

# Bethel Park CHRONICLES

The Official Bethel Park Municipal & School District Newsletter

**NO COOK TUESDAYS  
ARE BACK ON  
MARCH 8!  
SEE PAGE 34.**

**LOCAL CHILDREN CHEERING  
ON PUBLIC WORKS  
CLEARING THE ROADS &  
ENJOYING THE SNOW!**



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Tim,  
Cardiology Patient

# So you never miss a beat.

## Expert cardiovascular care

When Tim started experiencing an elevated heartbeat and labored breathing, he wondered if his stage days might be over. Fortunately, he knew St. Clair Health's team of expert cardiologists wasn't far away.

The experts at St. Clair performed an advanced procedure to block abnormal signals and restore a normal heartbeat. Within weeks, Tim had returned to his two favorite gigs: grandfather of five and open mic night.

Cardiovascular health can be a long journey, but the highly experienced team at St. Clair Health is never far away. Find out more at [stclair.org/cardiology](http://stclair.org/cardiology).

Watson Health  
100 Top Hospitals\*

 MAYO CLINIC  
CARE NETWORK  
Member



[stclair.org](http://stclair.org)

Expert care from people who care.

# Meet Bethel Park's New Municipal Council Members



## JOHN OAKES - Ward 3

(412) 595-7750

[joakes@bethelpark.net](mailto:joakes@bethelpark.net)

Term expires Dec. 31, 2025

John Oakes is originally from East Pittsburgh and chose to move to Bethel Park 10 years ago; he also relocated his plumbing business to the community.

"I've been a registered Master Plumber for 14 years and my company employs seven local people," he said.

His community involvement in Bethel Park began shortly after moving here.

"I've been a volunteer with the SHIM Community Garden, Bethel Park Historical Society, Bethel Park Municipal Authority where I served as Vice President, along with several other community groups," said Oakes. "I take pride and work very hard for these organizations to move our community forward. What drew me to Bethel Park was the friendliness of the people and seeing neighbors helping neighbors, and I believe that's what makes Bethel Park a great place to call home!"

Oakes credits his community work and supportive friends for his reason to run for Council.

"I learned very quickly that Bethel Park is a community of people willing to help one other in times of need," he said. "I had a number of neighbors and friends who encouraged me to run for Municipal Council. I also believe that my experience on the Municipal Authority helped me gain an understanding of local government."

He and his wife **Amanda** have three children: **Madeline, Benjamin** and the late **John Oakes Jr.**



## DAVE ESPINAR - Ward 7

(412) 833-5254

[despinar@bethelpark.net](mailto:despinar@bethelpark.net)

Term expires Dec. 31, 2025

After graduating from Bethel Park High School, David Espinar enlisted in the United States Marine Corps and served on active duty. Afterwards, he worked as a medic for the Pennsylvania National Guard. He's a trained EMT and has also trained hundreds of soldiers as "Combat Lifesavers" prior to being deployed overseas.

Espinar has multiple certifications in emergency medical care including PHTLS, Trauma Aims, and is a Basic Life Support instructor. During his military service, he earned a Bachelor's Degree in Education from Slippery Rock University. He also has a Master's Degree in Educational Administration and Leadership from Duquesne University.

Currently an educator at the Bethel Park School District, Espinar has also volunteered in local sports, programs and various volunteer organizations including his membership on the Bethel Park Shade Tree Commission.

"I ran for Council to be able to continue to serve the community that has provided my family with many great memories and opportunities," said Espinar. "As a Bethel Park alumnus, I have fond memories of a wonderful childhood, great schools and a sense of community."

He added that, "After serving on active duty in the U.S. Marine Corps, I returned home to Bethel Park where I continue to give back as an educator. As a father of three young children, I value the importance of having the youth involved in a variety of ways, whether through community programs, recreational activities or volunteer opportunities. As a member of Council, I plan on being responsive to citizen concerns, ensuring fiscal responsibility and continuing to look for opportunities to raise the quality of life for all Bethel Park residents."

Espinar is supported by his three

children, **Cristiano, Adriana** and **Santino**.

## LINDSAY FLINN - Ward 9

(412) 568-3281

[lflinn@bethelpark.net](mailto:lflinn@bethelpark.net)

Term expires Dec. 31, 2025

Lindsay Flinn has been your neighbor in Bethel Park for 13 years. Her husband, **Jason**, is a lifelong Bethel Park resident and business owner and they have two young children, **Vinny** and **Dom**.

She holds a Bachelor of Science in Business Administration and Master of Arts in Higher Education, both from Geneva College.

Flinn has spent her career working in higher education and in the service industry with her most recent position at the University of Pittsburgh Graduate School of Public Health in the Department of Epidemiology. She is currently a Head Home Room Parent for her kindergartener.

"I also take joy in supporting SHIM and being a Lasagna Love Volunteer Chef," said Flinn.

"I ran for Council because it's important to get involved on a local level," she said. "I'm committed to transparent communication, prioritizing the needs of all families, and fostering a safe and well-connected community for residents and visitors. I love supporting local businesses and believe that Bethel Park is ready for more positive change. Representation in leadership matters, and I am prepared to be a new and different voice on the Council."



## JOE JANOSIK - Ward 5

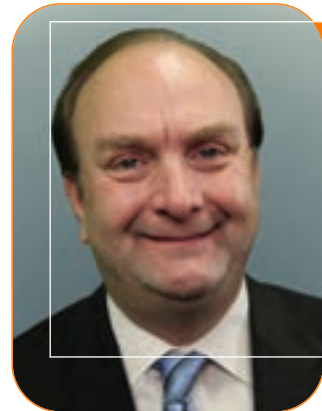
(412) 328-6563

[jjanosik@bethelpark.net](mailto:jjanosik@bethelpark.net)

Term expires Dec. 31, 2025

Joe Janosik was born and raised in Bethel Park and lives here with his wife, **Sharon**, and their sons, **Jack** and **Max**. He attended St. Germaine Catholic School and graduated from Bethel Park High School in 1988. He has a Bachelor of Science degree in Business Administration from West Virginia University.

Janosik is Vice President and Team Leader at BNY Mellon facilitating the transfer of assets in global markets and served three years on Bethel Park's Zoning Hearing Board. He also has experience in new home construction sales and the computer networking industry.



"I ran for Council because I love Bethel Park and share its vision," he said. "I'm excited about the opportunity to expand my contributions. Being an officer on the Zoning Hearing Board has been extremely rewarding and I want to take that to the next level."

Janosik credits his community involvement to giving him more purpose and is ready to do more.

"Since I became involved locally, my life has more purpose.

Specifically, I'd like to focus on connecting the community to the Library Trolley Line to make sure that this distinct feature stays viable," he said. "Seeing the

difference that I can make, even at the local level, has been inspiring. I am ready and I am able!"







# MANAGER'S CORNER



Laurence Christian

While it seems a far way off, spring will be here before you know it! What you'll find this year is that we're continuing our focus on improving all of our parks for your enjoyment. We'll also be planning additional activities at many of them, so watch for announcements down the road.

Not many communities have the number and quality of our beautiful neighborhood parks. With 14 ranging in size from .75 of an acre at Birch Tree to 40 acres at Millennium, we're working towards providing each with its own unique feature and identity. And, it's been wonderful to have so many neighbors helping to select playground equipment for the parks near their homes!

In this issue, you'll find Birch Tree, Oak Tree and Millennium Parks highlighted on pg. 19 and information on the new park app, Biba, on pg. 8. This new free app enables children to engage in a number of creative games tailored to the playground that they're visiting.

Planning is extremely important to us and to assist in guiding us once again this year, we'll be relying on the Blueprint Bethel Park Comprehensive Plan and our Municipal Strategic Plan. Blueprint Bethel Park is the Municipality's official long-range comprehensive plan adopted by Council in July 2020. This plan charts the course for future stability and prosperity and ultimately belongs to you – the residents of Bethel Park.

The plan is a playbook of strategies that address issues critical to our community over the next 10 years such as traffic safety and efficiency; supporting local businesses; cultivating a vibrant, walkable transit-oriented area; sustainably providing high-quality public services and facilities; stormwater management strategies; and other issues identified as important by residents and business owners. A link to the entire plan can be found on our website on our "Community Tab" – [www.bethelpark.net](http://www.bethelpark.net).

To help guide us annually, we rely on our annual Strategic Plan that can also be found on our website. The Strategic Plan captures all projects, priorities and includes project descriptions, success thresholds and a general timetable; it was created with input from Municipal stakeholders and partners. We update this document quarterly.

These plans along with your continued input will enable us to continue creating a vibrant future for our community.

*We look forward to another great year for the Municipality and are committed to providing excellent services and amenities to you, our residents and business owners!*

## Annual Senior Holiday Luncheon a Success!

One-hundred and twenty participants came out to enjoy Bethel Park Recreation's Annual Senior Luncheon held at BPHS on Friday, Dec. 17. Everyone in attendance enjoyed a festive afternoon!

Participants had a delicious lunch prepared by Metz Culinary Management (BPSD food service provider) and were served by student volunteers. They were also treated to holiday music performances by students in the Top 21 choir, Orchestra and Symphonic Band. According to Assistant Recreation Director **Cathy Muscato**, elementary students also got involved by drawing and coloring individual placemats for participants.

"For the very first time, we offered free shuttle service from the parking lot to the school door for anyone who wanted to use that," said Muscato. "It's a long walk from the parking lot to the school for some, and Mare Fare, a local senior rideshare service, provided the rides."

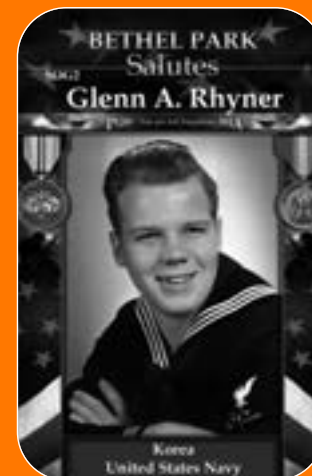


## Military Banner Notification

If you or a family member purchased a military banner between 2012 and 2017, it's now most likely in need of replacement.

To find out, please call (412) 831-6800, x205 or email [heason@bethelpark.net](mailto:heason@bethelpark.net).

Thank you for your kind attention!







## ADULT PROGRAMS

### TECHNOLOGY CLASSES

Make an appointment to learn more about your laptop, e-reader, smart phone, or common software programs. Appointments are 45-minutes long. Bring your charged device and all relevant cords/cables. Don't have a device? Learn on one of our computers! These free classes include (*but not limited to*): Basic Internet, Email, Microsoft Word, 3D Printing & Windows. Days and times vary. Call for more information or to schedule an appointment.

### MYSTERY BOOK CLUBS

2nd Wednesday of each month 10 a.m.  
3rd Wednesday of each month 7 p.m.

### MONDAY EVENING BOOK CLUB

Last Monday of each month 7 p.m.

### THURSDAY EVENING BOOK CLUB

3rd Thursday of each month 6:30 p.m.

### THURSDAY MORNING BOOK CLUB

Last Thursday of each month 10 a.m.

### CONVERSATION SALON: DISCUSSION GROUP

1st and 3rd Friday of each month at 10:30 a.m.

Those seeking a refreshing break from the daily grind, uninspired television shows and surfing the web will find like-minded individuals at the BP Library Conversation Salon. This group seeks the satisfaction and inspiration of face-to-face conversations about topics that are enlightening and relevant. The only requirement for attendance is an interest in expressing your views and insights while remaining appreciative of those of others.

### KNITTING AT THE LIBRARY

Every Wednesday! 6:30-8 p.m.

Knitters of all levels welcome! Bring your yarn and needles to knit and stitch. **THIS IS NOT A CLASS.**

### SCRABBLE CLUB

Fun, friendly games every Tuesday at 1 p.m. New members welcome!

### PINOCHLE CLUB

2nd and 4th Fridays of the month at 12 p.m.

Play some Pinochle! (*Not a class, experienced players preferred.*)



### PITTSBURGH SOUTH WRITERS GROUP

2nd Tuesday of the month at 7 p.m.

Attention Writers! Pittsburgh South Writers Group offers writers of all genres the inspiration and constructive criticism needed to improve their work. Visit [www.pittsburghsouthwritersgroup.com](http://www.pittsburghsouthwritersgroup.com) for dates.

### GENEALOGY GROUP

Meets the 4th Monday of the month at 1 p.m.

Exchange information and research ideas. Call or check the Library's Event Calendar webpage for next meeting's date.

### MEMORY CAFÉ

3rd Wednesday of every month from 10:30 a.m.

Are you caring for someone with dementia?

If you are, who is caring for you? Join us for an informal Dementia support group especially designed for families and caregivers. This informational, supportive group will help you learn more about the disease and support your feelings. *No registration needed.*



### BETHEL PARK LIBRARY BUTTON CLUB

4th Wednesday of each month at 11 a.m.

Are you looking for a new hobby? Buttons are beautiful, historical, inexpensive, and fun to collect. For more information, call the library at 412-835-2207.

### UNREAL ENGINE 4 MEET UP - PITTSBURGH

The Unreal Engine is now FREE. Meet-ups are also FREE. Join us to talk with others interested in creating and learning about the virtual realms that involve the engine locally. Join and RSVP at [communities.unrealengine.com](http://communities.unrealengine.com). Space is limited. Meetings at Bethel Park Library.

### NEW MOVIE RELEASE TUESDAYS

Tuesdays at 10 a.m.

We will be showing the new blockbuster DVD release of the week on Tuesday mornings at 10 a.m. in the Fireplace Room. Why wait to see what everyone is talking about now! Call for schedule.

### SHOULDER PAIN

Presented by **Martine Marino, MPT, COMT**

Wednesday, Feb. 16th at 2 pm

This lecture will cover common causes of shoulder pain and tips to treat and prevent pain.

### 3D PRINTING

Tuesday, March 1st at 12:30 p.m.

Use the Library's 3D Printer to make personalized gifts, replacements parts, or your own artistic item or creative invention. Take this free class to learn how to use this innovation of industry! If you cannot make the date above, please call for other times.

### INTRO TO CANVA: DESIGN AND SHINE – PART 1

Presented by **Cheneal Relazez Hilton,**

IT Specialist and Graphic Designer

Wednesday, March 2nd at 6:30 p.m.

Canva is the perfect digital tool for beginners as well as advanced users. If you can click, click, click - then Canva is the right choice for you. Easy and Simple. This class will teach you how to put the FUN in fundamentals while designing.



### CANVA RE-LOADED – PART 2

Presented by **Cheneal Relazez Hilton,** IT Specialist and Graphic Designer

Wednesday, March 9th at 6:30 p.m.

Want to become a Canva pro? Let's get to it....

This class will teach you how to create graphics with a twist.

To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE



## FREEDOM OF INFORMATION DAY IS WEDNESDAY, MARCH 16TH:

Stop in and have a librarian demonstrate how you can access informative and enriching resources from your computer or device, including the following:

- Free articles from trusted sources (*academic journals, peer-reviewed sources*)
- Free Legal Forms
- Free eBooks
- Free access to Consumer Reports Magazine

## HOW TO SELL YOUR HOUSE FASTER AND FOR MORE MONEY...ON A BUDGET!

Presented by **Cindy Rack**, Keller Williams Realty and **Maria Stinger**, Keystone Building Inspections  
*Thursday, March 17th at 6:30 p.m.*  
 Cindy will show you some things you can do on a budget to sell your house faster and for more money than if you did nothing. Maria will talk about the things that come up more often on inspections and how you can be proactive in resolving them in advance. Bethel Park is still a hot housing market. If you are thinking of selling, these ideas will be invaluable to you!



## SPANISH FOR ADULT BEGINNERS (4-PART CLASS)

Presented by **Rima Wolfe**

*Saturdays at 11am – March 19th, March 26th, April 2nd, and April 9th*

This 4-part into class is perfect for someone who has wanted to try a new language but didn't know where to begin! Some items to be covered: greetings, days of the week, family members, and telling time. Rima Wolfe is a licensed Spanish teacher for grades K - 12 with a BA in teaching Spanish. **MUST REGISTER, LIMITED SPACE.**

## MANAGING CHRONIC PAIN

Presented by **Martine Marino, MPT, COMT**

*Wednesday, March 23rd at 2 p.m.*

This talk will cover understanding the difference between acute and chronic pain and strategies for management.

## HOUSEPLANT 101

Presented by **Lindsey Thompson** of *Ruby Flora Plant Shop*

*Wednesday, March 23rd at 6:30 p.m.*

You will learn not only how to care for plants but learn the signs of a plant's needs and wants. Plus, some cool houseplant tricks to have in your back pocket. Learn how to grow your own jungle at home and stop being afraid of houseplants!



## WHAT'S GOING ON IN YOUR BELLY?

Presented by **Dr. George Fraudin** of *Fraudin Advanced Chiropractic and Rehab* and **Laura Hulst Cordero**, Dietitian, Nutritionist

*Tuesday, March 29th at 6:30 p.m.*

Learn 6 simple solutions to tame your belly stressors. How to improve gut health with natural remedies.

## NATIONAL LIBRARY WEEK APRIL 3-9 2022 "CONNECT WITH YOUR LIBRARY"

The library is a place where all people are welcome regardless of age, interests or background. From audiobooks and job-seeking resources to computer classes and free apps, the library has something for everyone.

## MY ACCOUNT AND APPS

*Tuesday, April 5th at 12:30 p.m.*

This free class will cover the My Account features and free Library apps available with your Library Card. If you cannot make the date above, please call for other times.

## UNIVERSAL CLASS AND UDEMY

*Thursday, April 7th at 12:30 p.m.*

Learn how to access over 500 free courses online with Universal Class and over 6,000 video-based courses in business, technology, software and personal development with UdeMy! If you cannot make the date above, please call for other times.

## GALILEO – THE FIRST OPTICAL ASTRONOMER

Presented by local astronomer **Larry McHenry**

*Wednesday, April 6th at 6:30 p.m.*

We will look back at the life of Italian astronomer Galileo Galilei, who helped propel the science of astronomy into the 'Age of Enlightenment'.

## WHY MEDITATE?

Presented by **Sheila Forester**

*Thursday, April 7th at 6:30 p.m.*

Do you want more serenity, vitality and mental clarity? We will discuss and participate in Transmission Meditation – an advanced form of meditation that contributes to both our well-being and our service to the world.

## WHAT'S HAPPENING IN SOUTH PARK?

Presented by **Carolyn Savikas**, Vice Chair, Friends of South Park and

**Barbara Brewton**, Institutional Giving and Project Manager, Allegheny County Parks Foundation  
*Wednesday, April 13th at 6:30 p.m.*

Have you seen the new outdoor classroom or the gorgeous Paul Riis Meadow? Did you know that the Stone Manse/Cascades Restoration is complete? Have you seen the "Boardwalk" at the Oval or the newly restored Nevin Shelter? If you would like to learn more about the Allegheny County Parks Foundation and the Friends of South Park and all the exciting projects completed and scheduled for South Park, please join us for this presentation.

## CAN YOU DESIGN IN MICROSOFT WORD?

Presented by **Cheneal Relabez Hilton**, IT Specialist and Graphic Designer

*Wednesday, April 27th at 6:30 p.m.*

You ever think to yourself, what if I can use Microsoft Word to design a stunning project or brand? Well, the answer is "Yes you can!"

## HOME BUYING 101

Presented by **Cindy Rack**, *Keller Williams Realty* and **DJ Hammell** from *Victorian Finance*

*Wednesday, May 4th at 6:30 p.m.*

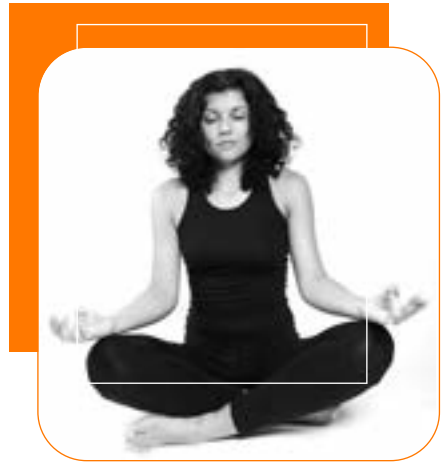
Thinking about purchasing a home but just don't know where to start? This workshop will help you understand renting vs buying, locations, finances, realtors, types of homes, closing costs, etc. Everything you would need to understand as a first-time home buyer.

## UNIQUELY ME: AUTHOR EVENT

Presented by Author **Susan Mellon**

*Thursday, May 12th at 6:30 p.m.*

Author Susan Mellon will speak on her journey of writing. and discuss the sweet romance novellas for which she is known.



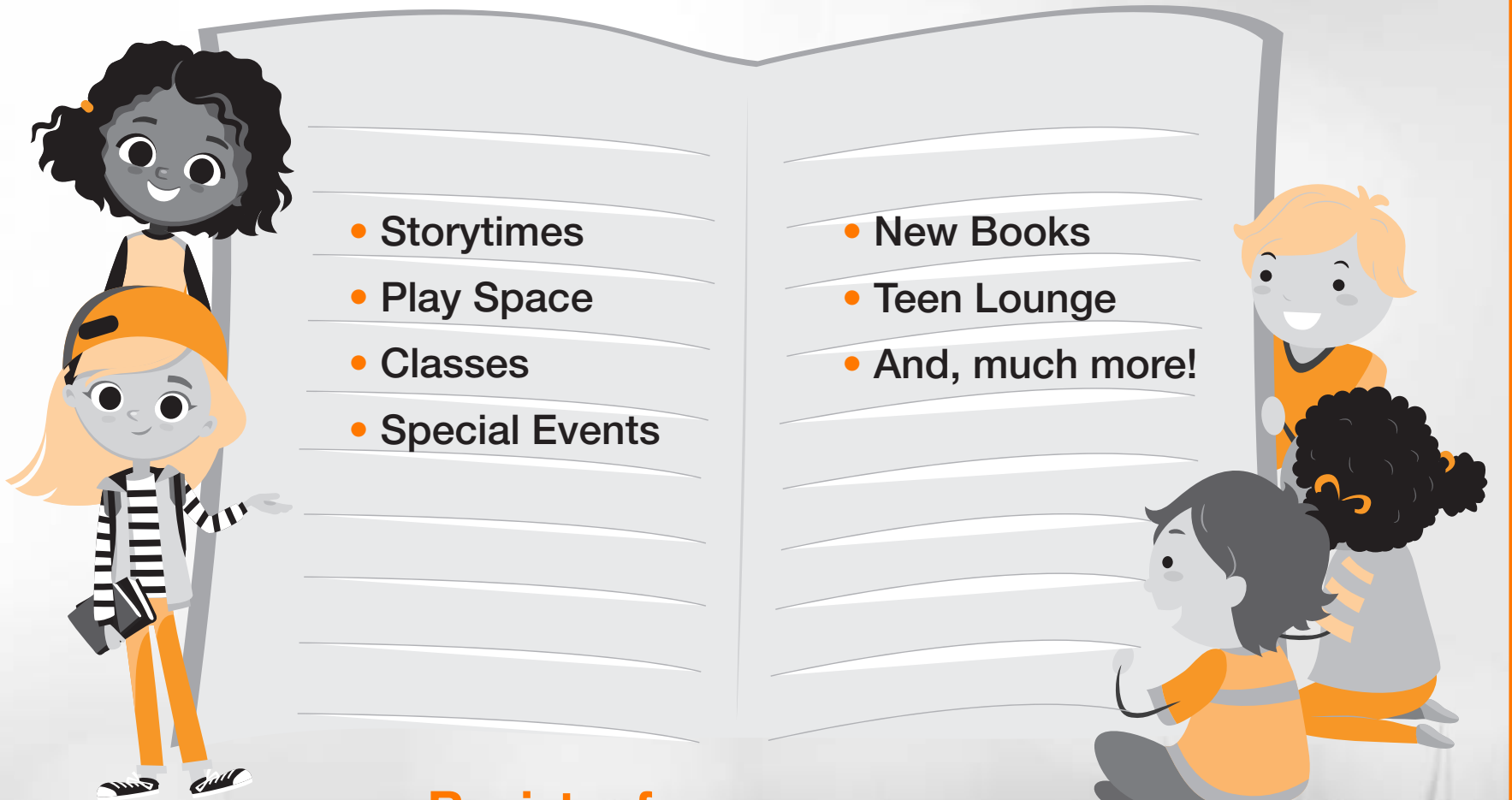
To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE





# Check Out What We Have To Offer Children and Teens!



- Storytimes
- Play Space
- Classes
- Special Events

- New Books
- Teen Lounge
- And, much more!

Register for new programs beginning March 1st.  
[www.bethelparklibrary.org](http://www.bethelparklibrary.org)



We would love to see your smiling face!  
 Bring this coupon in to the Children's Department  
 for a FREE Spring Surprise!





## Biba App Comes to Bethel Park Recreation!

Bethel Park is one of the first communities to offer those visiting its parks use of the new app, **Biba**, to enhance the overall experience for children!

Biba is free to download and is designed to help children become more physically active through a variety of fun games and activities personalized to the park they're visiting.

"Children love games and screen time, and the Biba app keeps this in mind while providing enjoyable, outdoor games," said **Recreation Director Chuck Stover**. "Another benefit is that parents and/or caretakers can get involved in the games too if they like!"

Use of Biba is simple. Download the free app; parents will use the Biba app to scan the barcode on the sign at each playground; and Biba will bring up instructions for games created for the particular playground and equipment that they're visiting!



"Biba is optional; but we think parents and children will enjoy it!" said Stover.

Another nice feature of Biba is that it will provide Bethel Park Recreation with information such as which days of the week the parks are most used as well as what equipment draws the most attention.

"We're one of the first communities to use this app, so we're really excited to get feedback from parents once they've had a chance to try it!" said Stover.



Download Biba for FREE!



## Bethel Park Kindness Project Recipients

The Bethel Park Kindness Project was held this past November and the following three individuals received a Kindness Recognition! Recognitions come from acts of kindness in the community that they've done, received from someone else, or that they had the pleasure to witness such as a neighbor helping a neighbor or a business reaching out to support the community. Each individual received a special Kindness Certificate from **Mayor Jack Allen**!



### Monica Lewis-Carter

Monica was given a Kindness Recognition by her neighbor **Nicole Torrey**. Nicole said that when she and her family moved to Bethel Park in 2018, Monica welcomed them to the community by stopping by to give them a potted flower! Ever since, she's extended kindness to the Torrey family by doing such things as dropping off food boxes from her church and giving their twin boys Christmas gifts. Nicole said that Monica has been a kind and thoughtful neighbor that made her family feel loved and welcomed in the community! *Thank you Monica for your acts of kindness! We wish you all the best!*

### Kevin Smyth

Kevin was nominated for a Kindness Recognition by his neighbor **Carolyn Noce**. She said that he's known as 'The Mayor of Upper Boulder Drive' and received that distinction at the first block party held there in 1990. Carolyn said that Kevin shovels snow and mows lawns for those in the neighborhood who are aging before he leaves for work in the mornings and helps neighbors on Rocky Ridge Road as well! Carolyn also noted that she and her neighbors were proud to have turned Kevin into a YINZER even though he's originally from Philadelphia!

Carolyn wrote about how Kevin and her husband started the neighborhood tradition each Halloween of serving refreshments to trick-or-treaters to help adult family members coming home from work with no time for dinner before trick-or-treating. And, finally, Carolyn mentioned that Kevin supports any child selling items for fundraisers.

Because Kevin will be moving back to Philadelphia in the future, Carolyn wanted to be sure that he had this Kindness Recognition Certificate with him to show all of his Philadelphian friends and family!

### Jacob Pitoniak

Young Jacob was nominated by his mother, **Jill Pitoniak**, for all the kindness he spreads throughout the community – especially during Christmas! She said that when he was five years old, he asked Santa for a Santa suit so that he could dress up just like him! She said that each year since then, he's been to nursing homes, hospitals and assisted living facilities giving out Christmas cards and candy canes to residents. His mother said that this past December was his 8th year being Santa and spreading cheer and that he does it simply to make people smile.

*Thank you Jacob! Young people like you make us excited for a wonderful future for all of us!*

**Be sure to watch for upcoming details for the 2022 Kindness Project!**

A FUNDRAISER

# PARTY

SAT APRIL 23, 2022

# IN THE

SOUTH PARK THEATRE  
BROWNSVILLE RD & CORRIGAN DRIVE

# PARK

4 PM - 7 PM

Children under 12 are free!

LIVE MUSIC,  
BEER, WINE &  
HORS D'OEUVRES  
\$40 PER PERSON

Basket &  
50/50  
Raffles

Tickets available at  
Evey True Value  
Hardware, Bethel Park  
Public Library, South  
Park Theatre or at  
[www.bpcf.org](http://www.bpcf.org)

## A MESSAGE FROM JUDGE ARNONI...

# Learn to Protect Yourself and Your Identity!

Identity theft is a form of consumer fraud and it happens every day. The number of individuals attempting to invade our privacy and obtain our personal financial information is growing at an alarming rate. These predators try to collect this information by stealing mail, spying for pin numbers at ATMs, gas stations, etc., and digging through trash. The Federal Trade Commission estimates that over 10 million people have their identity stolen each year.

It's very important to protect your personal information, particularly your Social Security number, bank information, credit card accounts, and passwords to your financial information. The best way to protect yourself is to always use common sense. *If it sounds too good to be true, it most likely is!* And don't ever provide anyone your personal information if you are contacted by phone.

Individuals who seek out and use this information are professionals, and this is what they do day in and day out. I see these types of crimes committed against our very own citizens in my courtroom all too often. This crime can happen to anyone at any time and can cost you countless hours attempting to repair your good name and credit history.



