USE ONLY—			SETHEL DAR
Amount Due \$	_ Amount Paid \$	Staff	
Cash Check #	t Credit	Card	RECREATION

<u>ACT</u>	IVITY REGIS	STRATIO:	N FORM
	QUIRED for EACH par	ticipant. You ma	y DUPLICATE this form.
(PARTICIPANT) FIRST NAME:		LAST NAME:	
ADDRESS:			
CITY:	ZIP		BP Resident? Yes / No
PHONE: home ()		cell ()	
			Male / Female (circle)
Email address:			
Please include any spe	cial needs:		
Shirt size (where appli	icable):		
1. Activity Name			Code no
Day	Start Date	Time	
Location			Fee Due \$
2. Activity Name			Code no
Day	Start Date	Time	
Location			Fee Due \$
PLEASE C	ONTINUE AND S	SIGN THE W	AIVER BELOW:
			nt enclosed \$
Payment is from (print	name)	casl	n check #
Mail or drop off to: Bo	ethel Park Community Cen	ter, 5151 Park Avenı	ie, Bethel Park, PA 15102
myself, or have register the Municipality of Be regarding any liability, or my child or any dar might receive while par I understand that I photographing and/or television, websites, and	ed my child. By my signatusthel Park, Bethel Park Sci claims, damages, or loss wimage to our personal prop- rticipating in the above Rec Bethel Park Recreation pro- videotaping patrons at p d social media accounts. By	re, I agree to release a hool District, and a hatsoever resulting fe erty which I or thos reation program(s). ovides opportunitie rograms for use in signing this Activity	ian or participant – print name), vity for which I have registered and hold harmless and blameless ny employee thereof as to and rom any accident or injury to me e under my supervision or care es for positive publicity by local publications, newspapers, Waiver, I grant the Municipality
(collectively, "Image"), me.	or the Image of my child, i o not agree to the use of my	n this manner witho	my image, name, and likeness out any further compensation to of my child, I must notify Bethel
SIGNATURE:			
(Partici	pant, or parent/guard	ian, if participar	nt is under 18 years of age)
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OFFICE USE ONLY—			ETHEL DANK
Amount Due \$	Amount Paid \$	Staff	
Cash Check	# Credit (Card	RECREATION

May 2022 www.BethelPark.net

SCHOOL DISTRICT CONTACT **INFORMATION**

MAIN TELEPHONE NUMBER833-5000

Central Administration 301 Church Road, Bethel Park 15102

301 Gliurch Hoad, Bether Park 13102
Dr. James Walsh, Superintendent
James Cromie, Director of Communication and Public Relations854-8438
Bethel Park High School 309 Church Road, Bethel Park 15102
Joseph Villani, Principal854-8571
Diana Fronczek, Assistant Principal Student Academics & Affairs (A-G)
Dr. Mark Korcinsky, Assistant Principal Student Academics & Affairs (H-O)854-8516
Academics & Affairs (H-O)
Health Office854-8550
Attendance Office
Records Office
Independence 7-8 Middle School
2807 Bethel Church Road, Bethel Park 15102 Racquel Sutton, Principal
Neil Armstrong 5-6 Middle School 5800 Murray Avenue, Bethel Park 15102 Kenneth Patterson, Principal854-8751
Sheryl Kremer, Assistant Principal854-8756
Abraham Lincoln Elementary School 1524 Hamilton Road, Pittsburgh 15234 Jay Johnson, Principal
Benjamin Franklin Elementary School 5400 Florida Avenue, Bethel Park 15102 Teresa Doumont, Principal854-8741
Memorial Elementary School 3301 South Park Road, Bethel Park 15102 Eric Chalus, Principal854-8506
George Washington ElementarySchool 515 Clifton Road, Bethel Park 15102 Fred Pearson, Principal854-8546
William Penn Elementary School 110 Woodlet Lane, Bethel Park 15102 Brian Lenosky, Principal, Director of Cyber/Alt. Learning Options

BOARD OF SCHOOL DIRECTORS



Barry Christenson **PRESIDENT**



Buffie Faes



Darren McGregor





Jim **Modrak**



Dan Grzybek



Vince Scalzo



Hoppe



Kimberly Walsh-Turner



Sharon **Janosik**

Kennywood Tickets on Sale Now

Bethel Park School District's Kennywood Picnic Day is scheduled for **Friday, June 17, 2022.** Discounted tickets will be on sale for all students and community members from 4-7 p.m. on Thursday, May 12, in the main lobby of Bethel Park High School. Tickets will not be available to purchase through the District at any other time. Also, please note that you can only purchase the tickets with cash or money orders at this event. No personal checks or credit cards will be accepted.

The 2022 school ticket price will be \$29.99 for each ticket purchased at Bethel Park High School, including consignment, and \$29.99 plus processing fees for tickets purchased online using Bethel Park's promotional code: **BETHELPARK**. Those prices represent more than a 50% savings on the full-price weekend admission of \$65.99. Tickets will be valid throughout May and June and will expire on June 30, 2022.

We will see you on the Phantom's Revenge!



VISIT US ONLINE @ www.bpsd.org



ADMINISTRATION

A Message From... DR. JAMES WALSH **Superintendent**

The first week of May is Teacher Appreciation Week, while May 3, 2022 is National Teacher Appreciation Day. At Bethel Park, we recognize the dedication and hard work of our teachers and staff every day and we think it's important that we share our appreciation of their efforts with the rest of the Bethel Park community.

In our classrooms today, we have the future of our community. Bethel Park students are our future; they will steer the course of tomorrow and make possible things we have not yet imagined. For this, we look to the teachers standing in our classrooms to instill our students with the knowledge and skills they will need to put their dreams within reach and to inspire them to dream even bigger.

During this special celebration, I want our educators to know how much I value their expertise and service in the classroom, how much we appreciate all they do for our students and families, and how thankful we are for their contributions to our progress as a School District.

I am excited to honor the critical role teachers play in the success of a school, because in Bethel Park, we are rich with great teachers. Dave Burgess, in his book Teach Like a Pirate, calls them Purple Cows. Unlike ordinary brown cows, purple cows are special. Purple cows are memorable, too, long after the bell rings. We've all had them, purple cows: teachers who made a difference for us. We will remember our purple cows forever, because of the influence they had on our development. It is our purple cows, our excellent teachers, who will make the difference for each and every student who calls himself or herself Black Hawk Proud.

There is a mountain of research to support the assertion teachers are the #1 factor in the success of a school. Great teachers are well prepared, innovative and evocative, creative and tireless in pursuit of the 'ah-ha!" moments. I do not wish to be trite, but great teachers change lives - lots of them. Every day, teachers establish powerful relationships with their students to open their minds and hearts to the wonderment of learning. A child who comes to school despite some or many difficult circumstances is not easy to reach, but in school they are like a soft piece of clay. Great teachers embrace that shapeless clay and masterfully plan an agenda for learning that includes enticing experiences, but challenging at the same time, thereby molding the clay into a unique treasure. Great teachers hold high expectations for students but provide support and guidance in order for all students to reach those expectations. Great teachers are performance artists, who combine the art and science of teaching into memorable, life changing experiences. I am so very thankful for the great teachers, the purple cows, here in Bethel Park.

What we know to be great teaching has changed so much since I was trained, not all of it good, by the way. The high-stakes accountability movement has radically changed schools and the day-to-day work of a teacher. There is now a laser-like focus on student achievement, and a teacher's evaluation is directly tied to his/her students' scores. This leaves little room for ingenuity, tangential learning nor unbridled curiosity.

Technology and the internet have also changed teaching, generally for the good. We do not see overhead projectors or chalk anymore, but we see virtual field trips, augmented reality bringing curriculum to life, maker spaces for modeling, experimenting and creating understanding. These are really cool tools for engaging students and improving their learning experience. Teaching is not the same as it was 32 years ago when I started, and it will surely be different in the next 32. It is my job as Superintendent to keep our District and all of the great teachers out in front of the changes. With supportive administrators, solid professional development, and the firm backing of our Board of School Directors, we will continue to be rich with excellent teachers, our purple cows. Thank you, teachers, for being great!

A Message From... **CHRISTENSON School Board President**



Our strategic plan for the Bethel Park School District has been a common discussion topic at board meetings over the last few months. We are utilizing this plan to organize and prioritize almost everything we do as an administration and school board team. This plan centers everything around improving student opportunities and most importantly performance outcomes.

Bethel Park School District is well-aware of the role modern facilities play in providing excellent learning spaces for the children of the community. As with owning a home, however, sooner or later, items need to be maintained, repaired, or replaced. Accordingly, the school district has several high-priority facilities needs that will require renovation or replacement in the near future. Therefore, as part of our Strategic Plan, a comprehensive evaluation of our facilities was commissioned by the Board to proactively plan for the future of our buildings and campuses.

The architectural firm, Hayes Design Group, spent several months reviewing the state of Bethel Park School District's facilities and prepared a Feasibility Report to the Board of School Directors. Included in the analysis, a professional demographer conducted an enrollment study as a part of the study to predict the trends for the next ten years. All of the information pointed to significant investment in our infrastructure. You can read the study on the "Facilities Planning" page of the District website. These were

the critical outcomes from this study:

1. The population in the Bethel Park School District will remain relatively stable over the next 10 years. Enrollment in the schools is currently at 3,992, and there most likely be little variance in 10 years' time. This is down 795 over the past ten years.

