Bethel Park JIKONICLES

The Official Bethel Park Municipal & School District Newsletter



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August 2022



- *LEARN ABOUT STATE-OF-THE-ART TECHNOLOGY BEING INCORPORATED INTO FACILITY UPGRADES
- *LEARN ABOUT CAREERS IN THE WATER SECTOR INDUSTRY, FACILITY OPERATIONS AND TRADES

REQUIRING NO COLLEGE DEGREE PROVIDING ALL PAID TRAINING

*LEARN WHERE ENGINEERING AND AUTOMATION CONTROLS FIT INTO THE INDUSTRY

*TAKE A TOUR OF THE MUNICIPAL AUTHORITY'S WASTEWATER TREATMENT PLANT

*REFRESHMENTS PROVIDED!

WEATHER-RELATED RESCHEDULING AND **EVENT** UPDATES, WWW.BETHELPARK.NET.

3100 PINEY FORK ROAD, SOUTH PARK 15129

Join the 90+ Club!



Mayor Jack Allen is inviting all

Bethel Park residents age 90 or older to join the 90+ Club.
In October, Mayor Allen will host a luncheon at the Bethel Park Community Center for all Club members. If you're currently a member, you'll automatically receive an invitation to this year's event.

If you're over 90, interested in joining witation, please contact land Davin at

and want to receive a luncheon invitation, please contact Janet Davin at 412-831-6800, x211 or email at jdavin@bethelpark.net.

We've Upped Our Social Media Presence!

There are now numerous ways to follow us on social media! Please 'like' and 'follow' us on the following platforms to stay in the 'know' on all Municipal news!

> www.bethelpark.net Facebook: Municipality of Bethel Park Twitter:@ Bethelpark_PA Instagram: @BethelParkPA www.pinterest.com/BethelPark_PA/ www.tiktok.com/@bptv_bethel_park

I hope you're enjoying the last days of summer and have had the opportunity to attend one of our Park & Play programs, take a Recreation class, or visit one of our beautiful parks!

One of the primary projects we've been working on over the summer is our Road Program. This year, we've paved and completed storm sewer work on 22 streets (about 3.4 miles) at a cost of \$1.54 million.

We've also 'Rejuvenated' roads as well – a process that adds liquids back into the asphalt of more recently paved roads (within the past three years) making them more pliable and less susceptible to defects thus extending the asphalt's life by five years at a cost of about \$150,000 annually. The Rejuvenator Project, part of our road program budget, is a 5-year pilot project started in 2021 to see the product's overall effectiveness on our roads. During this pilot period, we photograph non-rejuvenated control roads annually to provide a side-by-side comparisons on defect development. After the five-year period, it will be determined if the program should be continued.

Also since 2018, we've spent \$1,094,000 on upgrading the storm sewer system and extending the storm sewer system on roads being paved. This equates to about 5,650 LF of new pipe and 140 new or rehabilitated inlets.

The annual Road Program budget is generally between \$1.5 and \$1.75 million. Planning for 2023 will begin this fall for approval by Council in December or January.

To stay updated on the road program, see a list of roads to be paved and learn what to expect if your road is being paved, visit our website at www.bethelpark.net.

Park & Play

As I mentioned above, we started a new program this summer, 'Park & Play,' featuring a series of free events in our neighborhood parks from May – September. We've received a wonderful response and plan to continue the program next year. The last event will be a 'Star Party' on Friday, Sept. 16, 7 p.m. at Millennium Park. Visit www.bethelpark.net/park&play for details.

Website

And, speaking of our website, I truly hope you take the time to visit it if you haven't recently! We've made substantial updates with more ease of use, better navigation, and loaded it with information you need and frequently request. I'm grateful to the staff who worked on this project to ensure that we continuously improve services for you, our residents.

Coffee & Conversation

Finally, I hope you join us for our next installment of 'Coffee & Conversation' on Oct. 26, 11 a.m. where we'll be chatting about upcoming events planned for the holiday season in our community! These are simply informal discussions where we all enjoy coffee and light-hearted conversation.

{ UPCOMING EVENTS }



Fall Clean-Up Oct. 22

The Municipality of Bethel Park, in conjunction with Pennsylvania Department of Transportation (*PennDOT*), will once again sponsor "Fall Clean Up Day" on **Saturday, Oct. 22.**

As in the past, PennDot will supply trash bags, safety vests and gloves, and the Municipality will provide patches for young participants. This is an opportunity for willing volunteers to help clean the parks and roadways of Bethel Park and spruce-up our community for Fall! A list of areas that are in need of cleanup will be provided.

Any individual, group or community organization wishing to participate should contact **Janet Davin** for details at **412-831-6800**, **x211** or via email at **jdavin@bethelpark.net**.

Halloween Lighting Contest

Watch for details on the Municipality's Halloween Lighting Contest to be held again this October! Contest dates and opportunities for judging will be posted on "The Municipality of Bethel Park" Facebook page, website (www.bethelpark.net) and BPTV Channel 7 this fall. We hope you consider participating!

Bethel Park Tree Lighting Ceremony Nov. 30



MARK YOUR CALENDARS!!

The Municipality of Bethel Park will kick off the 2022 Holiday Season on **Wednesday, Nov. 30th** with its annual Tree Lighting Ceremony. Festivities begin at **6:45 p.m.** at the Bethel Park Community Center, 5151 Park Avenue. Entertainment will be provided as well as refreshments. A visit from Santa Claus is also expected! We hope you can join!



The Municipality of Bethel Park invites YOU to meet with us over coffee & learn more about YOUR Community!

COPFEE & CONVERSATION

QUARTERLY COFFEE CHAT SESSIONS ON TOPICS YOU CARE MOST ABOUT! PARK UPDATES * ROAD PROJECTS SPECIAL EVENTS * AND MUCH MORE!

Mark Your Calendars!

DATE * VENUE * TOPIC

OCT. 26 (11 a.m.) * JUDY'S JAVA JOINT (Tentative)

Join us to learn about festive events planned for this holiday season

FEB. 1 (7:30 a.m.)

Future Road Projects $\operatorname{\mathscr{C}}$ the selection process

MAY 3 (11 a.m.)

Learn what's on tap for a new season of 'Park & Play!'

AUG. 2 (7:30 a.m.)

Crime stats & protecting yourself from becoming a victim

NOV. 1 (11 a.m.) - Topic TBD



www.BethelPark.net August 2022



ADULT PROGRAMS

TECHNOLOGY CLASSES

Make an appointment to learn more about your laptop, e-reader, smart phone, or common software programs. Appointments are 45-minutes long. Bring your charged device and all relevant cords/cables. Don't have a device? Learn on one of our computers! These free classes include (but not limited to): Basic Internet, Email, Microsoft Word, 3D Printing & Windows. Days and times vary. Call for more information or to schedule an appointment.

MYSTERY BOOK CLUBS

2nd Wednesday of each month 10 a.m. 3rd Wednesday of each month 7 p.m.

MONDAY EVENING BOOK CLUB Last Monday of each month 7 p.m.

THURSDAY EVENING BOOK CLUB

3rd Thursday of each month 7 p.m.

THURSDAY MORNING BOOK CLUB

Last Thursday of each month 10 a.m.

CONVERSATION SALON: DISCUSSION GROUP

1st & 3rd Friday of each month at 10:30 a.m.

Those seeking a refreshing break from the daily grind, uninspired television shows and surfing the web will find like-minded individuals at the BP Library Conversation Salon. This group seeks the satisfaction and inspiration of face-to-face conversations about topics that are enlightening and relevant. The only requirement for attendance is an interest in expressing your views and insights while remaining appreciative of those of others.

KNITTING AT THE LIBRARY

Every Wednesday! 6:30-8 p.m.
Knitter's of all levels welcome! Bring your yarn and needles to knit and stitch. THIS IS NOT A CLASS.

SCRABBLE CLUB

Every Tuesday! 1 p.m.
Fun, friendly games each week! New members welcome!

PINOCHLE CLUB

2nd & 4th Fridays of the month at 12 p.m. Play some Pinochle! (Not a class, experienced players preferred.)

PITTSBURGH SOUTH WRITERS GROUP

2nd Tuesday of the month at 7 p.m.

Attention Writers! Pittsburgh South Writers Group offers writers of all genres the inspiration and constructive criticism needed to improve their work.

GENEALOGY GROUP

4th Monday of the month at 1 p.m. Exchange information and research ideas.

Call or check the Library's Event Calendar webpage for next meeting's date.

MEMORY CAFE

3rd Wednesday of every month at 10:30 a.m.



Are you caring for someone with dementia? If you are, who is caring for you? Join us for an informal Dementia support group especially designed for families and caregivers. This informational, supportive group will help you learn more about the disease and support your feelings. No registration needed.

BETHEL PARK LIBRARY BUTTON CLUB

4th Wednesday of each month at 11 a.m.

Are you looking for a new hobby? Buttons are beautiful, historical, inexpensive, and fun to collect. For more information, call the library at 412-835-2207.

UNREAL ENGINE 4 MEET UP - PITTSBURGH

Join us to talk with others interested in creating and learning about the virtual realms that involve the engine locally. Join and RSVP at <u>communities.unrealengine.com</u>. Space is limited.

u

NEW MOVIE RELEASE TUESDAYS

Tuesdays at 10 a.m.

We will be showing the new blockbuster DVD release of the week in the Fireplace Room. Why wait to see what everyone is talking about!

THE LAST KEEPER: AUTHOR / BOOK TALK

Presented by Author J. V. Hilliard

Thursday, Aug. 4th at 6:30 p.m.

J.V. Hilliard is an imaginative voice arriving on the fantasy adventure scene with *The Last Keeper*, the first in his epic Warminster series. Join us for an exciting evening!

PORCHRAITS - PHOTOGRAPHY

Presented by Anita Buzzy-Prentiss

Thursday, Aug. 11th at 6:30 p.m.

During the first two months of the COVID-19 pandemic quarantine, **Anita Buzzy-Prentiss** traveled all around Pittsburgh and photographed almost 200 "porchraits" - pictures of people on or near their porches. She and her collaborator, **Ellen Beckjord**, asked these same five questions of everyone who is pictured in this book: What do you miss? What are you enjoying? What is surprising you? What are you learning? What do you hope for? What you'll read is an excerpt from their answers.

JOB HUNTING: SEARCHING, RESUMES AND MICROSOFT OFFICE

Wednesday, Aug. 17th at 6 p.m.

This class will cover how to use the Library eResources Peterson's Test and Career Prep and Universal Class to help in your job search. If you cannot make the date above, please call for other times. **Must Register – Limited Space.**

DRESS FOR SUCCESS - MOBILE SERVICES EVENT

Thursday, Aug. 18th at 4:30 - 6:30 p.m., Tuesday, Sept. 13th at 12 – 2 p.m. & Tuesday, Oct. 25th from 4 - 6 p.m.

Presented by Dress for Success Pittsburgh - Bringing clothing and employment readiness support to women on location across the region. Do you have an upcoming interview, internship, career fair, new job, or training program? Receive support in selecting complimentary business professional clothing, shoes, accessories, and personal care items from the Dress for Success Pittsburgh team. You'll receive employment readiness support and connections to needed resources to address common barriers like childcare, food resources and professional mentorship. **MUST REGISTER.**

HOW TO PAY FOR COLLEGE
Presented by PHEAA
Thursday, Aug. 18th at 6:30 p.m.
Please join PHEAA's Higher Education
Access Partner for Allegheny County,
Amy Sounday as she presente Amy Sawdey, as she presents information on the financial aid application process, what types of aid are available for students, and strategies to start thinking about affordability before getting ready to apply for post-secondary school admission.



ARE YOU READY FOR RETIREMENT? 4-PART LECTURE

Tuesday, Aug. 23rd at 6:30 p.m.

You've spent a lifetime accumulating, NOW WHAT? Presented by Luke B. Barefoot, Registered Representative with Beacon **Financial Services**

Affordable Care Act

Presented by Kim Hrubes from Greater Pittsburgh Insurance Consultants Inc.

Presented by Chuck Karolewski, Medicare specialist with Greater Pittsburgh **Insurance Consultants**

Benefits of Chiropractic Care

Presented by Fraudin Chiropractic.

FREE POSTURE SCREENINGS will also be available onsite.

DRAWN TO HOME COMIC BOOK ABOUT HOMELESSNESS

This will be on display in large panel version throughout the month of September. The comic features the artwork of nine local comic artists and shares the stories of nine individuals who are now or have recently experienced homelessness. To see the whole comic volume visit www.drawntohomecomic.com.

Presented by Martine Marino, MPT, COM

Wednesday, Sept. 7th at 2 p.m.

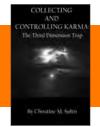
Three proven techniques for using your mental/emotional rebounding ability to gain control over an injury, accident, or surgery.

Hear Paula Franetti, MS, recovery coach and founder of the Rebound Planner series, explain the 3-key mental and/or emotional techniques that position you to gain the best control over reaching your desired recovery outcome.

COLLECTING AND CONTROLLING KARMA

Presented by Author Christine M. Soltis Wednesday, Sept. 7th at 6:30 p.m.

Christine M. Soltis will be discussing karma, based on her new book release: Collecting and Controlling Karma: The Third Dimension Trap that addresses metaphysical elements while taking you on a semi-biographical journey through the past, present and future.



WISE WALK

Thursdays at 9:30 a.m., Sept. 8th - Nov. 10th Take a Wise Walk with the Bethel Park Public Library this fall. Wise Walk is a ten-week walking program geared toward adults. Make new friends and enjoy the beautiful fall weather in South Park with our library walking group. We meet at the parking lot by the gazebo/pond on Maple Spring Drive. To register or for more information, call the Library at 412-835-2207, x264.

MOST PROGRAMS ARE FREE OF CHARGE

ESTATE PLANNING, ELDER LAW AND PAYING FOR LONG TERM CARE

Tuesday, Sept. 13 at 11 a.m.

Join attorney Christine Brown Murphy from Zacharia Brown for a discussion on the importance of quality Estate Planning Documents including, Durable Financial and Medical Powers of Attorney, Wills, and Trusts and learn how these documents serve as a foundation when planning for long term care. The discussion will also include an overview of available benefits to pay for long term care, as well as some strategies utilized to address problems with gifting and the five-year lookback when applying for Medicaid Benefits. **Please** register at the Library

RAISING FUNDS WHILE RAISING SPIRITS
With Psychic Medium Debbie Pakler, PhD.
Saturdays, Sept. 17, Oct. 8, & Nov. 5 from 10:30 a.m. – 2:30 p.m.
Certified psychic medium, Debbie Pakler, will be

at the Library to give 20-minutes readings for \$40 (CASH ONLY). Debbie is donating 20% of her fee from each session to help the library achieve its annual fundraising goal. Call the Library to set up an appointment. This is a unique entertainment opportunity to receive personal messages while supporting the library!



DRAWING: DRAWING BASICS

Presented by Michelle Kirk, Artist, Teacher of adult and children classes and Party Artist Wednesday, Sept. 21st at 6:30 p.m.

We'll explore a wonderful seascape image (Yes! You CAN do it) while working on our drawing & perspective skills and learning what micron drawing pens can do for you! You'll be able to frame it, and if you enjoy watercolor, can add that to it later as well!

SENIOR HEALTH CARE WORKSHOP SERIES
With Barbara A. Veazey, R.N.
DATES: 9/27, 10/4, 10/11, 10/18, 10/25
Sessions will be from 10:30 - 12:30 on Tuesdays in Council Chambers
This course starts by looking at Social Security and ends five sessions later after discussing how to select the appropriate place for long term living. Along the way we investigate Medicare, Medigap, Advantage and Drug Plans, low income programs. Adult Day Care, care in your home and retirement income programs, Adult Day Care, care in your home and retirement communities. You will receive an in-depth reference binder that will assist you with care planning and understanding for years to come. YOU MUST REGISTER FOR THIS SERIES AND PLAN TO ATTEND ALL FIVE SESSIONS.

STONES, GHOSTS AND ALIENS Presented by Author Christine M. Soltis

Tuesday, Oct. 4th at 6:30 p.m.

Christine M. Soltis will be discussing Stones, Ghosts and Aliens. This presentation addresses the use of natural stones/crystals in a historical sense up to present day.

HOUSEPLANT 102

Presented by Lindsey Thompson of Ruby Flora Plant Shop

Wednesday, Oct. 5th at 6:30 p.m. Houseplant 102 is perfect for plant parents who already understand the basics but want to know a bit more. Topics will include propagation and the different methods that can be used, fertilization/feeding, and pest damage, control and mitigation.



SAVING FOR RETIREMENT

Presented by David Frick, CPA, Financial Professional, AXA Advisors, LLC Wednesday, Oct. 12th at 6:30 p.m.

Explore various strategies for saving for retirement including employer retirement plans, IRAs, and more.

HAUNTED HAT TEA

Experience the spirit of Halloween while enjoying tea and finger sandwiches. Wear your kookiest hat. Prize awarded for the most unusual Halloween Hat.

Date: Friday, Oct. 14 11 a.m. \$5 Time: **Donation:**



LOWER EXTREMITY
Presented by Martine Marino, MPT, COM
Wednesday, Oct. 19th at 2 p.m. Common causes of hip, knee and foot pain and

suggestions to help.

3D PRINTING

Wednesday, Oct. 19th at 6 p.m.

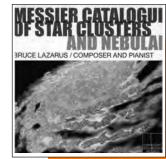
Use the Library's 3D Printer to make personalized gifts, replacements parts, or your own artistic item or creative invention. Take this free class to learn how to use this innovation of industry! If you cannot make the date above, please call for other times. **Must Register – Limited**

Space.

THE FERRET OF COMETS

Presented by local Astronomer Larry McHenry

Thursday, Nov. 3rd at 6:30 p.m. This talk will look back at the life of French astronomer Charles Messier, one of the best-known astronomers and comet hunters from the 'Age of Enlightenment'. We'll also cover his greatest contribution 'Catalog of Nebulae and Star Clusters'.



NEWS SOURCES WITH YOUR LIBRARY CARD

Tuesday, Nov. 8th at 12:30 p.m.

This class will cover how to access news sources such as Time, Consumer Reports, The New Yorker, The Week and other sources from around the world. If you cannot make the date above, please call for other times. Must Register Limited Space.



NECK AND BACK PAIN

Wednesday, Nov. 16th at 2 p.m. Presented by Martine Marino, MPT, COM

Wednesday, Nov. 16th at 2 p.m. A brief explanation of some common causes of back and neck pain and some tips to treat and prevent it.

Jewelry for Gifts!

Presented by Michelle Kirk, Artist, Teacher of adult and children classes and Party Artist

Wednesday, Dec. 7th at 6:30 p.m.

Just in time for Christmas, make some sparkly, wonderful pieces to give to others! It's easier than you think and you don't have to break the bank on supplies! Don't get overwhelmed. Come and have fun making jewelry for the holidays!

HOLIDAY TEA

Enjoy delightful Holiday music and a game or two while tea is served with scones in a festive atmosphere.

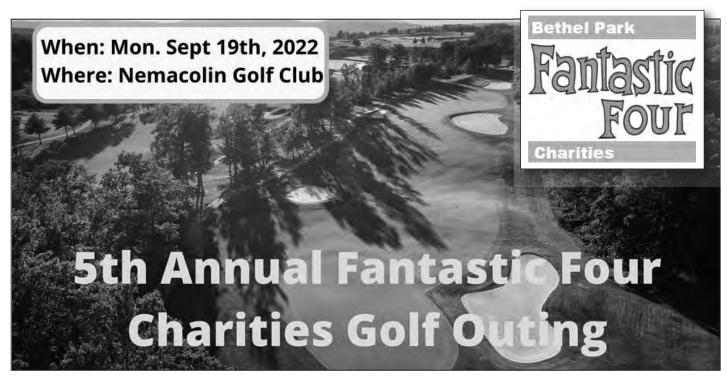
Date: Friday, Dec. 9 Time: 11 a.m. **Donation:** \$5



To register or for more information call 412-835-2207.

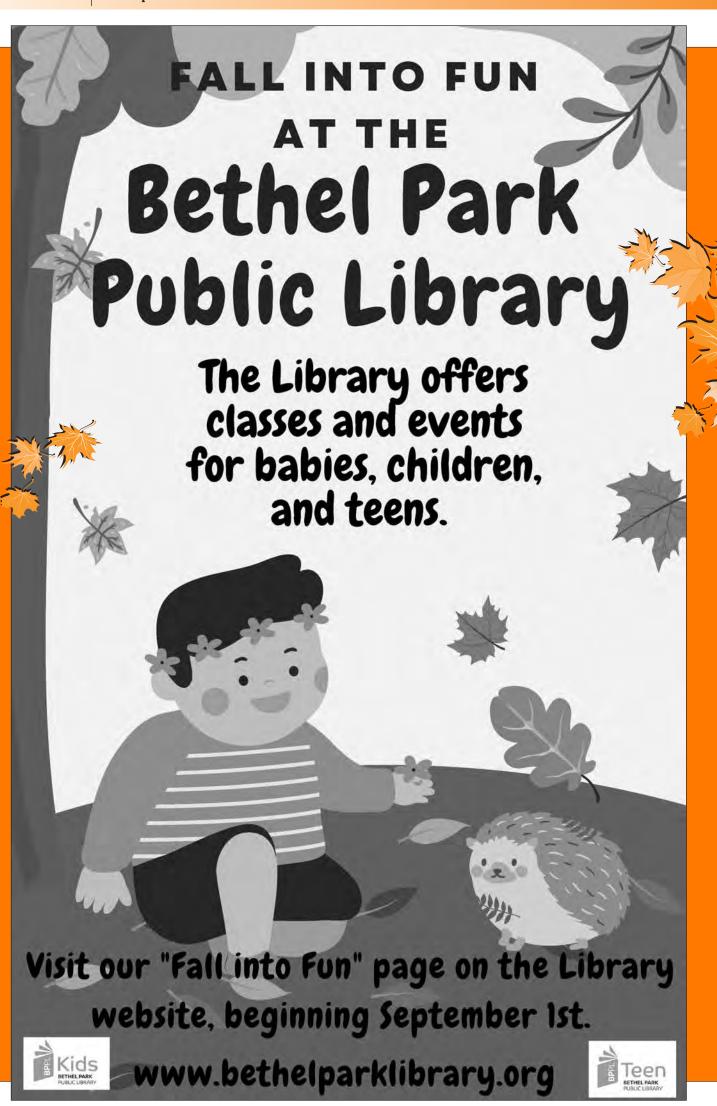
MOST PROGRAMS ARE FREE OF CHARGE





For more information, see pg. 17!

www.BethelPark.net August 2022





Support for the Bethel Park Business Community

Local businesses are vital to our community! To provide support, the Municipality has established numerous initiatives geared towards raising awareness of all that the Bethel Park business community has to offer. We've also partnered with the Bethel Park Chamber to coordinate our efforts. As part of this, a section of Chronicles will be devoted to these efforts each issue.

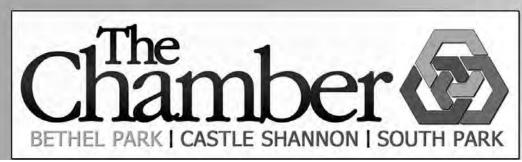
Municipal Small Business Initiatives

At the start of the pandemic, the Municipality quickly diverted resources to support the local business community. Efforts include:

- A "Dine, Shop, Support" website page listing businesses that expressed an interest in participating with their contact information and business descriptions. This page is currently being updated.
- A Business Blog featuring profiles of local business owners.
 Mayor Jack Allen's BPTV show, "Jack of All Trades," found on YouTube featuring local business people.
- Special events geared towards supporting local businesses.

Are You a Local **Business Owner?**

If you're a local business owner and would like to be listed on the Municipality's 'Dine Shop Support' webpage or would like to be featured for a future local business profile, please email: kindness@bethelpark.net.



2975 South Park Rd., Bethel Park, PA 15102 www.bpchamber.org

Upcoming Chamber Events

Please plan to join us at the following events!

Chamber Chatter Coffee Time (9-10 a.m.)

Dunkin Donuts - South Park Road (new location added) • Aug. 5

 Oct. 14 **Duck Donuts - Sienna Woods Complex**

Lunch (11:30 a.m.-1 p.m.)

Aug. 11Nov. 11 Al's Café - New Members Recognized!

"Salute to Veterans Lunch" - Bethel Park Community Center

• Dec. 8 Holiday Lunch - Houlihan's at the Galleria

ConneXions (after hours - 5:30-7:30 p.m.)

 July 14 Giant Oaks Winery - Finleyville

Vocelli's Cool Springs • Aug. 18 September Level 20 - Bethel Park

GV Hall - Nite at the Races - McAnulty Road "Salute to Veterans Lunch" - Bethel Park Community Center • Nov. 11

Dec. 8 Holiday Lunch - Houlihans

GRAND OPENING AT SOUTH PARK MANOR SHOPS

Welcome CRAVES, owned and operated by Brian and Shannon Schlatterer who reside in Bethel Park along with their four children. Craves is excited to bring a personal touch to Bethel Park offering hot dogs with numerous specialized toppings, pulled chicken, pulled pork and smoked brisket sandwiches, sliders and plates, along with classic BBQ sides. Delicious desserts top it off along with assorted beverages. They'll have a patio of fun and games, trivia nights, karaoke, live music, and family game nights! Kids eat FREE on Wednesdays!

Craves is also hiring now Team Members \$10-\$13 an hour and shift managers \$15-\$18. an hour. Contact General Manager, Derek at Crave.BethelPark@gmail.com. You can also visit www.bpchamber.org for more information.

JOIN THE CHAMBER TODAY 412-595-8361



Save Here Today - Printing Services (a Bethel Park Chamber member) is offering a great opportunity for those who need affordable marketing that provides a large customer outreach. Reach 1,000 local households/merchants for as little as \$79! Chamber members receive even lower pricing! Please mention you are a member when applying.



For details call

PRINTING SERVICES

412-429-0539 or email

sales@saveheretoday.com



Boost our local economy by supporting our local businesses! Feel free to post a "selfie" of you at one of our local businesses on our Facebook page! (/inbusiness4yourbusiness)





Chamber members - become a "featured business" on our Facebook page. Submit a few lines about your business to sales@saveheretoday.com along with your logo. Please include your contact information.

Splash Pad Fundraisers – Your Support Is Needed!



The Municipality of Bethel Park is in the process of designing a splash pad at Park Avenue to create a shareable community experience and provide recreational opportunities to residents and visitors of the South Hills area.

The Municipality has been awarded several grants to assist with funding for the splash pad project; however, with rising construction costs, more funds will be needed.

Therefore, this summer, we'll have three fundraising

opportunities for all ages directly benefitting the splash pad project:

• Mystery Treasure Chest

Tickets will be sold at numerous community events for a chance to win a treasure chest that is valued at over \$2,000!

• Rev 'Em Up Raffle

Purchase tickets to win amazing baskets at the Rev 'Em Up event!

Community Scavenger Hunt

Who doesn't like a scavenger hunt?! Team up or go solo in a community-wide scavenger hunt that involves trivia questions, Bethel Park-based tasks and more! Participants will receive a Bethel Park swag bag when they sign up.

Be on the lookout for fundraising announcements and start dates on the Municipality's social media channels and the fundraiser webpage: bethelpark.net/community-center/splash-pad.











at the splash pad (once opened) 2nd place prize: one free week pass for the splash pad (once opened)

> The entrance fee is \$45 per person or group. The scavenger hunt begins on Sept. 24 and ends on Oct. 3. Register at Community Day or online at

> > bethelpark.net.

A MESSAGE FROM JUDGE ARNONI...

The Link Between Animal Abuse and Domestic Violence



I am a firm believer in protecting our furry friends, but unfortunately there are numerous cases of animal neglect, cruelty, failure to vaccinate/license, and lack of care of these animals. This article, with the assistance of Jennifer Thomas, Intern, Humane Action Pittsburgh, will look at these issues in our community.

Animals are often chosen as soft targets because abusers believe that they can get away with it. Animal cruelty is a crime. All U.S. jurisdictions have prohibitions against animal maltreatment, and all 50 states declare some forms of animal abuse to be felonies. Police officers and criminal justice officials have a critical role to play when it comes to animal abuse, as

The numbers are staggering in the link between animal abuse and domestic violence, where an estimated 1 million animals are abused or killed each year in connection with domestic violence. With 71% of domestic violence cases, victims report that their abuser

Judge Arnoni

also targeted their pets.

this often exposes other forms of violence in the household. The numbers are staggering in the link between animal abuse and domestic violence, where

an estimated 1 million animals are abused or killed each year in connection with domestic violence. With 71% of domestic violence cases, victims report that their abuser also targeted their

"Many survivors stay in an unsafe situation because they cannot take their animals with them to a shelter. Sixty-five percent of women refuse or delay leaving an abusive home out of fear of leaving their pets or livestock behind" (Phil Arkow, 2020).

When it comes to Animal Abuse, Education is Key

Building awareness through community presentations, humane education in schools, and training for professionals can help with the detection of animal abuse.

Humane Action Pittsburgh (HAP) has created a directory for law enforcement, criminal justice officials, and residents to showcase the vast number of resources that Allegheny County offers. To see a list of these resources please visit: www.humaneactionpittsburgh.org.

According to the Pennsylvania Dog Laws, all dogs three months or older must be licensed, which can be issued by the County Treasurer. All dogs must be under control and must not be allowed to run at large. Dogs are personal property and

owners are responsible for damages caused by their dog. It is illegal to mistreat or abuse any animal, and violations should be reported to a local humane organization or the police. Rabies vaccinations are required for dogs and cats three months of age of older.

Questions relating to dog laws and licenses can be

found on the Pennsylvania Department of Agriculture website at www.agriculture.pa.gov.

In order to do our part as a community, if you see something or if you are having issues yourself, please reach out to the Humane Society, your respective police department or animal control (412-951-3647).

For anonymous, confidential help, 24/7, please call the National Domestic Violence Hotline at 1-800-799-7233 (SAFE) or 1-800-787-3224 (TTY).



It is illegal to mistreat or abuse any animal, and violations should be reported to a local humane organization or the police.

PA Dog Laws



Garage Sale in the Park

Saturday, Sept. 10 9 a.m. – 1 p.m. Industrial Boulevard

The Bethel Park Business Association in the Industrial Park, in cooperation with the Municipality of Bethel Park, will be holding a community-wide Garage Sale and you can be part of it! Along with businesses in the Park, a special area will be

blocked off between Progress and Enterprise Blvds. for

community members to hold their own garage sales! For \$20, you'll receive a 10' x 20' space (includes your car in this spot) to sell your items. The registration deadline is **Friday, Aug. 19**. To reserve a spot, or for questions, please contact **Barb Peters** at **412-831-5402** or via email at

Food vendors can also be part of the fun. So, get your sale items ready and we'll see you on



Subscribe to updates!

