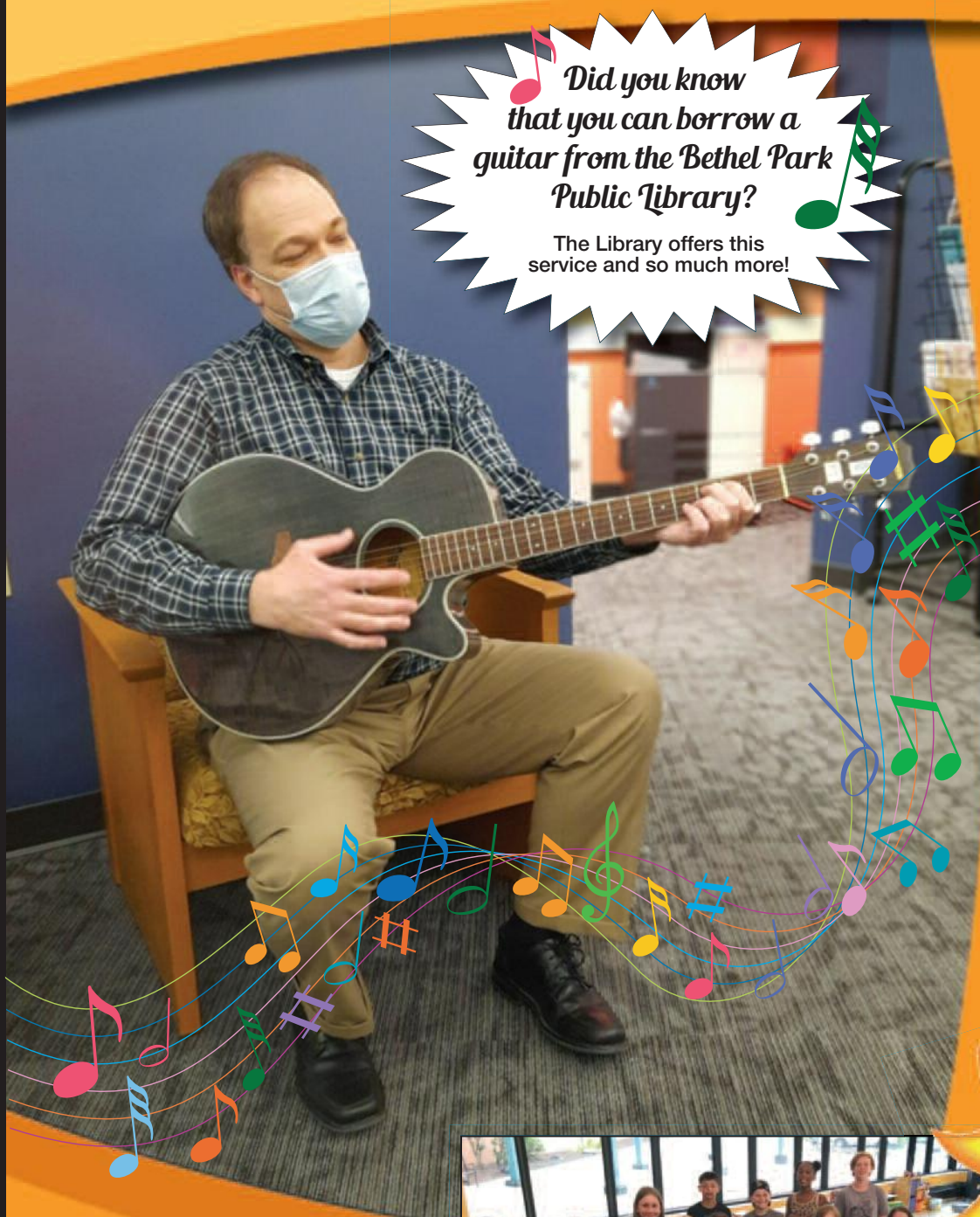


Bethel Park CHRONICLES

The Official Bethel Park Municipal & School District Newsletter



*Did you know
that you can borrow a
guitar from the Bethel Park
Public Library?*

The Library offers this
service and so much more!

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Recreation
Summer Day
Camp will be
back this June!
See pg. 27 for
details!





SAFER KINDER FASTER

DON'T DELAY EMERGENCY CARE

Emergencies happen even in uncertain times. Don't risk your health by putting off needed medical care, especially when you have access to the region's only hospital to be awarded an 'A' grade for patient safety for more than 8 consecutive years. Our emergency room utilizes the latest protocols to get you well — and keep you safe — so that the healing starts the second you arrive, all at a hospital that's a national leader in patient satisfaction. So don't wait. Get the care you need now. Safer, kinder, faster.



St. Clair Hospital



1000 BOWER HILL ROAD

• MT. LEBANON, PA 15243

• 412.942.4000

• STCLAIR.ORG

Bethel Park/South Park Wastewater Treatment Plant Handles Unprecedented Amount of Clogs Since COVID-19 Began



John Oakes, All Pro Plumbing, works to remove a residential sewer clog.

Since the start of COVID, the Bethel Park/South Park Wastewater Treatment Plant has experienced weekly clogs in its system, something that hasn't happened for at least the past 35 years according to Treatment Plant Superintendent Scott Dunn.

"I've worked here over 35 years and haven't experienced anything like this before," said Dunn. "Since COVID, we have weekly clogs; before, we simply didn't experience these issues."

And, residents are experiencing backups in their homes as well due to flushing a variety of items down their commodes.

"It's unbelievable what we see people flushing," said Dunn.

According to John Oakes of Bethel Park's All Pro Plumbing and a member of the Municipal Authority Board, "In the past, we normally handled clogs involving flushable wipes 2-3 times a year; now, we see it happening 3-5 times each week. People are flushing baby wipes, flushable wipes, sanitary items and other things since the start of the pandemic."

Previously, Oakes said that the main cause of clogs was primarily due to tree roots growing into the pipes. Now with the increase of flushing non-flushable items, resident homes are frequently being affected.

"People call because they have water or sewage backup coming into the floor drains of their garages or basements," said Oakes. "We go out and snake it and about 50 percent of the time, we can pull out what's in the sewer line or we can push it through to clear out the customer's line."

According to Oakes, the average sewer cleaning cost is \$195; however, heavier clogs requiring more machinery may cost more.

"If it's badly clogged and repairs are needed, the cost can reach the thousands to dig up and repair a line. While simple clogs can be handled fairly quickly, more extensive ones can take up to about a week to replace something like a broken pipe line," added Oakes.

And, he said people are usually surprised when they see that their lines were clogged from flushable wipes.

"When we pull out the clog, the wipes are usually dirty and brown because they don't break down and disintegrate in water," he said. "Customers are usually surprised and question what we're pulling out of their line and we explain that it's the wipes."

Dunn explained that if an item doesn't disintegrate in water, it should not be flushed.

"Really, the only thing that should be flushed along with waste is toilet paper," said Dunn. "Not wipes, even though many are marked as flushable."

Oakes further explained that 90 percent of the Bethel Park area has clay piping and anything travelling through it that isn't smooth will get caught and cause a clog.

"Some of these wipes are also thicker than others which also causes issues," said Oakes. "These wipes do not break down in your plumbing system. Sometimes, they travel into the main sewer, but most times, they're getting clogged in the home's sewage system."

Another challenge is that Treatment Plant employees have to manually clean the clogs each week, which they've never had to do before.

"We used to do periodic maintenance on the intake grinder sewage pumps for the Treatment Plant, now we have to do this almost weekly or we aren't able to receive any water flow from the community," said Dunn. "Because our employees have to physically remove these items, it creates health and safety issues for them."

Dunn explained that they'll be installing some new equipment to help them deal with the issues that they're now experiencing due to COVID. However, "We'd truly appreciate our customers limiting what they flush to help the Plant run efficiently without the numerous weekly clogs."

Please refer to the box on the right showing flushing guidelines.

"I've worked here over 35 years and haven't experienced anything like this before."

Treatment Plant Superintendent Scott Dunn

Flushable wipes that were removed from a sewer line.



Help Keep YOUR Sewage Treatment Plant Running Smoothly!

For the past several weeks, there's been an increase in clogged lines at the Sewage Treatment Plant serving our area due to residents flushing items that should be placed in the trash.

The only thing that should be flushed is toilet paper. Any wipe products on the market today used to clean and disinfect your homes should be thrown in the trash.

It's a Toilet, NOT a Trash Can!



Never flush the following items; toss them in the trash instead: baby/facial/cleaning wipes; tampons; sanitary napkins; medication; hair; dental floss; cotton swabs/balls; bandages; bags and towels; rubber items (like latex gloves); fat/cooking oil/grease; clothing labels; candy/food wrappers; syringes; cigarette butts; disposable toilet brushes; kitty litter; aquarium gravel; plastic items; diapers; fruit stickers; and paper towels.



MANAGER'S CORNER



Laurence Christian

As I've said so many times before, our community has shown just how strong it is throughout the pandemic demonstrating that when things get tough, Bethel Park not only rises to the occasion but excels beyond all expectations!

Recently, I had the pleasure of talking about our community during a special live online public forum sponsored by the Peters Township Chamber of Commerce where I had the opportunity to review Bethel Park's accomplishments from 2020 and discuss what lies ahead for the community in 2021.

I thought I'd share some of this information with you as well.

Regarding the pandemic, we had residents who jumped in to serve the community in so many touching ways such as holding emergency food drives helping thousands of individuals; "Sewing Warriors" making hundreds of masks for community members and first responders; numerous donors (often more than the drive could accommodate) at our monthly blood drives; and at the Municipality, our staff pulling together to set up a variety of COVID-19 resources for the community.

And, even with all that was going on, we were still able to hold a number of community-wide special programs and events.

Our Farmers' Market was voted as one of the top three in Pittsburgh for 2020 and hosted about 800 visitors each Tuesday; we also held fun community parades for Halloween and Easter which were in conjunction with the Bethel Park Community Foundation; we started our Kindness Project recognizing acts of kindness in our community and spreading community positivity; and we offered our Live Well Bethel Park Series virtually offering COVID information as well as other health topics.

During the lockdown, we opened the Community Center to a local daycare provider to offer essential child care services for those parents needing to return to work; and we've tried to support local business through our "Buy Bethel Park" program. If you are a local business and would like to be listed on our

website, please see pg. 11 to learn how you can participate! We're also working with area Chambers of Commerce on this initiative.

Very soon, you'll also find a listing on our website showing the number of awards and accreditations our employees and departments have received. To highlight a few, BPTV recently received five Greater Pittsburgh Community Media Awards and we reached "Gold Certification" in the Sustainable Pennsylvania Community Program.

If you haven't had the opportunity to stop by Miners Park yet, please do! You'll see that we installed new playground equipment that's been very well received. Plans are underway to also make updates at both Millennium Park and Park Avenue this year.

("Manager" cont. pg. 17)

Learn More About Stormwater!

The United States Environmental Protection Agency defines stormwater as "runoff generated from rain and snowmelt events that flow over land or impervious surfaces such as paved streets, parking lots and building rooftops and does not soak into the ground." As the stormwater runoff flows, it collects pollutants such as pesticides, sediment and trash before entering our waterways, such as streams and rivers.

In order to prevent these pollutants from entering our waterways, BMPs, or Best Management Practices, are utilized. Examples of BMPs are rain gardens, rain barrels and permeable pavement. Along with improving water quality, BMPs can also control flooding and reduce erosion.

See Answer Key on pg. 17

STORMWATER WORD SEARCH

M U K W D J N G O L Q P K W I
 J O B N A B U J B M P S U A S
 A D O V C O X E Y Y H E T M
 G I E W V P T Z Y C W Z W E P
 R N H Z N B O P J B I W G R L
 O R X K W C G L Q W D B D W C
 L Y U U S K R V L Y I S M A W
 H W P N O M Y M Y U D H I Y A
 H T T A O V H G D U T L J S A
 U Q Q Q Y F D U C Y V A I T U
 P H M U B A F H Y L F G N I Y
 M T T X N B H C G M Z P R T A
 M U C X K S L Z F I L T A P S
 Q M H H C S T O R M W A T E R
 B Y L H A R F E U N M O V C K

STORMWATER

RUNOFF

POLLUTANTS

WATERWAYS

BMPs

Holiday Decorating Contest Winners Announced

Congratulations to our Bethel Park 2020 Holiday Decorating Contest winners!

Ward 1	Dennis & Beth Harsh	5573 Fera Drive
Ward 2	James & Beverly Fusco	106 Michelle Circle
Ward 3	Dan & Cara Snyder	3566 South Park Road
Ward 4	David & Carol Lucci	6650 Chapel Drive
Ward 5	Terry & Beth Smith	3524 Valley Drive
Ward 6	Jeffrey & Lisa Schmigel	1108 McKnight Drive
Ward 7	Thomas & Kristie Dawson	3008 Oakhurst Road
Ward 8	Robert & Gail Ralicki	5173 Orchard Avenue
Ward 9	William & Toni Diethorn	121 Amberwood Court

"The displays were beautiful and festive," said Mayor Jack Allen. "We truly appreciate all the effort our residents took to decorate their homes, the judges for their work, and all those who took time to nominate a display!"

***.bethelparklibrary.org
412-835-2207



MOST PROGRAMS ARE FREE OF CHARGE

ADULT PROGRAMS

TECHNOLOGY CLASSES

Make an appointment to learn more about your laptop, e-reader, smart phone, or common software programs. Appointments are 45-minutes long. Bring your charged device and all relevant cords/cables. Don't have a device? Learn on one of our computers! These free classes include (but are not limited to): Basic Internet, Email, Microsoft Word, 3D Printing & Windows. Days and times vary. Call for more information or to schedule an appointment.

MYSTERY BOOK CLUBS

2nd Wednesday of each month 10 a.m.
3rd Wednesday of each month 7 p.m.

MONDAY EVENING BOOK CLUB

Last Monday of each month 7 p.m.

THURSDAY EVENING BOOK CLUB

3rd Thursday of each month 7 p.m.

THURSDAY MORNING BOOK CLUB

Last Thursday of each month 10 a.m.

NEW Library Operating Hours

Beginning on Monday, Feb. 1, the Library hours of operations will be as follows:

Monday – Thursday	10 a.m. – 8 p.m.
Friday – Saturday	10 a.m. – 5 p.m.
Sunday	1 – 5 p.m.

NOTE: Depending on the positivity rate of COVID-19, the Library may only be offering curbside pick-up with limited hours. Call the Library for more information.

CONVERSATION SALON: DISCUSSION GROUP

1st & 3rd Friday of each month at 10:30 a.m.
Let's talk! Experience the simple joy of conversation. Join us to freely exchange ideas, thoughts, and opinions. At each session we will choose a topic as a starting point and see where the conversation leads. Sound interesting?

New!

KNITTING AT THE LIBRARY

Every Wednesday! 6:30-8 p.m.
Knitters of all levels welcome. Bring your yarn and needles to knit, stitch and talk!

SCRABBLE CLUB

Fun, friendly games every Tuesday at 1 p.m. New members welcome!

PINOCHLE CLUB

2nd & 4th Fridays of the month at 12 p.m.
Play some Pinochle! (Not a class, experienced players preferred.)

PITTSBURGH SOUTH WRITERS GROUP

2nd Tuesday of the month at 7 p.m.
Attention Writers!
Pittsburgh South Writers Group offers writers of all genres the inspiration and constructive criticism needed to improve their work.

GENEALOGY GROUP

Meets the 4th Monday of the month at 1 p.m.
Exchange information and research ideas. Call or check the Library's Event Calendar webpage for next meeting date.

MEMORY CAFÉ

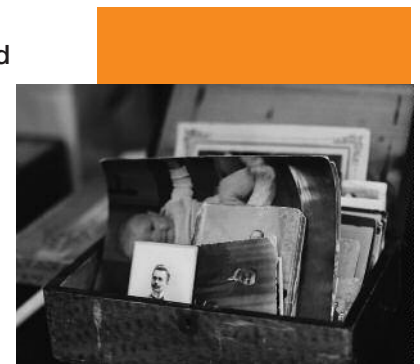
4th Wednesday of every month, 10:30 a.m.
Are you caring for someone with dementia? If you are, who is caring for you? Join us for an informal Dementia support group especially designed for families and caregivers. This informational, supportive group will help you learn more about the disease and support your feelings. No registration needed.

BETHEL PARK LIBRARY BUTTON CLUB

4th Wednesday of each month at 11a.m.
Are you looking for a new hobby? Buttons are beautiful, historical, inexpensive, and fun to collect. For more information, call the Library at 412-835-2207.

UNREAL ENGINE 4 MEET UP - PITTSBURGH

The Unreal Engine is now FREE. Meet-ups are also FREE. Join us to talk with others interested in creating and learning about the virtual realms that involve the engine locally. Join and RSVP at communities.unrealengine.com. Space is limited. Meetings are at the Bethel Park Library.



To register or for more information call 412-835-2207.

OPEN MIC EVENT

Saturday, Feb. 20th at 12 p.m., Saturday, March 13th at 12 p.m., & Saturday, April 3rd at 12 p.m.

Join us for an afternoon of fun at an Open Mic! Whether it's a cover or something original, all forms of creative writing and songs are welcome. Very Limited Space - must register at the Library or call 412-835-2207.



WHY MEDITATE?

Presented by Sheila Forester
Wednesday, March 3rd at 7 p.m.
Explore the holistic effects of meditation and the practical methods of getting started. We will discuss and participate in Transmission Meditation – an advanced form of meditation that contributes to both our well-being and our service to the

world.

Very Limited Space - must register at the Library or call 412.835.2207.

FREEDOM OF INFORMATION DAY IS TUESDAY, MARCH 16TH:

Stop in and have a librarian demonstrate how you can access informative and enriching resources from home, including the following:

- Consumer Reports Articles
- Free Legal Forms
- Free E-books

SPECIAL NEEDS TRUST PLANNING

Presented by David Frick, CPA, MBA

Thursday, March 18th at 7 p.m.

If you are an individual or caretaker of a person with disabilities and do not have a Special Needs Trust or forgot why you have one, this discussion is for you! Further, PA ABLE will be discussed.