### Following are some ways that you can protect yourself and your family from these thieves:

- Avoid carrying your Social Security card, birth certificate or even some credit cards with you on a regular basis, unless you need to use them.
- Be sure to carefully monitor your credit card statements, credit reports and all other documents related to your finances. Check for inaccuracies, fraudulent use of your accounts and bank statements.
- When using your credit cards online, make sure you only provide information which is pertinent to the specific item or service you are ordering and always make sure you are on a secure site. It should say secure site on the web address.
- Never respond to an unsolicited request for your Social Security number or other financial information, especially over the telephone. If someone calls regarding donations for a charity that you'd like to contribute to, tell them to put an invoice in the mail and you will send them a check made payable to that charity.
- It's very important to shred all financial documents or anything that contains personal information. I have teamed up in the past with Senator Reschenthaler for an annual shredding event, which is normally held in August for this district. Properly shredding your items has the added benefit of helping the environment. In 2017 our efforts collected and recycled 3,090 pounds of paper, the equivalent of saving; 26.3 trees, 194.7 gallons of oil, 5.1 cubic yards of landfill space, over 6000 kilowatts of energy and 10,815 gallons of water.
- A common way in which identity theft occurs is "Skimming." This is a method thieves use to steal your credit and debit numbers by using special storage devices attached to ATM's, gas pumps and other point of sale machines. Always inspect your ATM or gas pump for suspicious devices before you swipe or insert your card and make sure that the chip or swipe reader that you're sliding your card into is not loose and doesn't look out of place.
- Another method of identity theft is called "Phishing." This is when thieves contact you and pretend to be a financial institution or a company that you've dealt with in the past. They can contact you by phone or on the computer by sending spam messages to try to get you to reveal your personal information. They are constantly coming up with new and different techniques to obtain your personal information, so it is very important to always be on guard. The safe thing to do is hang up or log off and call or email your financial institution or the company asking for information to verify that the contact is legitimate. Also, please note that the IRS will never contact you by phone and ask you to send them payment in the form of a money order.

If the unfortunate occurs and you become a victim, file a report with your local police department and be sure to contact your bank and notify all other institutions that you deal with. Have your financial institution place a fraud alert on your credit report and file a complaint with the Attorney General's office, as well as the Federal Trade Commission.

The Attorney General's consumer protection help line is 1-800-441-2555. The Federal Trade Commission's identity theft hotline is 1-877-ID-THEFT(1-877-438-4338). You can also view their website at [www.identitytheft.gov](http://www.identitytheft.gov).

Remember, free credit reports are available and you can obtain a copy once a year by visiting the three credit reporting agencies. They can be found at [www.annualcreditreport.com](http://www.annualcreditreport.com) or by calling 1-877-322-8228.

Protect yourself, your family and your assets by taking the necessary steps which I've outlined in this article. **Be safe, be smart, and don't become a victim of these criminal predators!!**





## BPTV Show Wins National Award

BPTV's show "Dead And Buried Treasures" recently won the "2021 Golden Turkey Award" from THE VORTEXX Network, proclaiming it the Best Horror Host TV Show in the Country.

The award, given annually by representatives at the Vortexx Network for as long as it has been in existence (*the past 11 years*), is exclusive to the Vortexx, but sorts through numerous nominees to find the winner. The President of THE VORTEXX, known only as "Sluggo," said the following about this year's winner – **Captain Calico Drake**, "He's a host who has gone above and beyond for the Vortexx with an endless well of creativity and charm." Captain Calico Drake and the crew of the Swashbuckler's Haunt received a 24-hour marathon for Dead And Buried Treasures on THE VORTEXX for their efforts.

To watch Dead & Buried Treasures, tune in to BPTV every Friday and Saturday night at 11 p.m.!



*Captain Calico  
Drake*

### Would You Like to Be Part of BPTV?

If you like being behind the camera BPTV needs your help! We're a volunteer organization and need crew members to work behind the scenes on the over 500 productions we produce each year. Potential directors, camera operators, editors and every other position it takes to produce TV programming are all welcome. **No experience is necessary and training is provided.** We've seen many of our volunteers and interns go on to professional careers based on the skills and contacts they established while working at BPTV. If you're looking for a way to get involved in your community, BPTV is also a great option.

Participating in our meetings and event coverage is a great way to keep yourself informed of what's going on in Bethel Park. That's why BPTV is *The Pulse of Bethel Park!*

If you want to be the next potentially national award-winning producer or technical crew member at BPTV, contact our offices at 412-831-3304 or [dcable@bethelpark.net!](mailto:dcable@bethelpark.net)



### BPTV Annual Volunteer Banquet

*BPTV values its volunteers who keep the station and its numerous shows for the community running throughout the year! These amazing individuals were honored during the station's annual banquet held at the Community Center in December.*



**Integrated care is better care.**

## Dunlap Family Outpatient Center

### ▶ WALGREENS SPECIALTY PHARMACY



A time-saving convenience for patients and their families who can fill prescriptions at discharge and/or purchase over-the-counter products. It's also open to the community.

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For more services and information visit: [stclair.org/dunlap](https://stclair.org/dunlap)

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## Municipality of Bethel Park Places a Strong Emphasis on the Value of Professional Interns

Over the past year, the Municipality of Bethel Park has created a foundation for professional internships that provides valuable experience on a number of meaningful projects.

“Our goal is to ensure that our interns and fellows finish their tenure at the Municipality with all of the professional development, networking and mentoring opportunities that they need to be successful,” said **Municipal Manager Laurence Christian** who was a military fellow working for a local government. “We’re also very committed to helping veterans transition from active-duty service.”

Christian’s positive experience as a military fellow is what led him to his current position at Bethel Park.

To date, the Municipality has participated in two internship programs: the Local Government Academy (LGA) Intern Program and the International City/County Management Association (ICMA) Veterans Local Government Management Fellowship (VLGMF).

**Adam Steele**, who joined Bethel Park as the Assistant to the Municipal Manager in 2021, learned first-hand how an internship can benefit one’s career goals.

“My time in the Masters of Public Administration Program from the University of North Texas and my internship with the City Manager’s Office in Colleyville, Texas set me up for future success and helped me prepare for a career in local government,” said Steele. “Because of mine and Laurence’s positive experiences, we’re looking to pay it forward and offer the same option to others who want to enter into the field of local government and help establish the next generation of public servants.”



Adam Steele

Since joining Bethel Park, Steele has been responsible for authoring the Municipality’s first two strategic plans (2021 & 2022) which serve as the foundation for Bethel Park’s strategic planning going forward. He also assists and coordinates various other projects on behalf of the Municipal Manager.

“I’m happy that I authored the first ever strategic plan for Bethel Park and that even if I leave someday, that foundation will be there and built upon creating a lasting impact,” said Steele.

He would also definitely recommend others to take advantage of internships.

“I think it’s a great way to get your foot in the door and learn about the field that you’re interested in and see if you like it,” said Steele. “I met a lot of people through my internships and was able to participate in great networking opportunities.”

During the summer of 2021, the Municipality participated in the LGA Municipal Intern Program. The intern worked to set the foundation for the Municipality’s file digitization and organization, along with setting document retention policies.

“This project led by our LGA intern has improved the effectiveness of Municipal operations for the indefinite future,” said Christian.

The Municipality’s first ICMA VLGMF Fellow, **Jeremiah Singletary**, came on board Jan. 3, 2022.

“He’ll be assisting with various projects including the implementation and optimization of new GIS software that will best suit the Municipality’s needs,” said Christian. “This project will include research and correspondence with Directors and Council resulting in the establishment for software implementation, creating a lasting impact on Municipal operations.”

Throughout the project, Singletary will be provided career building training and tools, such as networking, tailoring resumes and determining specific areas of interest for a career in local government.

Singletary recently relocated from Peterson Space Force Base in Colorado Springs, CO and will officially be retired from the military May 1st after serving 20 years in the U.S. Air Force. He utilized the DoD Skillbridge program to explore the possibility of serving in local government through the VLGMF program.

“I just got started on Jan. 3rd, but I think this experience will introduce me to the different elements of local government,” said Singletary.

His background includes serving in a variety of diverse military organizations, from both the tactical and operational levels, including four years with the North Atlantic Treaty Organization (NATO) Air Command in Ramstein Air Force Base, Germany. The responsibilities at his various assignments ranged from establishing communications centers for deployed forces early in his career to leading Airmen through numerous support operations which targeted a multitude of adversary threats pertaining to Operations Iraqi and Enduring Freedom. While at NATO, he worked alongside representatives from 31 countries to support national and international strategic objectives geared at limiting Russian influence in the European theatre.

“During this fellowship, Jeremiah will learn the relationships between the different elements of local government through hands-on experience while transitioning out of the military,” said Christian. “Specifically, he’ll be integrally involved in the development of a municipality-wide geographic information system project that is aimed at integrating all elements of local government together for improved tracking and visibility.”

Singletary graduated from American Military University with a master’s in Criminal Intelligence Analysis in December 2021, and a bachelor’s in Intelligence Operations in February 2014. Additionally, he completed the Senior-level Technical Management and Senior-level Leadership and Management Development Courses.

When asked why he chose local government, Singletary said it was a choice made by both he and his wife **Rachel**.

“We want to see if we can provide an example to our daughter of trying to find a way to get involved in and help the community,” he said. “I was an Army brat, so I didn’t have a place where I grew up, and my wife was born and raised in South Park; so I want to experience being established in a community and set an example for our daughter to be involved with her community growing up.”

Steele, who’d like to become a director or assistant manager in the future, said that he’s looking forward to seeing internships grow for the Municipality.

“We look forward to hosting more interns and fellows in the future and providing them with a mutually enriching experience!” he said.

“We want to see if we can provide an example to our daughter of trying to find a way to get involved in and help the community.”

**Jeremiah Singletary**



Jeremiah Singletary

“I’m happy that I authored the first ever strategic plan for Bethel Park and that even if I leave someday, that foundation will be there and built upon creating a lasting impact.”

**Adam Steele**



# BP VOLUNTEER FIRE COMPANY

## A Message from the Fire Chief: *Dave Gerber*



*In the last few months, our country has had some very devastating fires in apartment buildings. It's no secret that our community has seen an increase in apartment buildings and senior living apartment complexes in the last few years. Many people may be new to living in these types of buildings and not realize what to do when the fire alarms go off. You can find some very important and useful information below to help you be prepared.*

*This month I've also included some new information about medical oxygen. I'm sure most of us probably know someone who has been on or is currently on medical oxygen. You can find some information and facts on how to best prevent fires when it is used in the home. Clothes dryers are often a leading cause of fires in our area. We use these on a regular basis, but do you really take the time to properly maintain them to prevent fires?*

## Get To Know Your Fire Fighters!

Following is information about some of our volunteer firefighters. These are your neighbors who volunteer their time to serve and safeguard Bethel Park. The BPVFC takes great pride in the fact that we remain 100% volunteer and we strive to remain that way in the future. **If you or someone you know is interested or has questions about joining, email us at [join@bethelparkvfc.com](mailto:join@bethelparkvfc.com). You can also pick up an application from our website.**

### DAVE DELALLO

Dave joined at age 25 and has been volunteering for 10 years. He served as President of the Fire Company for several years during his time with us and has primarily responded out of Station 1 on Brightwood Rd. He holds a bachelor's degree from Duquesne University and works as a land manager for an oil and gas company. During his time with us, he's received several notable certifications including Fire Fighter I, Vehicle Rescue Technician, and PA Department of Health EMT. Dave said he joined because it's something he wanted to do since he was a kid, "I mean doesn't everyone want to be a firefighter at some point, even if it is just to ride in the truck and hit the siren and horn?" Dave's favorite part of being a firefighter is being able to help people when they need it. He said, "People call the fire department when they don't know who else to call, and it's rewarding to know that I am one of those people responding to go and help them." When Dave isn't volunteering his time with the fire department you can find him skiing or participating in outdoor activities with his wife Kayla and 1-year-old son Jack. While Jack is still a little too young to enjoy his dad being a firefighter, Dave's nephews and friends' kids love going to the station to check out the trucks. Dave wants everyone to know that the volunteer experience is very rewarding. "I'd encourage anyone who has ever thought about joining to take the step to get more information. The greatest threat to your local fire service and community is the lack of people stepping up to volunteer."

*("Members" cont. pg. 13)*



### Apartment Building Safety

People living in an apartment building need to think ahead and be prepared in the event of a fire. It's important to know the fire safety features in your building and work together with neighbors to help keep the building as fire safe as possible.

- Know the locations of all available exit stairs from your floor in case the nearest one is blocked by fire or smoke.
- Make sure all exit stairwell doors are clearly marked, not locked or blocked by security bars, and are clear of clutter. These doors should always remain in the closed position to limit the movement of smoke if there was a fire. Remember that you won't be able to use an elevator to exit when there is a fire. If you have trouble using stairs, try to get an apartment on a lower floor if possible.
- If there is a fire, pull the fire alarm on your way out to notify the fire department and your neighbors. Remember to CLOSE THE DOOR to the area where the fire is located. This will prevent deadly smoke from filling the hallways and stairwells.
- When the fire alarm sounds, feel the door before you open it and only open a cool door.
- Make sure to close all doors behind you as you leave to prevent the spread of smoke and fire.
- If a door is hot, use another way out.
- If an announcement is made throughout the building, listen carefully, and follow directions.
- Use the stairs to get out – NEVER use the elevator unless you are directed to do so by the fire department.
- If you or someone is trapped in the building, be sure to notify the fire department of that. If you can't get out of your apartment because of fire, smoke or a disability, stuff wet towels or sheets around the door and vents to keep smoke out. Call 911 and tell them where you are. Open a window slightly and wave a bright cloth to signal your location. Be prepared to close the window if it makes the smoke condition worse.

Fire department evacuation of an apartment building can take a long time. Communicate with the fire department to monitor evacuation status. And, accidents do happen, so if you accidentally set the fire alarm off from something such as burnt food, just call to let us know so that we won't have to make a loud entrance.

### Medical Oxygen

Use of portable medical oxygen in the home has grown over the past decade. Medical oxygen adds a higher percentage of oxygen to the air a patient uses to breathe. Fire needs oxygen to burn. If a fire should start in an oxygen-enriched area, the material burning will burn more quickly. Homes where medical oxygen is used need specific fire safety rules to keep people safe from fire and burns. **There is no safe way to smoke in the home when oxygen is in use. A patient on oxygen should not smoke.**

Candles, matches, wood stoves, and even sparking toys, can be ignition sources and should not be used in the home. Keep oxygen cylinders at least 5 ft. from a heat source, open flames or electrical devices.

Body oil, hand lotion and items containing oil and grease can easily ignite. Keep oil and grease away from areas where oxygen is in use. Never use aerosol sprays containing combustible materials near the oxygen. Oxygen saturates fabric covered furniture, clothing, hair, and bedding, making it easier for a fire to start and spread. Smoking materials are the leading heat source resulting in medical oxygen related fires, injuries and deaths.

### Clothes Dryer Safety

Do not use the dryer without a lint filter and make sure you clean it before or after each load of laundry. Also remove any lint that has collected around the drum. Make sure the air exhaust vent pipe is not restricted and the outdoor vent flap will open when the dryer is operating. At least once a year you'll also need to clean the lint out of the vent pipe or have a dryer lint removal service do it for you. Follow the manufacturer's operating instructions and don't overload your dryer. Another good practice is to turn off the dryer if you leave home or when you go to bed.

The leading cause of home clothes dryer fire is failure to clean them. Follow these tips and clean them on a regular basis to keep yourself and your family safe!

## 2021 Year End Review

This year, we'll be posting our comprehensive year-end review on our website and social media. Check out our website at [www.bethelparkvfc.com](http://www.bethelparkvfc.com) or our Facebook page for access to the document. It will include a breakdown of the calls for 2021, a background on how our Department operates, and information on things to come in 2022.

## BPVFC MEMBERS

(cont. from pg. 12)

### BRIAN WRIGHT

Brian has been with the department for 10 years and joined when he was in his 40s. Before joining with the BPVFC, he served as a firefighter in Peter's Township from 1987-2001. While with Peters Township, Brian received many different certifications involving firefighting. Since joining with the BPVFC, he transitioned into one of our Fire Police Officers and currently holds the rank of Lieutenant among the Fire Police. Since becoming one of the Fire Police, Brian has obtained almost every Fire Police certification available. He graduated from Bethel Park High School and obtained training from the Pittsburgh Institute of Aeronautics in Airframe and Powerplant. He also obtained his class 3 inspection license. Brian has had his cdl since age 18 and currently works as a tractor trailer operator for the United States Postal Service (USPS). Brian joined the BPVFC because he missed being involved in community service after leaving Peters Township. "I enjoy being involved with a great group of people and giving back to the community of Bethel Park," said Brian. When he isn't working or volunteering, Brian enjoys spending time with his horses and working on mechanics. Brian is supported at home by his wife Jen and 11-year-old daughter Zoe. He also enjoys spending time with his adult children, Trinity, Kristian, Nadine, Zechariah, and Gabrielle. His children enjoy the bragging rights of telling their friends that their dad is a firefighter. It is also reassuring for them to know that Dad is willing to be helpful and take care of others, which is inspiring them to do the same.



### How to Reach Us

None of our three fire stations are regularly staffed with members. If you need us to respond to your emergency, you must call Police Dispatch at **412-833-2000** or **call 911**. If you have a non-emergency question or concern, the best and fastest way to reach us is through our "Contact Us" page on the website at [www.bethelparkvfc.com](http://www.bethelparkvfc.com). If you are on Facebook, you can always send us a message there as well. You may also call us at **412-835-1127** and leave a message on the answering machine.



## Here's How We're Staffed and How We Respond

**Bethel Park does not have any paid firefighters**, so our stations are never regularly staffed. We recently had someone ask how our response works since our stations are not staffed.

Following is an explanation of how things work for the BPVFC response.

- 1. A call is placed to either 911 or 412-833-2000 which is the BP Police Emergency Dispatch Center.** Even if you call 911, you'll be transferred to BP Police Dispatch, so it is much more efficient to call them directly at **412-833-2000** if you need emergency services in BP.
- 2. Once the BP Police Dispatcher determines that you need the fire company to respond, they activate our pagers and provide a voice message telling us the emergency and location.** They also send out a notification to our phones via an application called Active 911. Active 911 allows responders to click into what station they are responding to, so our officers know if we have enough responders or if we need to call for more assistance. This program also provides us with a map of the address and the hydrants nearby.
- 3. After we receive notification, available volunteers will begin to respond.** Our Chief Officers may respond to the scene while other Line Officers and firefighters will respond to the station. Depending on the severity of the emergency, some volunteers may use blue courtesy lights in their vehicles to ask other cars to move to the side so they can pass and get to the station quicker.
- 4. Once at the station, firefighters will put on their gear, get in the trucks, and respond to the scene.** We won't always use the lights and sirens; it just depends on the severity of the emergency.

As you can see, we rely solely on volunteers being able to respond at a moment's notice. This is why we're always looking for more volunteers.

The more volunteers we have, the more likely we are to have enough individuals able to respond. We're also extremely grateful to any employers who allow our volunteers to leave for emergencies!



## Did You Know?

Every December we have yearly elections to elect our line officers, executive officers, and board of directors. All line officer positions, president, vice president, and secretary are one-year terms. Our financial positions and board of director positions are longer terms to help with continuity of business. All of the line officer positions have some qualification requirements such as ensuring attendance for a certain percentage of calls and drills. Members can self-nominate if eligible, and all regular and life members are able to vote at the election.

The Bethel Park Volunteer Fire Company is proud to announce the Line Officers, Executive Officers, and Board of Directors for 2022:

### LINE OFFICERS

**Dave Gerber** – Fire Chief  
**Russ Beeson** – Deputy Chief  
**Rob Uselman** – Assistant Chief  
**Tom Kelton** – 1st Captain  
**Jon Mark** – 2nd Captain  
**Mike Innocenti** – 1st Lieutenant  
**Adam Betzler** – 2nd Lieutenant  
**Steve McGough** – 3rd Lieutenant

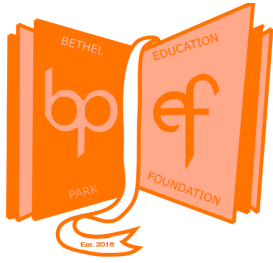
### EXECUTIVE OFFICERS

**Brent Kimberland** – President  
**Bob Clark** – Vice President  
**Edward Schmidt** – Recording Secretary  
**William Wiles** – Treasurer  
**Jeff Ferencic** – Financial Secretary

### BOARD OF DIRECTORS

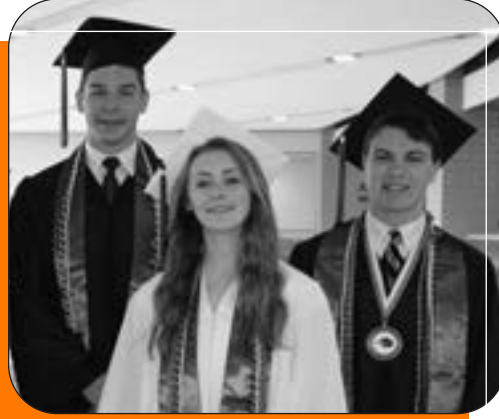
**Brian Allsopp**  
**Mark Brier**  
**Joe Hartung**  
**David Henney**  
**Dean Huwe**  
**Mark Stabryla**





# BETHEL PARK EDUCATION FOUNDATION

The Bethel Park Education Foundation (BPEF) is a community-based, non-profit organization whose goal is to support programs that promote quality education. The Foundation works to facilitate communication and involvement among students, parents, school staff, business leaders and community citizens.



Public schools face a variety of new challenges as state and federal funding sources have been reduced or eliminated. BPEF hopes to find alternate ways of funding important initiatives within our schools. The Foundation does not receive any public funding – our programs are supported by individual, community, corporate partners. Our partners donate knowing their gifts are creating opportunities for students to have exceptional educational opportunities. They know that providing a quality education favorably impacts the entire community.

The Bethel Park Education Foundation is independent of the school district but works closely with the school board, administration, teachers and students. All programs that benefit Bethel Park students are considered for financial support. The program list grows and evolves to reflect the needs of the student, teacher, school and district as they are identified.

## BOARD

- Andy Amrhein, President
- William Brucker, Vice President
- Tom Bailey, Treasurer
- Deb Luckasevic, Secretary
- Vic DiPrampiero
- Dr. Roger Zelt
- Caitlin Metzler
- Jim Knapp
- Patty Campbell
- Lindsay Crowley
- Dr. James Walsh

Please direct any questions to:  
[bpeffoundation@gmail.com](mailto:bpeffoundation@gmail.com)

### STEAM Grants

STEAM grants are awarded to students, teachers, and schools to foster creativity, innovation, and imagination. Grant initiatives will be evaluated for their ability to:

- engage collaborative interactions
- develop interdependence and independence skills
- encourage resiliency by being task focused & disciplined
- promote self-awareness and mindfulness
- develop critical and creative thinking skills

### Individual Teacher Grant

The Individual Teacher Grant funds initiatives that are innovative and stimulate student learning and creativity.

Teacher initiated projects that are funded will be evaluated to:

- encourage, uplift, edify, and challenge the student
- provide unique educational opportunities
- augment existing curriculum
- evaluate the successful achievement of the stated objectives
- consider the possibility of replication in other schools.

### Individual School Grants

The Individual School Grants program seeks to provide funding to an individual school. Grants may be awarded in three categories – elementary, middle school and high school.

The purpose of the Individual School Grant is to:

- provide financial assistance for schools to substantially improve student achievement.
- implement comprehensive school improvement programs that are based on reliable research and effective program practices.
- place emphasis on basic academics and parental/care-giver involvement.
- determine the successful achievement of the stated objectives.
- consider the possibility of replication for other schools.

### Individual Student Grants

Enhancing and encouraging excellence in education for the student is the absolute focal point of the BPEF. There is no ceiling to the creativity and innovation of the student mind. In that spirit, the grant program needs to remain flexible and adaptable to student proposals.. As such, grants may be awarded to any student at any grade level in any discipline of study. Additionally, grants will be considered for all physical activity endeavors and all forms of the arts.

No grant shall be administered as a direct monetary payment to the awardee. No grant will be awarded for food, beverages, parties, recreational activities nor field trips.

### Dear Fellow Bethel Park Alumnus/Alumna:

**We need your help! As a Bethel Park graduate, you know that providing quality education requires investment during and after school hours. Please consider making a donation to support the BPEF ensuring that all Bethel Park students can continue to enjoy the same opportunities for engagement and success.**

Your tax deductible contribution can be made via any of the following methods:

- Directly from the BPEF website – [www.bethelparkfoundation.com](http://www.bethelparkfoundation.com).
- Via United Way of Southwestern PA by entering code#12998472 on your contribution form through your employer
- By mailing a check to: Bethel Park Education Foundation, 301 Church Road, Bethel Park, PA 15102

You may also wish to consider making a contribution to the BPEF through your business and receive a PA tax credit.

Thank you in advance for your support.

Bethel Park Education Foundation

### Mission

To enhance educational opportunities for our students by increasing community involvement with our schools.



You can now donate  
via the United Way:

YOU MAY DESIGNATE THE BPEF AS THE RECIPIENT OF YOUR UNITED WAY DONATION. ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS: #12998472

301 Church Rd. • Bethel Park, PA 15102 • 412-760-9614 • [bethelparkfoundation.com](http://bethelparkfoundation.com)

# WHAT IS THE BPCF?



The Bethel Park Community Foundation is a non-profit 501 (c)(3) organization that embraces a philosophy of local philanthropy. Tax-deductible contributions made to the Bethel Park Community Foundation are applied to fund local initiative and community programs in these five areas:

• COMMUNITY FACILITIES • EDUCATION • RECREATION • THE FINE AND PERFORMING ARTS • COMMUNITY HEALTH AND SAFETY.

Funds are made available through a grant application - visit [www.bpcf.org](http://www.bpcf.org) for more information or contact us at: PO Box 811, Bethel Park, PA 15102

## Did You Know that the Bethel Park Community Foundation is a Tax-Deductible Non-Profit Organization?

What better way to support the BP Police, the BP Volunteer Fire Company, Tri-Community South EMS, and a wide range of community focused activities than to write one tax-deductible check to the Bethel Park Community Foundation?

Or would your family or group like to start a scholarship, where you and others can make tax deductible contributions? The Bethel Park Community Foundation as a 501(c)(3) organization can help with that too!

You can also make a tax-deductible donation to Jeez our Bethel Park Police K-9 or to help with furnishing at the Bethel Park Community Center. Both of these have special fund with the BP Community Foundation.

Please also remember the Bethel Park Community Foundation in your estate planning.

If you have any questions, or would like to speak personally with a member of the Bethel Park Community Foundation, please email us at [info@bpcf.org](mailto:info@bpcf.org) or call 412.831.6800 x740.

Since 1999, the Bethel Park Community Foundation has granted nearly \$750,000 back into the Community of Bethel Park.

*Your tax deductible contributions at work in our community!*

## Find Us On Facebook

The Bethel Park Community Foundation is now on Facebook: Bethel Park Community Foundation. Please visit and "Like" our page for updated information from the foundation.



## YOU CAN NOW DONATE VIA THE UNITED WAY:

UNITED WAY SUPPORT YOU MAY DESIGNATE THE BPCF AS THE RECIPIENT OF YOUR UNITED WAY DONATION.

ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS:  
#892191



## A Bountiful Event!

We would like to extend a massive THANK YOU to all who sponsored, donated towards, volunteered at, and attended our Bethel's Bounty 2021 event on Nov. 14th!

**We raised over \$20,000 for the Bethel Park Community Foundation**, which will all go directly back into our community by way of small and large grants and scholarships!

We would like to again recognize all of our sponsors and vendor participants...we truly could not hold this successful event without you! Please support these local businesses that are so giving to our Foundation!



## Spreading Holiday Cheer

The annual Holiday Concert at the Community Center was very well attended. This free event featured performances from the BP High School Top 21 Choir, Community Band South, and the Southminster Presbyterian Handbell Ringers.

## Flagpole Dedication

Thanks to a grant from the BPCF, the Bethel Park Historical Society was able to restore the original flagpole from St. Valentine School and relocate it to the Schoolhouse Arts and History Center. Veterans of our Armed Forces, along with many state and local representatives were on hand for the dedication on Dec. 18th.



## Scholarship Opportunities!

BPCF currently maintains nine different scholarships for Bethel Park students. The application periods open in the Spring. For eligibility requirements and applications, please visit [www.bpcf.org/scholarships](http://www.bpcf.org/scholarships)





## Support for the Bethel Park Business Community

Local businesses are vital to our community! To provide support, the Municipality has established numerous initiatives geared towards raising awareness of all that the Bethel Park business community has to offer. We've also partnered with the Bethel Park Chamber to coordinate our efforts. As part of this, a section of Chronicles will be devoted to these efforts each issue.

## Bethel Park Chamber Moves to New Location

The Bethel Park Chamber is now located at 2975 South Park Rd.; their phone number and website will remain the same – 412-595-8361 • [www.bpchamber.org](http://www.bpchamber.org) • Facebook - "Bethel Park Chamber of Commerce."



"We're excited to be starting a fresh new year," said **Chamber Director Connie Ruhl**. "We can't thank **Reno Virgili** enough for all of his generous support for the Chamber and his kindness during the pandemic. He is one of our founding fathers."

### Chamber Programs

The Chamber began its year with a lunch discussing "*Workplace/Workforce Challenges for 2022*." The event featured a panel of experts who've dealt with all aspects of the work environment and have met challenges and researched options during 2020-2021, the roughest economic times of the pandemic. To join in future related events, visit [www.bpchamber.org](http://www.bpchamber.org).

**Chris Hitchens** of Three Treasures Wellness Center is providing the Chamber with taping capabilities and space for its SBI webinars/workshop sessions. Details can be found on the Chamber website.

Watch for the Chamber's surprise "*After Hours*" in a new place. "It will be fun, interactive and just what the doctor ordered for the February blahs!" said Ruhl. "Watch our website for clues every day in February. Answer all clues and you will get a Special Ground Hog Prize at the event. Keep on guessing!"

The Chamber also features local business posts on its Facebook page. This is coordinated by Chamber Member **Charles Divonitz**.

### Local Restaurant News

The Chamber encourages you to remember our local restaurants in 2022. Dining in or taking out truly helps support them! And, remember, **Gift Certificates are always great for special occasions**.

### SURVEY

#### Hybrid Workplaces and/or Workforce?

If you're a local business owner, please answer these questions and email them to **Connie** at [chruhl@verizon.net](mailto:chruhl@verizon.net). Responses will be shared.