Get news and alerts from the Municipality of Bethel Park in your inbox. We won't spam you. Subscribe to lists including Chronicles eDelivery, Crime Watch, Election News, Farmers' Market, and Trash/Recycling Collection alerts.

Visit bethelpark.net/subscriptions to subscribe.

BP VOLUNTEER FIRE COMPANY



A MESSAGE FROM THE FIRE CHIEF: Dave Gerber

I hope everyone has stayed safe this summer. The fire company has made many changes to protect our firefighters and community members, and to assure that we're able to continue to deliver the fire protection and all-hazards response that you've grown to expect from us. We would like to thank you all for doing your part to keep the community and yourselves safe as well. I wanted to share with you some safety tips on ways to prevent fires and hazards in our local area. Each of these issues has caused numerous fires in Bethel Park. I invite everyone to become educated on ways to keep both yourself and your family safe.

Hoarding

Hoarding is defined as collecting or keeping large amounts of various items in the home due to strong urges to save them or distress experienced when discarding them. Sometimes many rooms in the home are so filled with possessions that residents can no longer use the room as designed. The home can also become so overloaded with things that everyday living is compromised. Many fire departments are experiencing serious fires, injuries and deaths as the result of compulsive hoarding behavior. Many occupants die in fires in these homes. Often, blocked exits prevent escape from the home. In addition, many people who are hoarding are injured when they trip over things or when materials fall on them.

Responding emergency personnel are also put at risk due to obstructed exits, falling objects and excessive fire loading that can lead to collapse. Hoarding makes fighting fires and searching for occupants far more difficult. Those living next to one of these houses can also be quickly affected when a fire occurs, due to excessive smoke and fire conditions. Hoarding is a mental disorder that can be genetic in nature, triggered by traumatic events, or a symptom of another disorder.

If you or someone you know needs assistance to overcome a hoarding disorder, we ask that you visit www.Hoardingcleanup.com/pennsylvania for more information on how to get help.

Cooking

Cooking brings family and friends together, provides an outlet for creativity and can be relaxing. But did you know that cooking fires are the number one cause of home fires and home injuries? When cooking, you need to cook with caution!

If you are sleepy or have consumed alcohol, don't use the stove or stovetop. Stay in the kitchen while frying, grilling or the basiling food. If you leave the

broiling food. If you leave the kitchen, even for a short period of time, turn off the

stove. If you are simmering, baking, roasting, or broiling food, check it regularly, remain in the home while food is cooking, and use a timer to remind

you that you are cooking. Keep anything that can catch fire – oven mitts, wooden utensils, food packaging, towels or curtains – away from your stovetop.

("Chief" cont. pg. 13)

Get to Know Your Fire Fighters!

Below is information about a few of our members. We'd like to point out that many did not have any experience in public safety before joining. Many joined at different ages and from different backgrounds. These are your neighbors who volunteer their time to serve and safeguard the community of Bethel Park.

Al Wright

Al joined us 10 years ago at the age of 61 as a Fire Policeman. Al worked as a tree surgeon and joined us with no previous firefighting experience. He has proved to be an invaluable member of our Fire Department and ensures that we stay safe at the scene by closing roads and directing traffic around an emergency incident.

When Al isn't assisting us, he spends time bowling, square dancing, golfing, and driving his 57 Chevy. Al's wife **June**, and kids **Jenny** and **Keith**, enjoy seeing Al stay active and doing something he likes. "My favorite part about being a member is helping people and getting to know the great men and women in the department," he said.



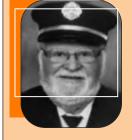
Edwin "Pete" Galambas

Pete has been a member of the Fire Company for nearly 59 years after joining at the age of 21. He responded primarily out of Station 1 on Brightwood Road and served in a number of

positions including Lieutenant, Captain, Assistant Chief, and a member of the Board of Directors. Pete completed High School at Bethel Park and joined with no previous firefighting experience. He completed his fire school at South Park.

To Pete, firefighting was a family tradition as his father and brother were also members. He enjoyed being able to serve the community and build long lasting friendships. Pete was a truck driver for his career and enjoys attending NASCAR Races and watching Penguins Hockey. He has been married to his wife **Sally** for 57 years and has two beautiful and smart daughters, **Kristen** and **Vicki**.

"My daughters have always valued community service and are proud of the many years that I served," he said. "One of their highlights was attending the yearly firefighter picnic."



John Kuchma

John has been with the BPVFC for 11 years after joining at the age of 19. He currently is our Hazmat Specialist and responds primarily out of Station 2 on Milford Drive.

Before joining, John had no previous experience and has since become one of the most educated firefighters in the department. John has attended over 2,000 hours in fire education and over 600 hours in hazmat education. He's attended numerous federal trainings in hazardous materials at different national sites. At the Center for Domestic Preparedness in Anniston, AL, he attended a number of courses that ended in entry into contaminated environments with Anthrax and Ricin, as well as several different types of nerve agents. John has also attended courses on highway tankers, crude oil trains, and explosives at other training sites in Colorado and New Mexico.

A few of John's certifications include National Registry EMT, Firefighter 1 and 2, Fire Instructor, Fire Officer, Fire Inspector 1 and 2, Fire and Emergency Plans Examiner 1 and 2, Trench Technical Rescuer 1 and 2, Health and Safety Officer, Hazardous Materials Technician, Hazmat Safety Officer, Hazmat Incident Commander, and PEMA Local Emergency Manager Coordinator at the Professional level.

John received his Bachelor's in Geology from Pitt and is a student at Slippery Rock to earn his Master's

John received his Bachelor's in Geology from Pitt and is a student at Slippery Rock to earn his Master's in Public Health. He works as a Neurodiagnostic Technician at UPMC Shadyside. He is also the Emergency Manager for the Municipality of Bethel Park.

With all of the knowledge that John has gained, you may think that he always had an interest in firefighting and hazmat. He actually joined the BPVFC as a way to prove his parents wrong! They thought he could never stick with anything and after joining the BPVFC, he grew to love it, especially the hazmat.

"My favorite things to learn are things that can harm us and teaching other firefighters about it so it doesn't seem so scary and unapproachable," he said. "I want people to know that you should never think that you can't do something. I was deathly afraid of putting out a fire or entering a contaminated chemical environment. But after getting the training, I've grown my skills and have done both many times."

John also enjoys hiking and spending time with his 13 year-old grey cat.



CHIEF

(cont. from pg. 12}

Remember also to check your oven for anything stored inside before you turn it on to warm up. If you do have a cooking fire, just get out! When you leave, close the door behind you to help contain the fire. Call 412-833-2000 or 911 after you leave. Keep a lid nearby when you're cooking to smother small grease fires. Smother the fire by sliding the lid over the pan and turn off the stovetop. Leave the pan covered until it is completely cooled. For an oven fire, turn off the heat and keep the door closed.

Electrical

Electricity is what makes our lives easier. However, we need to be cautious and keep safety in mind!

Be sure to have all electrical work done by a qualified electrician. Only plug one heat-producing appliance (such as a coffee maker, toaster, space heater, etc.) into a receptacle outlet at a time. Major appliances should be plugged directly into a wall receptacle outlet. Extension cords and power strips should not be used. Check electrical cords to make sure they are not running across doorways or under carpets. Extension cords are intended for temporary use. Have a qualified electrician add more receptacle outlets so you don't have to use extension cords.



Use light bulbs that match the recommended wattage on the lamp or fixture. There should be a sticker that indicates the maximum wattage light bulb to use.

Lately, we've responded to fire alarms at many apartment complexes within the area.

One thing we've noticed is that these signs (pictured with this article) are being ignored and doors are being propped open. This is a major safety concern which could allow smoke and fire to travel quickly within the entire facility preventing evacuation. We're asking all residents in apartment buildings to please close any fire doors you see propped open and to ask maintenance to repair any doors not closing completely or on their own. The simple action of allowing these doors to close could save many lives, including your own.

Stop Delaying, the Time to Join is Now!

We're urgently looking for volunteers of any age to help protect the community of over 34,000 residents and over 650 businesses. Your Bethel Park Volunteer Fire Company is 100% volunteer, meaning we don't have paid fire

Company is 100% volunteer, meaning we don't have paid firefighters on duty at any time, day or night. The minimum age for membership is 18. We provide all members with free training and all necessary equipment.

If you or someone you know is interested in joining, please stop at the Brightwood Road Fire Station any Monday evening at 6:45 p.m., pick up an application from our website at www.bethelparkvfc.com, or email us at join@bethelparkvfc.com.



Why Are Donations Needed?

We know that most households and businesses have taken a financial hit over the past several months, and the fire company has been no different. While we are grateful for the stability the Municipal fire levy provides, it does not cover items required to protect the community. The Municipal fire levy pays for the upkeep of our stations. Your donations help pay for everything inside of those stations including: protective gear, masks and air cylinders, purchase and maintenance of vehicles, firefighting equipment (hoses, nozzles, ladders, hooks, axes, fans), rescue tools (jaws of life, cutters, spreaders, rams, jacks, chains, ropes and pullies), carbon monoxide and combustible gas meters, plus training and classes to use all of these items.

Any amount that you're able to donate will help the Fire Company and will be greatly appreciated!

To donate, please visit our website at

www.bethelparkvfc.com/donate, visit United Way or check your mailbox for the flyer you should have received.

Please remember that the Bethel Park Volunteer Fire Company does not solicit for funds over the telephone.





BPTV...

Thanks for the Memories Susan Roberti!

BPTV would like to thank **Susan Roberti** for her dedicated volunteer service as the producer and host of Let's Talk Tailwaggers, and congratulate her on her retirement!

Her 25th Anniversary at the station occurred on July 4, 2022, and marks the end of an amazing run of TV shows dedicated to the care and love of all animals. Over the years "Aunt Suzy" helped promote many wonderful local individuals and organizations, and reminded viewers at the end of every show to support their local human societies and other animal shelters. She dedicated all of her shows to the memory of her father **Frank Ferry.**

Another thing that Roberti did at the beginning of every show was invite everyone to stop in to BPTV, "a wonderful little corner of the world" as she called it. In honor of that tradition, we'd like to invite you to be the next face on or volunteer behind the cameras at BPTV! Everything you see on Bethel Park Public Access Television is produced by local residents that volunteer their time to share an interest, information or talent with the rest of the Bethel Park community.

BPTV is dedicated to helping everyone who comes in make a TV program that they are proud to share with their fellow residents. Production volunteers also aid in our meeting and special event coverage, which helps capture the history of Bethel Park while keeping the community informed.

If you see her, thank her from all the Tailwaggers; and if you want to be our next 25 year producer, contact us at

412-831-3304 or via email at dcable@bethelpark.net.



BETHEL PARK POLICE DEPARTMENT

Timothy C. O'Connor, Chief of Police Sean Gorman Crime Prevention Officer

412-833-2000 OR 911 ANONYMOUS TIP LINE 412-851-BPPD (2773)

Officers Attend Advanced CSI Training

In addition to required annual trainings, our Officers regularly attend additional classes to enhance their knowledge and skill set. Several of our Detectives recently attended a week-long Advanced Crime Scene Investigation course through California University of Pennsylvania.

This class, built upon basic CSI techniques, included advanced latent print analysis, bloodstain pattern analysis, arson investigation, shooting scene reconstruction, advanced death investigation, and advanced forensic photography.

We seek to develop well-rounded officers who have specialized training and certifications in all facets of public safety.



Torch Run for Special Olympics

On May 10th, BPPD **Sgt. Grubich, Officers Gittings, Hummel, Frost, Zarate,** and **Foster-Alauzen** and **Municipal Manager Laurence Christian** participated in the annual Law Enforcement Torch Run for Special Olympics. BPPD, along with dozens of other departments across Pennsylvania, carried the Special Olympic Torch 150 miles from Pittsburgh to State College for the 2021 *(Sean...should this be 2022?)* Summer Games.

Thank you to those who donated to our team for this great cause!



Pictured (l-r): Hummel, Zarate, Frost, Grubich, Gittings, Christian and Foster-Alauzen.

Bethel Park Animal Control



Many residents have asked how Animal Control is handled in our community.

When you have any type of animal issue such as lost pets, trapping animals, wild animals, deer management questions, or anything else dealing with animals of all types, call the Bethel Park Police Department's Emergency Dispatch line at 412-833-2000.

From there, the Dispatcher

From there, the Dispatcher will take your information and contact our Animal Control partner, South Hills Cooperative Animal Control (SHCAC), to respond to your problem or issue.

Subscribe to 'Crime Watch' E-Mails!

If you would like to be added to the Crime Watch e-mail list, please visit our webpage at



webpage at https://bethelpark.net/police/ and enter your name and email on our sign-up form.

CONTACT/SOCIAL MEDIA

Anonymous Tips can be called into the hotline 412-851-BPPD (or 2773) or emailed to crimewatch@bethelpark.net

You can follow us on Facebook, Twitter, and Instagram for updates:

Facebook Page: Bethel Park Police Department

Twitter:
@bethelparkpd

Instagram: bethelparkpolice







("Police" cont. pg. 15

www.BethelPark.net August 2022

(cont. from pg. 14)

Police Artifacts Returned to BPPD

Now here's a real-life Throwback Thursday! Our Department was recently contacted by California Highway Patrol CHP - Arrowhead after a distant relative turned over a badge, ID and holsters belonging to former BPPD **Chief George Kersher.**

Kersher worked for then Bethel Township from 1947-1951, and had previously worked for the PA State Police and Allegheny County District Attorney Detective Bureau.

On March 5, 1948, Kersher and **Officer Joseph Chmelynski** were shot while arresting two men committing a burglary on Broughton Road. Officer Chmelynski died of his wounds, and Kersher survived another six years before passing in 1954 at age 47.

Kersher was appointed Chief after the incident and served until 1951. Receiving these artifacts has reignited a debate on whether or not Kersher's death was a result of his gunshot wound. It has been suggested that Kersher suffered many medical issues as a result of the shooting; however, his death was never ruled as a direct result of his wound. Therefore, only Officer Chmelynski is recognized on the Memorial Wall of the National Law Enforcement Officers Memorial Fund in DC.

We need your help!

We're asking for the public's help in locating old documents, newspaper articles, or any information that might shed more light on Chief Kersher. We encourage you to contact us at crimewatch@bethelpark.net.

This past week, Chief O'Connor presented the items to the Bethel Park Historical Society to be displayed at the Schoolhouse Arts and History Center.



Lateral Inspections and Why They're Beneficial

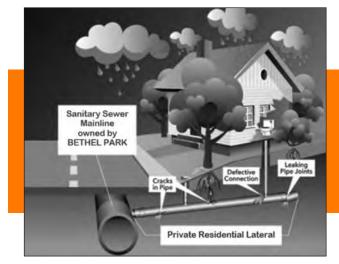
The Municipality is adopting a new volunteer lateral inspection policy. Many times, these systems can be at risk of failure, and homeowners aren't aware until an issue arises. By having a sewer line camera inspection, the inspector can help determine defects that might lead to costly repairs, replacements, illegal connections, and more.

While copies of the inspection are normally given to both home buyers and sellers, we're asking that you also send a copy to our Community Development Department so that we can stay on top of potential sewage line issues in the Bethel Park.

Videos can be sent to us digitally via email, Dropbox or dropped off at our office on a flash drive.

Questions? Call our Community Development Department at 412-831-6800, x241.

*The average lifespan of lateral pipe is about 50 years; many are currently older than that in our community. Knowledge about the condition of your lateral can help prevent an emergency and mitigate basement backups. **Your video helps us better target our sewer maintenance program!**



To find out more about this voluntary program, visit **www.bethelpark.net**.

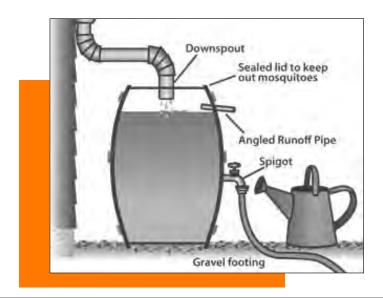
How Rain Barrels Can Benefit Your Home

What are rain barrels?

Rain barrels sound exactly as they are – a barrel or large container that connects to your home's downspouts to collect rain water! Once the water is collected in the barrel, this water can be stored and used to water gardens or other plantings during dry weather. Rain barrels can be purchased from a local retailer or even constructed at home with a few supplies.

Why are rain barrels beneficial?

By collecting rain from your downspouts, rain barrels reduce the amount of water flowing from your property and stores the water for dry weather! It is important to reduce water flowing onto your property because this extra water can cause swampy backyards and soil erosion. Rain barrels can also reduce your monthly water bills – you can use the water stored in the barrel to water gardens and lawns during dry weather! Just be careful when watering edible plants– rain water from downspouts can collect pollutants (such as bird waste and chemicals from roof materials) that may be harmful if ingested!





BETHEL PARK EDUCATION FOUNDATION

The Bethel Park Education Foundation (BPEF) is a community-based, non-profit organization whose goal is to support programs that promote quality education. The Foundation works to facilitate communication and involvement among students, parents, school staff, business leaders and community citizens.

> Public schools face a variety of new challenges as state and federal funding sources have been reduced or eliminated. BPEF hopes to find alternate ways of funding important initiatives within our schools. The Foundation does not receive any public funding – programs are supported by individual, community, corporate partners. Our partners donate knowing their gifts are creating opportunities for students to have exceptional educational opportunities for students to have exceptional educational opportunities. They know that providing a quality education favorably impacts the entire community.

> The Bethel Park Education Foundation is independent of the school district but works closely with the school board, administration, teachers and students. All programs that benefit Bethel Park students are considered for financial support. The program list grows and evolves to reflect the needs of the student, teacher, school and district as they are identified.



- Andy Amrhein, President
- William Brucker, Vice President
- Tom Bailey, Treasurer
- Deb Luckasevic, Secretary
- Vic DiPrampero
- Dr. Roger Zelt
- Caitlin Metzler
- Jim Knapp
- Patty Campbell
- Lindsay Crowley
- Dr. James Walsh

Please direct any questions to: bpefoundation@gmail.com



We need your help! As a Bethel Park graduate, you know that providing quality education requires investment during and after school hours. Please consider making a donation to support the BPEF ensuring that all Bethel Park students can continue to enjoy the same opportunities for engagement and success.

Your tax deductible contribution can be made via any of the following

- Directly from the BPEF website
- www.bethelparkfoundation.com.
 Via United Way of
 Southwestern PA by entering
 code#12998472 on your
 contribution form through your employer
- By mailing a check to: Bethel Park Education Foundation, 301 Church Road, Bethel Park,

You may also wish to consider making a contribution to the BPEF through your business and receive a

Thank you in advance for your support.

Bethel Park Education Foundation

To enhance educational opportunities for our students by

increasing community involvement with our schools.



STEAM Grants
STEAM grants are awarded to students, teachers, and schools to foster creativity, innovation, and imagination. Grant initiatives will be evaluated for their ability to:

- engage collaborative interactions
- develop interdependence and independence skills
 encourage resiliency by being task focused & disciplined
- promote self-awareness and mindfulness develop critical and creative thinking skills

The Individual Teacher Grant funds initiatives that are innovative and stimulate student learning and creativity.

Teacher initiated projects that are funded will be evaluated to:

- encourage, uplift, edify, and challenge the student
- provide unique educational opportunities
- augment existing curriculum
- evaluate the successful achievement of the stated objectives
- consider the possibility of replication in other schools.

Individual School Grants
The Individual School Grants program seeks to provide funding to an individual school. Grants may be awarded in three categories – elementary, middle school and high school.

The purpose of the Individual School Grant is to:

- provide financial assistance for schools to substantially improve student achievement.
- implement comprehensive school improvement programs that are based on reliable research and effective program practices.
- place emphasis on basic academics and parental/care-giver involvement. determine the successful achievement of the stated objectives.
- consider the possibility of replication for other schools.

Individual Student Grants
Enhancing and encouraging excellence in education for the student is the absolute focal point of the BPEF. There is no ceiling to the creativity and innovation of the student mind. In that spirit, the grant program needs to remain flexible and adaptable to student proposals.. As such, grants may be awarded to any student at any grade level in any discipline of study. Additionally, grants will be considered for all physical activity endeavors and all forms of the arts.

No grant shall be administered as a direct monetary payment to the awardee. No grant will be awarded for food, beverages, parties, recreational activities nor field trips.



You can now donate via the United Way:

YOU MAY DESIGNATE THE BPEF AS THE RECIPIENT OF YOUR UNITED WAY DONATION. ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS: #12998472

August 2022

301 Church Rd. • Bethel Park, PA 15102 • 412-760-9614 • bethelparkfoundation.com

Mission

www.BethelPark.net





The Bethel Park Community Foundation is a non-profit 501 (c)(3) organization that embraces a philosophy of local philanthropy. Tax-deductible contributions made to the Bethel Park Community Foundation are applied to fund local initiative and community programs in these five areas:

• COMMUNITY FACILITIES • EDUCATION • RECREATION • THE FINE AND PERFORMING ARTS • COMMUNITY HEALTH AND SAFETY.

Funds are made available through a grant application - visit <u>www.bpcf.org</u> for more information or contact us at: PO Box 811, Bethel Park, PA 15102

Did you know that the Bethel Park Community Foundation is a tax-deductible non-profit organization?

What better way is there to support the BP Police, BP Volunteer Fire Company, Tri-Community South EMS, and a wide range of community-focused activities than one tax-deductible check to the Bethel Park Community Foundation?

Bethel Park Community Foundation?
Or would your family or group like to start a scholarship, where you and others can make tax-deductible contributions?
The Bethel Park Community Foundation as a 501 (c)(3) organization can help with that too!

You can also make a tax-deductible donation to Jeez our Bethel Park Police K-9 or to help with furnishings at the Bethel Park Community Center. Both of these have special funds with the BP Community Foundation.

Please remember the Bethel Park Community Foundation in your estate

If you have any questions or would like to speak personally with a member of the Bethel Park Community Foundation, please email us at info@bpcf.org or call 412-831-6800, x 740.

Since 1999, the Bethel Park Community Foundation has granted nearly \$750,000 back into the Community of Bethel Park.

Your tax-deductible contributions at work in our community!

YOU CAN NOW DONATE VIA THE UNITED WAY:

YOU MAY DESIGNATE THE BPCF AS THE RECIPIENT OF YOUR UNITED WAY DONATION. ENTER YOUR



CONTRIBUTOR'S CHOICE AGENCY CODE AS: #892191

Over \$20,000 in Scholarships Awarded!

Congratulations to ALL the graduating seniors of the BPHS Class of 2022 and to our scholarship awardees!

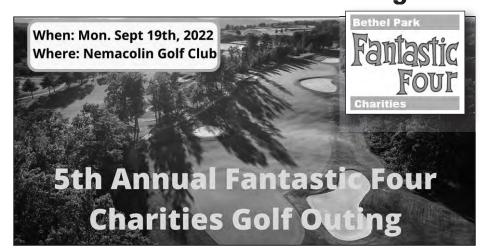
This year, the Bethel Park Community Foundation offered over 10 scholarships to current seniors at BPHS.

We were able to have recipients for EVERY scholarship this year, along with being able to award out over \$20,000 dollars' worth of scholarships! This is an amazing accomplishment for these stellar students, and we're thankful to be able to assist them with these scholarship funds for their academic futures.

Information on our annual scholarships can be found at www.bpcf.org/scholarships.



Fantastic Four Golf Outing



Our 5th annual golf outing will be held **Monday, Sept. 19, 2022** at Nemacolin Country Club. The Fantastic Four Charities consist of the Community Foundation, Education Foundation, Historical Society and Public Library, and all money raised is divided among each organization.

If you're interested in golfing, sponsoring, winning prizes, or just joining us for dinner, please visit our website at www.bpcf.org/fantastic-four-events.

("Foundation" cont. pg. 18

MUNICIPAL CONTACT INFORMATION

Bethel Park Municipality has full-time staff members who perform various tasks within the Municipality. Several staff members attend Council meetings to assist in the conduct of the meeting and to answer questions from Council. Those usually in attendance are listed below: (All numbers listed are in the 412 area code.)

Laurence Christian
Manager831-6800 X137
Lisa Lapaglia
Finance Director831-6800 X210
Stacey Graf
Engineering Director831-6800 X208
Susan Dolinar
Public Works Director831-6800 x301
Kirsten Primm, Municipal Planner 831-6800 X104
David Rudolph
Code Enforcement Officer831-6800 X130
Charles H. Stover
Recreation Director831-6800 X230
Timothy O'Connor
Chief of Police831-6800 X100

Other Important Municipal Numbers Include:

Emergency (fire, police, EMS)	833-2000
Main Municipal Office Number	
Receptionist	
Bethel Park Community Center	
Bethel Park Public Library	
EMS (non-emergency)	831-3710
Fire Department (non-emergency)	
Brightwood Station	
Fire Prevention Unit	
Recreation Department	
Public Access TV	831-3304
Jordan Tax Service	835-5243

Visit Us Online at www.bethelpark.net

BPCF

(cont. from pg. 17)

BPCF Sponsors Farmers Market

The Bethel Park Recreation Farmers' Market has been rated one of the best in the Pittsburgh area. The BPCF has partnered with them as a primary sponsor to help ensure that this valuable community event continues running strong.

The Farmers' Market is held every Tuesday until the end of September at the Ice Rink lot on Corrigan Drive. Check it out!



Party In The Park A Success

Thank you to everyone who attended the Party In the Park event at the South Park Theatre! This was a family and friend-filled day with tons of festivities, food, drinks, prizes, entertainment, and more. Thanks to a BPCF grant, the Theater was able to renovate and construct a beautiful new patio space

and garden area. Consider checking out a performance at the South Park Theater.



Find Us On Facebook

The Bethel Park Community Foundation is now on Facebook: Bethel Park Community Foundation. Please visit and "Like" our page for updated information from the foundation



BETHEL PARK MUNICIPAL COUNCIL & MAYOR



Jack T. Allen Mayor 831-9923



Timothy J. Moury President WARD 8 833-4615

Joseph A. Consolmagno WARD 1 833-7993





Dr. Timothy Campbell WARD 2 418-9197

John Oakes WARD 3 595-7750





Todd Cenci WARD 4 357-0045

Joe Janosik WARD 5 328-6563





Mark J. O'Brien Vice President WARD 6 831-0774

Dave Espinar WARD 7 833-5254



Lindsay Flinn WARD 9 568-3281

www.BethelPark.net August 2022

FALL 2022

PROGRAMS & ACTIVITIES

Meet Bethel Park Recreation's Newest Employees!

Emily Skoczlas

Community Center Director/Assistant Recreation Director

Joining Bethel Park Recreation on July 1, Emily Skoczlas brings a wealth of recreation experience with her. She began her career working

for the Slippery Rock University Recreation Center as a college sophomore and knew then that she wanted to devote her career to the profession.

"By the end of that year, I knew I wanted to work in the Recreation field. From there, I attended many conferences on college recreation and loved it!" she said. "Because of my love of the industry, I went on to become an intramural sports intern at Slippery Rock where I ran a variety of leagues for several years.'

She moved on to become a graduate assistant while pursuing a master's degree in sports management at Slippery Rock. Upon

I think it's a really upbeat and encouraging atmosphere! Everyone is very positive and welcoming and it's a beautiful center! I'm looking forward to making a positive impact on the community and program!

Emily Skoczlas



graduation, she took a position at Duke University where she was the facilities coordinator for their Recreation/Physical Education Department.

There, I oversaw over 60 staff members, daily operations of a 99,000 sq. ft. facility and served on a variety of special recreation committees. I then became the assistant director and took on additional responsibilities including facility rentals and reservations," she said. "I feel all of these skills are transferable to my current position and I'm excited to learn more about the field of parks & recreation!'

Skoczlas' background also includes risk management, event

coordination, and experience in the areas of diversity, equity and inclusion.

In her new position, Skoczlas said she's looking forward to improving staff culture and customer service as well as safety procedures and policies. Another area she'd like to work on is "the wav that we're using technology...Internally first, beginning with scheduling.'

Her first impressions of the Community Center and Recreation program have been very positive.

'I think it's a really upbeat and encouraging atmosphere! Everyone is very positive and welcoming and it's a beautiful center!" she said. "I'm looking forward to making a positive impact on the community and program!"

Recreation Director is equally enthusiastic about Skoczlas joining his team.

"I'm excited about Emily bringing her extensive experience to our facility and program," said Stover. "Her energy and enthusiasm rub off on everyone she meets. I'm looking forward to seeing what positive changes she can bring to our already vibrant Community Center!"

Skoczlas holds a Bachelor of Science degree in Professional Studies from Slippery Rock University and a Master of Science degree in Sports Management from California University of Pennsylvania.

James Knight

Recreation Program Coordinator

James Knight began with the Recreation Department on July 5 and is already enjoying his new position!

"Everyone I've met so far has been amazing," he said. "This community is very connected, and I'm impressed by how many people here are interested in Recreation! There's also a great sense of community in Bethel Park that's so nice to see!"

Prior to joining Bethel Park, Knight was retention and operations manager at the Pittsburgh performance and transformation facility –

Altus-HPO where he provided oneon-one trainings helping clients with both their physical and mindset

Knight, who still works there part-time, said he enjoys the fitness and health field because "I like to help people reach their goals. It's so rewarding for me! I enjoy helping people do what they set out to, and event push pass their limits.'

He's helped client regain mobility after such things as hip surgery, shoulder injuries and more. He's also helped individuals



("Spotlight" cont. pg. 34)

BETHEL PARK RECREATION

Bethel Park Community Center 5151 Park Avenue, Bethel Park, PA 15102 Phone: 412-831-1328

Register online at: www.bethelpark.net Contact us at: recreation@bethelpark.net Office hours: Monday through Friday 9:00 AM - 4:30 PM

WHAT YOU WILL FIND INSIDE:

WHAT TOO WILL THAT HOLDE.
Page
REGISTRATION INFORMATION20
Mail Registration Deadline, Special Notice,
When Programs Begin, When Fees are Due,
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PLEASE SAVE THIS INFORMATION. PROGRAMS WILL CONTINUE THROUGH DECEMBER 2022.

REGISTRATION INFORMATION

Bethel Park Recreation reserves the right to cancel, combine or divide classes, or to make other changes that become necessary and to do so without incurring obligations. Adjustments of fees will be made when classes are cancelled by the Department.

WHEN PROGRAMS BEGIN

In almost all instances, each activity will have a schedule with a beginning date. In those cases where time or day is not available, interested individuals should call the Recreation Office.