This program is being offered in-person and via webinar. Please register by calling the Library at 412.835.2207.

PHEAA VIRTUAL FINANCIAL AID PRESENTATION

Tuesday, March 23rd at 6:30 p.m.

Join Amy Sawdey, PHEAA's Higher Education Access Partner in Allegheny County, for a Virtual Financial Aid Night Webinar from the comfort of your home. Amy will discuss higher education costs, the types of financial aid available and how to apply for financial aid. Participants will have the opportunity to enter questions in the Q & A section at any time as well as at the end of the presentation.

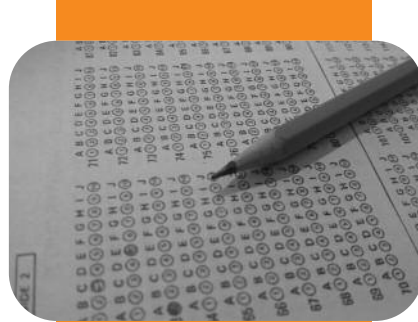
PRACTICE SAT TEST

Presented by Omega Learning Center

Saturday, March 27th at 10:30 a.m., Saturday, April 17th at 10:30 a.m., & again on Saturday, May 1st at 10:30 a.m.

Have your high school student take a FREE SAT Evaluation Test in a proctored, simulated environment.

An Omega certified teacher will review your SAT Evaluation Test results and recommend a custom SAT Prep program. This is a no cost, no obligation opportunity! This is a full 3-hour timed practice test (optional essay takes additional hour). Limited Space Available.



NATIONAL LIBRARY WEEK IS APRIL 4TH-10TH

Celebrate your Library and attend an event or class!

IDENTITY THEFT

Presented by Specialist Phil Little of the PA Office of Attorney General
Wednesday, April 7th at 7 p.m.
This program educates consumers on some "Dos & Don'ts" of ID theft. This presentation is designed to raise awareness of identity theft tactics, steps to take to protect your identity and personal information, and information on reporting identity theft.



ENEWS CLASS

Friday, April 9th at 11 a.m.

Learn how to access articles from trusted sources with no ads. Scholarly and academic journals, newspapers and magazines available for your computer, tablet or smartphone. All FREE with your Library Card.

SAVING FOR RETIREMENT

Presented by David Frick, CPA, MBA

Thursday, April 15th at 7 p.m.

For the typical American family, it appears that saving for retirement may not be a high priority. Come explore various strategies for saving for retirement including employer retirement plans, IRAs, and more.

This program is being offered in-person and via webinar. Please register by calling the Library at 412.835.2207.



WISE WALK

Thursday, April 15th – June 17th

Take a Wise Walk with the Bethel Park Public Library this spring. The Wise Walk is a 10-week walking program geared toward adults 50+. Make new friends and enjoy the beautiful spring weather in South Park with our library walking group on Thursday mornings at 9:30 a.m. To register or for more information, call the library at 412-835-2207. The Kick Off meeting is scheduled for

Thursday, April 8th, 10 a.m., at the Library.

ESTATE PLANNING BASICS – DO I NEED A WILL AND POWER OF ATTORNEY?

Presented by Tracy Zihmer, Esq.

Tuesday, April 20th at 11 a.m.

Do you know who will make decisions for you if you are incapacitated and what happens to your assets in the event that you pass away?

This seminar will include information about Wills and Powers of Attorney and what happens if you do not have these documents. It will also include an overview of the probate process and a brief discussion on protecting your assets if you go into a nursing home.

HEALTHY MEAL PREP: TIPS AND TRICKS

Presented by Laine Greenawalt, Registered Dietitian, Nutritionist
Wednesday, April 21st at 2 p.m.

Join Laine Greenawalt, Registered Dietitian from Case Specific Nutrition, for a fun, introductory seminar on cooking and meal prepping for health. Eating healthy does not have to be expensive, and it certainly shouldn't taste bad!

To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE

UNDERSTANDING THE REALITY OF ADDICTION

Presented by Lucy M. Garrighan
Wednesday, May 5th at 7 p.m.

We will cover: the true faces of addiction today and defining addiction; how to recognize addiction in your family, friends and coworkers; prevention and how to protect your family; treatment: defining what good treatment is; overdose! Narcan – what is it, where to get it and how to use it; and help with breaking the stigma...there is hope for the future. Discussion Time and a Q&A will be included.

3D PRINTING FOR ADULTS

Friday, May 7th at 11 a.m.

Use the Library's 3D Printer to make personalized gifts, replacements parts or your own artistic item or creative invention. If you cannot make this class, please call the Library for additional dates.

BALANCE AND FALL RISK

Presented by Martine Marino, MPT, COMT
Wednesday, May 19th at 2 p.m.

Do you or a loved one have a history of falls or have had a recent decrease in balance? Learn about common reasons for falling, ways you can make your house safer to prevent falls, and some simple exercises to improve your balance during this interactive lecture.

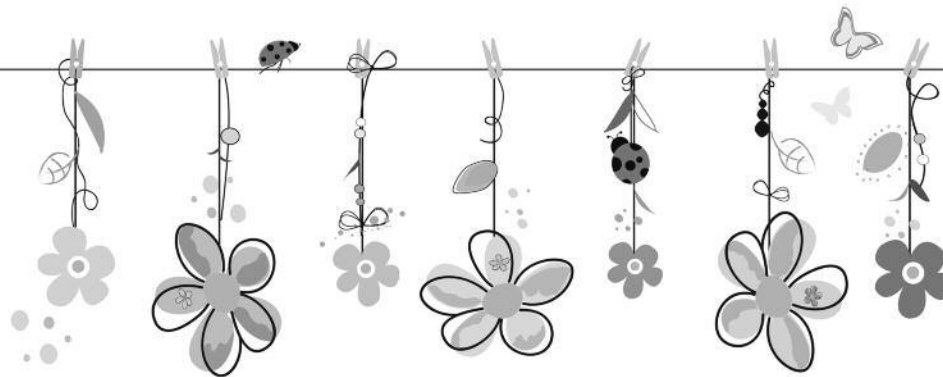
ATTENTION AARP Tax-Aide

The Bethel Park Public Library will no longer be a site for the AARP Foundation Tax-Aide Program.

To find a new location call: The AARP Toll-free Nationwide: 888-OUR-AARP (888-687-2277)

OR contact VITA: 800-906-9887

The Volunteer Tax Assistance (VITA) program offers free tax help to people who generally make \$55,000 or less, persons with disabilities and limited English speaking taxpayers who need assistance preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals.



The Youth Services Department is Pleased to Continue Programming for all Ages!

Due to the uncertainty of COVID conditions, we invite you to check our website beginning March 1st when more up-to-date information will be available.

Whether in-person or virtual, we will offer our regular early literacy classes, as well as engaging programs for both elementary students and teens.

Additionally, we will be hosting as many outdoor events as possible including a special Trolley Storytime, Superwhy Camp, art classes, and more!

When visiting our website, click on the Kids and/or Teens tabs, and then "Spring into Fun" page to view our class descriptions and register.

As always, feel free to call us at any time at 412-835-2207, x267. Our staff is ready and waiting to assist you!

***.bethelparklibrary.org



To register or for more information call 412-835-2207.

MOST PROGRAMS ARE FREE OF CHARGE

A MESSAGE FROM JUDGE ARNONI...



Outstanding Citizen Award Recipients Announced!

The Outstanding Citizen Award recognizes an individual who demonstrates excellent community leadership, makes significant contributions to their community, and shows generosity and unselfishness through their actions. And, this year's recipients are Jim Gastgeb and Cyd West.

According to Judge Arnoni, the award is normally given to one individual; however, in light of the hardships related to COVID-19 that our community faced this past year, he thought it was best that Cyd West be included to be recognized for her efforts in helping to provide meals to struggling families. Along with Cyd, Jim was selected, and both represent what this award is all about.

CYD WEST

Cyd was born and raised in Bethel Park and is married to Steve, who was also born and raised in Bethel Park. They have five children (Richard, Drew, Megan, Travis, Steven), and four grandchildren (Cole, Ryder, Brock and Maddie). Cyd graduated from Bethel Park High School in 1976. She's owned Cyd West Comfort Catering for over 20 years and works out of the Library Fire Hall and manages the facility.

Over the years, Cyd has been associated with many booster organizations such as Bethel Park and South Park Scouts, football, soccer, and more. She's also been associated with the Municipality and Townships Police Association for over 10 years. Cyd says she is grateful to be able to help them achieve their goals and sponsor training classes.

In March 2020 (during COVID) she hoped to prepare meals for those in need for a few weeks. But with the help of donations, the kindness of local citizens/businesses, clients, the fire hall family, and Cyd's time and hard work, those few weeks turned into providing roughly 10,600 meals in a 10 week period!

She provided well balanced meals for both adults and children. She would post the "meal of the day" to the Library Volunteer Facebook page. Then, every Monday, Wednesday and Friday they distributed 400 meals on average to Bethel Park, McMurray and many more communities. Cyd has a saying she always uses, "What goes around comes around. So always remember if you have the chance, share your talents and help when you can, and always be kind! Life is a precious gift. We all have something to bring to the table!"

“What goes around comes around. So always remember if you have the chance, share your talents and help when you can, and always be kind! Life is a precious gift. We all have something to bring to the table!”

- Cyd West

JIM GASTGEB

Jim is a lifelong resident of Bethel Park. He graduated from Ohio University with a Bachelor of Art in Business Administration. Jim has enjoyed a successful career in the consumer packaged goods industry for over 27 years. And, he recently retired from the Kimberly-Clark consumer products company. He's currently Vice President of Retail Operations for Pasta Too Italian Restaurants' jarred signature pasta sauce overseeing the sales and marketing.

Jim is the Chair of the Bethel Park Board of Recreation; President of the BP Field Coalition; is a long-term coach and board member of the BP Jr. Football; and has also served as a Bethel Park High School assistant football coach during the 2008 WPIAL Championship and PIAA Runner-up team.

He's also lead numerous projects such as fundraising thousands of dollars for Recreation improvements. He is also the Director of the annual Pasta Too-Rev'em up for Kids Mega Car Cruise. This car cruise benefits Bethel Park Recreation. Judge Arnoni presented each recipient with a special certificate, commemorative medal and a gift certificate to Dellalo's Restaurant.

State Representative Natalie Mihalek and Senator Pam Iovino also presented citations.

"I'd like to thank all those who participated and extend a special thank you to Dana Walker and Cyd West's staff for their nominations of Cyd, and Jack Martincic for his nomination of Jim," said Judge Arnoni.



Judge Arnoni & Cyd West.



Judge Arnoni & Jim Gastgeb.

EMS NEWS

Tri-Community South EMS' First "Boots & Blankets" Drive a Success!

Tri-Community South EMS held its first "Boots & Blankets" Drive to help those less fortunate at the end of 2020 and the event exceeded all expectations!

"Since we'd never done anything like this before, we weren't sure how it would go," said TCS-EMS Paramedic Gary Lemasters. "However, we received over 150 pairs of boots and over 300 blankets because of the generosity of the communities that we serve!"

TCS-EMS was approached about the project by Sue Pearson, a UPMC clinical specialist who coordinates the collection program.

"Sue said that last year, they hadn't collected much...just over 50 pairs of boots," said Lemasters, who also handles public relations for TCS-EMS.

Lemasters asked "Two Men and a Truck" to donate boxes that were placed in five locations. He then created a flier, posted on social media and other areas in the community, and offered to pick up donations.

"In less than two weeks, I began receiving phone calls that the drop off boxes were overflowing with boots and blankets," said Lemasters. "The response from the community was overwhelming and the generosity was unbelievable."

He explained that a local child heard what they were doing and went through his (or is it her?) neighborhood collecting boots and blankets for the project as well.

"Every day, multiple people were dropping off boots and blankets and placing them in our lobby. The drop off boxes were continually filling up and multiple trips had to be made to pick up the boots and blankets," said Lemasters. "One anonymous resident even dropped off multiple pairs of new UGG boots. Our garage was filled to capacity!"

TCS-EMS staff organized the blankets and boots as they came in. And, once ready to donate the items, TCS-EMS Supervisor Shawn McDermott and Lemasters came in on their day off and filled an ambulance to capacity with the items and took them to UPMC.

("Boots & Blankets" cont. pg. 17)



Do You Have the Winter Blues?

By Richard E. Polano, EMT, Tri-Community South EMS

This past year has been very difficult. We've seen an increase in people feeling depressed and very anxious due to COVID-19 as well as from many other life situations such as job loss, financial issues, loss of a loved one and more.

In this article I'll be talking about depression in all ages (youth to adult).

Signs and Symptoms

The symptoms of depression can include:

- A depressed mood
- Reduced interest or pleasure in activities once enjoyed
- A loss of sexual desire
- Changes in appetite
- Unintentional weight loss or gain
- Sleeping too much or too little
- Agitation, restlessness and pacing
- Slowed movement and speech
- Fatigue or loss of energy
- Feelings of worthlessness or guilt
- Difficulty thinking, concentrating or making decisions
- Recurrent thoughts of death or suicide, or an attempt at suicide

Depression is nearly twice as common among women as men according to the Centers for Disease Control and Prevention (CDC). Some symptoms that are more common in women include:

- Irritability
- Anxiety
- Mood swings
- Fatigue
- Ruminating (dwelling on negative thoughts)

Around 9 percent of men in the United States have feelings of depression or anxiety according to the American Psychological Association. Males with depression are more likely than females to drink alcohol in excess, display anger and engage in risk-taking as a result of the disorder.

Other symptoms of depression in males may include:

- Avoiding families and social situations
- Working without a break
- Having difficulty keeping up with work and family responsibilities
- Displaying abusive or controlling behavior in relationships

Time at high school or college can also be stressful when a person may be dealing with other lifestyles, cultures and experiences for the first time. Some students have difficulty coping with these changes, and they may develop depression, anxiety or both as a result.

Some signs and symptoms that your teens may be having follows:

- Difficulty concentrating on schoolwork
- Insomnia
- Sleeping too much
- A decrease or increase in appetite
- Avoiding social situations and activities that they used to enjoy
- Feeling guilty, helpless or worthless
- Restlessness, such as an inability to sit still
- Withdrawing from friends and family

The CDC estimates that in the U.S., 3.2 percent of children and teens between the ages of 3-17 have a diagnosis of depression. Younger children may have difficulty expressing how they feel in words. This can make it harder for them to explain their feelings of sadness.

Some symptoms you may see with children are as follows.

- Low energy
- Clinginess
- Defiant behavior
- Vocal outbursts

So if you see someone with those winter blues this season, give a helping hand and try to make someone smile, laugh or offer a nice gesture and try to brighten someone's day. One act of kindness a day, can go a long way!

BETHEL PARK POLICE DEPARTMENT

Presents From Police Helps Local Families

This year's Presents From Police event collected toys to benefit local families. On Dec. 21, numerous Bethel Park families in need came to select gifts for their children resulting in 57 children having a brighter holiday and their families having a little less stress knowing that the presents were taken care of.

A huge thank you goes to Evey True Value Hardware, Cardiello Contruction, Black Hawk Family Relief Fund, Three Rivers Repair & Protection, John McMillan Presbyterian Church, and all our residents who donated!

Thank you so much!

Timothy C. O'Connor,
Chief of Police
Sean Gorman
Crime Prevention Officer

412-833-2000 OR 911
ANONYMOUS TIP LINE
412-851-BPPD (2773)



Presents From Police Event Highlights



Local Church Gives Back

Pastor Matt from Zion Lutheran Church presented the Bethel Park Police Department with \$1,000 in grocery gift cards to assist those who are in need in our community.

We immediately divided the cards between two groups who work directly with Bethel Park families - the Black Hawk Family Relief Fund and Operation Feed a Neighbor.

Thanks to the members of Zion for helping communities around the South Hills!



CONTACT INFORMATION SOCIAL MEDIA

Anonymous Tips can be called into the hotline 412-851-BPPD (or 2773) or emailed to crimewatch@bethelpark.net

You can follow us on Facebook, Twitter, and Instagram for updates:

Facebook Page:
Bethel Park Police Department

Twitter:
[@bethelparkpd](https://twitter.com/bethelparkpd)

Instagram:
[bethelparkpolice](https://www.instagram.com/bethelparkpolice)

BETHEL PARK CRIME WATCH PROGRAM MEETINGS
1ST MONDAY OF THE MONTH
7 P.M. – BP COMMUNITY CENTER



Scam Alert Regarding Stimulus Payments

With the recent stimulus payments and the approaching tax season, scammers are trying hard to steal your personal information and money!

These scams usually come in the form of phone calls or emails, asking you to give personal identifying information.

IRS scams will also threaten the victim with arrest if they do not immediately pay fines or back taxes.

The IRS and Treasury Department will not contact you by phone or email, but rather through the official U.S. Mail.

If you have any doubts about the legitimacy of a call or email, look up the official number for that agency and call it yourself.

Don't be bullied by scammers or fall for their false promises!



Bethel Park Crime Watch Program

Be part of the Bethel Park Crime Watch program which includes community meetings, communication via email alerts, and special events.

Monthly meetings are held on the first Monday of the month, 7 p.m., at the Bethel Park Community Center and are hosted by the Chief of Police and Crime Prevention Officer. Current crime trends in Bethel Park and the surrounding communities are discussed, and guest speakers are invited to provide information on crime prevention and community resources.

What can Crime Watch members do to help keep Bethel Park safe?

- Be alert
- Know your neighborhoods and watch out for one other
- Report suspicious activities and crime to the police
- Stay up-to-date on crime and crime prevention strategies

If you would like to be added to the Crime Watch email list, please forward your information to the Crime Prevention Office at crimewatch@bethelpark.net.



Update on the DEA Prescription Medication Disposal Program

There will no longer be designated drop off days for the disposal of prescription medication. Instead, there is now a box at the Bethel Park Police Department that is accessible 24/7 for the disposal of prescription medication (no needles or liquids).