1. Do you have employees working from home?
2. Has productivity decreased or increased?
3. Have you presented opportunities for employees to stay connected to the workplace? If yes, please explain how.
4. Have you had any challenges that you couldn't overcome with employees working remotely?
5. Have you had hiring or retention issues?
6. Have you tried new sourcing or looked at job restructuring or incentives?
7. Would you consider outside assistance to assist you through these rough times? If so what kind?

## Municipal Small Business Initiatives

At the start of the pandemic, the Municipality quickly diverted resources to support the local business community. Efforts include:

- A "**Dine, Shop, Support**" website page listing businesses that expressed an interest in participating with their contact information and business descriptions.
- A **Business Blog** featuring profiles of local business owners.
- **Mayor Jack Allen's BPTV show, "Jack of All Trades,"** found on YouTube featuring local business people.
- **Special events** geared towards supporting local businesses.

## Are You a Local Business Owner?

If you're a local business owner and would like to be listed on the Municipality's 'Dine Shop Support' webpage or would like to be featured for a future local business profile, please email: [kindness@bethelpark.net](mailto:kindness@bethelpark.net).

## Chamber Recognizes Mathew James Garfold, G.I. Plumbing

The Bethel Park Chamber is proud to have nominated **Mathew James Garfold**, owner of G.I. Plumbing in Bethel Park, for SBA's Veteran-Owned Small Business of the Year Award which he recently received.

He's used several services resources to grow his business and is an excellent example of accessing available assistance.

During the early months of the pandemic, Garfold realized he needed to refocus his business and even extended an "extra benefit" to his customers. If his customer had a small job such as fixing a light fixture etc. while his company was out on a plumbing call, G.I. Plumbing team members did it as a perk for their customer!

"During those crucial times, he added a little happiness to his clients while on the job," said **Chamber Director Connie Ruhl**. "Taking care of the customer was their first concern."

Garfold has not only expanded his business and given great customer service above and beyond, but has also given back to the Bethel Park community in many ways. He's supported the Chamber by sponsoring the November Veterans Day Lunch. And, he continues to show his love of country and support for our military by accepting military nominees from the community for their "Sarge's Salute" feature on their website monthly and offering a randomly selected veteran a \$200 gift certificate.

"He has spiritual faith, love for his family, support for his community, values and respects his country, focuses on extraordinary customer service yet is humble and intelligent enough to use resources and advisors wisely," said Ruhl. "This company and Matt are a role model for a world that needs to get back to a new 'normal.' This normal should not be considered extraordinary, it should be the role model example for what is expected by all."

# BETHEL PARK POLICE DEPARTMENT

## “Presents From Police” Helps Local Families

Thank You to all those who donated to Presents from Police! We reached out to several Bethel Park families who could use a little help this season, and on Dec. 18th, they came in to select gifts for their children. The remaining gifts were given to the amazing students at The Children's Institute.

Your donations helped to ease the burden on these families and make their holidays a little bit brighter!



## Department Retirements



↑ Sgt. Edward Kach (center)

→ Dispatch Officer Dobson

Congratulations to **Sgt. Edward Kach** and **Dispatch Officer Dobson** on their retirement! Sgt. Kach served Bethel Park for 25 years, beginning as Patrolman in 1996 and promoting to Patrol Sergeant in 2016. Before coming to BPPD, Sgt. Kach served in the U.S. Army and worked as a dispatcher for the Upper St. Clair Police Department. DO Dobson served Bethel Park for 14 years, and previously worked as a dispatcher for Baldwin Borough Police, along with many years in the fire and EMS service. *Thank you both for your service!*

## Scam Alert!

With the recent stimulus payments and the approaching tax season, scammers are trying hard to steal your personal information and money. These scams usually come in the form of phone calls or emails, asking you to give personal identifying information. IRS scams will also threaten the victim with arrest if they do not immediately pay fines or back taxes. **The IRS and Treasury Department will not contact you by phone or email, but through official US Mail.**

If you have any doubts about the legitimacy of a call or email, look up the official number for that agency and call yourself. Don't be bullied by scammers or fall for their false promises!



## JOIN CRIME WATCH!

Be a part of the Bethel Park Crime Watch program that includes community meetings, communication via email alerts, and special events. Monthly Crime Watch meetings are held 7 p.m. the first Monday of each month at the Community Center.

**What can Crime Watch members do to help keep Bethel Park safe?**

- Be alert.
- Know your neighborhoods and watch out for one another.
- Report suspicious activities and crime to the police.
- Stay up-to-date on crime and crime prevention strategies.

These meetings are hosted by the Chief of Police and Crime Prevention Officer to highlight current crime trends in Bethel Park and the surrounding communities. In addition, guest speakers are invited to provide information on crime prevention and community resources.

If you would like to be added to the Crime Watch email list, please forward your information to the Crime Prevention Office at [crimewatch@bethelpark.net](mailto:crimewatch@bethelpark.net).

## Update on the DEA Prescription Disposal Program

Designated drop off days for the disposal of prescription medication are no longer held. Instead, there's a box at the Bethel Park Police Department accessible 24/7 for the disposal of prescription medication (*no needles or liquids*).

Please place the medication into a zip lock bag without the prescription bottle. The Bethel Park Police Dispatcher will direct you to the disposal box secured inside the Police Station.

If you have any questions, call Bethel Park Police at **412-833-2000**.

**Timothy C. O'Connor,**  
Chief of Police  
**Sean Gorman,**  
Crime Prevention Officer

412-833-2000 OR 911  
ANONYMOUS TIP LINE  
412-851-BPPD (2773)

### CONTACT/SOCIAL MEDIA:

Anonymous Tips can be called into the hotline – 412-851-BPPD (or 2773) or emailed to [crimewatch@bethelpark.net](mailto:crimewatch@bethelpark.net).

You can follow us on Facebook, Twitter, and Instagram for updates:

**Facebook Page:**  
Bethel Park Police Department  
**Twitter:**  
[@bethelparkpd](https://twitter.com/bethelparkpd)  
**Instagram:**  
[bethelparkpolice](https://www.instagram.com/bethelparkpolice)





### MUNICIPAL CONTACT INFORMATION

Bethel Park Municipality has full-time staff members who perform various tasks within the Municipality. Several staff members attend Council meetings to assist in the conduct of the meeting and to answer questions from Council. Those usually in attendance are listed below: *(All numbers listed are in the 412 area code.)*

- Laurence Christian**  
*Manager* .....831-6800 X137
- Lisa Lapaglia**  
*Finance Director* .....831-6800 X210
- Stacey Graf**  
*Director of Engineering*.....831-6800 X208
- Kirsten Primm**  
*Municipal Planner* .....831-6800 X382
- David Rudolph**  
*Code Enforcement Officer* .....831-6800 X240
- Charles H. Stover**  
*Recreation Director*.....831-6800 X230
- Timothy O'Connor**  
*Chief of Police*.....831-6800 X100

#### Other Important Municipal Numbers Include:

- Emergency (*fire, police, EMS*).....833-2000
- Main Municipal Office Number .....831-6800
- Receptionist .....831-6800 X0
- Bethel Park Community Center .....851-2910
- Bethel Park Public Library .....835-2207
- EMS (*non-emergency*).....831-3710
- Fire Department (*non-emergency*)
- Brightwood Station .....835-1127
- Fire Prevention Unit.....835-3473
- Recreation .....831-1328
- Public Access TV.....831-3304
- Jordan Tax Service .....835-5243

Visit Us Online at [www.bethelpark.net](http://www.bethelpark.net)

## Congratulations to Our 2021 Holiday Lighting Contest Winners!

Ward 1  
Ward 2

**Robert & Laura Butt**  
**Joseph & Shirley Regrut**  
 Honorable Mention:  
**Daniel & Pamela Bruchwalski**  
**Ralph & Raylene Masucci**  
**Freyvogel Residence**  
**Raymond & Joan Bruschi**  
**Stephen & Pam Hart**  
**Thomas & Jodie Burke**  
**Bob & Amy Jo Edkins**  
 Honorable Mention:

*5501 California Ave.*  
*6089 Great Dane Dr.*  
*6159 Boxer Dr.*  
*963 Willow Glen Dr.*  
*7028 Dumbarton Place*  
*2350 Casswell Dr.*  
*5724 Wilson Dr.*  
*3232 Comanche Rd.*  
*4960 Lindermer Ave.*  
*690 Clifton Rd.*  
*164 Rocky Ridge Rd.*

A special thank you also goes out to all the judges and residents who took the time to nominate the displays!



↑ Ward 3



↑ Ward 1



← Ward 8

Here are some of our winners!



← Ward 4



↑ Ward 7

## BETHEL PARK MUNICIPAL COUNCIL & MAYOR



Jack T. Allen  
Mayor  
831-9923



Timothy J. Moury  
President  
WARD 8  
833-4615



Joseph A. Consolmagno  
WARD 1  
833-7993



Dr. Timothy Campbell  
WARD 2  
418-9197



John Oakes  
WARD 3  
595-7750



Todd Cenci  
WARD 4  
357-0045



Joe Janosik  
WARD 5  
328-6563



Mark J. O'Brien  
WARD 6  
831-0774



Dave Espinar  
WARD 7  
833-5254



Lindsay Flinn  
WARD 9  
568-3281

# SPRING 2022

# PROGRAMS & ACTIVITIES

## Spotlight on Birch Tree, Oak Tree and Millennium Parks!

In our ongoing effort to showcase our wonderful parks, we're highlighting three this issue: **Birch Tree, Oak Tree and Millennium**. Each has received new playground equipment that fits its overall unique identity; and, the equipment was selected by those living nearby!

"The new equipment meets today's standards, is more attractive, and offers children a variety of play options to encourage their enjoyment outside whether by themselves or with a group," said **Recreation Director Chuck Stover**. "We've also been working towards creating a unique feature and identity for each park. I think that will enhance the overall variety of options and activities for our residents."

Another new park feature is use of the free app - "Biba."

"This app enables children to enjoy games and other activities involving the equipment at the particular park that they're at," said Stover. More on "Biba" can be found on page 8.

Following is a brief overview of the three featured parks:

### **BIRCH TREE**

*Ashland Drive*

- Small basketball half-court (*new basketball system*)
- Swing set with new surfacing and borders
- Double-decker playground with an 8 ft. high platform over a lower platform enabling children to easily transfer between the upper and lower platforms...all ADA compliant.
- Large hexagon canopy shading much of the play structure.
- Variety of slides including a roller slide.
- A large engaging play structure that includes climbing and a track ride (kid coaster), where children grab a trolley handle and can zip across like a zipline. This is very popular!
- Pavilion



*Birch Tree Park*

### **OAK TREE**

*Summit Street*

This park's play structure has a nature-theme and enables children to crawl through a tree trunk base under one of the main platforms and climb onto the deck. All apparatus colors feature those typically found in nature.

- A variety of slides.
- Realistic looking rock and tree log climbers.
- A jungle vine and tree ladder climber.
- Double arch swing and disc swing.
- Stand up glider for two children to ride.
- A variety of other different types of swinging activities that you typically don't see on playgrounds
- Basketball court with two hoops.
- Small pavilion.
- Shade structure.
- GaGa Ball Pit - A fast-paced, fun game for all ages!



*Oak Tree Park*



*("Spotlight" cont. pg. 27)*

## BETHEL PARK RECREATION

Bethel Park Community Center  
5151 Park Avenue, Bethel Park, PA 15102  
Phone: 412-831-1328  
Fax: 412-851-2915  
Register online at: [www.bethelpark.net](http://www.bethelpark.net)  
Contact us at: [recreation@bethelpark.net](mailto:recreation@bethelpark.net)  
Office hours: Monday through Friday  
9:00 AM - 4:30 PM

### WHAT YOU WILL FIND INSIDE:

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PLEASE SAVE THIS INFORMATION.  
PROGRAMS WILL CONTINUE THROUGH MAY 2022.

[www.bethelpark.net](http://www.bethelpark.net)





SPRING 2022

# REGISTRATION INFORMATION

## SPECIAL NOTICE

The Department of Recreation and Leisure Services reserves the right to cancel, combine or divide classes, or to make other changes that become necessary and to do so without incurring obligations. Adjustments of fees will be made when classes are cancelled by the Department.

## WHEN PROGRAMS BEGIN

In almost all instances, each activity will have a schedule with a beginning date. In those cases where time or day is not available, interested individuals should call the Recreation Office.

## WHEN FEES ARE DUE

All fees must be paid at the time of registration unless special arrangements have been made at the Recreation Office. If registration is made by mail, be sure to include the activity fee and all information as required.

## INSURANCE INFORMATION

The Recreation Board does not carry health insurance to cover injuries incurred while participating in any activity. In most cases, hospitalization carried through your employer will cover these types of injuries. Participants are also responsible for their personal property. Valuables should never be left unattended.

## RETURNED CHECKS

Any check that is returned to the Recreation Office as "NSF" will be subject to a **\$30.00 replacement fee**. All "NSF" checks MUST be replaced within ten (10) working days or the person will be withdrawn from the roster.

## RESIDENCY INFORMATION

All Bethel Park residents are given preference in registering for programs offered in this leaflet. Classes that have a limited enrollment will be open to non-residents only if space permits. The Recreation Board reserves the right to refuse admission to any person who misrepresents residency, and will not give refunds to those individuals. Non-resident fees are set for each activity and should be paid accordingly upon registration.

## REFUNDS: Please read...

Refunds will only be given upon written request, received in the Recreation Office, prior to the beginning of the second class or practice session. Phone requests will not be accepted, nor does failure to attend a class constitute notification of intent to withdraw from a class. **Send your request and a SELF-ADDRESSED STAMPED ENVELOPE to:**  
Bethel Park Recreation  
5151 Park Avenue  
Bethel Park, PA 15102

All refunds are subject to a **service fee of \$5.00**. The Department will issue a credit letter to be applied to any non-contractual Recreation program for a six-month period in place of the refund, if the individual so desires. Exceptions for use of credit letters include contracted activities such as dog obedience, ski trips or special ticket sales.

## CANCELLATION OF CLASS

Participants should check with the Recreation Office for updated program information. **Individual phone calls will not be made to verify mail registrations.** Calls will be made ONLY for classes that have been cancelled due to lack of registrations.

## HOW TO REGISTER

**Register at least one week prior to the start of the activity, unless otherwise stated.**

It is important to pre-register for any activity found in this leaflet because sometimes an activity may be cancelled when there is not sufficient registration. **Never plan to attend the first class without pre-registering.**

**You may register online for many activities! Check our website at [www.bethelpark.net](http://www.bethelpark.net) for details!** When you get to the main page, please click on Departments and then Recreation. There is a link to register online. **A nominal fee will be added for each online registration.**

You may register by mail for most of the activities in this leaflet. A mail registration form is provided. The participant's name, address (*including zip code*) and telephone numbers should be listed. When there is choice of session, day or time, make sure to list your class preference and **put the appropriate activity code number on the registration form.** Most youth swim lessons DO NOT list activity numbers.

Please include the name of the person who is paying the fee for the activity, "**Payment From:**", and make check payable to: "**Bethel Park Recreation**", unless otherwise indicated. **SIGNATURE** of the participant or parent/guardian is **REQUIRED**.

Some activities will have a sign-up day, such as youth swimming lessons. For your convenience, registrations may also be dropped off at the Bethel Park Community Center front desk or mailed to Bethel Park Recreation, 5151 Park Avenue, Bethel Park PA 15102. **Individual telephone calls will not be made confirming registration.** The only time you will be notified is if there is a change or cancellation of the class or activity.

## USE OF PHOTOS

Bethel Park Recreation provides opportunities for positive publicity by photographing/videotaping patrons at programs for use in local publications, newspapers or television.

If you prefer that you and/or your child **not be** photographed for publicity purposes, please notify Bethel Park Recreation in writing upon registration.

## CLASS ATTENDANCE

Attendance at class offerings is not mandatory. The Recreation Department recommends that an attempt be made to attend as many classes as possible. Generally, the only skill testing takes place in swimming and basketball programs. All advanced classes in any area are based upon successful completion of primary or beginning level instruction. Entrance at an advanced level is up to the discretion of the instructor. Placement is always made with the best interests of the participant in mind.

## CONDUCT

Participants are reminded that undesirable behavior or destruction of any property are reasons to expel the offender from a class or program. Parents are asked to remind children that they should not be in other areas of any building and to respect School District and Municipal property.

## NO NEWS IS GOOD NEWS

**When you register for any of our terrific classes, don't wait by your phone or camp out by your mailbox.**

**The only time you will hear from us is:**

- \* If there is a change in the time or day for your class
- \* If the class is moved, full or cancelled

**So, if it is almost time for your class and you haven't heard from our friendly staff, that's GOOD NEWS. It means YOU ARE IN! You may call us at 412-831-1328 if you wish to confirm that we received your registration.**

## Board of Parks and Recreation

**James Gastgeb, Chairperson**  
**James Miller, Vice Chairperson**  
**Bill Bonaccorsi - Bob McCall**  
**Joelle Salerno - Daryl Walezak**  
**Joseph Nagel - Vince Galloni**  
**Christina Murtaugh**

### Monthly Meetings

The Board meets on the first Wednesday of each month at 7:00 PM in the Community Center unless otherwise advertised. Please contact the Recreation Office for specific meeting dates.

**Department Administration**  
**Charles H. Stover, Director**  
**Cathy Muscato, Assistant Director**  
**Mary Anne Kelton,**  
*Administrative Secretary*  
*& Program Brochure Editor*  
**Amber Armstrong,**  
*Office Assistant*

**Laurence Christian, Municipal Manager**  
**Dr. James Walsh, School Superintendent**  
**Mark O'Brien, Municipal Council Liaison**  
**Dave Espinar, Municipal Council Liaison**  
**Lindsay Flinn, Municipal Council Liaison**  
**Barry Christenson, School District Liaison**

# AQUATIC PROGRAMS

## SWIM LESSON REGISTRATION AND SKILL TESTING

SATURDAY, MARCH 12, 2022

2:30 PM - 3:15 PM

Bethel Park High School Pool

There will be ONE six (6) week session of Saturday lessons in the spring.

**April 2, 2022 – May 14, 2022**

No lessons on April 16.

45-minute group lessons for only \$55!!!!

**CHILDREN up to age 7** who have never had formal lessons need to be skill tested and must register at SKILL TESTING at the pool. They will be entered in a class at their ability level after they are skill tested.

**PREREQUISITE:** Swimmer **MUST** be able to submerge head completely under water and be potty trained before registering for the Beginner class.

**CHILDREN ages 5 to 7** who have had lessons with this department before must register at SKILL TESTING, but THEY DO NOT NEED TO BE SKILL TESTED.

**CHILDREN ages 8 and older, first time swimmers, will be in STEP 1, and must register at SKILL TESTING at the pool.** There is no need for the child to be skill tested.

### HOW TO REGISTER FOR SWIM LESSONS ON SATURDAY, MARCH 12:

Please bring a check or exact cash to pay for lessons at registration. A spot will only be held with payment.

**BEGINNERS and STEP 1:** Registration and SKILL TESTING is on a first-come basis. You may also register at the Recreation Office in the Community Center beginning **March 14**.

**TODDLER TADPOLES (6 months - 4 years old):** Registration is on a first-come basis. You may also register at the Recreation Office in the Community Center beginning **March 14**.

**STEPS 2, 3, 4, and 5:** You may mail-in or drop-off registrations at the Recreation Office at the Community Center OR register online at [www.bethelpark.net](http://www.bethelpark.net). A nominal fee will be added for each online registration.

**Private Swim Lessons:** Register at Skill testing or at the Recreation Office in the Community Center to schedule your specific time.



## SATURDAY LESSON SCHEDULE:

SKILL LEVEL	TIME
Beginner* and Step 5	10:00 AM - 10:45 AM
Step 1* and 3	10:55 AM - 11:40 AM
Step 2 and 4	11:50 AM - 12:35 PM
Beginner*	12:45 PM - 1:30 PM
Toddler Tadpoles*	1:40 PM - 2:10 PM

\* **MUST register at BPHS pool during SKILL TESTING on Saturday, March 12 from 2:30 - 3:15 PM.**

Registration for other lessons should be mailed in or dropped off at the Community Center, or register online at [www.bethelpark.net](http://www.bethelpark.net). A nominal fee will be added for each online registration.

**WHEN:** 6 Saturdays  
4/02/2022 – 5/14/2022  
No class on April 16.

**FEE:** \$55.00 (non-resident \$60)  
**45 MINUTE GROUP LESSONS FOR ONLY \$55!!!**

NOTE: Goggles are available for purchase at the pool for \$5.00.

## SATURDAY CLASSES ARE HIGHLIGHTED

### TODDLER TADPOLES

This is an introductory swimming class for babies and toddlers, 6 months to 4 years old, with a parent/caregiver in the water with them. This class, led by an instructor, will help your baby develop a confidence in the water which will last a lifetime through rhyme, songs, and movement. Introducing your toddler to the water in his early years helps to develop strength, motor development and coordination. Your baby will learn how to jump into the water, float on his back, kick and learn basic swimming strokes, all while having a splashing good time! **Register at 2:30 pm at BPHS Pool on Saturday, March 12, during skill testing.** You may also register at the Community Center beginning March 14.

Ages: 6 months - 4  
**Resident Fee: \$55.00** Non-Res Fee: \$60.00  
6 session dates

3413.160  
Dates: 04/02/2022 - 05/14/2022 Sat  
Time: 1:40PM - 2:10PM

**Location:** BPHS Pool  
**No class** Apr 16

### PRIVATE SWIM LESSONS

One on One Swim Lessons! An instructor will give your child individual swim lessons tailored to what your child needs. Our experienced and patient instructors will be in the water with your child while he or she learns at their own pace, whether it is getting accustomed to the water for the first time, learning basic water skills, or getting enough individual help to advance to the next level. These 1/2 hour private lessons will be scheduled during swim lessons. Register at the Recreation Office in the Community Center to schedule your specific time.

Ages: 5 - 18  
**Resident Fee: \$100.00** Non-Res Fee: \$110.00  
6 session dates

3413.103  
Dates: 04/02/2022 - 05/14/2022 Sat  
Time: 10:00AM - 2:00PM

**Location:** BPHS Pool  
**No class** Apr 16

### ADULT PRIVATE SWIM LESSONS

One on One Swim Lessons for those over 18 years of age. An instructor will give you individual swim lessons tailored to what you need. Our experienced and patient instructors will be in the water with you while you learn at your own pace, whether it is learning basic water skills or getting enough individual help to advance your skills to the next level. These 1/2 hour private lessons will be scheduled during swim lessons. Register at the Recreation Office in the Community Center to schedule your specific time.

Ages: 18 and over  
**Resident Fee: \$100.00** Non-Res Fee: \$110.00  
6 session dates

3401.101  
Dates: 04/02/2022 - 05/14/2022 Sat  
Time: 10:00AM - 2:00PM

**Location:** BPHS Pool  
**No class** Apr 16



**PITTSBURGH ARTISTIC SWIMMING**

Artistic Swimming combines the grace of dance, the agility of gymnastics and the athleticism of swimming all in one sport. Swimmers will perform a variety of individual figures and team routines which include performances of coordinated movements (similar to dance) in time to music. This exciting sport encourages confidence, creativity, strength, flexibility and teamwork. Instructors have competed in National/International Age Group, Intercollegiate and/or Masters Competitions. As the team progresses, swimmers will have the opportunity to compete or participate in a swim show for friends and family. USA Artistic Swimming safety protocols will be used. Swimmers do not need prior experience but should be able to swim 25 yards freestyle and backstroke (*pool length*). Swimmers will need a swimsuit, cap and nose clips. Email [pghartisticswim@gmail.com](mailto:pghartisticswim@gmail.com) for more details. Twice a week discount rate is not available with online registration.

Ages: 8 - 18  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
**Twice a week: \$60.00** Non-Res Fee: \$65.00  
 6 session dates

3413.170  
 Dates: 02/22/2022 - 03/29/2022 Tue  
 Time: 7:30PM - 9:00PM

3413.171  
 Dates: 02/24/2022 - 03/31/2022 Thu  
 Time: 7:30PM - 9:00PM

3413.172  
 Dates: 04/12/2022 - 05/24/2022 Tue  
 Time: 7:30PM - 9:00PM

3413.173  
 Dates: 04/21/2022 - 05/26/2022 Thu  
 Time: 7:30PM - 9:00PM

**Location: BPHS Pool**  
**No class: May 17**

**MASTERS ARTISTIC (SYNCHRONIZED) SWIMMING**

For swimmers over the age of 18. No prior synchronized swimming experience is necessary. Learn new aquatic skills such as eggbeater kick and sculling and get a great workout! Synchro promotes flexibility & team work, and increases physical activity. Our instructors will teach correct techniques and FINA figures. There will be an opportunity to learn synchronized swimming routines, perform in seasonal exhibitions, and compete in Master's level competitions. Participants must be comfortable in deep water, able to swim 100 yards (4 laps) and swim freestyle, backstroke, and breaststroke. Instructor is available to help improve strokes and / or kicks. Synchro instructors have prior competitive experience in Masters and / or age group competition. Email [pghartisticswim@gmail.com](mailto:pghartisticswim@gmail.com) for more details. Twice a week discount rate is not available with online registration.

Ages: 18 and over  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
**Twice a week: \$60.00** Non-Res Fee: \$65.00  
 6 session dates

3413.175  
 Dates: 02/22/2022 - 03/29/2022 Tue  
 Time: 7:30PM - 9:00PM

3413.176  
 Dates: 02/24/2022 - 03/31/2022 Thu  
 Time: 7:30PM - 9:00PM

3413.177  
 Dates: 04/12/2022 - 05/24/2022 Tue  
 Time: 7:30PM - 9:00PM

3413.178  
 Dates: 04/21/2022 - 05/26/2022 Thu  
 Time: 7:30PM - 9:00PM

**Location: BPHS Pool**  
**No class: May 17**

**NEW LOCATION! AQUACISE**

Any adult (21 years of age and over) is welcome to come. You do not have to be able to swim to participate. Classes feature water exercises. Aquacise is held throughout the year on Monday and Wednesday evenings at Pathfinder School Pool. The fee for nightly attendance is \$5.00 for a resident or \$6.00 for a non-resident. Sign in and pay at the pool each evening you attend. Locker rooms are closed due to Covid restrictions. Restrooms are available.

Ages: 21 and over  
**Resident Fee: \$5.00** Non-Res Fee: \$6.00  
 Dates: 03/14/2022 - 05/25/2022 Mon, Wed  
 Time: 7:30PM - 8:30PM

**Location: Pathfinder School Pool**  
**No class: Apr 13, Apr 18**

**LAP SWIMMING**

Swim without the crowd and do laps on your own on Monday and Wednesday evenings! Sign in and pay at the pool each evening you attend. The fee for nightly attendance is \$5.00 (*non-res \$6.00*). Locker rooms are closed due to Covid restrictions. Restrooms are available.

Ages: 18 and over  
**Resident Fee: \$5.00** Non-Res Fee: \$6.00  
 Dates: 03/14/2022 - 05/25/2022 Mon, Wed  
 Time: 7:30PM - 8:30PM

**Location: BPHS Pool**  
**No class: Apr 13, Apr 18**



**BETHEL PARK MASTERS SWIMMING**

For swimmers over the age of 18. Did you swim at high school or college? Would you like to take the sport up again, but feel you are too out of shape? Or would you like to improve your swimming technique in the high school eight-lane pool? Our Masters Swimming program caters to all adults, whatever your age, for swimmers of all levels. Whether you are a Masters swim champion, would like to swim a few meets, or if you are a triathlete who would like to increase your endurance, or if you would like instruction from our experienced coaches to help you swim with better technique, this program is for you. You will need to register with USMS if you decide to join. Please just drop in at the pool one morning and see if this is for you! Register at the pool.

Ages: 18 years and over  
**Fee:** Full season: \$400  
 School year: \$325  
 Monthly: \$45  
 Daily drop-in: \$5  
 Dates: 8/30/2021 - 7/23/2022  
 Times: Mon and Wed 5:30am - 6:45am  
 Saturday 6:00am - 7:30am

Email [coachkbpswim@gmail.com](mailto:coachkbpswim@gmail.com) with any questions.

**Location: BPHS Pool**

**CONTINUING.....**

**COMMUNITY SWIM**

The pool is open for you, your family, and friends to swim! Pay at the pool each time you swim.

**Swim Dates: 01/14/2022 - 05/22/2022**  
 Fridays 6:30 - 8:30 PM  
 Saturdays 2:30 - 4:30 PM  
 Sundays 2:30 - 4:30 PM

NO SWIMMING ON SCHOOL HOLIDAYS AND POSTED SWIM MEET DAYS.  
**Daily Fee: \$5.00** Non-Res: \$7.00  
 Daily Family Pass - \$10 for up to 5 immediate family members. (*Non-resident \$13*)

**SPECIAL NOTE: DO NOT BRING VALUABLES TO THE POOL.** Check in with the guard when entering the pool. **Children under 14 years of age MUST be accompanied by at least one parent who is dressed to enter the water.**

**Location: BPHS Pool**  
**NO COMMUNITY SWIM Mar 4, Mar 5, Mar 6, Mar 18, Mar 19, Mar 20, Mar 25, Mar 26, Mar 27, Apr 15, Apr 16, Apr 17.**

**SCOUT SWIMMING**

Bethel Park Recreation will sponsor a program at the Bethel Park High School pool on Sunday evenings for Boy Scout or Girl Scout groups to work on earning their water-related badges. LEADERS, email the recreation office:

[recreation@bethelpark.net](mailto:recreation@bethelpark.net) for exact dates, fees and to make arrangements for scouts to earn their badges.

**Location: BPHS Pool**

**SATURDAY CLASSES ARE HIGHLIGHTED**

**PLEASE REGISTER IN ADVANCE!**

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled. Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).

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**CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.**

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.



# YOUTH PROGRAMS

## CLASSES & WORKSHOPS

### BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six-foot leash, and soft small treats to the first class. **An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please!** You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, [www.xcelcaninetraining.com](http://www.xcelcaninetraining.com).

You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over  
**Resident Fee: \$100.00** Non-Res Fee: \$110.00  
 6 session dates

3309.101  
 Dates: 03/05/2022 - 04/09/2022 Sat  
 Time: 10:00AM - 11:00AM

3309.111  
 Dates: 04/30/2022 - 06/11/2022 Sat  
 Time: 10:00AM - 11:00AM

**Location:** Xcel Canine Training, Inc.  
**No class** May 28

### PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the steppingstones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. **An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please!** Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six-foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, [www.xcelcaninetraining.com](http://www.xcelcaninetraining.com).