WHEN FEES ARE DUE

All fees must be paid at the time of registration unless special arrangements have been made at the Recreation Office. If registration is made by mail, be sure to include the activity fee and all information as required.

INSURANCE INFORMATION

The Recreation Board does not carry health insurance to cover injuries incurred while participating in any activity. In most cases, hospitalization carried through your employer will cover these types of injuries. Participants are also responsible for their personal property. Valuables should never be left unattended.

HOW TO REGISTER

Register at least one week prior to the start of the activity, unless otherwise stated.

It is important to pre-register for any activity found in this leaflet because sometimes an activity may be cancelled when there is not sufficient registration. **Never plan to attend the first** class without pre-registering.

You may register online for many activities! Check our website at www.bethelpark.net for details! When you get to the main page, please click on Departments and then Parks/Recreation. There is a link to register online. A nominal fee will be added for each online registration.

You may register by mail for most of the activities in this leaflet. A mail registration form is provided. The participant's name, address (including zip code) and telephone numbers should be listed. When there is choice of session, day or time, make sure to list your class preference and *put the appropriate* activity code number on the registration form. Most youth swim lessons DO NOT list activity numbers.

Please include the name of the person who is paying the fee for the activity, "Payment From:", and make check payable to: "Bethel Park Recreation", unless otherwise indicated. SIGNATURE of the participant or parent/guardian is

Some activities will have a sign-up day, such as youth swimming lessons. For your convenience, registrations may also be dropped off at the Bethel Park Community Center front desk or mailed to Bethel Park Recreation, 5151 Park Avenue, Bethel Park PA 15102. Individual telephone calls will not be made confirming registration. The only time you will be notified is if there is a change or cancellation of the class or activity.

Bethel Park Recreation provides opportunities for positive publicity by photographing / videotaping patrons at programs for use in local publications, newspapers or television.

If you prefer that you and / or your child not be photographed for publicity purposes, please notify Bethel Park Recreation in writing upon registration.

CLASS ATTENDANCE
Attendance at class offerings is not mandatory. The Recreation Department recommends that an attempt be made to attend as many classes as possible. Generally, the only skill testing takes place in swimming and basketball programs. All advanced classes in any area are based upon successful completion of primary or beginning level instruction. Entrance at an advanced level is up to the discretion of the instructor. Placement is always made with the best interests of the participant in mind.

Participants are reminded that undesirable behavior or destruction of any property are reasons to expel the offender from a class or program. Parents are asked to remind children that they should not be in other areas of any building and to respect School District and Municipal property.

RETURNED CHECKS

Any check that is returned to the Recreation Office as "NSF" will be subject to a \$35.00 replacement fee. All "NSF" checks MUST be replaced within ten (10) working days or the person will be withdrawn from the roster.

RESIDENCY INFORMATION

All Bethel Park residents are given preference in registering for programs offered in this leaflet. Classes that have a limited enrollment will be open to non-residents only if space permits. The Recreation Board reserves the right to refuse admission to any person who misrepresents residency, and will not give refunds to those individuals. Non-resident fees are set for each activity and should be paid accordingly upon registration.

REFUNDS: Please read...

Refunds will only be given upon written request, received in the Recreation Office, prior to the beginning of the second class or practice session. Phone requests will not be accepted, nor does failure to attend a class constitute notification of intent to withdraw from a class. Send your request and a SELF-ADDRESSED STAMPED ENVELOPE to:

Bethel Park Recreation 5151 Park Avenue Bethel Park, PA 15102

All refunds are subject to a service fee of \$5.00. The Department will issue a credit letter to be applied to any non-contractual Recreation program for a six-month period in place of the refund, if the individual so desires. Exceptions for use of credit letters include contracted activities such as dog obedience, ski trips or special ticket sales.

CANCELLATION OF CLASS

Participants should check with the Recreation Office for updated program information. Individual phone calls will not be made to verify mail registrations. Calls will be made ONLY for classes that have been cancelled due to lack of registrations.

NO NEWS IS GOOD NEWS

When you register for any of our terrific classes, don't wait by your phone or camp out by your mailbox.
The only time you will hear from us is:

* If there is a change in the time or day for your class

* If the class is moved, full or cancelled

So, if it is almost time for your class and you haven't heard from our friendly staff, that's GOOD NEWS. It means YOU ARE IN! You may call us at 412-831-1328 if you wish to confirm that we received your registration.

Board of Parks and Recreation

James Gastgeb, Chairperson James Miller, Vice Chairperson Joelle Salerno, Secretary Bill Bonaccorsi - Bob McCall Russ Spicuzza - Daryl Walezak Joseph Nagel - Vince Galloni Christina Murtaugh - Kelly Kuhn

Monthly Meetings

The Board meets on the first Wednesday of each month at 7:00 PM in the Community Center unless otherwise advertised. Please contact the Recreation Office for specific meeting dates.

Department Administration Charles H. Stover, Director Emily Skoczlas, Assistant Director/Community Center Director Amber Armstrong, Administrative Secretary

> Laurence Christian, Municipal Manager Dr. James Walsh, School Superintendent Mark O'Brien, Municipal Council Liaison Dave Espinar, Municipal Council Liaison Lindsay Flinn, Municipal Council Liaison Barry Christensen. School District Liaison

www.BethelPark.net August 2022



AQUATIC PROGRAMS

AQUATIC REGISTRATION AND SKILL TESTING WILL BE HELD ON Saturday, August 27 10:30 AM - 11:15 AM **Bethel Park High School Pool**

There will be **ONE six** *(6)* **week** session of Saturday lessons in the Fall.

Lessons will be Sept. 10 through Oct. 22. All aquatic activities will be held in the Bethel Park High School pool unless otherwise stated.

CHILDREN ages 5 to 7 who have never had formal lessons need to be skill tested and must register at SKILL TESTING at the pool. They will be entered in a class at their ability level after they are skill

CHILDREN ages 5 to 7 who have had lessons with this department before must register at SKILL TESTING, but THEY DO NOT NEED TO BE SKILL

CHILDREN ages 8 and older, first time swimmers, will be in STEP 1, and must register at SKILL TESTING at the pool. There is no need for the child to be skill tested.

HOW TO REGISTER FOR SWIM LESSONS ON

SATURDAY, AUG. 27:
Please bring a check or exact cash to pay for

lessons at registration. A spot will only be held with payment.

BEGINNERS and STEP 1: Registration and SKILL TESTING is on a first-come basis. You may also register at the Recreation Office in the Community Center beginning August 30.

TODDLER TADPOLES *(6 months - 4 years old):* Registration is on a first-come basis. You may also register at the Recreation Office in the Community Center beginning August 30.

STEPS 2, 3, 4, and 5: You may mail-in or drop-off registrations at the Recreation Office at the Community Center OR register online at www.bethelpark.net. A nominal fee will be added for each online registration.

Private Swim Lessons: Register at Skill testing or at the Recreation Office in the Community Center to schedule your specific time.

PREREQUISITE: Swimmer MUST be able to submerge their head completely under water before registering for the Beginner class.

SATURDAY LESSON SCHEDULE:

SKILL LEVEL TIME Beginner* and Step 5 10:00AM - 10:45AM Step 1* and 3 10:55AM - 11:40AM 11:50AM - 12:35PM 12:45PM - 1:30PM 1:40PM - 2:10PM Step 2 and 4 Beginner* Toddler Tadpoles*

* MUST register at BPHS pool during SKILL TESTING on Saturday, Aug. 27 from 10:30AM to 11:15AM.

Registration for other lessons should be mailed in or dropped off at the Community Center, or register online at www.bethelpark.net. A nominal fee will be added for each online registration.

WHEN: 6 Saturdays

Sept. 10 to Oct. 22

\$55.00 (non-resident \$60.00) FEE:

45 MINÙTE GROUP

LESSONS FOR ONLY \$55.00!!!

No class: Sep 24

NOTE: Goggles are available for purchase at

the pool for \$5.00.



TODDLER TADPOLES

This is an introductory swimming class for babies and toddlers, 6 months to 4 years old, with a parent/caregiver in the water with them. This class, led by an instructor, will help your baby develop a confidence in the water which will last a lifetime through rhyme, songs, and movement. Introducing your toddler to the water in his early years helps to develop strength, motor development and coordination. Your baby will learn how to jump into the water, float on his back, kick and learn basic swimming strokes, all while having a splashing

Register at 10:30 a.m. at BPHS Pool on Saturday, Aug. 27, during skill testing. You may also register at the Community Center beginning Aug. 29.

Ages: 6 months - 4
Resident Fee: \$55.00 Non-Res Fee: \$60.00 6 session dates

3413.360

09/10/2022 - 10/22/2022 Dates: 1:40PM - 2:10PM Time:

_ocation: **BPHS Pool** No class: <u>Sep 24</u>

PRIVATE SWIM LESSONS

One on One Swim Lessons! An instructor will give your child individual swim lessons tailored to what your child needs. Our experienced and patient instructors will be in the water with your child while he or she learns at their own pace, whether it is getting accustomed to the water for the first time, learning basic water skills, or getting enough individual help to advance to the next level. These 1/2 hour private lessons will be scheduled during swim lessons. Register at the Recreation Office in the Community Center to schedule your specific time.

Resident Fee: \$100.00 Non-Res Fee: \$110.00

6 session dates

3413.303

09/10/2022 - 10/22/2022 Dates: Sat 10:00AM - 2:00PM

BPHS Pool Location:

ADULT PRIVATE SWIM LESSONS

One on One Swim Lessons for those over 18 years of age. An instructor will give you individual swim lessons tailored to what you need. Our experienced and patient instructors will be in the water with you while you learn at your own pace, whether it is learning basic water skills or getting enough individual help to advance your skills to the next level. These 1/2-hour private lessons will be scheduled during swim lessons. Register at the Recreation Office in the Community Center to schedule your specific time.

Ages: 18 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3401.301

09/10/2022 - 10/22/2022 Dates: Sat

10:00AM - 2:00PM Time:

BPHS Pool Location: No class: <u>Sep 24</u>

PITTSBURGH ARTISTIC SWIMMING

Artistic Swimming combines the grace of dance, the agility of gymnastics and the athleticism of swimming all in one sport. Swimmers will perform a variety of individual figures and team routines which include performances of coordinated movements (similar to dance) in time to music. This exciting sport encourages confidence, creativity, strength, flexibility, and teamwork. Instructors have competed in National/International Age Group, Intercollegiate and/or master's Competitions. As the team progresses, swimmers will have the opportunity to compete or participate in a swim show for friends and family. USA Artistic Swimming safety protocols will be used. Swimmers do not need prior experience but should be able to swim 25 yards freestyle, backstroke, breaststroke (pool length). Swimmers will need a swimsuit, cap and nose clips. Email pghsynchroswim@yahoo.com for more details. Twice a week discount rate is not available with online registration.

Ages: Resident Fee: \$40.00 Twice a week: \$60.00 Non-Res Fee: \$45.00 Non-Res Fee: \$65.00

6 session dates

Sun

3413.370 09/06/2022 - 10/11/2022 Dates: Tue 7:30PM - 9:00PM Time:

3413.371

09/08/2022 - 10/13/2022 Thu Dates: 7:30PM - 9:00PM Time:

3413.378

09/11/2022 - 10/16/2022 Dates:

3:30PM - 5:00PM Time:

3413.372

10/25/2022 - 12/06/2022 Dates: Tue 7:30PM - 9:00PM

Time:

3413.373

10/27/2022 - 12/08/2022 Dates: Thu 7:30PM - 9:00PM Time:

Location: **BPHS Pool**

Nov 8, Nov 24, Nov 27 No class:

SATURDAY CLASSES ARE HIGHLIGHTED

www.BethelPark.net August 2022

LAP SWIMMING

Swim without the crowd and do laps on your own on Monday and Wednesday evenings! Sign in and pay at the pool each evening you attend. The fee for nightly attendance is \$5.00 (non-res \$6.00). Locker rooms are closed due to Covid restrictions. Restrooms are available.

18 and over

Resident Fee: \$5.00 Non-Res Fee: \$6.00

09/07/2022 - 12/14/2022 Mon, Wed Dates:

Time: 7:30PM - 8:30PM

Location: **BPHS Pool** No class: **Nov 28**

COMMUNITY SWIM

Swim Dates: 9/10/2022 - 12/18/2022

6:30 - 8:30PM 2:30 - 4:30PM Fridays Saturdays Sundays

NO SWIMMING ON SCHOOL HOLIDAYS AND POSTED SWIM MEET DAYS. Daily Fee: \$5.00 Non-Res: \$7.0 Daily Family Pass - \$10 for up to 5 immediate family members. (Non-resident \$13) Non-Res: \$7.00

SPECIAL NOTE: DO NOT BRING VALUABLES TO THE POOL. Check in with the guard when entering the pool. Children under 14 years of age MUST be accompanied by at least one parent who is dressed to enter the water.

Location: BPHS Pool NO COMMUNITY SWIM ON: Sept 9, Sept 24, Sept 30, Oct 1, Oct 14, Oct 28, Nov 5, Nov 6, Nov 25, Nov 26, Nov 27, Nov 28, Dec 2, Dec 3, Dec 4

SWIM TEAM FALL CLINIC
This clinic is for students, ages 6 to 14, who are NOT registered with the Bethel Park Recreation Swim Team and have an interest in swimming competitively. During the clinic, our competitive swim team coaching staff will work with your child to develop the basic fundamentals of the four basic competitive swim strokes (freestyle, backstroke, breaststroke, & butterfly) as well as an introduction to legal turns and starts. Goggles are required for all swimmers and caps will be provided for athletes with hair shoulder length or longer. Detailed information about the clinic will be provided on the first evening and information about swimming options after the clinic will be shared throughout the clinic. Email **kistrock@gmail.com** with any questions.

Ages: 6 - 14 **Resident Fee: \$50.00**

3421.303

Non-Res Fee: \$65.00

11 session dates

08/29/2022 - 09/15/2022 Mon, Tue, Dates:

Wed. Thu

5:00PM - 5:45PM Time:

BPHS Pool Location: No class: <u>Sep 5</u>

You can register online for most Recreation programs! www.bethelpark.net

SATURDAY CLASSES ARE HIGHLIGHTED

AQUACISE *New Location!*Any adult *(21 years of age and over)* is welcome to come. You do not have to be able to swim to participate. Classes feature water exercises. Aquacise is held throughout the year on Monday and Wednesday evenings at Pathfinder School Pool.

The fee for nightly attendance is \$5.00 for a resident or \$6.00 for a non-resident. Sign in and pay at the pool each evening you attend.

Ages: 21 and over Resident Fee: \$5.00

Non-Res Fee: \$6.00

Dates: 09/07/2022 - 12/14/2022 Mon, Wed 7:30PM - 8:30PM

Time:

Location: Pathfinder School Pool No class:

Nov 23, Nov 28

ARE YOU A YOUTH SPORT **VOLUNTEER COACH?**

The National Youth Sports Coaches Association (NYSCA) is a

membership organization and the most widely used volunteer coach training program in the nation, having trained more than 3 million coaches since 1981.

The NYSCA volunteer coach training program is designed to sensitize volunteer coaches to their responsibilities and hold them accountable to a strict Code of Conduct defined by the NYSCA Coaches' Code of Ethics Pledge.

The NYSCA Introduction to Coaching Youth Sports website is one of the most comprehensive resources for volunteer coaches, no matter what sport you're coaching. The website is designed to improve your understanding in all the important areas of youth coaching. Coaches who are trained and educated on the many different aspects involved with coaching kids are best prepared to provide participants with a fun-filled, safe, and rewarding experience. Please consider completing this valuable online training at www.nays.org.

Bethel Park Recreation EARMERS' MARKET Tuesdays 3-7 PM CHECK OUT THE **FARMERS' MARKET** TUESDAYS, 3 - 7 p.m. through Sept. 27! **South Park Ice Skating Parking Lot**

Field Banner Sponsors

Bethel Park Recreation would like to thank the following businesses for participating in our Field Banner Program:

Alpine Pools

Become Better Sport Performance &

Personal Training Beedle's Ice Cream Bethel Church League

Bethel Park Democratic Committee Bethel Park Girls Softball Association

Bethel Park Recreation

Bethel Park Recreation Farmers' Market Bethel Park Republican Committee

Bethel Park Soccer Association

Bill Flinn Agency

Brentwood Bank

Britney Hollick State Farm

Flora Park

Good Orthodontics

HighPoint Fitness

Hillcrest Christian Academy

Jane York- Coldwell Banker

Jersey Mike's Subs

Jess and Chris Ollio Team

Joe Fabus Childhood Cancer Foundation

Judge Ron Arnoni

Keller Williams- Cindy Rack

Kona Ice

Leanne Dresmich Real Estate Services

Lois Johnson Learning & Child Care Center

M & M Photography

Ma & Pops Country Kitchen

Maceil's Autobody

Magnum PSI

Michael Brothers Hauling

Mon River Supply

No Limits Martial Arts

Noble Environmental

Olive Oils Pizza

Pacer Track Club

Pasta Too

Planet Roof

Rita's Italian Ice

Slaney's Auto

South Hills Honda

South Park Shops

Spartan Pharmacy

Superior Remodeling & Renovation The Big Fish Contracting Company

USC Tennis

USC- Bethel Park Rotary Breakfast Club



COACHES AND VOLUNTEERS NEED CLEARANCES!



Interested in Coaching? (basketball, flag football)

Pennsylvania state law requires all individuals who have direct contact with children have three clearances: that all the Pennsylvania Child Abuse History Clearance, Pennsylvania State Police Criminal Record Check, and the FBI Federal Criminal History Record. The clearances take approximately two to three weeks for processing.

Please contact Recreation Director Chuck Stover today about getting your clearances. You will not be able to coach or volunteer without them. cstover@bethelpark.net or 412-831-6800, x230.

OTHER YOUTH PROGRAMS

Travel Basketball Team Tryouts 2022-23 Season

Bethel Park Travel Basketball will be holding tryouts for **boys' grades 3 - 8 and girls grades 4 - 8.** All 3rd grade girls are welcome to try out for a 4th grade team but are not guaranteed to make the team.

Players **MUST** attend at least <u>two</u> of the three tryouts with their specific grade level and gender. Players will not be permitted to attend tryout sessions with another grade level.

Tryouts will be conducted in September. Please visit www.bpbasketball.com for specific days and times. Any questions should be directed to Drew Sabatos at tryouts@bpbasketball.com.

Travel Basketball requires a significant time commitment. Players are expected to attend practices and games and to hone their skills on their own as well.

Bethel Park Hockey

Interested in playing ice hockey? If you want to know more about BP Hockey, please contact **Jon Tietz** at **bphockeypresident@gmail.com**. We may have some openings available on our JV2 team.

Bethel Park Jr. Wrestling

Ages: 5-12 Grades: K-6

Registration will be held on **Wednesday**, **Oct. 20** from **6:30 - 8:00 p.m.** in the Bethel Park High School Cafeteria. **You must bring <u>3 checks</u> to registration** (1 for registration, 2 for deposits).

1st wrestler - \$100 2nd wrestler - \$90

3rd or more wrestler(s) - \$25 per child

Additional Requirement: Equip deposit - \$80 / Duty deposit - \$150.

Practices for beginners will be held on Tuesdays and Thursdays from 6 - 7 p.m. Practices for experienced will be held Mondays, Tuesdays, and Thursdays from 7 - 9 p.m. The first practice for experienced will be on Monday, Nov. 14th and the first practice for beginners will be held on Tuesday, Nov. 15th. Matches and tournaments are held Saturdays and/or Sundays and a few possible weeknights during the season, which ends in late February or early March. Your child will practice and compete based on their age, weight and experience. A schedule of matches will be available beginning in December 2022. Please contact Brian.Kunkle@hotmail.com with any questions.

PACER Cross Country Track

REGISTRATION and the first practice will be held beginning in late August or early September. Please check the website.

All girls and boys, ages eight and older, can participate in the Cross Country season at the Gilfillan Trail, located near Westminster Presbyterian Church on Route 19, south of South Hills Village. Practices are Monday, Tuesday and Thursday evenings with meets on Saturday and Sunday mornings. No experience is needed. A well-fitting pair of RUNNING shoes is necessary. **AGES:** 8yrs and over

Monday, Tuesday and Thursday TIME: 6 - 7:30 pm LOCATION: Bethel Park Recreation Center

Call **Damon Rhodes** at **412-475-7206** or **Steve Meddings** at **724-301-8101** for further information. Check our website for fees and other information: <u>www.pacertrackclub.com</u>.

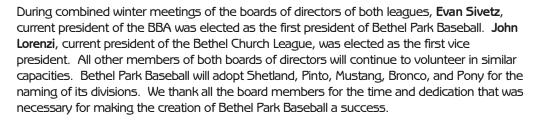
Tennis

Lessons and clinics are available for ages 3 to adult. Call to register and direct questions to **412-831-2630** or Email: <u>tennis@usctdp.com</u>

Location: USC Tennis Center

New Bethel Park Baseball League!

There is exciting news for youth baseball players in Bethel Park! The Bethel Baseball Association (BBA) and the Bethel Church League (BCL) are happy to announce they will be merging into a new league known as Bethel Park Baseball (BPB). After years of operating independently, both leagues collectively feel this merger will create unprecedented opportunities for the youth in Bethel Park to learn and play the game of baseball, while growing into stewards of the community.



The new league will commence for the 2022 fall baseball season. For this inaugural season, as has been the case with most fall ball seasons, we will welcome players from Bethel Park and surrounding communities. For registration and additional information please visit the new Bethel Park Baseball website at http://www.bethelparkbaseball.org/ or our Facebook page at Bethel Park Baseball.

We look forward to the start of Bethel Park Baseball in the fall. We thank the community in advance for all your support, and we will see you on the diamond!

YOUTH PROGRAMS



CLASSES & WORKSHOPS



DRIVER EDUCATION

The course is conducted by Kennedy School of Driving through Bethel Park Recreation. Upon successful completion of the 30 hours of theory and 6 hours of in-car training, a certificate is given that is accepted by most insurance companies for an insurance rate discount. If you are a BPHS student, this class features the option of taking your driving test with our instructor. This counts as 1 hour of your behind-the-wheel instruction. You must complete the test prior to your high school graduation in order to take the test with our

The \$45 (non-resident \$50) NON-REFUNDABLE AND NON-TRANSFERRABLE fee payable to Bethel Park Recreation will secure your space in the class. The fee of \$499 must be paid to Kennedy School of Driving on the first night of class. Class size is limited to 36 students.

Ages: 15 and over
Resident Fee: \$45.00 Non-Res Fee: \$50.00
To Kennedy: \$499.00

10 session dates 3311.301

Dates: 09/13/2022 - 10/13/2022 Tue, Thu

6:30PM - 9:30PM Time:

BPHS M415 Library Location:

SAFE SITTER®

For more than 35 years, Safe Sitter® has been a leader in providing life skills, safety skills, and childcare training for youth. Safe Sitter® continues to help build safer communities by providing youth with the skills they need to be safe while home alone, watching younger siblings, or babysitting. The program teaches childcare basics, tips for injury prevention and management, and behavior management skills. In addition, the participants learn the signs and symptoms of life-threatening emergencies and practice appropriate safety actions, including prevention and relief of choking in the infant and child and CPR. Medical content follows guidelines from the American Academy of Pediatrics and American Heart Association Each participant will receive a Safe Sitter manual Instructor:

Resident Fee: \$45.00 Non-Res Fee: \$50.00

2 Day Class

3860.301 Dates: 09/10/2022 & 09/11/2022 Sat - Sun

3860.302

10/15/2022 - 10/16/2022 Sat - Sun Dates:

Location: **Bethel Park Community Center**

BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six-foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! You must register with Bethel Park Recreation at least one week before the first class. Register least one week before the first class. Register online, by mail to Bethel Park Recreation with the online, by mall to Bethel Park Recreation with tregistration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504,

www.xcelcaninetraining.com.
You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3309.301

Dates: 10/15/2022 - 11/19/2022 Sat

10:00AM - 11:00AM Time:

Location: Xcel Canine Training, Inc.

PUPPY OBEDIENCE

PUPPY UBEDIENCE
This class is taught at a slower pace than our
Basic Obedience class, but still will give your
puppy the steppingstones they need to learn at
a young age. The puppies will also be in an
environment with others their own age! They will
learn the beginning of sit, down, stand, walking
by your side and introducing them to new fun
obstacles. An adult must accompany handlers
under age 18. Only one dog & one handler, and
one parent per child under the age of 18. No
extra family members please! Your dog must be one parent per child under the age of 18. No extra family members please! Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six-foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over

Ages: 12 and over Resident Fee: \$100.00 Non-Res Fee: \$110.00

6 session dates

3309.302 10/15/2022 - 11/19/2022 **Dates:** Sat

9:00AM - 10:00AM Time:

3309.303

10/15/2022 - 11/19/2022 **Dates:** Sat Time:

12:00PM - 1:00PM

Location: Xcel Canine Training, Inc.

YOUTH THEATER
Students/actors will enjoy playing creative drama games to improve character development and improvisation skills, voice projection and enunciation skills. Theater terms and staging will also be a part of this class. Students will focus on performing in skits/a short play to perfect their new skills. A performance will be held on the last class for family and friends.

Adam Winter Instructor:

Ages: Resident Fee: 6 - 12 **\$40.00** Non-Res Fee: \$45.00

6 session dates

3875.301

Dates: 09/07/2022 - 10/12/2022 Wed

6:00PM - 7:00PM Time:

3875.302

10/26/2022 - 12/07/2022 Dates: Wed

Time: 6:00PM - 7:00PM

Bethel Park Community Center Location:

No class: Nov. 30

★ NEW! NEW! **★**

CHEMISTRY KIDS

Combine, concoct, create a myriad of oozes, slimes, explosions, and color changing potions. We'll explore the fascinating world of chemistry in this action-packed Lab series where we discover the power of the atom!

Instructor: Holly Bomba

Grades:

\$65.00 Resident Fee: Non-Res Fee: \$70.00

5 session dates

Thu

3860.303 Dates: 10/06/2022 - 11/03/2022

5:30PM - 6:30PM

Location: **Bethel Park Community Center**

ARTS & CRAFTS –

ART EXPLOSION - CELEBRATING THE **SEASON OF FALL WITH ART**

Join us for a fun six-week session exploring art and celebrating the season of fall with our drawings. Children will have fun creating art inspired by this amazing season and it's colors. Students will create a pumpkin patch of their own design and enjoy making leaf and bark rubbings. They'll learn about artist Jeff Koons and his famous sculpture balloon dog, designing our own dog inspired by this amazing season. Students will use a variety of materials like markers, paints, crayons, colored pencils model magic, scissors to name a few. All materials are included, and children will take home their artwork at the end of every class. Come join us as we have fun learning about our world and the wonderful world of art.

Sue Ralston Instructor:

Ages:

Resident Fee: \$65.00 Non-Res Fee: \$70.00

6 session dates

3805.301

Dates: 09/12/2022 - 10/17/2022

5:15PM - 6:15PM

Location: **Bethel Park Community Center**



Like us on Facebook!

Search Bethel Park Recreation & **Community Center**



Thu

Thu

ART EXPLOSION - HARVEST TIME **ENJOYING THE FALL WITH ART**

Join us for a six-week session where children will have fun celebrating the season of fall and its beautiful colors with their art. Students will learn about artist Giuseppe Arcimboldo and let his artwork inspire self-portraits created with some of our favorite harvest items. We'll learn about artist Jeff Koons and his famous sculpture balloon dog letting him inspire our harvest dog painting. Children will use a variety of materials like pastels, markers, tempra paints, watercolors, colored pencils, model magic to name a few and children will take home their artwork after each class. Come join us as we have fun learning about our world and the wonderful world of art.

Instructor: Sue Ralston

Resident Fee: \$65.00 Non-Res Fee: \$70.00

6 session dates

3805.302 09/12/2022 - 10/17/2022 Dates: Mon Time: 6:30PM - 7:30PM

Location: **Bethel Park Community Center**



Join us for a fun, creative four week session focusing on this amazing Season. Children will have fun painting turkeys inspired by Charley Harper.
We'll learn about designer Laurel Burch and let her artwork influence our holiday mouse design.
Students will use a variety of materials like paint, markers, crayons, colored pencils, model magic to name a few and all are included. Children will take home their artwork after each class. Come, have fun enjoying this amazing time creating with art.

Sue Ralston Instructor:

Resident Fee: \$45.00 Non-Res Fee: \$50.00

4 session dates 3805.303

11/07/2022 - 11/28/2022 Dates: Mon 5:15PM - 6:15PM Time:

Location: **Bethel Park Community Center**

ART EXPLOSION - SEASONAL ART WORKSHOP

Join us for a fun, creative four week session focusing on this amazing Season. Children will have fun learning about ice sculpture artists, letting their work inspire our sculpture. We'll learn about artists Charley Harper and Laurel Burch, letting their artwork inspire painted turkeys and a holiday mouse design. Students will use a variety of materials like tempra paint, markers, crayons, colored pencils, model magic to name a few and all are included. Children will take home their artwork after each class. Come have fun enjoying this amazing season creating with art.
Instructor: Sue Ralston

Ages: Resident Fee: \$45.00 Non-Res Fee: \$50.00

4 session dates 3805.304

Dates: 11/07/2022 - 11/28/2022 Mon 6:30PM - 7:30PM Time:

Location: **Bethel Park Community Center**



You can register online for most Recreation programs! www.bethelpark.net



CANVAS CRAZINESS

3805.308

Students will start and complete their own canvas with different themes each session. DRESS TO GET MESSY! *Gingerbread House canvases will be included in Community Center annual Gingerbread House Display through the month of December. Must register at least 24 hours prior to class.