Please place the medication into a zip lock bag without the prescription bottle. The Bethel Park Police Dispatcher will direct you to the disposal box secured inside the police station.

If you have any questions, contact Bethel Park Police at 412-833-2000.



• Municipal News •

Kindness Card Project... Learn How You Can Participate!



If you'd like to spread some cheer to members of our community who are in nursing facilities or senior living centers where they cannot receive

visitors, consider participating in the Bethel Park Kindness Card Project.

Simply purchase or make a card that can offer local seniors encouragement or well wishes; you can even write a cheery note!

A specially decorated birdcage collection station is located in the main lobby of the Bethel Park Community Center (5151 Park Ave.).

"Almost everyone enjoys getting cards," said Community Center Director Cathy Muscato. "And this is a great way to show kindness and bring some positivity to those who are more isolated in our community!"

←
Kindness Card Holder



Now is a Great Time to Support Bethel Park Business!

When you're looking to shop, dine, get in shape, or are in need of a professional service, THINK LOCAL!

The Bethel Park business community has everything you need all within minutes from your home. To help local businesses, the Municipality has created a business listing page on its website at www.bethelpark.net. Now you can find information about local businesses all in one spot!

And, if you're a Bethel Park business and would like to be included in the listing, email the following to kindness@bethelpark.net: Business name, logo, website, address, phone, and a brief description. You can also provide any special offers or promotions. Just be sure to include offer/promo ending dates.

Questions can be emailed to kindness@bethelpark.net or call 412-831-6800, x230.

BP VOLUNTEER FIRE COMPANY

Get to Know Your Fire Fighters and Consider Becoming a Member!

Following is information about a family of firefighters within our Department that stretches three generations.

These are your neighbors who volunteer their time to serve and safeguard the Bethel Park Community.

The Bethel Park VFC takes great pride in the fact that we remain 100 percent volunteer, and we strive to remain that way in the future.

If you or someone you know is interested or has questions about joining, please email the secretary at bethelparkvfc.secy@gmail.com, pick up an application from our website at www.bethelparkvfc.com, or phone Ed Schmidt at 412-559-8491.

Randon Allsopp

Randon is the newest Allsopp to join the Department at the age of 18. He's been a member for almost two years and responds out of Station 1 on Brightwood Rd. He had no previous experience before joining except for his time spent at the station with his family.

After graduating from Bethel Park High School and CCAC for welding, Randon has started taking classes at the University of Northwest Ohio for diesel heavy equipment/agriculture repair. He's also been working on completing his essentials of firefighting classes.

Randon enjoys giving back to the community and helping someone when they need it. He said that being a member in the Department has been a lot of fun. When he isn't taking classes or volunteering, he enjoys hunting, fishing and working on trucks and equipment.

Brian Allsopp

Brian joined the Department at the age of 21 which used to be the minimum age for joining. He likes to say that his first event at the fire station was his mom's baby shower for him!

He's been a member for 29 years and has held the positions of Chief Engineer, Captain, Assistant Chief, and member of the Board of Directors. Brian is currently our 2nd Lieutenant and responds primarily out of Station 1 on Brightwood Rd.

Since joining, Brian has taken over 2,000 hours of certification classes including Firefighter 1 and 2, Fire Officer 1, Vehicle Rescue Technician, Trench Rescue Technician, Structural Collapse 1 and 2, Truck Company Operations, Pump Operations 1 and 2, and Rapid Intervention.

He joined the Department after growing up in it while his dad was a member. He also had two uncles in the Department before they moved out of town for work.

"Growing up in the Department just made it be something that I always wanted to do also," he said. "What I enjoy most is the physical and mental challenges of being part of a team that is there to help those in need."

When not volunteering with the BPVFC, you may see him working around town as the owner and operator of Allsopp's Lawn Service, Landscape, and Hardscape Company. He also enjoys hunting, fishing, boating, and spending time with his family.

He's supported at home by his wife Sherri, son Randon, and daughter Kendal. Both of his kids loved the fact that he was a member while they were growing up. Kendal says, "Who doesn't like their dad showing up at school or at Girl Scouts in a fire truck!" Both of his kids also really enjoyed the picnics, open houses, dinners, and Christmas parties.



(l-r): Three generations of the Allsopp Family: Bill, Randon and Brian.

"Joining the fire hall is one of the greatest things I ever did," said Brian. "In high school I was an ok athlete, so I always like the physical challenges that come with it. Being a member also gives you an extended firefighter family that at any time I can call and ask for a hand."

Brian loves being a part of the town that he loves to call home.

Bill Allsopp

Bill has been a member for 56 years now! He has held various positions within the Department including Lieutenant, Engineer and member of the Board of Directors. Bill used to respond out of Station 3 on Clifton Rd.

Bill joined after many of his friends and brothers were members. He had some unofficial experience after helping out with fire response at stock car races. After joining, he attended training at many local fire schools and departments around the area.

His favorite part about being a fire fighter was helping other people and other fire companies. He really enjoyed all of the people that came into his life through the fire department.

"Some of my favorite memories were all of the fun events and parties including parades, water battles, softball games, tag football in the parking lots after drill, and working the open houses and carnivals," he said. "As the years have gone on, one of my more recent favorite memories was seeing my grandson Randon start a new generation in the Department and putting my son Brian's Life Membership pin on his uniform at a Council meeting."

“As the years have gone on, one of my more recent favorite memories was seeing my grandson Randon start a new generation in the Department and putting my son Brian's Life Membership pin on his uniform at a Council meeting.”

- Bill Allsopp

Bill's children and grandchildren enjoy getting together at Fire Department functions and making lifelong friends as well. Bill is supported by his three children (Brian, Jan and William Jr) and his loving wife Ann who also assisted in the Department as part of the Ladies Auxiliary.

Thank you for your dedicated volunteer career with us Bill!

Did You Know?

Every December we have yearly elections to elect our line officers, executive officers and board of directors.

All line officer positions, president, vice president, and secretary are one-year terms. Our financial positions and board of director positions are longer terms to help with business continuity. All of the line officer positions have some qualification requirements such as ensuring you attend a certain percentage of calls and drills.

Members can self-nominate if eligible, and all regular and life members are able to vote at the election.

The Bethel Park Volunteer Fire Company is proud to announce the Line Officers, Executive Officers and Board of Directors for 2021:

Line Officers

Dave Gerber – Fire Chief
 Russ Beeson – Deputy Chief
 Rob Uselman – Assistant Chief
 Tom Kelton – 1st Captain
 Jon Mark – 2nd Captain
 Mike Innocenti – 1st Lieutenant
 Brian Allsopp – 2nd Lieutenant
 Joe Witkowski – 3rd Lieutenant

Executive Officers

Steve McGough – President
 Bob Clark – Vice President
 Edward Schmidt – Recording Secretary
 William Wiles – Treasurer
 Jeff Ferencic – Financial Secretary

Board of Directors

Adam Betzler
 Joe Hartung
 David Henney
 Dean Huwe
 Brent Kimberland
 Jim Thomas



How We Are Staffed and How We Respond

Bethel Park does not have any paid firefighters, so our stations are never regularly staffed. We recently had someone ask how our response works since our stations are not staffed.

Following is an explanation of how things work for the BPVFC response:

1. A call is placed to either 911 or 412-833-2000 which is the BP Police Emergency Dispatch center. Even if you call 911, you will be transferred to the BP Police Dispatch, so it's much more efficient to call them directly at 412-833-2000 if you need emergency services in BP.



2. Once the BP Police dispatcher determines you need our fire company to respond, they activate our pagers and provide a voice message telling us the emergency and location. They also send out a notification to our phones via an application called Active 911. Active 911 allows responders to click into what station they are responding to so our officers know if we have enough responders or if we need to call for more assistance. This program also provides us with a map of the address and the hydrants nearby.
3. After we receive notification, any available volunteers will begin to respond. Our chief officers may respond to the scene while other line officers and firefighters will respond to the station. Depending on the severity of the emergency, some volunteers may use blue courtesy lights in their vehicles to ask other cars to move to the side so they can pass and get to the station quicker.
4. Once at the station, our firefighters will put on their gear, get in the trucks and respond to the scene. We won't always use the lights and sirens; it just depends on the severity of the emergency.

As you can see, we rely solely on volunteers being able to respond at a moment's notice. This is why we're always looking for more volunteers. The more volunteers we have, the more likely we are to have enough volunteers able to respond. We are also extremely grateful to any employers who allow our volunteers to leave for emergencies.

How to Reach Us

None of our three fire stations are regularly staffed with members. If you need us to respond to your emergency, you must call the police dispatch at 412-833-2000 or call 911.

If you have a non-emergency question or concern, the best and fastest way to reach us is through our "Contact Us" page on the website at www.bethelparkvfc.com. If you're on Facebook, you can always send us a message there as well. You may also call us at 412-835-1127 and leave a message on the answering machine.



2020 Year End Review

This year, we'll be posting our comprehensive year-end review on our website and social media. Check out our website at www.bethelparkvfc.com or our Facebook page for access to the document. It will include a breakdown of the calls for 2020, a background on how our department operates and information on things to come in 2021.

A MESSAGE FROM THE FIRE CHIEF: *Dave Gerber*



It's no secret that our community has seen an increase in apartment buildings and senior living apartment complexes in the last few years. Many people may be new to living in these types of buildings and not realize what to do when the fire alarms go off. You can find some very important and useful information below to help you be prepared.

This month I've also included some new information about medical oxygen. I'm sure most of us probably know someone who has been on or is currently on medical oxygen. You can find some information and facts on how to best prevent fires when it is used in the home. Clothes dryers are often a leading cause of fires in our area. We use these on a regular basis, but do you really take the time to properly maintain them to prevent fires?

APARTMENT BUILDING SAFETY

People living in an apartment building need to think ahead and be prepared in the event of a fire. It's important to know the fire safety features in your building and work together with neighbors to help keep the building as fire safe as possible.

- Meet with your landlord or building manager to learn about the fire safety features in your building such as fire alarms, sprinklers, voice communication procedures, evacuation plans, and how to respond to an alarm.
- Know the locations of all available exit stairs from your floor in case the nearest one is blocked by fire or smoke. Make sure all exit stairwell doors are clearly marked, and not locked or blocked by security bars and are clear of clutter. Remember that you won't be able to use an elevator to exit when there is a fire.

If you have trouble using stairs, try to get an apartment on a lower floor if possible.

- If there is a fire, pull the fire alarm on your way out to notify the fire department and your neighbors. When the fire alarm sounds, feel the door before you open it and only open a cool door. Make sure to close all doors behind you as you leave to prevent the spread of smoke and fire. If a door is hot, use another way out.
- If an announcement is made throughout the building, listen carefully and follow directions. Use the stairs to get out – NEVER use the elevator unless you are directed to do so by the fire department.
- If you or someone is trapped in the building, be sure to notify the fire department of that.
- If you can't get out of your apartment because of fire, smoke or a disability, stuff wet towels or sheets around the door and vents to keep smoke out. Call the fire department and tell them where you are. Open a window slightly and wave a bright cloth to signal your location. Be prepared to close the window if it makes the smoke condition worse.



Fire Department evacuation of an apartment building can take a long time. Communicate with the fire department to monitor evacuation status. Accidents do happen, so if you accidentally set the fire alarm off by something like burnt food, just call to let us know so that we won't have to make a loud entrance.

MEDICAL OXYGEN

Use of portable medical oxygen in the home has grown over the past decade. Medical oxygen adds a higher percentage of oxygen to the air a patient uses to breathe. Fire needs oxygen to burn. So, if a fire starts in an oxygen-enriched area, the material burning will burn more quickly. Homes where medical oxygen is used need specific fire safety rules to keep people safe from fire and burns. There is no safe way to smoke in the home when oxygen is in use. A patient on oxygen **should not smoke**.

Candles, matches, wood stoves, and even sparking toys, can be ignition sources and should not be used in the home. Keep oxygen cylinders at least 5' from a heat source, open flames or electrical devices. Body oil, hand lotion and items containing oil and grease can easily ignite. Keep oil and grease away from areas where oxygen is in use. Never use aerosol sprays containing combustible materials near the oxygen. Oxygen saturates fabric covered furniture, clothing, hair and bedding, making it easier for a fire to start and spread. Smoking materials are the leading heat source resulting in medical oxygen related fires, injuries and deaths.

CLOTHES DRYER SAFETY

Do not use the dryer without a lint filter and make sure you clean it before or after each load of laundry. Also remove any lint that has collected around the drum. Make sure that the air exhaust vent pipe is not restricted and that the outdoor vent flap will open when the dryer is operating.

At least once a year you'll also need to clean the lint out of the vent pipe or have a dryer lint removal service do it for you. Follow the manufacturer's operating instructions and don't overload your dryer. Another good practice is to turn off the dryer if you leave home or when you go to bed.

The leading cause of home clothes dryer fire is failure to clean them. Follow these tips and clean them on a regular basis to keep yourself and your family safe!

Stop Delaying, the Time to Join is Now!

We are urgently looking for volunteers of any age to help protect the community of over 34,000 residents and over 650 businesses. Your Bethel Park Volunteer Fire Company is 100% volunteer, meaning we don't have paid firefighters on duty at any time, day or night. The minimum age for membership is 18.

We provide all members with free training and all necessary equipment. If you or someone you know is interested in joining, please stop at the Brightwood Road Fire Station any Monday evening at 6:45 p.m., pick up an application from our website at [***.bethelparkvfc.com](http://www.bethelparkvfc.com), or phone Ed Schmidt at 412-559-8491.

Maybe It's Time To Add A New Suit To Your Wardrobe



Volunteer Firefighters Are Needed



BETHEL PARK EDUCATION FOUNDATION

The Bethel Park Education Foundation (BPEF) is a community-based, non-profit organization whose goal is to support programs that promote quality education. The Foundation works to facilitate communication and involvement among students, parents, school staff, business leaders and community citizens.



Public schools face a variety of new challenges as state and federal funding sources have been reduced or eliminated. BPEF hopes to find alternate ways of funding important initiatives within our schools. The Foundation does not receive any public funding – our programs are supported by individual, community, corporate partners. Our partners donate knowing their gifts are creating opportunities for students to have exceptional educational opportunities. They know that providing a quality education favorably impacts the entire community.

The Bethel Park Education Foundation is independent of the school district but works closely with the school board, administration, teachers and students. All programs that benefit Bethel Park students are considered for financial support. The program list grows and evolves to reflect the needs of the student, teacher, school and district as they are identified.

BOARD

- Andy Amrhein, President
- William Brucker, Vice President
- Tom Bailey, Treasurer
- Deb Luckasevic, Secretary
- Vic DiPrampero
- Dr. Roger Zelt
- Caitlin Metzler
- Jim Knapp
- Patty Campbell
- Lindsay Crowley

Please direct any questions to:
bpfoundation@gmail.com

STEAM Grants

STEAM grants are awarded to students, teachers, and schools to foster creativity, innovation, and imagination. Grant initiatives will be evaluated for their ability to:

- engage collaborative interactions
- develop interdependence and independence skills
- encourage resiliency by being task focused & disciplined
- promote self-awareness and mindfulness
- develop critical and creative thinking skills

Individual Teacher Grant

The Individual Teacher Grant funds initiatives that are innovative and stimulate student learning and creativity.

Teacher initiated projects that are funded will be evaluated to:

- encourage, uplift, edify, and challenge the student
- provide unique educational opportunities
- augment existing curriculum
- evaluate the successful achievement of the stated objectives
- consider the possibility of replication in other schools.

Individual School Grants

The Individual School Grants program seeks to provide funding to an individual school. Grants may be awarded in three categories – elementary, middle school and high school.

The purpose of the Individual School Grant is to:

- provide financial assistance for schools to substantially improve student achievement.
- implement comprehensive school improvement programs that are based on reliable research and effective program practices.
- place emphasis on basic academics and parental/care-giver involvement.
- determine the successful achievement of the stated objectives.
- consider the possibility of replication for other schools.

Individual Student Grants

Enhancing and encouraging excellence in education for the student is the absolute focal point of the BPEF. There is no ceiling to the creativity and innovation of the student mind. In that spirit, the grant program needs to remain flexible and adaptable to student proposals.. As such, grants may be awarded to any student at any grade level in any discipline of study. Additionally, grants will be considered for all physical activity endeavors and all forms of the arts.

No grant shall be administered as a direct monetary payment to the awardee. No grant will be awarded for food, beverages, parties, recreational activities nor field trips.

Dear Fellow Bethel Park
Alumnus/Alumna:

We need your help! As a Bethel Park graduate, you know that providing quality education requires investment during and after school hours. Please consider making a donation to support the BPEF ensuring that all Bethel Park students can continue to enjoy the same opportunities for engagement and success.

Your tax deductible contribution can be made via any of the following methods:

- Directly from the BPEF website – www.bethelparkfoundation.com.
- Via United Way of Southwestern PA by entering code#12998472 on your contribution form through your employer
- By mailing a check to: Bethel Park Education Foundation, 301 Church Road, Bethel Park, PA 15102

You may also wish to consider making a contribution to the BPEF through your business and receive a PA tax credit.

Thank you in advance for your support.

Bethel Park Education Foundation

Mission

To enhance educational opportunities for our students by increasing community involvement with our schools.



You can now donate
via the United Way:

YOU MAY DESIGNATE THE BPEF AS THE RECIPIENT OF YOUR UNITED WAY DONATION. ENTER YOUR CONTRIBUTOR'S CHOICE AGENCY CODE AS: #12998472

301 Church Rd. • Bethel Park, PA 15102 • 412-760-9614 • bethelparkfoundation.com

BETHEL PARK COMMUNITY FOUNDATION



WHAT IS THE BPCF?

The Bethel Park Community Foundation is a non-profit 501 (c) (3) organization that embraces a philosophy of local philanthropy. Tax-deductible contributions made to the Bethel Park Community Foundation are applied to fund local initiative and community programs in these 5 areas: • COMMUNITY FACILITIES • EDUCATION • RECREATION • THE FINE AND PERFORMING ARTS • COMMUNITY HEALTH AND SAFETY.