You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over  
**Resident Fee: \$100.00** Non-Res Fee: \$110.00  
 6 session dates

3309.102  
 Dates: 03/05/2022 - 04/09/2022 Sat  
 Time: 9:00AM - 10:00AM

3309.103  
 Dates: 03/05/2022 - 04/09/2022 Sat  
 Time: 12:00PM - 1:00PM

3309.112  
 Dates: 04/30/2022 - 06/11/2022 Sat  
 Time: 9:00AM - 10:00AM

3309.113  
 Dates: 04/30/2022 - 06/11/2022 Sat  
 Time: 12:00PM - 1:00PM

**Location:** Xcel Canine Training, Inc.  
**No class** May 28

### DRIVER EDUCATION

The course is conducted by Kennedy School of Driving through Bethel Park Recreation. Upon successful completion of the 30 hours of theory and 6 hours of in-car training, a certificate is given that is accepted by most insurance companies for an insurance rate discount. If you are a BPHS student, this class features the option of taking your driving test with our instructor. This counts as 1 hour of your behind-the-wheel instruction. You must complete the test prior to your high school graduation in order to take the test with our instructor.

The \$45 (*non-resident \$50*) NON-REFUNDABLE AND NON-TRANSFERRABLE fee payable to Bethel Park Recreation will secure your space in the class. **The fee of \$499 must be paid to Kennedy School of Driving on the first night of class.** Class size is limited to 36 students.

Ages: 15 and over  
**Resident Fee: \$45.00** Non-Res Fee: \$50.00  
**To Kennedy: \$499.00**  
 10 session dates

3311.101  
 Dates: 03/08/2022 - 04/07/2022 Tue, Thu  
 Time: 6:30PM - 9:30PM

**Location:** BPHS M415 Library

### ★ NEW! NEW! NEW! ★

### SPACE LAB

Get ready for a series of intergalactic adventures! Students will take on the role of space explorers discovering our local and not-so-local planets and stars. Find out what it would be like to spend a day on Venus, what makes our sun special and more! We'll devote plenty of time to the many mysteries of space including the science of black holes! We'll also brush up on the current science of the red planet - Mars. There will be plenty to build, test, launch, create and discover!

Instructor: Holly Bomba  
 Grades: 1 - 5  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 5 session dates

3860.101  
 Dates: 03/17/2022 - 04/14/2022 Thu  
 Time: 5:30PM - 6:30PM

**Location:** Bethel Park Community Center

### YOUTH THEATER

Students/actors will enjoy playing creative drama games to improve character development and improvisation skills, voice projection and enunciation skills. Theater terms and staging will also be a part of this class. Students will focus on performing in skits/a short play to perfect their new skills. A performance will be held on the last class for family and friends.

Instructor: Adam Winter  
 Ages: 6 - 12  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
 6 session dates

3875.101  
 Dates: 03/02/2022 - 04/06/2022 Wed  
 Time: 6:00PM - 7:00PM

3875.102  
 Dates: 04/20/2022 - 05/25/2022 Wed  
 Time: 6:00PM - 7:00PM

**Location:** Bethel Park Community Center

## ARTS & CRAFTS

### ART EXPLOSION - WAKE UP WITH ART

It's Springtime! Join us for a fun six-week session exploring the wonderful season of Spring. We'll look at what is waking up and changing in nature, letting this amazing season inspire our artwork. We will learn about artists like Pierre-Auguste Renoir, Paul Gauguin, explore their use of color and create fun spring drawings using our favorite colors. Children will have fun taking a short hike, collecting some nature treasures, and then incorporating them into our artwork. We will use a variety of materials like markers, paints, crayons, colored pencils, model magic, and scissors to name a few. All materials are included, and children will take home their artwork at the end of every class. Come join us as we have fun learning about our world and the wonderful world of art.

Instructor: Sue Ralston  
 Ages: 4 - 7  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
 6 session dates

3805.101  
 Dates: 03/14/2022 - 04/25/2022 Mon  
 Time: 5:15PM - 6:15PM

**Location:** Bethel Park Community Center  
**No class** Apr 18

### PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start!

Programs not meeting the minimum number of students will be canceled.

Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).

### CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

### SATURDAY CLASSES ARE HIGHLIGHTED



## ART EXPLOSION - CELEBRATING SPRING WITH ART

Join us for a fun six-week session where children will explore what is happening outside during this amazing season and let it drive our artwork. We will learn about artists like Pierre-Auguste Renoir, his beautiful use of soft pastel colors and Paul Gauguin with his strong use of color, letting this inspire our artwork. We will learn about artist Cyra Cancel and create a spring animal picture. Children will enjoy a short hike, collecting, exploring items in nature, then we will incorporate our findings and treasures into our artwork. We will use a variety of materials like pastels, markers, paints, colored pencils, model magic to name a few and children will take home their artwork after each class. Come join us as we have fun learning about our world and the wonderful world of art.

Instructor: Sue Ralston  
Ages: 6 - 12  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
6 session dates

3805.102  
Dates: 03/14/2022 - 04/25/2022 Mon  
Time: 6:30PM - 7:30PM

**Location: Bethel Park Community Center**  
**No class Apr 18**

## CARTOONING WORKSHOP

Cartooning/drawing classes with a new fun theme for each class! Students will learn the foundation of cartooning in this very fun, relaxed class atmosphere. Students and instructor tell jokes, stories and share their creations. Students end class with 4 fun drawings/cartoons complete with speech bubbles. Bring your imagination for lots of fun! All supplies included. **Must register at least 24 hours prior to class.**

Instructor: Karen Hartman  
Ages: 6 - 14  
**Resident Fee: \$18.00** Non-Res Fee: \$23.00  
1 session date

3805.103 **Wonderful Windy Spring**  
Date: 03/03/2022 Thu  
Time: 6:15PM - 7:30PM

3805.104 **March Madness and Mad Animals**  
Date: 03/24/2022 Thu  
Time: 6:15PM - 7:30PM

3805.105 **Fabulous Farm Animals**  
Date: 04/21/2022 Thu  
Time: 6:15PM - 7:30PM

**Location: Bethel Park Community Center**

## CANVAS CRAZINESS

Each canvas class will let loose your inner artist/painter! A new theme painting will be explored in every session so attend one or all for some fun and colorful art experiences and canvases. All supplies included. **\*\*Must register at least 24 hours prior to class\*\***

Instructor: Karen Hartman  
Ages: 6 - 14  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
1 session date

3805.106 **Lucky Leprechaun & Pot O'Gold**  
Date: 03/10/2022 Thu  
Time: 6:15PM - 7:45PM

3805.107 **Super Silly Sailboats**  
Date: 03/31/2022 Thu  
Time: 6:15PM - 7:45PM

3805.108 **Easter Basket w/ Baby Animals**  
Date: 04/14/2022 Thu  
Time: 6:15PM - 7:45PM

3805.109 **April Showers & Umbrellas**  
Date: 04/28/2022 Thu  
Time: 6:15PM - 7:45PM

**Location: Bethel Park Community Center**

## PRIVATE/SEMI-PRIVATE DRAWING CLASS

Register at the Community Center for individual 1-hour lessons between 2:00pm and 5:00pm. Instructor Karen Hartman will hold 60 minute private or semi-private drawing instruction for youth or adult students from beginner to advanced level. Lesson can be customized to the participant's likes and needs while exploring foundation. Portfolio customization offered for High School Students. Student may bring supplies and instructor will have additional supplies at each lesson. Please bring a 5x7 or larger sketch book.

Instructor: Karen Hartman  
Ages: 6 and over  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
1 session date  
Time: TBD 2:00PM - 5:00PM

3805.110  
Date: 03/03/2022 Thu

3805.111  
Date: 03/10/2022 Thu

3805.112  
Date: 03/24/2022 Thu

3805.113  
Date: 04/14/2022 Thu

3805.114  
Date: 04/21/2022 Thu

3805.115  
Date: 05/05/2022 Thu

**Location: Bethel Park Community Center**

## PYSANKY EGG MAKING

Join us for a creative class of making colorful Ukrainian Easter eggs. This is a hands on class and YOU will be completing one egg by the end of the class. Pysanky is a beautiful tradition dating back to the ancient times and is a fun family craft. Pysanky were given as gifts, placed inside homes to scare off evil spirits and even used as greetings because of their symbolism. Today the tradition is kept alive in many families. Instructor Sasha Williams has a Masters' degree in Fine Art and over 20 years of painting and decorative arts experience. She learned this tradition from her Grandmother and is delighted to be able to pass it onto you. Class is not appropriate for young children because the process involves hot wax and raw eggs, but they are welcome to watch.

Ages: 13 and over  
**Resident Fee: \$30.00\*** Non-Res Fee: \$35.00  
**\*A supply fee of \$10 is payable to the instructor at class.**

1 session date  
3905.111  
Date: 03/26/2022 Sat  
Time: 9:30AM - 12:00PM

**Location: Bethel Park Community Center**

## DANCE

### MOVE AND GROOVE WITH 2'S

Help your child discover movement and expression while networking with other parents through a structure that blends dance, music, and imagination. Parent and child will follow along with the instructor who will guide the parent/tot team in a way that makes discovering movement, balance, and listening skills easy and fun. This class is an excellent first group activity. Please wear comfortable clothing.

Instructor: Tammy Lentz  
Ages: 16 months - 3 with parent/caregiver  
**Resident Fee: \$21.00** Non-Res Fee: \$26.00  
6 session dates

3818.101  
Dates: 03/08/2022 - 04/12/2022 Tue  
Time: 10:45AM - 11:15AM

3818.111  
Dates: 04/26/2022 - 05/31/2022 Tue  
Time: 10:45AM - 11:15AM

**Location: Bethel Park Community Center**

## BALLET/DANCE COMBO

This class will serve as an intro to ballet, while incorporating other fun dance/movement techniques that will enhance balance, body control and the natural sense of rhythm. Simple jazz-type and tap movements will be introduced and proper stretching (set to song and nursery rhymes) will be taught. This is a very informal & fun approach to beginning dance. Participants should dress in standard dance attire, leotard or tank top with tights or stretchy, tight fitness/dance shorts worn over tights. Jazz or ballet shoes are preferred.

Instructor: Tammy Lentz  
Ages: 3 - 5  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
6 session dates

3818.102  
Dates: 03/08/2022 - 04/12/2022 Tue  
Time: 4:30PM - 5:15PM

3818.112  
Dates: 04/26/2022 - 05/31/2022 Tue  
Time: 4:30PM - 5:15PM

**Location: Bethel Park Community Center**

## PRESCHOOL TAP COMBO

This is a fun early introductory class for the beginner dancer interested in tap, Jazz, hip hop, and gymnastics. This class is designed for the dancer that wants a little of everything. Dancers will continue to work on balance, musicality, timing, and flexibility while learning simple choreography. Please wear comfortable clothing. Tap shoes are required. Ballet slippers, or Jazz shoes are optional, however tennis shoes can be worn for jazz/gymnastics/hip hop. No flip flops or bare feet. Please contact the instructor, **Tammy Lentz 412-851-9142** if you have questions about the class or where to purchase shoes.

Ages: 3 - 5  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
6 session dates

3818.103  
Dates: 03/10/2022 - 04/14/2022 Thu  
Time: 5:15PM - 6:00PM

3818.113  
Dates: 04/28/2022 - 06/02/2022 Thu  
Time: 5:15PM - 6:00PM

**Location: Bethel Park Community Center**

## BEGINNER JAZZ/HIP HOP COMBO

This class allows students to learn and enjoy fundamental dance styles. Class allows students to explore leaping and turning with jazz and learn some street funk with hip hop. The high energy class is a solid foundation of dance and sure to be a favorite. Jazz shoes are preferred but not required. Please wear comfortable clothing. Please contact the instructor, **Tammy Lentz, at 412-851-9142** if you have any questions about the class or where to purchase shoes.

Ages: 5 - 12  
**Resident Fee: \$35.00** Non-Res Fee: \$40.00  
6 session dates

3818.104  
Dates: 03/10/2022 - 04/14/2022 Thu  
Time: 6:00PM - 6:45PM

3818.114  
Dates: 04/28/2022 - 06/02/2022 Thu  
Time: 6:00PM - 6:45PM

**Location: Bethel Park Community Center**

## SATURDAY CLASSES ARE HIGHLIGHTED



**Like us on Facebook!**  
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Recreation & Community  
Center

**BATON WITHOUT LIMITS**

This class is for children with disabilities and their caregiver. This interactive class will focus on the basics of baton twirling. Marching, dancing, and ribbon twirling will be incorporated while parents/caregivers help assist their child while Miss Tammy leads the class. Batons will be required for class. Please call **Miss Tammy** at **412-851-9142** to find out where to purchase a baton.

Ages: 5 and over with parent/caregiver  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
 6 session dates

3818.105  
 Dates: 03/08/2022 - 04/12/2022 Tue  
 Time: 7:30PM - 8:15PM

3818.115  
 Dates: 04/26/2022 - 05/31/2022 Tue  
 Time: 7:30PM - 8:15PM

**Location: Bethel Park Community Center**

**BEGINNER BATON TWIRLING**

Join our fun-filled class for the beginner twirler! This is a low cost, no pressure introduction for the first-time twirlers who want to get their first taste of baton. Students will learn basic twirls and tosses and will also have fun learning how to march and twirl to music. Twirling also promotes development of good hand/eye coordination. This class is a great start for any future little majorette. Students should wear comfortable clothing and must have their own baton. Please contact the instructor, **Tammy Lentz**, at **412-851-9142** if you have questions about the class or where to purchase a baton. Tammy is a former Upper St. Clair Majorette with over 29 years of teaching experience training girls to be majorettes throughout the many high schools in the South Hills area and is currently the majorette/auxiliary instructor at Upper St. Clair High School.

Ages: 5 and over  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
 6 session dates

3818.106  
 Dates: 03/08/2022 - 04/12/2022 Tue  
 Time: 6:00PM - 6:45PM

3818.116  
 Dates: 04/26/2022 - 05/31/2022 Tue  
 Time: 6:00PM - 6:45PM

**Location: Bethel Park Community Center**

**INTERMEDIATE BATON TWIRLING**

Class will continue to build your knowledge and baton twirling skills. Students will learn more difficult tricks and tosses while building on the skills learned in beginner baton class. Students should wear comfortable clothing and must have their own baton. Class prerequisite: Recommendation from instructor, Tammy Lentz, or at least 1 year experience with another instructor.

Ages: 5 and over  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
 6 session dates

3818.107  
 Dates: 03/08/2022 - 04/12/2022 Tue  
 Time: 6:45PM - 7:30PM

3818.117  
 Dates: 04/26/2022 - 05/31/2022 Tue  
 Time: 6:45PM - 7:30PM

**Location: Bethel Park Community Center**

**CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.**

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

**ADVANCED BATON**

This class is for the twirlers who have had beginner and/or intermediate instruction or by instructor recommendation. Students will focus on 2 baton tricks, exchanges, and ribbon instruction. This class is for girls who are headed in the direction of becoming a High School Majorette. Students do not need to purchase a second baton or ribbon. The instructor will provide additional batons and ribbons. Tammy is a former Upper St. Clair Majorette with over 29 years of teaching experience training girls to be majorettes throughout the many high schools in the South Hills area and is currently the majorette/auxiliary instructor at Upper St. Clair High School.

Instructor: Tammy Lentz  
 Ages: 8 and over  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
 6 session dates

3818.108  
 Dates: 03/08/2022 - 04/12/2022 Tue  
 Time: 5:15PM - 6:00PM

3818.118  
 Dates: 04/26/2022 - 05/31/2022 Tue  
 Time: 5:15PM - 6:00PM

**Location: Bethel Park Community Center**

★ NEW! NEW! NEW! ★

**SOUTH HILLS STARS Special Needs Color Guard**

South Hills Stars is a New Color Guard group for individuals with special needs. Students will be learning the technique of spinning flags, pom-poms, ribbons, dance, and more. South Hills Stars will be meeting once a week as a color guard group to train with volunteer instructor Emily Columbus. The group will perform at a parent show and possibly some more events! **Anyone with a disability can be a part of this group.** We are also looking for volunteers to help with this group. We expect lots of fun for everyone and we would love for you to join us! For more information or questions email Emily at: [SouthHillsStars@gmail.com](mailto:SouthHillsStars@gmail.com).

Ages: 10 and over  
**Resident Fee: \$30.00** Non-Res Fee: \$35.00  
 10 session dates

3818.125  
 Dates: 03/14/2022 - 05/23/2022 Mon  
 Time: 6:30PM - 7:30PM

**Location: Bethel Park Community Center**  
**No class Apr 18**

**PASSION COMBO COMPETITIVE TWIRL AND POM TINY TEAM**

Skill-based baton twirling techniques taught to form a creative, unpredictable routine that exemplifies both the sport and art of twirling. Combined with a non-cheer, team pom performance with instruction on how to use poms with precision and grace. Using dance steps, changing floor patterns, and group design to bring everything together. Instructors, Tina Tomlins and LeAnn Chamberlin, were both former solo/strut National Champions and members of the World Champion Modernettes and are currently the directors of the 2019 PA State Beginner Tiny Tot Dance Twirl Champions and The 2019 PA State Junior Halftime Team Champions! Advancement into competitive Twirl and Pom Teams is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Poms will be provided. Contact us for more information and questions as to where to purchase a baton at [tomlinst1@hotmail.com](mailto:tomlinst1@hotmail.com) or [annietwirl@gmail.com](mailto:annietwirl@gmail.com).

Ages: 4 - 10  
**Resident Fee: \$52.00** Non-Res Fee: \$57.00  
 6 session dates

3819.101  
 Dates: 03/03/2022 - 04/07/2022 Thu  
 Time: 6:00PM - 7:00PM

3819.111  
 Dates: 04/21/2022 - 05/26/2022 Thu  
 Time: 6:00PM - 7:00PM

**Location: Ben Franklin Elementary**

**PASSION COMBO COMPETITIVE TWIRL & POM TEAM**

Instructor selected competition team, by invitation only. Participant's skill level must be reviewed by our instructors to determine eligibility for Competitive Teams. Additional fees are charged for competition participation. Online registration is not available for the teams.

Ages: 4 - 18  
**Resident Fee: \$72.00** Non-Res Fee: \$77.00  
 6 session dates

3819.102  
 Dates: 03/03/2022 - 04/07/2022 Thu  
 Time: 7:00PM - 9:00PM

3819.112  
 Dates: 04/21/2022 - 05/26/2022 Thu  
 Time: 7:00PM - 9:00PM

**Location: Ben Franklin Elementary**

**PASSION RECREATION COMBO TWIRL AND POMS**

**Poms**-Non cheer team performance with instruction on how to use poms with precision and grace, combining the changing of floor patterns, group design, and dance steps. Poms will be provided.

**Twirl**-Beginner/Intermediate skill-based instruction combining the sport and art of standard body moves and baton handling techniques.

Please dress comfortably, in tennis shoes, and bring your own baton. Contact us for more information and questions at [tomlinst1@hotmail.com](mailto:tomlinst1@hotmail.com) or [annietwirl@gmail.com](mailto:annietwirl@gmail.com).

Ages: 4 - 9  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
 6 session dates

3819.103  
 Dates: 03/02/2022 - 04/06/2022 Wed  
 Time: 6:15PM - 7:00PM

**Location: Ben Franklin Elementary**

**PASSION RECREATION TWIRL**

Twirling instruction combining the sport and art of standard body moves and baton handling techniques to create a routine that exemplifies the best of both. Twirlers should be ages 10-18 for this class with some baton experience. Join instructors Tina Tomlins and LeAnn Chamberlin (*both former solo/strut National Champions and members of the World Champion Modernettes*) for training in the latest baton-handling techniques, routines, and twirling. Advancement onto PASSION Twirl and Poms Competitive Team is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Contact us for more information and questions as to where to purchase a baton at [tomlinst1@hotmail.com](mailto:tomlinst1@hotmail.com) or [annietwirl@gmail.com](mailto:annietwirl@gmail.com).

Ages: 10 - 18  
**Resident Fee: \$40.00** Non-Res Fee: \$45.00  
 6 session dates

3819.104  
 Dates: 03/02/2022 - 04/06/2022 Wed  
 Time: 7:15PM - 8:00PM

**Location: Ben Franklin Elementary**

**SATURDAY CLASSES ARE HIGHLIGHTED**

**PLEASE REGISTER IN ADVANCE!**

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled.

Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).



## FITNESS & EXERCISE

★ NEW! NEW! NEW! ★

### CARDIO KICKBOXING

Kick exercise boredom and lack of results with this new Cardio Kickboxing Class! Class builds endurance, strength and sends your confidence sky-high. This is a cardio intense class that melts fat, tones muscles, and improves reflexes and determination. Students train together learning boxing moves and proper kicking techniques while burning lots of calories, getting in great shape and most importantly, having FUN! A single kickboxing class can burn anywhere from 660-1200 calories depending on intensity!

Instructor: No Limits Martial Arts  
Ages: 14 and over  
**Resident Fee: \$79.00** Non-Res Fee: \$84.00  
6 session dates

3912.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 6:45PM - 7:30PM

3912.102  
Dates: 04/18/2022 - 05/23/2022 Mon  
Time: 6:45PM - 7:30PM

**Location: Bethel Park Community Center**



### FIT KIDS

Start your spring off right by having fun on Monday nights! Ignore the chilly weather outside and come inside to play! Make new friends while playing fun games, running races, bouncing, skipping, hopping, and jumping away. Play and laugh your way to being a fit kid! Bring a friend or 2 and get ready for lots of fun!

Instructor: Cortney Sweeney  
Ages: 5 - 8  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
6 session dates

3815.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 6:00PM - 6:45PM

**Location: Bethel Park Community Center**

### FITNESS FUN FOR TODDLERS WITH JUMP BUNCH

JumpBunch encourages physical activity through play, exploration, and movement. Children will develop their fine and gross motor skills while building coordination, balance, and confidence. A perfect introduction to fitness using bright, colorful equipment that is age appropriate. So much fun kids won't even realize they are getting exercise!

Instructor: Jump Bunch  
Ages: 2 - 3  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
6 session dates

3815.102  
Dates: 03/10/2022 - 04/14/2022 Thu  
Time: 9:15AM - 9:45AM

3815.112  
Dates: 04/21/2022 - 05/26/2022 Thu  
Time: 9:15AM - 9:45AM

**Location: Bethel Park Community Center**

### PRE-K FITNESS EXPLORATION WITH JUMP BUNCH

JumpBunch encourages physical fitness in every child. Classes include games and activities that help develop a foundation of skills used in a wide range of sports by building coordination, balance, and confidence. Equipment is age-appropriate and helps every child to perform their best. So much fun, they won't even know they're getting exercise!

Instructor: Jump Bunch  
Ages: 3 - 5  
**Resident Fee: \$65.00** Non-Res Fee: \$70.00  
6 session dates

3815.103  
Dates: 03/10/2022 - 04/14/2022 Thu  
Time: 10:00AM - 10:45AM

3815.113  
Dates: 04/21/2022 - 05/26/2022 Thu  
Time: 10:00AM - 10:45AM

**Location: Bethel Park Community Center**

## SPORTS

### BEGINNER/INTERMEDIATE FENCING

Experience and enjoy the fun and challenging Olympic sport of foil fencing. The introductory and intermediate level instruction progressively establishes fundamental skills needed for successful fencing and great fitness. Sessions include instruction and practice bouts. Note: All essential equipment will be provided by the instructors - students will be required to wear comfortable and non-marking athletic shoes. Shorts or jeans are not permitted.

Ages: 7 and over  
**Resident Fee: \$52.00** Non-Res Fee: \$57.00  
6 session dates

3840.101  
Dates: 03/03/2022 - 04/07/2022 Thu  
Time: 6:00PM - 7:00PM

3840.111  
Dates: 04/21/2022 - 05/26/2022 Thu  
Time: 6:00PM - 7:00PM

**Location: Bethel Park Community Center**

### ADVANCED\* FENCING

Take your fencing skills to a new level. This instructional class focuses on techniques, fitness, and strategies to help the dedicated fencer succeed at an advanced competitive level in this martial art. Sessions include instruction and practice bouts. **Prerequisites include at least two beginner sessions and approval of the instructors.** Older kids and adults may join with only instructor approval. Note: All essential equipment will be provided by the instructors - students will be required to wear comfortable pants, non-marking athletic shoes. Shorts or jeans are not permitted.

Ages: 11 and over  
**Resident Fee: \$75.00** Non-Res Fee: \$80.00  
6 session dates

3840.102  
Dates: 03/03/2022 - 04/07/2022 Thu  
Time: 7:00PM - 9:00PM

3840.112  
Dates: 04/21/2022 - 05/26/2022 Thu  
Time: 7:00PM - 9:00PM

**Location: Bethel Park Community Center**

### KARATE FOR KIDS - TAEKWONDO

Students will be taught by instructors from No Limits Martial Arts. Instructors will teach students the basics of martial arts & personal safety, while incorporating the life skills of confidence, discipline, focus and fun! Students will work on key leadership skills such as eye contact and using their confident voice, while having a "YES I CAN" attitude! Uniform included in class fee (\$50 value). No experience required.

Instructor: No Limits Martial Arts  
Ages: 4 - 16  
**Resident Fee: \$79.00** Non-Res Fee: \$84.00  
6 session dates

3825.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 6:00PM - 6:30PM

3825.102  
Dates: 04/18/2022 - 05/23/2022 Mon  
Time: 6:00PM - 6:30PM

**Location: Bethel Park Community Center**

### RIFLE - BEGINNER

Olympic style target shooting, beginner level. Student must be at least 12 years old. Each class limited to 10 students. All materials and supplies are provided. Attendance at the first class is mandatory.

Ages: 12 and over  
**Resident Fee: \$50.00** Non-Res Fee: \$55.00  
6 session dates

3853.101  
Dates: 04/13/2022 - 05/18/2022 Wed  
Time: 6:30PM - 7:30PM

**Location: BPHS Rifle Range**

### INTERMEDIATE\* RIFLE

Olympic style target shooting, intermediate level, shooting the standard ten bull target. **Student must be at least 12 years old and \*must have taken the beginner rifle class.** All materials and supplies are provided.

Ages: 12 and over  
**Resident Fee: \$50.00** Non-Res Fee: \$55.00  
6 session dates

3853.102  
Dates: 04/13/2022 - 05/18/2022 Wed  
Time: 7:45PM - 8:45PM

**Location: BPHS Rifle Range**

### MIGHTY KICKS PARENT/CHILD SOCCER CLASS

Children will learn the skills, moves, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. Additionally, parents will be able to play alongside and assist their youngsters as they get their first taste of soccer fun! No equipment of any kind is required. Just sign up and play!

Ages: 2 - 3 with parent/caregiver  
**Resident Fee: \$55.00** Non-Res Fee: \$60.00  
6 session dates

3815.104  
Dates: 03/05/2022 - 04/09/2022 Sat  
Time: 10:00AM - 10:45AM

3815.114  
Dates: 04/23/2022 - 06/04/2022 Sat  
Time: 10:00AM - 10:45AM

**Location: Bethel Park Community Center**  
**No class May 28**

**SATURDAY CLASSES  
ARE HIGHLIGHTED**

**MIGHTY KICKS SOCCER - OUTDOORS!**

Children will learn the skills, moves, rules, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. No equipment of any kind is required. Just sign up and play!

**Coaching** – All of your classes will be led by Coach Sam, well-respected for his 20+ years of relentlessly positive, high-energy, child-centered, and expert sports coaching. Coach Sam is well known for combining top notch sports instruction with a fun program that helps children develop character and confidence on and off the field.

**Resident Fee: \$65.00 Non-Res Fee: \$70.00**

6 session dates

Dates: 04/24/2022 - 06/05/2022 Sun

3815.105

Ages: 3 - 4

Time: 12:00PM - 12:45PM

3815.106

Ages: 5 - 9

Time: 1:00PM - 1:45PM

**Location: Village Green Park**

**No class May 29**

**MIGHTY KICKS SOCCER**

Children will learn the skills, moves, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. No equipment of any kind is required. Just sign up and play!

Coach Sam Bellin is a former standout college soccer player at the University of Georgia and currently highly successful Head Coach of Allerdice High School Boys' Soccer Team with 20+ years of experience coaching youth sports.

Ages: 3 - 6  
**Resident Fee: \$55.00 Non-Res Fee: \$60.00**  
6 session dates

3815.108

Dates: 03/04/2022 - 04/08/2022 Fri

Time: 10:00AM - 10:30AM

3815.118

Dates: 04/22/2022 - 06/03/2022 Fri

Time: 10:00AM - 10:30AM

**Location: Bethel Park Community Center**

**No class May 27**



**The Farmers' Market  
begins on  
May 3 at our  
Great Location!  
See details on pg. 30**

## ARE YOU A YOUTH SPORT VOLUNTEER COACH?

The *National Youth Sports Coaches Association (NYSCA)* is a membership organization and the most widely used volunteer coach training program in the nation, having trained more than 3 million coaches since 1981.

The NYSCA volunteer coach training program is designed to sensitize volunteer coaches to their responsibilities and hold them accountable to a strict Code of Conduct defined by the [NYSCA Coaches' Code of Ethics Pledge](#).

The [NYSCA Introduction to Coaching Youth Sports](#) website is one of the most comprehensive resources for volunteer coaches, no matter what sport you're coaching. The website is designed to improve your understanding in all the important areas of youth coaching. Coaches who are trained and educated on the many different aspects involved with coaching kids are best prepared to provide participants with a fun-filled, safe, and rewarding experience. Please consider completing this valuable online training at [www.nays.org](http://www.nays.org).



## South Hills Elks We have our 2022 Hoop Shoot Finalists!

On Saturday, January 8th the South Hills Elks hosted their annual [Hoop Shoot Basketball Tournament](#) at the Bethel Park Community Center.

Contestants become eligible to compete by participating in a qualifying event at their school. Gym teachers in the Bethel Park, South Park, and other South Hills area schools have been asked to provide their students with an opportunity to participate in this FREE program.