Karen Hartman Instructor:

Ages: Resident Fee: \$25.00 Non-Res Fee: \$30.00

1 session date Fun Owl with Bright Moon 09/22/2022 3805.305 Dates: Thu 7:20PM - 8:35PM Time:

Huge Apple Tree with Critters 09/29/2022 3805.306 Thu Dates: 7:20PM - 8:35PM Time:

3805.307 **Pumpkins & Ghosts** 10/06/2022 Dates: Thu 7:20PM - 8:35PM Time:

Sugar Skulls & Sugar Skull Animals & Ghosts 10/13/2022 Dates: Thu 7:20PM - 8:35PM Time:

3805.309 Fun Frankenstein & Cute Vampires Dates: 7:20PM - 8:35PM Time:

Creepy Halloween Haunted House 10/27/2022 Thu 3805.310 Dates: Thu 7:20PM - 8:35PM Time:

Totally Terrific Turkeys 11/10/2022 7:20PM - 8:35PM 3805.311 Thu Dates: Time:

3805.312 **Gingerbread Houses** 12/01/2022 7:20PM - 8:35PM Dates: Thu Time:

3805.313 Holiday Horse & Sleigh 12/08/2022 7:20PM - 8:35PM Thu Dates: Time:

3805.314 Holiday Tree w/Bright Lights Thu Dates: 12/15/2022 7:20PM - 8:35PM Time:

Location: **Bethel Park Community Center**

PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled. Online registrations are highly encouraged at www.bethelpark.net

CARTOONING WORKSHOP

Cartooning/drawing classes with a new fun theme for each class! Students will learn the foundation of cartooning in this very fun, relaxed class atmosphere. Students and instructor tell jokes, stories and share their creations. Students end class with 4 fun drawings/cartoons complete with speech bubbles. Bring your imagination for lots of fun! Must register at

least 24 hours prior to class. Instructor: Karen Hartman

Ages: 6 - 14 **Resident Fee: \$18.00** Non-Res Fee: \$23.00

1 session date 3805.315 Fun Owl with Bright Moon

Thu Dates: 09/22/2022 6:15PM - 7:15PM Time:

3805.316 **Huge Apple Tree with Critters** 09/29/2022 Dates: Thu 6:15PM - 7:15PM Time:

Pumpkins & Ghosts 3805.317 10/06/2022 6:15PM - 7:15PM Dates: Thu Time:

3805.318 Sugar Skulls & Sugar Skull Animals 10/13/2022 Dates: 6:15PM - 7:15PM Time:

3805.319 Fun Frankenstein & Cute Vampires Dates: 10/20/2022 6:15PM - 7:15PM Time:

3805.320 Creepy Halloween Haunted House 10/27/2022 6:15PM - 7:15PM Dates: Thu Time:

Totally Terrific Turkeys 11/10/2022 6:15PM - 7:15PM 3805.321 Dates: Time:

Gingerbread Houses 12/01/2022 6:15PM - 7:15PM 3805.322 Dates: Time:

3805.323 Holiday Horse & Sleigh 12/08/2022 6:15PM - 7:15PM Dates: Thu Time:

3805.324 Holiday Tree w/Bright Lights Thu Dates: 12/15/2022 6:15PM - 7:15PM Time:

Bethel Park Community Center Location:



Bethel Park Recreation FARMERS' MARKET **Tuesdays** 3-7 PM

CHECK OUT THE FARMERS' MARKET TUESDAYS, 3 - 7 p.m. through Sept. 27!

South Park Ice Skating Parking Lot



SATURDAY CLASSES ARE HIGHLIGHTED

3805.325

PRIVATE/SEMI-PRIVATE DRAWING CLASS

Instructor Karen Hartman will hold 60-minute private or semi-private drawing instruction for students from beginner to advanced level. Lesson can be customized to the student's likes and needs while exploring foundation. Portfolio customization offered for High School Students. Student may bring their own supplies; instructor will also have sanitized supplies on hand at each lesson. Please bring a 5x7 or larger sketch book. Register at the Bethel Park Community Center for individual 1-hour lessons, 4-5PM or 5-6PM.

Instructor: Karen Hartman

6 and over **\$25.00** Ages: **Resident Fee:** Non-Res Fee: \$30.00

1 session date

4:00PM - 5:00PM Time: or 5:00PM - 6:00PM

Dates: 09/22/2022 Thu 3805.326

09/29/2022 Thu Dates: 3805.327

10/06/2022 Thu Dates: 3805.328

10/13/2022 Thu Dates: 3805.329

10/20/2022 Thu Dates: 3805.330

Dates: 10/27/2022 Thu 3805.331

11/10/2022 Thu Dates: 3805.332 12/01/2022 Thu Dates:

3805.333 12/08/2022 Thu Dates:

3805.334 12/15/2022 Thu Dates:

Location: **Bethel Park Community Center**

DANCE -

★ NEW! NEW! NEW! ★

BALLET / TAP COMBO

This class will serve as an intro to ballet and tap, while incorporating other fun dance/movement techniques that will enhance balance, body control and the natural sense of rhythm. Simple ballet and tap movements will be introduced and proper stretching (set to song and nursery rhymes) will be taught. This is a very informal & fun approach to beginning dance. Standard dance attire, (leotard or tank top with tights) or stretchy, tight (fitness/dance) shorts worn over tights. Tap or Ballet shoes are preferred.

İnstructor: Tammy Lentz

Ages: **Resident Fee:** \$35.00 Non-Res Fee: \$40.00 6 session dates

3818.301 09/06/2022 - 10/11/2022 Dates: 9:45AM - 10:30AM Time:

3818.311 09/06/2022 - 10/11/2022 Dates: Tue

Time: 4:30PM - 5:15PM

3818.320 10/25/2022 - 11/29/2022 Dates: Tue 9:45AM - 10:30AM Time:

3818.321

Location:

www.BethelPark.net

10/25/2022 - 11/29/2022 Dates: Tue 4:30PM - 5:15PM Time:

Bethel Park Community Center

MOVE AND GROOVE WITH 2'S

Help your child discover movement and expression while networking with other parents through a structure that blends dance, music, and imagination. Parent and child will follow along with the instructor who will guide the parent/tot team in a way that makes discovering movement, balance, and listening skills easy and fun. This class is an excellent first group activity. Please wear comfortable clothing.

Instructor: Tammy Lentz 16months - 3 Ages:

Resident Fee: \$30.00 Non-Res Fee: \$35.00

6 session dates

3818.302 Dates: 09/06/2022 - 10/11/2022 Tue 10:45AM - 11:15AM Time:

3818.312

10/25/2022 - 11/29/2022 Dates: Tue 10:45AM - 11:15AM Time:

Location: **Bethel Park Community Center**

BEGINNER AND INTERMEDIATE BATON TWIRLING

This is a fun-filled class for the beginner twirler and intermediate twirler. This class is a low cost, no pressure introduction for the first - time twirlers who want to get their first taste of baton. Students will learn basic twirls and tosses and will also have fun learning how to march and twirl to music. Students who have already completed the beginner class will continue to build knowledge and baton twirling skills. They will learn more difficult tricks and tosses, using skills previously learned in class. Twirling also promotes development of good hand/eye coordination. This class is a great start for any future little majorette. Students should wear comfortable clothing and must have their own baton. Please contact the instructor, Tammy Lentz, at 412-851-9142 if you have questions about the class or where to purchase a baton. Tammy is a former Upper St. Clair Majorette with

over 28 years of teaching experience training girls to be majorettes throughout the many high schools in the South Hills areas.

Instructor: Tammy Lentz Ages: **Resident Fee:**

5 and over \$35.00 Non-Res Fee: \$40.00

6 session dates

3818.305 Dates: 09/06/2022 - 10/11/2022 Tue 6:00PM - 6:45PM Time:

3818.315

10/25/2022 - 11/29/2022 Dates: Tue 6:00PM - 6:45PM Time:

Location: **Bethel Park Community Center**

ADVANCED BATON

This class is for the twirlers who have had beginner and/or intermediate instruction or by instructor recommendation. Students will focus on 2 baton tricks, exchanges, and ribbon instruction. This class is for girls who are headed in the direction of becoming a High School Majorette. Students do not need to purchase a second baton or ribbon. The instructor will provide additional batons and ribbons. Instructor: Tammy Lentz

Ages: Resident Fee:

\$30.00 Non-Res Fee: \$35.00 6 session dates

3818.307

Tue

Dates: 09/06/2022 - 10/11/2022 Tue 5:15PM - 6:00PM Time:

3818.317

10/25/2022 - 11/29/2022 Tue Dates: 5:15PM - 6:00PM

Location: **Bethel Park Community Center**

SOUTH HILLS STARS SPECIAL NEEDS COLOR GUARD

South Hills Stars is a New Color Guard group for individuals with special needs. Students will be learning the technique of spinning flags, pom-poms, ribbons, dance, and more. South Hills Stars will be meeting once a week as a color guard group to train with volunteer instructor Emily Columbus. The group will perform at a parent show and possibly some additional events! Anyone with a disability can be a part of this group. We are also looking for volunteers to help with this group. We expect lots of fun for everyone and we would love for you to join us! For more information or questions email Emily at SouthHillsStars@gmail.com. Please only <u>sign up for 1 time slot.</u>

10 + with disability **\$45.00** Non-Res Fee: \$50.00 Resident Fee: 14 session dates

3818.325

09/12/2022 - 12/19/2022 Dates: Mon 6:00PM-6:45PM Time:

3818.326

09/12/2022 - 12/19/2022 Dates: Mon

Time: 7:00PM - 7:45PM

Location: **Bethel Park Community Center** <u>No class:</u> Oct 31

PASSION RECREATION COMBO TWIRL AND POMS

Poms~Non cheer team performance with instruction on how to use poms with precision and grace, combining the changing of floor patterns, group design, and dance steps. Poms will be provided. Twirl~Beginner/Intermediate skill-based instruction combining the sport and art of standard body moves and baton handling techniques. Please dress comfortably, in tennis shoes, and bring your own baton. Contact us for more information and questions at tonlinst1@hotmail.com or annietwirl@gmail.com.

Ages: Resident Fee: \$40.00 Non-Res Fee: \$45.00 6 session dates

Wed

3819.303 09/07/2022 - 10/12/2022 6:15PM - 7:00PM Dates:

Time:

3819.313

10/26/2022 - 12/07/2022 Wed Dates: Time: 6:15PM - 7:00PM

Location: Ben Franklin Elementary No class: <u>Nov 23</u>

PASSION RECREATION TWIRL

Twirling instruction combining the sport and art of standard body moves and baton handling techniques to create a routine that exemplifies the best of both. Twirlers should be ages 10-18 for this class with some baton experience. Join instructors Tina Tomlins and LeAnn Chamberlin (both former solo/strut National Champions and members of the World Champion Champions and members of the world Champion Modernettes) for training in the latest baton-handling techniques, routines, and twirling. Advancement onto PASSION Twirl and Poms Competitive Team is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Contact us for more information and questions as to where to purpose a batter of templinett Obstantia come. purchase a baton at tomlinst1@hotmail.com or annietwirl@gmail.com

Ages:

Resident Fee: Non-Res Fee: \$45.00 \$40.00

6 session dates 3819.304

Dates: 09/07/2022 - 10/12/2022 Wed Time: 7:15PM - 8:00PM

3819.314

10/26/2022 - 12/07/2022 Wed Dates: Time: 7:15PM - 8:00PM

Location: Ben Franklin Elementary No class:

PASSION COMBO COMPETITIVE TWIRL & POM TEAM

Instructor selected competition team, by invitation only. Participant's skill level must be reviewed by our instructors to determine eligibility for Competitive Teams. Additional fees are charged for competition participation. Online registration is not available for the teams.

Ages:

Resident Fee: \$60.00 Non-Res Fee: \$65.00

6 session dates

3819.301 Dates: 09/08/2022 - 10/13/2022 Thu 7:30PM - 9:00PM Time:

3819.311

10/27/2022 - 12/08/2022 Dates: Thu Time: 7:30PM - 9:00PM

Location: Ben Franklin Elementary

No class:

PASSION COMBO COMPETITIVE TWIRL AND POM TINY TEAM

Skill-based baton twirling techniques taught to form a creative, unpredictable routine that exemplifies both the sport and art of twirling. Combined with a noncheer, team pom performance with instruction on how to use poms with precision and grace. Using dance steps, changing floor patterns, and group design to bring everything together. Instructors, Tina Tomlins and LeAnn Chamberlin, were both former solo/strut National Champions and members of the World Champion Modernettes and are currently the directors of the 2019 PA State Beginner Tiny Tot Dance Twirl Champions and the 2019 PA State Junior Halftime Team Champions! Advancement into competitive Twirl and Pom Teams is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Poms will be provided. Contact us for more information and questions as to where to purchase a baton at tomlinst1@hotmail.com or annietwirl@gmail.com.

\$60.00 Non-Res Fee: \$65.00 Resident Fee:

6 session dates

3819.300 09/08/2022 - 10/13/2022 Thu Dates: 6:00PM - 7:30PM Time:

3819.310

10/27/2022 - 12/08/2022 Thu Dates: 6:00PM - 7:30PM Time:

Location: Ben Franklin Elementary No class: **Nov 24**

FITNESS & EXERCISE

FIT KIDS

Start your school year off right by having fun on Monday nights. Make new friends while playing fun games, running races, bouncing, skipping, hopping, and jumping away. Play and laugh your way to being a fit kid! Bring a friend or 2 and get ready for lots of fun!

Cortney Sweeney Instructor:

5 - 8 Ages:

Resident Fee: \$25.00 Non-Res Fee: \$30.00

6 session dates

3815.301 Dates: 09/12/2022 - 10/17/2022 Mon 6:00PM - 6:45PM Time:

3815.311

10/24/2022 - 12/05/2022 Dates: Mon 6:00PM - 6:45PM Time:

Location: **Bethel Park Community Center**

SATURDAY CLASSES ARE HIGHLIGHTED

PLAY TO BE FIT WITH JUMPBUNCH

JumpBunch encourages physical activity through play, exploration and movement. Children will develop their fine and gross motor skills while building coordination, balance and confidence. A perfect introduction to fitness using bright, colorful equipment that is age appropriate. So much fun kids won't even realize they are getting exercise! Aaes:

Resident Fee: \$75:00 Non-Res Fee: \$80.00 6 session dates

3815.302

09/09/2022 - 10/14/2022 Fri Dates: Time: 11:45AM - 12:15PM

3815.303

10/28/2022 - 12/09/2022 Fri Dates: 11:45AM - 12:15PM Time:

Location: **Bethel Park Community Center** No class: **Nov 25**

PLAY TO BE FIT WITH JUMPBUNCH PRE-K

JumpBunch encourages physical fitness in every child. Classes include games and activities that help develop a foundation of skills used in a wide range of sports by building coordination, balance, and confidence. Equipment is age-appropriate and helps every child to perform their best. So much fun, they won't even know they're getting exercise!

Instructor: Jump Bunch

Ages: **Resident Fee:** \$75:00 Non-Res Fee: \$80.00 6 session dates

3815.312

09/09/2022 - 10/14/2022 Dates: Fri 12:30PM - 1:15PM Time:

3815.313

10/28/2022 - 12/09/2022 Dates: Fri Time: 12:30PM - 1:15PM

Bethel Park Community Center Location: No class:

JUNIOR HOOPS 1

Creative and fun drills are used to help teach the children in 1st grade the basic concepts of dribbling, passing, shooting, rebounding, offense, and defense for the first half of each session. The second half the children will be divided into teams to apply what they have learned in a teaching game style. Parents are welcome and encouraged to help with the drills and games. A T-Shirt is included. Grade:

Resident Fee: \$45.00 Non-Res Fee: \$50.00 6 session dates

3815.321 Dates: 12/09/2022 - 01/27/2023 Fri 6:30PM - 7:30PM Time:

Location: **Neil Armstrong Middle School** Dec 23, Dec 30 No class:

JUNIOR HOOPS 2

Creative and fun drills are used to help teach the children in 2nd grade the basic concepts of dribbling, passing, shooting, rebounding, offense and defense for the first half of each session. The second half the children will be divided into teams to apply what they have learned in a teaching game style. Parents are welcome and encouraged to help with the drills and games. A T-Shirt is included. Grade:

Resident Fee: Non-Res Fee: \$50.00 6 session dates

3815.322

Dates: 12/09/2022 - 01/27/2023 Fri Time: 7:30PM - 8:30PM

Neil Armstrong Middle School Location: No class: Dec 23, Dec 30

T-BIRDS T-BALL

T-Birds T-Ball is a fun and highly instructional introduction to baseball for 3–5-year-old boys and girls. In each session, players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. A T-Shirt and hat are included. **Jump Start Sports**

Instructor:

Ages: **Resident Fee:** \$95.00 Non-Res Fee: \$100.00

6 session dates

3815.307

09/8/2022 - 10/13/2022 Thu Dates: 5:00PM - 6:00PM Time:

Location: Park Avenue Field

ROOKIE LEAGUE BASEBALL

A fun introduction to coach pitch baseball for 5 & 6 vear old boys and girls. Players will receive instruction in all basics of the sport and will apply what they have learned in fun games. The games will be non-competitive, and no score will be kept. Players who are not able to hit a pitched ball will be able to use a tee while learning. Each session includes both instruction and game play. A T-Shirt and hat are included.

Instructor: **Jump Start Sports**

Ages:

Resident Fee: **\$95.00** Non-Res Fee: \$100.00 6 session dates

3815.317

09/8/2022 - 10/13/2022 Thu Dates:

6:00PM - 7:00PM Time:

Location: Park Avenue Field

BEGINNER/INTERMEDIATE FENCING

Experience and enjoy the fun and challenging Olympic sport of foil fencing. The introductory and intermediate level instruction progressively establishes fundamental skills needed for successful fencing and great fitness. Sessions include instruction and practice bouts. Note: All essential equipment will be provided by the instructors, but students will be required to wear comfortable pants and non-marking athletic shoes. Shorts or jeans are not permitted.

7 and over Ages:

Resident Fee: \$52.00 Non-Res Fee: \$57.00

6 session dates

3840.301 09/15/2022 - 10/20/2022 Dates: Thu

6:00PM - 7:00PM Time:

3840.311

10/27/2022 - 12/08/2022 Thu Dates:

6:00PM - 7:00PM Time:

Location: **Bethel Park Community Center**

No class: Nov 24

ADVANCED* FENCING

Take your fencing to a new level! This instructional class focuses on techniques, fitness, and a winning strategy to help the dedicated fencer succeed at an advanced competitive level in this martial art. Sessions include instruction and practice bouts.

Prerequisites include a minimum of 1 year of fencing experience and approval of the instructors.

Note: All essential equipment will be provided by

the instructors, but students will be required to wear comfortable pants and non-marking athletic shoes. Shorts or jeans are not permitted.

Ages: 11 and over Resident Fee: \$75.00 Non-Res Fee: \$80.00 6 session dates

3840.302

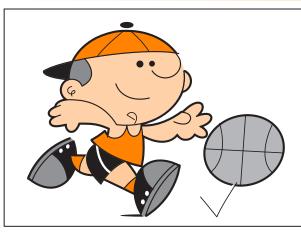
09/15/2022 - 10/20/2022 Thu Dates: 7:00PM - 9:00PM Time:

3840 312

10/27/2022 - 12/08/2022 Thu Dates: 7:00PM - 9:00PM Time:

Bethel Park Community Center Location: No class: **Nov 24**

www.BethelPark.net



YOUTH BASKETBALL **REGISTER NOW! TEAMS FILL UP! DON'T GET SHUT OUT!**

Grades 3 - 12, Boys and Girls

Please see more information and use the registration form found on page x or register online at www.bethelpark.net.

INTRODUCTORY VOLLEYBALL

An instructional and recreational program for girls and boys in grades 1-6. Explore the fundamentals of volleyball through action-packed sessions designed to teach basic skills to beginner and intermediate players. Participants learn passing, setting, hitting, blocking and serving as well as basic offense, defense, court positions and team strategy. Knee pads are recommended but not required. Whether your child is an experienced player or a complete novice, they will have a blast learning about the sport in this fun and innovative program! Instructor:

Jump Start Sports \$105.00 Non-Res Fee: \$115.00 Resident Fee:

6 session dates

3815.315

Grades:

11/04/2022 - 12/16/2022 Fri Dates:

5:45PM - 6:45PM Time:

3815.316

Grades:

11/04/2022 - 12/16/2022 Fri Dates: Time:

6:45PM - 7:45PM

Bethel Park Community Center No class: Nov 25

★ NEW! NEW! NEW! ★

BEGINNER KARATE – TANG SOO DO Students will learn Tang Soo Do, the traditional Korean martial art from instructors with CS Kim Karate. Instructors will teach students the basics of martial arts while also incorporating important life skills. Balance, flexibility, and overall improved physical fitness will be cornerstones as well as building confidence, concentration, discipline, and respect. * Uniform fee of \$35 due to instructor at first class. Instructor: Master Bruno/C.S. Kim Karate

Instructor

Ages: \$65.00 Resident Fee: Non-Res Fee: \$70.00

6 session dates

3825.301 09/20/2022 - 10/25/2022 Dates: Tue

6:00PM - 7:00PM Time:

3825.302

11/08/2022 - 12/13/2022 Dates: Tue

6:00PM - 7:00PM Time:

Location: **Bethel Park Community Center**

RIFLE - BEGINNER

Olympic style target shooting, beginner level. Student must be at least 12 years old. Each class limited to 10 students. Classes will be held once a week on Wednesdays. All materials and supplies are provided. Attendance at the first class is mandatory.

Ages: 12 and over Resident Fee: \$50.00 Non-Res Fee: \$55.00

Wed

6 session dates 3853.301

08/31/2022 - 10/05/2022 Dates: 6:30PM - 7:30PM Time:

Location: **BPHS Rifle Range**

INTERMEDIATE* RIFLE
Olympic style target shooting, intermediate level, shooting the standard ten bull target. Student must be at least 12 years old and *must have taken the beginner rifle class. Classes will be held once a week on Wednesdays. All materials and supplies are provided.

Aaes

12 and over **\$50.00** Non-Res Fee: \$55.00 Resident Fee:

6 session dates

3853.302 Dates: 08/31/2022 - 10/05/2022 Wed

7:45PM - 8:45PM Time:

Location: **BPHS Rifle Range**

FLAG FOOTBALL

REGISTRATION DEADLINE IS Wednesday,
September 8! NO EXCEPTIONS.
Skill testing on Sept 11, 2022 starting at 6:30PM.
Register online, by mail, or in person at the
Community Center. Girls and boys, ages 6 - 11, may
register for a 6-week session of RECREATION FLAG
FOOTBALL! Children will be placed on teams
recording to age. Each team will play to the graph per according to age. Each team will play one game per week on Sunday evening. A mouthguard is required.

Ages: Resident Fee: 6 - 11 **\$50.00** Non-Res Fee: \$55.00

6 session dates

3832.310 09/18/2022 - 10/23/2022 Dates: Sun

Time: 6:00PM - 9:00PM

Location: **BPHS Turf Field**

MIGHTY KICKS SOCCER

Children will learn the skills, moves, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. No equipment of any kind is required. Just sign up and play! Coach Sam Bellin is a former standout college soccer player at the University of Georgia and currently highly successful Head Coach of Allderdice High School boys soccer with 20+ years of experience coaching youth sports.

\$55.00 Resident Fee: Non-Res Fee: \$60.00

6 session dates 3815.308

09/09/2022 -10/14/2022 Dates: 10:00AM - 10:30AM Time:

3815.318 Dates: 10/28/2022 - 12/09/2022 Fri Time: 10:00AM - 10:30AM

Location: **Bethel Park Community Center** No class: Nov 25

SATURDAY CLASSES ARE HIGHLIGHTED

MIGHTY KICKS PARENT/CHILD SOCCER CLASS

Children will learn the skills, moves, and joy of playing America's most popular youth sport!
Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. listening skills, as well as body awareness.
Additionally, parents will be able to play alongside and assist their youngsters as they get their first taste of soccer fun! No equipment of any kind is required. Just sign up and play!

Resident Fee: \$55.00 Non-Res Fee: \$60.00

6 session dates 3815.330

09/10/2022 - 10/15/2022 10:00AM - 10:45AM Sat Dates: Time:

3815.331

10/29/2022 - 12/10/2022 10:00AM - 10:45AM Sat Dates: Time:

Location: Bethel Park Community Center Nov 26

No class:

MIGHTY KICKS SOCCER - OUTDOORS!

Children will learn the skills, moves, rules, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. No equipment of any kind is required. Just sign up and play.

Coaching – All of your classes will be led by Coach Sam, well-respected for his 20+ years of relentlessly positive, high-energy, child-centered and expert sports coaching. Coach Sam is well known for combining top notch sports instruction with a fun program that helps children develop character and confidence on and off the field. **Resident Fee:** \$65.00 Non-Res Fee: \$70.00

6 session dates

3815.305

Ages:

09/11/2022 - 10/16/2022 Sun Dates: 12:00PM - 12:45PM Time:

3815.306

5 - 8Ages:

09/11/2022 - 10/16/2022 Sun Dates: 1:00PM - 1:45PM Time:

Village Green Park Location:

MIGHTY KICKS SOCCER - PM
Children will learn the skills, moves, rules, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a confidence and utilize their physical energy in a positive way. No equipment of any kind is required. Just sign up and play Here are some highlights of the program:

Curriculum – Mighty Kicks serves over 4000 children yearly using an age-appropriate methodology including games, drills, exercises, stories with

pictures and more!

Fri

Coaching – All classes will be led by Coach Sam, highly successful Head Coach of Allderdice High School boys soccer with 20+ years of experience coaching youth sports. Coach Sam is well known for combining top notch sports instruction with a fun program that helps children develop character and confidence on and off the field.

Ages:

5 - 9 **\$65.00** Resident Fee: Non-Res Fee: \$70.00

6 session dates

Tue

3815.309 Dates:

11/01/2022 - 12/06/2022 Time:

5:00PM - 6:00PM

Location: **Bethel Park Community Center**

SPECIAL EVENTS ———

HALLOWEEN FUN

Children in grades K-4 will enjoy Halloween crafts, movies, snacks, games, and of course....TREATS! This event will be held at the Bethel Park Community Center. Space is limited so register early. You must register by Wednesday, Oct. 19. Costumes are optional.

Resident Fee: \$15.00 Non-Res Fee: \$18.00

1 session date 3890.301

10:00AM - 12:00PM

Location: **Bethel Park Community Center**

HOLIDAY WORKSHOP

Bethel Park Recreation is offering a FUN holiday workshop for boys and girls in grades K - 4 at the Community Center. Come join us for holiday crafts, games, movies, and snacks. **You must** register by Wednesday, Nov. 30.

PARENTS: This provides a great chance for you to get some last minute holiday shopping done without the kids! Space is Limited!

Resident Fee: \$15.00 Non-Res Fee: \$18.00

1 session date

3890.310 Dates:

12/03/2022 1:00PM - 3:00PM Time:

Bethel Park Community Center Location:

NAMS JAM

NAMS Jam provides a fun, safe and supervised "night out" for any 5th and 6th grade resident of Bethel Park. Activities at each NAMS Jam include the following: basketball, crafts, movies, games, and a snack bar (additional fees). "Extra" activities are featured on a rotating basis throughout the year. They may include: Inflatables, airbrush tattoos, video gaming, karaoke, balloon artists, sport competitions, GIANT Twister, volleyball, and much, much more! There's something for EVERYONE and each event is UNIQUE!

PATE

FEATURED ACTIVITIES

October 14

Halloween Fun!

Halloween Movie Feature, Costume Contest, GHOST Bingo, Pumpkin Decorating, Inflatable, Craft,

Games

December 2

Happy Holidays!
Winter Crafts & Entertainment

NAMS Jam admission is \$5 per student, payable at the door. Doors DO NOT open until 7:00PM and no student is permitted to leave before 9:00PM unless accompanied by a parent or guardian. Please note that these events end PROMPTLY at 9:00PM.

Chaperones* are ALWAYS needed for each NAMS Jam. Please contact NAMS Jam Coordinator, at **412-831-6800 x224** to volunteer or for additional information. Leave your name and telephone number if you wish to chaperone.

The Recreation Department MUST have a copy of your up to date clearances on file before you can volunteer at a NAMS Jam event. We have to keep our own record of clearances, therefore, your school issued ID will not work at NAMS Jam events. Future NAMS Jam dates may be found in our upcoming brochure.

5 & 6 Open to all Bethel Park 5th & 6th Graders Grades:

Resident Fee: \$5.00

7:00PM - 9:00PM

Girls Grades 5 - 8

Time: Dates:

10/14/2022 12/02/2022

Location: **Neil Armstrong Gym**

/ No

3816.305 3816.306

3816.307

BETHEL PARK RECREATION YOUTH BASKETBALL 2022

PRACTICE DIVISIONS* Weeknights Boys grades 3 & 4 Girls grades 3 & 4 Weeknights Boys grades 5 & 6 Weeknights Weeknights Girls grades 5 -8 Boys grades 7 & 8 Weeknights Boys grades 9-12 Weeknights



GAMES START

Sat

Sat. - December 3 Sun. - December 4 Sat. – December 3 Sun. - December 4



*Grade in September 2022

Teams will play a 9 game schedule until mid-February 2023. COACHES WILL NOTIFY PARENTS FOR INDIVIDUAL TEAM PRACTICES.

EARLY BIRD FEE: \$65-Registration MUST be in Rec. office Sept. 18 After Sept. 18 FEE: \$85 Non-resident add \$5 to either Fee Fee covers practice, instruction, games, and T-shirt.

NO REGISTRATION ACCEPTED AFTER OCT 26 or before if teams are filled!

Special requests for specific teams or coaches are not accepted.

REGISTER NOW! DIVISIONS CLOSE WHEN TEAMS ARE FILLED!

SKILLS AND DRILLS is an evaluation session that all registered participants in grades 3 - 6 should attend.

SATURDAY, OCT. 15 at the **COMMUNITY CENTER**.

	Players	Coaches meeting / draft
Boys grades 3 & 4	11:00 AM	1:00 PM
Girls grades 3 & 4	1:30 PM	3:00 PM
Boys grades 5 & 6	3:30 PM	5:00 PM
Girls grades 5 − 8	5:30PM	7:00 PM

OPEN GYM AT NAMS – evaluation for boys GRADES 7-12

Player must be registered to attend. NO registration taken at Open Gym. Attend both sessions!

MON. 6:00 PM Oct. 10, Oct. 17 3115.306 Boys grades 7 & 8 3115.307 Boys grades 9-12 WED. 6:00 PM Oct. 12, Oct. 19

Teams in these divisions will be put together on Oct. 17 & 19

VOLUNTEER COACHES NEEDED FOR ALL DIVISIONS! Call the RECREATION OFFICE for information 412-831-1328.

Clearances are required.