2. District school facilities (other than HS) are aging and will need major investments to their major building systems over the next 5 years: (a) accessibility does not meet ADA requirements in nearly every building; (b) security needs to be improved to meet the threats and risks in today's world, and (c) major systems in each building are nearing the end of their expected life. Estimates are between \$70-100 million to complete necessary renovations.

3. There is a lack of equity in the Bethel Park students' educational experience in Grades K through 4, which is related to discrepancy in class sizes, level of special education services available, availability of other student support services, and differences in physical facilities.

4. A 21st century educational curriculum needs to be implemented throughout the K-12 continuum. STEAM programs need to be integrated K-12 with collaboration and technology as integral throughout the K-12 program of study. This, and the points above, are driving us to develop plans for an elementary center that will enable us to deliver consistent, modern education, with uniform class sizes in the most cost-effective way.

5. There is unused space and unused student capacity at IMS. The building was designed as a middle school for grades 6-8. 6th graders at Neil Armstrong are housed as middle schoolers in a building integrated with elementary schoolers and runs separate schedules.

The major investment needed to upgrade facilities, provide more equity and level-loading of classes in the educational experience, and implement a 21st century curriculum is being planned in a way that will provide flexibility as our needs change in the future and accomplish this all in a financially sustainable way. To that better end, the district has prepared a Facilities Master Plan, which identifies the work to be completed, the timeline for completion and the financial impacts for each of the projects.

The Master Facilities Plan will be instrumental as we continue to provide quality educational programs for academics, athletics, the arts, and recreational programs to Bethel Park students and community members for years to come. A copy is available on our website under "Facilities Planning." I hope you all take some time to review this and provide your feedback to the BPSD administration and school board.

Bethel Park Music Teacher Recognized by PMEA

Jeff Knell, a music teacher at Neil Armstrong Middle School as well as William Penn and Benjamin Franklin Elementary Schools, recently received the 2022 Pennsylvania Music Educators' Association (PMEA) District 1 Citation of Excellence in Teaching award.

The award is offered biennially to elementary

and middle school music teachers.

Knell, who grew up in Peters Township and holds degrees from Duquesne and Mercyhurst, was nominated by his colleague, Rachel Skilone, who has worked with Knell for the past nine years.

"Jeff and I have an almost sibling-like relationship some respects," she said. "He is just an amazing person to work with and he also happens to be an extraordinary music teacher."

Knell admits to initially being taken aback by the recognition but concedes it is a wonderful honor. "It's obviously very flattering to be recognized by your peers and a huge honor, but



it's not something I can take credit for," he said, quickly pointing out that his students put in a lot of work.

Knell added that it is a privilege to be a part of the Bethel Park music department. "The people in this department are just so incredibly helpful and supportive," he said. "None of what we have been able to accomplish would have been

possible if we didn't all work so well together as a team."

Knell will be recognized via a virtual awards ceremony
on Tuesday, May 24, 2022. He will also be formally presented with a plaque commemorating his achievement by PMEA

District 1 representative, Eryn Carranza during Neil Armstrong's May 18 Spring Band Concert.

Jeff Knell

Bethel Park Celebrates "Twos-Day"

Schools are always looking for ways to keep their students engaged, especially during the winter months when the luster of a new school year and all the possibilities that entails has long since worn off and the finish line is not yet in sight.

That is one of the reasons why holiday parties are so popular. Sometimes that traditional Valentine's Day or St. Patrick's Day party can provide just the elixir everyone needs to help get them over the hump during the dog days of the school year. And every once in a blue moon, the calendar delivers an unexpected surprise that is unique to that

year.



February 22, 2022 - or 2/22/22 - was just such a day at Bethel Park. That palindromic quality of the day, which is to say it reads the same backward and forward when written out numerically, naturally, many people began referring to it as "Twos-Day." And, well, because of course it did, that day happened to fall on a

In Bethel Park's elementary schools, there were special commemorative "Twos-Day" t-shirts galore, along with a bevy of tutus and ties being worn at each of the schools. At Franklin Elementary, there was a scavenger hunt in the library looking for hidden "twos." Washington Elementary held a bunch of fun

activities that all began at, you guessed it, 2:22 p.m.

The next time the district will have an opportunity to hold a similar celebration will not be until March 3, 2033, which will be on a Thursday, or a "Threes-Day," if you will.





Willow Peck

Natalie Watkins, Charlotte Crowley, Gracie Guthrie.



District Schools Now Mask Optional

In February, the Bethel Park Board of School Directors updated its health and safety plan and no longer mandates universal mask wearing for students and staff inside district facilities.

The decision to revise the Health & Safety Plan came in response to the Allegheny County Health Department's announcement that it will no longer publicly announce transmission rate data. **Dr. Debra Bogen**, director of the ACHD, explained that the increased availability of at-home testing has caused a significant decline in the number of people reporting to local health authorities.

"For the Health Department, this means that we do not and will not have complete data on cases," she said. "Furthermore, limited data may be biased based on who uses community or

laboratory testing versus at-home testing."
According to Dr. Bogen, the ACHD will instead rely on different metrics to monitor community risk, including hospitalizations, emergency room admissions, deaths, and wastewater

Dr. Bogen also acknowledged that county, state, and national data all point to a significant drop-off in COVID-19 transmission rates. "Right now, all of the indicators are headed in the right direction — that is, they're declining," she said during her Feb. 16 news conference announcing the procedural changes.

"We had a dramatic rapid increase in cases in December, followed by a plateau in cases early to mid-January, and are now starting to see a significant decline in cases," said Dr. Bogen.

Dr. Bogen's observations are in line with the trends Bethel Park has seen amongst its students and staff. In March, the most current complete data set available for total caseloads, Bethel Park saw fewer than 15 total cases of COVID-19. Comparatively, Bethel Park's case count stood at 116 new active cases from January 11-17.

Great Alumni Hall of Fame 2022 Induction Ceremony

Bethel Park High School reprised its annual Great Alumni Hall of Fame

induction ceremony in late March by welcoming five new members including a local philanthropist, a pair of successful executives, a decorated fire chief, and

a nationally-renowned pediatrician.

Scott Beynon ('78) was a kind-hearted, exceptionally helpful, honest person that would do anything for the citizens of Bethel Park. Scott saw the best in people and created opportunities for many students who desired to enter the auto mechanic trades. A staple in the Bethel Park community, Scott embodied the values of this community and represented what makes living in Bethel Park so special. Scott's legacy of integrity, hard work, and selflessness continues at Beynon's Service Center and through an annual scholarship given to a student



pursuing the trades.

Jeffery Keisling ('75) has served as an executive for three Fortune 250 global biopharmaceutical companies, serving as Senior Vice President of Business Technology and Chief Information Officer at Pfizer. He was responsible for the transformation of Pfizer's IT Organization. Jeff has organized, chaired, and operated numerous campaigns raising millions of dollars for charity. As an advocate for STEM education for women and minorities, he provided students with opportunities for internships and created hiring programs that resulted in a 50% hiring of those candidates

Daniel Moore ('67) has been a committed firefighter all his life,

starting in 1971 for the Bethel Park Volunteer Fire Company and elevating to the rank of Fire Chief. He was an essential part of The Municipality of Bethel Park for 42 years, serving as the borough's Master Mechanic. Daniel maintained and repaired fire trucks, salt trucks, police cars, and ambulances. He has received two Bethel Park Firefighter Medals of Honor for saving numerous lives including both firefighters and citizens. After moving to North Carolina, he received the Calabash Fire Fighter of the Year Award in 2017 and 2018.



Dr. Manika Turnbull ('95) served in several leadership roles in human resources for health care service corporations, including Divisional Senior Vice President of Compensation, Diversity, Equity and Inclusion, Workforce Experience, and Chief Officer for Blue Cross and Blue Shield of Illinois. A graduate of James Madison University, she was captain of her NCAA Division I women's basketball team. She received a master's degree and Ph.D. from The

Chicago School of Professional Psychology, became an adjunct professor, and earned the 2016
Distinguished Alumni Award. Dr. Turnbull also holds the distinction of being the first woman of color to be inducted into Bethel Park's Alumni Hall of Fame.

Dr. Albert Wolf ('87) earned a BS at Harvard and an MD from the University of Pittsburgh. He co-founded Kids Plus Pediatrics, a Pittsburgh-based practice nationally-renowned for excellence in clinical care and innovation in patient engagement. He also co-founded the National Breastfeeding

Center, helping pediatricians integrate breastfeeding services into their practices. He served

as Treasurer of the Board of Directors for the International Lactation Consultant Association, and as a Clinical Assistant Professor of Pediatrics at the University of Pittsburgh.

The Bethel Park Great Alumni Hall of Fame was founded in 2013 to recognize and honor Bethel Park High School alumni who have demonstrated outstanding accomplishments either personally or professionally. Honorees are selected because they either significantly improved the lives of others, contributed significant volunteer or community service, or achieved significant advancement in their

professional field.

"We are always excited to welcome back our distinguished alumni and recognize them for all they have accomplished," said Bethel Park High School principal, **Joseph Villani**. "This group of Alumni Hall of Fame inductees represent the best in character, charity, and accomplishments in both their personal and professional lives; and they embody our recently adopted school motto of, 'Built on tradition, focused on the future.'"