Winners of the Bethel Park Local event advanced to compete at the District Level Competition on January 23rd at Westminster College in New Wilmington, PA. The State Level Competition will take place later in the spring at Penn State.

Representing the South Hills Elks at the District Level in New Wilmington this year will be:

<b>Martina Lutz</b>	girls 8-9	17/25 shots	from Bethel Park	<b>Ave Maria Academy</b>
<b>Nico Vargesco</b>	boys 8-9	12/25 shots	from Bethel Park	<b>William Penn El</b>
<b>Mia Hogue</b>	girls 10-11	14/25 shots	from Bethel Park	<b>Neil Armstrong MS</b>
<b>Alex Howrylak</b>	boys 10-11	14/25 shots	from Bethel Park	<b>Washington El</b>
<b>Jenna Benlock</b>	girls 12-13	18/25 shots	from Bethel Park	<b>Neil Armstrong MS</b>
<b>Lee Jones</b>	boys 12-13	20/25 shots	from Clairton	<b>Thomas Jefferson</b>

Congratulations to all the Local Hoopsters!

*If you'd like to see your child compete next winter (Jan 2023), please contact your child's gym teacher to find out how he/she may qualify to compete.*

**SPOTLIGHT**

*(cont. from pg. 19)*

**MILLENNIUM PARK**

5900 Baptist Rd.

- A play structure with an 8 ft. platform.
- Spiral slide as well as a straight steep "fast" slide with no twists or turns. Kids really enjoy this one!
- A unique rope tunnel going from a 6 - 8 ft. high platform.
- Large arched net climber that can accommodate a number of children at one time. Ropes provide a range of challenges, and it features a rubberized climbing pathway. This is a fun, engaging climber that children enjoy!
- Walking track around two of the fields.
- Shade canopy.
- Tire swing in the playground.
- Four ball fields



Millennium Park





# Summer Camps

## Plan Ahead! Register Now!

### DAY CAMP 2022 (AGES 6 - 10)

The Recreation Summer Day Camp Program for children ages 6-10 will provide interesting experiences to spice up your child's summer! Day Camp is divided into week-long sessions with activities developed around a different central theme each week.

The all-day program is from 9 a.m. - 3:30 p.m. The morning program is from 9 a.m. - noon, with an optional early drop-off of 7 a.m. The afternoon program is from 12:30 - 3:30 p.m., with an optional late pick-up time of no later than 6 p.m. You have the choice of attending morning only, afternoon only, or all day.

There will be many activities in the areas of arts, crafts, sports, combined camp activities like the camp carnival, and weekly field trips.

8 Weekly Sessions

Dates: 06/13/2022\* - 08/5/2022

Ages: 6yrs to 10yrs

Register for one week at a time now and space out your payments! Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center.

*\*Starting dates are subject to change based upon the school calendar.*

### SUMMER FUN CAMP 2022 (AGES 11 - 14)

Don't be bored this summer! Have some Summer Fun at the Bethel Park Community Center! Activities include sports, arts & crafts, swimming, and field trips. Themes and activities will vary weekly.

The all-day program is from 9 a.m. - 3:30 p.m. The afternoon program is from 12:30 - 3:30 p.m. There is an optional early drop-off of 7 a.m. for the all-day program and an optional late pick-up time of no later than 6 p.m.

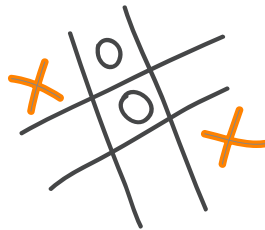
8 Weekly Sessions

Dates: 06/13/2022\* - 08/5/2022

Ages: 11yrs to 14yrs

Register for one week at a time now and space out your payments! Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center.

*\*Starting dates are subject to change based upon the school calendar.*



**Register for a week at a time now and space out your payments!**

Week	Dates	AM Only	PM Only	ALL DAY
#1	06-13 - 06-17	(06/13)	(06/17)	(06/13-17)
#2	06-20 - 06-24	(06/20)	(06/24)	(06/20-24)
#3	06-27 - 07-01	(06/27)	(07/01)	(06/27-01)
#4	07-04 - 07-08	(07/04)	(07/08)	(07/04-08)
#5	07-11 - 07-15	(07/11)	(07/15)	(07/11-15)
#6	07-18 - 07-22	(07/18)	(07/22)	(07/18-22)
#7	07-25 - 07-29	(07/25)	(07/29)	(07/25-29)
#8	07-31 - 08-05	(07/31)	(08/05)	(07/31-05)

Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center.

## OTHER YOUTH PROGRAMS

### Bethel Park Junior Cheerleaders

#### 2022 Registration

Registration for the 2022 BP Jr. Cheerleaders will be online for all interested girls entering Kindergarten – 6th grade in the fall of 2022. Participants will cheer for BP Jr. Football (BPJF) games and other community events. Registration will be available through Blue Sombrero on the cheerleading website with payments of \$100. **Registration will be accepted between March 1, 2022 and April 26, 2022.**

Details will be posted to the website.

<https://sports.bluesombrero.com/Default.aspx?tabid=769583>

Email: [bpjrcheerleading@gmail.com](mailto:bpjrcheerleading@gmail.com)

Follow us on Facebook : BP Jr Cheerleaders



### BETHEL PARK JUNIOR FOOTBALL

#### 2022 Registration

60 YEARS OF TRADITION MEETING EXCELLENCE

#### Registration is open now!

Visit our website [www.bpjf.org](http://www.bpjf.org).

Bethel Park Junior Football will have three divisions for players:

Termite for K-2nd grade, Junior Varsity for 3rd and 4th Grade, Varsity for 5th and 6th Grade.

Note: For any issues or questions regarding online registration please contact: [bpjfboard@gmail.com](mailto:bpjfboard@gmail.com).

### PACER TRACK CLUB

Track and Field is a great way to challenge yourself mentally and physically. You will improve your body by getting faster and stronger with practice. You will also develop mental toughness. Learn the techniques required to develop the skills and conditioning to be a better runner. Train to be a champion and strive to improve your personal record. You will make new friends and have fun!

EVERYONE can participate in USATF sanctioned track meets. No experience is necessary. A well-fitting pair of RUNNING shoes is advisable. Boys and girls are both welcome! **Ages: 8yrs to 18yrs (and parents too)**. To become a member, please see our website for registration information. Parents must accompany their children to our first day of practice and informational meeting.

**The first practice and parent meeting will be held on Monday, April 4, 2022 at the Park Avenue Track behind the Community Center at 6:00pm.**

Runner's practices will be held on **Mondays, Tuesdays, and Thursdays from 6:00-7:30 PM**. Runners will practice at the Park Avenue Track, the Gilfillan Trail, & other locations to be determined.

Call **Damon Rhodes** at **412-475-7206** or **Steve Meddings** at **724-301-8101** for further information. CHECK OUR WEBSITE FOR MORE INFORMATION [www.pacertrackclub.com](http://www.pacertrackclub.com). Look us up on FACEBOOK - PACERS TRACK CLUB.

### TENNIS

Tennis is through the Upper St. Clair Tennis Development Program. Dates are as follows:

#### Junior clinics:

Level 3.0 and up- January 17 - April 24, 2022 (13 weeks)

Level 1 & 2 - Feb. 14 - April 24, 2022 (9 weeks)

#### Adult clinics:

Level 1 - 4: Feb. 14 - April 24, 2022 (9 weeks)

Please call USCTDP for registration information at 412-831-2630 or email:

[tennis@usctdp.com](mailto:tennis@usctdp.com).

### BETHEL BASEBALL ASSOCIATION (BBA)

2022 BBA JR. LEGION & LEGION REGISTRATION IS OPEN: For HS age players interested in playing Jr. Legion / Legion baseball for the Spring/Summer 2022 season we have opened registration on our website @ [www.bethelbaseball.org](http://www.bethelbaseball.org). Please sign up at your earliest convenience to book your spot. There will be a tryout in the spring.

2022 BBA REC WINTER TRAINING REGISTRATION IS OPEN: COST: \$50 per player and include THREE sessions of 1:30 hours each. Two groups will alternate Sundays on the weekends from **March 6th through April 10th, 2022**. Each session will take place from 4:15-5:45pm.

- **GROUP ONE: Ages 4-7 on March 6th, March 20th, and April 3rd.**

- **GROUP TWO: Ages 8-12 on March 13th, March 27th, and April 10th.**

2022 SPRING REC BASEBALL REGISTRATION IS OPEN: Registration is open now and will go until 3/1/22. Spring baseball is for ages 4 to 14!

Visit us at [www.bethelbaseball.org](http://www.bethelbaseball.org) to find out more and register today!

Questions? Contact us at [infobethelbaseball@gmail.com](mailto:infobethelbaseball@gmail.com).



### BETHEL CHURCH LEAGUE BASEBALL (BCL)

The BCL is a youth baseball league located in Bethel Park, PA dedicated to developing baseball players from 4 years of age to 14 years of age through faith, hard work, and fun.

*'Where Faith and Fun Hit a Home Run!'*

Registration for the 2022 spring season is **NOW OPEN** and will **close March 1!**

A player's 'baseball' age will be based on their age as of April 30, 2022.

- February Skills Clinic (ages 6-12), four Saturday afternoons in February
- Junior Skills Day (ages 4-5), one weekend afternoon in March or early April
- Spring In-House Season (ages 4-14)
- Summer Travel Tournament Teams (U8, U9, U11, U12)
- Fall In-House Season (ages 4-14)

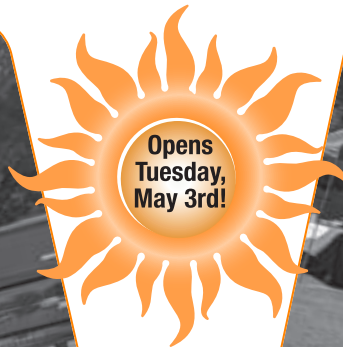
The BCL spring season typically runs from April through June. Practices will be held before the season begins. Please visit [www.BCLBASEBALL.org](http://www.BCLBASEBALL.org) or email [BCLBASEBALLINFO@GMAIL.COM](mailto:BCLBASEBALLINFO@GMAIL.COM) for more information.





# FARMERS' MARKET

Think **SPRING & BETHEL PARK RECREATION FARMERS' MARKET!!!**



The AWARD WINNING Bethel Park Farmers' Market will return to the South Park Ice Skating rink parking lot along Corrigan Drive for our 2022 season. If you have not stopped and shopped before— you are missing out on a great, friendly community of vendors & shoppers. We are proud to have been voted in the **Top 2 Pittsburgh Farmers' Markets** in two local contests last year and expect a great 2022 season. Our vendors and customers are top notch!

Mark your calendar NOW for the first day of the Bethel Park Farmers' Market. **The market will re-open on Tuesday, May 3** and run every Tuesday through September. Market hours each week will be 3pm until 7pm. Be sure to stop by and support local businesses. We look forward to seeing you there!

## LOOKING FOR VENDORS & MUSICIANS

If you would like to apply to be a vendor, we would love to hear from you! We are looking for vendors selling locally made / grown produce, plants, prepared foods, and other handmade products. Potential vendors should call **412-831-1328** or email a request to [recreation@bethelpark.net](mailto:recreation@bethelpark.net).

We are also searching for local solo musicians/small groups willing to play during market hours. If you are looking for a place to perform and share your musical talent just for the love of performing, please call **412-831-1328**.



## GOLD CARD CLUB

**Dues: \$6.00**  
Ages: 60yrs and over

Gold Card Club meetings have resumed on the second Thursday of the month at the Bethel Park Community Center.

Sign-in begins at 12:30 PM with the meeting starting at 1:00pm.

**Current Covid guidelines at press time:** Face coverings are required upon entry to the Community Center and in common areas such as hallways and restrooms.

If you have any questions, please contact **Cindy Carfagno** at **412-831-1913** or [t2323@comcast.net](mailto:t2323@comcast.net)

The Gold Card Club, a social and fellowship organization for seniors, was organized by the *Department of Recreation and Leisure Services* for the benefit of Bethel Park residents who are 60 years of age and over, or a resident on disability retirement and not less than 50 years of age. A spouse not less than 55 years of age may join with his/her spouse if he/she meets the 60-year age minimum. The title of the GOLD CARD CLUB came from the color of the membership card, not for playing card games.

Annual membership dues are \$6.00 per person per calendar year,

January 1 through December 31. Annual dues shall be paid beginning at the January general meeting. Renewals paid after March 31 incur a late penalty. New members will be accepted at any time during the calendar year. You MUST be a current Bethel Park resident in order to join the Gold Card Club.

Questions? Call Regina Bauer at 412-833-2864.

Monthly meetings are normally held at the Bethel Park Community Center on the second Thursday of each month (*except July and August*) at 1:00 PM. Sign-in begins at 12:30 PM. After a brief meeting, enjoy excellent entertainment, light refreshments and several games of bingo. We also have an indoor summer picnic each year, and an Anniversary luncheon and a Christmas luncheon, both held at outside banquet facilities.

Members of the Gold Card Club may also take advantage of the many bus trips scheduled through the year as well as a bowling league. For bowling information, please contact **Tom Noonan** at **412-913-2942**.

A monthly newsletter, prepared by the Corresponding Secretary, is sent to all members who are CURRENT on their membership dues.

**Questions regarding membership should be directed to Regina Bauer, 412-833-2864.**

# ADULT PROGRAMS

## DAYTIME PICKUP BASKETBALL & VOLLEYBALL

FREE!!!

Have some daytime hours free and looking for some exercise and socializing? Drop-in pickup basketball and volleyball might be just what you need! No reservations necessary, just show up when you want in comfy athletic clothes and shoes. We provide the space and the volleyballs or basketballs.

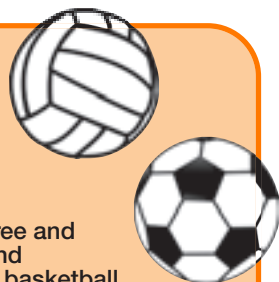
### Basketball

Wednesdays 9:00AM – 10:30AM  
Fridays 10:30AM – 12:00PM

### Volleyball

Thursdays 12:00PM – 2:00PM

**Location:** Bethel Park Community Center  
**No programs:** April 14, 15, 20



## CLASSES & WORKSHOPS

### PYSANKY EGG MAKING

Join us for a creative class of making colorful Ukrainian Easter eggs. This is a hands on class and YOU will be completing one egg by the end of the class. Pysanky is a beautiful tradition dating back to the ancient times and is a fun family craft. Pysanky were given as gifts, placed inside homes to scare off evil spirits and even used as greetings because of their symbolism. Today the tradition is kept alive in many families. Instructor Sasha Williams has a Masters' degree in Fine Art and over 20 years of painting and decorative arts experience. She learned this tradition from her Grandmother and is delighted to be able to pass it onto you. Class is not appropriate for young children because the process involves hot wax and raw eggs, but they are welcome to watch.

Ages: 13 and over

**Resident Fee: \$30.00\*** Non-Res Fee: \$35.00

\*A supply fee of \$10 is payable to the instructor at class.

1 session date

3905.111  
Date: 03/26/2022 Sat  
Time: 9:30AM - 12:00PM

**Location:** Bethel Park Community Center

### CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

### BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six-foot leash, and soft small treats to the first class. **An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please!** You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the *Chronicles*, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, [www.xcelcaninetraining.com](http://www.xcelcaninetraining.com).

You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over  
**Resident Fee: \$100.00** Non-Res Fee: \$110.00  
6 session dates

3309.101  
Dates: 03/05/2022 - 04/09/2022 Sat  
Time: 10:00AM - 11:00AM

3309.111  
Dates: 04/30/2022 - 06/11/2022 Sat  
Time: 10:00AM - 11:00AM

**Location:** Xcel Canine Training, Inc.  
**No class** May 28

### PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the steppingstones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. **An adult must accompany handlers under age 18. Only one dog & one handler, and one parent per child under the age of 18. No extra family members please!** Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six-foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the *Chronicles*, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, [www.xcelcaninetraining.com](http://www.xcelcaninetraining.com).

You MUST provide an email address with registration so the instructor can contact you about necessary paperwork. There will be no refunds after the first class, for any reason.

Ages: 12 and over  
**Resident Fee: \$100.00** Non-Res Fee: \$110.00  
6 session dates

3309.102  
Dates: 03/05/2022 - 04/09/2022 Sat  
Time: 9:00AM - 10:00AM

3309.103  
Dates: 03/05/2022 - 04/09/2022 Sat  
Time: 12:00PM - 1:00PM

3309.112  
Dates: 04/30/2022 - 06/11/2022 Sat  
Time: 9:00AM - 10:00AM

3309.113  
Dates: 04/30/2022 - 06/11/2022 Sat  
Time: 12:00PM - 1:00PM

**Location:** Xcel Canine Training, Inc.  
**No class** May 28

### PERFECT PIEROGI WORKSHOP

Have you always wanted to learn how to make your own pierogis? Store bought are good, but homemade are the best! Students will be provided recipes, and hands on instruction in rolling and pinching dough, cooking and of course, tasting. You will have your newfound skill in time to make homemade pierogis for your Easter dinner. Feel free to BYOB your favorite adult beverage and really make this a festive class! Students should bring a rolling pin (*if possible*) and apron.

Instructor: Dianne Nicholson  
Ages: 18 and over  
**Resident Fee: \$25.00** Non-Res Fee: \$30.00  
1 session date

3905.110  
Date: 03/18/2022 Fri  
Time: 6:30PM - 8:30PM

**Location:** Bethel Park Community Center

### CHICKEN UNIVERSITY!

Are you curious about the backyard chicken craze? Do you want to have chickens of your own but don't know where to begin? In this class you'll learn the basics to get started in keeping your own backyard chickens. We'll cover coops, care of chicks and hens, security, behaviors, eggs, and more. Start-up costs, as well as ongoing maintenance and feeding, waste management, and good neighbor practices will be covered too. Time will also be given for Q & A. Join Steve Stanish, Poultry Tech for The State of PA and President of the Uniontown Poultry Association for an information packed class.

Ages: 18 and over  
**Resident Fee: \$15.00** Non-Res Fee: \$20.00  
1 session date

3970.101  
Date: 03/24/2022 Thu  
Time: 6:30PM - 8:30PM

**Location:** Bethel Park Community Center

### PHOTO PRESERVATION & ORGANIZATION

Come and join us for an educational presentation on how to **Calm the Chaos** of your printed and digital photo collections! Do you have print photos in drawers, frames, albums and digital photos on phones, computer, memory sticks, etc.? Learn how to organize and clean up the mess as we cover topics on scanning, media conversion, phone photos, temporary solutions and permanent solutions, metadata, cloud services, and celebrating your memories. Lisa Webster of Grand Scale Video Productions has been helping families for over six years to organize, preserve, share, and celebrate their memories. She will give you the information needed to make informed decisions and will help you create a photo plan for generations.

Instructor: Lisa Webster  
Ages: 18 and over  
**Resident Fee: \$12.00** Non-Res Fee: \$17.00  
1 session date

3970.102  
Date: 03/22/2022 Tue  
Time: 6:00PM - 8:00PM

**Location:** Bethel Park Community Center

**SATURDAY CLASSES ARE HIGHLIGHTED**



## FITNESS & EXERCISE

★ NEW! NEW! NEW! ★

### CARDIO KICKBOXING

Kick exercise boredom and lack of results with this new Cardio Kickboxing Class! Class builds endurance, strength and sends your confidence sky-high. This is a cardio intense class that melts fat, tones muscles, and improves reflexes and determination. Students train together learning boxing moves and proper kicking techniques while burning lots of calories, getting in great shape and most importantly, having FUN! A single kickboxing class can burn anywhere from 660-1200 calories depending on intensity!

Instructor: No Limits Martial Arts  
Ages: 14 and over  
Resident Fee: **\$79.00** Non-Res Fee: \$84.00  
6 session dates

3912.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 6:45PM - 7:30PM

3912.102  
Dates: 04/18/2022 - 05/23/2022 Mon  
Time: 6:45PM - 7:30PM

Location: **Bethel Park Community Center**

### COUNTRY FIT

Country Fit is an easy-to-follow, completely exhilarating, country dance-inspired workout perfect for beginners! No complicated moves, students simply follow along with the instructor to enjoy the low impact/high-energy dance class set to the chart-topping hottest country hits. You'll have so much fun moving, stepping, clapping, stomping, and laughing, you'll forget you're burning mega calories and toning your body from head to toe! No dance experience is necessary. Whether you're a dance newbie or you've already got great moves, you will love stepping it up to the hottest country hits around! This country dance-inspired workout is unlike any other workout you've tried and perfect for all fitness levels. Take this class twice a week for a discount rate. Twice a week rate is not available with online registration.

Instructor: Kerri Lewis  
Ages: 18 and over  
Resident Fee: **\$35.00** Non-Res Fee: \$40.00  
Twice a week: **\$55.00** Non-Res Fee: \$60.00  
6 session dates

3918.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 7:00PM - 8:00PM

3918.102  
Dates: 03/09/2022 - 04/13/2022 Wed  
Time: 7:00PM - 8:00PM

3918.111  
Dates: 04/18/2022 - 05/23/2022 Mon  
Time: 7:00PM - 8:00PM

3918.112  
Dates: 04/20/2022 - 05/25/2022 Wed  
Time: 7:00PM - 8:00PM

Location: **Bethel Park Community Center**

### POWER YOGA

This is a great class for students with no previous yoga experience. Power Yoga is designed for all levels in mind. You may go at whatever speed suits you! Challenge yourself with a blend of Pilates and Yoga, leaning more on the Yoga side. Stretching, energizing yoga poses and relaxation are the focus for this class. Instructor has over 15 years of Yoga and Pilates teaching experience. Students should bring mat, water, and small towel to class.

Instructor: Christi Fredrick  
Ages: 18 and over  
Resident Fee: **\$35.00** Non-Res Fee: \$40.00  
6 session dates

3990.101  
Dates: 03/09/2022 - 04/13/2022 Wed  
Time: 6:30PM - 7:30PM

3990.111  
Dates: 04/20/2022 - 05/25/2022 Wed  
Time: 6:30PM - 7:30PM

Location: **Bethel Park Community Center**

### QIGONG

Qigong, an ancient practice originating in China, is comprised of simple, efficient, and effective movements to help manage and reduce stress, heal physical and emotional pain, and enhance quality of life. Qi means "energy" and Gong means "to work with" so simply put Qigong means working with the body's energy.

Qigong has movements similar to tai chi movements, yet simpler. Anyone regardless of age, ability or fitness level can practice Qigong and become healthier and happier. Some benefits of practicing include increase in oxygen uptake for stronger muscles, soothes the nervous system, improves metabolism and digestion, helps clear the mind for greater mental clarity and promotes greater flexibility. No special equipment is required. Please wear loose, comfortable clothing. **It is recommended that you NOT wear earrings.** Instructor Vince has been practicing Spring Forest Qigong (SFQ) for 10 years and is a certified SFQ Professional. Twice a week discount rate is not available with online registration.

Instructor: Vince Galloni  
Ages: 18 and over  
Resident Fee: **\$35.00** Non-Res Fee: \$40.00  
Twice a week: **\$55.00** Non-Res Fee: \$60.00  
6 session dates

3990.105  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 1:30PM - 2:15PM

3990.106  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 7:00PM - 7:45PM

3990.115  
Dates: 04/25/2022 - 06/06/2022 Mon  
Time: 1:30PM - 2:15PM

3990.116  
Dates: 04/25/2022 - 06/06/2022 Mon  
Time: 7:00PM - 7:45PM

Location: **Bethel Park Community Center**  
**No class** **May 30**

### SILVERSNREAKERS® CLASSIC

Perform a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles and S. Sneakers ball are used. A chair may be used for seated and/or standing support.

Instructor: Mon & Thu - Renea Bishop  
Tue - Anne Brucker  
Fee: **FREE with SilverSneakers' card**

Dates: 02/21/2022 - 05/23/2022 Mon  
Time: 10:45AM - 11:30AM

Dates: 02/22/2022 - 05/17/2022 Tue  
Time: 12:35PM - 1:20PM

Dates: 02/24/2022 - 05/19/2022 Thu  
Time: 1:00PM - 1:45PM

Location: **Bethel Park Community Center**  
**No class** **Apr 14, Apr 18, Apr 19**



### SILVERSNREAKERS® BOOM MOVE

Designed for the Active Senior Gain stamina and strength as you break a sweat and HAVE FUN! A higher intensity dance workout class that improves cardio endurance and burns calories. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences, bringing you a great cardio workout. No dance experience is required.

Instructor: Renea Bishop  
Fee: **FREE with SilverSneakers' card**

Dates: 02/21/2022 - 05/23/2022 Mon  
Time: 9:15AM - 10:00AM

Dates: 02/22/2022 - 05/17/2022 Tue  
Time: 11:00AM - 11:45AM

Dates: 02/24/2022 - 05/19/2022 Thu  
Time: 11:30AM - 12:15PM

Location: **Bethel Park Community Center**  
**No class** **Apr 14, Apr 18, Apr 19**

### SILVERSNREAKERS® BOOM MUSCLE

Designed for the Active Senior Students will move through multiple "blocks", which are groups of exercise that focus on different muscle groups. Class incorporates athletic-based exercises that improve upper body conditioning, toning muscles and building overall strength.

Instructor: Renea Bishop  
Fee: **FREE with SilverSneakers' card**

Dates: 02/24/2022 - 05/19/2022 Thu  
Time: 12:15PM - 1:00PM

Location: **Bethel Park Community Center**  
**No class** **Apr 14, Apr 19**

### SILVERSNREAKERS® STRENGTH AND STABILITY

Designed for the Active Senior Stability is the newest class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee, and hip joints, while improving your reaction time. This class is designed for fall prevention and is suitable for nearly every fitness level. It can be adapted depending on the skill of individual participants.

Instructor: Renea Bishop  
Fee: **FREE with SilverSneakers' card**

Dates: 02/21/2022 - 05/23/2022 Mon  
Time: 10:00AM - 10:45AM

Dates: 02/22/2022 - 05/17/2022 Tue  
Time: 10:15AM - 11:00AM

Location: **Bethel Park Community Center**  
**No class** **Apr 18, Apr 19**

### SILVERSNREAKERS® YOGA

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Instructors: Gerrie Delaney & Mary Anne Gerard  
Fee: **FREE with SilverSneakers' card**

Dates: 02/23/2022 - 05/25/2022 Wed  
Time: 12:00PM - 12:45PM

Dates: 02/24/2022 - 05/26/2022 Thu  
Time: 9:10AM - 9:55AM

Dates: 02/25/2022 - 05/27/2022 Fri  
Time: 9:15AM - 10:00AM

Location: **Bethel Park Community Center**  
**No class** **Apr 14, Apr 15, Apr 20**

**SILVERSNEAKERS® CIRCUIT**

Designed for the Active Senior  
This Circuit workout offers standing, low-impact choreography alternated with upper body strength work. Students use hand-held weights, elastic tubing w/handles & other equipment while utilizing all parts of the body without too much stress. Build muscle, flexibility, cardio & tone.

Instructor: Gerrie Delaney  
Fee: **FREE with SilverSneakers' card**

Dates: 02/24/2022 – 05/26/2022 Thu  
Time: 10:00AM – 10:45AM

Location: **Bethel Park Community Center**  
**No class Apr 15**

**WALKING TRACK**

SilverSneakers® members can take advantage of the climate controlled, elevated indoor walking track using their SilverSneakers® membership card. The 1/12-mile track features 3 lanes for fitness lap walking or running. Track is open for use:  
Monday – Saturday 9:00AM – 9:00PM  
Sunday 12:00PM – 6:00PM

Location: **Bethel Park Community Center**  
**The Walking Track is closed April 14-20**

**T'AI-CHI BEGINNER**

This traditional Tai-Chi Chuan class is for the beginning student as well as the student that wants to work on the first 1/3 of the form. The difference between Tai-Chi and other martial arts is "CHI". In this class you will develop better balance, coordination and posture which is "the way" to move more efficiently and also beneficial for your health. T'ai Chi is suitable for anyone looking to improve overall health. No prior experience required. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Instructor: Tamara Stark  
Ages: 18 and over  
Resident Fee: **\$56.00** Non-Res Fee: \$61.00  
Twice a week: **\$86.00** Non-Res Fee: \$91.00  
6 session dates

3932.101  
Dates: 03/02/2022 - 04/06/2022 Wed  
Time: 9:55AM - 10:55AM

3932.102  
Dates: 03/10/2022 - 04/14/2022 Thu  
Time: 7:00PM - 8:00PM

3932.111  
Dates: 04/13/2022 - 05/18/2022 Wed  
Time: 9:55AM - 10:55AM

3932.112  
Dates: 04/21/2022 - 05/26/2022 Thu  
Time: 7:00PM - 8:00PM

Location: **Bethel Park Community Center**

**T'AI-CHI - 14 POSTURES**

This traditional T'ai-Chi Chuan class is suited for the student who has experience learning the 14 postures. It is corrections and working on principals of the first 1/3 of the yang family form. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Instructor: Tamara Stark  
Ages: 18 and over  
Resident Fee: **\$56.00** Non-Res Fee: \$61.00  
Twice a week: **\$86.00** Non-Res Fee: \$91.00  
6 session dates

3932.103  
Dates: 03/02/2022 - 04/06/2022 Wed  
Time: 10:55AM - 11:55AM

3932.113  
Dates: 04/13/2022 - 05/18/2022 Wed  
Time: 10:55AM - 11:55AM

Location: **Bethel Park Community Center**



**T'AI-CHI INTERMEDIATE**

This class is designed for students who have previous experience in a T'ai-Chi class and want to further their knowledge and experience. Instructor recommendation is required to enroll in this course. Twice a week rate is not available with online registration.

Instructor: Tamara Stark  
Ages: 18 and over  
Resident Fee: **\$56.00** Non-Res Fee: \$61.00  
Twice a week: **\$86.00** Non-Res Fee: \$91.00  
6 session dates

3932.105  
Dates: 03/01/2022 - 04/05/2022 Tue  
Time: 7:00PM - 7:45PM

3932.115  
Dates: 04/12/2022 - 05/17/2022 Tue  
Time: 7:00PM - 7:45PM

Location: **Bethel Park Community Center**

**TOTAL BODY BOOT CAMP**

Total Body Boot Camp is an intense boot camp style class designed for men and women of all ages and all fitness levels. This class will work your entire body through resistance training, body weight exercises, balance and stability moves, core work, and cardio. Students just getting back to workouts will be shown appropriate modifications to make their workout safe but just as effective! Every class will be a new workout that will leave you feeling strong and energized! Get ready to work hard and sweat it out with Cortney!