Bethel Park Recreation and Leisure Services YOUTH BASKETBALL REGISTRATION FORM

Separate form REQUIR (PARTICIPANT) FIRST NAME:		·	
ADDRESS:			
CITY:			BP Resident? Yes
PHONE: ())
EMAIL:			
BIRTH DATE: m_			Male/Female (circle)
Grade: as o	of September 2022		
Height Is parent	available to coach? Yo	es/No Clear	ances are required
Do you also intend to tr	y out for the Travel T	eam? Yes/No	
For Basketball T- shirt	circle size		
AS / AM / AL / AXL /	AXXL (ADULT sizes		
Please circle division:	Grade as of Septem		
Girls Grades 3 & 4	3816.301 B	oys Grades 3	& 4 3816.304

3816.302

Make check payable to: BETHEL PARK RECREATION Total amount enclosed \$_ Payment is from (print name) cash check # Mail or drop off to: Bethel Park Recreation, 5151 Park Avenue, Bethel Park, PA 15102 understand the rules and regulations for the (Parent/guardian or participant - print name) activity for which I have registered myself, or have registered my child. By my signature, I agree to hold harmless and blameless the Municipality of Bethel Park, Bethel Park School District and any employee thereof as to and regarding any liability, claims, damages or any item whatsoever resulting from any accident or injury which I or those under my supervision or care might receive while participating in the above Recreation program(s). I understand that Bethel Park Recreation provides opportunities for positive publicity by photographing and/or videotaping patrons at programs for use in local publications, newspapers, television, websites, and social media accounts. By signing this Activity Waiver, I grant the Municipality of Bethel Park and the Bethel Park School District permission to use my image, name, and likeness (collectively, "Image"), or the Image of my child, in this manner without any further compensation to me. I understand that if I do not agree to the use of my Image or the Image of my child, I must notify Bethel Park Recreation

Boys Grades 5 & 6

Boys Grades 7 & 8

Boys Grades 9 - 12

in writing upon registration.		
SIGNATURE:		
(Parent/guardian, if participant is under 18 years of age)		
OFFICE USE ONLY		
Amount Due \$ Amount Paid \$ Staff		
CashCheck # Credit Card		

www.BethelPark.net



ADULT PROGRAMS

DAYTIME PICKUP BASKETBALL & VOLLEYBALL

Have some daytime hours free and looking for some exercise and socializing? Drop-in pickup basketball and volleyball might be just what you need! No reservations necessary, just show up when you want in comfy athletic clothes and shoes. We provide the space and the volleyballs or basketballs.

<u>Basketball</u>

9:00AM - 10:30AM Wednesdays Fridays 10:30AM - 12:00PM

Fri

Location: No programs: **Bethel Park Community Center**

Nov 24, Nov 25

<u>Volleyball</u> Thursdays

12:00PM - 2:00PM



CLASSES & WORKSHOPS-

PERFECT PIEROGI WORKSHOP

Have you always wanted to learn how to make your own pierogis? Store bought are good, but homemade are the best! Students will be provided recipes, and hands on instruction in rolling and pinching dough, cooking and of course, tasting. You will have your new found skill in time to make homemade pierogis for your Thanksgiving or Christmas dinner. Feel free to BYOB your favorite adult beverage and really make this a festive class! Students should bring a rolling pin (if possible) and apron.

18 and over

Ages: Resident Fee: Non-Res Fee: \$30.00 \$25.00

1 session date

3905.310 Dates: 11/04/2022 6:30PM - 8:30PM Time:

Location: **Community Center**



PHOTO PRESERVATION & ORGANIZATION

Come and join us for an educational presentation on how to Calm the Chaos of your printed and digital photo collections! Do you have print photos in drawers, frames, albums and digital photos on phones, computer, memory sticks, etc.? Learn how to organize and clean up the mess as we cover topics on scanning, media conversion, phone photos, temporary solutions and permanent solutions, metadata, cloud services, and celebrating your memories. Lisa Webster of My Memories for Generations has been helping families for over seven years to organize, preserve, share, and celebrate their memories. She will give you the information needed to make informed decisions and will help you create a photo plan for generations.

Instructor: Lisa Webster 18 and over

Resident Fee: \$12.00 Non-Res Fee: \$17.00

1 session date

3970.301 09/15/2022 Dates: Thu 6:00PM - 8:00PM

3970.302

Time:

11/08/2022 Dates: Tue 6:00PM - 8:00PM Time:

Location: **Community Center** **BASIC DOG OBEDIENCE**

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six-foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at registration form in the Chronicles, or in person the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason. Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00

6 session dates

3309.301 10/15/2022 - 11/19/2022 10:00AM - 11:00AM Dates:

Xcel Canine Training, Inc. Location:

PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the steppingstones they need to learn at a young age. steppingstones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please! Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six-foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com. You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over **Resident Fee:** \$100.00 Non-Res Fee: \$110.00 6 session dates

3309.302

10/15/2022 - 11/19/2022 9:00AM - 10:00AM Dates: Sat Time:

3309.303

10/15/2022 - 11/19/2022 12:00PM - 1:00PM Dates: Sat

Location: **Xcel Canine Training, Inc.**

- FITNESS & EXERCISE

COUNTRY FIT

Country Fit is an easy-to-follow, completely exhilarating, country dance-inspired workout perfect for beginners! No complicated moves, students simply follow along with the instructor to enjoy the low-impact/high-energy dance class set to the chart topping hottest country hits. You'll have so much fun moving, stepping, clapping, stomping, and laughing, you'll forget you're burning mega calories and toning your body from head to toe! No dance experience is necessary. Whether you're a dance newbie or you've already got great moves, you will love stepping it up to the hottest country hits around! This country dance-inspired workout is unlike any other workout you've tried and perfect for all fitness levels.

İnstructor: Kerri Lewis 18 and over

Resident Fee: Non-Res Fee: \$40.00 \$35.00 Twice a week: \$55.00 Non-Res Fee: \$60.00

6 session dates

3918.301 Dates: 09/12/2022 - 10/17/2022 Mon 7:00PM - 8:00PM Time:

3918.302

09/14/2022 - 10/19/2022 Dates: Wed 7:00PM - 8:00PM Time:

3918.311 Dates:

10/24/2022 - 12/05/2022 Mon 7:00PM - 8:00PM

Time: 3918.312

10/26/2022 - 12/07/2022 Wed Dates: 7:00PM - 8:00PM Time:

Bethel Park Community Center Location: No class: Oct 31 & Nov 23

Look for the next issue of the Bethel Park Chronicles mailed in December 2022!



SATURDAY CLASSES ARE HIGHLIGHTED

POWER YOGA

This is a great class for students with no previous yoga experience. Power Yoga is designed for all levels in mind. You may go at whatever speed suits

you! Challenge yourself with a blend of Pilates and Yoga, leaning more on the Yoga side. Stretching, energizing yoga poses and relaxation are the focus for this class. Instructor has over 15 years of Yoga and Pilates teaching experience. Students should bring mat, water, and small towel to class. Instructor:

Christi Fredrick Ages: **Resident Fee:** 8 and over \$35.00

3990.301 Dates: Time:

3990.302 Dates: Time:

Location:

No class:

QIGONG Qigong, an ancient practice originating in China, is

comprised of simple, efficient, and effective movements to help manage and reduce stress, heal physical and emotional pain and enhance quality of life. Qi means "energy" and Gong means "to work with" so simply put Qigong means working with the body's energy. Qigong has movements similar to tai chi movements, yet simpler. Anyone regardless of age, ability or fitness level can practice Qigong and become healthier and happier. Some benefits of practicing include increase in oxygen uptake for stronger muscles, soothes the nervous system, improves metabolism and digestion, helps clear the mind for greater mental clarity and promotes greater flexibility. No special equipment is required, please wear loose, comfortable clothing. It is recommended that you NOT wear earrings. Instructor Vince has been practicing Spring Forest Qigong (SFQ) for 10 years and is a certified SFQ Professional.

Non-Res Fee: \$40.00

Wed

Wed

Wed

Mon

Time:

6 session dates

09/07/2022 - 10/12/2022

10/19/2022 - 12/07/2022

Bethel Park Community Center

6:30PM - 7:30PM

6:30PM - 7:30PM

Nov 2 & Nov 23

Instructor: Vince Galloni Ages: Resident Fee:

Twice a week:

18 and over **\$35.00 \$55.00** Non-Res Fee: \$40.00 Non-Res Fee: \$60.00 6 session dates

3990.305 09/12/2022 - 10/17/2022 Dates: Mon 11:45AM - 12:30PM Time:

3990.306 Dates:

9/14/2022 - 10/19/2022 6:00PM - 6:45PM Time:

3990.315 Dates: Time:

3990.316 11/02/2022 - 12/14/2022 Dates: Wed 6:00PM - 6:45PM Time:

11:45AM - 12:30PM

10/31/2022 - 12/12/2022

Bethel Park Community Center Nov 21 & Nov 23 Location: No class:

SATURDAY CLASSES ARE HIGHLIGHTED

SILVERSNEAKERS® CLASSIC
Perform a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles and S. Sneakers ball are used. A chair may be used for seated and/or standing support. Instructor: Mon & Thu - Renea Bishop

Tue - Mary Ann Gerard
FREE with SilverSneakers® card Fee:

09/12/2022 - 12/19/2022 Dates: Mon 10:45AM - 11:30AM Time:

09/06/2022 - 12/20/2022 Dates: Tue 12:00PM - 12:45PM Time:

Dates: 09/01/2022 - 12/22/2022 Thu 1:00PM - 1:45PM Time:

Bethel Park Community Center Location: No class:

SILVERSNEAKERS® BOOM MOVE Designed for the Active Senior

Gain stamina and strength as you break a sweat and HAVE FUN! A higher intensity dance workout class that improves cardio endurance and burns calories. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences, bringing you a great cardio workout. No dance experience is required.

Renea Bishop FREE with SilverSneakers® card Instructor: Fee:

09/12/2022 - 12/19/2022 Dates: Mon 9:15AM - 10:00AM Time:

Dates: 09/06/2022 - 12/20/2022 Tue 11:00AM - 11:45AM Time: 09/01/2022 - 12/22/2022 Dates: Thu

11:30AM - 12:15PM Location: **Bethel Park Community Center** No class:

SILVERSNEAKERS® BOOM MUSCLE

Designed for the Active Senior

Students will move through multiple "blocks", which are groups of exercise that focus on different muscle groups. Class incorporates athletic-based exercises that improve upper body conditioning, toning muscles and building overall strength.

Instructor:

Renea Bishop FREE with SilverSneakers® card Fee:

Dates: 09/01/2022 - 12/22/2022 Thu 12:15PM - 1:00PM Time:

Location: **Bethel Park Community Center** No class: Nov 24

SILVERSNEAKERS® STRENGTH AND STABILITY

Designed for the Active Senior Stability is the newest class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee, and hip joints, while improving your reaction time. This class is designed for fall prevention and is suitable for nearly every fitness level. It can be adapted depending on the skill of individual participants.

Renea Bishop FREE with SilverSneakers® card Instructor: Fee:

09/12/2022 - 12/19/2022 Dates: Mon 10:00AM - 10:45AM Time:

Dates: 09/06/2022 - 12/20/2022 Tue 10:15AM - 12/20/2022 Time:

Location: **Bethel Park Community Center**

SILVERSNEAKERS® YOGA

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Gerrie Delaney & Mary Anne Gerard FREE with SilverSneakers® card Instructors: Fee:

09/07/2022 - 12/21/2022 Dates: Time: 12:00PM - 12:45PM

09/01/2022 - 12/22/2022 Dates: Thu 9:10AM - 9:55AM Time:

Dates: 09/02/2022 - 12/16/2022 9:15am - 10:00am Time:

Location: **Bethel Park Community Center** No class: Nov 22, Nov 24, Nov 25

SILVERSNEAKERS® CIRCUIT

Designed for the Active Senior

This Circuit workout offers standing, low-impact choreography alternated with upper body strength work. Students use hand-held weights, elastic tubing w/handles & other equipment while utilizing all parts of the body without too much stress. Build muscle, flexibility, cardio & tone.

Instructor:

Gerrie Delaney FREE with SilverSneakers® card Fee:

09/01/2022 - 12/22/2022 Dates: 10:00am - 10:45am Time:

Location: **Bethel Park Community Center** No class:

★ NEW! NEW! **★**

SILVERSNEAKERS® BOOM MINDDesigned for the Active Senior. A mind body fusion class format. Your class experience will include Yoga and Pilates, to help relax the mind and body. Participants also focus on core muscles, lower body strength and Functional Movement Patterns for balance and fall prevention.

Mary Ann Gerard Instructor:

Fee: FREE with SilverSneakers® card

Dates: 09/06/2022 - 12/20/2022 12:45PM - 1:15PM Time:



WALKING TRACK

Silver Sneakers members can take advantage of the climate controlled, elevated indoor walking track at no charge using their SilverSneakers® membership card. The 1/12-mile track features 3 lanes for fitness lap walking or running. Track is open for use:

9:00am - 8:00pm Monday – Friday 9:00am - 6:00pm Saturday Sunday 12:00pm - 6:00pm

Location: **Bethel Park Community Center**

The Community Center is closed on Sep 5,

Nov 24, Nov 25, Nov 26, Nov 27, Dec. 24,

Dec. 25, Dec. 26

T'AI-CHI BEGINNER

This traditional Tai-Chi Chuan class is for the beginning student as well as the student that wants to work on the first 1/3 of the form. The difference between Tai-Chi and other martial arts is "CHI". In this class you will develop better balance, coordination and posture which is "the way" to move more efficiently and also beneficial for your health. T'ai Chi is suitable for anyone looking to improve overall health. No prior experience is required. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Instructor: Tamara Stark Ages: Resident Fee: 18 and over **\$56.00**

Non-Res Fee: \$61.00 Non-Res Fee: \$76.00 \$71.00 Twice a week:

6 session dates

3932.302

9/14/2022 - 10/19/2022 Dates: Wed 9:55AM - 10:55AM Time:

3932.303

9/15/2022 - 10/20/2022 Dates: Thu 7:00PM - 8:00PM Time:

3932.312

10/26/2022 - 12/07/2022 Dates: Wed 10:55AM - 11:55AM Time:

3932.313

10/27/2022 - 12/08/2022 Dates: Thu Time: 7:00PM - 8:00PM

Location: **Bethel Park Community Center** Nov 23, Nov 24 No class:

T'AI-CHI INTERMEDIATE

This class is designed for students who have previous experience in a Tai-Chi class and want to further their knowledge and experience. Instructor

recommendation is required to enroll in this course. Twice a week rate is not available with online registration.

Tamara Stark Instructor: Ages: Resident Fee: 18 and over **\$56.00**

Non-Res Fee: \$61.00 Twice a week: \$71.00 Non-Res Fee: \$76.00

6 session dates 3932,301

09/13/2022 - 10/18/2022 Dates: Tue Time: 7:00PM - 7:45PM

3932.310

09/14/2022 - 10/19/2022 Dates: Wed Time: 10:55AM - 11:55AM

3932.311 10/25/2022 - 12/06/2022 Dates: Tue

Time: 7:00PM - 7:45PM

3932.320 10/26/2022 - 12/07/2022 Dates: Wed Time: 7:00PM - 7:45PM

Bethel Park Community Center Nov 22 & Nov 23 Location: No class:

TOTAL BODY BOOT CAMP
Total Body Boot Camp is an intense boot camp style class designed for men and women of all ages and all fitness levels. This class will work your entire body through resistance training, body weight exercises, balance and stability moves, core work, and cardio. Students just getting back to workouts will be shown appropriate modifications to make their workout safe but just as effective!. Every class will be a new workout that will leave you feeling strong and energized! Get ready to work hard and sweat it out

with Cortney! Instructor: Cortney Sweeney

Ages: **Resident Fee:** 18 and over **\$40.00** Non-Res Fee: \$45.00

7 session dates

3920.302 09/12/2022 - 10/24/2022 Dates: Mon 7:00PM - 8:00PM Time:

3920.312

11/07/2022 - 12/19/2022 Dates: Mon 7:00PM - 8:00PM Time:

Location: **Bethel Park Community Center**

ZUMBA® GOLD

See you in September!! It's time to take care of yourself. September is a great time to start a new exercise program. Prevention is the best way to help your body. Whether you are exercising for the first time or have been doing it for years, it's a great time to try Zumba®. Students of all ages and skills are welcomed into this fun Zumba® class. We foster a strong sense community and offer an awesome sweat session in the process. There are no mistakes in this class, the key word is moving!!

Any form of exercise that gets your heart rate up and makes you sweat is going to have big benefits for your brain and body, but Zumba® transforms any old, boring cardio routine into a big party!

Instructor: Kathy Raeder Ages: **Resident Fee:** 18 and over **\$35.00**

Non-Res Fee: \$40.00 \$55.00 Twice a week: Non-Res Fee: \$60.00

6 session dates 3930.305

09/20/2022 - 10/25/2022 Dates: Tue 7:00PM - 8:00PM Time:

3930.306 Dates: Time:

9:30AM - 10:30AM 3930.307

09/21/2022 - 10/26/2022

Dates:

09/22/2022 - 10/27/2022 Thu 6:00PM - 7:00PM Time:

3930.315

11/01/2022 - 12/13/2022 Dates: Tue 7:00PM - 8:00PM Time:

3930.316 11/02/2022 - 12/14/2022 Dates: Wed Time: 9:30AM - 10:30AM

3930.317

11/03/2022 - 12/15/2022 Dates: Thu 6:00PM - 7:00PM Time:

Bethel Park Community Center Nov 22, Nov 23, Nov 25 Location: No class:



ZUMBA® GOLD FOR ACTIVE SENIOR/BEGINNER

Dancin' in September! If you have never exercised or have been out of the grove for awhile, now is the perfect time to get started. Join a great bunch of men and women who are enjoying the same great Zumba® beat at a modified level. Low impact moves for the active adult or beginner. A great way to start your Zumba® journey. This class will help improve your balance, flexibility and improve your cardio and mental health. What are you waiting for??

Kathy Řaeder Instructor: Ages: 18 and over

Resident Fee: \$25.00 Non-Res Fee: \$30.00 Twice a week: \$45.00 Non-Res Fee: \$50.00

6 session dates

3930.310 Dates: 09/19/2022 - 10/24/2022 Mon 10:30AM - 11:10AM Time:

3930.312

Dates: 09/21/2022 - 10/26/2022 Wed Time: 10:30AM - 11:10AM

3930.320

Dates: 10/31/2022 - 12/12/2022 Mon 10:30AM - 11:10AM Time:

3930.322

Wed

Dates: 11/02/2022 - 12/14/2022 10:30AM - 11:10AM Time:

Bethel Park Community Center Location: Nov 21. Nov 23 No class:

SPORTS -

Wed

Mon

August 2022

BASKETBALL

Men play on Thursday evenings. Limited spots are available. Everyone MUST register and prepay to participate.

Ages: 8 and over

Resident Fee: **\$48.00** Non-Res Fee: \$53.00

8 session dates 3907.302

Dates: 10/13/2022 - 12/08/2022 Thu 8:00PM - 10:00PM Time:

Location: **Neil Armstrong Middle School** Nov 24 No class:

COUCH POTATO BASKETBALL

Get off the couch and join us! Enjoy an evening of basketball, get some exercise, and make new friends! Everyone MUST register and prepay to participate.

35 and over \$48.00 Non-Non-Res Fee: \$53.00 Resident Fee:

8 session dates

3907.303 Dates: 10/10/2022 - 12/05/2022 8:00PM - 10:00PM Time:

Location: **Neil Armstrong Middle School** No class:

SATURDAY CLASSES ARE HIGHLIGHTED



PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled. Online registrations are highly encouraged at www.bethelpark.net.

www.BethelPark.net

PICKLEBALL

Men and women, boys and girls ages 13 and over REGISTER for our recreational Pickleball program at the Bethel Park Community Center gym. This is one of the fastest growing sports in the US combining elements of tennis, badminton and ping-pong. Pickleball is a low-impact sport played on a court smaller than the size of a tennis court. General knowledge of game rules and beginner skill level is needed as this is not an instructional class. Players must be able to bend to pick up balls and move forward and backward to play. You may choose to play once or twice a week. Call 412-851-2910 for more information.

REGISTRATION INFO: Registration open to RESIDENTS ONLY August 8 - 10 Non-residents may begin registering on August 11. Players may register for a maximum of 2 days per week, per session.

Ages: 13 and over **Resident Fee: \$24.00** Non-Res Fee: \$29.00

6 session dates

3901.301 09/12/2022 - 10/17/2022 Dates: Mon 12:00PM - 2:10PM Time:

3901.302

Dates: 09/14/2022 - 10/19/2022 Wed

Time: 12:00PM - 2:10PM

3901.303

Time:

Dates: 09/16/2022 - 10/21/2022 Fri

12:00PM - 2:10PM Time:

3901.311 Dates: 10/31/2022 - 12/12/2022 Mon

12:00PM - 2:10PM

3901.312 Dates: 11/02/2022 - 12/14/2022 Wed

12:00PM - 2:10PM Time:

3901.313 11/04/2022 - 12/16/2022 Dates: Fri

12:00PM - 2:10PM Time:

Location: **Bethel Park Community Center** Nov 21, Nov 23, Nov 25 <u>No class:</u>

LADIES VOLLEYBALL

This is a recreational program that plays according to PIAA high school rules. Players should have knowledge of volleyball rules and skills at either intermediate or advanced level. This is a fun ladies' night out to meet new people and enjoy some exercise. If you can only attend occasionally, there is a nightly drop-in fee.

Ages: **Resident Fee:**

Non-Res Fee: \$60.00 \$55.00

12 session dates 3909.301

Dates: 10/03/2022 - 12/19/2022 Mon

Time: 8:00PM - 9:30PM

Bethel Park Community Center Location:

<u>No class:</u> <u>Sep 5</u>

MEN'S VOLLEYBALL

Men play on Wednesday nights. Pick-up Men's Volleyball. Prior experience not necessary but players are expected to follow official USA indoor volleyball rules. Everyone must register and prepay to participate.

18 and over **\$36.00**

Resident Fee: Non-Res Fee: \$41.00

8 session dates

3239.320 Dates: 09/07/2022 - 10/26/2022 Wed

Time: 8:00PM - 10:00PM

3239.321 Dates: 11/02/2022 - 12/21/2022 Wed

Time: 8:00PM - 10:00PM

Independence Middle School Location:

<u>No class:</u> Nov 23

Gold Card Club

DUES: \$6.00 AGES: 60YRS AND OVER



Current Covid guidelines at press time: Face coverings are no longer required upon entry to the Community Center. This information is subject to change.

If you have any questions, please contact Cindy Carfagno at 412-831-1913 or t2323@comcast.net.

The Gold Card Club, a social and fellowship organization for seniors, was organized by the Bethel Park Recreation Department for the benefit of Bethel Park residents who are 60 years of age and over, or a resident on disability retirement and not less than 50 years of age. A spouse not less than 55 years of age may join with his/her spouse if he/she meets the 60-year age minimum. The title of the GOLD CARD CLUB came from the color of the membership card, not for playing card games.

Annual membership dues are \$6.00 per person per calendar year, January 1 through December 31. Annual dues shall be paid beginning at the January general meeting. Renewals paid after March 31 incur a late penalty. New members will be accepted at any time during the calendar year. You MUST be a current Bethel Park resident in order to join the Gold Card Club.

Monthly meetings are normally held at the Bethel Park Community Center on the second Thursday of each month *(except July and August)* at 1:00 PM. Sign-in begins at 12:30 PM. After a brief meeting, enjoy excellent entertainment, light refreshments and several games of bingo. We also have an indoor summer picnic each year, and an Anniversary luncheon and a Christmas luncheon, both held at outside banquet facilities.

Members of the Gold Card Club may also take advantage of the many bus trips scheduled through the year as well as a bowling league. For bowling information, please contact Tom Noonan at 412-913-2942.

A monthly newsletter, prepared by the Corresponding Secretary, is sent to all members who are CURRENT on their membership dues.

Questions regarding membership should be directed to Cindy Carfagno at 412-831-1913 or





SENIOR CITIZEN'S ANNUAL HOLIDAY LUNCHEON

Friday, Dec. 16 * 1 p.m.
Bethel Park High School Cafeteria \$9 per person

Any Bethel Park resident 60 years+ is invited to attend the annual Holiday Luncheon on Friday, Dec. 16 at 1 p.m. in the Bethel Park High School Cafeteria. Guests will enjoy a traditional holiday meal while also being entertained by performances of high school musical groups including Top 21 singers, Orchestra and Symphonic band. This is a great way to enjoy holiday food, music and fellowship with friends and neighbors!

Registration forms will be available beginning Nov. 1 at the Bethel Park Community Center or online at www.bethelpark.net.

Registration deadline for the luncheon is Thursday, Dec. 9 or before if it is filled. This event always fills up quickly, so send your reservation in today!!

The luncheon is sponsored by Bethel Park Recreation Department. For additional information call 412-851-2910.

Pre-registration is required. Walk-ins will not be permitted to attend.

www.BethelPark.net August 2022

SPOTLIGHT

(cont. from pg. 19)

achieve their weight goals. He pointed out a 78-year-old woman that he's been helping to overcome movement limitations due to rotator surgery.

"When I met her, she couldn't lift her shoulder very high; now she can lift it over her head," he said. "Seeing her and others that I work with smile and get excited about their improvements propels me to strive to do the best I can!'

Previously Knight was a communications and sports coordinator for the Pittsburgh Sports League where he ran over 30 adult recreation sports leagues for 15 sports involving 25,000 participants annually throughout the City of Pittsburgh.

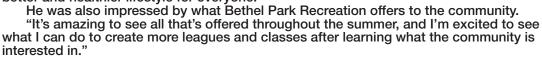
Knight feels that he'll bring a lot of energy to his

new position.

"I love engaging with people, meeting new people and help them out," he said. "I'm looking to create new events and improve current events that we have as well...particularly sports offerings. I would also love to bring more fitness offerings into the community through group training or training for young athletes, calisthenics and body weight movements. One of my goals in life is to foster a better and healthier lifestyle for everyone."

Everyone I've met so far has been amazing. This community is very connected, and I'm impressed by how many people here are interested in Recreation! There's also a great sense of community in Bethel Park that's so nice to see!

James Knight



Stover is also looking forward to seeing what Knight has planned for Recreation sports leagues.

"I'm excited to see what James will do based on his experience with Pittsburgh Sports League," said Stover. "I'm also looking forward to James using his educational background and training in exercise science to enhance the lifestyles of residents in Bethel Park!"

Knight has a Bachelor of Science degree in Sports Management and a Master of Science degree in Exercise Science with a concentration in performance enhancement and injury prevention from California University of Pennsylvania.

If anyone has questions or wants fitness-related advice, I'm always available," he said.



Seventh Annual Gingerbread House Display & Competition

Register by Nov. 21!

Calling all Gingerbread enthusiasts! Bethel Park Recreation is excited to announce that we are continuing one of our favorite Holiday Community traditions the annual Gingerbread House Display! Individuals, Families and Community Groups are invited to enter their "masterpiece" in the Seventh Annual Gingerbread House Display.

All houses will be on display at the Bethel Park Community Center for the annual Tree Lighting Ceremony, taking place on Wednesday, Nov. 30. Judging will take place just prior to the ceremony. Judges are selected from the local community. Prize Ribbons will be awarded to the winner.

Display space will be limited. Please register by Nov. 21, 2022, to reserve a spot for your creation. All Gingerbread Houses will be accepted for delivery on Monday, Nov. 28 and Tuesday, Nov. 29. Entry fee donations will be accepted and disbursed to a local charity, as yet to be determined.

For more information and instructions about entering your creation, display requirements, and delivery dates/times, please stop by the Community Center to pick up an information packet available in October.



COMMUNITY **DAY 2022!**

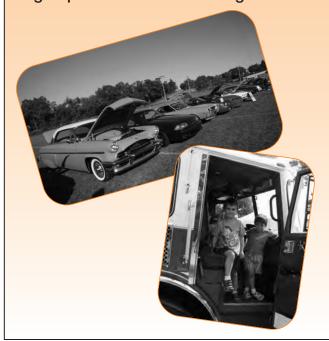
Saturday, Sept. 24 **BPHS Campus** 10 a.m. - 3 p.m.



We will feature some exciting attractions this year!

Our DJ will entertain everyone with music selections from the past through today and we'll have lots of fun activities for the whole family!

Also enjoy approximately 70 Community groups offering activities, refreshments and games! Come out with your family for a fun day and help our community groups with their fundraising efforts!





SilverSneakers® at the Bethel Park Community Center!

SilverSneakers® programs are offered at the Bethel Park Community Center. The **SilverSneakers**® Fitness Program is the nation's leading fitness program designed exclusively for older adults. Regular participation in the program has been proven to help older adults manage their health and increase strength, balance, and endurance.

SilverSneakers® is a benefit offered to members of many Medicare plans across the U.S. If you are part of a Medicare health plan or if you are a group retiree, you may already have the **SilverSneakers**® benefit. There are over 5.8 million Medicare-eligible members who qualify for **SilverSneakers**®. There is no



cost for **SilverSneakers**[®] eligible adults to become members and participate. You may already have **SilverSneakers**[®] available to you!

SilverSneakers® offers three easy ways to enroll. Simply choose one of the following options that best suits your lifestyle and begin enjoying your benefit today!

- Simply take your SilverSneakers® Member ID card to the Bethel Park Community Center.
- No **SilverSneakers**® card? Bring your health plan ID card with you to the Community Center. Our staff will check your eligibility.
- Visit the Community Center and our staff can check on your eligibility by using your name, address, phone number, and birth date.

The **SilverSneakers**® Fitness Program is an innovative and fun health/exercise program helping older adults live healthy, active lifestyles. Get fit, have fun, make new friends!

Unlock the door to greater independence and a healthier life with **SilverSneakers**[®]. Benefits will include: Customized **SilverSneakers**[®] classes designed exclusively for older adults who want to improve their strength, flexibility, balance, and endurance.

SilverSneakers® members can take advantage of the climate controlled, elevated indoor walking track just by swiping their **SilverSneakers**® membership card. The 1/12-mile track features 3 lanes for fitness lap walking or running. Track is open for use:

FALL/WINTER HOURS

Monday – SaturdaySunday9 a.m. - 9 p.m.12 - 6 p.m.

What are SilverSneakers® classes?

SilverSneakers® classes are Total-Body Conditioning Classes designed to increase muscular strength, endurance, range of movement, flexibility, balance, agility, and coordination. The classes are anywhere from 45 to 60 minutes. Classes typically involve the use of hand-held weights, elastic tubing with handles, and a small exercise ball. A chair may be used for seating or additional support.

See pg. 31 for class schedule.

Who teaches the classes?

SilverSneakers® classes are taught by credentialed instructors who are specially trained in leading fitness programs for aging adults. All **SilverSneakers**® class instructors undergo an in-person training and evaluation process to become a **SilverSneakers**® instructor. Our instructors are **Renea Bishop**, **Mary Ann Gerard**, and **Gerrie Delaney**. They are veteran instructors who have been teaching **SilverSneakers**® programs for years.