This year's ceremony was moved from January to March to coincide with the National Honor Society's (NHS) induction ceremony, which was moved up from May. The honoree's were each asked to offer a few words

of advice to this year's NHS class.

"We wanted to pair this program with the NHS induction ceremony because the qualifications for each program align closely," said Villani. "It is an incredible opportunity for our current students to hear directly from those who preceded them as they reflect on what qualities it took for them to reach their goals. It is really special because the alumni have sat in the same seats and come from the same community."

The inductees were each presented with a copy of the plaques now on display in the lobby, as well as a Great Alumni Hall of Fame medal and pin.

More information on the Alumni Hall of Fame, and how you can nominate a candidate, can be found on the district's website. Nominations are due by Dec. 1.



Bethel Park Alum ('18), Fischer Awarded Super Bowl Tickets

Corey Fischer, a senior at Waynesburg University and a Bethel Park alumnus ('18), is battling Ewing's sarcoma, a rare type of cancer that occurs in bones or in the soft tissue around the bones.

Corey, a pitcher on the Yellow Jackets baseball team, felt tenderness below his waste and thought that he had perhaps pulled his groin or suffered a hip flexor. However, after the pain failed

to subside, more tests, including an MRI, revealed that it was a significantly more serious issue. "The MRI showed a shadow that was 7 ½ inches on the pelvis and I remember thinking at that time, 'Well, that's not good,'" he said.

Fischer and his medical team have been aggressively battling the disease. The year-long protocol, which began in the fall, has included multiple rounds of chemotherapy and radiation treatment. His medical team, including his oncologist, is very encouraged with how well his body has responded. "The pain and swelling are basically gone," he said. "Now, it's just a matter of dealing with the pain I am dealing with as a result of the treatment I'm receiving."

In February, some of his hard work was rewarded when none other than TJ Watt, the

2022 NFL defensive player of the year, surprised Fischer with a virtual greeting and a pair of tickets to SoFi Stadium for Super Bowl LVI. Corey and his father Scot watched the Los Angeles Rams come from behind to edge the Cincinnati Bengals in a thriller, 23-20.

Also, the families and staff at Abraham Lincoln Elementary School recently held a collection in each class called, "Coins for Corey." The school collected an impressive \$3,550, which was recently donated to the family. Mrs. Kriss Strotz's fourth grade classroom collected the most money and earned a pizza party from the school's PTO.



Corey Fischer

Father and Daughter Enjoying Unexpected Time Together as Substitute Teachers at BPSD

With teacher absences mounting everywhere as a result of the pandemic and substitutes in short supply, schools are having to be more resourceful than ever in finding substitute teachers.

All around the country, substitute teachers are coming from non-traditional backgrounds, such as former police officers, small business owners, parents, accountants, retired airline pilots, and recent college graduates - all willing to help educate students during a very difficult time.

States all across the US, including Pennsylvania, have steadily loosened restrictions to give schools more flexibility on hiring substitute teachers as coronavirus exposures, illness, and quarantines add to strains on schools that also have been forced to tap librarians, administrators and other support staff to help cover classrooms



during the pandemic. Schools are also always looking for paraprofessionals and school

At Bethel Park, one particular father and daughter have stepped up and caught everyone's attention. Since January, **Mark King** and his daughter, **Ava** have been serving as regular substitute teachers at Bethel Park High School. They have taught a myriad of different subject matters including Special Education, Economics, Math, Civics, and other subject areas as needed.

According to Ava, who graduated in December with a Biology degree from the University of Miami (Fla.), and who plans to pursue a career in medicine, that variety has been a part of the appeal. "It has been a really interesting challenge to constantly be working with different students and in different subject areas," she said.

King, who is the granddaughter of former acting Superintendent, Dr. Joseph C. Dimperio, also worked for the district in a variety of capacities over the summer including as a tutor and as a teacher in the summer remediation program.

"My grandfather just spoke so highly of his brief time at Bethel Park and the special people here and I'd have to agree with him," she said. "Everyone has just been so helpful and kind and I sincerely appreciate it.

Ava's father, Mark King, is a United States Air Force Academy alumnus and a recently retired American Airlines pilot. Ava marvels at how this job has brought them back together. "We are just at such different points in our lives and it is an absolute blessing to be able to share this special experience together every day," she said.

High School Principal Joe Villani said that the King's have been a wonderful addition but are hardly unique.

Spring Into Kindergarten

Bethel Park parents have been enrolling their children in kindergarten for next school year without stepping foot on any of our campuses. That early registration process helps ensure a spot at your child's school and it helps the school district

On May 17, as part of the district's "Spring into Kindergarten" event, parents will bring their students to Neil Armstrong Middle School for a screening on a variety of kindergarten readiness skills including letter recognition, number identification, and shape differentiation. Then, on June 6, each building will hold its own orientation for incoming kindergarten families.

Kindergartners will get to experience a school bus for the first time, and they will be able to meet their teachers and school staff. Kindergartners will also be provided with a welcome bag complete with learning materials, an activities calendar, and other goodies.



FOLLOW THE BETHEL PARK SCHOOL DISTRICT ON SOCIAL MEDIA

You can stay up-to-date with the Bethel Park School District by following us on Twitter, LinkedIn, Instagram and Facebook!

Go to @bpsd.info on Twitter or "Bethel Park School District" on Facebook, LinkedIn and Instagram to keep up with the latest happenings!

Black History Month at Bethel Park

To honor Black History Month throughout February, Bethel Park School District celebrated African-American history through music, literature, interactive lessons, presentations, and more.

Teachers throughout the district created displays and led lessons on the importance of understanding Black History. There were too many examples of wonderful teaching to list in one article but some of the highlights included some very innovative approaches to a very important issue: understanding an important part of our collective past.

As Neil Armstrong Middle School teacher, Brian Blanc explained, "Black history is American history and if we can all agree that American history is very important to learn, you can't really do that without also learning about Black history."

Blanc's students created a display featuring artifacts of some of their favorite African-American historical figures that ranged from famous African-Americans like **Barack Obama** and Dr. Martin Luther King, Jr., to lesser-known individuals like Benjamin O. Davis, the first Black General in the US Army.

The elementary music and art teachers spent the month incorporating Black history into their classes. For example, art teacher Mrs. Kelly Eckert-Graffam led projects based on Black artists such as Romare Bearden and Lois Mailou

Mr. Steve Bruno and Mrs. Katie Johnson also integrated Black history into their lessons. According to Mrs. Johnson, her classes are always experiencing music in different ways. 'It is important to contextualize art and occasions like Black History Month provide the perfect vehicle for those types of lessons," she said.

Johnson's fourth graders made some curricular connections to the Underground Railroad through the song "Follow the

Drinking Gourd," and then added an ostinato to the song using xylophones.

Third and fourth grade students also discussed what constitutes a "protest song," and how music restores hope, facilitates change, and creates a sense of unity. They learned about the



song, "We Shall Overcome" and other historically significant

Franklin Elementary teacher, Mrs. Jessica Mahoney, shared a litany of resources with her students' families and colleagues. William Penn Elementary displayed ageappropriate books for its students to check out. Schools also used *Dreamer's Hall* on the S.T.A.N.D. staff Schoology page. It featured dreamers like Bessie Coleman, the first African-American and Native American woman to earn her international pilot's license.

Kindergarten students in Mrs. Liz Maidman's class at Abraham Lincoln Elementary drew pictures and wrote letters to Ruby Bridges, who, as a six-year-old, the same age as most of Mrs. Maidman's students, bravely became the first African-American child to child to desegregate the all-white William Frantz Elementary School in Louisiana during the

New Orleans school desegregation crisis on Nov. 14, 1960.

"This is not ancient history," said Mrs. Maideman. "Many of these students' grandparents were alive — and perhaps even older than Mrs. Bridges Hall was at the time - when we were still in the process of desegregating our schools. I think it's very important that our students know that.'

Two BPHS Students Named National Merit Scholarship Finalists

Two Bethel Park High School students have been named finalists in the 2022 National Merit Scholarship Program.

Seniors Oluwatoyosi Egbebi and Lily Gaston are each candidates for a merit scholarship to be awarded later this

The prestigious scholarship is given based on test scores and other qualifications.

The process begins when students take their PSAT as a junior in high school to qualify for the recognition. Approximately 34,000 students are then chosen as Commended scholars based on those scores.

In their senior year, 16,000 exceptional students are notified that they are semifinalists. At the end of this winter 2022, approximately 95 percent of the semifinalists were notified by mail that they had become

finalists. Starting in April 2022, and continuing into May, approximately 7,500 students will be notified that they have been chosen for a Merit Scholarship.

Oluwatoyosi Egbebi and Lily Gaston

Portraits of everyone recognized by the National Merit Scholarship program in a given year adorn the wall of the student cafeteria, along with the names of past honorees.

"I distinctly remember looking up at all of those smiling faces on the wall when I was a freshman and thinking to myself, 'You know, I think I'd like to be up there one day, too," said Egbebi, who also competes on the girls tennis team. "It certainly wasn't easy and it took a lot of hard work but fast forward four years and here I am.'