Instructor: Cortney Sweeney  
Ages: 18 and over  
Resident Fee: **\$35.00** Non-Res Fee: \$40.00  
6 session dates

3920.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 7:00PM - 8:00PM

3920.111  
Dates: 04/25/2022 - 06/06/2022 Mon  
Time: Mon 7:00PM - 8:00PM

Location: **Bethel Park Community Center**  
**No class May 30**

**PLEASE REGISTER IN ADVANCE!**

Register at least 24-hours in advance of program start!  
Programs not meeting the minimum number of students will be canceled.

Online registrations are highly encouraged at [www.bethelpark.net](http://www.bethelpark.net).

**CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.**

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

**ZUMBA® GOLD**

Why Zumba Gold?  
It's fun. The more you enjoy your exercise routine, the more likely you are to stick with it. Great for weight loss...Helps you to de-stress...Tones your entire body...Improves coordination...Boosts your heart health...Makes you happy.  
Sign up today! Sign up for twice a week at a discounted rate! Twice a week rate is not available with online registration.

Instructor: Kathy Raeder  
Ages: 18 and over  
Resident Fee: **\$35.00** Non-Res Fee: \$40.00  
Twice a week: **\$55.00** Non-Res Fee: \$60.00  
6 session dates

3930.105  
Dates: 03/08/2022 - 04/12/2022 Tue  
Time: 9:15AM - 10:15AM

3930.106  
Dates: 03/08/2022 - 04/12/2022 Tue  
Time: 7:00PM - 8:00PM

3930.107  
Dates: 03/10/2022 - 04/21/2022 Thu  
Time: 9:15AM - 10:15AM

3930.108  
Dates: 03/10/2022 - 04/21/2022 Thu  
Time: 6:00PM - 7:00PM

3930.115  
Dates: 04/26/2022 - 05/31/2022 Tue  
Time: 9:15AM - 10:15AM

3930.116  
Dates: 04/26/2022 - 05/31/2022 Tue  
Time: 7:00PM - 8:00PM

3930.117  
Dates: 04/28/2022 - 06/02/2022 Thu  
Time: 9:15AM - 10:15AM

3930.118  
Dates: 04/28/2022 - 06/02/2022 Thu  
Time: 6:00PM - 7:00PM

Location: **Bethel Park Community Center**  
**No class Apr 14**

**ZUMBA® GOLD FOR ACTIVE SENIOR/BEGINNER**

Why, Zumba Gold Active Senior/Beginner?  
It's fun! The more you enjoy your exercise routine, the more likely you are to stick with it. Done at a lower intensity. Experience is not required...Great for weight loss...Tones your entire body...Boosts your heart health...Improves coordination...Helps you to de-stress...Makes you happy.  
Sign up for twice a week at a discounted rate! Twice a week rate is not available with online registration.

Instructor: Kathy Raeder  
Ages: 18 and over  
Resident Fee: **\$25.00** Non-Res Fee: \$30.00  
Twice a week: **\$45.00** Non-Res Fee: \$50.00  
6 session dates

3930.110  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 10:35AM - 11:15AM

3930.111  
Dates: 03/09/2022 - 04/13/2022 Wed  
Time: 10:35AM - 11:15AM

3930.120  
Dates: 04/25/2022 - 06/06/2022 Mon  
Time: 10:35AM - 11:15AM

3930.121  
Dates: 04/27/2022 - 06/01/2022 Wed  
Time: 10:35AM - 11:15AM

Location: **Bethel Park Community Center**  
**No class May 30**



**DAYTIME PICKUP BASKETBALL & VOLLEYBALL**

FREE!!!

Have some daytime hours free and looking for some exercise and socializing? Drop-in pickup basketball and volleyball might be just what you need! No reservations necessary, just show up when you want in comfy athletic clothes and shoes. We provide the space and the volleyballs or basketballs.

**Basketball**

Wednesdays 9:00AM – 10:30AM  
Fridays 10:30AM – 12:00PM

**Volleyball**

Thursdays 12:00PM – 2:00PM

**Location:** Bethel Park Community Center

**No programs:** April 14, 15, 20

**SPORTS****PICKLEBALL**

Men and women, boys and girls ages 13 and over may REGISTER for our recreational Pickleball program at the Bethel Park Community Center gym. This is one of the fastest growing sports in the US combining elements of tennis, badminton, and ping-pong. Pickleball is a low-impact sport played on a court smaller than the size of a tennis court. General knowledge of game rules and beginner skill level is helpful. No experience is required to play, but players must be able to bend to pick up balls and move forward and backward to play. This is not an instructional class. You may choose to play once or twice a week. Call 412-851-2910 for more information. Players must wear masks to enter/exit center and while waiting to play. Masks do not need to be worn while actively playing.

**REGISTRATION INFO:**

Registration open to RESIDENTS ONLY February 22 – 24. Non-residents may begin registering on February 25. Players may register for a maximum of two days per week.

Ages: 13 and over

**Resident Fee:** \$24.00 **Non-Res Fee:** \$29.00

6 session dates

3901.101  
Dates: 03/07/2022 - 04/11/2022 Mon  
Time: 12:00PM - 2:10PM

3901.102  
Dates: 03/09/2022 - 04/13/2022 Wed  
Time: 12:00PM - 2:10PM

3901.103  
Dates: 03/04/2022 - 04/08/2022 Fri  
Time: 12:00PM - 2:10PM

3901.111  
Dates: 04/25/2022 - 06/06/2022 Mon  
Time: 12:00PM - 2:10PM

3901.112  
Dates: 04/27/2022 - 06/01/2022 Wed  
Time: 12:00PM - 2:10PM

3901.113  
Dates: 04/22/2022 - 05/27/2022 Fri  
Time: 12:00PM - 2:10PM

**Location:** Bethel Park Community Center  
**NO CLASS:** May 30

**LADIES VOLLEYBALL**

This is a recreational program that plays according to PIAA high school rules. Players should have knowledge of volleyball rules and skills at either intermediate or advanced level. This is a fun ladies' night out to meet new people and enjoy some exercise. If you can only attend occasionally, there is a nightly drop-in fee.

Ages: 18 and over

**Resident Fee:** \$36.00 **Non-Res Fee:** \$41.00

8 session dates

3909.101  
Dates: 03/07/2022 - 05/02/2022 Mon  
Time: 8:00PM - 9:30PM

3909.111  
Dates: 05/16/2022 - 07/18/2022 Mon  
Time: 8:00PM - 9:30PM

**Location:** Bethel Park Community Center  
**No class:** Apr 18, May 30, Jul 4

**MEN'S VOLLEYBALL**

Men play on Wednesday nights. Pick-up Men's Volleyball. Prior experience not necessary but players are expected to follow official USA indoor volleyball rules. Everyone must register and prepay to participate.

Ages: 18 and over

**Resident Fee:** \$60.00 **Non-Res Fee:** \$65.00

10 session dates

3909.102  
Dates: 03/23/2022 - 05/25/2022 Wed  
Time: 8:00PM - 10:00PM

**Location:** IMS Gym



The Award Winning Bethel Park High School "Black Hawk" Marching Band, Concert Band, Symphonic Band, Jazz Ensemble, Chamber Orchestra, String Orchestra, Top 21 and Music Boosters would like to say **"THANK YOU"** to the Community for your continued support of our hoagie sales.

The Music Department is planning to travel in the Spring of 2022!

The remaining dates for hoagie sales this year are Saturdays:  
**March 5**  
**April 2**

Stay up to date and bookmark our Music Department website – [bpsdmusic.weebly.com](https://bpsdmusic.weebly.com) and the Music Booster website – [bpmusicboosters.com](https://bpmusicboosters.com).

**NO COOK TUESDAYS!****Starts March 8!**

**NO COOK TUESDAYS** returns to the Bethel Park Community Center playground parking lot on March 8! This weekly event makes a triumphant return after a very successful run last year. Follow some of your favorite vendors that participate in our Farmers' Market and many new vendors as well.

Each Tuesday, two or more local food trucks will sell delicious dinner "to go" meals from 4 – 7 p.m. Vendors will rotate weekly to provide customers a variety of vendors and food to choose from. Expect to find Mexican, BBQ, Vegan, Pizza, Greek, Hibachi, Chili, and Sandwiches among the many selections.

Please follow us on Facebook <https://www.facebook.com/BethelParkRecAndCommunityCenter> to learn which vendors are participating each week as well as the payment methods they accept. Call 412-851-2910 or 412-831-1328 for more information.

**Let great local vendors do the cooking!**



## SilverSneakers® at the Bethel Park Community Center!



**SilverSneakers®** programs are offered at the Bethel Park Community Center. The **SilverSneakers®** Fitness Program is the nation's leading fitness program designed exclusively for older adults. Regular participation in the program has been proven to help older adults manage their health and increase strength, balance, and endurance.

**SilverSneakers®** is a benefit offered to members of many Medicare plans across the U.S. If you are part of a Medicare health plan or if you are a group retiree, you may already have the **SilverSneakers®** benefit. There are over 5.8 million Medicare-eligible members who qualify for **SilverSneakers®**. There is no

cost for **SilverSneakers®** eligible adults to become members and participate. You may already have **SilverSneakers®** available to you!

**SilverSneakers®** offers three easy ways to enroll. Simply choose one of the following options that best suits your lifestyle and begin enjoying your benefit today!

- Simply take your **SilverSneakers®** Member ID card to the Bethel Park Community Center.
- No **SilverSneakers®** card? Bring your health plan ID card with you to the Community Center. Our staff will check your eligibility.
- Visit the Community Center and our staff can check on your eligibility by using your name, address, phone number, and birth date.

The **SilverSneakers®** Fitness Program is an innovative and fun health/exercise program helping older adults live healthy, active lifestyles. Get fit, have fun, make new friends!

Unlock the door to greater independence and a healthier life with **SilverSneakers®**. Benefits will include: Customized **SilverSneakers®** classes designed exclusively for older adults who want to improve their strength, flexibility, balance, and endurance.

**SilverSneakers®** members can take advantage of the climate controlled, elevated indoor walking track just by swiping their **SilverSneakers®** membership card. The 1/12-mile track features three lanes for fitness lap walking or running.

Track is open for use:

- **Monday – Saturday**      **9 a.m. - 9 p.m.**
- **Sunday**                      **12 - 6 p.m.**

### What are **SilverSneakers®** classes?

**SilverSneakers®** classes are Total-Body Conditioning Classes designed to increase muscular strength, endurance, range of movement, flexibility, balance, agility, and coordination. The classes are anywhere from 45 to 60 minutes. Classes typically involve the use of hand-held weights, elastic tubing with handles, and a small exercise ball. A chair may be used for seating or additional support.

**See page 32 & 33 for class schedule.**

### Who teaches the classes?

**SilverSneakers®** classes are taught by credentialed instructors who are specially trained in leading fitness programs for aging adults. All **SilverSneakers®** class instructors undergo an in-person training and evaluation process to become a **SilverSneakers®** instructor. Our instructors are **Anne Brucker**, **Renea Bishop**, **Mary Ann Gerard** and **Gerrie Delaney**. They are veteran instructors who have been teaching **SilverSneakers®** programs for years.



# BETHEL PARK COMMUNITY CENTER

5151 PARK AVENUE



The Bethel Park Community Center continues to be the center of activity in the community. Frequently reserved for social and professional functions, the facility is well known throughout the South Hills. The Community Center, with 40,495 sq. ft. of space, includes areas for special events and meetings, a gymnasium and locker area, an exercise/dance studio, walking track and a separate classroom. The large multi-purpose room has seating to accommodate 245 and is capable of being divided into three separate rooms. The Community Center also includes a lounge, catering-style kitchen, and stage. Walking trails, playground equipment, and a lighted multi-purpose field are situated on the center's grounds.

Call 412-851-2910 for room reservations or other information.

**IN ORDER TO ENSURE SAFETY FOR ALL  
COMMUNITY CENTER USERS,  
CHILDREN UNDER 13 MUST BE UNDER  
DIRECT SUPERVISION OF AN ADULT AT ALL TIMES.**

**SEASONAL (Nov. 1 - April 30) HOURS OF OPERATION ARE:  
MONDAY - SATURDAY, 9 A.M. - 9 P.M.  
SUNDAY, NOON - 6 P.M.**

**MAY 1 - OCT. 31 HOURS OF OPERATION ARE:  
MONDAY - FRIDAY, 9 A.M. - 8 P.M.  
SATURDAY, 9 A.M. - 6 P.M.  
SUNDAY, 12 - 6 P.M.**

**• OPEN GYM SCHEDULE IS POSTED MONTHLY  
AND IS AVAILABLE AT THE FRONT DESK.**



## RENTAL PROCEDURES

Reserving a room at the Bethel Park Community Center for your next event is a simple, straightforward process and may be done up to a year in advance. However, it is recommended that you reserve your space early as dates fill up quickly!

- Requests for rentals must be submitted in writing and should include the following information: Renters' name, address, phone numbers, date requested, time requested, specific room(s) requested (*if known*), purpose of rental and approximate number of guests expected. Requests may be returned to the Community Center in person or via email to [communitycenter@bethelpark.net](mailto:communitycenter@bethelpark.net).
- Within a week, you'll receive written notification if your requested space is available or not.
- If available, we'll send you a Reservation Permit along with rental Terms & Conditions and additional rental information to complete.

### Payment Schedule

- Fifty percent of total rental fees is due with the signed Rental Contract.
- The remaining 50% is due 30 days prior to your event.
- A refundable security deposit and room layout is due seven days prior to your event.

Please note that while we want your event to be a success, failure to meet any payment deadlines may result in rental cancellation. Fees paid will not be refunded.

### Cancellation Policy/Fees

If you need to cancel your event, your request **MUST** be submitted in writing to the Community Center Director. Cancellation fees follow:

- Cancellations received in writing more than 60 days prior to the scheduled date will receive a refund of 50% of initial rental payment, less a \$5 processing fee.
- No refund will be issued if written cancellation is received less than 60 days prior to event.

### Other Rental Notes

- Any use of the Community Center which requires Municipal staff to stay after the scheduled closing time shall be charged an additional \$40 per hour for any portion of an hour that may be needed.
- Rental rate includes the set-up of tables and chairs.
- Renters will be responsible to visit the Community Center one week in advance of their event to sign-off on all seating/room arrangements. The security/damage deposit should also be paid at this time. Rate: \$100 per area rented.

## Membership Fees & Renewals

A membership card is required to use the Bethel Park Community Center *Gymnasium and Walking Track*. Both residents and non-residents can purchase 12-month memberships at the Community Center during normal business hours.

All that's needed to purchase a membership is completion of a simple membership application and photo identification (*such as a drivers license*) to prove residency; once payment is received, an identification photo will be kept on file for each member – a process expected to take less than 10 minutes. New members will receive both a wallet size member card as well as a small key tag card.

Individual memberships will include five complimentary guest passes, and Family memberships will include 15 complimentary guest passes.

<u>Annual Membership/Renewal:</u>	<u>Resident</u>	<u>Nonresident</u>
Youth (13 - 17 years old)	\$ 5.00	\$ 125.00
Adult (18 - 59 years old)	\$ 10.00	\$ 150.00
Family	\$ 25.00	\$ 250.00
Senior Adult (60+)	\$ 5.00	\$ 80.00
Additional Guest Passes – 5	\$ 4.00	\$ 45.00
Day pass: Individual	\$ 1.00	\$ 10.00

### CHILDREN UNDER 13 MUST BE UNDER DIRECT SUPERVISION OF AN ADULT AT ALL TIMES

To purchase a day pass, you must provide photo ID to prove residency.

### MEMBERSHIP RENEWAL

All Gym memberships expire 12 months after they were issued. Please remember to renew your membership by stopping at the Community Center Desk to update your information and pay the renewal fee.

## ROOM RENTAL FEES

RENTAL RATES LISTED ARE FOR BETHEL PARK RESIDENTS. NON-RESIDENTS OR ORGANIZATIONS NOT LOCATED IN BETHEL PARK MUST CALL CENTER AT 412-851-2910 FOR RENTAL RATES

AREA	RATE	CAPACITY
Area A	\$25 per hour	49
Area B	\$50 per hour	148
Area C	\$25 per hour	49
CLASSROOM	\$25 per hour	49
A, B, & C	\$75 per hour	245
Catering Kitchen	\$100 per event	
Stage	\$50 per event	(With Area B only)
Alcohol Permit	\$50 per room	

Room Rental fees listed are per hour. **Keep in mind that rental hours must include the entire time that you need access to the rental space beginning with set-up, including event time and through clean-up.**

All rentals require a minimum 4 hour reservation.

**RENTAL INFORMATION SUBJECT TO CHANGE.**

## COMMUNITY CENTER ADULT AND YOUTH CLUBS

Please call the Community Center at 412-851-2910 to verify that club meetings have resumed following Covid-19 suspension.

**Bethel Artist Guild** - Membership is open to Bethel Park Artists of any medium. Club members' work is displayed at the Center throughout the year. Monthly meetings are held on the **first Thursday** of the month in February, March, April, May, September, October, and December at 12:30 pm. Call the Artist Guild at 412-835-7379 for additional information.

Call the Bethel Park Community Center at 412-851-2910 for information on all of our activities. If you have a special interest and would be interested in helping to form a new club or activity group, contact the Community Center Director, **Cathy Muscato**, at 412-851-2912.



## Community Center Facilities

**Multipurpose Room** This exceptional room can be divided into three separate sections to accommodate small and medium groups. With dividers open, the room can accommodate large group functions. The Multipurpose Room is perfect for wedding receptions, showers, banquets, parties, meetings or other special events.

**Catering Kitchen** Add this room to your rental when meals will be served at your event. Kitchen includes commercial ovens, grill, refrigerator, freezer, coffee makers, microwave and dishwasher.

**Theatrical Stage** Does your event need a stage? The Stage may be rented in conjunction with the rental of Room B.

**Lobby** Bookshelves are located in the lobby, across from the main desk containing a lending library of puzzles and books available for residents of all ages to borrow.

**Lounge** Equipped with a kitchenette, chairs, TV, magazines and game tables, the lounge provides a comfortable atmosphere to relax, read, enjoy a card game with friends or watch television. An adult or guardian must accompany guests under age 13.

**Classroom** This room includes couches, TV, sink and counter area, restroom, along with tables and chairs. The Classroom may be used for small group rentals, youth and adult Recreation classes or meetings.

**Gymnasium** Includes one full-length and one ½ basketball court; can also be converted to three ½ sized courts. It has a total of eight basketball hoops. Also features three ½ size volleyball courts.

**Exercise Studio** A bright and open mirrored area to accommodate a variety of fitness and dance classes.

**Elevated Walking Track** Features a 1/12 mile cushioned walking track that overlooks the gymnasium.

**Day Lockers** May be used during your visit to the Community Center. No locks are permitted to remain overnight.





Municipal Offices will be **CLOSED** on  
**Monday, Feb. 21** and  
**Friday, April 15.**

*The Community Center Gym & Track will be  
CLOSED for annual maintenance April 14 - 20.*

THE COMMUNITY CENTER WILL BE  
**CLOSED**  
FOR THE FOLLOWING HOLIDAY:

**Easter Weekend**  
**Friday, April 15**  
**Saturday, April 16**  
and **Sunday, April 17**



## SPECIAL INTEREST

**Pavilion Permits**  
**Fee \$30.00**  
We will begin taking reservations April 4.

Any resident of Bethel Park may reserve selected picnic areas at Simmons Park or Village Green Park. These areas include a shelter and several picnic tables. The permits are available from the Recreation Office, and should be requested in written form at least two weeks prior to the date requested.

- Please provide the following information:
- Name
  - Address
  - Phone number
  - Park pavilion requested
  - Date
  - Beginning and ending time
  - Purpose of the rental
  - Approximate number of people attending

All Park and Municipal rules must be followed. **NO ALCOHOLIC BEVERAGES** are permitted in any of the parks. The permit gives restricted use for the picnic area only. The tennis courts, sand volleyball court and ball fields are **NOT** included on the permit. Water and restrooms are available in both parks.

**THERE IS A NON-REFUNDABLE, NON-TRANSFERABLE \$30.00 CHARGE FOR A PAVILION PERMIT.**

We will begin taking reservations April 4.

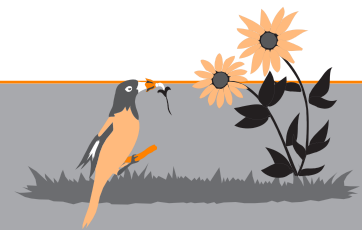
**Attention Business  
Owners/Managers**

## FIELD BANNER SPONSOR OPPORTUNITY

We have an exciting opportunity for your business or agency to sponsor a banner that will be displayed at PARK AVENUE FIELD, VILLAGE GREEN, SIMMONS PARK, or MILLENNIUM PARK.

Your 4' X 6' banner will be displayed during the spring, summer and fall sports seasons.

Please contact Chuck Stover at 412-831-6800 x 230 for more information.



**LOOKING TO REACH MORE  
CUSTOMERS  
OR PUBLICIZE YOUR EVENT?**

Reserve space now in the **May 9, 2022** issue of Bethel Park Chronicles if you'd like to reach over 15,000 Bethel Park resident homes and businesses! The ad deadline for the May issue is April 5, 2022.

For more information or an ad kit, please call Janet Davin 412-831-6800, x211.



# SUMMER PREVIEW

## FARMERS' MARKET 2022

The AWARD WINNING Bethel Park Farmers' Market will return to the South Park Ice Skating rink parking lot - Corrigan Drive on May 3. We are proud to have been voted in the **Top 2 Pittsburgh Farmers' Markets** last year and expect a great 2022 season!!



Shop for produce, bedding plants, gorgeous hanging baskets, wine, hummus, mouthwatering breads, cheeses, desserts, dog treats, coffees, local whiskey, handmade clothing and more. Definitely plan to come hungry since you can also grab dinner or a snack of Gyros, Pierogis, BBQ Sandwiches, Burgers and other delicious ready to eat foods.

Check out the market web page [www.bethelparkfarmersmarket.com](http://www.bethelparkfarmersmarket.com) for specific vendor info and current Covid 19 procedures. Current 2022 information will be posted by March 17.

## SUMMER CAMPS!

Summer Day Camp (ages 6-10) and Summer Fun (ages 11-14)

will be BACK bigger and better than ever! Check out the details on page 28 for more information. Many additional full day and half day special themed-camps for children will be held at the Community Center.



**Bethel Park Recreation**  
**ACTIVITY REGISTRATION FORM**

Separate form REQUIRED for EACH participant. You may DUPLICATE this form.  
(PARTICIPANT)

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_ BP Resident? Yes / No  
PHONE: home (\_\_\_\_) \_\_\_\_\_ cell (\_\_\_\_) \_\_\_\_\_  
BIRTH DATE: m \_\_\_\_ / d \_\_\_\_ / y \_\_\_\_ Current Grade: \_\_\_\_\_ Male / Female (circle)  
Email address: \_\_\_\_\_  
Please include any special needs: \_\_\_\_\_  
Shirt size (where applicable): \_\_\_\_\_

1. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_  
Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_  
Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

2. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_  
Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_  
Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

**PLEASE CONTINUE AND SIGN THE WAIVER BELOW:**

Make check payable to: BETHEL PARK RECREATION Total amount enclosed \$ \_\_\_\_\_  
Payment is from (print name) \_\_\_\_\_ cash \_\_\_\_\_ check # \_\_\_\_\_  
Mail or drop off to: Bethel Park Community Center, 5151 Park Avenue, Bethel Park, PA 15102

I, \_\_\_\_\_ (Parent/guardian or participant - print name), understand the rules, regulations, and risks associated with the activity for which I have registered myself, or have registered my child. By my signature, I agree to release and hold harmless and blameless the Municipality of Bethel Park, Bethel Park School District, and any employee thereof as to and regarding any liability, claims, damages, or loss whatsoever resulting from any accident or injury to me or my child or any damage to our personal property which I or those under my supervision or care might receive while participating in the above Recreation program(s).

I understand that Bethel Park Recreation provides opportunities for positive publicity by photographing and/or videotaping patrons at programs for use in local publications, newspapers, television, websites, and social media accounts. By signing this Activity Waiver, I grant the Municipality of Bethel Park and the Bethel Park School District permission to use my image, name, and likeness (collectively, "Image"), or the image of my child, in this manner without any further compensation to me.

I understand that if I do not agree to the use of my image or the image of my child, I must notify Bethel Park Recreation in writing upon registration.

SIGNATURE: \_\_\_\_\_  
(Participant, or parent/guardian, if participant is under 18 years of age)

Please call the Recreation Office at 412-831-1328 if you have any question regarding this registration.  
**The Recreation Office does not contact participant to confirm registration unless there is a conflict, a change in day/date or class is full or cancelled.**

OFFICE USE ONLY

Amount Due \$ \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Staff \_\_\_\_\_  
Cash \_\_\_\_\_ Check # \_\_\_\_\_ Credit Card \_\_\_\_\_

Account # \_\_\_\_\_ Activity Code # \_\_\_\_\_ Date received \_\_\_\_\_ Time \_\_\_\_\_

**Bethel Park Recreation**  
**ACTIVITY REGISTRATION FORM**

Separate form REQUIRED for EACH participant. You may DUPLICATE this form.  
(PARTICIPANT)

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_ BP Resident? Yes / No  
PHONE: home (\_\_\_\_) \_\_\_\_\_ cell (\_\_\_\_) \_\_\_\_\_  
BIRTH DATE: m \_\_\_\_ / d \_\_\_\_ / y \_\_\_\_ Current Grade: \_\_\_\_\_ Male / Female (circle)  
Email address: \_\_\_\_\_  
Please include any special needs: \_\_\_\_\_  
Shirt size (where applicable): \_\_\_\_\_

1. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_  
Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_  
Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

2. Activity Name \_\_\_\_\_ Code no. \_\_\_\_\_  
Day \_\_\_\_\_ Start Date \_\_\_\_\_ Time \_\_\_\_\_  
Location \_\_\_\_\_ Fee Due \$ \_\_\_\_\_

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**The Recreation Office does not contact participant to confirm registration unless there is a conflict, a change in day/date or class is full or cancelled.**

OFFICE USE ONLY

Amount Due \$ \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_ Staff \_\_\_\_\_  
Cash \_\_\_\_\_ Check # \_\_\_\_\_ Credit Card \_\_\_\_\_

Account # \_\_\_\_\_ Activity Code # \_\_\_\_\_ Date received \_\_\_\_\_ Time \_\_\_\_\_



# SCHOOL DISTRICT CONTACT INFORMATION

MAIN TELEPHONE NUMBER .....833-5000

## Central Administration

301 Church Road, Bethel Park 15102

<b>Dr. James Walsh</b> , Superintendent .....	854-8402
<b>Dr. Zeb Jansante</b> , Assistant Superintendent.....	854-8420
<b>Mandi Figlioli</b> , Coordinator of Curriculum & Instruction K-12 ....	854-8420
<b>Elizabeth Wells</b> , Coordinator of Curriculum & Instruction K-12	854-8420
<b>L. Douglas McCausland</b> ,	
Finance Director/Business Manager .....	854-8425
<b>Sharon Kopy</b> , Assistant Finance Director .....	854-8445
<b>David Muench</b> , Director of Student Support Services .....	854-8405
<b>Dr. Sarah Shue</b> , Supervisor of Special Education.....	854-8699
<b>Anthony Piscioneri</b> ,	
Administrator for Human Resource Services .....	854-8413
<b>Scott Ziebler</b> , Director of Transportation .....	854-8414
<b>Brett Slezak</b> , Director of Technology .....	854-8418
<b>Nick Fierst</b> , Director of Facilities and Services .....	854-8615
<b>Joe Consolmagno</b> , Director of Nutritional Services .....	854-8754
<b>Dan Sloan</b> , Director of Athletics.....	854-8548
<b>James Cromie</b> ,	
Director of Communication and Public Relations .....	854-8438

## Bethel Park High School

309 Church Road, Bethel Park 15102

<b>Joseph Villani</b> , Principal .....	854-8571
<b>Diana Fronczek</b> , Assistant Principal Student	
Academics & Affairs (A-G).....	854-8518
<b>Dr. Mark Korcinsky</b> , Assistant Principal Student	
Academics & Affairs (H-O).....	854-8516
<b>James Fodse</b> , Assistant Principal Student	
Academics & Affairs (P-Z) .....	854-8580
Counseling Office .....	854-8595
Health Office .....	854-8550
Attendance Office.....	854-8572
Library .....	854-8565
Records Office .....	854-8595
Activities Office.....	854-8514
Athletic Office .....	854-8548

## Independence 7-8 Middle School

2807 Bethel Church Road, Bethel Park 15102

<b>Racquel Sutton</b> , Principal.....	854-8677
<b>Dr. George Spalaris</b> , Assistant Principal .....	854-8678

## Neil Armstrong 5-6 Middle School

5800 Murray Avenue, Bethel Park 15102

<b>Kenneth Patterson</b> , Principal .....	854-8751
<b>Sheryl Kremer</b> , Assistant Principal.....	854-8756

## Abraham Lincoln Elementary School

1524 Hamilton Road, Pittsburgh 15234

<b>Jay Johnson</b> , Principal .....	854-8618
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## Benjamin Franklin Elementary School

5400 Florida Avenue, Bethel Park 15102

<b>Teresa Doumont</b> , Principal .....	854-8741
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## Memorial Elementary School

3301 South Park Road, Bethel Park 15102

<b>Eric Chalus</b> , Principal .....	854-8506
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## George Washington Elementary School

515 Clifton Road, Bethel Park 15102

<b>Fred Pearson</b> , Principal .....	854-8546
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## William Penn Elementary School

110 Woodlet Lane, Bethel Park 15102

<b>Brian Lenosky</b> , Principal, Director of Cyber/Alt. Learning Options .....	854-8522
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VISIT US ONLINE @ [www.bpsd.org](http://www.bpsd.org)

# BOARD OF SCHOOL DIRECTORS



**Barry Christenson**  
PRESIDENT



**Darren McGregor**



**Buffie Faes**



**Jim Modrak**



**Dan Grzybek**



**Vince Scalzo**



**Gail Hoppe**



**Kimberly Walsh-Turner**



**Sharon Janosik**

## School Board Reorganization

The Bethel Park School Board held its annual December reorganization meeting and installed four new board members.