BETHEL PARK COMMUNITY CENTER



MAY 1 – OCT. 31 HOURS OF OPERATION ARE: MONDAY - FRIDAY, 9 A.M. - 8 P.M. **SATURDAY 9 A.M.- 6 P.M. SUNDAY, NOON - 6 P.M.**

NOVEMBER 1- APRIL 30 HOURS OF OPERATION ARE: MONDAY - SATURDAY, 9 A.M. - 9 P.M. SUNDAY, NOON - 6 P.M.

Open gym schedule is posted monthly and is available at the front desk.

The Bethel Park Community Center continues to be the center of activity in the community. Frequently reserved for social and professional functions, the facility is well known throughout the South Hills. The Community Center, with 40,495 sq. ft. of space, includes areas for special events and meetings, a gymnasium and locker area, an exercise/dance studio, walking track and a separate classroom. The large multipurpose room has seating to accommodate 245 and is capable of being divided into three separate rooms. The Community Center also includes a lounge, catering-style kitchen & stage. Walking trails, playground equipment, and a lighted multi-purpose field are situated on the center's grounds.

Call 412-851-2910 for room reservations or other information.

IN ORDER TO ENSURE SAFETY FOR ALL COMMUNITY CENTER USERS, CHILDREN UNDER 13 MUST BE UNDER **DIRECT SUPERVISION OF AN ADULT AT ALL TIMES.**

COMMUNITY CENTER ADULTS AND YOUTH CLUBS

★ NEW! NEW! NEW! ★ Vintage Radio Players

Players meet the 2nd and 4th Monday of the month from 3:00pm - 4:30pm. Membership is open to all interested adults 18 and over. This group rehearses and presents re-enactments of the radio shows from the 1940's and 50's, complete with sound effects and commercials. For additional information contact Jeanne Miller at 412-600-9092.

Bethel Artist Guild - Membership is open to Bethel Park Artists of any medium. Club members' work is displayed at the Center throughout the year. Monthly meetings are held on the first Thursday of the month in February, March, April, May, September, October, and December at 12:30 pm. Call the Artist Guild at 412-835-7379 for additional information.

Call the Bethel Park Community Center at 412-851-2910 for information on all our activities. If you have a special interest and would be interested in helping to form a new club or activity group, contact the Community Center.

Membership Fees & Renewals

A membership card is required to use the Bethel Park Community Center Gymnasium and Walking Track. Both residents and non-residents can purchase 12-month memberships at the Community Center during normal business hours.

All that's needed to purchase a membership is completion of a simple membership application and photo identification (such as a drivers license) to prove residency; once payment is received, an identification photo will be kept on file for each member - a process expected to take less than 10 minutes. New members will receive both a wallet size member card as well as a small key tag card.

Individual memberships will include five complimentary guest passes, and Family memberships will include 15 complimentary guest passes.

CHILDREN UNDER 13 MUST BE UNDER DIRECT SUPERVISION OF AN ADULT AT ALL TIMES

Annual Membership/Renewal:	Resident	Nonresident
Youth (13 - 17 years old)	\$ 5	\$ 125
Adult (18 - 59 years old)	\$ 10	\$ 150
Family	\$ 25	\$ 250
Senior Adult (60+)	\$ 5	\$ 80
Additional Guest Passes – 5	\$ 4	\$ 45
Day pass: Individual	\$ 1	\$ 10

To purchase a day pass, you must provide photo ID to prove residency.

MEMBERSHIP RENEWAL

All Gym memberships expire 12 months after they were issued. Please remember to renew your membership by stopping at the Community Center Desk to update your information and pay the renewal fee.



The Award Winning Bethel Park High School "Black Hawk" Marching Band, Concert Band, Symphonic Band, Jazz Ensemble, Chamber Orchestra, String Orchestra, Top 21 and Music Boosters would like to say "THANK YOU"

> to the Community for your continued support of our hoagie sales. The Music Department is planning to travel in the Spring of 2023!

The tentative dates for hoagie sales this year are

Saturdays: September 17 November 12 January 21 March 4 April 15

Stay up-to-date and bookmark our Music Department website - bpsdmusic.weebly.com and the Music Booster website - bpmusicboosters.com

www.BethelPark.net August 2022

RENTAL PROCEDURES

Reserving a room at the Bethel Park Community Center for your next event is a simple, straightforward process and may be done up to a year in advance. However, it is recommended that you reserve your space early as dates fill up quickly!

- Requests for rentals must be submitted in writing and should include the following information:
 Renters' name, address, phone numbers, date requested, time requested, specific room(s) requested (if known), purpose of rental and approximate number of guests expected. Requests may be returned to the Community Center in person or via email to communitycenter@bethelpark.net.
- Within a week, you'll receive written notification if your requested space is available or not.
- If available, we'll send you a Reservation Permit along with rental Terms & Conditions and additional rental information to complete.

Payment Schedule

- Fifty percent of total rental fees is due with the signed Rental Contract.
- The remaining 50% is due 30 days prior to your event.
- A refundable security deposit and room layout is due seven days prior to your event. Please note that while we want your event to be a success, failure to meet any payment deadlines may result in rental cancellation. Fees paid will not be refunded.

Cancellation Policy/Fees

If you need to cancel your event, your request MUST be submitted in writing to the Community Center Director. Cancellation fees follow:

- Cancellations received in writing more than 60 days prior to the scheduled date will receive a refund of 50% of initial rental payment, less a \$5 processing fee.
- No refund will be issued if written cancellation is received less than 60 days prior to event.

Other Rental Notes

- Any use of the Community Center which requires Municipal staff to stay after the scheduled closing time shall be charged an additional \$40 per hour for any portion of an hour that may be needed.
- Rental rate includes the set-up of tables and chairs.
- Renters will be responsible to visit the Community Center one week in advance of their event to sign-off on all seating/room arrangements. The security/damage deposit should also be paid at this time. Rate: \$100 per area rented.



ROOM RENTAL FEES

RENTAL RATES LISTED ARE FOR BETHEL PARK RESIDENTS. NON-RESIDENTS OR ORGANIZATIONS NOT LOCATED IN BETHEL PARK MUST CALL CENTER AT 412-851-2910 FOR RENTAL RATES

AREA	RATE	CAPACITY
Area A	\$25 per hour	49
Area B	\$50 per hour	148
Area C	\$25 per hour	49
CLASSROOM	\$25 per hour	49
A, B, & C	\$75 per hour	245
Catering Kitchen	\$100 per event	
Stage	\$50 per event	(With Area B only)
Alcohol Permit	\$50 per room	

Room Rental fees listed are per hour.

Keep in mind that rental hours must include the entire time that you need access to the rental space beginning with set-up, including event time and through clean-up.

All rentals require a minimum 4 hour reservation.

RENTAL INFORMATION SUBJECT TO CHANGE.

Community Center Facilities

*Indicates rentable areas

- * Multipurpose Room This exceptional room can be divided into three separate sections to accommodate small and medium groups. With dividers open, the room can accommodate large group functions. The Multipurpose Room is perfect for wedding receptions, showers, banquets, parties, meetings or other special events.
- * Catering Kitchen Add this room to your rental when meals will be served at your event. Kitchen includes commercial ovens, grill, refrigerator, freezer, coffee makers, microwave and dishwasher.
- * Theatrical Stage Does your event need a stage? The Stage may be rented in conjunction with the rental of Room B.

<u>Lobby</u> Bookshelves are located in the lobby, across from the main desk containing a lending library of puzzles and books available for residents of all ages to borrow.

Lounge Equipped with a kitchenette, chairs, TV, magazines and game tables, the lounge provides a comfortable atmosphere to relax, read, enjoy a card game with friends or watch television. An adult or guardian must accompany guests under age 13.

* Classroom This room includes couches, TV, sink and counter area, restroom, along with tables and chairs. The Classroom may be used for small group rentals, youth and adult Recreation classes or meetings.

<u>Gymnasium</u> Includes one full-length and one $\frac{1}{2}$ basketball court; can also be converted to three $\frac{1}{2}$ sized courts. It has a total of eight basketball hoops. Also features three $\frac{1}{2}$ size volleyball courts.

Exercise Studio A bright and open mirrored area to accommodate a variety of fitness and dance classes

Elevated Walking Track Features a 1/12 mile cushioned walking track that overlooks the gymnasium.

<u>Day Lockers</u> May be used during your visit to the Community Center. No locks are permitted to remain overnight.

August 2022 www.BethelPark.net



Friday, Sept. 16
Presentation Time: 7 PM

Come and enjoy a night of viewing the stars, planets, galaxies and nebula. Our night will begin with a presentation from our own local Amateur Astronomers Association of Pittsburgh. Listen to what can be seen in our own galaxy the "Milky Way", plus galaxies that are millions of miles away.

After the presentation, all guests will be invited to look through the telescopes of volunteers – with current safety precautions. Explanations of what is being viewed will be given along with answering of any questions that are asked. First timers will be amazed at what can be seen. Returning individuals will enjoy another view of the wonders of the Universe.

Do you have a telescope, but aren't sure how to use it? Bring it along and members of the Astronomers Association will help you get set up and started using it properly!

Bring your binoculars if you have them. You don't need a telescope to enjoy the night sky. Star hopping techniques to find galaxies, nebula and interesting stars will be shown to those who ask.

Location:

Millennium Park • 5900 Baptist Road • Bethel Park, PA 15102

Scan here to sign-up for the Farmers' Market newsletter and find out what's happening at the Market each week!



NO COOK TUESDAYS!



NO COOK TUESDAYS will return to the Bethel Park Community Center playground parking lot on October 4! This weekly event makes a triumphant return after a very successful run last spring. Follow some of your favorite vendors that participate in our Farmers' Market and many new vendors as well.

Each Tuesday, two or more local food trucks will sell delicious dinner "to go" meals from 4pm – 7pm.

Vendors will rotate weekly to provide customers a variety of vendors and food to choose from. Expect to find Mexican, BBQ, Vegan, Pizza, Greek, Meatballs, Sandwiches, Mac & Cheese among the many selections.

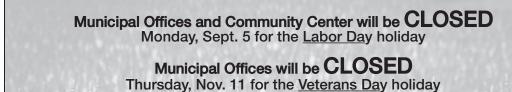
Please follow us on Facebook

https://www.facebook.com/BethelParkRecAndCommunityCenter to learn which vendors are participating each week as well as the payment methods they accept.

Call 412-851-2910 or 412-831-1328 for more information.

Let great local vendors do the cooking so you don't have to!

www.BethelPark.net August 2022



Community Center will be OPEN on Veterans Day

Municipal Offices will be CLOSED
Thursday and Friday, Nov. 24 & 25
for the Thanksgiving holiday

The Community Center will be CLOSED
Thursday - Sunday (four days), Nov. 24, 25, 26 & 27
for Thanksgiving

Bethel Park Recreation ACTIVITY REGISTRATION FORM

		LAST NAME:		
ADDRESS:				
CITY:	ZIF		BP Resident?	Yes / No
PHONE: home (1)	cell ()		
BIRTH DATE: m_	/d/y	Current Grade:	Male/l	Female (circle)
Email address:				h
Please include any	special needs:			
Shirt size (where ap	pplicable):			
1. Activity Name			Code no	- Y
Day	Start Date	Time		
Location				
				المازلان الأراث
2. Activity Name			Code no	- 24
Day	Start Date	Time_		_
Location		F	ee Due \$	
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myself, or have regis the Municipality of regarding any liabili or my child or any might receive while	es, regulations, and risks asso tered my child. By my signate Bethel Park, Bethel Park Sc ty, claims, damages, or loss w damage to our personal prop participating in the above Rec	(Parent/guardia: ciated with the activit tre, I agree to release an hool District, and any hatsoever resulting from the which I or those treation program(s).	n or participar y for which I d hold harmle employee th m any acciden under my sup	nt – print name have registere ss and blameles sereof as to an it or injury to m pervision or car
myself, or have regis the Municipality of regarding any liabili or my child or any might receive while I understand that photographing and television, websites, of Bethel Park and (collectively, "Image me. I understand that if	es, regulations, and risks assoctered my child. By my signate Bethel Park, Bethel Park Sc ty, claims, damages, or loss w damage to our personal prop	(Parent/guardia: ciated with the activity are, I agree to release and hold District, and any hatsoever resulting from the program(s). The proportion of the programs for use in lower signing this Activity Wort permission to use in this manner without	n or participan y for which I d hold harmle employee th employee th an any acciden under my sup for positive cal publicatio 'aiver, I grant ay image, nar t any further of	have registeress and blameles sereof as to amount or injury to movervision or care publicity be no, newspapers the Municipalit me, and likenes compensation to
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Bethel Park Recreation ACTIVITY REGISTRATION FORM Separate form REQUIRED for EACH participant. You may DUPLICATE this form. (PARTICIPANT)

ADDRESS:			
CITY;		ZIP:	BP Resident? Yes / No
PHONE: home ()		
BIRTH DATE: m	/d /y	Current Grade:	Male/Female (circle)
Email address:		***************************************	
Please include any s	pecial needs:		
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1. Activity Name			Code no
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August 2022 www.BethelPark.net

SCHOOL DISTRICT CONTACT INFORMATION

MAIN TELEPHONE NUMBER833-5000

Central Administration

301 Church Road, Bethel Park 15102

Dr. James Walsh, Superintendent	25 45 05 99 13 14 18 15 48
Bethel Park High School 309 Church Road, Bethel Park 15102	
Joseph Villani, Principal	71
Academics & Affairs (A-G)	18
James Fodse, Assistant Principal Student Academics & Affairs (P-Z)	
Counseling Office	95
Attendance Office854-857	72
Library	65 05
Activities Office	95 14
Athletic Office854-854	48
Independence 7-8 Middle School 2807 Bethel Church Road, Bethel Park 15102	77
Racquel Sutton, Principal854-867 Dr. George Spalaris, Assistant Principal854-867	78
Neil Armstrong 5-6 Middle School 5800 Murray Avenue, Bethel Park 15102	
Kenneth Patterson, Principal	51 56
Abraham Lincoln Elementary School	
1524 Hamilton Road, Pittsburgh 15234 Jay Johnson, Principal	18
Benjamin Franklin Elementary School 5400 Florida Avenue, Bethel Park 15102 Teresa Doumont, Principal854-874	41
Memorial Elementary School 3301 South Park Road, Bethel Park 15102 Eric Chalus, Principal854-850	06
George Washington ElementarySchool 515 Clifton Road, Bethel Park 15102 Fred Pearson, Principal854-854	46
William Penn Elementary School 110 Woodlet Lane, Bethel Park 15102	
Brian Lenosky, Principal, Director for Cyber/Alternative Learning Options854-852	22

VISIT US ONLINE @ www.bpsd.org

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Buffie Faes



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Sharon **Janosik**



Darren **McGregor**



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Vince Scalzo



Kimberly Walsh-Turner



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Go to @bpsd.info on Twitter or "Bethel Park School" District" on Facebook, LinkedIn and Instagram to keep up with the latest happenings!



Join the Bethel Park School District team as a BUS DRIVER or BUS AIDE and enjoy the benefits of being a Pennsylvania School District employee.

Visit www.bpsd.org for more information.

A Message From...

DR. JAMES WALSH Superintendent

"Learning is not attained by chance; it must be sought for with ardor and attended to with diligence.

We credit Abigail Adams, second first lady of the United States, for expressing these

words as our fledgling country was establishing itself and creating the necessary institutions to carry forward the mission of a democracy. I think Mrs. Adams was talking about the serious effort and enduring commitment necessary for education to have an impact on an individual and a society. It does not come easily. We must believe in our potential and apply our absolute best at all times.

Looking at the progress of our 2021-26 Strategic Plan, there is ample evidence of serious effort and enduring commitment for high quality education in the community of Bethel Park. Consider these accomplishments in our first year:

- Introduced Understanding by Design (our new curriculum framework) and Universal Design for Learning (to make teacher lessons more engaging and accessible) to the faculty and administration; both are important objectives in our strategic plan.
- Adopted a Facilities Master Plan to bring all facilities and learning spaces up to 21st century learning standards while addressing our equity and accessibility issues.
- Restructured the district administrative team to better focus on curriculum and instruction with two Curriculum Coordinator positions: STEAM and Humanities.
- Adopted a new elementary science curriculum and lab program; Awarded a National Math Science Initiative (NMSI) grant to improve student accessing and achieving in higher-level courses.

 There is also evidence of serious effort and enduring commitment among Bethel Park students and staff. Consider these indicators:
- Bethel Park High School students and faculty earned a silver rating among all high schools nationwide as evaluated by the U.S. News and World Report, as well as improved our ranking to 14th among all western PA school districts.
- The Class of 2022 earned more than \$95,000 in local scholarships and awards. 33 students earned athletic scholarships to play at the collegiate level. Two students were National Merit Finalists.
- 18 BPHS students earned medals of distinction in the National French Exam, Le Grand Concours.
- 13 students were inducted into Quill & Scroll, the International Honorary Society for High School Journalists.
- IMS' Jason Turka has been named one of the 12 finalists for the 2023 PA Teacher of the Year award.
- A Bethel Park student won the 2022 Scholastic Art & Writing Regional Contest.
- Based on their performance at the state competition, thirty students qualified to participate in the DECA International Career Development Conference in Atlanta, GA.

I could fill pages of this month's Chronicles with the accomplishments of the students and the staff in Bethel Park. Be assured, we are fully committed to the serious effort and enduring commitment necessary for Bethel Park School District to continue to make an impact on individuals and our community.

We are now busy preparing for a great 2022-23 school year. As we welcome the class of 2034 to school, we also look forward to year of impressive accomplishments from the Class of 2023 and all the students of the Bethel Park School District. Anticipate another banner year in Bethel Park.

Also, this will be a busy year of progress on our Facilities Master Plan. Work to transform Independence Middle School into a modern, welcoming learning facility will be fully underway. There will be new offices and classrooms ready to go in August, and the rest of the spaces will get much needed attention through the rest of the school year. At the same time, the architectural firm, Draw Collective, will be meeting with many stakeholder groups to gather input toward the design of the new K-5 elementary center, targeted for completion in 2025

I close with a rephrasing of Abagail Adams. Our progress will not be attained by chance; it is sought for with ardor and attended to with diligence. I appreciate the steadfast support and hard work of the Board of School Directors, the administrative team, the faculty and staff. Together, we are on the right trajectory. Together, we will be "Best in Class."

A Message From... **CHRISTENSON School Board President**



Welcome back! I hope that everyone had a fun and exciting summer and are ready for a great new school year.

I've mentioned in previous articles the strategic plan that we developed last year centered around greater opportunities for student achievement with a business/cost model that is sustainable and a good investment for the Bethel Park community. Now, with a solid plan developed, we will be focused this year on accelerating the implementation of that plan.

Last year, we announced two major facilities projects that include the modernization of Independence Middle School and the creation of a K-5 center to consolidate and modernize our aging elementary facilities. It is easy for big projects like these to command much of our attention and sometimes we lose focus on their necessity and function. The facilities plan for Bethel Park Schools is a result of the academic priorities that we developed in concert with stakeholders from the community, students, staff, administration and board. These academic priorities include more uniform class sizes, consistent curriculum across classrooms and all-day Kindergarten. And of course, these priorities need to be delivered in a way that create a safe learning environment at a cost our community can afford.

We have created a dedicated website (www.bpsdbestinclass.org) to summarize and communicate the vision and status of our facilities plans. I think you'll find this to be an interesting and informative resource as we

progress through all phases of these projects.

The renovation of Independence Middle School began in May of this year and is rapidly progressing. Photos and videos of the progress are included on the aforementioned website. Our goal is to complete this project in time for the 2023-2024 school year and IMS will become a true 6-8 middle school again that will include an integrated middle school academic curriculum.

The K-5 center will be constructed on the campus of Neil Armstrong Middle School. The architect has been selected for this project and the design work is moving forward. We expect that project to break ground sometime next Spring and the center will open in time for the 2025-2026 school year. The initial designs that have been presented so far are really exciting and address many of the concerns we've heard regarding the size of the building and the number of students with the academic goals that are paramount for student

I encourage everyone reading this to become involved in this process. The administration and board welcome the perspectives of everyone in our community. We've established a monthly meeting on the second Tuesday of each month that is dedicated to reviewing the status of the facilities projects. Please check the district calendar on our website (www.bpsd.org) for specific dates and times.

As we look forward to making great progress in this upcoming school year, I'd like to recognize the district leadership and staff for their commitment in helping us reach our strategic goals and building a winning culture. An early academic win in this area is the recent improved school performance ranking of BPSD relative to other districts in our area. Thank you to our leadership team and everyone in the district for helping us to perform better, raise the bar for the future and continue to make Bethel Park a wonderful community for new families.

Finally, in closing, I would be remiss if I failed to congratulate the Hawks baseball team for helping to set that standard of not just winning but winning BIG with their second consecutive state championship and inspiring us all to do even better in all aspects.

Have a great 2022-2023 school year!



Bethel Park School District Celebrates Recent Retirees

In June, the district held its annual farewell luncheon for those who retired from the school district during the 2021-2022 school year.

Each year, Bethel Park School District bids farewell and a happy retirement to some members of its faculty and staff. Through their diligent and skillful work, our retiring employees have enriched the lives of our students and their colleagues and have directly contributed to Bethel Park's success.

This year, we have 27 retirees, including 12 professional and 15 support staff employees. Together they represent over 534 years of expertise and experience.

Those honored at this year's luncheon included:

- Mark Graham, School Bus Driver 8 Years of Service James Knapp, School Counselor 30 Years of Service
- Judi Kosanovich, Health & Physical Education Teacher 33 Years of
- Linda Kountz, School Bus Driver 19 Years of Service
- Maria Leonard, World Languages & Cultures Teacher 21 Years of
- Tricia Moury, Music Teacher 22 Years of Service
- Paul Novak, Library Media Specialist 28 Years of Service
- Dr. Janet O'Rourke, Assistant Superintendent 22 Years of Service
- Ella Pysola, Library Aide 23 Years of Service
- William Ranegar, Head Custodian 9 Years of Service
- George Reganick, Custodian 6 Years of Service
- Doris Sharkey, School Bus Aide 11 Years of Service
- Patricia Talerico, School Bus Aide 8 Years of Service
- Myrna Thomas, Health & Physical Education Teacher 30 Years of Service

The other district retirees included:

- David Cheeseborough, Lead Mechanic 40 Years of Service
- Nancy Clements, Computer Paraprofessional 19 Years of Service
- Mark Dubuch, School Bus Driver 20 Years of Service
- Paula Gouirand, School Bus Driver 28 Years of Service
- William Herman, School Bus Driver 11 Years of Service

- Nancy Keane, School Bus Driver 20 Years of Service
 Patricia Luptak, School Nurse 4 Years of Service
 Mark Render, Attendance Coordinator 30 Years of Service
- Terrence Spitznogle, Technical Education Teacher 30 Years of
- Lori Sutton, Director of Special Education 18 Years of Service
- Patricia Talerico, School Bus Aide 8 Years of Service
- Christine Williams, First Grade Teacher 21 Years of Service
- Marilyn Williams, School Bus Aide 15 Years of Service

Congratulations and best wishes to our latest crop of retirees. We are grateful for your mentorship, friendship and your service.



Consolmagno Retires; Replaced by Rambo as **Food Services Director**

In August, long time food services director Joe Consolmagno, retired after 40 years in the food services industry, including the past 16 years at Bethel Park. Previously, Consolmagno worked in the Elizabeth Forward, New Brighton, Moon and Burrell school districts.

Consolmagno said he got his start in the food business by working at his uncle's restaurant. "I just loved the pace of it and working with people," he said. "I think I knew early on that was what I wanted to do professionally.

Consolmagno said he has known for a while that it was probably time to retire but it was still a difficult decision because of the relationships he has forged. "I just love being around my employees and working everyday with students and teachers and staff...Even the administration was okay," he joked.

Consolmagno, who also lives in Bethel Park and is

on the municipal council, said he has no plans to leave that post anytime soon. "My name is literally Italian for 'Good Counselor,' so I feel an added responsibility to live up to that label," he laughed.
"It was a good run and I really enjoyed it," said

Consolmagno. "I'm honestly not sure what I'm going to do in retirement but I'm sure I'll think of something."

Consolmagno's replacement, **John Rambo** is certainly not a newcomer to the food service industry, having worked in it in some capacity since 1989. For the past 16 years, Rambo has worked for Metz, most recently at Slippery Rock Area School District. He has also worked for the West Jefferson Hills and New Brighton Area school districts.

"Actually, Joe Consolmagno hired me back when he was the regional manager for Metz," Rambo laughed.
"I guess you could say everything has come full circle."

High School Mourns the Tragic Loss of a Popular Teacher

In May, the Bethel Park community was rocked to its core following the death of high school history teacher Mr. Jon Gentile, 38, who passed away in a kayaking accident while with his father on the Delaware River near New Hope, Pa.

Gentile, a married father of one, was beloved by both his students and his colleagues and that affection was reflected in the immediate aftermath of his accident when the students organized an event in which they all wore Gentile's trademark plaid as an homage to their former teacher, even though the outside temperatures were in the mid-80s that day.

His dear friend and colleague Mrs. Chelsea Casagranda said her close friend was known for his candor and his wonderful sense of humor. "He was always ready with a laugh or a joke. He always told you the truth, and he was just an incredibly positive guy, which really resonated with his students," she recalled.

Casagranda set up a GoFundMe account to assist the Gentile family with funeral and other expenses. As of this writing, the community had raised more than \$130,000 \$100,000 more than the original goal. All of the money raised will go to the family.



Other fundraisers to benefit the Gentile family included a benefit concert at Brewster's Ice Cream by a band composed entirely of Bethel Park High School students named Private Property. Also, friend and colleague Adam Triscila, organized a fundraiser through Primanti Bros. in Mount Lebanon and another local vendor held a t-shirt sale to benefit the

Dr. Douglas Fink, another friend and colleague of Mr. Gentile's, said the fundraisers and the Go Fund Me account have provided much more than financial support.

'The comments we've seen from the kids on the GoFundMe Page are amazing. I think it speaks to how much they respected and loved Jon," he said. "Really, the outpouring of affection we have seen from the community since his passing has been nothing short of heartwarming during an otherwise heartbreaking situation.'

Those interested in making contributions to the Gentile family through their GoFundMe account may do so at www.gofundme.com/f/in-memory-of-jon-david-gentile.



Free and Reduced Meals

The Bethel Park School District participates in the National School Lunch Program and offers Free/Reduced Price School Meals to those who qualify. Applications for the 2022-2023 school year are available on the Nutritional Services page of the website or they can be picked up at the Administration Building. Please be advised that even if your child(ren) qualified for Free/Reduced meals in previous years, you still must reapply for the upcoming school year. For questions about the forms and to learn more about the confidentiality of the process for your child, please call the district's program liaison, Dana Walker at 412-854-8426 or email her at walker.dana@bphawks.org.

Cafeteria Prices for the 2022-2023 School Year

During the pandemic, all school meals have been free since March of 2021. That will not be the case in 2022-2023. The cafeteria prices for the upcoming school year are as follows:

- Elementary--\$2.75 Middle School--\$2.90
- High School--\$3.05
- Elementary Tiered--\$3.55 NAMS/IMS Tiered -- \$3.70
- BPHS Tiered--\$3.85

Breakfast will be served at all Bethel Park schools at a cost of \$1.95. Parents can place money on their account for their child's meals and track their child's purchases via the QSP Program, which is available in all Bethel Park cafeterias.

To learn more about QSP and PayForlt.net, go to www.bpsd.org/FoodServices/. The BPHS cafeteria operates under a cashless system to help students move through the cashier line at a quicker pace. Students who pay for their meals with cash will not receive change. Any change will be deposited into their QSP account.

Forms for free/reduced meals can be accessed at www.bpsd.org/FoodServices/ or from the Business Office in the Administration Building. Families must reapply annually to the federal program.

Volunteer Requirements

The Bethel Park School District encourages the involvement of parents and guardians in our schools. Pennsylvania State Law requires that EVERY volunteer who has direct contact with students must have the necessary clearances on file with the school district. The required clearances are the Pennsylvania Child Abuse History Clearance (Act 151), Pennsylvania State Police Criminal Record Check (Act 34) and the FBI Federal Criminal History Record (Act 114). PA Clearances are free to volunteers and the FBI Clearance is \$22.60. Volunteers who have resided in Pennsylvania for ALL of the past 10 years and have never been convicted of a Disqualifying Offense can sign a waiver that would eliminate the need for the FBI Clearance.

No one will be permitted to volunteer in our schools until they have successfully submitted the following information, all of which can be found on our website www.<u>bpsd.org/VolunteerInformation.aspx</u>:

- Pennsylvania Child Abuse History Clearance (Act 151)
 Pennsylvania State Police Criminal Record Check (Act 34)
 FBI Federal Criminal History Record (Act 114); OR Waiver of the
- 4. Signed Acknowledgement of Volunteer Obligations Form
- 5. Current Pennsylvania Driver's License (and temporary card if you have recently moved)
- 6. Current Photo for the ID Badge
- 7. Complete Google Form Titled: Qualified Volunteer Clearance ID
- 8. Read Policy 824: Maintaining Professional Adult/Student Boundaries

Items Nos. 1-6 can be emailed to gregg,marybeth@bphawks.org. Item No. 7 can be submitted electronically directly from the website. Item No. 8 can also be found on our website. You will receive an email notifying you that your information has been received and that your volunteer card has been processed. That card will be sent to your

Once volunteers have satisfied all of the requirements listed above, they will be issued a Qualified Volunteer ID Card that must be worn every time they are volunteering in our schools or with Bethel Park students on a field trip or other outing not on school property. To learn more about what individuals need to do to successfully volunteer in our schools, please go to: www.bpsd.org/VolunteerInformation.aspx.

Bethel Park School Board Approves Three-Year Contract with Bethel Park Federation of Teachers

The Bethel Park School District Board of Directors and the Bethel Park Federation of Teachers (BPFT) have agreed to a new three-year contract that will run through June 30, 2025. The BPFT includes approximately 330 certified personnel, consisting of teachers, counselors, psychologists, nurses, speech therapists, Information Technology specialists and librarians.

"We are extremely pleased to have reached this agreement," said Barry Christenson, president of the Bethel Park School Board. "This contract successfully strikes a balance between meeting the needs of the BPFT members and our students while maintaining fiscal integrity for the district and its taxpayers.'

Under the terms of the new pact, health benefit premiums for most BPFT members will increase from 10% to 14% over the life of the contract. There are also early retirement incentives built into the contract. Changes were also made to the salary schedule.