Gaston, who starred on the girls soccer team and performs in the chamber orchestra, echoed Egbebi's sentiments. "It's just a huge honor and very exciting news for me and my family," she said. "I cannot stress enough how grateful I am for all of the support I have received over the years from my family as well as my teachers.'

Superintendent of Schools **Dr. James Walsh** said, "As a District, we are obviously all very proud of Lily and Toyosi," he said. "They represent the very best of what Bethel Park has to offer and are emblematic of the wonderful work happening throughout our schools every single day."

High school principal, **Joseph Villani** added, "Congratulations to both Lily and Toyosi for this prestigious recognition," he said. "While this award is based on the performance of the PSAT exam, it really speaks to the endless effort and dedication they have put to their studies while at Bethel Park High School. In addition to their phenomenal academic success, these young ladies have also exceled in athletics, the arts and in other extracurricular activities. Toyosi and Lily truly embody what it means to be a Bethel Park High School student and we could not be prouder of all their accomplishments.'

Gaston will head to Johns Hopkins University in the fall while Egbebi has not yet made her college selection. They are the 161st and 162nd Bethel Park students to be so honored.



Each Wednesday, throughout March and April, Bethel Park High School held its LEAD (Learning Enrichment and Activity Days) Initiative. The once per week, 47-minute sessions gave students the rare opportunity to study non-traditional subjects like the science behind making cotton candy, coding (Raspberry Pi), the STEAM behind beekeeping, chess strategies and countless others.

The district also offered a lecture series during that period and those discussions covered a wide array of topics ranging from future planning to motivational speaking and more.

Students who are scheduled to take the AP exams in May also had the opportunity to gain extra prep time for those tests through study sessions called, AP Jam Sessions, in which the students were able to get in-school tutoring from their AP teachers as well as roundtable discussions with their peers.

High School principal, Joseph Villani said the push to bring the LEAD Initiative to Bethel Park came as a result of the feedback they received from surveys of last year's graduating seniors.

"We asked students how we could have made their high school experience more enriching and over and over again we heard them saying that they wished they had the time and opportunity to explore more areas," he said. "It prompted us to reflect on our daily expectations and ways to become less rigid in our defined schedule."

According to Villani, the program is ultimately about student voice and student choice.

'LEAD provides students with a chance to access opportunities they might not get in the traditional curriculum and to create meaningful experiences with their peers and teachers that differs from the traditional classroom setting," he said. "This program gives our kids a sense of ownership in their education before they head off to college or take the next step in their journey.

Villani also said one unexpected benefit of the program, whose sessions are decided by teachers and students, allows the students to see a different side of their teachers and provides the teachers with a different perspective of their students as well.

According to Villani, the excitement is not limited to just his

students. He said the LEAD has also energized his staff and provided them with an opportunity to engage students both in and beyond their respective subject areas.

"LEAD seems different and it is, but it really comes down to talented and dedicated teachers finding new ways to connect with their students," he said. "We are blessed with a lot of passionate professionals who consistently give their



all to students and this program is just the most recent example of their commitment," he said.

Bethel Park High School Students Get Ready for First Traditional Prom in Three Years



For the first time since before the pandemic, Bethel Park High School is preparing to hold its annual senior prom in a traditional space and with familiar protocols. The 2022 Bethel Park High School Senior Prom will run from 7 p.m. to 11 p.m., on Friday, May 20, 2022, at the Wyndham Grand Pittsburgh Hotel,

That is in stark contrast to last year's event, which was held at the Hyatt Regency Pittsburgh International Airport and came with all kinds of mitigation strategies that included mandatory maskwearing, social distancing as well as frequent breaks and rotations, among others. In 2020, the school did not have a prom, due to the pandemic.

This year's event, which will not require masking or social distancing, promises to be a more

Teacher Alicia Pacek, who serves as the prom's sponsor, is very excited to get back to a more

'After almost two full years of disruptions and disappointments for our high school students, we are optimistic that this year's event will finally bring back a sense of normality," she said. "It is our sincere expectation that this year's prom will usher in a new era of hope, which should give our students a tremendous boost as they head down the stretch of the school year.

Cinderella Enchants Audiences



For a few nights in March, before the clock finally struck midnight, the impossible briefly seemed possible as Bethel Park High School brought to life their enchanting production of Rodgers & Hammerstein's "Cinderella."

The auditorium, once dark and bare, was transformed into a magical wonderland replete with shimmering stars and a glimmering moon, in which wishes and dreams were destined to become reality. Along the way, the audience was transported into a magical world with

prancing steeds, a golden carriage, dazzling gowns, and of course one very famous glass slipper.

Originally developed for television audiences and adapted for the stage in 1957, the show tells the classic tale of Cinderella, a beautiful and tender-hearted girl, who, after her father's tragic death, is trapped within an unloving stepfamily. While confined by her evil stepmother and stepsisters, she dreams of attending a ball and meeting a prince. Luckily, with the help of a fairy godmother, pumpkin, and a few mischievous mice, her wishes ultimately came true.

Through some genuinely impressive acting and charming vocals, the casts – Bethel Park ran two separate productions of the show – brought the fantastical world of "Cinderella" to life. Not only did the students' vocals dance across the auditorium, the costumes, lighting, and sets also contributed to the show's enchanting quality.

In addition to the gorgeous set design and lighting elements that set the mood, the choreography was remarkable. Throughout the performance, the ensembles seamlessly performed a series of twirls, lifts, and waltz choreography and consistently made very challenging moves look effortless, and thus, left feelings of pure love in the audience.

The show's director, **Todd Kuczawa**, said he chose "Cinderella" in part because he wanted to do a full-size production after performing a smaller

"We were looking to perform a musical that utilized our fine student band and orchestra musicians, would challenge our excellent stage crew, could take a full-size ensemble, and had numerous roles for both males and females," he said. "Cinderella just kind of checked all of those boxes and I think our students enjoyed performing the show just as much as the audiences appreciated watching it."

Camp Invention, July 18-22

This summer, from July 18-22, 2022, Bethel Park School District will host

Camp Invention at Neil Armstrong Middle School (5800 Murray Ave., Bethel Park, PA 15102).

The nationally acclaimed summer STEM program, which is part of the National Inventors Hall of Fame (NIHF), teaches kids in grades K-6 how to develop skills like persistence, confidence, creativity, and problem-solving. Some of the invention modules this year include Robotic Aquatics, Spacecation, NIHF's The Attic, and the Marble Arcade.

Camp Invention will run daily from 9 a.m. until 3:30 p.m. The cost of the five-day camp is \$255. For an extra \$80, Camp Invention is also offering an Extended Day experience that will run from 7:30 a.m. to 5:30 p.m. each day. The promo code for a \$15 discount is **EXPLORE15**. Discounts are available for siblings: get \$30 off of two siblings with code **SIBLOVE30** and \$40 off for three siblings with code **SIBLOVE40**.

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THIS SUMMER!

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To learn more about the program or register, visit invent.org/camp or you can call 1-800-968-4332.

National Honor Society Welcomes 83 New Members

The Bethel Park High School Chapter of the National Honor Society inducted 83 new members, including five seniors, 14 juniors and 64 sophomores, at a ceremony that was held on Thursday, March 24, 2022, in the Bethel Park High School auditorium.

To be eligible for induction, students had to have a 3.85 cumulative GPA, perform a minimum of 25 hours of community service over the course of one year prior to induction, demonstrate leadership and submit a letter of recommendation from Bethel Park High School faculty. Applicants were also asked to write an essay on a time when their character was challenged, which was reviewed by the NHS Faculty Council.

Participating in the Induction Ceremony were seniors Nicholas Como, Kelton Kramer, Janel Nguyen, Kaitlyn Wiard and Theodore Wicker.

The junior class inductees included Diksha Adhikari, Leah Armstrong, Alayna Banks, Mary Boff, Kelsey Caldwell, Aidan Campbell, Jasper Harter-Hughes, Ashley Heath, Ella Huebner, Haiden Hunter, Anna Marie Lorenzi, Penelope Pandolfo, Madison Skaris and Elliana Stranko.

Sophomores Ava Arnold, Samuel Basile, Kaitlyn Becker, Julia

Benlock, Emma Burke, Logan Burke, Alexandra Burt, Arabella Cicero, Bryce Clancy, Faith Clunan, Meghan DeHaven, Alexis Dorfner, Samantha Downing, William Eliopoulos, Katherine Erfort, Henry Gaston, Kendra Gibbons. Rebecca Gillenberger, Jesse Haefner, Ella Harmon, Lucas Hertzel, Ethan Hrycko, Megan



Huwe, Ryland Jones, Hersh Kambli, Anthony Karner, Tyler Kellgren, Brooke Kessler, Savana Knauff, Tyler Kramer, Amber Kuss, Jenna Lang, Dylan Lawton, Lidia Lorenzi, April Lucidore, Danielle Mack, Michael Mathias, Lupe McElvenny, Micailla Metz, Grace Mowl, Luke Myers, Parker Nelson, Katie Peterson, Margaret Pivetz, Delaney Puskas, Cassandra Robinson, Meghan Rodgers, Madelyn Sams, Lacie Scheidler, Grace Skalniak, Alexander Smaroff, Emma Smith, Lily Spence, Isabella Stasik, Ava Swetoha, Alexandra Tekulve, Emma Thimons, Ryan Tierney, Nathan Tietz, Vanessa Troxell, Megan Turske, Angelina Velisaris, Makenzie Wade and Elena Wassil were also inducted.