The oath of office was administered by District Judge, the **Honorable Ronald A. Armoni** to new school board members **Buffie Faes**, **Dan Grzybek**, **Gail Hoppe** and **Sharon Janosik**.

The newly seated board unanimously elected **Barry Christenson** and **Kimberly Walsh-Turner** as board president and vice president respectively, along with the reappointment of **Weiss Burkardt Kramer** as the District's solicitor.

Below is the 2022 meeting calendar, which is always subject to change.

### Committee Meetings:

- Jan. 18
- Feb. 15
- March 15
- April 19
- May 17
- June 21
- Aug. 2
- Sept. 20
- Oct. 18

### Regular Meetings:

- |            |           |
|------------|-----------|
| • Jan. 25  | • Nov. 15 |
| • Feb. 22  | • Dec. 6  |
| • March 22 | • Dec. 13 |
| • April 26 |           |
| • May 24   |           |
| • June 28  |           |
| • Aug. 23  |           |
| • Sept. 27 |           |
| • Oct. 25  |           |

All school board meetings begin at 7 p.m., and are held in the Dr. Thomas A. Knight Memorial Community Room in the Bethel Park Administration Building unless otherwise noted. There are no school board meetings scheduled for July. School board meetings are livestreamed through the school district's [YouTube channel](#). The general public is also welcome to attend the meetings, provided they comply with the school district's Health & Safety Plan. Meeting dates and times are also available on the [school district's website](#).

If a Special Meeting is called, a notice will be placed on the door of the District Administration Building and will be advertised in the newspaper. Information concerning Special Meetings may be obtained by calling **L. Douglas McCausland** at 412-854-8425 or by emailing him at [mccausland.doug@bphawks.org](mailto:mccausland.doug@bphawks.org).

# ADMINISTRATION



## A Message From... DR. JAMES WALSH Superintendent

In the last Chronicles issue, I proudly told you all about our new Strategic Plan – an ambitious vision for Bethel Park for the next five years. While it is not specifically identified in our plan, one of the key implications of our vision will be

developing a growth mindset in our students and staff. We firmly believe changing fixed mindsets is critical to our success.

There is significant and compelling mindset research to back that up. Studies show human potential for cognitive growth is limitless. Intelligence is something you have to work for; it isn't just given to you at birth. While acknowledging the effects that economic or social disparities have on student achievement, a recent study finds that students with particular mindsets -- such as growth mindset and the ability to define motivation in daily life -- outperformed students without those mindsets in every global region. Based on that, we know if you come to school every day ready to focus, work hard, and ask good questions, your efforts will pay off with higher achievement and increased opportunities.

At the same time, we don't want to make the pathway through school (*and life*) too smooth, so that we don't risk failure. There are a lot of benefits to struggling with something, particularly in school. I'm sure you've heard the expression, "no pain, no gain." I think it means something important for schools.

It is easy to associate struggles as negative, something challenging or difficult. Students instinctively shy away from struggles, and teachers might be inclined to make tasks and concepts easier. But that means sacrificing more in-depth thinking and challenging problem-solving tasks. While we hate to see our students struggle, the level of struggle achieved by students can be beneficial when it is productive. Ultimately, belief in your potential to grow your brain, and belief that mistakes are opportunities to learn, means that struggling is a necessary part of growth.

I was struck by a fact I heard once at a scholarship luncheon. **Charles Keller**, a founding partner of Peacock Keller and Ecker, LLP, who recently passed away after a long, happy and productive life, was an International President of the Rotary Club. While serving as International President fifty years ago, Mr. Keller and his international colleagues decided to make eradicating polio a key focus of the Rotary's service work. In their first year of service toward this mission, the International Rotary raised close to a quarter of a billion dollars to fund research against Polio. As we all know, the Rotary did reach their goal of almost complete eradication of this debilitating disease thanks to the work of another famed Pittsburgher, **Dr. Jonas Salk**. Here's the thing. The Rotary **JUST DECIDED TO DO THIS**. What an amazing example of the power of a growth mindset. When you believe you can do something and you work hard at it, **YOU CAN ACHIEVE GREAT THINGS**. Of course, I know it was a lot of people who did this, not just Mr. Keller or Dr. Salk, but the belief the Rotarians had in their collective potential is a powerful example to all of us this many years later.

As we continue to swim into the "deep waters" of the Strategic Plan, let's remember the struggles and mistakes are a necessary part of learning, and growth does not happen accidentally. You must practice and persist at something to get better at it.

Be assured, we will continue in to believe confidently in the potential of each and every person walking in our doors each day. Our focus and dedication to a growth mindset is paramount to our firm belief in the future of Bethel Park.

## A Message From... BARRY CHRISTENSON School Board President



It's hard to believe we just passed the halfway point in another school year. While it's still been a challenging year in many ways, we've been successful in keeping students in school and out of remote learning. It appears like we are on an academic growth path for all students that resembles learning before the pandemic began.

I want to thank the board members who left the board at the end of their last term for all of their time invested and contributions they have made to advancing the Bethel Park School District. I've thoroughly enjoyed working with all of them over the past few years and will miss the experience and perspective they brought to our board discussions.

I also want to welcome the new board members who were just elected to the board. Over the last few weeks, as I've gotten to know many of them, I've found they all bring many different points of view regarding issues in front of us. That's so important for the board to arrive at solutions that are in the best interests of the community as a whole. Thanks to all the Bethel Park voters who played an active role in electing this board.

In 2021 the board, administration, and countless community members did something we haven't done in a very long time, if ever by the BPSD. We created a strategic plan, centered around student achievement and their continued growth, that will guide us in key decision making to ensure we are proactive vs. reactive in our actions. Like starting any journey, you won't get to your destination unless you have a plan to get there. That's why this investment of everyone's time is so critical to the future opportunities and success that our students have in front of them.

Building on the strategic plan we created in 2021, we'll be working hard to operationalize that plan. The BPSD board, administration, staff, and community members will work to ensure that the priorities identified in our plan have active and measurable progress. I encourage everyone in the community to become familiar with our strategic plan that can be found on the BPSD website under Quick Links from the homepage. Please reach out to the board members with questions, comments, and suggestions for improvement.

I hope all of our students have an excellent second half of the school year and finish up strong academically. We also want to welcome our newest and youngest students for next fall and encourage parents of incoming kindergarteners to register their students through the links on the district website. Finally, I wish that everyone in our community stays safe and that we soon put the challenges of the last two years behind us.





## BPSD Students, Staff Partnered with Adopt a Family South Hills

COVID, isolation, a housing crisis, and health problems all contributed to a stressful, uncertain holiday season for many people.

In Pittsburgh and beyond, many families have fallen on hard times. But there's also a spirit of giving in Bethel Park.

Bethel Park juniors, **Olivia Massari** and **Addison Hill** partnered with the Adopt a Family South Hills organization to provide a special holiday this Christmas for local families in need. The young ladies rallied support both inside and outside the school community to lift up some of those struggling families.

According to Hill, the duo, with the help of Diane Ford and their teacher, **Emily Smoller**, helped to adopt 12 families, receiving approximately 150 presents in the process. "We had a lot of community support and the sheer number of people who showed up to our wrapping event was just incredible," said Hill.

Adopt a Family South Hills began in 2016, with the



*In December, Black Diamond Equipment Rental President presented a check to Adopt a Family South Hills.*

simple goal of allowing local struggling families to experience the joy of Christmas. The initiative has continued to grow ever since.

"Last year, Olivia and I adopted a single family and this year we were able to help adopt 12 families, which was obviously a huge jump," said Hill. "Who knows how many families we might be able to help next year?"

Black Diamond Equipment Rental also participated in the cause as part of their 12 Days of Christmas campaign, in which they donated to 12 different worthy causes during the holiday season. The company's president, **Jim Jones** said that giving back to the community is a major priority to his business.

"We have been very fortunate to have been supported so generously by this community over the years and everyone at Black Diamond agrees that we have an obligation to give back to the community when we can," he said.

## Meucci Appears on "The Ellen DeGeneres Show"

In December, **Mrs. KD Meucci**, the Bethel Park teacher who read a bedtime story to her students just one day after undergoing brain surgery, was a special guest on the "The Ellen DeGeneres Show."



Meucci's remarkable story quickly gained attention both

locally and nationally. The appearance on "Ellen," though, was the cherry on top of the ice cream sundae.

The veteran teacher was interviewed by guest host, **Howie Mandel**. The pair chatted about her weekly reading program called "Bedtime Stories," in which she reads children's books to her students over Facebook Live. Meucci told Mandel that in August, she was diagnosed with a brain tumor in her temporal lobe and underwent successful surgery to remove the tumor. The day after her surgery happened to be a Thursday, so the dedicated teacher made the courageous decision to maintain their normal routine and read a story to her students over Facebook Live from her hospital bed.

"I just wanted to show them that I was okay and that everything was going to be fine," she said.

Mandel vowed to record himself reading his daughter, **Jacquelyn Schultz's** children's book, "Abbey and Axel's Guide to Adventure." He also said he would send it to her for her students to enjoy. Finally, Mandel announced that Ellen and her sidekick, tWitch would also read stories to the students.

Then, the comedian surprised her even further with a \$25K check from Epic and he explained that every Ben Franklin student has received a 1-year subscription to Epic Unlimited. Epic is the leading digital library just for kids — ages 12 and under. They have more than 40,000 high-quality books, audiobooks, and videos from the world's best publishers.

## Bethel Park to Host Camp Invention

This summer, from July 18-22, Bethel Park School District will again host Camp Invention at Neil Armstrong Middle School (5800 Murray Ave., Bethel Park, PA 15102).

The nationally acclaimed summer STEM program, which is part of the National Inventors Hall of Fame (NIHF), teaches kids in grades K-6 how to develop skills like persistence, confidence, creativity, and problem-solving. Some of the invention modules this year include Robotic Aquatics, Spacecation, NIHF's The Attic, and the Marble Arcade.

Camp Invention will run daily from 9 a.m. until 3:30 p.m. The cost of the five-day camp is \$255. For an extra \$80, Camp Invention is also offering an Extended Day experience that will run from 7:30 a.m. to 5:30 p.m. each day. The promo code for a \$25 discount is **EXPLORE25**.

There are also extended day hours available and an opportunity to save money if you register by March 31. To learn more about the program, or go register, visit [invent.org/camp](http://invent.org/camp). you can also call 1-800-968-4332.



## Two Student-Journalists Recognized

Two Bethel Park High School student-journalists for *The Hawk Eye*, online student newspaper, have garnered Best of SNO awards from School Newspapers Online for excellence in student journalism.

The results of the contest, which recognizes outstanding work from school-based online newspapers from throughout the country and includes more than 500 schools, were recently announced on SNO's website.

Junior, **Meghan Krapp** won three Best of SNO's for her pieces, "Student-entrepreneur balances school, personal business," "Pajama Pals strives to give all children comfortable night's sleep," and "ASL language elective can bridge communication gap."

Sophomore, **Meghan DeHaven** won a Best of SNO for her article titled, "Why music class should be on every student's schedule."

**Mr. John Allemang**, who sponsors the school's online newspaper, is understandably proud of his young journalists. "Both young ladies are dedicated to their craft and they have consistently demonstrated that commitment through their hard work," said Allemang. "Everyone sees the final piece, but they don't see the hours of preparation, interviewing, information gathering, writing, editing and revisions that go along with it."

According to Allemang, the "Best of SNO" awards are not only a reflection of their individual work but also a reflection of the student newspaper as a whole. "This recognition shows the tremendous strides the newspaper has made in recent years and opens the door for more recognition going forward," he said.

Each year, SNO publishes roughly 15-percent of the submissions they receive. Last year, they received nearly 21,000 submissions and published only 2,900 articles, videos, podcasts, and photo essays.



*Sophomore, Meghan DeHaven and Junior, Meghan Krapp*

## Clunan and Heh Recognized as the Bethel Park Rotary Club's Students of the Month

Bethel Park High School junior, **Josh Clunan** and senior, **Julie Heh** were each named the Bethel Park Rotary Club's January and December Students of the Month respectively.

Clunan is an excellent student with a 4.32 GPA and he is also involved in a number of extracurricular activities including the Interact Club, Teen Leadership Corporation (*GOLD/BOLD*), DECA and the National Honor Society. He also serves as a middle infielder on the state championship baseball team.

The versatile junior, who has seven siblings, is the son of **Dan Clunan** and **Becky Magnotti**. He hopes to enroll in the United States Air Force Academy and major in War Skill and Technology. To that end, he is considering attending flight school next year.

"I have long had an interest in flying and serving my country," said Clunan. "Attending the Air Force Academy would provide me with a strong foundation that could serve me for the rest of my life."

Like the military, applying to a service academy is not an easy process. Still, Clunan believes that he would thrive in that type of setting.

"I fully understand that it won't be easy, but the hard work required to succeed and the qualities and habits it instills are something that I am very interested in developing," he said.

**Heh** carries a 4.6 GPA, and is considering a career in actuary science. "I have just always loved math and I have spoken to a few people who are actuaries and they really love their job, so I thought I might give it a try as well," she said.

Heh is also the vice president of the high school's Student Government Association and its Best Buddies Club. She is also the community service chair for the National Honor Society. Outside of school, Heh is a standout defender on the Hawks girls soccer team, earning second team All-Big 56 honors as an outside back.

Heh has not yet chosen her college but is considering Robert Morris University and the University of Pittsburgh among others. Julie is one of six children of **Paul** and **Janet Heh**. Her siblings are **Bridget (22)**, **Meredith (21)**, **Sean (20)**, **Lauren (17)** and **Jennifer Heh (14)**.

Students are nominated for Bethel Park Rotary Student of the Month by administrators, teachers, students or community members and are chosen on the basis of academics, as well as scholastic, extracurricular and civic honors and awards, and organization membership and leadership.

At a luncheon held each month, honorees receive a certificate acknowledging their contribution to their community. For more information on Rotary and its mission, please ask any Rotary member about it or visit [bethelparkrotary.org](http://bethelparkrotary.org). You can also visit their Facebook page.



Roger Angelelli and Julie Heh

## 11 BPHS Student-Musicians Perform in the 2022 PMEA District Festival

Eleven Bethel Park High School students performed at the 2022 PMEA Senior High District 1 Festival at the David L. Lawrence Convention Center in January.

The students included violinists **Sarah D'Angelo**, **Clara McGough**, **Sam Pellis**, and **Samantha Wolf**; as well as bassists **Aidan Allridge**, **Bryce Clancy**, and **Jack Hatten**. The other instrumentalists chosen are **Anastasia Bogachenko** (*flute*), **Braden Lloyd** (*percussion*), **Rebecca Mack** (*oboe*) and **Rebekah Tupper** (*horn*).

"We were obviously very proud of all of our student-musicians and we were excited to see some of our best players perform with some of the top student-musicians in Western Pennsylvania," said the high school's orchestra director, **Mrs. Stephanie Glover**.

District 1 includes over 550 school and private music teachers from Allegheny, Fayette, Greene, Washington and Westmoreland counties. District 1 sponsors high school and junior high orchestra, band and chorus festivals for members' students who are selected either by tryouts or director recommendation and school size quotas. An honors string orchestra, honors band and honors chorus are offered to student-musicians by competitive audition. District 1 festival musicians may advance to Region and All State groups and even beyond.

**Mrs. Desiree Overree**, the Director of Orchestras Seven Lakes High School in Katy, Texas served as the event's guest conductor.



11 BPHS student-musicians performed in this year's PMEA district festival.

## Bethel Park Partnering with Peachjar on E-Flyer System

No more mangled permission slips, magically produced from the bottom of your child's backpack the night before a field trip.

No more learning about the big PTO fundraiser the week after orders were due.

Starting in February, Bethel Park School District began transitioning away from sending papers and flyers home with students. Instead, parents are beginning to receive digital fliers — electronic copies of the same documents — via email, thanks to a digital company called Peachjar.

Parents have begun receiving emails from Peachjar that provides them with user names and passwords. This will give them the opportunity to manage their accounts and digital flier delivery preferences, such as setting delivery frequency dates.

Parents also have the ability to opt out of getting emailed flyers if they want to.

Parents do not need to log in to Peachjar to receive or view the school's digital flyers. They will be able to go to each school's Peachjar webpage to see all school information, calendars, information from enrichment providers and school newsletters.

Peachjar will be used exclusively for the distribution of school-approved fliers and parents don't have to worry that their email addresses would be shared or used for other purposes.

According to **James Cromie**, the district's communications director, the initiative is a win-win for all concerned.

"Peachjar comes at no cost to the school district and it will save our schools tons of paper, reduce copy costs by thousands of dollars, and

allow our staff to spend less time making copies and more time with students," he said. "This is part of our effort to reach more families, embrace technology, be more environmentally friendly and increase efficiency."

For the most part, only school-sponsored information will be distributed by the schools' respective Peachjar accounts, Cromie said.

Some information from community organizations will be posted if it promotes services or educational experiences for students or parents,

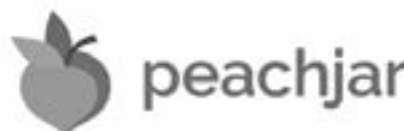
Cromie said. District administrators or building principals, will make that call, and the post will include a disclaimer noting that Bethel Park School District is not endorsing or promoting the post's contents.

Most people have access to the Internet, either via computers or smart phones, Cromie said. But the schools will also post printed copies in the offices and keep a handful available for any parents who don't have online access.

Most parents already use technology to monitor their children's academic progress in almost-real time, Cromie said. For several years, parents have been able to view grades, absenteeism and tardiness, he added.

"One of the main reasons we are doing this is to increase family engagement and allow community organizations to have another means to share their information," he said.

Peachjar will not replace any direct communication between educators and parents, Cromie said.







## Challenge Based Learning at NAMS

Fifth grade students in Mr. Steve Yost's class spent the better part of two months working on personal passion projects called Challenge Based Learning (CBL). The projects come in all shapes and sizes and can feature anything from engineering feats to art installations to military aircrafts and even planetary systems.

According to Yost, CBL provides an efficient and effective framework for learning while solving real-world challenges. The framework fuels collaboration to identify big ideas, ask thoughtful questions, and identify, investigate and solve challenges. CBL also helps learners gain deep subject area knowledge in an area in which they are already interested and it helps them develop the skills necessary to thrive in an ever-changing world.

"I am very proud of my students because they all worked very independently and very hard on their projects," said Yost.

The projects were divided into two teams, Team Ranger and Team Gemini.



Nathan Gild shows off his aerodynamic wind tunnel model.

### Team Ranger

- Nick Burt – Bomber Plane Model
- Xander Fleming – Virtual Reality Display
- Nathan Gild – Aerodynamic Wind Tunnel Model
- Tyler Melnik – Saturn Rocket/NASA Display
- Rylie Sillman – Lin Manuel-Miranda Display
- Jack Tena – Hydrophobic/Hydrophilic Science Experiment
- Harris Wannous – Bumble Bee Diagram

### Team Gemini

- Kai Decker – Maglev Model
- Samantha Huston – Constellation Display
- Michael Koontz – Dinosaur Mural
- Drew Kucharik – Solar System Mobile
- Emman Nelson – Gymnastics Display
- Dominic Perez – Thor Display
- Jack Waterstram – Military Helicopter Model



## FOLLOW THE BETHEL PARK SCHOOL DISTRICT ON SOCIAL MEDIA

You can stay up-to-date with the Bethel Park School District by following us on Twitter, LinkedIn, Instagram and Facebook!

Go to [@bpsd.info](https://twitter.com/bpsd.info) on Twitter or "Bethel Park School District" on Facebook, LinkedIn and Instagram to keep up with the latest happenings!

Are you or your child demonstrating symptoms of COVID-19?

For timely answers:

[covidquestions@bphawks.org](mailto:covidquestions@bphawks.org)

#StopTheSpread



## BPHS to Present "Cinderella"

Bethel Park High School will breathe new life into the classic fairytale, "Rodgers & Hammerstein's Cinderella," March 16-19, at 7 p.m. each night. Tickets are \$10 and can be purchased through the student activities office. The timeless enchantment of a magical fairy tale is reborn with the Rodgers & Hammerstein hallmarks of originality, charm and elegance. Originally presented on television in 1957, starring Julie Andrews, Rodgers & Hammerstein's Cinderella was the most widely viewed program in the history of the medium. Its recreation in 1965, starring Lesley Ann Warren, was no less successful in transporting a new generation to the miraculous kingdom of dreams-come-true, and so was a second remake in 1997, which starred Brandy as Cinderella and Whitney Houston as her Fairy Godmother. As adapted for the stage, with great warmth and more than a touch of hilarity, the hearts of children and adults alike still soar when the slipper fits.

Todd Kaczawa, the show's producer and vocal director, said he chose "Cinderella" precisely because it is such a departure from last year's musical, "The 25th Annual Putnam County Spelling Bee."

"Last year, the pandemic and all of the complexities that came along with it necessitated that we had to have a very small show and cast for safety reasons," he said. "We loved doing that show but this year, we wanted to get back to a more traditional large show with a large cast."

According to Kaczawa, though "Cinderella" was originally written for television in 1957, it was updated to its current version in 2013

and is now much better suited for the stage. "There are a number of excellent roles for both males and females and it has amazing choreography," he said, adding that the soaring score also suits Bethel Park's outstanding pit orchestra.

As has long been the case at Bethel Park, "Cinderella" will have two casts, with senior Isabella Zallo and sophomore Clara McGough each playing the role of the glass slipper-wearing princess. Senior Evan Isenberg and sophomore Nick Dell will play Prince Christopher. Junior Nora Bell and senior Anna Rosemeier are each the Fairy Godmother, while seniors Summer Barkley and sophomore Alea Taylor will portray the Evil Stepmother. The dance captains are sophomores Alayna Banks and Aubrey Manion, while the student directors are seniors Angelina Magnotti and Stefi DiPrampo.

### Tickets:

We encourage everyone to purchase your tickets in advance to ensure you can see your desired performance. Advanced tickets will go on sale, March 1-11, and can be purchased through the box office weekdays from 9-11 a.m., in the main lobby of the high school. An evening sale will also be held from 6-7:30 p.m. on Thursday, March 3, also in the high school's main lobby. The remaining tickets will be sold at the door on the evening of each performance on a first come, first served basis.

Tickets are \$10 each for most guests payable with cash or by check made out to Bethel Park School District. Gold passes will not provide free admission but senior citizens will receive half-price admission for Wednesday's and Thursday's performances. Students in grades Kindergarten through fourth grade will also be admitted for \$5 if they purchase their seats at the door on the evening of the performance.

If you have any questions please contact Mrs. Angela Ricciuti at 412-854-8514 or by email at [ricciuti.angela@bphawks.org](mailto:ricciuti.angela@bphawks.org).



## Kindergartner Vegetable Tasting at Memorial Elementary

It can be hard to get your kids to eat enough fruit and veggies, let alone the amount that experts say they should. But here's another reason to keep fighting the good nutrition fight: Studies show that the more produce kids eat, the better their mental health tends to be.

A recent report in "BMJ Nutrition" linked higher fruit and vegetable consumption with better mental wellbeing in school-aged kids.

The research also shows that taste exposure at a young age combined with nutrition education tends to increase kids' willingness to try unfamiliar foods like fruits and vegetables.

Also, the school lunch guidelines that were first introduced in 2010, stipulate that fruits and vegetables must be served every day; and green, leafy vegetables must be served once a week.

Kindergarten students at Memorial Elementary School recently participated on an event called, "Ms. V's Vegetable Tasting" in which they were exposed to a few different common vegetables like carrots, cherry tomatoes, red peppers and celery.

**Mrs. Kristen Mills**, who has taught Kindergarten at Memorial for the past 29 years, said the program is certainly nothing new and has long proven a valuable lesson for her students. "We just want to teach children how to eat healthy foods so they can grow into healthy adults," she said.

New, this year, is the involvement of Metz Culinary Management, Inc. Mills said she reached out to **Joe Consolmagno**, the district's General Manager of Food Services, to inquire about produce and he surprised her by offering to do much more.

"Not only did Mr. Consolmagno offer to provide the produce, he immediately offered to supply a dietician to speak with the students," she said. "That was an amazing surprise!"

**Madison Wurst**, a dietician for Metz Culinary Management, and a Bethel Park resident, led a vegetable sampling event with some of quick facts about each vegetable and how they benefit our bodies.

"These events are so valuable to students because the nutritional lessons they learn now will become habits they take with them for the rest of their lives," said Wurst.

According to **Mrs. Dana Polis**, the other Kindergarten teacher at Memorial Elementary, her students were very receptive to some of the new tastes and textures. "I just think, as educators, we have a responsibility to educate the whole child and events like this are just as important as the other lessons we work on with them every single day," she said.



## NAMS Stand Club Celebrates MLK Day

To celebrate **Dr. Martin Luther King, Jr. Day**, the STAND (*Standing Together Against Negativity and Discrimination*) Club at Neil Armstrong Middle School constructed a bulletin board commemorating Dr. King's legendary, "I Have a Dream" speech during the March on Washington for Jobs and Freedom on Aug. 28, 1963.

The STAND club, which now includes more than 100 students in grades 5-12, supports those who feel disrespected or misunderstood, celebrates differences of cultures and communities, offers a space to discuss and debate ideas, and reaches out to inform their fellow students and staff members of the beauty and value of all.

STAND regularly incorporates ideas from the district's Diversity, Equity, and Inclusion taskforce, including a new mentorship program and focus on DICE (*Diversity, Inclusion, Culture, and Equity*) Days, where students organize and plan school-wide activities celebrating the food, dance, music, art, and community speakers from groups that have been historically underrepresented.

Members of the group participate in a number of community-related causes like food and clothing drives, reading to elementary-aged students and raising awareness about inclusion-related issues.



## "Ms. Pat" Has Provided a Friendly Face for Five Decades of Memorial Elementary School Students



Much has changed since the early 1970s, when the average price of a television was \$188, the Pittsburgh Steelers were still searching for their first Super Bowl title under a young coach named **Chuck Noll** and cable television didn't exist, let alone the Internet. At Memorial Elementary School in Bethel Park, however, there has been one constant from that era and her name is **Pat Wasemann**.

"Ms. Pat," as she has long been known by generations of elementary school students and their families, has become an institution at the school, greeting students and their families each day as they come and go.

In November, the school celebrated Waseman's 90th birthday with some students creating Andy Warhol-style portraits of her, which adorned a section of the hallway, including the wall behind the bench named in her honor. Also, to commemorate her 50th anniversary of working in Bethel Park schools, Superintendent **Dr. James Walsh** brought her a bouquet of flowers and talked with "Ms. Pat" about her half-century of service to the district.

When asked about the key to her longevity, the quick-witted Wasemann, joked that the key was avoiding current principal, **Mr. Eric Chalus** as often as possible, before quickly adding, "In all seriousness, I think being around young people all the time wears off on you and it keeps you young," she said.





## District Hires New Principal at Independence Middle School



In January, **Mrs. Racquel Sutton** assumed her new role as the principal at Independence Middle School.

Sutton has a decade of experience at the middle school level and more than 20 years of secondary experience combined. She comes to Bethel Park from Southmoreland School District in Scottsdale, Pa., where she has served as an administrator since 2018 and was most recently the middle school principal. Prior to Southmoreland, Sutton worked at Greensburg Salem School District, where she was the middle school's dean of students, as well as its acting associate principal.

During her distinguished career, Sutton has built a strong reputation amongst her peers for her ability to build coalitions to support student success. Some examples of that quality include her service as the Peer Mentoring Coordinator, the Southmoreland Online Learning Academy (SOLA) Coordinator, and the Program for International Student Assessment (PISA) Test Coordinator. Sutton was also Southmoreland's National Math and Science Initiative (NMSI) Coordinator and she also worked on special education grants and created and organized clubs for the middle school. Sutton has also collaborated on various methods to convert classrooms into a blended learning environment. Before becoming an administrator, Sutton was chosen to work closely with and mentor student-teachers.

Sutton earned her Bachelor of Arts degree in History from Seton Hill University in 2000 and her Master in Education degree from California University of Pennsylvania in 2009.

"I am honored to be a part of such an outstanding school district," said Sutton. "The vision articulated to me during our discussions really inspired me and reenergized me in ways I never could have imagined."

Mrs. Sutton succeeds **Mr. David Muench**, who was recently promoted to the position of Director of Student Support Services.

## Dobos's Save Our Seas Campaign

**Quinn Dobos**, a third grader at Franklin Elementary School, is on a mission to help save the earth's aquatic life as part of her Save Our Seas fundraising campaign.

Inspired by a website of the same name, Dobos raised approximately \$800 in just over a month by giving a series of presentations to her schoolmates at Benjamin Franklin Elementary School.

"People don't realize how much we rely on the ocean for everything," said Miss Dobos, noting that approximately three billion people in the world rely on wild-caught and farmed seafood as a primary source of protein. "I just wanted to do something to help keep them clean and safe," she said.

Team Seas has smashed its target of eliminating 30 million pounds of trash from the ocean by generating \$30 million owing to donations from fans, content creators, and even billionaires, according to **Jimmy "MrBeast" Donaldson**.

Donaldson formed Team Seas in October 2021 with the goal of cleaning up 30 million pounds of rubbish from the ocean. He claimed that less than a week after Team Seas began, they had already cleaned six million pounds of rubbish from the water. After three months, the organization had accomplished its aim of removing 30 million pounds. Donaldson also acknowledged the 600,000+ additional donors to TeamSeas, which included content creators.

"We literally raised enough money to remove 30,000,000 pounds of trash from the ocean. That's [completely] insane," he said.