Under the current deal, teacher salaries remain very similar from steps one through 16, before seeing a fairly sharp rise in Step 17. The new contract will see a more gradual increase in teacher salaries, which the district believes will help provide greater cost certainty in the budgeting process and aid in the attraction and retention of quality teachers.

Under the new salary schedule, first-year teachers with only a bachelor's degree will start at \$53,175 with members of the top step earning \$103,906.

The new contract also provides a number of significant language changes which should provide greater transparency and increased flexibility for both sides. The district hopes those changes will foster more cohesion going forward.

Another key component of the new contract will include a class size limit decrease at the elementary school level. There were also long-overdue changes to the language regarding supplemental activity stipends.

The Bethel Park Federation of Teachers is pleased to announce a contract that acknowledges the hard work of its members and their commitment to enhancing the educational experience of all students while being mindful of all constituents," said **Bill Wells**, President of the BPFT. Finance Director **L. Douglas McCausland**, who negotiated the contract

on the district's behalf, alongside Administrator for Human Resource Services **Anthony Piscioneri**, said he is pleased to reach an agreement that he thinks is fair to all parties. "We are hopeful that the next three years under this contract will provide an environment where students and staff will feel supported and valued and the public will trust that its resources were very well spent," he said.

Contract negotiations began in January 2022. Teachers ratified the contract agreement on Monday, April 25, and the Board publicly approved it on Tuesday, April 26.

In Acknowledgement of the Honorable Alma De Leon's April Passing

In April, Bethel Park lost the Honorable Alma de León, a judge, lawyer, lifelong learner, and creative spirit.

A Bethel Park resident, Judge de León committed much of her free time to mentoring Latino professionals and was a member of the Allegheny County Bar Association and the Pennsylvania Bar Association and was active in the Hispanic Bar Committee and the Minority Bar committee. She was a member of the Hispanic Affairs Council of the Office of Disability and Adjudication Review and Vice chair of the Hispanic Employment Program Committee of the Federal Executive Committee.

Judge de León was also, along with retired Director of Special Education, Mrs. Lori Sutton, the co-founder of the Angel F. Miranda Achievement Award, which lasted for nine years and was given annually in her late son's memory to high school seniors or students with disabilities in Grade 12+, or who were between the ages of 18 and 21 years-old. The chosen candidates each demonstrated the characteristics of self-determination,

tenacity, challenge acceptance, the ability to overcome obstacles, service/work and a demonstrated willingness to consistently go the

The committee was composed of Judge de Leon and Mrs. Sutton as well as Angel Miranda Sr., along with retired special education instructor, Dee Hoffman, retired assistant superintendent, Dr. Janet O'Rourke, assistant superintendent, Dr. Zeb Jansante, Neil Armstrong Middle School assistant principal, Sheryl Kremer and Dr. Sarah Shue. the current supervisor of special education.

Mrs. Sutton said of Judge de León, "Alma was a very caring soul who just wanted to support students in their transition to adult life in the same way her son received from Bethel Park and Pathfinder and this award was the perfect embodiment of her can-do spirit," she said.

The awards, which were by the Bethel Park High School art department and ended with last year's presentation, were doled out to the following Bethel Park students between 2013 and 2021:

- 2021: Julia Trusnovic
- 2020: Samantha Guthoerl
- 2019: Blake Hagerty
- 2018: Jenna Kroboth
- 2017: Hannah Redinger
- 2016: Aliza Legg 2015: Andrew Richert
- 2014: Taylor Blair
- 2013: Andrew Bruce

Bethel Park Cafeterias Earn 64 Diamond Awards

The Allegheny County Health Department concluded their second round of unannounced inspections of Bethel Park School District cafeterias, and all cafeterias passed inspection and earned a combined total of 64 Diamond Awards, giving Bethel Park a stellar 115 Diamonds for the 2021-2022 school year.

Diamonds are the highest award given by the Allegheny County Health Department and are given only to those facilities that demonstrate exceptional sanitation and food handling practices.

Also, the American Dairy Association North East recently donated a brand new commercial cooler to Benjamin Franklin Elementary School. The new cooler is worth approximately \$5,000 and will replace Franklin's old cooler, which had been in use for more than 20 years.



Bethel Park Celebrates Arts Fest and STEAM Expo

The Bethel Park School District's annual Arts Fest and STEAM Expo returned after a two-year pandemic-induced hiatus.

Artwork created by students at all 13 grade levels lined the halls and filled the Bethel Park High School cafeteria. In addition to the beautiful artwork, which included two-dimensional and three-dimensional pieces, students also led various interactive activities at stations located throughout the building. Also, Mrs. Megan Farren's anatomy students created a wondrous exhibit

dedicated to the science of sight, called, "The Human Eye."
There were also plenty of arts and crafts, treats, raffles and other fair-themed activities for everyone to enjoy.

"The arts are essential," said high school art teacher, Mr. Kent Wallish. "We wanted to give the public an opportunity to see how talented our students are and to demonstrate to the public what real world creating looks like.

Bethel Park's Walsh Chosen to Participate in Global Leaders Professional Development Program

Bethel Park Superintendent Dr. James Walsh has been selected to participate in the 2022 Global Leaders Professional Development Program as an evaluator of the student projects at the Global Youth Leadership Summit in Berlin, Germany.

In addition to participating in the summit, participants will also visit Prague, Czechia, Vienna, Austria, and Budapest, Hungary. Dr. Walsh will be joining one other administrator from the state of Pennsylvania, as well as others from New York, Ohio, Michigan, Florida, Georgia, Arizona, Texas.

Dr. Walsh's commitment to the Bethel Park School District to be best in class and to building global competency for the students really resonated with the evaluators selecting him for this program. "I am honored to represent Bethel Park School District on an International stage and I am eager to learn from so many talented administrators and students from all over the world," said Walsh.

Softball for Soldiers

In June, George Reganick, in conjunction with American Legion Post 760, hosted a charity softball tournament to benefit veterans.

The game was played on the ballfield at Neil Armstrong Middle School and honored five specific veterans including 95 year-old World War II veteran, Charles Zukauckas (U.S, Army), who attended the game. The other honorees include the late Amerigo Casini (U.S, Army, World War II), Lawrence Cullen (U.S. Army Air Corps, World War II), John Van Tol (U.S. Navy Commander, World War II, the Korean War and the Vietnam War) and John McClellan (U.S. Army, the Vietnam War).

Reganick, who is himself a veteran of the Vietnam War, said he felt an obligation to hold the game after learning that so many veterans were buried at Bethel Cemetery but whose graves were not adorned with wreaths. "These men gave so much to our country and I just felt a tremendous obligation to them and their families to properly honor their sacrifices, even if it is only in some small way," he said.

Bethel Park's Music Education Department Receives National Recognition

Bethel Park School District has been honored with the Best Communities for Music Education designation from The NAMM Foundation for its outstanding commitment to music education. Now in its 23rd year, the Best Communities for Music Education designation is awarded to districts that demonstrate outstanding achievement in efforts to provide music access and education to all students.



department answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, support for the music program and community music-making programs. Responses were verified with school officials and reviewed by The Music Research Institute at the University of Kansas. Bethel Park superintendent Dr. James Walsh is understandably proud of this latest

To qualify for the Best Communities designation, members of Bethel Park's music

designation because it further validates how the district continues to deeply value music programs in its schools. "We are so proud of the efforts of our music students and our

directors," he said. "Thank you for making beautiful music."

Since the passage of the Every Student Succeeds Act (ESSA) in 2015 and a stated emphasis on a well-rounded education, many school districts have re-committed to music and arts education programs. During the pandemic, music and arts programs were a vital component to keeping students engaged in school. ESSA provides designated funding for well-rounded educational opportunities through Title IV Part A Student Academic Success and Achievement grants. NAMM Foundation research has revealed that these grants are being widely used by school districts to address instructional gaps in access to music and arts education.

"We know from mountains of research that there is a lasting positive impact of music education on the academic, personal, and professional growth of students,' he said. "Music education shapes the way our students understand themselves and the world around them, allowing for a deep engagement with learning. This designation affirms these values as our music educators, students and families constantly work together to demonstrate the importance of quality music education."

Research into music education continues to demonstrate educational/cognitive and social skill benefits for children who make music: After two years of music education, researchers found that participants showed more substantial improvements in how the brain processes speech and reading scores than their lessinvolved peers and that students who are involved in music are not only more likely to graduate high school, but also to attend college as well. Everyday listening skills are stronger in musically trained children than in those without music training. Significantly, listening skills are closely tied to the ability to: perceive speech in a noisy background, pay attention, and keep sounds in memory. Later in life, individuals who took music lessons as children show stronger neural processing of sound: young adults and even older adults who have not played an instrument for up to 50 years show enhanced neural processing compared to their peers. Not to mention, social benefits include conflict resolution, teamwork skills, and how to give and receive constructive criticism.

About The NAMM Foundation

The NAMM Foundation is a nonprofit supported in part by the National Association of Music Merchants and its approximately 10,300 members around the world. The foundation advances active participation in music making across the lifespan by supporting scientific research, philanthropic giving and public service programs. For more information about The NAMM Foundation, please visit www.nammfoundation.org



2022-2023 School Year-at-a-Glance

The 2022-2023 school year will begin on Thursday, Aug. 25, 2022 and will end on Tuesday, June 6, 2023. The outdoor graduation ceremony is scheduled to be held at Black Hawk Stadium at 7 p.m., on Thursday, June 8 (rain dates: June 9 or 10).

Some major highlights include:

AUGUST

New Teacher Induction

22 Staff Development Day

23 24 Staff Development Day

Room Preparation Day

Classes Begin

SEPTEMBER

Labor Day (No Classes)

OCTOBER

First Marking Period Ends

Records Day (No Classes)

NOVEMBER

Staff Development Day (No Classes) 24-28 Fall Break (No Classes)

DECEMBER

23-30 Winter Break (No Classes)

JANUARY

Second Marking Period Ends

16 Records Day (No Classes)

Dr. Martin Luther King, Jr. Day (No Classes)

FEBRUARY

Staff Development – 2-Hour Delay for Students

Presidents' Day (No Classes)

Staff Development Day (No Classes)

MARCH

Third Marking Period Ends

Records Day (No Classes)

APRIL

6-10 Spring Break (No Classes)
11 Staff Development – 2-Hour Delay for Students

MAY

16 Staff Development Day

(No Classes)

29 Memorial Day (No Classes)

JUNE

Final Day of Classes (Early Release/AM Kindergarten Only Attends) /Final Marking Period Ends Records Day

BPHS Class of '23 8

Commencement (Rain Date: 6/9)

MAKE-UP DATES (IN NO PARTICULAR ORDER): December 23, April 6, April 10, June 7, June 8 and Remote Learning option

Please note that scheduled event times and dates occasionally change during the school year. For the most current information on Bethel Park School District events, please consult our Events Calendar at www.bpsd.org.



BPHS Alum, Holly Troesch Earns Study Abroad Scholarship

Bethel Park alumna, Holly Troesch '19, a rising senior at Washington

& Jefferson College who is a German and Biology double major, recently received a study-abroad scholarship from the national German honor society, Delta Phi Alpha. As one of only five awardees, Troesch will spend

the Fall 2022 semester studying in Lüneburg,



While at Bethel Park, Troesch was the president of the German Club and a member of the school's chapter of the Delta Epsilon Phi German National Honor Society. She remains active in the German Club at W&J, and is also a tutor in the college's Peer-Assisted Learning

High School Students Get Experience in CRISPR Gene Editing

In May, Bethel Park High School biology students had the opportunity to gain some hands-on experience in learning how to use the gene-editing technology known as CRISPR to conduct experiments.

Dr David Boone, an assistant professor at the University of Pittsburgh's prestigious medical school, led the two-day lab, which challenged the students to use CRISPR to edit and genetically modify bacteria by placing new DNA into their chromosome.

Dr. Boone calls CRISPR "the breakthrough technology of the decade and perhaps past several decades," but concedes the technique is not yet precise or efficient and can produce a diversity of outcomes - which he insists makes for some very interesting experimentation.

"It's just an opportunity for the students to learn a cutting-edge biotech technique that is hopefully going to completely revolutionize medicine," said Dr. Boone.

CRISPR – also known as CRISPR-Cas9 – is a powerful biotechnology tool that gives scientists unprecedented access to the genetic makeup of all living organisms, including humans. It originally evolved as an adaptive immune system in bacteria to defend against viruses.

When artificially harnessed in the laboratory it allows scientists to accurately and precisely edit genes - almost if they were using a word processor. In mice, CRISPR has already been used to treat diabetes, muscular dystrophy, cancer, and blindness. CRISPR has made cultured human cells immune to HIV, and a variety of CRISPR experiments involving all sorts of things.

CRISPR is not, however, limited to biomedical applications. It is also revolutionizing the food industry and many areas of biological research.

Mr. Alex Winschel, an Honors Biology teacher at the high school says that it imperative that science educators help prepare students for this compelling new era of biology.

CRISPR-Cas9 and other genome technologies are changing the world and because our students will soon be adults it is really important that they know exactly what it is and how it works," he said.

Scientists in China shocked the world in 2018 using CRISPR to alter the genetic makeup of human twins in utero. The technique has since been used in the US to treat sickle cell disease. It's also used in agriculture, aquaculture and a host of other fields.

In addition to conducting the experiment, the Bethel Park students discussed the ethics of using CRISPR in a clinical setting.

"We asked our students to carefully consider some of the unintended consequences this technology could bring about," said Winschel. "When it comes to human beings, when is it right to apply this technology and when does it go too far? If it's okay to use to help treat an adult with sickle cell anemia, is it also okay to use as a preventative treatment in an embryo?

"Where is the line," he continued. "I think that's for our society to decide and major part of this process is equipping our students with as much information as possible so that they can help make informed decisions."

Rising sophomore, Lyla Walsh was one of the students who had the opportunity to work on the project. "I think it was really helpful to see all of the amazing possibilities this new technology could provide for everyone, she said. "It was just a very interesting lesson all the way around and I think we all learned a lot about this exciting new technology."

Kurtz Awarded Smart Scholarship

Allison Kurtz '21, a rising sophomore at Robert Morris University and a Bethel Park alumna was recently awarded the Department of Defense Science, Mathematics, and Research for Transformation Scholarship.

This award provides students with full tuition for up to five years, mentorship, summer internships, a stipend and full-time employment with the Department of Defense after graduation. This unique opportunity offers students hands-on experience at one of over 200 innovative laboratories across the Army, Navy, Air Force and larger Department of Defense. During summer internships, SMART scholars work directly with an experienced mentor, gaining valuable technical skills. After graduation Kurtz will work at National Geospatial-Intelligence Agency in St. Louis, Mo.

Kurtz is currently studying Statistics and Data Science. Kurtz said, "I am very excited about this opportunity, I cannot wait to see where it will take me." about the award.

The Department of Defense is committed to developing the Nation's STEM talent and is the largest employer of federal scientists and engineers with nearly 150,000 civilian STEM employees working across the Department. DoD STEM activities support this mission by providing authentic learning experiences through a variety of education and outreach initiatives,



such as the SMART Scholarship-for-Service Program. For over a decade, SMART has trained a highly skilled STEM workforce that competes with the evolving trends of industry to support the next generation of science and technology for our nation.

Bethel Park High School Student-Artists Ceramics Pieces Featured



In May, the artwork of Bethel Park High **School students Emerson Crawford,** Ireland Kennedy and Matt Ruffing were featured in the Standard Ceramics High School Student Exhibition at One Walnut Street in Carnegie.

German NHS Inducts 5 Students

Five Bethel Park High School German students were inducted into the school's chapter of the Delta Epsilon Phi German National Honor Society in an after-school ceremony.

In order to be eligible for membership, Bethel Park German students must complete a minimum of three semesters of high school German courses and maintain a minimum 3.6 GPA in German while posting at least one non-weighted A-grade and no grades of C or lower. Eligible students must also maintain a minimum overall GPA of 3.0 or higher and demonstrate personal and academic integrity as well as a commitment to continued study in the Bethel Park German

This year's inductees included rising sophomores Sydney Felicetti, Jack Harrie and Brady McKiernan, who are each Honors German II students; as well as rising juniors, and Honors German III students,

Jacob Kalogeris and Brandon Mason.

Hawks Baseball Wins Back-to-Back State Championships

The Bethel



The other state title for Bethel Park baseball came in 1988.

As with last year, the 2022 Hawks fell short in the WPIAL playoffs before rebounding in the state

tournament. Also, like last season, they relied on great pitching, outstanding defense and clutch hitting en route to the title.

"The similarities between last year and this year were really striking," acknowledged head coach Patrick Zehnder, the only baseball coach in WPIAL history to win state championships in each of his first two seasons. "There really is no substitute for experience."

Bethel Park's state playoff journey began with a match up against Central Mountain, a team it narrowly defeated in last year's state semifinals, 1-0. This year's game was no less thrilling with Bethel Park winning 4-3 on a wild pitch with two outs in the final frame.

In the quarterfinals, Bethel Park began to hit its stride with a 7-0 blowout win over a West Allegheny team that had eliminated them from the WPIAL playoffs just a few weeks prior. That was followed by an 8-5 win over Donegal in the state

In the state championship game, Bethel Park faced Selinsgrove (23-3), the champions of District 4, which was looking for its second state title in four years. The Seals though were no match for the masterful pitching of rising senior **Evan** Holewinski, who allowed just three hits - all singles - in his complete game, 76pitch shutout performance in the Hawks 5-0 win. The right-handed pitcher improved to 10-0 on the season and is 16-1 in his high school career.

"Evan is just one of those rare kids who completely understands exactly what we're trying to accomplish out there and he uses his defense to his advantage to keep his pitch counts low, which in turn allows us to use him consistently and keep him in for the entire game," said Zehnder. "His baseball IQ is off-the-charts; he will make a heck of a pitching coach someday."

As it turned it out, Cody Geddes's towering fourth inning home run over the left field fence off a hanging curveball would be all the run support Holewinski would

"Cody's home run changed everything," said Holewinski. "I knew as soon as he hit the ball that it was gone and that we were going to win."

Zehnder agreed with his ace pitcher's assessment. "Cody's home run really energized our dugout and allowed everyone to take a deep breath because it was clear that Evan was in total command and they were going to have a tough time scoring on him," he said.

State championship game heroics are nothing new to Geddes, whose two-run triple was pivotal in last year's state championship triumph over Red Land.

"For whatever reason, I just see the ball really well in this ballpark," said Geddes, who collected three of Bethel Park's eight hits and finished with two RBIs as Bethel Park added four more runs in the fifth and sixth innings respectively.

Zehnder said the back-to-back state championships were a culmination of a lot of hard work throughout the year for the past few years. "Our kids have worked really hard for really the past three years, not just the past two years (the 2020 season was canceled due to the pandemic)," he said. "I am just so proud to coach this group of young men who truly do things the right way and it is deeply gratifying to see them be rewarded for all of their hard work."

District Holds 13th Annual College-Bound Student-Athlete Recognition

In June, the Black Hawks athletic department held its 13th Annual College-Bound Student Athlete Recognition Reception to honor 25 seniors who will continue their athletic careers at the collegiate level.

The student-athletes recognized included:

- Robbie Abraham (Boys Lacrosse), Saint Vincent
- Max Blanc (Football), Youngstown State University
- Bryson Bench (Wrestling), Belmont Abbey College
- Anthony Celletti (Football), Duquesne University
 Bo Conrad (Baseball), Marietta (OH)
- Dominic Cortopassi (Boys Swimming), Clarion
- Emma Dziezgowski (Girls Basketball), Saginaw Valley
- State University (MI)

 Lily Gaston (Girls Soccer), Johns Hopkins University
- Cody Geddes (Baseball), Penn State University **Greater Allegheny**
- Mia Gorman (Girls Tennis), Southern Illinois University -
- Ben Hudson (Baseball), Saint Vincent College
 David Kessler (Baseball), Indiana University of
- Sydney Kosko (Girls Lacrosse), Edinboro University

- Victoria Krapp (Girls Lacrosse), Seton Hill University
 Lily Marchand (Girls Volleyball), Point Park University
 Riley Miller (Girls Lacrosse), St. Joseph's University
 Isaac Nirella (Boys Track & Field), Harding University
- Chloe McDaniel (Girls Volleyball), Fairmont State
- University (WV)
- Owen Peters (Boys Lacrosse), Mount St. Mary's
- Abby Quickel (Softball), Robert Morris University
- Max Radcliffe (Boys Lacrosse), Saint Vincent College
- Dylan Schmude (Baseball), Saint Vincent College
 Caitlyn Schultz (Girls Lacrosse), University of Virginia –
- Delaney Sierka (Softball), Penn State University New Kensington
- Will Sokira (Baseball), Chatham University
- Sandra Soltes (Softball), University of Pittsburgh
 Alexandra Sniegocki (Softball), College of the Holy
- Joe Thimons (Football), John Carroll University (OH)
- Caleb Thompson (Boys Soccer), Geneva College
- Olivia Toomey (Girls Soccer), Saint Vincent College
 Troy Volpatti (Football), Washington & Jefferson
- Dolan Waldo (Boys Basketball), Indiana University of Pennsylvania
- Anthony Watson (Boys Basketball), Butler County **Community College**

Congratulations to all of our college-bound student athletes and good luck on the collegiate level!



Arnold and Janus Each Accepted into Pennsylvania Wildlife Leadership Academy

Bethel Park High School students **Ava Arnold** and **Lily Janus** have each been accepted into the Pennsylvania Wildlife Leadership Academy, a student educational program that is inspiring youth leaders in environmental conservation.

Established in 2007, the mission of the Wildlife Leadership Academy is to engage and empower high school age youth to become Conservation Ambassadors to ensure a sustained wildlife, fisheries, and natural resources legacy for future generations.

The academy has graduated 824 high-achieving youth from 62 Pennsylvania counties as well as states including Texas, Indiana, and Vermont. Students apply to the Wildlife Leadership Academy and make a year-long commitment to the program. They start with field school, a five day, four night program that teaches the students leadership and life skills and continues with educational materials for their program of choice, which includes: Bass, Brookies, Buck Tails, Gobblers and Ursids.

The rigorous application process, which began in November, required that Arnold and Janus submit a letter of recommendation, provide their grades, and list their extracurricular activities. They also had to write an essay answering how they would each help the community with information learned in the camp and why they were the right applicants to be selected.

"It was definitely a drawn-out process," laughed Janus.

Arnold, a rising junior in the Ursids program, says she practically grew up on the Allegheny River and is eager to share her love with others.

"Conservation has always been important to me and my family and I cannot wait to share with the community some of the ways they can apply conservation to their lives," she said. "It doesn't have to be this huge giant project. It can be as simple as making sure you have a reasonable water bottle and taking public transit when you can. These are very actionable steps anyone can take."

Janus, who is in the Buck Tails program and will be a sophomore when the fall semester begins, is a girl scout who has long trained dogs and horses. "Animals have always been a huge part of my life and I wanted to pass on to everyone how important it is to protect our environment so that everyone can flourish."

After students complete summer school, they return to their communities where they conduct four field school-related outreach projects.

Gaston Receives Unexpected Scholarship Offer from BPHS Alumni

When Bethel Park High School senior Lily Gaston met alumni Jeffrey



75, and Christine (Hasselberg) Keisling 75, prior to the National Honor Society Induction ceremony in March, nobody could have guessed that the evening would end with the Keisling's offering the collegebound senior a \$10,000 scholarship; and yet, that is exactly what happened.

Gaston, who is headed to Johns Hopkins University in the fall, where she

plans to pursue degrees in Science and Mathematics, and also compete on the women's soccer team, met the Keisling's at a pre-induction ceremony dinner honoring some of the school's distinguished alumni. The trio spoke at length about their respective paths and soon realized that they shared a lot of common interests.

Keisling, a recently retired Pfizer executive, and his wife, have long been strong advocates of women pursuing education and careers in STEM disciplines. In fact, during his career, Mr. Keisling implemented successful development, internship and hiring programs for high school and college-age students with STEM degrees.

"Christine and I were just so impressed that Lily had the confidence and obvious leadership abilities to approach us for a friendly and very insightful discussion about careers in STEM fields," said Mr. Keisling.

Mrs. Keisling added, "Her academic and athletic accomplishments speak for themselves, but I think what stood out most to Jeff and I was her humility and strong desire to help others," she said.

As the evening wore on, the Keisling's became convinced that they needed to express their appreciation for the Bethel Park senior in a tangible way. Then, during Gaston's on-stage National Honor Society introductory presentation, the Keisling's wrote down a scholarship offer to Lily on the event program and handed it to Bethel Park High School principal, **Joseph Villani**, asking that he first review it with Lily's parents.

Gaston admits to being taken aback a bit at first, as she thought she was just engaging in a friendly discussion on issues about which she is very passionate. "It was completely unexpected," she said. "I just wanted to hear more about Jeff's career in using technology to improve the lives of patients, which is one of my goals as well.

"It obviously never occurred to me in the moment that our friendly conversation would lead to such a generous and humbling scholarship offer."

This was the first year in which the Alumni Hall of Fame dinner was combined with the National Honor Society induction ceremony and was the brainchild of Mr. Villani.

"The pandemic forced us to reexamine how we did everything but it also allowed us to reimagine some of our existing traditions and to create new opportunities for our students," said Villani. "As we looked at our National Honor Society induction ceremony and our Alumni Hall of Fame, we thought that it made all the sense in the world to use those two events to connect some of our top current students with some of our most distinguished alumni; and this is a remarkable, if completely unexpected, result of one such connection."

The Keisling's will officially present Lily with their check for \$10,000 at Bethel Park High School's Awards & Recognition night, which will be held at **7 p.m., on Wednesday, June 1, 2022,** in the Bethel Park High School auditorium.

BPHS's German Club Announces Two Academic Award Winners



Brady McKiernan



In June, the BPHS German Club announced the recipients of two academic awards for the 2021-2022 school year. Rising Sophomore **Brady McKieman** (Honors German II) earned the Dietrich Award of Academic Excellence, which is presented annually to the BPHS German student with the top academic performance. Rising senior **Mira Weston** (Honors

Rising senior **Mira Weston** (Honors German IV) received a special award as the most outstanding member of the school's chapter of the Delta Epsilon Phi German National Honor Society. Both students' names will join those of past award recipients on perpetual plaques that are on display in the third-floor rotunda of the high school's academic wing.

BPHS Quill & Scroll Society Chapter Inducts 13 Students

Bethel Park High School recently inducted 13 students into its Chapter of Quill & Scroll, the International Honorary Society for High School Journalists in a ceremony held at the school.

Students receiving honors of Quill & Scroll membership are Meghan
DeHaven, Sydney Edwards, Oluwatoyosi Egbebi, Anabel Franzmann, Margaret
Mateya, Jackelyn Mejia, Quinn Reilly, Matthew Scabilloni, William Smith, Jacob

Stiglich, Jacob Toth, Brooke Veith and Ana Winowich.
"It's always a wonderful experience for students who have worked diligently on school publications media to be recognized for their work," noted

 Dr. Charles Youngs, coordinator of the school's Quill & Scroll Chapter.
 As part of the ceremony, journalism adviser Mr. Brad Ksaszowski joined Dr. Youngs in offering their congratulatory remarks to student staff members of

the high school's newspaper (Hawk Eye), yearbook (Beacon), video production studio (BHTV), and literary arts magazine (Vernissage), who have excelled in communications work during the past school year. Journalism teacher, Mr. John Allemang also helped plan the event but was unable to

A BPHS alumni and member of the society, Raul Toledo '15 joined the celebration as a guest speaker via live video conference. Toledo is currently working in Los Angeles in video production, a career path he began at Bethel Park. He spoke on his experiences and encouraged the inductees.

The BPHS Chapter of Quill & Scroll was established in 1947. The local group builds upon the history of the international society, which was founded on April 10, 1926. It was then that a group of high school advisers organized the honorary for the purpose of encouraging and rewarding individual achievements in journalism and allied fields.

Since its organization, Quill & Scroll has granted charters in more than 13,350 high schools across the nation and around the world.

Following Toledo's speech and remarks by the publications advisers, the new inductees participated in a ceremonial candle lighting and recited descriptions of the eight principles of effective journalism took place. The initiates received membership pins, certificates and a subscription to the Quill & Scroll online magazine.

According to Quill & Scroll's by-laws, members must be chosen from students enrolled in high school, Grades 10-12, who, at the time of their election, meet the following requirements: They must be a senior, junior or second semester sophomore, be in the upper third of their class in general scholastic standing, have done superior work in some phase of school publications, and be recommended by their publication adviser.



Mateya Wins City Theatre's Young Playwrights Competition

Bethel Park rising senior Margaret Mateya has been chosen from more than 250 submissions as one of four winners of the City Theatre Company's 2022 Young Playwrights Contest for her one-act play, "Deus Ex Machina."

The principal plot of the play centers around two men who

wake up in total darkness and quickly realize that they know absolutely nothing. Soon, they meet a mentor figure, called "The Machine," who explains to them that they have been "hired as gods" for a new world religion, which comes as something of a surprise for the two deeply flawed protagonists.

If the premise sounds serious, Mateya assures us that it is

anything but. "The world is so serious right now so almost everything I write is satirical and this is no exception," she said. "I

try being serious but invariably I can't help myself and I end up writing something silly that just blows up the rest of the story.

"This play is very much in keeping with that tradition," she laughed. "It's really all about word play, irony and timing.

Mateya says she wrote the play in fits and spurts over the course of a few months. "I just like creating characters and letting them guide the direction of the story," she said. "Oftentimes, I don't even know where it's going and I'm as surprised as anyone about where things land."

Mateya's play will be professionally produced by the South Side-based City

Theatre and published in the Young Playwrights Anthology. It will be staged in late October or early November. She will also be given a director's eye, which means she will have the opportunity participate in the play's casting and it's early rehearsals.

"It's going to be amazing seeing something I wrote come to life on stage," said Mateya. "I honestly cannot wait to see what they are able to do with it.

Founded in 1975, City Theatre produces a season of regional and world premieres, along with festivals and a season-long reading series of new works in progress. Its mission is to provide an artistic home for the development and production of contemporary plays that engage and challenge a diverse



Bethel Park High School Chapter of the Société Honoraire de Français Inducts 27 Students

In the spring, the Bethel Park High School chapter of the Société Honoraire de Français (SHF) held its annual spring induction ceremony. Twenty-seven new members were welcomed into the French NHS.

In order to be eligible for membership, Bethel Park French students must maintain a 90% average throughout their study of French. Also, the SHF and the French Club work closely together each year to sponsor a Haitian student.