Speaking on the four pillars of the National Honor Society were seniors **Willow Hernishin**, who spoke on Character; **Keelan Donovan**, Scholarship; **Lily Gaston**, Leadership and **Jeon Varghese**, Service. Donovan, the president of NHS, also encouraged this year's inductees to see opportunity in all of their choices.

Bethel Park High School Principal, **Mr. Joseph Villani** considers NHS Induction one of the most important dates on the academic calendar.

"We are very proud to welcome this year's induction class and to recognize their accomplishments in academics, leadership and community service," said Villani. "In attaining this recognition, these students have established themselves as an excellent example of what our students are capable of achieving. We look forward to following their continued progress here at Bethel Park High School."

This year's induction ceremony was immediately preceded by the 2022 Great Alumni Hall of Fame Induction ceremony. The honorees each shared a few brief words of wisdom and encouragement with the students and spoke a little bit about their own respective journeys.

Bethel Park High School Science Teacher, Mr. Sean O'Brien is the Faculty Advisor to the National Honor Society.

Black Hawks Football Team to be the Subject of a Mini-Doc

In January, the Bethel Park high school football team made national

news when a tweet by coach **Brian De Lallo** encouraging his student-athletes to skip their scheduled workout and instead shovel the driveways of their neighbors, especially their

elderly or disabled neighbors.

It was not a new message from Coach De Lallo. In fact, it is something of the longstanding Bethel Park tradition. Still, before long, Bethel Park players and coaches were appearing on local and national television shows like "Fox & Friends" and "Morning Express with Robin Meade." They were also the subject of glowing writeups and editorials by news outlets throughout the country including the Pittsburgh Post-Gazette, the Tribune-Review and the Washington Post among others.

All that media coverage eventually caught the attention of a Los Angeles-based production company called, Indigenous Media, which had been shooting a series of mini-documentaries on behalf of a financial services company about neighbors

helping neighbors.

For four days in March, a large film crew descended on Bethel Park to film Coach De Lallo and his players as they went about their business and to talk to them about the culture of the football program and how it

fits into the school community and the municipality at large. The crew shot footage of the school and even followed the football team to Bethel Park Lions Club Park to capture part of their annual spring cleanup.

De Lallo admits to being a bit taken aback at first over garnering so much attention for simply continuing to do the right thing. He now, however, sees it as a great way to demonstrate to the community the character of the young men on his team and to teach

his players just how far one simple kind gesture can make in peoples' lives

"I tell our kids all the time that Bethel Park is a special place in which to live and go to school, and to work," said De Lallo. "I am so excited for a broader audience to experience that for the first time and for some of the people who live here or work here to be reminded of it.'

The documentary is expected to air sometime this summer.



Ellis Island Lesson at Lincoln

Students in Mrs. Patti Esposito's third grade class at Lincoln

Elementary School are studying Ellis Island as a way to explore their own familial histories while also learning about a very important part of American history, our melting pot

The students wrote a newsletter about themselves in which they relayed stories about their relatives and ancestors. They also drew flags representing their heritage and made mock passports. Finally, the students spoke to their classmates about their families' respective pasts, along with the favorite foods of their relatives' or ancestors' homelands and other culture-specific celebrations and traditions.

According to Mrs. Esposito, her student-teacher, Miss Jessica Falco, from Duquesne University, did a remarkable job helping to organize the event. "It was a wonderful lesson for our students and a great opportunity to learn about their own families," she

said. "Miss Falco really did a terrific job of helping to pull it all together."



Battle of the Books 2022

Student teams of up to six competitors, all dressed in literarythemed uniforms, recently participated in the 2022 Neil Armstrong Middle School Battle of the Books.

Each of the 28 competing teams of fifth and sixth grade students were required to answer questions from the books, "Who Was Blackbeard?" by James Buckley, Jr.; "The Great Treehouse War," by Lisa Graff; "I Survived the American Revolution," by Lauren Tarshis; and "The Last Kid on Earth," by Max Brallier.

The competition had three parts - poster, costume, and trivia - and a fun night was had by all. The creativity for the posters and costumes was incredible and all teams did extraordinarily well with the trivia competition.

Congratulations to everyone who competed!



Poster competition:

1st place: Paragraph Penguins 2nd place: FBI (Federal Book Investigators)

3rd place: Winged Readers

Costume Competition:

1st place: Royal Readers 2nd place: Blast from the Past

3rd place (3-way tie): Book Dragons, It's a Hardback Life, Robed

Readers

Trivia Competition:

1st place: The Robed Readers 2nd place: The SMARTies

3rd place (tie): Paragraph Penguins, Queen Coral Book Club

Bethel Park Named Among Top 100 Small Cities with Top Schools by Dwellics.com

Dwellics, which offers U.S. city data and personalized advice on where to move, has unveiled its 2022 list of the Top 100 Most Affordable Cities with Top Schools. Bethel Park was ranked number 84.

Dwellics analyzed financial and educational data on more than 50,000 U.S. cities to compile



the report. Considerations include taxes, average teacher

salary, teacher to student ratio, number of blue-ribbon schools and the cost of childcare, housing and living index. Student

proficiency in math, reading, and language arts was also taken into consideration.

Bethel Park was one of seven Western Pennsylvania communities to make the list. The others included: Upper St. Clair, Mt. Lebanon, Hampton, Allison Park, Pine and McCandless.

Nationally, the top five spots went to Solon, Ohio, Blacksburg, Virginia, Wyoming, Ohio, Madeira, Ohio, and Ann Arbor, Michigan.



District Adopts 2022-2023 Academic Calendar

The Bethel Park School Board voted unanimously at its Feb. 22, 2022 meeting to adopt a calendar for the 2022-2023 school year. Next school year will begin on

Thursday, Aug. 25, 2022 and will end on Tuesday, June 6, 2023. The outdoor graduation ceremony is scheduled to be held at Black Hawk Stadium at 6:30 p.m. on Thursday, June 8, 2023. In the event of inclement weather, that ceremony could be rescheduled for the same time on Friday, June 9 or Saturday, June 10, 2023.



Some other highlights include:

- Fall Break will run from Nov. 24-28, 2022, with students and staff returning to school on Tuesday, Nov. 29, 2022.
- Winter Break will run from Dec. 23-30, 2022, with students
- and staff returning to school on **Monday, Jan. 2, 2023.** Spring Break will run from **April 6-10, 2023**, with students and staff returning to school on Tuesday, April 11, 2023.

Other days off for students and staff include Monday, Sept. 5, 2022 (Labor Day), Monday, Feb. 20, 2023 (Presidents Day), and Monday, May 29 (Memorial Day).

Staff Development days *(In-Service)* will be held on **Aug. 22-23,** 2022, Tuesday, Nov. 8, Tuesday, Jan. 17, 2023, Tuesday, Feb. 21, and Tuesday, May 16. Records Days (no school for students) are slated for Wednesday, Aug 24, 2022, Friday, Oct. 28, Monday, Jan. 16, 2023, Monday, March 27, and Wednesday, June 7. Additionally, there will be scheduled two-hour delays for staff development on Thursday, Sept. 29, 2022, Thursday, Feb. 2, 2023, and Tuesday, April 11.

The Make-Up Days, in the event of an unexpected day off are slated for (in no particular order), Dec. 23, 2022, April 6, 2023, April 10, June 7 and June 8. Bethel Park will also continue to consider its remote learning options in the event of an unforeseen occurrence or

emergency.

Bethel Park's Hertzel Excels at 2022 PHSSL Competition



Lucas Hertzel, a sophomore at Bethel Park High School who competes on the forensic team, recently took second place in the PHSSL (Pennsylvania High School Speech League) state competition in the Lincoln-Douglas Debate event held virtually in March.

Lincoln-Douglas debate (more commonly referred to as LD) is a competitive speaking activity that involves two debaters arguing for and against a resolution that is selected by the NFL (National Forensics League) and voted on by coaches. The format is meant to honor the famous debate series between Abraham Lincoln and Stephen Douglas in the run-up to the 1858 Illinois Senate Race.

Although the exact format of the debates was slightly different than the Lincoln-Douglas of today *(back* then the first speaker spoke for 60 minutes, the second had a 90-minute rebuttal, and then the first speaker had a 30-minute rebuttal/time for closing arguments) the adversarial nature of the debates was

Today, somewhat like the old debates, LD focuses on the conflicting values of social and philosophical issues, for example, by examining questions of morality, justice, democracy, etc. Typically, LD debates concern themselves with deciding whether or not certain actions, or states of affairs, are good or bad, right or wrong, moral or immoral.

Hertzel's topic was to resolve whether, in a democracy, a free press ought to prioritize objectivity over advocacy?

Ms. Christine Robb, who is the team's coach, is understandably proud of her young pupil. "Lucas is a very bright young man and it's a joy watching him prepare for the event and then to compete with such poise and command," she said.

Hertzel, who was competing at the state level for the first time, is very grateful for the experience. "I am definitely proud of the accomplishment but I obviously would have rather come in first place than second place," he said. "Still, it was such a good learning experience and so much fun to be a part of; I am excited to build on it," he said.