Funds are made available through a grant application - visit www.bpcf.org for more information. Or contact us at: PO Box 811, Bethel Park, PA 15102.

LEARN MORE ABOUT THE BETHEL PARK COMMUNITY FOUNDATION

Did you know that the Bethel Park Community Foundation is a tax-deductible non-profit organization? Writing a tax-deductible check to the Bethel Park Community Foundation is a wonderful way to support the Bethel Park Police, the Bethel Park Volunteer Fire Company, Tri-Community South EMS, and a wide range of community-focused activities!

Interested in your family or group starting a scholarship where you and others can make tax deductible contributions? The Bethel Park Community Foundation (as a 501(c)(3) organization) can help with that too!

You can also make a tax deductible donation to Jeez our Bethel Park Police K-9 or to help with furnishing at the Bethel Park Community Center. Both of these have a special fund with the BP Community Foundation.

Please also remember the Foundation in your estate planning.

If you have any questions or would like to speak personally with a member of the Bethel Park Community Foundation, please email us at info@bpcf.org or call 412.831.6800, x740.

Since 1999, the Bethel Park Community Foundation has granted nearly \$750,000 back into the Community of Bethel Park.

Your tax-deductible contributions are at work in the Bethel Park community!

Foundation News

Each year, South Park Shops graciously donates 100 percent of proceeds from the Halloween Hay Ride and December Friday's carriage rides with Santa & Mrs. Claus.

Due to COVID-19, neither of these events was able to take place this year; however, South Park Shops still donated \$2,000 to the Community Foundation and \$250 to the BPPD K9 Fund.

Thank you South Park Shops for your continuous generosity!



Scholarship Opportunities Available!

The Bethel Park Community Foundation currently maintains nine different scholarships for Bethel Park students with the application period open in the Spring. For eligibility requirements and applications, visit www.bpcf.org/scholarships.

Find Us On Facebook

The Bethel Park Community Foundation is now on Facebook: Bethel Park Community Foundation. Please visit and "Like" our page for updated information from the Foundation.



Donate via the United Way:

UNITED WAY SUPPORT YOU MAY DESIGNATE THE BPCF

AS THE RECIPIENT OF YOUR
UNITED WAY DONATION. ENTER
YOUR CONTRIBUTOR'S CHOICE
AGENCY CODE AS: #892191



Foundation Grants

The Bethel Park Community Foundation recently approved grants for various community projects including the following:

- BP Halloween Parade – Candy Purchase Grant
- BP Lions Club - Lions Pride Grant for park shelter improvements
- Eagle Scout Project – Cleanup & Improvement of Valley Drive green space

MUNICIPAL CONTACT INFORMATION

Bethel Park Municipality has full-time staff members who perform various tasks within the Municipality. Several staff members attend Council meetings to assist in the conduct of the meeting and to answer questions from Council. Those usually in attendance are listed below: (All numbers listed are in the 412 area code.)

- Laurence Christian Manager831-6800 X137
Lisa Lapaglia Finance Director.....831-6800 X210
Stacey Graf Director of Engineering831-6800 X208
Municipal Planner831-6800 X382
Robert Hicks Code Enforcement Officer831-6800 X130
Charles H. Stover Recreation Director831-6800 X230
Timothy O'Connor Chief of Police831-6800 X100

Other Important Municipal Numbers Include:

- Emergency (fire, police, EMS).....833-2000
Main Municipal Office Number831-6800
Receptionist831-6800 X0
Bethel Park Community Center851-2910
Bethel Park Public Library835-2207
EMS (non-emergency).....831-3710
Fire Department (non-emergency) Brightwood Station835-1127
Fire Prevention Unit.....835-3473
Recreation Department.....831-1328
Public Access TV.....831-3304
Jordan Tax Service835-5243

Visit Us Online at www.bethelpark.net

BOOTS & BLANKETS

(cont. from pg. 9)

Upon arriving, Sue met with us and couldn't believe what we collected; she was shocked," said Lemasters. "I recall a woman who was actually waiting for us to pull in because she needed shoes so badly. We offered her a pair of the new UGG boots and when she received them, she teared up and so did we. This woman needed a simple item such as warm boots that many of us take for granted."

All of the donations were going to help the homeless as well as patients coming into the emergency department in need of these items.

And, after that donation drop off, we will soon have another," added Lemasters. "We'll be once again taking those to UPMC as well."

We're proud that during a pandemic and dealing with all that our staff has to on a daily basis, that they took the time to think and help others in their time of need," said Tri-Community South EMS Director Nora Helfrich. Gary Lemasters took a cause and turned it into an unbelievable response with the ideas he came up with. And, as EMS Director, there are no words to describe the pride I feel to have employees take on a cause such as this to help the homeless and those less fortunate and for the communities that we serve to be so caring and giving, even the children. We thank everyone who helped those less fortunate and look forward to continuing this program."

Bethel Park Historical Society Holds 4th Annual "Breakfast with Santa on the GO"!

During this festive holiday event sponsored by the Bethel Park Historical Society, over 200 families drove by to greet Santa and received goodie bags from The Bethel Park Historical Society, South Park Shops, Panera, Moe's Southwest Grill, Joe Consolmagno, and Schneiders Dairy.



Special thanks to the Bethel Park Police Department, Bethel Park Volunteer Fire Company, Bethel Park Public Works, and Santa's' Elves!

(top row): Tim Moury, Joe Consolmagno & Bill Haberthur. (2nd row): John Oaks, Susan Dolinar & Sydney Litzenburger. (front row): Lisa Jenkins and Neeko.

MANAGER MESSAGE

(cont. from pg. 4)

Our Recreation Department has a new logo and slogan (Boundless Possibilities). This group of creative individuals pulled together and adapted to the COVID situation to create a variety of dynamic programs for the community throughout the pandemic. And, I'm happy to say that we're planning on starting our Recreation Summer Camp Program back up this year!

When visiting our website (www.bethelpark.net), you'll see that it features a new refreshed look as well as improved navigation and all new content. We also have created an email list that you can easily subscribe to to receive information directly from us to your inbox.

For 2021, we'll be working on a new Municipal Strategic Plan and will be looking to continue to strengthen and grow our numerous community partnerships!

I'm grateful for being able to work with such an amazing community each day and to call Bethel Park my home too!

Answer Key from pg. 4

STORMWATER WORD SEARCH

MUKWDJNGOLOPKWI
JOBNAUBJBMPSUIAS
ADOVCQXEYYHETM
GIEWVPTZYCWZWE
RNHZNBORJBIWGR
ORXKWCGLQWDBDWC
LYUUSKRVLVISM
HWPNQMYMYUDHIYA
HTTAOVHGDUTLJSA
UQQQYFDUCYVAITU
PHMUBAAPHYLFNGIY
MTTXNBHCGMZPRTA
MUCXKSLZFIILTAPS
QMHHCSSTORMWATER
BYLHARFEUNMOVCK

- stormwater pollutants runoff bmps
waterways

BETHEL PARK MUNICIPAL COUNCIL & MAYOR



Jack T. Allen Mayor 831-9923



Timothy J. Moury President WARD 8 833-4615

Joseph A. Consolmagno WARD 1 833-7993



Dr. Timothy Campbell WARD 2 418-9197

James P. Hannan Vice President WARD 3 831-1053



Todd Cenci WARD 4 357-0045

Donald L. Harrison WARD 5 833-0449



Mark J. O'Brien WARD 6 831-0774

James McLean WARD 7 831-3985



Lorrie Gibbons WARD 9 835-2515

SPRING 2021 PROGRAMS & ACTIVITIES



Custom Evolution Tower (ages 5-12) play structure.

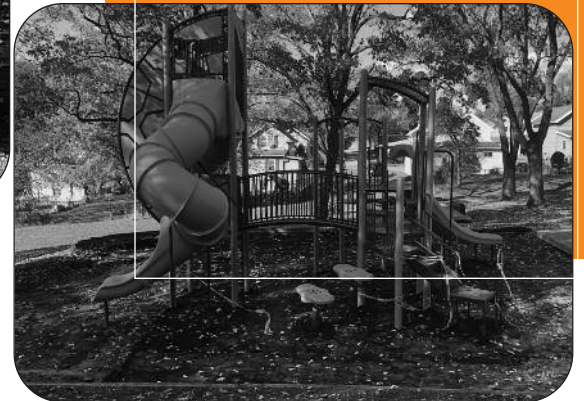
Inclusive Volta Spinner (ages 2-12).



Custom Synergy play structure (ages 2-5).



Custom Evolution Tower play structure (ages 5-12).



Like us on Facebook!
Bethel Park Recreation & Community Center

Miner's Park Playground Renovations

Last September – October (2020), the playground at Miner's Park received a complete makeover resulting in a variety of new, exciting equipment for children to enjoy! And, the best part is that local children made the final vendor selection.

The \$175,000 project cost included removing all existing equipment and replacing it with:

- A custom Synergy play structure (ages 2-5)
- A custom Evolution Tower (ages 5-12)
- Three belted swings, two tot swings and a freedom swing
- A Volta spinner (ages 2-12)
- A Spinetic Spinner (ages 5-12)
- An Orb rocker (ages 2-12)
- A standing rocker (ages 5-12)
- Six new benches
- And, two new trash cans



"We've received very positive feedback on the new equipment. And, the fact that the kids in the community actually voted on their favorite equipment between the two final vendors really made this project special," said Bethel Park Recreation Director Charles Stover. "We had a town hall meeting where we presented two options asking the community to decide between them; someone suggested we let the kids pick since they'll be using the equipment, so we did!"

("Spotlight" cont. pg. 32)

Spinetic Spinner (5-12).



BETHEL PARK RECREATION

Bethel Park Community Center
5151 Park Avenue, Bethel Park, PA 15102
Phone: 412-831-1328
Fax: 412-851-2915
Register online at: www.bethelpark.net
Contact us at: recreation@bethelpark.net
Office hours: Monday through Friday
9:00 AM - 4:30 PM

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PLEASE SAVE THIS INFORMATION.
PROGRAMS WILL CONTINUE THROUGH MAY 2021.

SPRING 2021

REGISTRATION INFORMATION

SPECIAL NOTICE

The Department of Recreation and Leisure Services reserves the right to cancel, combine or divide classes, or to make other changes that become necessary and to do so without incurring obligations. Adjustments of fees will be made when classes are cancelled by the Department.

WHEN PROGRAMS BEGIN

In almost all instances, each activity will have a schedule with a beginning date. In those cases where time or day is not available, interested individuals should call the Recreation Office.

WHEN FEES ARE DUE

All fees must be paid at the time of registration unless special arrangements have been made at the Recreation Office. If registration is made by mail, be sure to include the activity fee and all information as required.

INSURANCE INFORMATION

The Recreation Board does not carry health insurance to cover injuries incurred while participating in any activity. In most cases, hospitalization carried through your employer will cover these types of injuries. Participants are also responsible for their personal property. Valuables should never be left unattended.

RETURNED CHECKS

Any check that is returned to the Recreation Office as "NSF" will be subject to a \$30.00 replacement fee. All "NSF" checks MUST be replaced within ten (10) working days or the person will be withdrawn from the roster.

RESIDENCY INFORMATION

All Bethel Park residents are given preference in registering for programs offered in this leaflet. Classes that have a limited enrollment will be open to non-residents only if space permits. The Recreation Board reserves the right to refuse admission to any person who misrepresents residency, and will not give refunds to those individuals. Non-resident fees are set for each activity and should be paid accordingly upon registration.

REFUNDS: Please read...

Refunds will only be given upon written request, received in the Recreation Office, prior to the beginning of the second class or practice session. Phone requests will not be accepted, nor does failure to attend a class constitute notification of intent to withdraw from a class. Send your request and a SELF-ADDRESSED STAMPED ENVELOPE to:
Bethel Park Recreation
5151 Park Avenue
Bethel Park, PA 15102

All refunds are subject to a service fee of \$5.00. The Department will issue a credit letter to be applied to any non-contractual Recreation program for a six-month period in place of the refund, if the individual so desires. Exceptions for use of credit letters include contracted activities such as dog obedience, ski trips or special ticket sales.

CANCELLATION OF CLASS

Participants should check with the Recreation Office for updated program information. Individual phone calls will not be made to verify mail registrations. Calls will be made ONLY for classes that have been cancelled due to lack of registrations.

HOW TO REGISTER

Register at least one week prior to the start of the activity, unless otherwise stated.

It is important to pre-register for any activity found in this leaflet because sometimes an activity may be cancelled when there is not sufficient registration. Never plan to attend the first class without pre-registering.

You may register online for many activities! Check our website at www.bethelpark.net for details! When you get to the main page, please click on Departments and then Parks/Recreation. There is a link to register online. A nominal fee will be added for each online registration.

You may register by mail for most of the activities in this leaflet. A mail registration form is provided. The participant's name, address (including zip code) and telephone numbers should be listed. When there is choice of session, day or time, make sure to list your class preference and put the appropriate activity code number on the registration form. Most youth swim lessons DO NOT list activity numbers.

Please include the name of the person who is paying the fee for the activity, "Payment From:", and make check payable to: "Bethel Park Recreation", unless otherwise indicated. SIGNATURE of the participant or parent/guardian is REQUIRED.

Some activities will have a sign-up day, such as youth swimming lessons. For your convenience, registrations may also be dropped off at the Bethel Park Community Center front desk or mailed to Bethel Park Recreation, 5151 Park Avenue, Bethel Park PA 15102. Individual telephone calls will not be made confirming registration. The only time you will be notified is if there is a change or cancellation of the class or activity.

USE OF PHOTOS

Bethel Park Recreation provides opportunities for positive publicity by photographing / videotaping patrons at programs for use in local publications, newspapers or television.

If you prefer that you and / or your child not be photographed for publicity purposes, please notify Bethel Park Recreation in writing upon registration.

CLASS ATTENDANCE

Attendance at class offerings is not mandatory. The Recreation Department recommends that an attempt be made to attend as many classes as possible. Generally, the only skill testing takes place in swimming and basketball programs. All advanced classes in any area are based upon successful completion of primary or beginning level instruction. Entrance at an advanced level is up to the discretion of the instructor. Placement is always made with the best interests of the participant in mind.

CONDUCT

Participants are reminded that undesirable behavior or destruction of any property are reasons to expel the offender from a class or program. Parents are asked to remind children that they should not be in other areas of any building and to respect School District and Municipal property.

NO NEWS IS GOOD NEWS

When you register for any of our terrific classes, don't wait by your phone or camp out by your mailbox.

- The only time you will hear from us is:
- * If there is a change in the time or day for your class
 - * If the class is moved, full or cancelled

So, if it is almost time for your class and you haven't heard from our friendly staff, that's GOOD NEWS. It means YOU ARE IN! You may call us at 412-831-1328 if you wish to confirm that we received your registration.

Board of Parks and Recreation

James Gastgeb, Chairperson
James Miller, Vice Chairperson
Bill Bonaccorsi - Donna Murphy
Bob McCall - Joelle Salerno

Cathy Muscato, Assistant Director
Mary Anne Kelton,
Administrative Secretary
& Program Brochure Editor
Amber Armstrong,
Office Assistant
Laurence Christian,
Municipal Manager
Dr. James Walsh,
School Superintendent
Tim Moury,
Municipal Council Liaison
Lorrie Gibbons,
Municipal Council Liaison
Pamela Dobos,
School District Liaison

Monthly Meetings

The Board meets on the first Wednesday of each month at 7:00 PM in the Community Center unless otherwise advertised. Please contact the Recreation Office for specific meeting dates.

Department Administration
Charles H. Stover, Director

AQUATIC PROGRAMS

THERE WILL BE ONE SIX (6) WEEK
SESSION OF PRIVATE SWIM LESSONS
ON SATURDAYS IN THE SPRING.
APRIL 10, 2021 - MAY 15, 2021

PRIVATE SWIM LESSONS

One on One Swim Lessons! An instructor will give your child individual swim lessons tailored to what your child needs. Our experienced and patient instructors will be in the water with your child while he or she learns at their own pace, whether it is getting accustomed to the water for the first time, learning basic water skills, or getting enough individual help to advance to the next level. These 1/2 hour private lessons will be scheduled during swim lessons. Register at the Recreation Office in the Community Center to schedule your specific time. Locker rooms are closed due to Covid restrictions. Restrooms are available.

Ages: 5 - 12
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3413.103
Dates: 04/10/2021 - 05/15/2021 Sat
Time: TBD 11:15AM - 2:00PM

Location: BPHS Pool



PRIVATE SWIM LESSONS

One on One Swim Lessons for those over 18 years of age. An instructor will give you individual swim lessons tailored to what you need. Our experienced and patient instructors will be in the water with you while you learn at your own pace, whether it is learning basic water skills or getting enough individual help to advance your skills to the next level. These 1/2 hour private lessons will be scheduled during swim lessons. Register at the Recreation Office in the Community Center to schedule your specific time. Locker rooms are closed due to Covid restrictions. Restrooms are available.

Ages: 18 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3401.101
Dates: 04/10/2021 - 05/15/2021 Sat
Time: TBD 11:15AM - 2:00PM

Location: BPHS Pool

Contact the Community Center at 412-851-2910 to confirm that the pool will be open.

COMMUNITY SWIM

The pool is open for you, your family, and friends to swim!
Pay at the pool each time you swim. No passes will be sold.
Locker rooms are closed due to Covid restrictions. Restrooms are available.

Swim Session Dates: 03/05/2021-05/16/2021
7:00 - 9:00 PM Fri
2:30 - 4:30 PM Sat
2:30 - 4:30 PM Sun

Daily Rates - \$5.00 per day (non-resident \$7.00)
Daily Family Pass - \$10 for up to 5 immediate family members. (non-resident \$15)

SPECIAL NOTE: DO NOT BRING VALUABLES TO THE POOL. A list of pass-holders will be on file at the pool. Check in with the guard when entering the pool. Children under 14 years of age **MUST** be accompanied by at least one parent who is dressed to enter the water.