## SAT is Going Digital

The Scholastic Aptitude Test (SAT), once the unquestioned standard bearer of college entrance exams, will soon move to an all-digital format with shorter, more concise content that is expected to better prevent cheating and widen access to an exam that has come under increased scrutiny in recent years as a gatekeeper in the college admissions process.

The College Board owns the test and recently unveiled the changes, which won't take effect for U.S. students until 2024. The duration of the test, which will be administered at schools and testing centers with proctors, will be cut from three to two hours. Long reading passages will be drastically curtailed. According to the test's makers, the digital format will allow for a unique test for each student. That will increase security — test-takers will not be able to copy off someone else's test — but could raise questions about the inherent unfairness of students taking slightly different tests.

The College Board's announcement comes amid a growing national movement to eliminate standardized testing requirements for admissions decisions. More than 1,800 colleges and universities — nearly 80% of U.S. institutions that grant bachelor's degrees — have dropped requirements for fall 2022 applicants, with most making submission of test scores optional, according to the educational organization FairTest, the National Center for Fair & Open Testing.

It's unclear whether colleges and universities will reinstitute testing requirements after the pandemic eases or whether the digital exam will help the College Board rebuild its SAT market. SAT test-takers went from 2.2 million in the class of 2020 to 1.5 million the following year. This year, so far, approximately 1.7 million current high school seniors have taken the SAT.

Critics of college admissions testing have said standardized tests don't predict college academic performance as well as high school grades do and produce biased results based on race, income and parental educational levels.

Still, high schools — including Bethel Park — are continuing to give the test and many counselors are recommending that students take it. The College Board says there is overwhelming demand for it, especially since many of the nation's most competitive universities — including the Ivy League, CMU, Pitt and Penn State — have not eliminated it.

**Priscilla Rodriguez**, the College Board's vice president for college readiness assessments, said 83% of students surveyed by the nonprofit wanted the option to take the test and submit their scores.

"Let students take it, see how they do and see if they feel it reflects their strengths," she said of the test. "If it does, they put it forward. If it doesn't, they don't."

School counselor **Michael Bruce** noted that rival, ACT Inc. launched a digital international test a few years ago.

"The ACT went digital years ago and I'm sure that has put a lot of pressure on the College Board to modernize its test," he said.

Rodriguez said feedback from students, parents and colleges prompted many of the changes. But the digital format also benefits schools, she added, because it allows them more flexibility over testing dates. Because each test is unique, the SAT no longer has to be given to all students at the same time to prevent the sharing of information. About 60% of test-takers can do so at their campuses during school hours, rather than having to pay to travel to testing sites on weekends, during testing days set by the College Board. The digital format will allow schools to decide when to give the exam.

Students will be able to use their own devices, such as a laptop or tablet, or a school-issued device. For those without a device, the College Board will provide one to use on test day. If students lose connectivity or power, they won't lose their work or time while they reconnect. After a student has logged in to the test, its design prevents the opening of new tabs to search online for answers.

The new test also features a more user-friendly format. Long reading passages with several questions have been streamlined to shorter texts with one question tied to each over a greater variety of topics.

"It's a move of the College Board into the 21st century when it comes to improving the testing experience for students," said Bruce. "It's going to make things easier and more convenient for students and that is always something we can support."

# IMS Renovations Slated to Start Later This Spring

Bethel Park School District recently announced plans to renovate Independence Middle School, which will eventually restore it to a facility that houses students in grades 6-8 when the project is complete. This is part of the district's Master Facilities Plan, which was developed following an exhaustive 18-month process that included a feasibility study and multiple public meetings and discussions with internal and external stakeholders.



*Proposed Independence Middle School Exterior* ↑  
← *Existing Entrance*

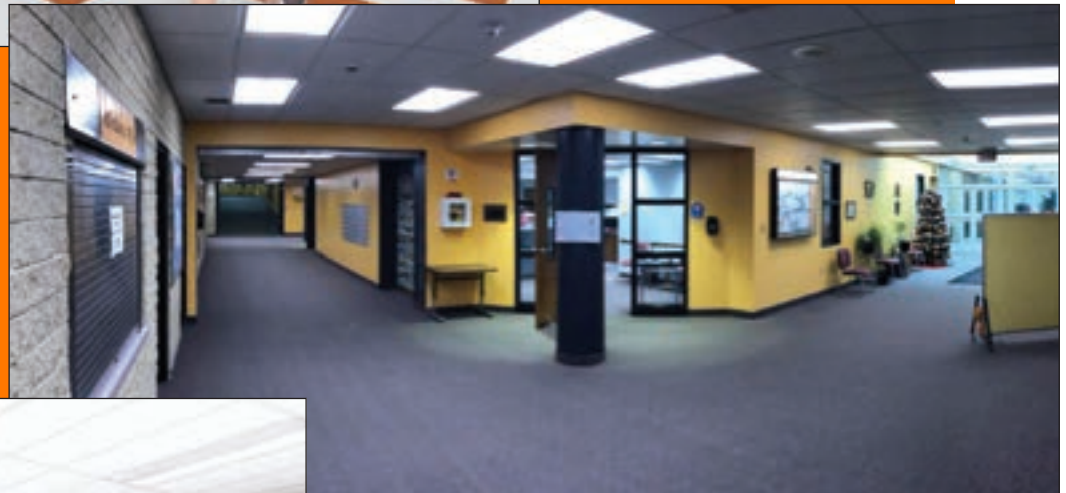




Proposed Lobby

Existing Lobby

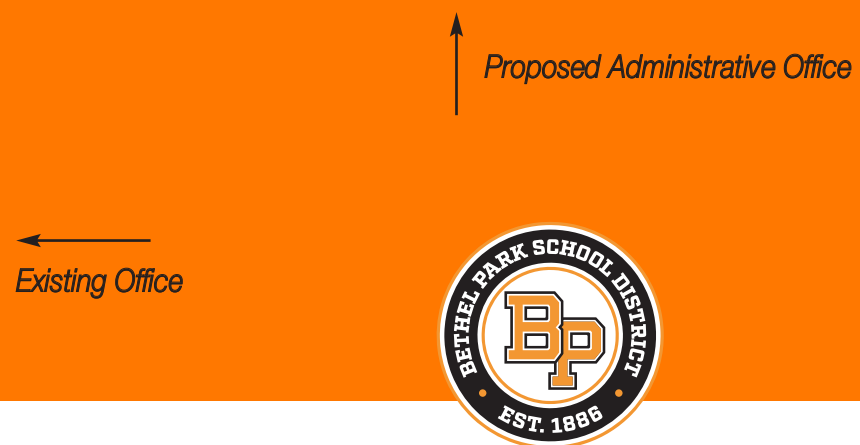
Proposed Classroom



According to Bethel Park Superintendent **Dr. James Walsh**, the facilities planning process has yielded five primary objectives:

1. Improving its students' overall educational experience
2. Establishing more consistent class sizes
3. Enhancing opportunities for students within the special education program
4. Upgrading school safety and campus security
5. Creating dynamic learning spaces that allow for cutting-edge instruction and support

"As we worked our way through this planning process, it became very evident to everyone that some of our learning spaces no longer meet our students' needs and doing nothing, or kicking the can down the road one more time, was simply no longer a viable option," Walsh said. "For us, the answer is very straightforward: how can we deliver the best possible learning environment for our students?"



The first phase of the Independence Middle School renovation is slated to begin later this spring with the anticipated completion coming in December of 2023. The priorities for the IMS project are:

- Rededicate spaces on the first floor to be classrooms for the sixth grade.
- Provide a dedicated large collaborative learning space of appropriate size to accommodate a minimum of two full classrooms of students.
- Relocate learning support classrooms so that they are evenly dispersed throughout the building.
- Keep Autistic Support and Life Skills Classrooms grouped together with some shared facilities.
- Provide an elevator that services all levels to create a more supportive environment for students and staff with mobility issues.
- Provide permanent partitions in lieu of operable walls to provide proper acoustical separation between classrooms. This will include adjusting circulation paths.
- Create a secure vestibule at the main entrance of the building to improve control of access to the school and all the spaces within it.
- Improve the dedicated STEAM (*Science, Technology, Engineering, Art & Mathematics*) room spaces.

“A construction project of this scope is obviously going to have a significant impact on the operations of the school,” said Dr. Walsh. “We are working now to devise ways to limit any potential educational disruptions while we transform IMS into a 21st Century learning facility.”



**Understanding GESA:**

The district has also committed to completing the IMS project under the terms of a Guaranteed Energy Savings Project. The Guaranteed Energy Savings Act (*GESA*) provides a procurement process to set up a win-win situation between the school district and a qualified Energy Services Company (*ESCO*).

The GESA process is unlike the typical design-bid-build process in which the lowest responsible bidder wins. The GESA procurement process selects the best qualified ESCO, provides the best value, and is the best fit for the system. Moreover, the result is a performance contract in which the ESCO provides design-build services, some operations and maintenance services, and an energy savings guarantee for a period of up to 20 years.

Utilizing the GESA procurement process provides the District with a method to complete capital improvements by superior providers, not just the least expensive. Additionally, the GESA process provides the district with a performance contract in which the provider guarantees performance in the form of energy savings.

Bethel Park is partnering with SiteLogIQ, which has helped a number of area schools complete projects on time, at a high quality level and prevent cost-overruns, including neighboring Peters Township School District.

“In speaking with our colleagues at Peters, they were very pleased with their experience with SiteLogIQ, and it made sense for us to sit down with them and discuss how their expertise may be of benefit to us,” said Dr. Walsh.



*New Independence Middle School Exterior*



## Four BPHS Students Named the Steel Center for Career & Technical Education Students of the Month

Four Bethel Park High School students have been recognized as the December Students of the Month in their respective programs by the Steel Center for Career and Technical Education. The honorees include senior **Zach Simmons** (*Computer Technology*), junior **Joey Stoner** (*Carpentry*), and sophomores **Kieren Banks** (*Veterinary Assistant*) and **Kylie Lewis** (*Collision Repair*).

Each month, Steel Center's very best students are recognized for their consistently high achievement and outstanding overall performance. The recognition is meant to acknowledge the students' unwavering commitment to their career and technical education as demonstrated by their outstanding achievement.

Simmons enjoys everything about his Computer Technology program and is particularly interested in the coding aspect of it. "I have just always been interested in how the binary behind it works," he said. "I love gaming and when I identify a glitch I like to imagine how to improve the coding to make them run better."

Stoner has always loved building things and aspires to one day become a carpenter. "I enjoy the Carpentry program because of the relationships I've been able to forge and the amount of instruction I've received," he said.

The Veterinary Assistant program was a natural for Banks, who has always loved animals, particularly rabbits. She is especially grateful to her teacher, **Mr. Nicholas Rivituso** for helping her design a pathway to achieve her goals. "We have to do a lot of classroom work before we can begin working with the animals and 'Mr. R.' makes that process interesting and fun," said Banks.

Lewis gained an interest in Collision Repair from working with her

father, **Dave**, who owns D-Maxx Automotive in Hazelwood. "I just love being able to take cars apart and make them perfect so that customers are happy," she said.



From left: Kylie Lewis, Kieren Banks, Joey Stoner and Zach Simmons

## Bethel Park School Campuses to Restrict Pedestrian Traffic During the School Day

Starting in March, unauthorized pedestrian traffic will no longer be permitted on the respective campuses of Bethel Park schools. Parents and others with legitimate school business will not be impacted by this minor procedural change. All others will be asked to use other municipality resources during the school day. When school is not in session, everyone is welcome on school grounds.

Bethel Park School Police Chief, **Chris Gawlas**, said the idea to limit pedestrian traffic around the schools during the school day was something evolved over time and is part of a larger effort to keep students and staff safe.

"Our job as police officers is to keep our students and staff as safe as possible and this measure is just the latest example of that approach," he said.

Gawlas pointed out that in recent years, Bethel Park has implemented more stringent background checks for employees, vendors and volunteers. It has also closed its athletic facilities to the public during school hours; and this year, the district adopted the Raptor school visitor screening system that provides schools with an effective way to help keep unwanted visitors out while keeping track of those admitted into its schools.

"We just looked at all of the other safety measures we have successfully implemented in recent years to keep our students and staff safe and it only made sense to also restrict campus pedestrian traffic so that we have more control over who may interact with our students while they are at school," said Gawlas.



## DECA Members Excel at District III Competition

In December, 26 BPHS DECA members participated in the PA DECA District III Conference at South Hills Country Club.

The following students received a trophy for their performance and qualified for the PA DECA Career Development Conference to be held in Hershey, PA. They will be joined by approximately 35 additional students which are currently working on written papers and presentations.

**Lexi Dorfner** was elected to serve as the PA DECA District III Representative for the 2022-2023 school year!

### FIRST PLACE FINISHERS

- **Gavin Barzan & Jack Hartman** - Business Law & Ethics Team
- **Izzy Cieply & Hannah Molli** - Buying & Merchandising Team
- **Ethan Drahusz & Marquise Ross** - Marketing Management Team
- **Tobias D'Andrea & Lucas Lybarger** - Sports & Entertainment Marketing Team
- **Dom DePasquale** - Accounting Applications
- **Lexi Dorfner** - Apparel & Accessories Marketing
- **Sadie Fedor** - Retail Merchandising
- **Owen Sivetz** - Personal Financial Literacy

### SECOND PLACE FINISHERS

- **Emma Bianco** - Restaurant and Food Service Managements
- **Audrey Campbell** - Principles of Hospitality & Tourism
- **Mia Coccagno** - Business Services Marketing
- **Liam Darr** - Quick Serve Restaurant Management
- **Nick Gasper & Forrest Shaw** - Hospitality Services Team
- **Cameron Kent** - Human Resources Management
- **Clancy Orié & Brady Remington** - Buying & Merchandising Team
- **Tommy Smith** - Sports & Entertainment Management
- **Martina Tatalias** - Marketing Communications

### THIRD PLACE FINISHERS

- **Abigail Goldenberg** - Food Marketing
- **Mason Miller** - Entrepreneurship
- **Tacey Trypus** - Principles of Business Management & Administration



## BPSD to Host Family Engagement Series Event "Executive Functioning at Home and School," Jan. 10

Bethel Park School District Student Support Services is pleased to host "Executive Functioning at Home and School," at 6 p.m., Monday, Jan. 10 in Room M429 of Bethel Park High School (309 Church Road, Bethel Park, PA 15102).

The free 90-minute program, which will focus on practical strategies to support students at home and school will be presented by **Erin J. Grimm, Ed.D.** & **Amanda Zimmer, MA, BCBA**, Training and Consultation Coordinators for the Allegheny Intermediate Unit. It is the second workshop of the year as part of the school district's *Family Engagement Series*.

Executive function skills are the attention-regulation skills that make it possible to sustain attention, keep goals and information in mind, refrain from responding immediately, resist distraction, tolerate frustration, consider the consequences of different behaviors, reflect on past experiences, and plan for the future (*National Center for Education Research, 2016*). Educators and parents are becoming more aware of the importance of these skills for supporting learning in school settings for all students including students with disabilities. This session will focus on practical strategies to support students at home and school.

Everyone is welcome to join us for this important discussion and anyone interested in attending the event should call Student Support Services at **412-854-8735** to register. Light refreshments also will be served.

Also, please note that the third workshop in the Family Engagement Series is scheduled for Tuesday, March 8, 2022, from 6 to 7:30 p.m.

## SHIM Pittsburgh Recognizes Lincoln Elementary Garden Managers, Douds and Pazuchanics

Garden Managers **Dawn Douds** and **Denice Pazuchanics** were recently recognized by South Hills Interfaith Movement (SHIM) Pittsburgh for their efforts on the garden at Abraham Lincoln Elementary School.

Over the past decade, SHIM's Community Gardens Program has provided our South Hills neighbors with close to 115,000 pounds of nutritious vegetables, along with opportunities for nutrition education, cooking classes and gardening education.



## Back to the Future Letters

One of the many unfortunate impacts of the pandemic is that it has robbed students of experiences that would be taken for granted in another time.

For example, like their peers from all across the country, recent graduating classes at Bethel Park have missed out on traditional staples of the high school experience like school dances, college tours, big games, musicals and the usual pomp and circumstance of graduation – all because of the pandemic.

But thanks to one devoted middle school teacher, many of the outgoing seniors have retained one rite of passage virtually unique to Bethel Park: reading a letter from their seventh-grade selves that took them "back to the future" to both an earlier identity and a time when the world was not in the grip of a global crisis.

"It is definitely a creative writing assignment, but it is also truly like stepping into a time machine" said Independence Middle School English teacher, **Jeff Schilling**, who first brought the project to Bethel Park more than two decades ago. "It is just incredible how many times over the years people have told me in person or written to me to tell me about how much that experience meant to them."

For the past 22 years, Schilling has asked his seventh-graders to compose letters to their future 17 and 18-year-old selves. Letter writers describe their life as a middle schooler, chronicle current events, and share some wishes for what lies ahead. After the students seal, stamp, and address their messages – also, all part of the lesson – Schilling locks the envelopes safely away for five years to be sent back just a few weeks before their high school graduation.

**Kathy Hitt**, who recently retired from the Bethel Park branch of the United States Post Office, has helped meter and mail nearly every single one of the letters over the past two decades. She said the whole project is just a wonderful tradition. "I just love the idea of a kid writing a letter to themselves as a young adult and they have this time capsule reminding them about who they were friends with, who they were talking to and everything else happening during a very chaotic time in your life," she said. "It's just a brilliant idea and I'm going to miss being a part of it."

According to Schilling, the longest "Back to the Future" letter he has ever mailed was some 68 pages long! He also insists that normally, no one but the letter writers themselves ever lays eyes on these time-bending documents. He does concede, however, to occasionally taking a peak inside some of the boxes the kids sometimes also send their future selves as time capsules of sorts.

"Kids are just incredibly smart and perceptive and also so funny and creative," he said. "They really do send themselves some hilarious or occasionally poignant items."

Schilling said some of the most creative items his students have sent themselves have included various props, fashion items, lunch money and even shoes!

As one might expect, many of this year's crop of letters is focused on COVID-19, said Schilling. "They're pondering many of the same questions we're probably all asking ourselves," he said.

"By the time you open this – five years from now – what will this all look like?" he asked. "Will we still be wearing masks? Will we have figured out how to live with the coronavirus, so I can hug my grandparents and hang out with my friends again? Things like that."

"I think we're all wondering those things and these letters will provide the graduating class of 2027 with a remarkable reminder of what the entire world's state of mind back when they were doing this project way back in 2022," he laughed.



Jeff Schilling and Kathy Hitt

## NOW HIRING!

Join the Bethel Park School District team as a **BUS DRIVER** or **BUS AIDE** and enjoy the benefits of being a Pennsylvania School District employee.

Visit [www.bpsd.org](http://www.bpsd.org) for more information.



## Black Hawks Football Team Gains National Attention for their Good Deeds



Junior, John Barr was one of approximately 40 Bethel Park football players who shoveled more than 100 driveways in the community on Dr. Martin Luther King Jr., Day.

Following a January blizzard that dumped more than 10-inches of snow on Bethel Park, high school football coach **Brian De Lallo** had an idea for his players to get a good workout in while also helping their community.

The tweet simply read, "Due to expected severe weather, Monday's weightlifting workout has been canceled," the coach wrote. "Find an elderly or disabled neighbor and shovel their driveway. Don't accept any money — that's our Monday workout."

According to De Lallo, the forecast was a major factor in his decision. "We knew the weather would be bad and we didn't want our kids out on the roads in those conditions," he said. "We were off school for MLK Day anyway, so we thought this was the perfect solution."

Approximately 40 players heeded their coach's call and shoveled out more than 100 homes throughout the municipality over the next few days. Soon, De Lallo's tweet, and his players' response to it, began to get noticed by local media and eventually national media outlets like the Washington Post and Fox & Friends. It was not a new message from Coach De Lallo. In fact, it is something of the Bethel Park tradition.

"I came to Bethel Park in 2002 and (*former coach*) **Jeff Metheny** was doing it even then," said De Lallo, adding that many other area football teams also do something similar. "I think I was just the first coach to tweet it out or get noticed for tweeting it out," he said.

De Lallo said that one of the things he loves most about coaching is that it is about so much more than just coaching Xs and Os. "We have approximately 70 young men on this team and many of the lessons we are instilling

in them now are things they will take with them for the rest of their lives and will make them not only better football players, but also better sons, and brothers; and eventually better husbands and fathers," he said.

De Lallo was most proud that his players' kind deeds seemed to spur a chain reaction within the community. "It was crazy how neighbors would see the kids shoveling snow and soon they would be out there with them," he said. "We had crews with moms and dads and brothers and sisters; and we also had kids who play on other teams at the school. It took off and became a community thing, which was great!"

## Get Up-To-Date Black Hawks Athletic Schedules

Stay up to date with all of the latest information and changes to the Bethel Park High School sports schedules by visiting the Team Schedules page on the Athletics section of the website.

Get information on all Bethel Park sports teams, or just the ones you're interested in. Sign up on the site to have updates and schedule changes emailed to you so you will know if something is canceled due to inclement weather. It's a great way to stay in touch with all of our athletic teams, especially when we have unpredictable weather that necessitates postponements and



## STEAM Storytime

Bethel Park School District's five-year Strategic Plan prioritizes the integration of STEAM (*Science, Technology, Engineering, Art and Mathematics*) learning across the K-12 curriculum. During the 2021-2022 school year, the BPSD elementary school library media specialists have embraced the opportunity to promote these types of experiences through their STEAM Storytime program. Each month during library class, students in grades K-4 participate in a design challenge that integrates children's literature with hands-on learning and critical thinking.

A STEAM Storytime website is available to all community members that features the book(s) of the month, as well as the monthly challenge. It also includes enrichment materials, educational videos, and other ideas to promote STEAM learning at home. The site can be accessed by scanning this QR code.

According to **Mrs. Mandi Figlioli**, Coordinator of Curriculum and Instruction for K-12 STEAM at BPSD, using literature as a powerful instructional tool is key.

"It provides a context for learning and inspiration for design," said Figlioli. "The STEAM Storytime program is an exciting and equitable opportunity for students across all of our elementary schools to cultivate a love of literacy, explore



high and low tech materials, and gain 21st century skills."

The Bethel Park Library Media Specialists who oversee the program include: **Taylor Allman** (*Abraham Lincoln Elementary*), **Lesa Donati** (*William Penn Elementary*), **Amy Ivanusic** (*Benjamin Franklin Elementary*), **Cathy Johnson** (*Memorial Elementary*) and **Rebecca Minella** (*George Washington Elementary*).





## Six Former Black Hawks Student-Athletes Inducted into the Bethel Park Athletic Hall of Fame

Last year, because of the pandemic, Bethel Park was unable to hold its annual Athletic Hall of Fame Induction Ceremony. In September, the Class of 2020 was finally inducted. Then, in December, the Bethel Park Athletic Hall of Fame welcomed its Class of 2021.

This year's Honorees were:

- **Clarence "Mickey" Carlson** (Class of 1953—Football, Baseball and Basketball)
- **Dr. Patricia Downey** (Class of 1976—Volleyball, Basketball, Softball)
- **Rhonda Phillips** (Class of 1978—Diving)
- **Justin Glock** (Class of 2002—Ice Hockey)
- **JJ Schumacher** (Class of 2002—Basketball, Soccer and Track)
- **Bre Ford** (Class of 2011—Football)

More about this year's inductees:

**Clarence "Mickey" Carlson** ('53) – Four-year member of the varsity football team (1949-1952), for which he played quarterback, halfback and place kicker...Scored more than 100 career points at Bethel Park at a time when scoring was historically low...Guided Bethel Park to a perfect 10-0 season in 1951...on the diamond, Carlson had a dazzling 1.33 career ERA as a pitcher, leading his team to two section titles and two section runners-up finishes...also earned two varsity letters in basketball...played college football at Michigan State (1955 and 1956).

**Dr. Patricia Downey** ('76) – Dr. Downey was a three-sport standout in volleyball, basketball and softball, captaining all three programs to some of their best ever seasons. Still, according to those who know her best, her greatest achievements may have been less tangible. According to her former coach, **Jill Wulfkuhle**, Dr. Downey became a team leader in all the sports she played. "I believe her greatest strength was her ability to play smart, and make every teammate feel valued. Our goal in athletics is to encourage the development of the whole person, and Dr. Downey is certainly a role model for all young female athletes."...Played collegiately at West Virginia (1977-1980).

**Rhonda Phillips** ('78) – Four-year letter winner (1975-1978)...Helped guide Bethel Park to four consecutive WPIAL championships...Two-time WPIAL Diving champion (1977 & 1978)...1978 PIAA Diving silver medalist...Placed in the top five at the WPIAL championships all four years...as a collegiate diver at Clarion, Phillips was a four-time All-American in both the 1-Meter and the 3-Meter Board and was a three-time NCAA Division II National Champion in 3-Meter Board...Phillips was also a six-time PSAC diving champion...as the diving coach at Bethel Park between 1983 and 1990, Phillips led the boys team to eight WPIAL titles and four PIAA state championships and the girls team to four WPIAL championships and the 1987 PIAA state title.

**Justin Glock** ('02) – A force on the ice, Glock led Bethel Park to three consecutive Penguins Cup and PIHL state hockey championships (2000-2002), including the overtime winner in the 2002 Pennsylvania Cup final...Bethel Park went 79-2-1 during that epoch...2002 Pittsburgh Tribune-Review High School Player of the Year... Two-Time PIHL All-Star, Pittsburgh Post-Gazette Stellar Six and Almanac Hockey MVP (2001 & 2002)...Played collegiately at Ohio, where he helped lead the Bobcats to the 2004 ACHA National Championship...Also played at Pitt...Currently the head coach at Baldwin, leading the Highlanders to the 2021 Penguins Cup and PIHL state championship.

**JJ Schumacher** ('02) – Three-year starter in basketball and soccer... On the hardwood, Schumacher scored 914 career points, averaging 20 points per game as a senior en route to being named a 2002 All-Section selection. Schumacher also helped the Black Hawks reach the WPIAL quarterfinals in 2000... On the soccer pitch, Schumacher scored 36 career goals, 18 of which came during his senior season...2001 All-Section Selection and All-South Area Team...Led the Black Hawks to 34 wins in three seasons, including an appearance in the 2000 WPIAL boys soccer playoffs...2002 WPIAL Long Jump Champion (21 feet, 5.5 inches)...Played collegiate basketball at Pitt-Johnstown (2003-2007), where he started for three years, scoring 500 career points, while collecting more than 300 career rebounds and registering more than 100 career steals. His 418 career assists place him in the top 10 in that category in UPJ history.

**Bre Ford** ('11) – A four-year letter-winner in football (2007-2010), Ford rushed for 3,518 career yards and scored 51 career touchdowns...Two-time Pittsburgh Post-Gazette All-WPIAL Fabulous 22 and Almanac All-Star selection...Three time All-Conference selection...2007 Almanac Newcomer of the Year... helped lead the Hawks to four consecutive postseason appearances including two conference titles and the 2008 WPIAL Championship...Four year letter-winner at Akron (2011-2014), where he played safety, recording 105 career tackles (64 Solo), four forced fumbles and three interceptions.

The committee also recognized **Paul Studt** for his contributions to Bethel Park athletics. A wondrously talented photographer, Mr. Studt has been faithfully shooting Black Hawks student-athletes since 2006.



Congratulations to the BPAHF Class of 2021 (from left): Paul Studt, Bre Ford, JJ Schumacher, Justin Glock, Rhonda Phillips, Dr. Patricia Downey and Mickey Carlson.



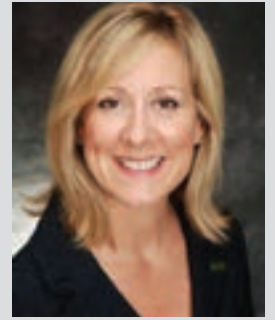




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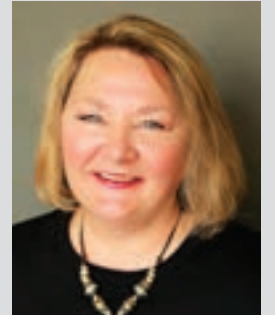
**DEL BURRELL**



**TAMMY FAZIO**



**BEV FUSCO**



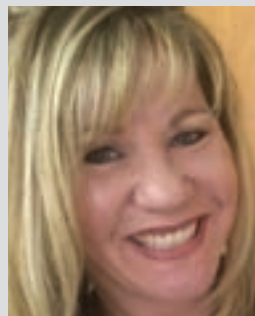
**JANET HENSLER**



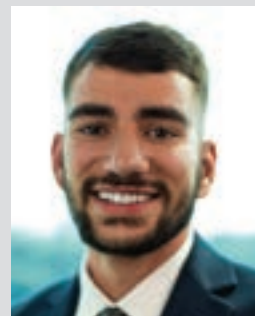
**JOSH LEWANDOWSKI**



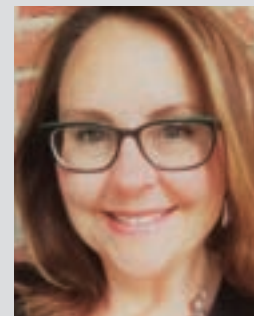
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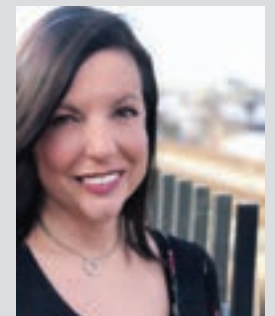
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Advertise in the May 9th issue of *Chronicles*! Call Janet Davin at 412-831-6800, x211 to reserve your spot. Ad deadline is April 5th!

This is just a sampling of the many fun and exciting events and programs on the horizon here in Bethel Park!



Upgrade your child's park experience this spring!  
Learn how on pg. 8.



Don't miss this Fundraiser in April!  
See pg. 8 for information.



National Library Week  
April 3-9  
See pgs. 5-7 for program offerings this quarter!



Farmers Market  
Opens May 3  
Learn more on pg. 30.

Recreation Summer  
Camp Registration Open Now!  
See pg. 28.

Be sure to look inside this issue to learn all about these programs and activities as well as many more.

No Cook Tuesdays  
begin  
March 8th!



Ditch cooking and pick up some amazing food!  
See pg. 34 for details!

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Check to see if yours needs replaced.  
See pg. 4 for details.