BPHS DECA Students Develop Timer Pill Bottle

A trio of Bethel Park High School DECA students have created a device that they maintain will help people take opioid medication with less risk and has the potential to improve how medications administered to patients with Alzheimer's Disease or other forms of dementia.

Juniors Grace Demira, Dom DePasquale and Jack Molli created the project as part of the state DECA competition in Hershey in February and they've been invited to present it at the national competition in Atlanta later this spring. The competition, Independent Business Plan (Entrepreneurship Category) also required a 20-page paper and a 15minute multimedia presentation.

Demira said that she and her classmates knew going in that they wanted to focus on

something that helped people. While preparing for the competition, she and her teammates began to turn their focus on the very serious but fairly common issue of overmedication. Her research ultimately turned up an idea that featured a pill bottle that had basic safety features but was otherwise pretty spartan.

"We knew right away that the basic idea of a bottle with safety features was good and that it would definitely help people," she said. "We just wanted come up with something that was a little more sophisticated and which would take the entire concept to a whole new

The Bethel Park High School DECA students' device is locked with a programassigned time interval to dispense the

proper amount of medication at the optimal times. It will not open before the assigned time has been reached. Once the green indicator light comes on, and the pill has been dispensed, the patient can then safely take his or her medication.

From there, by the nature of the assignment, they were required to develop a business case for the device. The students quickly elected to research the areas of the country that have been hardest hit by the opioid epidemic.

The competition requires that you project your sales and our research indicated that the highest opioid-related death rates per capita were in Maryland, New Hampshire and West Virginia; so those were the states that we targeted," said DePasquale.

The students also knew that they needed to visually demonstrate how their device might function and they knew just where to turn.

"We asked some of the students in Mr. (John) Oluszak's CAD class make us a prototype device and they did an amazing job," said Molli.
Seniors **Grant Calhoun** and **Alex Markunas** developed the prototype device with a 3D

printer through a program called, Onshape.

Markunas estimated that the entire pill bottle prototype project took approximately 11 hours to complete. As Calhoun explained, "3D printers are amazing, but they only give you a rough shape," he said. "From there, the real work comes in refining it to meet your needs.

Mr. Daniel Oldak, a supply chain major at Duquesne, served as a mentor to the group and the students said his advice both on the device itself as well as how to market it, was extremely beneficial throughout the entire process.

"Dan was a wonderful resource for us throughout this project," said DePasquale. "At times, it almost felt like he was our fourth team member and we are very appreciative of his efforts.'



(from left): Jack Molli, Dom DePasquale and

Bethel Park Students Work on Complex STEAM-Releated Challenges at Eaton Corp

Bethel Park High School students recently joined their counterparts from Upper St. Clair to work on STEAM (Science, Technology, Engineering, Art and Mathematics) presentations at Eaton Corporation in Moon Township, Pa.

The challenging curriculum, a blend of theory and practical application, teaches students to resolve STEAM problems with human-centered design solutions.

Groups were paired with an Eaton corporate contact, who presented the problem and met with students on a bi-weekly basis to discuss their creative problem-solving process.

These aren't your father's science or math equations. The Bethel Park teams focused on green initiatives, including ways to reduce household power consumption, electric vehicle management and the development of a remote overhead breaker switch system.

Household Power Reduction:

Jameson Myers and Max James researched different ways to reduce power consumption in homes. That included creating a tiered system to help consumers make decisions about how to best spend their money to save energy and money with electrical devices in their home.

Electric Vehicle Fleet Manager:

Grace Passios, Owen Dale, and Ryan Tierney developed a system to manage Eaton's 10 stall EV charging station that is currently in development. That project included creating an app that would allow drivers to make sure their vehicles are charged when they are needed.

Remote Overhead Breaker Switch System:

Aidan Allridge, Evan Manion, and Kyle Gurganus developed a system for Eaton Corporation to use in the manufacturing facilities that allows maintenance, environmental, and management professionals to safely switch overhead breakers on and off as well as monitor power consumption. They developed an app and system to address that challenge.

Mr. Brad Kszastowski, who teaches Computer Integrated Manufacturing and who advised the students on their projects, loves the project for what it represents and how well it complements his class.

'This class is so beneficial to our students because it teaches them how to solve complex challenges in a number of different ways," said Kszastowski. "The Eaton project just allows them to demonstrate those skills in a corporate setting and rather than to just do projects to earn a grade.



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May 2022

Bethel Park Native, Brucker ('05), Talks Dog Mushing to Franklin



In March, as part of their lesson on Alaska's world-renowned Iditarod Trail Sled Dog Race, third grade students at Benjamin Franklin Elementary School had the unique opportunity to speak with a real live dog musher, who just so happens to be from Bethel Park.

Scott Brucker (BPHS, '05), spoke at length to the students about his personal journey from suburban Pittsburgh to the wilds of the Yukon Territory, how he became involved with mushing, and what it means to raise and care for sled dogs.

"Honestly, I knew nothing about Alaska and shared no real interest in it, other than the idea that it sounded crazy and it was something none of my friends back home were doing," he said.

Fate, however, sometimes has a way of intervening and creating a path for us that we never would have otherwise imagined for ourselves. While teaching in Alaska, Brucker got to know some people there who raised sled dogs and he too took an interest in it. Several years later, he now runs a full-fledged mushing operation that includes 17 sled dogs. Unlike the dogs raised for the approximately 1,000-mile Iditarod, however, Brucker's comparatively smaller dogs are raised for

Brucker, who still teaches as well, talked about the logistics of his large-scale operation including things as rudimentary as feeding 17 hungry dogs every day.

"How I feed my dogs might be a little different than how you feed dogs back home. You go to the store, and you might buy pet food," he said. "With as many dogs as I have to feed, I would run out of money really fast. My dogs would eat about 50 or 60 bucks worth of kibble in a day. I can't afford that."

Brucker then spoke about the importance of fishing in keeping his operation afloat, even when the waters begin to freeze up in mid-October through April.

"I've seen 72 below, and that's the ambient air temperature, not just the wind chill," Brucker said. "That is the actual temperature."

Still, according to Brucker, the climate is not among his primary concerns. Rather, his chief worry is wildlife, particularly moose. "You (students) probably think the most dangerous things in Alaska are wolves or bears, but it's actually moose," he warned. "Moose kill more people than bears and wolves do each year.

"Moose are immensely tall and aggressive," Bucker continued. "You stop the dog team, and that moose thinks they are wolves – which are their natural enemy. And they will charge and they will stomp everything in sight. Believe me, they are capable of killing your dogs...and you too!" "Moose are never a welcome site to any musher."

Teachers Lindsay Crowley, Laura Glomb, and Erin St. John also each had their students read a poem about four-time Iditarod winner, Susan Butcher. The students also read Butcher's biography, written by her husband, and "Balto and the Great Race," which is about the event's amazing

To help their students maintain interest in the event, the teachers had their students select a musher to track throughout the race. Each day, students would check on the website and record which checkpoints their musher had made it to that day.

This year's winner was Minnesota native Brent Sass. It was the first Iditarod victory for the veteran musher, who had been shut out of the win column in six previous tries.

Hard Work Pays Off with Annie Jr.

Months of hard work, dedication and determination paid off with a sterling production of the musical "Annie Jr." by students at Independence Middle School in March.

One of the seminal songs from the musical, "Annie Jr." is called, "It's The Hard Knock Life." The song is sung by "Annie" herself, together with her fellow orphan girls, and is about how poorly the girls are treated by the head of the orphanage, Miss Colleen Hannigan.



The number comes relatively early in the show and it set the tone for an

The show was ambitious and extremely demanding from an acting, singing, and dancing perspective. It required top-level performances from a large number of student-performers and the resulting cast performed well above the typical middle school level.

The junior version of the show included many of the big signature songs from the Broadway show, "Annie," about little girls in a 1930's-era New York City orphanage, but the production was changed just enough to give it a distinctive look, such as Annie having short auburn hair instead of the

Eighth grade student, Sadie Nelson handled the lead role of streetwise, wisecracking Annie with aplomb and the required feistiness, backed up by a talented group of 'orphans', including seventh grade student Francesca Balkovec as Molly. Seventh grader, Sophia Willis made a properly unpleasant Miss Hannigan, with Nathan George (Grade 8) as Daddy Warbucks and Ferlinghetti Harter-Hughes (Grade 8) as President Roosevelt. Broghan Reeder (Grade 8) was a scene-stealer as the disreputable Rooster.

The show, which included a cast and crew of about 60 students, was directed by teachers Mrs. Tricia Quinque, with Mr. Jeff Schilling overseeing the production side of the operation. Ms. Heather Fontana was responsible for the cast's hair and costuming, while the set's art decoration was led by Ms. Nina

NHL and Discover Honor Bethel Park's Schall

Each week during the hockey season, the NHL and Discover feature a youth coach as part of their Exceptional Community Coaches series. In February, they honored Bethel Park teacher and club hockey coach, **Mike Schall** of the Little Penguins at South Hills Area Hockey Association (SHAHA). The Pittsburgh Penguins nominated Schall.

Schall took over the reins of the Bethel Park club hockey program during the pandemic, replacing the legendary Jim McVay, who had won six Penguins Cup titles and five state championships in his two-decade reign as coach of the Black Hawks.