Location: BPHS Pool
NO COMMUNITY SWIM: Apr 2, Apr 3, Apr 4
Swim meets may be added.
NO SWIMMING ON SCHOOL HOLIDAYS AND POSTED SWIM MEET DAYS.

PITTSBURGH ARTISTIC SWIMMING

Artistic Swimming combines the grace of dance, the agility of gymnastics and the athleticism of swimming all in one sport. Swimmers will perform a variety of individual figures and team routines which include performances of coordinated movements (similar to dance) in time to music. This exciting sport encourages confidence, creativity, strength, flexibility and teamwork. Instructors have competed in National/International Age Group, Intercollegiate and/or Masters Competitions. As the team progresses, swimmers will have the opportunity to compete or participate in a swim show for friends and family. USA Artistic Swimming safety protocols will be used. Swimmers do not need prior experience but should be able to swim 25 yards freestyle and backstroke (pool length). Swimmers will need a swimsuit, cap and nose clips. Email pghsynchronswim@yahoo.com for more details. Twice a week discount rate is not available with online registration.

Ages: 8 - 18
Resident Fee: \$40.00 Non-Res Fee: \$45.00
Twice a week: \$60.00 Non-Res Fee: \$65.00
6 session dates

3413.170
Dates: 03/07/2021 - 04/18/2021 Sun
Time: 4:30PM - 6:00PM

3413.171
Dates: 03/09/2021 - 04/20/2021 Tue
Time: 7:30PM - 9:00PM

3413.172
Dates: 05/02/2021 - 06/13/2021 Sun
Time: 4:30PM - 6:00PM

3413.173
Dates: 05/04/2021 - 06/15/2021 Tue
Time: 7:30PM - 9:00PM

Location: BPHS Pool
No class Apr 4, Apr 6, May 18, May 30

MASTERS ARTISTIC (SYNCHRONIZED) SWIMMING

For swimmers over the age of 18. No prior synchronized swimming experience is necessary. Learn new aquatic skills such as eggbeater kick and sculling and get a great workout! Synchro promotes flexibility & team work, and increases physical activity. Our instructors will teach correct techniques and FINA figures. There will be an opportunity to learn synchronized swimming routines, perform in seasonal exhibitions, and compete in Master's level competitions. Participants must be comfortable in deep water, able to swim 100 yards (4 laps) and swim freestyle, backstroke, and breaststroke. Instructor is available to help improve strokes and / or kicks. Synchro instructors have prior competitive experience in Masters and / or age group competition. Email pghsynchronswim@yahoo.com for more details. Twice a week discount rate is not available with online registration.

Ages: 18 and over
Resident Fee: \$40.00 Non-Res Fee: \$45.00
Twice a week: \$60.00 Non-Res Fee: \$65.00
6 session dates

3413.175
Dates: 03/07/2021 - 04/18/2021 Sun
Time: 4:30PM - 6:00PM

3413.176
Dates: 03/09/2021 - 04/20/2021 Tue
Time: 7:30PM - 9:00PM

3413.177
Dates: 05/02/2021 - 06/13/2021 Sun
Time: 4:30PM - 6:00PM

3413.178
Dates: 05/04/2021 - 06/15/2021 Tue
Time: 7:30PM - 9:00PM

Location: BPHS Pool
No class Apr 4, Apr 6, May 18, May 30

AQUACISE

Any adult (21 years of age and over) is welcome to come. You do not have to be able to swim to participate. Classes feature water exercises. Aquacise is held throughout the year on Monday and Wednesday evenings. The fee for nightly attendance is \$5.00 for a resident or \$6.00 for a non-resident. Sign in and pay at the pool each evening you attend. Locker rooms are closed due to COVID restrictions. Restrooms are available.

Ages: 21 and over
Resident Fee: \$5.00 Non-Res Fee: \$6.00
Dates: 03/01/2021 - 05/26/2021 Mon, Wed
Time: 8:00PM - 9:00PM

Location: BPHS Pool
No class Apr 5

LAP SWIMMING

Swim without the crowd and do laps on your own on Monday and Wednesday evenings! Sign in and pay at the pool each evening you attend. The fee for nightly attendance is \$5.00 (non-res \$6.00). Locker rooms are closed due to Covid restrictions. Restrooms are available.

Ages: 18 and over
Resident Fee: \$5.00 Non-Res Fee: \$6.00
Dates: 03/01/2021 - 05/26/2021 Mon, Wed
Time: 8:15PM - 9:15PM

Location: BPHS Pool
No class Apr 5

Locker rooms are closed due
to COVID restrictions.
Restrooms are available.



Like us on Facebook!
Bethel Park Recreation
& Community Center

SATURDAY CLASSES ARE HIGHLIGHTED

BETHEL PARK MASTERS SWIMMING

For swimmers over the age of 18. Did you swim at high school or college? Would you like to take the sport up again, but feel you are too out of shape? Or would you like to improve your swimming technique in the high school eight-lane pool? Our Masters Swimming program caters to all adults, whatever your age, for swimmers of all levels. Whether you are a Masters swim champion, would like to swim a few meets, or if you are a triathlete who would like to increase your endurance, or if you would like instruction from our experienced coaches to help you swim with better technique, this program is for you. You will need to register with USMS if you decide to join. Please just drop in at the pool one morning and see if this is for you! Register at the pool. Locker rooms are closed due to COVID restrictions. Restrooms are available.

Ages:	18 years and over	
Fee:	Full season:	\$400.00
	School year:	\$325.00
	Monthly:	\$45.00
	Daily drop-in:	\$5.00

Dates: 8/24/2020 – 7/28/2021
 Times: 5:30am - 6:45am Mon, Wed
 6:00am - 7:30am Sat

Email coachkbpswim@gmail.com with any questions.

SCOUT SWIMMING

Bethel Park Recreation will sponsor a program at the Bethel Park High School pool on Sunday evenings for Boy Scout or Girl Scout groups to work on earning their water-related badges. LEADERS, email the recreation office: recreation@bethelpark.net for exact dates, fees and to make arrangements for scouts to earn their badges. Locker rooms are closed due to COVID restrictions. Restrooms are available.

All ages
 Location: BPHS Pool

Holiday Closures

The Bethel Park Community Center will be closed Easter weekend on the following days:

Friday, April 2
 Saturday, April 3
 and Sunday, April 4

Municipal Offices will be CLOSED on Friday, April 2 for Good Friday.

Thank you for your kind attention!

WE'VE GOT YOU COVERED

Where else can you park in a covered lot for just **\$2.00** a day. Our **2200**-space parking garage at the South Hills Village T station not only keeps your car out of the weather, it keeps you dry with a covered walkway from the garage to the T platform. All for just 2 dollars a day. For more information, call customer service at **412.442.2000** or visit **PortAuthority.org**

PortAuthority.org

OTHER YOUTH PROGRAMS

Bethel Park Recreation Junior Cheerleaders 2021 Registration

Registration for the 2021 BP Jr. Cheerleaders will be online for all interested girls entering Kindergarten – 6th grade in the fall of 2021. Participants will cheer for BP Jr. Football (BPJF) games and other community events. Registration will be available through Blue Sombrero on the cheerleading website with payments of \$100. Registration will be accepted between March 1, 2021 and April 26, 2021.

Details will be posted to the website.

<https://sports.bluesombrero.com/Default.aspx?tabid=769583>

Email: bpjrcheerleading@gmail.com

Follow us on Facebook : BP Jr Cheerleaders

BETHEL PARK JUNIOR FOOTBALL – 2021 Registration 59 YEARS OF TRADITION MEETING EXCELLENCE

Online Registration ONLY.
 Registration is open now!
 Visit our website www.bpjf.org



Bethel Park Junior Football will have four divisions: Termite for K-2nd grade, Junior Varsity for 3rd and 4th Grade, Varsity for 5th and 6th Grade and Big Mac -12 year old team.

Note: For any issues or questions regarding online registration please contact: bpjfboard@gmail.com

PACER Track Club

Track and Field is a great way to challenge yourself mentally and physically. You will improve your body by getting faster and stronger with practice. You will also develop mental toughness. Learn the techniques required to develop the skills and conditioning to be a better runner. Train to be a champion and strive to improve your personal record. You will make new friends and have fun!

EVERYONE can participate in USATF sanctioned track meets. No experience is necessary. A well-fitting pair of RUNNING shoes is advisable. Boys and girls are both welcome! **Ages: 8yrs to 18yrs (and parents too.)** To become a member, please see our website for registration information. Parents must accompany their children to our first day of practice and informational meeting.

The first practice and parent meeting will be held on Monday, March 29, 2021 at the Park Avenue Track behind the Community Center at 6:00pm.

Runner's practices will be held on Mondays, Tuesdays, and Thursdays from 6-7:30 p.m. Runners will practice at the Park Avenue Track, the Gilfillan Trail, & other locations to be determined.

Call **Damon Rhodes** at 412-475-7206 or **Steve Meddings** at 724-301-8101 for further information. CHECK OUR WEBSITE FOR MORE INFORMATION www.pacertrackclub.com. Look us up on FACEBOOK - PACERS TRACK CLUB.

Tennis

Tennis is through the Upper St. Clair Tennis Development Program. Dates are as follows:

Junior clinics:

Level 3.0 and up- January 18 - April 18, 2021 (12 weeks)

Level 1 & 2 - Feb. 15 - April 18, 2021 (8 weeks)

Adult clinics:

Level 1 - 4: Feb. 15 - April 18, 2021 (8 weeks)

Please call USCTDP for registration information at 412-831-2630 or email: tennis@usctdp.com.



YOUTH PROGRAMS



CLASSES & WORKSHOPS

BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com.

Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3309.101
Dates: 02/27/2021 - 04/03/2021 Sat
Time: 10:00AM - 11:00AM

3309.111
Dates: 04/17/2021 - 05/22/2021 Sat
Time: 10:00AM - 11:00AM

Location: Xcel Canine Training, Inc.

PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the stepping stones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. An adult must accompany handlers under age 18. Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com.

Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3309.102
Dates: 02/27/2021 - 04/03/2021 Sat
Time: 9:00AM - 10:00AM

3309.103
Dates: 02/27/2021 - 04/03/2021 Sat
Time: 12:00PM - 1:00PM

3309.104
Dates: 02/24/2021 - 03/31/2021 Wed
Time: 12:00PM - 1:00PM

3309.112
Dates: 04/17/2021 - 05/22/2021 Sat
Time: 9:00AM - 10:00AM

3309.113
Dates: 04/17/2021 - 05/22/2021 Sat
Time: 12:00PM - 1:00PM

3309.114
Dates: 04/14/2021 - 05/19/2021 Wed
Time: 12:00PM - 1:00PM

Location: Xcel Canine Training, Inc.

PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled. Online registrations are highly encouraged at www.bethelpark.net.

DRIVER EDUCATION

The course is conducted by Kennedy School of Driving through Bethel Park Recreation. Upon successful completion of the 30 hours of theory and 6 hours of in-car training, a certificate is given that is accepted by most insurance companies for an insurance rate discount. If you are a BPHS student, this class features the option of taking your driving test with our instructor. This counts as 1 hour of your behind-the-wheel instruction. You must complete the test prior to your high school graduation in order to take the test with our instructor. The \$45 (non-resident \$50) NON-REFUNDABLE AND NON-TRANSFERRABLE fee payable to Bethel Park Recreation will secure your space in the class. The fee of \$425 must be paid to Kennedy School of Driving on the first night of class. Class size is limited to 36 students.

Ages: 15 and over
Resident Fee: \$45.00 Non-Res Fee: \$50.00
To Kennedy: \$425.00
10 session dates

3311.101
Dates: 03/01/2021 - 03/31/2021 Mon, Wed
Time: 6:30PM - 9:30PM

Location: BPHS M415 Library

YOUTH THEATER

Students/actors will enjoy playing creative drama games to improve character development and improvisation skills, voice projection and enunciation skills. Theater terms and staging will also be a part of this class. Students will focus on performing in skits/a short play to perfect their new skills. A performance will be held on the last class for family and friends.

Instructor: Adam Winter
Ages: 6 - 12
Resident Fee: \$40.00 Non-Res Fee: \$45.00
6 session dates

3875.101
Dates: 03/03/2021 - 04/07/2021 Wed
Time: 6:00PM - 7:00PM

3875.102
Dates: 04/21/2021 - 05/26/2021 Wed
Time: 6:00PM - 7:00PM

Location: Community Center



SATURDAY CLASSES ARE HIGHLIGHTED

CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

ARTS & CRAFTS

ART EXPLOSION - CELEBRATING SPRING WITH ART

Join us for a six-week session where children will explore what is happening during this amazing season and show it through their artwork. We'll explore artists like Roger Tory Peterson and Lucy Arnold. Students will create a picture of birds migrating through the sky and one of butterflies or caterpillars with their favorite flowers. They will also have fun making a seed and dirt collage, then planting some to take home and watch grow. Children will use a variety of materials like markers, paints, colored pencils & model magic to name a few. All materials are included and children will take home their masterpiece at the end of every class. Come join us as we have fun learning about our world and the wonderful world of art.

Instructor: Sue Ralston
Ages: 4 - 7
Resident Fee: \$65.00 Non-Res Fee: \$70.00
6 session dates

3805.107
Dates: 03/15/2021 - 04/26/2021 Mon
Time: 5:15PM - 6:15PM

Location: Community Center
No class Apr 5

ART EXPLOSION - EXPERIENCING SPRING THROUGH ART

In this fun six week session children will explore the season of spring and incorporate it into their artwork. We'll explore artists like Roger Tory Peterson and David Sibley, children will then create their own bird drawing. We'll learn about artist Lucy Arnold, then create a caterpillar and butterfly painting with their favorite plants. Students will also have fun creating a spring forest drawing complete with a bear waking from a long winter nap and an abstract collage of spring seeds. We will use a variety of materials like pastels, markers, paints, model magic to name a few and children will take home their masterpieces after each class. Come join us as we have fun learning about and creating with art.

Instructor: Sue Ralston
Ages: 6 - 12
Resident Fee: \$65.00 Non-Res Fee: \$70.00
6 session dates

3805.108
Dates: 03/15/2021 - 04/26/2021 Mon
Time: 6:30PM - 7:30PM

Location: Community Center
No class Apr 5

Looking for Summer Camp information? See page 27.

CARTOONING WORKSHOP

Cartooning/drawing classes with a new fun theme for each class! Students will learn the foundation of cartooning in this very fun, relaxed class atmosphere. Students and instructor tell jokes, stories and share their creations. Students end class with 4 fun drawings/cartoons complete with speech bubbles. Bring your imagination for lots of fun! *Instructor will provide individual, sanitized supplies for each student. Must register at least 24 hours prior to class.

Instructor: Karen Hartman
Ages: 6 - 14
Resident Fee: \$18.00 Non-Res Fee: \$23.00
1 session date

3805.101 Fun Animals Thu
Dates: 03/11/2021
Time: 6:15PM - 7:30PM

3805.102 Woodland Animals Thu
Dates: 04/15/2021
Time: 6:15PM - 7:30PM

3805.103 Lakeside Nature Thu
Dates: 05/13/2021
Time: 6:15PM - 7:30PM

Location: Community Center

CANVAS CRAZINESS

Students will start and complete their own canvas with a special theme.*Instructor will provide individual, sanitized supplies for each student. **Must register at least 24 hours prior to class.

Instructor: Karen Hartman
Ages: 6 - 14
Resident Fee: \$25.00 Non-Res Fee: \$30.00
1 session date

3805.104 Spring Fling Hot Air Balloons Thu
Dates: 04/01/2021
Time: 6:15PM - 7:30PM

3805.105 April Showers & Umbrellas Thu
Dates: 04/29/2021
Time: 6:15PM - 7:30PM

3805.106 Campground Theme Thu
Dates: 05/20/2021
Time: 6:15PM - 7:30PM

Location: Community Center

PRIVATE/SEMI-PRIVATE DRAWING CLASS

Register at the Community Center for individual 1 hour lessons between 4 - 7 p.m. Instructor Karen Hartman will hold 60-minute private or semi-private drawing instruction for youth or adult students from beginner to advanced level. Lesson can be customized to the participant's likes and needs while exploring foundation. Portfolio customization offered for High School Students. Student may bring supplies and instructor will have additional supplies at each lesson. Please bring a 5x7" or larger sketch book.

Instructor: Karen Hartman
Ages: 6 and over
Resident Fee: 25.00 Non-Res Fee: \$30.00
1 session date
Time: TBD 4:00PM - 7:00PM

3805.110 03/04/2021 Thu

3805.111 03/18/2021 Thu

3805.112 04/08/2021 Thu

3805.113 04/22/2021 Thu

3805.114 05/06/2021 Thu

Location: Community Center

**PYSANKY EGG MAKING**

Join us for a creative class of making colorful Ukrainian Easter eggs. This is a hands on class and YOU will be completing one egg by the end of the class. Pysanky is a beautiful tradition dating back to the ancient times and is a fun family craft. Pysanky were given as gifts, placed inside homes to scare off evil spirits and even used as greetings because of their symbolism. Today the tradition is kept alive in many families.

Instructor Sasha Williams has a Masters' degree in Fine Art and over 20 years of painting and decorative arts experience. She learned this tradition from her Grandmother and is delighted to be able to pass it onto you. Class is not appropriate for young children because the process involves hot wax and raw eggs, but they are welcome to watch.

Ages: 13 and over
Resident Fee: \$30.00* Non-Res Fee: \$35.00
*A supply fee of \$10 is payable to the instructor at class.

1 session date

3905.111 03/20/2021 Sat
Dates: 03/20/2021
Time: 9:30AM - 12:00PM

Location: Community Center

DANCE**BALLET/DANCE COMBO**

This class will serve as an intro to ballet, while incorporating other fun dance/movement techniques that will enhance balance, body control and the natural sense of rhythm. Simple jazz-type and tap movements will be introduced and proper stretching (set to song and nursery rhymes) will be taught. This is a very informal & fun approach to beginning dance. Participants should dress in standard dance attire, leotard or tank top with tights or stretchy, tight fitness/dance shorts worn over tights. Jazz or ballet shoes are preferred.