This year's inductees included Honors French II students: **Devin Collier,** Subbasri Dhandapani, Charlize Donaldson, Madelyn Hughes, Amber Kuss, Amelia Lancet, Lyla Walsh, Sara Walters, Kristen Weiss and Katie Yonish.

Other French II inductees were: Audrey Campbell, Martin Devine, Carly Dowell, Megan Geraud, Lucy Heckla, Jesse Huber, Tyler Kramer, Victoria Krappweis, Nicholas Krastev, Zachary Kucharik, Max LeMessurier, Kamiya Martin, Ella Sabanovic and Morgan Schmude.

Olivia Dawson (Honors) and Vanessa Troxell were the French III inductees, while Honors French IV student Andrew Williams was also

There were 22 returning members on-hand including Arabella Cicero, Bryce Clancy, Jesse Lester, April Lucidore and Grace Skalniak - all students in the Honors French III program. Other French III returnees were Leo Devine, Cayden Lodge, Lidia Lorenzi and Margaret Pivetz. Returnees from the Honors French IV class included Leah Armstrong, Tatum Brown, Emily Ciranni, Ashley Heath, Anna Marie Lorenzi, Yingzhi Lu, Cora Martin-Farmer

and Nolan Plassio. French IV student Gabrielle Shogan also returned.

Rounding out the returnees were French V AP students Megan Cunningham, Oluwatoyosi Egbebi, Sadie Fedor and French Club





2022 DECA International Career Development Conference

Thirty-four Bethel Park High School DECA Members participated at the 2022 DECA International Career Development Conference, April 22 - 27, in Atlanta. Over 17,000 students participated in this year's conference. Students competed against approximately 200 other teams, or individuals, per event.

Award Winners:

- Seniors Antastacia Antonucci and Sadie Fedor 6th Place, Sales Project
- Junior Addison Hill 7th Place, Community Awareness Project

Juniors Lexie Beck, Mia Coccagno and Natalie Engel – Finalist, Hospitality & Tourism Operations Research

 Juniors Mason Miller and Owen Sivetz - Finalists, Personal Financial Literacy Promotion

Note: The top 20 teams or individuals in the preliminary event qualified to compete in the Finals and are considered Finalists. At the Grand Awards, the top 10 teams or individuals in each event are announced. They do not provide the exact placing for the finalists which finish in 11th through 20th.



Mason Miller (left) and Owen Sivetz

Bethel Park Students Win SHASDA Award

Recent Bethel Park graduates, Anabel Franzmann and Connor O'Neil were among the recipients of the South Hills Area School District Association (SHASDA) Student Award at a school district administrators' brunch held at the Hilton Garden Inn Southpointe in Canonsburg, Pa. Former Pittsburgh Steeler, and Homestead, Pa., native, Charlie Batch served as the event's keynote speaker.

The award is meant to recognize students who have made the greatest strides from their freshman until their senior years.



Franzmann overcame some major obstacles including a relocation and some serious medical issues within her family to excel in the classroom. She credits the adversity she faced for making her stronger. "Our family was really tested by some of the challenges we faced and I think those challenges brought us closer together and it helped me mature," she said.

Franzmann will attend Point Park next year, where she intends to pursue a double major in marketing and professional sales as well as graphic design.

O'Neil said that school was always a bumpy road for him. "I was just always different than many of my classmates and unfortunately, that bothered some people," he said. "That led to a lot of conflict and just a general feeling that I never quite fit in.'

Like Franzmann, O'Neil credits the support of his family and maturity for allowing him to turn the corner. "I think I just stopped worrying about things that don't really matter and began focusing on being a good student who works hard and is involved in a lot of extracurriculars," he said.

O'Neil will attend Cal U next year and plans to major in geology. "I'd like to be able to help predict natural disasters before they happen, so we can save lives," he said.

Founded in 1978, the South Hills Area School Districts Association (SHASDA) is a consortium of 23 school districts interacting to improve public education in the South Hills area of Pittsburgh. It communicates with the five state senators and fourteen members of the House who share the responsibility of representing in Harrisburg the people living in the SHASDA area.

National French Awards 2022

Each school year, Bethel Park High School French students take the National French Exam - or Le Grand Concours. This exam is particularly challenging because it involves listening, reading and writing, and over 100,000 students compete, most of whom are from top schools with very competitive programs - and many contestants are native speakers or attend French immersion programs.

To receive a Gold Medal for the rigorous exam, students must score in at least the 95th percentile of all participating students. Silver Medalists must be at least in the 85th percentile. To earn a Bronze Medal, students must reach the 75th percentile plateau; and Honorable Mention candidates must score in

the top half of all students taking the test.
Seventeen Bethel Park High School French students scored well enough to be recognized in Le Grand Concours 2022, including a Gold medalist, two Silver medalists and three Bronze medalists.

Bethel Park High School French teacher, Mrs. Tracy McCoy, who administers the test along with her colleague, Mrs. Rachael Smith is very proud of her students' performance in the face of adversity. "This year, we had some unforeseen circumstances, including a weather-related cancellation on our initial test day and an internet outage on our make-up testing day," she said. "Still, despite all of those obstacles, during their 60-minute testing window, our students still performed very well and we are so proud of all of them," she said.

French V:

Lauréat National:

Bronze Medal (75th to 80th Percentile): Certificat d'honneur (73rd Percentile):

Oluwatoyosi Egbebi Anna Rosemeier

FRENCH IV:

Lauréat National:

Bronze Medal (75th to 80th Percentile): Mention D'Honneur (65th to 50th Percentile):

Tatum Brown Leah Armstrong and Cora Martin-Farmer

FRENCH III:

Lauréat National:

Gold Medal (97th Percentile): Silver Medal (94th Percentile):

Grace Skalniak **Bryce Clancy**

FRENCH II:

Lauréat National:

Silver Medal (90th Percentile): Bronze Medal (75th to 85th Percentile): Devin Collier and

Subbasri Dhandapani

Mention D'Honneur (65th to 50th Percentile):

Sara Walters Madelyn Hughes,

Lyla Walsh, Katie Yonish, Amber Kuss, Charlize Donaldson, Kaitlyn Becker and Kristen Weiss

Congratulations to all of this year's honorees.

Team Ranger Volume Zoo

Team Ranger at Neil Armstrong Middle School recently completed their

volume zoo project. The students worked together in small groups and picked a zoo animal to research.

The students used cardboard boxes and tubes to create their animals. Then, they measured their creations from head-to-toe (and paws and hooves). Next, they used the formula for volume/length times width times height, the students calculated the total volume of their animals. They even learned how to calculate the volume of a cylinder. The students then calculated the total composite volume.

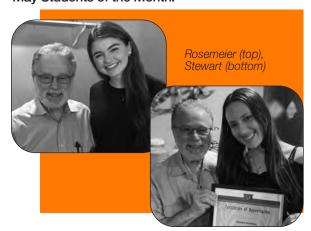
The students also researched their

animals including where the live, their predators, their diet and special adaptations they have developed as a result of those factors.

The students then wrapped their animals in paper to be displayed in the NAMS lobby, which set off a whole new slew of engineering-related challenges.

Rosemeier and Stewart Recognized as the **Bethel Park Rotary Club's Students of the Month**

Bethel Park High School alumna, Anna Rosemeier and junior, Melina Stewart were each named the Bethel Park Rotary Club's respective April and May Students of the Month.



The well-rounded Rosemeier graduated with a 4.42 GPA and was the secretary of the Student Government. Anna was a member of the National Honor Society and the Team Leadership Corps. She was also the co-President of the High School French Club and she helped to spearhead the homecoming committee.

A talented performer, Rosemeier was a head

Bethette in the Bethel Park High School marching band and a member of the prestigious Top 21 Chorus. Additionally, Rosemeier had one of the lead roles in the spring musical, playing the evil stepmother in Bethel Park's production of "Cinderella."

Anna, who will attend Seton Hill University in Greensburg and plans to be a Physician's Assistant, is one of three children to Randy and Heather Roseméier. Her brother Nolan, 22, works at Fed-Ex and her sister, Eve, 21, is a senior at Duquesne.

Stewart serves as the president of the Interact club, a service organization for young people ages 12-18 who want to join together to tackle the issues in their community that they care most about. Interact club members carry out hands-on service projects, make international connections, develop leadership skills, and have fun in the process.

Bethel Park's Interact club has 125 members, including 60 full-time members. They have raised more than \$7,600 for <u>Smiles from Sean;</u> \$500 for <u>412 Thrive;</u> \$500 for the <u>Cystic Fibrosis Foundation;</u> \$200 for <u>Outreach Teen</u> and Family Services; \$200 for the Autism Society of Pittsburgh; and \$150 for Big Brothers/Big Sisters of Greater Pittsburgh.

Other events Interact has either sponsored or participated in have included the high school's holiday tree sale, the Trunk-or-Treat event at the South Park Shops, a cookbook sale and a wreath-placing at a veterans memorial service, among others.

Interact's most recent initiatives included its Mother's Day Flower sale and it co-sponsored Family Sensory Movie Night for families with students with intellectual disabilities.

Melina is the daughter Gina and Jeffery Stewart and the youngest of two children.

Students are nominated for Bethel Park Rotary Student of the Month by administrators, teachers, students or community members and are chosen on the basis of academics, as well as scholastic, extracurricular and civic honors and awards, and organization membership and leadership.

At a luncheon held each month, honorees receive a certificate acknowledging their contribution to their community. For more information on Rotary and its mission, please ask any Rotary member about it or visit bethelparkrotary.org. You can also visit their Facebook page.

IMS' Turka Named 'Teacher of the Year' Finalist

Independence Middle School teacher, Jason Turka is among 12 finalists for the Pennsylvania Department of Education's (PDE) 2023 Pennsylvania Teacher of the Year.

Congratulations to the outstanding educators who have been chosen as finalists for Pennsylvania's 2023 Teacher of the Year,' said Acting Secretary of Education Eric Hagarty. "Our commonwealth's learners depend on engaged, enthusiastic teachers to make a high-quality education both approachable and accessible to all, and this cohort of educators has set the bar for their



dedication to their students, schools, and communities."

Each year, the Pennsylvania Teacher of the Year Program recognizes excellence in teaching by honoring K-12 teachers in public education who have made outstanding academic contributions to Pennsylvania's school-aged children.

The 12 finalists are selected from applicants and recognized in Harrisburg each fall. Pennsylvania's Teacher of the Year will be announced at a state awards ceremony in Harrisburg in the winter and represents Pennsylvania at the National Teacher of the Year ceremony at the White House.

The other 11 finalists include:

- Chris Grouzes, Rose Tree Media School District, Delaware County
- Ryan Hardesty, Blackhawk School District, Beaver County
- Julie Hussey, Cumberland Valley School District, Cumberland County
- Brooke Menzen, Jersey Shore Area School District, Lycoming County
- Jackie Miller, New Hope-Solebury School District, Bucks County
- Mary Beth Moslak, West Branch Area School District, Clearfield
- · Abbey Nilson, Shaler Area School District, Allegheny County
- Ashlee Peters-Roberts, Burrell School District, Westmoreland County
- Kristin J. Slota, Pennsbury School District, Bucks County
- Liz Taylor, School District of Philadelphia, Philadelphia County
- Melissa Unger, South Fayette Township School District, Allegheny
 Washington Counties

IMS Celebrates Eighth Grade Awards

Independence Middle School eighth grade students were recognized for a variety of academic, musical and leadership achievements at the 2022 Eighth Grade Awards Program.

Receiving recognition at this event were:

- American Legion Award: Kiley Flanigan and Parker Walton
- Sgt. Russell Kurtz Patriotism Award: Caleb Bush, Peter Eliopoulos and Nathan George
- Bethel Woman's Club Award: Elliett Briggs and Charlotte Gaston
- Principal's Award: Ashlyn Schmidt and Parker Walton
- Assistant Principal's Award: Joseph Williams and Grace Perdziola
- Counselor's Award: TaHaera Griffin and Sean
- National Junior Honor Society Outstanding Achievement Award: Grace Perdziola
- World Language Awards:

Spanish: Kaelyn Weber, Tyler Benlock, Charlotte Gaston, Laura Casaldi, Jacalyn Kalogéris, Caden Smith, Sarah Jakel, Ankith Acharya, Julia Bitkowski and Kiley Flanigan

French: Ava Cerro, Joanna Little, Andrew Hughes, Caroline Zelt, Lucy Martin-Farmer and Owen Turoski

Latin: Micah Antonich and Callee Dalbon

German: Jason Koerbel, Sadie Nelson, Christian Tabler and Katharine Tabler

- Fine Arts Awards: Holly McGough, Caden Smith, Peyton Michaels, Nathan George, Kiley Flanigan, Elizabeth Corrins, Andrew Hughes, Joanna Little, Halie Minor, Scotlyn Paxton and Ashlyn Schmidt
- Nancy Gleason Gavola Award in Drama: Sadie Nelson (Peter Pan & Annie) and Broghan Reeder (Captain Hook & Rooster)
- Suzanne Reid Music Award: Holly McGough and Katharine Tabler
- Stephen Chbosky Writing Award: Sadie Nelson (Argumentative) and Ariel **Dunworth** (Narrative)
- Marissa Bòyan Schólar-Athlete Award: Callee Dalbon and Owen Turoski
- IMS Athletic Academic Award: 8th Grade Girls Basketball Team
- Spirit of Independence Award: Margaret Rabb
- Stephanie Petit Award:
 - Team Integrity: Madeline Masztak and Colton Wahl
 Team Liberty: Kiley Flanigan and David Dennison

 - Team Freedom: Holly McGough and Caden Smith



IMS National Junior Honor Society Inductions



Fifty-seven seventh grade students were inducted into the Independence Middle School's Chapter of the National Junior Honor Society (NJHS) in a ceremony held at the school in May. The new seventh grade members joined the 48 charter members. The event was hosted by NJHS advisors, Mrs. Kathleen Foster and Mrs. Rachelle Schaum.

Mr. Eric McElvenny, a local Marine Corp veteran who represented Team USA in the 2020 Paralympics in Tokyo, was the event's keynote speaker. The proud husband and father of three spoke inspirationally about perseverance, grit and determination. McElvenny's injury, the result of an IED in Afghanistan, has not deterred him from competing in eight Ironman Triathlons or the

Kuon Verbosky, Callee Dalbon, Grace Perdziola, Kiley Flanigan, Gavin Edkins, and Sarah Jakel introduced and spoke on the five pillars of NJHS: scholarship, service, leadership, character and citizenship. Mr. Jason Turka and Mrs. Elisa Schuerle read new member names during the pinning ceremony.

This year's inductees were:

Neha Adhikari, Ella Alberter, Francesca Balkovec, Alexander Bielozer, Connor Blocklin, Maura Blum, Avery Bonacci, Brayden Bruckner, Victoria Carberry, Liliana Centofanti, Madhu Chava, Nora Cooley, Caleb Crawford, Lucy Dzanaj, Jackson Edwards, Lydia Feldbauer, Salome Ferreyra, Cami Fisher, Colton Fisher, Dale Foote, Madison Geraud, Hans Greefkes, Cary Hewes, Michael Hladio, Madelyn Hucko, Charlotte Jaszcar, Jack Johnson, Ella Krisfalusy, Kyrsten Lam, Ashley Mason, Morgan McKiernan, Camryn McNees Samantha Metzler, Sydney Miller, Lydia Mowl, Jacob Patterson, Lyla Paull, Riley Philage, Jackson Popp, Nathan Purcell, Jace Rendulic, Zoey Roberts, Adina Rooney, Kai Roule, William Sabatos, Lucia Sciallo, Nevinka Silva Ratnayake, Alexander Skaris, Mackenzie Smock, Adele Stamenov, Colin Uhl, Jaden Veinovich, Haley Walters, Kayla Weiss, Lincoln Werts, Charles Werts and Sophia Willis.

Perdziola was also named selected as an NJHS Outstanding Achievement Award recipient and will receive \$500 in a 529 college savings account to be applied toward their higher education. Recipients are chosen based on their demonstrated work to support the five pillars of NJHS: scholarship, service, leadership, character,

Director of Student Support Services, Mr. David Muench, gave the NJHS oath and principal, Mrs. Racquel Sutton gave closing

Julia Bitkowski, an eighth grader at IMS and the NJHS's Public Relations co-chair contributed to this article.

Hydroponic Garden at NAMS

Students in Mr. David Espinar's class at Neil Armstrong Middle School spent much of the winter and spring learning how to cultivate a hydroponic

Hydroponic gardening is a method of growing plants without soil. It's a way to nurture a huge variety of edible plants indoors year-round, regardless of the

weather. A hydroponic system doesn't require a lot of space, will work just about anywhere, and plants will actually grow faster than if you were growing them in traditional in-ground sense. It's not hard to see why hydroponic gardening is fast becoming a popular way to grow plants everywhere from kitchen

counters to university dining halls to middle school health classes.

In hydroponic gardening, the water delivers nutrients to the plant roots. To grow, plants need water, sunlight, carbon dioxide (usually from air circulation), and nutrients. In a traditional garden, plant roots have to seek out nutrients in the soil. In hydroponic gardens, nutrients are dissolved in the water that surrounds the roots.

so plants have even easier access to the nutrition they need. The result? Plants tend to grow big and beautiful very quickly.

Mr. Espinar, said his objectives for starting the garden were multi-pronged: to teach his students some very valuable STEAM lessons and to try to provide some homegrown vegetables for school lunches.

"In the research we did, we found that students on average don't consume vegetables or fruits daily, not even one time throughout their day," he said. "It's really important to make vegetables more accessible and to try new recipes.

The students hosted a luncheon in May featuring what they'd grown, with salads full of leafy greens and fresh tomatoes, topped by healthy dressing and chickpeas that were roasted by Mr. Espinar, who mentors the group and whose room houses the indoor garden environment.

"It took a lot of trial and error but all of our work has finally paid off," said Sydney Kellander, one of the students who tended to the garden along with fellow rising seventh-graders Magnolia Cavagnaro, Sydney Glover, Elliott Knibloe and Ellis Stearman.

Espinar has applied for additional grant money and says that if successful, he will use those funds to purchase tower gardens, vertical hydroponic systems that will allow tomatoes and cucumbers to grow.

Women in Nuclear Organization Visits NAMS

In May, the Women in Nuclear group visited Neil Armstrong Middle School, where they spoke to the students about nuclear energy, some applications of nuclear power and other forms of radiation.

The local outreach organization led the students in a variety of fun exercises demonstrating those concepts by using various junk foods and fun hands-on tasks. Some of the modules presented included applications of nuclear power, the candy reactor, natural radiation and contamination with Cheetos.

Sophia Zitkus, of the Naval Nuclear Laboratory (FMP), who led the group, said the primary purposes of these lessons are to teach the kids about the benefits of nuclear energy, safe applications of nuclear power, natural forms of radiation and other fun and interesting concepts.

"For most people, when they hear the term 'nuclear energy,' their first thought isn't usually, 'wow, how fun,'" she joked. "We just want to get students excited about some very important nuclear energy concepts and the games and candy are a good way to get everyone's attention.

'By the end of the lesson, we hope that everyone had fun and also learned something they didn't previously know about nuclear energy," said Zitkus.

Washington Elementary Student Starts Ukraine Club

Gianna Krzyzanowski and some of her friends and classmates at George Washington Elementary School recently formed the Ukraine Club, a 20member group formed to help some of the Ukrainian refugees as the result of the Russian invasion.

Krzyzanowski said she was inspired to help after reading a story in Scholastic News about a Ukrainian immigrant who recently moved to the United States and has lost touch with her grandparents. Through her church, St. Louise de Marillac, and the Felecian Sisters, Gianna has raised money and awareness for displaced Ukrainian families currently living in besieged Poland.

In May, she recently had a lemonade stand that raised \$185, which she promptly donated to the Felician Sisters. She plans to do more going forward.

I just thought it was important to do something, to try to help those poor families," she said. "I'm very proud of our entire group and what we've done."

Sister Mary Faith Balawejder has served as the liaison between the group and the Felecian Sisters. She too is extremely proud of Gianna and her

"Gianna and her friends were very clear about their intentions from the start and they have done a wonderful job," said Sister Balawejder. "More importantly, they have learned so many important life and humanitarian skills. I'm proud of their determination, perseverance, and empathy.'

Some of the other members of the club include:

Sophia Stipanovich, Gulianna Headley, Vivi Amari, Grace Arbogast, Krzyzanowski, Juliette Hall, Delaney Kautzman, Alex Swartz and Rachel

School News

Breaking New Ground

Starting in May, Bethel Park School District began the first phase its twophase \$42 million renovation of Independence Middle School, which will eventually serve students in grades 6-8.

This part of the project includes the complete demolition and reconstruction of the main office area and the new sixth grade classroom sections, also located on main floor. The second phase, which is still in development, will revamp the rest of the facility.

Also, at its May 10 facilities meeting, the district's school board voted unanimously to build a new \$80 million elementary center, which will house district students in grades K-5.

The decision to build a new elementary center rather than renovate existing facilities came following an exhaustive 18-month process that included a comprehensive feasibility study, feedback from school district and community stakeholders, and discussions with expert demographers and architectural firms. The process also included a number of public forums and online presentations, so that multiple viewpoints could be considered.

"Our focus as a school board, right from the start, has always been on making sure that we are providing our students and staff with the tools they

Four Lincoln Elementary Students Claim Top Spots in WQED Writers Contest

Four Bethel Park Elementary School students – all from Lincoln Elementary School – were announced as winners in the 2022 WQED Writers Contest out of 772 entries received. This year's theme, "Write My Future" encouraged kids to use their creativity to write a story about where they see themselves in the future.

Enna Schubert-Mielnik, a rising first grader at Lincoln, took home first place for her story, "Hedgehogs Go Wild." Fellow rising first grader, Teddy Griffiths, placed second with, "Teddy in Space." Rising third grader, Jacob Anderson placed second for his story "Jake's Dream Job;" and rising fourth grader, Hazel Kammerer also took home second place honors for her story, "Sunshine Bakery."

The Writers Contest winners, including the

The Writers Contest winners, including the Reader's Choice winner, were announced in May at a celebration at the Maverick Hotel in East Liberty as part of the Greater Pittsburgh Festival of Books.

WQED has reached out to schools, libraries and families across Pennsylvania to encourage

children to write about their goals and submit their original stories and illustrations. In the past 12 years, WQED has received more than 13,000 story entries.

Starting in May, written and recorded versions of the students' stories were posted on the <u>WriteOnKids.org</u> website. Winners' stories were aired on <u>iQKidsRadio.org</u>, featured on Saturday Light Brigade Radio and made into a play to be performed by Pittsburgh Puppet Works.

"The process of creative writing has been proven to not only support the building of key academic skills, but to help improve a child's selfconfidence, creativity and imagination," said WQED President and CEO **Deborah L. Acklin.**

need to succeed while also remaining fiscally responsible to the community," said board president, **Barry Christenson**. "It has never been about buildings, per se, but rather our ability to deliver the kind of education that our students need to be successful and which our families have come to expect."

Christenson said that the discovery process ultimately made it clear that the current facilities would require millions of dollars in renovations just to bring them to up to par

"The board studied and discussed the issue for more than a year and eventually agreed that it made a lot more sense both educationally and financially to invest in a 21st century facility with modern amenities than it did to spend roughly the same money to try to retrofit buildings that were built in a different time and with different educational and school safety priorities," he said.

The new facility, which will be located adjacent to the current Neil Armstrong Middle School, will be designed to offer students more STEAM-based learning opportunities and enough space to facilitate more teacher collaboration and innovation in a safe and secure environment.

According to district superintendent, **Dr. James Walsh**, the new elementary center will allow Bethel Park to continue to be among the "best in class," while at the same time maintaining the community feel that the current elementary buildings offer.

"We have heard loud and clear throughout the process that people generally understand the district's need to modernize our facilities; but at the same time, they also worry that combining five smaller elementary schools into one large elementary center could overwhelm our youngest students," said Dr. Walsh.

"That is obviously a very reasonable concern and it should inform our decision going forward," he said.
Still, according to Dr. Walsh, the benefits of building a 21st century

Still, according to Dr. Walsh, the benefits of building a 21st century learning center became increasingly clear over time. "It's not the buildings that make our elementary schools special, it's our people and those same people will lay the foundations of our new school as well," he said. "With careful planning and the right people, you can make a larger facility feel more intimate, but you can't make a small, older facility feel large and modern."

Construction on the elementary facility is set to begin in 2023.

The district considered several key findings from a 2021 feasibility study:

 The district's population, which is projected to remain stable over the next ten years.

 The need to invest in facilities to improve accessibility and security as well as taking into consideration that many major systems are nearing the end of their expected life.

 The lack of equity in the Bethel Park students' educational experiences in grades K-4, which is related to discrepancy in class sizes, level of special education services available, availability of other student support services, and differences in physical facilities.

The need to implement 21st century educational curriculum.

The unused space and unused student capacity at IMS.

 The major investment needed to upgrade facilities and provide more equity and level-loading of classes

Stay tuned for more updates as this project continues. You can also follow its progress at www.bpsdbestinclass.org, a website dedicated to the progress of the district's exciting new construction projects. Also, district residents are always welcome to participate in the school board's monthly facilities meetings, where the school board will continue to discuss the projects and are available to answer some of your questions. Visit the district's website, www.bpsd.org.

ds to use their creativity to write a story about elves in the future. elnik, a rising first grader first place for her story, Fellow rising first grader, Second with, "Teddy in rader, Jacob Anderson story "Jake's Dream grader, Hazel Kammerer



William Penn Career Exploration Assembly and Fair

In May, William Penn Elementary School hosted its inaugural Career Exploration Assembly and Fair, a first of its kind career-readiness event for Bethel Park elementary school students.

The two-day event, which included a career-readiness assembly during the day and a family-friendly career fair the next evening, was two years in the making and was the brainchild of **Marianne Schaffer**, a mother at the school, who worked with a team of volunteers to pull off the event. "There is a misconception that career discussions should begin at the high school level, when in fact like any area of development, career development is sequential and builds over time," she said. "It is imperative that we equip our students with as much information as possible to help them explore potential careers – especially those that may require either trade/technical training or formal college education."

The afternoon career assembly featured three speakers from various walks of life including: Jack Allen, Bethel Park's mayor and a local business owner; **Megs Yunn** '02, the Executive Director and founder of the nonprofit organization, Beverly's Birthdays; and **Shannon Hinkle**, a counselor at Steel Center CTE. Mrs. Hinkle also brought with her some students from the school to discuss various potential career paths.

The evening Career Exploration Fair featured 40+ tables/booths that lined William Penn Elementary School's multi-purpose room and even spilled outside with representatives from various industries taking to children about their jobs.

The event was made possible through the generosity of Bethel Park Education Foundation, Bethel Park Community Foundation and William Penn PTO.

Bethel Park High School Celebrates its Class of 2022 Commencement



Bethel Park High School held its 113th annual Commencement at Black Hawk Stadium on **Friday, June 3, 2022,** under a clear summer sky and began with a moment of silence to honor the late Jon Gentile, a history teacher at the school who tragically passed away in May. The 320 members of the Bethel Park High School Class of 2022 included 108 students who graduated with the Highest Honors (*QPA higher than 4.0*); 46 students who graduated with High Honors (*QPA of 3.75 to 4.0*); and 34 students who graduated with Honors (*QPA of 3.749*).

Eighty-two graduates were members of the National Honor Society. Of this year's graduates, 81-percent will attend a four-year institution, 11-percent will attend a two year institution, 5% will attend a trade or technical school; less than 1-percent will enter the military and approximately 1-percent will enter the workforce.

This year's Valedictorian was **Julie Heh**, who thanked her teachers for challenging her and her friends, family, and classmates for motivating her to continue to work hard. "This four-year journey has taught us all that with perseverance and commitment, anything is possible," she said.

Co-Salutatorian **Keelan Donovan** encouraged his classmates to let go of their regrets and to accept that they will make mistakes but that's okay as long as they are continually learning from them so as not to repeat them. He also stressed the importance of continuing to work hard to ensure success. "Be all you can be, true; but the problem is a dream is only a dream if work don't follow it," he said, quoting rapper, songwriter and producer, Kendrick Lamar.

Jadon Tietz, the other co-Salutatorian, and a third-generation Bethel Park alum whose grandfather was a long-time history teacher at the high school encouraged his peers to face their fears and to embrace the prospect of failure as a means toward ultimate success. "Failure is the greatest teacher we have," he chided.

During his remarks, Bethel Park High School Principal **Mr. Joseph Villani** told the class they will always hold a special place in his heart for all they have been through together over the past four years. Villani encouraged the students to treasure the relationships they built during these most challenging of times and to remember that Bethel Park will always be home.

Superintendent **Dr. James Walsh** lauded the Class of 2022 as a class that will "long be remembered for *(its)* resiliency and grit in the face of adversity." He also congratulated the Class of '22 for sticking together during a really difficult period and for working collaboratively with their classmates and their teachers to solve problems never before faced by previous generations.

In keeping with the high school's tradition, diplomas were presented to the four students who will enter the military. Coordinating the presentation was 1974 graduate, retired Chief Master Sergeant (Ret.), Vic Guerra, whose distinguished 40-year military career led him to serve in the active-duty Air Force and in the Air National Guard as State Command Chief Master Sergeant of the Pennsylvania Air National Guard.

The Senior Farewell was given by Class President **Kessid Wicker**, who told his fellow graduates to not forget their friendships, teachers and families as they go on to this next chapter of their lives.

Joining Kessid to lead the Tassel Ceremony was SGA President Victoria Hoffman

Best wishes to the Class of 2022. Thank you for the memories and continue to do great things!

Please click on the link below to see the event program, including the list of graduates from the Class of 2022. Also, you can see a slideshow of the program by clicking here.



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Bethel Park Kindness Project is Back!

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This year, we're once again holding the "Kindness Project," but we're doing things a little differently!

Kindness Recognitions

Kindness Recognitions are being accepted now through Friday, Feb. 10, 2023 rather than only for a week as we did in the past. Those being recognized will be announced on Friday, Feb. 17, 2023 on Random Acts of Kindness Day." So, as you move through the fall season, please consider recognizing acts of kindness in the community that:



You've done,

• That you've received from someone else,

 Or that you've had pleasure to witness such as a neighbor helping a neighbor or a business reaching out to support the community.

Visit <u>www.bethelpark.net</u> for the recognition form. Questions? Email <u>kindness@bethelpark.net</u>.

Those recognized will once again receive a certificate from **Mayor Jack Allen**, be interviewed on BPTV, and have their recognition information featured in *Chronicles*.

Your Ad Could Be Here! Advertise in the December issue of Chronicles! Call Janet Davin at 412-831-6800, x211 to reserve your spot. Ad deadline is Oct. 31st!

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