"I'm truly humbled and it's nice to be recognized." Schall said. "But there are many people involved in the SHAHA organization, and we wouldn't be able to do it without all hands onMike Schall

recognizing Schall for his efforts developing players at the youth level, Discover donated \$2,000 to SHAHA.

German Students Excel at Regional Competition

Bethel Park High School German Honors and AP German students claimed five first place, one second place, and three third place awards at the 22nd annual AATG Three Rivers German Day Competition, which was held at Washington & Jefferson College in March. Bethel Park's nine awards were the most of any of the twelve

schools in attendance.
Bethel Park claimed four awards for writing. Senior Willow Hernishin placed second in Poetry Writing with her original German poem "Traumlandschaften" ("Dream Landscapes"). Senior Shelby Yonish won first prize in the Fiction Writing category with her original German short story "Drei donnernde Tiere" ("Three Thundering Animals"). Yonish also earned third place in the Non-Fiction Writing category, which required students to write a simulated email in German explaining why they study the language. Junior Mira Weston

placed first in Non-Fiction Writing. In the art categories, Bethel Park claimed three awards. Senior **Ella** Voskamp took first prize in the Drawings category with her depiction of the development of German soldiers' uniforms throughout history, and freshman **Lily Janus** placed third with her drawing of the mythological creature known as "der Wolpertinger." Senior Kaitlyin Wiard earned

first prize in the Paintings category with her painting depicting the fall of Berlin Wall entitled "Freedom.

Bethel Park earned two awards in the performance categories as well. Junior Jason Turske won the Poetry Recitation competition with his rendition of the Heinz Erhardt poem "Die polyglotte Katze" ("The Polyglot Cat") and the music group consisting of Turske, senior Jacob Burns, sophomores Jack Edner, Bella Logan, Parker Nelson and Jacob Kalegoria and freelymen Erederick Mesh took third place in the Music Kalogeris, and freshman Frederick Mach, took third place in the Music competition with their acoustic version of the song "Royals und Kings" by the German pop group Glasperlenspiel.

This year marked the 16th time in the 22-year history of Three Rivers German Day that Bethel Park finished the competition with the

most awards.

Also, it was recently announced that Bethel Park alumna Lily Wilson ('20) will receive the Maltz Scholarship from the University of Pittsburgh. The scholarship recognizes excellence within the Pitt German program and helps deserving German students cover tuition costs. While at BPHS, Lily was an officer in the German Club and a member of the school's chapter of the Delta Epsilon Phi German **National Honor Society.**

Eight Bethel Park High School Students Earn Steel Center CTE Top of the Shop Honors



(from left): Jonathan Huber, Dan Torres and Anabel Franzmann.

Eight Bethel Park High School students who attend the Steel Center for Career and Technology Education were named Top of the Shop for the first semester of the 2021-2022 school year.

The honorees included seniors Chris Armstrong (Diesel Technology) and Anabel Franzmann (Advertising & Design); juniors, Ben Smith (Carpentry), Max Helmich (Culinary Arts) and Dan Torres (Computer Technology); and sophomores, Kieren Banks (Veterinary Assistant), Nick Grady (Welding) and Jonathan Huber (Building Trades and

These students were each recognized for their outstanding conduct, work ethic, attendance and course work proficiency.

Metaya Wins Regional Writing Contest

Bethel Park High School junior, **Margaret Mateya** has won in the 2022 Scholastic Art & Writing Regional Contest for her short story, "Convenience Store," about a nameless, genderless Chicago-based convenience store employee who develops a rapport with an eccentric regular named Olly Ollie.

One day, Ms. Ollie, who had revealed little about herself aside from her visceral hatred of scarecrows, informed the convenience store employee that she would soon be returning home to Mississippi but promised to keep in touch. After a few days of radio silence, the employee read the tragic news that Ms. Olly had in fact died by suicide by throwing herself in front of a moving train. The understandably upset protagonist reacted to the heartbreaking news by taking their frustrations out on the nearest scarecrow the protagonist could find.

Upon learning that she had won the regional contest, Metaya, who has wanted to write fiction since she was in middle school, immediately called her mother to share the wonderful news. "She was so excited for me because she knows how much I love to write," she

With the win, Metaya's short story has advanced to the national level, which will be announced later this spring.



Margaret Mateya

Best of SNO

Ana Winowich

More Accolades for Hawk Eye

Hawk Eye, the online student newspaper of BPHS, earned the Audience Engagement Badge from School Newspapers Online.

To earn the Audience Engagement Badge, you must have 1,000 followers between two social media accounts and 5,000 pageviews in a month's time on your website. In addition, you must post every day for a month's time on each social media account!

Hawk Eye currently has over 1,000 followers on Instagram and just over 680 on Twitter. The Instagram account posts to its feed and story important information, polls, and pics on

a daily basis whereas the Twitter account posts recently published articles from the newspaper's website and communicates and retweets important information about the school and its students and athletes.

Also, sophomore Ana Winowich won a Best of SNO award from School Newspapers Online for her article, "Point Park celebrates life, legacy of Pittsburgh icon Myron Cope.'

Best of SNO showcases the best student journalism from across the SNO network, which spans the entire country. That's over 500 schools! They publish around 15% of submissions every year. Last year, they received 20,750 submissions, and they only published 2,900 articles, videos, podcasts, and photo essays.

Neil Armstrong Sixth Graders Get Into the Olympic Spirit

In February, to help herald the Winter Olympics, sixth grade students of Team Impact at Neil Armstrong Middle School held a mock opening ceremony in which the students marched through the halls of the school carrying Olympic Torches while the iconic Olympic theme song blared in the background.

The students made torches with battery operated candles which made the tissue paper glow like flames.

Each Team Impact homeroom was divided into six Olympic events: Skiing, Ice Skating, Snowboarding,

Hockey, Luge, and Curling.

Each group was given a planning board and recycled materials to build with. They had to decide as a group how they were going to construct their event, then build it from the materials. The results were both creative and remarkable.



Hoffman, Ridge Recognized as the Bethel Park Rotary's **Students of the Month**

Bethel Park High School seniors, Victoria Hoffman and Brendan Ridge were each named the Bethel Park Rotary Club's February and March Students of the Month respectively.

Hoffman is an excellent student who carries a 4.40 GPA. Earlier this year, she was recognized as an AP Scholar with Honor, after averaging a score of at least three on four or more AP exams. She is also a member of the National Honor

Victoria is also heavily involved in the school's music department, including the marching band, where she plays the alto saxophone and served as the

marching band's Student Director, where she conducted the band in the national anthem, the school's alma mater, and it's fight song, "Hot Time/Bethel Victory."

Hoffman also performs with the jazz ensemble, the symphonic band and in the pit orchestra for the musical. She is also a member of the high school choir.

Additionally, Hoffman is president of SGA, the high school's student government association. Victoria is also a captain in the Teen Leadership Corporation (GOLD/BOLD) initiative, was a chair for the Homecoming committee and is a member of the Class of '22 Ways & Means committee.

Victoria also remains involved in the Girl Scouts of America and she works in the summer at the Flora Park Garden Center.

The youngest of three children, Victoria is the daughter Craig and Laura Hoffman. She was recently accepted to Penn State's University Park campus, where her parents met. She is strongly considering Penn State and is planning on majoring in elementary education.

'Through my extracurriculars, I have just loved working with children and in a

school setting," she said. "I think teaching young people and being around children would be a job

that I would really enjoy.'

Ridge, is also an excellent student who carries a 4.55 GPA and a member of NHS. He, along with Keelan Donovan and Oluwatoyosi Egbebi (September '21, Bethel Park Rotary Student of the Month Honoree), recently represented Bethel Park High School on Williams Hometown High-Q. That team won its match over Neshannock and Sharpsville Area and advanced to the postseason round.

Ridge is also a hurdler for the track and field team and he also competes as an outside midfielder on the boys soccer team.

Outside of school, Ridge works at Serafina's Pizza in Bridgeville and has volunteered at

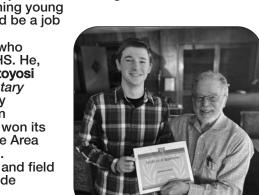
numerous vaccination clinics. He is also one of the captains through the Teen Leadership Corps Program that helps eighth graders get adjusted to life at the high school.

Ridge's parents are Glenn and Nancy Ridge. He has two older siblings, Connor, 25 and Erin, 23, who are each earning their masters in secondary education at Duquesne. Coincidentally, Ridge also happens to be the cousin of Julie Heh, who was the December '21, Bethel Park Rotary Student of the Month. And like Heh, Ridge also hopes to become an actuary. He is strongly considering a number of schools, including Pitt.

"I have just always loved working with numbers and looking at charts and analyzing options based on factors," he said. "I took a statistics class this year and it's just such an enjoyable experience and has only furthered my interest in pursuing a math-heavy major and career.'

Students are nominated for Bethel Park Rotary Student of the Month by administrators, teachers, students or community members and are chosen on the basis of academics, as well as scholastic, extracurricular and civic honors and awards, and organization membership and leadership.

At a luncheon held each month, honorees receive a certificate acknowledging their contribution to their community. For more information on Rotary and its mission, please ask any Rotary member about it or visit <u>bethelparkrotary.org</u>. You can also visit their Facebook page.