Instructor: Tammy Lentz
Ages: 3 - 5
Resident Fee: \$35.00 Non-Res Fee: \$40.00
6 session dates

3818.101 03/02/2021 - 04/06/2021 Tue
Dates: 03/02/2021 - 04/06/2021
Time: 4:30PM - 5:15PM

3818.111 04/13/2021 - 05/18/2021 Tue
Dates: 04/13/2021 - 05/18/2021
Time: 4:30PM - 5:15PM

Location: Community Center

SATURDAY CLASSES ARE HIGHLIGHTED

Look for the next issue of the Bethel Park Chronicles mailed the week of May 10, 2021!

PRESCHOOL TAP

This is a fun early introductory class for tap and creative movement. While learning basic tap steps, students will develop coordination, balance, musicality, timing, and flexibility. Shuffles, skipping, singing, and rhyming are all part of this exciting class. Please wear comfortable clothing. Students must provide their own tap shoes. Please contact the instructor, Tammy Lentz, at 412-851-9142 if you have any questions about the class or where to purchase shoes.

Ages: 3 - 5
Resident Fee: \$30.00 Non-Res Fee: \$35.00
6 session dates

3818.105 03/04/2021 - 04/08/2021 Thu
Dates: 03/04/2021 - 04/08/2021
Time: 5:15PM - 6:00PM

3818.115 04/15/2021 - 05/20/2021 Thu
Dates: 04/15/2021 - 05/20/2021
Time: 5:15PM - 6:00PM

Location: Community Center

MOVE AND GROOVE WITH 2'S

Help your child discover movement and expression while networking with other parents through a structure that blends dance, music, and imagination. Parent and child will follow along with the instructor who will guide the parent/tot team in a way that makes discovering movement, balance, and listening skills easy and fun. This class is an excellent first group activity. Please wear comfortable clothing.

Instructor: Tammy Lentz
Ages: 16 months - 3
Resident Fee: \$21.00 Non-Res Fee: \$26.00
6 session dates

3818.109 03/02/2021 - 04/06/2021 Tue
Dates: 03/02/2021 - 04/06/2021
Time: 10:45AM - 11:15AM

3818.119 04/13/2021 - 05/18/2021 Tue
Dates: 04/13/2021 - 05/18/2021
Time: 10:45AM - 11:15AM

Location: Community Center

**BEGINNER JAZZ/HIP HOP COMBO**

This one-hour class allows students to learn and enjoy fundamental dance styles. Class allows students to explore leaping and turning with jazz and learn some street funk with hip hop. The high-energy class is a solid foundation of dance and sure to be a favorite. Jazz shoes are preferred but not required. Please wear comfortable clothing. Please contact the instructor, Tammy Lentz, at 412-851-9142 if you have any questions about the class or where to purchase shoes.

Ages: 5 - 12
Resident Fee: \$35.00 Non-Res Fee: \$40.00
6 session dates

3818.110 03/04/2021 - 04/08/2021 Thu
Dates: 03/04/2021 - 04/08/2021
Time: 6:00PM - 6:45PM

3818.120 04/15/2021 - 05/20/2021 Thu
Dates: 04/15/2021 - 05/20/2021
Time: 6:00PM - 6:45PM

Location: Community Center

BEGINNER BATON TWIRLING

Join our fun-filled class for the beginner twirler! This is a low cost, no pressure introduction for the first time twirlers who want to get their first taste of baton. Students will learn basic twirls and tosses and will also have fun learning how to march and twirl to music. Twirling also promotes development of good hand/eye coordination. This class is a great start for any future little majorette. Students should wear comfortable clothing and must have their own baton. Please contact the instructor, Tammy Lentz, at 412-851-9142 if you have questions about the class or where to purchase a baton. Tammy is a former Upper St. Clair Majorette with over 27 years of teaching and training girls to be majorettes throughout the many high schools in the South Hills area.

Ages: 5 and over
Resident Fee: \$30.00 Non-Res Fee: \$35.00
6 session dates

3818.106
Dates: 03/02/2021 - 04/06/2021 Tue
Time: 6:00PM - 6:45PM

3818.116
Dates: 04/13/2021 - 05/18/2021 Tue
Time: 6:00PM - 6:45PM

Location: Community Center

INTERMEDIATE BATON TWIRLING

Class will continue to build your knowledge and baton twirling skills. Students will learn more difficult tricks and tosses while building on the skills learned in beginner baton class. Students should wear comfortable clothing and must have their own baton. Class prerequisite: Recommendation from instructor, Tammy Lentz, or at least 1 year experience with another instructor.

Ages: 5 and over
Resident Fee: \$30.00 Non-Res Fee: \$35.00
6 session dates

3818.107
Dates: 03/02/2021 - 04/06/2021 Tue
Time: Tue 6:45PM - 7:30PM

3818.117
Dates: 04/13/2021 - 05/18/2021 Tue
Time: 6:45PM - 7:30PM

Location: Community Center

**ADVANCED BATON**

This class is for the twirlers who have had beginner and/or intermediate instruction or by instructor recommendation. Students will focus on 2 baton tricks, exchanges, and ribbon instruction. This class is for girls who are headed in the direction of becoming a High School Majorette. Students do not need to purchase a second baton or ribbon. The instructor will provide additional batons and ribbons.

Instructor: Tammy Lentz
Ages: 8 and over
Resident Fee: \$30.00 Non-Res Fee: \$35.00
6 session dates

3818.108
Dates: 03/02/2021 - 04/06/2021 Tue
Time: 5:15PM - 6:00PM

3818.118
Dates: 04/13/2021 - 05/18/2021 Tue
Time: 5:15PM - 6:00PM

Location: Community Center

PASSION COMBO COMPETITIVE TWIRL AND POM TINY TEAM

Skill-based baton twirling techniques taught to form a creative, unpredictable routine that exemplifies both the sport and art of twirling. Combined with a non-cheer, team pom performance with instruction on how to use poms with precision and grace. Using dance steps, changing floor patterns, and group design to bring everything together. Instructors, Tina Tomlins and LeAnn Chamberlin, were both former solo/strut National Champions and members of the World Champion Modernettes and are currently the directors of The 2019 PA State Beginner Tiny Tot Dance Twirl Champions and the 2019 PA State Junior Halftime Team Champions! Advancement into competitive Twirl and Pom Teams is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Poms will be provided. Contact us for more information and questions as to where to purchase a baton at tomlinst1@hotmail.com or annietwirl@gmail.com

Ages: 4 - 10
Resident Fee: \$43.00 Non-Res Fee: \$48.00
5 session dates

3101.101
Dates: 03/11/2021 - 04/15/2021 Thu
Time: 5:45PM - 6:45PM

Resident Fee: \$52.00 Non-Res Fee: \$57.00
6 session dates

3101.111
Dates: 04/29/2021 - 06/03/2021 Thu
Time: 5:45PM - 6:45PM

Location: Ben Franklin Elementary
No class Apr 1

PASSION COMBO COMPETITIVE TWIRL & POM TEAM

Instructor selected competition team, by invitation only. Participant's skill level must be reviewed by our instructors to determine eligibility for Competitive Teams. Additional fees are charged for competition participation. Online registration is not available for the teams.

Ages: 4 - 18
Resident Fee: \$60.00 Non-Res Fee: \$65.00
5 session dates

3101.100
Dates: 03/11/2021 - 04/15/2021 Thu
Time: 7:00PM - 9:00PM

Resident Fee: \$72.00 Non-Res Fee: \$77.00
6 session dates

3101.110
Dates: 04/29/2021 - 06/03/2021 Thu
Time: 7:00PM - 9:00PM

Location: Ben Franklin Elementary
No class Apr 1

PASSION RECREATION COMBO TWIRL AND POMS

Poms ~ Non-cheer team performance with instruction on how to use poms with precision and grace, combining the changing of floor patterns, group design, and dance steps. Poms will be provided.

Twirl ~ Beginner/Intermediate skill-based instruction combining the sport and art of standard body moves and baton handling techniques. Please dress comfortably, in tennis shoes, and bring your own baton. Contact us for more information and questions at tomlinst1@hotmail.com or annietwirl@gmail.com.

Ages: 4 - 9
Resident Fee: \$33.00 Non-Res Fee: \$38.00
5 session dates

3101.103
Dates: 03/10/2021 - 04/14/2021 Wed
Time: 6:15PM - 7:00PM

Location: Ben Franklin Elementary
No class Mar 31

CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

PASSION RECREATION TWIRL

Twirling instruction combining the sport and art of standard body moves and baton handling techniques to create a routine that exemplifies the best of both. Twirlers should be ages 10-18 for this class with some baton experience. Join instructors Tina Tomlins and LeAnn Chamberlin (both former solo/strut National Champions and members of the World Champion Modernettes) for training in the latest baton-handling techniques, routines, and twirling. Advancement onto PASSION Twirl and Poms Competitive Team is by instructor selection. Please dress comfortably, in tennis shoes, and bring your own baton. Contact us for more information and questions as to where to purchase a baton at tomlinst1@hotmail.com or annietwirl@gmail.com.

Ages: 10 - 18
Resident Fee: \$33.00 Non-Res Fee: \$38.00
5 session dates

3101.104
Dates: 03/10/2021 - 04/14/2021 Wed
Time: 7:15PM - 8:00PM

Location: Ben Franklin Elementary
No class Mar 31

SPORTS**LADY HAWKS LITTLE DRIBBLERS**

Please join the Lady Hawk staff and team for Little Dribblers. We will learn the basics of ball handling and dribbling, and most of all, have a lot of FUN! Little Dribbler participants will receive a t-shirt. Please bring your own basketball!

Call Jonna Burke if you have questions:
412-251-7395.

Grades: K-4
Resident Fee: \$50.00 Non-Res Fee: \$55.00
4 session dates

3115.105
Dates: 04/10/2021 - 05/01/2021 Sat
Time: 9:00AM - 10:00AM

Location: BPHS Gym

BEGINNER/INTERMEDIATE FENCING

Experience and enjoy the fun and challenging Olympic sport of foil fencing. The introductory and intermediate level instruction progressively establishes fundamental skills needed for successful fencing and great fitness. Sessions include instruction and practice bouts. Note: All essential equipment will be provided by the instructors, but students will be required to wear comfortable pants, non-marking athletic shoes, and a glove (official protective fencing gloves are not required but available at class for \$10) Shorts or jeans are not permitted.

Ages: 7 and over
Resident Fee: \$52.00 Non-Res Fee: \$57.00
6 session dates

3140.101
Dates: 03/04/2021 - 04/08/2021 Thu
Time: 6:00PM - 7:00PM

3140.111
Dates: 04/15/2021 - 05/20/2021 Thu
Time: 6:00PM - 7:00PM

Location: Community Center

ADVANCED* FENCING

Take your fencing to a new level! This instructional class focuses on techniques, fitness, and winning strategy to help the dedicated to be able to succeed at an advanced competitive level in this martial art. Sessions include instruction and practice bouts. Note: All essential equipment will be provided by the instructors, but students will be required to wear comfortable pants, non-marking athletic shoes, and a glove (official fencing gloves are not required but are available at class for \$10). Shorts or jeans are not permitted.

Ages: 11 and over
Resident Fee: \$75.00 Non-Res Fee: \$80.00
6 session dates

3140.102
Dates: 03/04/2021 - 04/08/2021 Thu
Time: 6:00PM - 8:00PM

3140.112
Dates: 04/15/2021 - 05/20/2021 Thu
Time: 6:00PM - 8:00PM

Location: Community Center

**KARATE - BEGINNER AND INTERMEDIATE**

Students will receive instruction in the Isshinryu style of Karate. Class will include warm-up exercises, basics of the style, as well as simple and practical self-defense techniques. Classes will also emphasize self-discipline and respect. Students will learn self-defense skills as well as a sense of accomplishment. Traditional karate uniform (Gi) is recommended, but not mandatory. Uniforms may be purchased through the instructor.

Ages: 6 and over
Resident Fee: \$35.00 Non-Res Fee: \$40.00
6 session dates

3825.101
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 7:00PM - 7:45PM

3825.102
Dates: 04/12/2021 - 05/17/2021 Mon
Time: 7:00PM - 7:45PM

Location: Community Center

PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled. Online registrations are highly encouraged at www.bethelpark.net

SATURDAY CLASSES ARE HIGHLIGHTED**PICKLEBALL**

Men and women, boys and girls ages 13 and over REGISTER for our recreational Pickleball program at the Bethel Park Community Center gym. This is one of the fastest growing sports in the US combining elements of tennis, badminton and ping-pong. Pickleball is a low-impact sport played on a court smaller than the size of a tennis court. General knowledge of game rules and beginner skill level is helpful. No experience is required to play, but players must be able to bend to pick up balls and move forward and backward to play. This is not an instructional class. You may choose to play once a week but NO MORE THAN TWICE A WEEK. Call 412-851-2910 for more information. Players must properly wear masks even while actively playing.

Ages: 13 and over
Resident Fee: \$15.00 Non-Res Fee: \$20.00
6 session dates

3901.101
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 12:00PM - 2:10PM

3901.102
Dates: 03/03/2021 - 04/07/2021 Wed
Time: 12:00PM - 2:10PM

3901.103
Dates: 03/05/2021 - 04/16/2021 Fri
Time: 12:00PM - 2:10PM

3901.111
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 12:00PM - 2:10PM

3901.112
Dates: 04/21/2021 - 05/26/2021 Wed
Time: 12:00PM - 2:10PM

3901.113
Dates: 04/23/2021 - 05/28/2021 Fri
Time: 12:00PM - 2:10PM

Location: Community Center
No class Apr 2, Apr 12, Apr 14

RIFLE - BEGINNER

Olympic style target shooting, beginner level. Student must be at least 12 years old. Each class limited to 10 students. Classes will be held twice a week, on Tuesdays and Wednesdays. All materials and supplies are provided. Attendance at the first class is mandatory.

Ages: 12 and over
Resident Fee: \$50.00 Non-Res Fee: \$55.00
6 session dates

3153.101
Dates: 04/13/2021 - 04/28/2021 Tue, Wed
Time: 6:30PM - 7:30PM

Location: BPHS Rifle Range

INTERMEDIATE* RIFLE

Olympic style target shooting, intermediate level, shooting the standard ten bull target. Student must be at least 12 years old and *must have taken the beginner rifle class. Classes will be held twice a week, on Tuesdays and Wednesdays. All materials and supplies are provided.

Ages: 12 and over
Resident Fee: \$50.00 Non-Res Fee: \$55.00
6 session dates

3153.102
Dates: 04/13/2021 - 04/28/2021 Tue, Wed
Time: 7:45PM - 8:45PM

3153.103
Dates: 05/04/2021 - 05/25/2021 Tue, Wed
Time: 6:30PM - 7:30PM

3153.104
Dates: 05/04/2021 - 05/25/2021 Tue, Wed
Time: 7:45PM - 8:45PM

Location: BPHS Rifle Range
No class May 18

MIGHTY KICKS PARENT/CHILD SOCCER CLASS

Children will learn the skills, moves, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. This program emphasizes motor skills, social and listening skills, as well as body awareness. Additionally, parents will be able to play alongside and assist their youngsters as they get their first taste of soccer fun!

Coach Sam Bellin is a former standout college soccer player at the University of Georgia and currently highly successful Head Coach of Allerdice Boys High School soccer with 20+ years of experience coaching youth sports. More information is available at www.mightykicks.net. No equipment of any kind is required. Just sign up and play!

Ages: 2 - 3 w/caregiver
Resident Fee: \$55.00 Non-Res Fee: \$60.00
6 session dates

3815.104
Dates: 03/13/2021 - 04/24/2021 Sat
Time: 10:00AM - 10:45AM

3815.114
Dates: 05/01/2021 - 06/05/2021 Sat
Time: 10:00AM - 10:45AM

Location: Community Center
No class Apr 3

MIGHTY KICKS SOCCER - OUTDOORS!

Children will learn the skills, moves, rules, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. Here are some highlights of the program:

Curriculum - Mighty Kicks serves over 4000 children yearly in 6 locations using an age-appropriate methodology including games, drills, exercises, stories with pictures and more!

Coaching - Classes will be led by Coach Sam, well-respected and much-liked for his 20+ years of relentlessly positive, high-energy, child-centered and expert sports coaching. Coach Sam is well known for combining top notch sports instruction with a fun program.

More information is available at www.mightykicks.net. No equipment of any kind is required. Just sign up and play.

Resident Fee: \$65.00 Non-Res Fee: \$70.00
6 session dates

Dates: 04/25/2021 - 06/06/2021 Sun

Ages: 3 - 4
3815.105
Time: 12:00PM - 12:45PM

Ages: 5 - 8
3815.115
Time: 1:00PM - 1:45PM

Location: Village Green Park
No class May 30



Like us on Facebook!
Bethel Park Recreation
& Community Center

MIGHTY KICKS SOCCER

Children will learn the skills, moves, rules, and joy of playing America's most popular youth sport! Mighty Kicks is designed to encourage young children to build a healthy lifestyle, and offers a high-energy, fun program helping children develop coordination and confidence and utilize their physical energy in a positive way. Here are some highlights of the program:

Curriculum – Mighty Kicks serves over 4000 children yearly in 6 locations using an age-appropriate methodology including games, drills, exercises, stories with pictures and more!

Coaching – Classes will be led by Coach Sam, well-respected and much-liked for his 20+ years of relentlessly positive, high-energy, child-centered and expert sports coaching. Coach Sam is well known for combining top notch sports instruction with a fun program. More information is available at www.mightykicks.net. No equipment of any kind is required. Just sign up and play.

Ages: 3 - 6
Resident Fee: \$55.00 **Non-Res Fee:** \$60.00
 6 session dates

3815.106
Dates: 03/08/2021 - 04/12/2021 **Mon**
Time: 9:45AM - 10:15AM

3815.109
Dates: 03/12/2021 - 04/23/2021 **Fri**
Time: 10:00AM - 10:30AM

3815.116
Dates: 04/19/2021 - 05/24/2021 **Mon**
Time: 9:45AM - 10:15AM

3815.119
Dates: 04/30/2021 - 06/04/2021 **Fri**
Time: 10:00AM - 10:30AM

Location: Community Center
No class Apr 2



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 Bethel Park Recreation
 & Community Center

ARE YOU A YOUTH SPORT VOLUNTEER COACH?