Bethel Park Hometown High-Q Team Advances



In March, Bethel Park High School students Brendan Ridge, Oluwatoyosi Egbebi and Keelan Donovan competed virtually on KDKA-TV's weekly quiz show, Williams Hometown High Q.

The long-running weekly television program and academic tournament is sponsored by Williams Insurance Company. Eighty-one high schools from all around the Pittsburgh area compete to be the champion at the end. The winner of the tournament will receive a cash prize that benefits their school.

For the 2020-2021 and 2021-2022 seasons, in response to the pandemic, the format had to be adjusted to accommodate teams competing via videoconferencing. Most notably, the traditional Start Smart round was not used and contestants were introduced before any

questions were asked. Additionally, no buzzers were used. Other minor formatting changes were also made to accommodate the virtual nature of the competition.

The students competed against student-teams from Neshannock and Sharpsville Area and advanced to the postseason round, which as of press time, had not yet been determined.

From left): Brendan Ridge, Oluwatoyosi Egbebi and Keelan Donovan.

PMEA State Finalists

Seven Bethel Park High School orchestra and chorus students participated in the Pennsylvania Music Educators Association's (PMEA) 2022 All-State Festival and Annual In-Service Conference, held April 6-9 at the Kalahari Resort and Convention Center in the Poconos.

The students who participated in the orchestra were senior **Becky Mack** (Oboe) and junior **Bekah Tupper** (French Horn). The students who sang in the state chorus included seniors Sarah D'Angelo (soprano) and Ben Tupper (bass); junior Keegan Brusoski (bass); and sophomores Clara McGough (alto) and Noah Stiglich (tenor).

Mrs. Stephanie Glover teaches the

orchestra students while Mr. Todd Kuczawa serves as the chorus instructor.

PMEA, which is Pennsylvania's branch of the National Association for Music Education, is a nonprofit organization of more than 4,000 members, dedicated to promoting the musical development of all Pennsylvanians. The organization promotes and supports quality music education, learning and performance, as well as promoting and supporting music education in schools and communities.



(From left): Bekah Tupper, Becky Mack, Clara McGough, Keegan Brusoski, Ben Tupper, Noah Stiglich and Sarah D'Angelo.

IMS Team Advances in Regional Science Bowl Competition



In March, the IMS Science Bowl team Hans Greefkes, Matthew Martin, Colin Uhl and Adele Stamenov advanced to the Sweet 16 of the 2022 Southwestern Pennsylvania Regional Tournament. Jaclyn Pivetz, John Busalacchi and Aneem Khadka-Chhetri also competed in the virtual event that featured 41 teams from 27 high schools and 30 teams from 17 middle schools in the region.

Science Bowl questions are based on math, chemistry, physics, biology and earth and science. The Science Bowl has been held virtually over a Zoom call for the past two years, with the students calling in from separate locations to answer the questions together, as they were not allowed to be in the same room with each other. The same questions are given to all teams, and the highest scorers win.

Each question is a "toss up" worth four points. Right answers allow the team to move on to bonus questions worth more.

Before COVID-19, the competitions were held in-person and in a different format, with teams competing individually instead of a "head-tohead" format, according to the National Energy Technology Laboratory.

(Clockwise from top left): Hans Greefkes, Mátthew Martin, Adele Stamenov

Black Hawks Baseball Team Looking to Defend State Title



Bethel Park baseball returns nearly everyone from last year's state championsȟip run

The 2021 Bethel Park baseball team (22-4) proved yet again that the combination of shutdown pitching, outstanding defense and timely hitting can take a team an awful long way, riding that approach all the way to the program's second-ever state championship.

After handling Northern York and Southern Lehigh in the first two rounds, the Hawks outlasted Central Mountain, 1-0 in a nine-inning marathon,

before shutting down the defending state champion, Red Land in the state title game, 4-2.

"We basically took the same approach against Red Land that

we had throughout the season" said third year head coach, Patrick Zehnder. "Great pitching, good defense and battling during every single at-bat. "That's a pretty good combination," he said.

Bethel Park returns nearly everyone from that magical run and are hopeful that they can replicate that formula again in 2022.

"Our players all understand that 2021 was an incredible ride and it will live forever in our hearts, but it is now in our rearview mirror," said Zehnder. "Nobody is going to lay down against us based on what we did last year."

In fact, said Zehnder, if anything, teams are going to play even more fiercely against Bethel Park than they did last year based on what the team was able to accomplish.

"This is an entirely new adventure with different challenges and our job is to take some of the lessons we learned last season and apply them to whatever adversity we face this year," he said.

According to Zehnder, a huge part of last season's success stemmed from the team's ability to focus on their respective roles and to play as a cohesive unit.

"Our players really got along and they played and sacrificed for each other," he said, adding that they also all accepted their roles on the team. "When a team is that united and playing as one, every single game, magical things can start to

One big loss from last season is Eric Chalus, Jr., the team's all-everything standout and the winning pitcher in the state title game. Chalus is now a freshman at Kent State. His battery mate – and brother – John Chalus, however, does return. Also returning is fellow junior, Evan Holewinski, a tall, lanky, righthander who, along with Chalus, formed arguably the top one-two pitching rotation in the state last season. And, like Chalus, Holewinski, who was 6-1 with a .50 ERA, and who did not allow a single base on balls or earned run all season

long in 2021, has already committed to play his college baseball at Kent State. Seniors **David Kessler** (SS), **Bo Conrad** (2B), **Cody Geddes** (3B) and **Ben** Hudson (OF), as well as juniors Jason Nuttridge (OF), and Ray Altmeyer (OF) are also back for the Hawks.

Kessler is unquestionably the team's biggest offensive threat. Last spring, the IUP commit finished with a remarkable slash line of .458 batting average, .547 on-base percentage, .653 slugging percentage, eight extra base hits including two home runs, 47 total bases, 29 RBIs, 27 runs scored and 10 stolen

"David is an excellent hitter who can impact games in a lot of different ways, but the truth is we are fortunate to have a lot of experienced hitters back from our lineup last season and I cannot wait for people to see how much they've all improved over last season," Zehnder said.

Though Zehnder is quick to point out that last season's success doesn't guarantee this year's team anything, he does like his team's chances to have another successful season in 2022 provided the team sticks to its identity.

'Our core principles never change and neither does our process," Zehnder said. "We focus on we can to control, which is to always give maximum effort and to never beat ourselves," he said. "From there, we want to focus on winning our section and then who knows from there.

"We preach this all the time to the players because it's what we truly believe," he said. "Control what you can control and take things one game at a time, one inning at a time, even one pitch at a time; and everything else will take care of itself."

Bethel Park Softball Trying to Recapture Magic of Last Season With a Whole New Cast

The 2021 Bethel Park High School softball season was inarguably the greatest in school history.

Led by an extremely talented and senior-laden group, Bethel Park captured not only its first-ever outright section championship, it also went on to claim the school's first ever 6A WPIAL girls softball title. In 19 games last season, the Black Hawks (18-1) outscored the opposition 187-39, with eight players batting .300 or better in WPIAL action.

Shortstop Reagan Milliken hit a scorching .660 with 11 home runs and 37 RBIs, en route to being named the Class 6A Player of the Year by the Pennsylvania High School Softball Coaches Association. The Ohio State recruit was far from the only loss. Three other seniors from last year's team are now playing in the Big East, including centerfielder Lauren Caye (Seton Hall), first baseman Gianna Sciullo (Georgetown) and pitching ace, Delaney Nagy (UConn), who tossed three no-hitters in a Bethel Park uniform. Infielder, Emily Momchilovich is also playing collegiately (Chatham).

'That senior class will go down in school history as one of the greatest groups we've ever had," coach Heather Semplice-Scott said, who was named Trib HSSN and section Coach of the Year. "They showed younger players, not only on our team but throughout the community, what it takes to be a champion."

This year, however, presents a different challenge – somehow finding a way to replace all of that talent. Still, according to Semplice-Scott, a lot of the team's success in recent years boiled down to a lot more than sheer talent.

'Last season didn't just happen, we built up to it," reminded Semplice-Scott. "It was founded on principles of working hard every day and paying attention to all the little details that ultimately make any player or team successful. We will continue to work on those fundamentals going forward no matter who is in our lineup."

One major contributor from last season who is returning is catcher Sandra Soltes, who hit .500 with eight home runs last season. In the WPIAL Championship game versus Canon-McMillan, the Pitt recruit was 3 for 4 with two home runs, three runs scored and eight RBIs.

Joining Soltes is outfielder Ali Sniegocki and infielders Abby Quickel and Delaney Sierka, each of whom batted better than 300 in 2021. Sniegocki is a Holy Cross commit while Quickel will attend Robert Morris. Sierka will play at Penn State-New Kensington. According to Semplice-Scott, a number of newcomers are battling to fill in those remaining spots, including a deep and talented freshman class. While she expects some growing pains while competing in arguably the toughest section in the WPIAL, the experienced head coach also believes in her leadership core.

"We have strong senior leadership and we have been working hard all off-season to make sure that last season wasn't the end of an era but rather the start of something much larger for the program," she said. "These young ladies have put in the extra time and that will ultimately pay off for our program, even if it doesn't happen right away."



The Hawks softball team has a number of new faces in key roles this



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