The National Youth Sports Coaches Association (NYSCA) is a membership organization and the most widely used volunteer coach training program in the nation, having trained more than 3 million coaches since 1981.



The NYSCA volunteer coach training program is designed to sensitize volunteer coaches to their responsibilities and hold them accountable to a strict Code of Conduct defined by the NYSCA Coaches' Code of Ethics Pledge.

The NYSCA Introduction to Coaching Youth Sports website is one of the most comprehensive resources for volunteer coaches, no matter what sport you're coaching. The website is designed to improve your understanding in all the important areas of youth coaching. Coaches who are trained and educated on the many different aspects involved with coaching kids are best prepared to provide participants with a fun-filled, safe, and rewarding experience. Please consider completing this valuable online training at www.nays.org.

SPECIAL INTEREST

Flea Market

REGISTRATION begins on Wednesday, April 28, 2021.

Recreation Flea Markets will be held at the Port Authority Parking Lot, at the corner of Lytle Road and Brightwood Road. Flea Markets are held the third Saturday of the month from May through September, from 8:00 AM-2:00 PM.

DATES FOR 2021 ARE:
 MAY 15, JUNE 19, JULY 17, AUG. 21, & SEPT. 18.



Spaces are assigned based upon the order the registrations are received in the Recreation Office.

Sellers should report between 7 - 7:30 a.m. on Saturday morning. You may lose your space if you are not on site by 8 a.m. Your assigned space will consist of two (2) parking lot spaces. Display your items only in the area assigned to you. Sellers are to provide their own table or display equipment. You may park ONE standard size vehicle at your assigned space. **HOWEVER, THE FLEA MARKET AREA WILL BE CLOSED TO ALL VEHICLE TRAFFIC BETWEEN 7:45 a.m. AND 2 p.m.** Additional parking will be available. At the conclusion of the sale, all items must be removed from the sale area and all litter placed in proper containers.

PLEASE NOTE: All Flea Markets will be held RAIN OR SHINE. Fees are NON-REFUNDABLE and NON-TRANSFERABLE. There will NOT be any refunds or credit given once registration and payment has been made.

Register at the Recreation Office in the Community Center or download the form from the website and mail it in with a check. Individuals may register for any or all of the Flea Markets held through September.

REGISTRATION begins on Wednesday, April 28, 2021.

Ages:	18 years and over	
Fee:	Bethel Park resident, used items	\$ 10
	Non-resident, used items	\$ 15
	New or sample items	\$ 15
Time:	8:00 AM - 2:00 PM	
Location:	Port Authority Parking Lot - Brightwood & Lytle Roads	

Pavilion Permits

Fee \$30.00

We will start taking reservations April 1.

Any resident of Bethel Park may reserve selected picnic areas at Simmons Park or Village Green Park. These areas include a shelter and several picnic tables. The permits are available from the Recreation Office, and should be requested in written form at least 2 weeks prior to the date requested.

Please provide the following information:

- Name
- Address
- Phone number
- Park pavilion requested
- Date
- Beginning and ending time
- Purpose of the rental
- Approximate number of people attending

All Park and Municipal rules must be followed. **NO ALCOHOLIC BEVERAGES** are permitted in any of the parks. The permit gives restricted use for the picnic area only. The tennis courts, sand volleyball court and ball fields are NOT included on the permit. Water and restrooms are available in both parks.

Thank You!



The Award Winning Bethel Park High School "Black Hawk" Marching Band, Concert Band, Symphonic Band, Jazz Ensemble, Chamber Orchestra, String Orchestra, Top 21 and Music Boosters would like to say

"Thank You"

to the Community for supporting our hoagie sales.

Stay up-to-date and bookmark the BP Music Booster website – bpmusicboosters.com and the Bethel Park School District Music Department website – bpsdmusic.weebly.com



Summer Camps

Plan Ahead and Register Now!

DAY CAMP 2021

The Recreation Summer Day Camp Program for children ages 6-10 will provide interesting experiences to spice up your child's summer! Day Camp is divided into week-long sessions with activities developed around a different central theme each week.

The all-day program is from 9 a.m. - 3:30 p.m. The morning program is from 9 a.m. to Noon, with an optional early drop-off of 7 a.m. The afternoon program is from 12:30 to 3:30 p.m., with an optional late pick-up time of no later than 6:00 PM. You have the choice of attending morning only, afternoon only, or all day.

There will be many activities in the areas of arts, crafts, sports, combined camp activities like the camp carnival, and weekly field trips.

8 Weekly Sessions
Dates: 6/14/2021* - 8/6/2021
Ages: 6yrs to 10yrs

Register for one week at a time now and space out your payments! Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center. *Starting dates are subject to change based upon the school calendar.

SUMMER FUN CAMP 2021


Don't be bored this summer! Have some Summer Fun at the Bethel Park Community Center! Activities include sports, arts & crafts, swimming, and field trips. Themes and activities will vary weekly.

The all-day program is from 9 a.m. - 3:30 p.m. The afternoon program is from 12:30 to 3:30 p.m. There is an optional early drop-off of 7 a.m. for the all-day program and an optional late pick-up time of no later than 6 p.m.

8 Weekly Sessions
Dates: 6/14/2021* - 8/6/2021
Ages: 11yrs to 14yrs

Register for one week at a time now and space out your payments! Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center. *Starting dates are subject to change based upon the school calendar.





YOUTH SUMMER DAY CAMP 2021

AGES 6-10 Location: Independence Middle School Cafeteria

Activities include sports, arts & crafts, swimming, and special events. Themes and activities will vary weekly. The cost of materials is included in the registration fee. An informational packet containing additional information is available at the Community Center. **Registration forms MUST be returned to the Community Center by the deadline date.** You may register for one or more sessions. **NO CASH REFUNDS FOR DAY CAMP.** You may register for one or more sessions. **NO CASH REFUNDS FOR DAY CAMP.**

YOUTH SUMMER DAY CAMP 2021 REGISTRATION FORM

NAME: _____ BIRTH DATE: _____

ADDRESS: _____

PHONE: home () _____ cell () _____

Parent/Guardian Signature: _____ Date: _____

AGES 11-14 SUMMER FUN CAMP 2021 Location: Bethel Park Community Center

Activities include sports, arts & crafts, swimming, and special events. Themes and activities will vary weekly. The cost of materials is included in the registration fee. An informational packet containing additional information is available at the Community Center. **Registration forms MUST be returned to the Community Center by the deadline date.** You may register for one or more sessions. **NO CASH REFUNDS FOR DAY CAMP.** You may register for one or more sessions. **NO CASH REFUNDS FOR DAY CAMP.**

SUMMER FUN CAMP 2021 REGISTRATION FORM

NAME: _____ BIRTH DATE: _____

ADDRESS: _____

PHONE: home () _____ cell () _____

Parent/Guardian Signature: _____ Date: _____

Find the registration forms, along with the parent packet containing additional required forms, on our website or at the Community Center.



FARMERS' MARKET 2021

Think Spring & Bethel Park Recreation Farmers' Market!!!



The AWARD WINNING Bethel Park Farmers' Market will return to the South Park Ice Skating rink parking lot along Corrigan Drive for our 2021 season. If you have not stopped and shopped before— you are missing out on a great, friendly community of vendors & shoppers. We are proud to have been voted in the Top 3 Pittsburgh Farmers' Markets last year and expect a great

2021 season!! Lots of visibility, easy in and out access, and plenty of space to park add up to a great market for all.

Shop for bedding plants, gorgeous hanging baskets, wine, hummus, fresh made pasta, mouthwatering breads, cheeses, desserts, dog treats, coffees, local whiskey, handmade soaps and more. Definitely plan to come hungry since you can also grab dinner or a snack of Gyros, Pierogis, BBQ Sandwiches, or fresh made Pizza. We expect to welcome more Wonderful Vendors that will make for a fantastic 2021 Market Season!

Check out the market web page www.bethelparkfarmersmarket.com for specific vendor information and also current COVID-19 procedures. Participating 2021 vendor information will be updated and available by Feb. 22.

Mark your calendar NOW for the first day of the Bethel Park Farmers' Market. The market will reopen on Tuesday, May 4 and run every Tuesday through September. Market hours each week will be 3 - 7 p.m. Be sure to stop by and support local businesses. We look forward to seeing you there!



LOOKING FOR VENDORS & MUSICIANS

If you would like to apply to be a vendor, we would love to hear from you! We are looking for vendors selling locally made / grown produce, plants, prepared foods, and other handmade products. Potential vendors should call 412-831-1328 or email a request to recreation@bethelpark.net.

We are also searching for local solo musicians/small groups willing to play during market hours. If you are looking for a place to perform and share your musical talent just for the love of performing, please call 412-831-1328.



Like us on Facebook!
Bethel Park Recreation
& Community Center

GOLD CARD CLUB

Due to our current COVID-19 concerns, the Gold Card Club does not have normal monthly meetings resuming yet. There is no definite schedule for when those will be able to be scheduled.

However, we don't want our residents to forget this club exists and has great plans to return when possible! Below is general information about this wonderful organization.

If you have any questions OR would like to share your email address to be notified when activities resume, please contact Cindy Carfagno at 412-831-1913 or t2323c@comcast.net.

The Gold Card Club, a social and fellowship organization for seniors, was organized by the Department of Recreation and Leisure Services for the benefit of Bethel Park residents who are 60 years of age and over, or a resident on disability retirement and not less than 50 years of age. A spouse not less than 55 years of age may join with his/her spouse if he/she meets the 60-year age minimum. The title of the GOLD CARD CLUB came from the color of the membership card, not for playing card games.

Annual membership dues are \$6 per person per calendar year, Jan. 1 through Dec. 31. Annual dues shall be paid beginning at the January general meeting.. Renewals paid after March 31 incur a late penalty. New members will be accepted at any time during the calendar year. You MUST be a current Bethel Park resident in order to join the Gold Card Club.

Questions? Call Regina Bauer at 412-833-2864.

Monthly meetings are normally (not currently being held due to COVID-19) held at the Bethel Park Community Center on the second Thursday of each month (except July and August) at 1 p.m. Sign-in begins at 12:30 p.m.. After a brief meeting, enjoy excellent entertainment, light refreshments and several games of bingo. We also have an indoor summer picnic each year, and an Anniversary luncheon and a Christmas luncheon, both held at outside banquet facilities.

A monthly newsletter, prepared by the Corresponding Secretary, is sent to all members who are CURRENT on their membership dues. Questions regarding membership should be directed to Regina Bauer, 412-833-2864.

NO COOK TUESDAYS!

NO COOK TUESDAYS begins at the Bethel Park Community Center playground parking lot on March 2!



This event makes a triumphant return after a very successful run last fall.

Each Tuesday, at least two local food trucks will sell delicious dinner "to go" meals from 4pm - 7pm.

Vendors will rotate weekly to provide customers a variety of vendors and food to choose from.

Expect to find Mexican, BBQ, Pizza, Greek, Chili, Sandwich, Mac & Cheese among the many selections.

Please follow us on Facebook to learn which vendors are participating each week as well as the payment methods they accept. Call 412-851-2910 or 412-831-1328 for more information.

Let great local vendors do the cooking
so you don't have to!

ADULT PROGRAMS

WALKING TRACK

Walking using the Community Center indoor track will be handled using a reservation only system. Membership/Guest Pass/Day Pass required after 3 p.m. Monday - Friday and all day Saturday & Sunday.

Procedures include:

- Masks are required when walking on the track.
- Allowing a limited number of walkers on the track for 45 minutes at a time.
- Walkers must enter the building wearing a mask.
- Staff will clear the track of participants after 45 minutes.
- Masks must be worn while exiting the track and the Community Center.
- Next group of walkers will be permitted to enter the track and begin their exercise after track sanitation is completed.

Reservation Procedures

- Reservations will be available for walk times for dates up to 2 weeks in advance.
- Staff requests each individual to only schedule a maximum of 4 walks per week to give others a chance to exercise.

We encourage everyone that has the capability to register online. For complete Walking Track registration instructions, please see page 34.

If unable to register online, call the Community Center at 412-851-2910 and staff will schedule appointment(s) for you.



CLASSES & WORKSHOPS

PYSANKY EGG MAKING

Join us for a creative class of making colorful Ukrainian Easter eggs. This is a hands on class and YOU will be completing one egg by the end of the class. Pysanky is a beautiful tradition dating back to the ancient times and is a fun family craft. Pysanky were given as gifts, placed inside homes to scare off evil spirits and even used as greetings because of their symbolism. Today the tradition is kept alive in many families. Instructor Sasha Williams has a Master's Degree in Fine Art and over 20 years of painting and decorative arts experience. She learned this tradition from her Grandmother and is delighted to be able to pass it onto you. Class is not appropriate for young children because the process involves hot wax and raw eggs, but they are welcome to watch.

Ages: 13 and over
Resident Fee: \$30.00* Non-Res Fee: \$35.00
*A supply fee of \$10 is payable to the instructor at class.

1 session date

3905.111
Dates: 03/20/2021 Sat
Time: 9:30AM - 12:00PM

Location: Community Center

BASIC DOG OBEDIENCE

Teaching your dog basic commands can be building blocks to a rewarding relationship with your pet. Our professional instructors will teach you how to teach your dog the basic commands of sit, down, stay, come when called, controlled walking exercises and much more! The dog must be at least 6 months old. Please bring vaccination records, six foot leash, and soft small treats to the first class. An adult must accompany handlers under age 18. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com.

Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3309.401
Dates: 02/27/2021 - 04/03/2021 Sat
Time: 10:00AM - 11:00AM

3309.111
Dates: 04/17/2021 - 05/22/2021 Sat
Time: 10:00AM - 11:00AM

Location: Xcel Canine Training, Inc.

PUPPY OBEDIENCE

This class is taught at a slower pace than our Basic Obedience class, but still will give your puppy the stepping stones they need to learn at a young age. The puppies will also be in an environment with others their own age! They will learn the beginning of sit, down, stand, walking by your side and introducing them to new fun obstacles. An adult must accompany handlers under age 18. Your dog must be 3 to 6 months old and should have its 2nd set of shots before starting. Please bring vaccination records, six foot leash, and soft small treats to the first class. You must register with Bethel Park Recreation at least one week before the first class. Register online, by mail to Bethel Park Recreation with the registration form in the Chronicles, or in person at the Community Center. Classes are held at Xcel Canine Training, Inc., 5400 Progress Boulevard, 412-833-2504, www.xcelcaninetraining.com.

Ages: 12 and over
Resident Fee: \$100.00 Non-Res Fee: \$110.00
6 session dates

3309.102
Dates: 02/27/2021 - 04/03/2021 Sat
Time: 9:00AM - 10:00AM

3309.103
Dates: 02/27/2021 - 04/03/2021 Sat
Time: 12:00PM - 1:00PM

3309.104
Dates: 02/24/2021 - 03/31/2021 Wed
Time: 12:00PM - 1:00PM

3309.112
Dates: 04/17/2021 - 05/22/2021 Sat
Time: 9:00AM - 10:00AM

3309.113
Dates: 04/17/2021 - 05/22/2021 Sat
Time: 12:00PM - 1:00PM

3309.114
Dates: 04/14/2021 - 05/19/2021 Wed
Time: 12:00PM - 1:00PM

Location: Xcel Canine Training, Inc.

CURRENT COVID-19 SAFETY PROCEDURES

WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

PHOTO PRESERVATION & ORGANIZATION

Come and join us for an educational presentation on how to Calm the Chaos of your printed and digital photo collections! Do you have print photos in drawers, frames, albums and digital photos on phones, computer, memory sticks, etc.? Learn how to organize and clean up the mess as we cover topics on scanning, media conversion, phone photos, temporary solutions and permanent solutions, metadata, cloud services and celebrating your memories. Lisa Webster of Grand Scale Video Productions has been helping families for over four years to organize, preserve, share and celebrate their memories. She will give you the information needed to make informed decisions and will help you create a photo plan for generations.

Instructor: Lisa Webster
Ages: 18 and over
Resident Fee: \$10.00 Non-Res Fee: \$15.00
1 session date

3970.101
Dates: 03/11/2021 Thu
Time: 6:00PM - 8:00PM

3970.102
Dates: 04/22/2021 Thu
Time: 6:00PM - 8:00PM

Location: Community Center

DANCE

BELLY DANCING

No dance experience is necessary! Students will learn the basic dance steps from 9 different styles as well as the history behind each step. Students will also learn a full performance dance and other fun things. This high energy, low impact form of exercise tones the body from head to toe, helps posture and circulation. Join us to have fun and get in shape at the same time. Dress in loose athletic pants or a long skirt with leggings & comfortable shirt and wear ballet style slippers or jazz dance shoes. *Material fee of \$25 covers cost of a mandatory hip scarf, payable to the instructor the first night of class. Twice a week rate may be used with Fusion Fitness or Zumba® class to make a great combination. Discount rate is not available with online registration.

Instructor: Renea Bishop.
Ages: 16 and over
Resident Fee: \$49.00 Non-Res Fee: \$54.00
Twice a week: \$77.00 Non-Res Fee: \$82.00
*Materials fee: \$25.00
6 session dates

3935.101
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 8:00PM - 9:00PM

3935.111
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 8:00PM - 9:00PM

Location: Community Center

FITNESS & EXERCISE

COUNTRY FIT

Country Fit is an easy-to-follow, completely exhilarating, country dance-inspired workout perfect for beginners! No complicated moves, students simply follow along with the instructor to enjoy the low-impact/high-energy dance class set to the chart topping hottest country hits. You'll have so much fun moving, stepping, clapping, stomping, and laughing, you'll forget you're burning mega calories and toning your body from head to toe! No dance experience is necessary. Whether you're a dance newbie or you've already got great moves, you will love stepping it up to the hottest country hits around! This country dance-inspired workout is unlike any other workout you've tried and perfect for all fitness levels. Take this class twice a week for a discount rate. Twice a week rate is not available with online registration.

Instructor: Kerri Lewis
Ages: 18 and over
Resident Fee: \$35.00 Non-Res Fee: \$40.00
Twice a week: \$55.00 Non-Res Fee: \$60.00
6 session dates

3918.101
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 7:00PM - 8:00PM

3918.102
Dates: 03/03/2021 - 04/07/2021 Wed
Time: 7:00PM - 8:00PM

3918.111
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 7:00PM - 8:00PM

3918.112
Dates: 04/21/2021 - 05/26/2021 Wed
Time: 7:00PM - 8:00PM

Location: Community Center

First Class is FREE!!!

FIT4MOM - STROLLER STRIDES

Stroller Strides is a stroller based fitness program for moms with little ones. Each 60 minute, total body workout incorporates power walking, running, strength, toning, songs, and activities. Each class offers moms (current and soon to be) an opportunity to get fit, meet other moms, and fun with their little ones! Class is led by certified instructors (who are also moms) and is a great total body workout that can be modified for any fitness level.

Instructor: Cortney Sweeney
Ages: 18 years and over
Fees vary based on frequency of participation.
First Class is Free!
Fee for Single Class: \$15.00
Fee for 5 Class Pass: \$55.00
Fee for 10 Class Pass: \$120.00
Monthly Membership: \$65.00 with \$50.00 registration fee

Class Dates: 3/2/2021 - 5/25/2021 Tue
Class Times: 9:30AM - 10:30AM

Class Dates: 3/4/2021 - 5/27/2021 Thu
Class Times: 9:30AM - 10:30AM

Class Dates: 3/5/2021 - 5/28/2021 Fri
Class Times: 9:30AM - 10:30AM

Registration can ONLY be completed through bethelpark.fit4mom.com
No registrations will be accepted at the Community Center.

Location: Community Center

CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

FIT4MOM - BODY WELL (FORMERLY BODY BACK)

Body Well is about the journey, meeting you where you are and challenging you to grow. This 8-week program includes small group fitness coaching, nutritional guidance, recipes + meal planners, community-based workouts, and weekly challenges to help you manage stress and sleep better. Body Well will focus on improving your physical and mental well-being with a community of mamas to support you every step of the way.

Instructor: Cortney Sweeney
Ages: 18 years and over
Fee: \$199.00

16 session dates
Class Dates: 4/6/2021 - 5/27/2021 Tue, Thu
Class Times: 7:00 PM - 8:00 PM

Registration can ONLY be completed through bethelpark.fit4mom.com.

No registrations will be accepted at the Community Center.

Location: Community Center

FUSION FITNESS

Reshape your Workout! This hybrid workout will torch calories, chase away boredom, and tone your physique. Workouts will combine many different disciplines like Barre fitness, strength training, Pilates, Yoga, and Cardio as just a few examples. Please bring a fitness mat and water to class. Take the Fusion Fitness class once a week and add it to Zumba® class or Belly Dancing to make a great combination and get the twice a week discount. Twice a week rate is not available with online registration.

Instructor: Renea Bishop
Ages: 16 and over
Resident Fee: \$49.00 Non-Res Fee: \$54.00
Twice a week: \$77.00 Non-Res Fee: \$82.00
6 session dates

3935.102
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 7:00PM - 8:00PM

3935.112
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 7:00PM - 8:00PM

Location: Community Center

SILVER SNEAKERS® BOOM MOVE

Designed for the Active Senior
Gain stamina and strength as you break a sweat and HAVE FUN! A higher intensity dance workout class that improves cardio endurance and burns calories. The class focuses on cardio endurance by starting with simple dance moves then building into more complex sequences, bringing you a great cardio workout. No dance experience is required.

Instructor: Renea Bishop
FREE with Silver Sneakers' card
Dates: 03/02/2021 - 05/25/2021 Tue
Time: 9:45AM - 10:30AM

Dates: 03/04/2021 - 05/27/2021 Thu
Time: 12:00PM - 12:45PM

Location: Community Center

SILVER SNEAKERS® BOOM MUSCLE

Designed for the Active Senior
Students will move through multiple "blocks", which are groups of exercise that focus on different muscle groups. Class incorporates athletic-based exercises that improve upper body conditioning, toning muscles and building overall strength.

Instructor: Renea Bishop
FREE with Silver Sneakers' card
Dates: 03/04/2021 - 05/27/2021 Thu
Time: 12:45PM - 1:30PM

Location: Community Center

SATURDAY CLASSES ARE HIGHLIGHTED

SILVER SNEAKERS® STRENGTH AND STABILITY

Designed for the Active Senior
Stability is the newest class designed to help you become stronger and improve balance. The movements taught in class focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. This class is designed for fall prevention and is suitable for nearly every fitness level. It can be adapted depending on the skill of individual participants.

Instructor: Renea Bishop
FREE with Silver Sneakers' card
Dates: 03/02/2021 - 05/25/2021 Tue
Time: 9:00AM - 9:45AM

Location: Community Center

WALKING TRACK

Silver Sneakers members can take advantage of the climate controlled, elevated indoor walking track using their Silver Sneakers® membership card AND scheduling a walking appointment. The 1/12 mile track is available for fitness lap walking or running.

WALKING TRACK PROCEDURES - You must schedule your 45-minute walking appointments. Due to COVID-19 safety procedures, masks are required while walking. To make an appointment, please go to www.bethelpark.net or call center staff at 412-851-2910 to assist you. See page 29 for details.

Location: Community Center

ZUMBA®

Zumba® Class Is Perfect For Everybody and every body!

Each class is designed to bring people together to sweat it on. Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance party! It is a total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of Awesome! Add Fusion Fitness or Belly Dancing and get a twice a week discount. Twice a week rate is not available with online registration.

Instructor: Renea Bishop
Ages: 16 and over
Resident Fee: \$49.00 Non-Res Fee: \$54.00
Twice a week: \$77.00 Non-Res Fee: \$82.00
6 session dates

3935.104
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 6:00PM - 7:00PM

3935.114
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 6:00PM - 7:00PM

Location: Community Center



Like us on Facebook!
Bethel Park Recreation
& Community Center

PLEASE REGISTER IN ADVANCE!

Register at least 24-hours in advance of program start! Programs not meeting the minimum number of students will be canceled. Online registrations are highly encouraged at www.bethelpark.net

T'AI-CHI BEGINNER

This traditional Tai-Chi Chuan class is for the beginning student as well as the student that wants to work on the first 1/3 of the form. The difference between Tai-Chi and other martial arts is "CHI". In this class you will develop better balance, coordination and posture which is "the way" to move more efficiently and also beneficial for your health. As you practice... you will improve your balance, co-ordination and concentration. T'ai Chi is suitable for anyone looking to improve overall health. No prior experience required. Wear loose fitting clothes and slippers or socks. Twice a week rate is not available with online registration.

Instructor: Tamara Stark
Ages: 18 and over
Resident Fee: \$56.00 Non-Res Fee: \$61.00
Twice a week: \$86.00 Non-Res Fee: \$91.00
6 session dates

3932.102
Dates: 03/03/2021 - 04/07/2021 Wed
Time: 10:55AM - 11:55AM

3932.103
Dates: 03/04/2021 - 04/08/2021 Thu
Time: 6:30PM - 7:30PM

3932.112
Dates: 04/14/2021 - 05/19/2021 Wed
Time: 10:55AM - 11:55AM

3932.113
Dates: 04/15/2021 - 05/20/2021 Thu
Time: 6:30PM - 7:30PM

Location: Community Center

T'AI-CHI INTERMEDIATE

This class is designed for students who have previous experience in a T'ai-Chi class and want to further their knowledge and experience. Instructor recommendation is required to enroll in this course. Twice a week rate is not available with online registration.

Instructor: Tamara Stark
Ages: 18 and over
Resident Fee: \$56.00 Non-Res Fee: \$61.00
Twice a week: \$86.00 Non-Res Fee: \$91.00
6 session dates

3932.101
Dates: 03/02/2021 - 04/06/2021 Tue
Time: 7:00PM - 7:45PM

3932.111
Dates: 04/13/2021 - 05/18/2021 Tue
Time: 7:00PM - 7:45PM

Location: Community Center

WALK 15

This Leslie Sansone indoor aerobic group walking program has just four basic movements that include walking in place, side steps, kicks, and knee lifts with variations of all of these. Participants get a heart-pumping, calorie-burning aerobic workout, a gentle warm up, increasing to a brisk paced walk, and ends with a cool-down walk. All muscles are put in motion for a maximum muscle work out during this multi-mile walk. Participants decide on the intensity of their walk, thus customizing their walk to suit their ability level. The class format allows people of ALL fitness levels to have fun while getting fit.

Instructor: Maureen Bittner
certified Walk 15 instructor
Ages: 18 and over
Resident Fee: \$35.00 Non-Res Fee: \$40.00
6 session dates

3901.104
Dates: 03/03/2021 - 04/07/2021 Wed
Time: 6:00PM - 7:00PM

3901.114
Dates: 04/14/2021 - 05/19/2021 Wed
Time: 6:00PM - 7:00PM

Location: Community Center

POWER YOGA

This is a great class for students with no previous yoga experience. Power Yoga is designed for all levels in mind. You may go at whatever speed suits you! Challenge yourself with a blend of Pilates and Yoga, leaning more on the Yoga side. Stretching, energizing yoga poses and relaxation are the focus for this class. Instructor has over 15 years of Yoga and Pilates teaching experience. Students should bring mat, water and small towel to class.

Instructor: Christi Fredrick
Ages: 18 and over
Resident Fee: \$35.00 Non-Res Fee: \$40.00
Twice a week: \$55.00 Non-Res Fee: \$60.00
6 session dates

3990.101
Dates: 03/08/2021 - 04/12/2021 Mon
Time: 6:00PM - 7:00PM

3990.102
Dates: 03/10/2021 - 04/14/2021 Wed
Time: 6:00PM - 7:00PM

3990.111
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 6:00PM - 7:00PM

3990.112
Dates: 04/21/2021 - 05/26/2021 Wed
Time: 6:00PM - 7:00PM

Location: Community Center

ZUMBA® GOLD

Zumba® Gold ...Because laughing while working out burns even more calories. Have fun, be positive, and be powerful. Take control of your life and step out of your comfort zone. Come join our Zumba® class, you know you want to!! Let it Move You!!! Pretty much the most awesome workout ever. Dance to great music, with great people, and burn a ton of calories without even realizing it. Perfect for everyone!! Classes are designed to bring people together, have fun and get healthy. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. There is much more to a class than exercise and this Zumba® family screams friendship and fun. You don't need coordination or any previous dance experience, you just need to show up ready. There are new friends to be made and new connections to be enjoyed and embraced. The communal benefits of coming together with friends and colleagues and exercising, while encouraging one another, pays dividends beyond exercising alone. Sign up for twice a week at a discounted rate! Twice a week rate is not available with online registration.

Instructor: Kathy Raeder
Ages: 18 and over
Resident Fee: \$35.00 Non-Res Fee: \$40.00
Twice a week: \$55.00 Non-Res Fee: \$60.00
6 session dates

3930.106
Dates: 03/09/2021 - 04/13/2021 Tue
Time: 7:00PM - 8:00PM

3930.109
Dates: 03/11/2021 - 04/15/2021 Thu
Time: 6:00PM - 7:00PM

3930.116
Dates: 04/20/2021 - 05/25/2021 Tue
Time: 7:00PM - 8:00PM

3930.119
Dates: 04/22/2021 - 05/27/2021 Thu
Time: 6:00PM - 7:00PM

Location: Community Center

SATURDAY CLASSES ARE HIGHLIGHTED

ZUMBA® GOLD FOR ACTIVE SENIOR/BEGINNER

Zumba® Gold for the Active Senior is a blast! Come groove at your own pace, it's easy. An ideal class for the active senior or any adult new to exercise. Get off the couch and move, you will be happy you did. Laugh, dance and work out to current songs or some of our favorite old music. This Class takes the Zumba® formula and modifies the moves and pacing to suit the needs of the active adult participant as well as those just starting their journey to a fit and healthy lifestyle. It is a lower impact cardio fitness program. Put on some comfy clothes and supportive shoes and come join the fun. Come ready to sweat and leave empowered and feeling strong! Exercise is not only a means to better fitness and health, but also a path to maintain or even regain independence. Sign up for twice a week at a discounted rate! Twice a week rate is not available with online registration.

Instructor: Kathy Raeder
Ages: 18 and over
Resident Fee: \$25.00 Non-Res Fee: \$30.00
Twice a week: \$45.00 Non-Res Fee: \$50.00
6 session dates

3930.110
Dates: 03/08/2021 - 04/12/2021 Mon
Time: 10:35AM - 11:15AM

3930.112
Dates: 03/10/2021 - 04/14/2021 Wed
Time: 10:35AM - 11:15AM

3930.120
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 10:35AM - 11:15AM

3930.122
Dates: 04/21/2021 - 05/26/2021 Wed
Time: 10:35AM - 11:15AM

Location: Community Center

SPORTS**BASKETBALL**

Men play on Thursday evenings. Limited spots are available. Everyone MUST register and prepay to participate.

Ages: 18 and over
Resident Fee: \$30.00 Non-Res Fee: \$35.00
8 session dates

3207.101
Dates: 04/08/2021 - 05/27/2021 Thu
Time: 8:00PM - 9:30PM

Location: Community Center

KARATE - BEGINNER AND INTERMEDIATE

Students will receive instruction in the Isshinryu style of Karate. Class will include warm-up exercises, basics of the style, as well as simple and practical self-defense techniques. Classes will also emphasize self-discipline and respect. Students will learn self-defense skills as well as a sense of accomplishment. Traditional karate uniform (Gi) is recommended, but not mandatory. Uniforms may be purchased through the instructor.

Ages: 6 and over
Resident Fee: \$35.00 Non-Res Fee: \$40.00
6 session dates

3825.101
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 7:00PM - 7:45PM

3825.102
Dates: 04/12/2021 - 05/17/2021 Mon
Time: 7:00PM - 7:45PM

Location: Community Center

PICKLEBALL

Men and women, boys and girls ages 13 and over REGISTER for our recreational Pickleball program at the Bethel Park Community Center gym. This is one of the fastest growing sports in the US combining elements of tennis, badminton and ping-pong. Pickleball is a low-impact sport played on a court smaller than the size of a tennis court. General knowledge of game rules and beginner skill level is helpful. No experience is required to play, but players must be able to bend to pick up balls and move forward and backward to play. This is not an instructional class. You may choose to play once a week but **NO MORE THAN TWICE A WEEK**. Call 412-851-2910 for more information. Players must properly wear masks at all times even when actively playing.

Ages: 13 and over
Resident Fee: \$15.00 Non-Res Fee: \$20.00
6 session dates

3901.101
Dates: 03/01/2021 - 04/05/2021 Mon
Time: 12:00PM - 2:10PM

3901.102
Dates: 03/03/2021 - 04/07/2021 Wed
Time: 12:00PM - 2:10PM

3901.103
Dates: 03/05/2021 - 04/16/2021 Fri
Time: 12:00PM - 2:10PM

3901.111
Dates: 04/19/2021 - 05/24/2021 Mon
Time: 12:00PM - 2:10PM

3901.112
Dates: 04/21/2021 - 05/26/2021 Wed
Time: 12:00PM - 2:10PM

3901.113
Dates: 04/23/2021 - 05/28/2021 Fri
Time: 12:00PM - 2:10PM

Location: Community Center
No class Apr 2, Apr 12, Apr 14

LADIES' VOLLEYBALL

This is a recreational program that plays according to PIAA high school rules. Players should have knowledge of volleyball rules and skills at either intermediate or advanced level. This is a fun ladies night out to meet new people and enjoy some exercise. If you can only attend occasionally, there is a nightly drop-in fee.

Ages: 18 and over
Resident Fee: \$21.00 Non-Res Fee: \$26.00
8 session dates

3239.110
Dates: 04/05/2021 - 05/24/2021 Mon
Time: 8:00PM - 9:30PM

Location: Community Center

CO-ED VOLLEYBALL

Looking for some fun, "backyard" style volleyball play? This is an informal program for co-ed volleyball play. Not designed as an instructional class, but an opportunity to have fun, socialize and meet new people.

Ages: 18 and over
Resident Fee: \$21.00 Non-Res Fee: \$26.00
6 session dates

3239.130
Dates: 03/07/2021 - 04/18/2021 Sun
Time: 4:00PM - 6:00PM

3239.131
Dates: 04/25/2021 - 05/30/2021 Sun
Time: 4:00PM - 6:00PM

Location: Community Center
No class Apr 4

MEN'S VOLLEYBALL

Men play on Wednesday nights. Pick-up Men's Volleyball. Prior experience not necessary but players are expected to follow official USA indoor volleyball rules. Everyone must register and prepay to participate.

Ages: 18 and over
Resident Fee: \$21.00 Non-Res Fee: \$26.00
8 session dates

3239.120
Dates: 04/07/2021 - 05/26/2021 Wed
Time: 8:00PM - 9:30PM

Location: Community Center



**The Farmers' Market
begins on
May 4 at our Great
Location in South Park!
See details on pg. 28.**

**CURRENT COVID-19 SAFETY
PROCEDURES WILL BE STRICTLY
FOLLOWED.**

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

**Attention Business
Owners/Managers**

**FIELD BANNER
SPONSOR
OPPORTUNITY**

We have an exciting opportunity for your business or agency to sponsor a banner that will be displayed at PARK AVENUE FIELD, VILLAGE GREEN, SIMMONS PARK, or MILLENNIUM PARK.

Your 4' X 6' banner will be displayed during the spring, summer and fall sports seasons.

Please contact the Recreation Office at 412-831-1328 for more information.



**LOOKING TO REACH MORE
CUSTOMERS
OR PUBLICIZE YOUR EVENT?**

Reserve space now in the May 10, 2021 issue of Bethel Park Chronicles if you'd like to reach over 15,000 Bethel Park resident homes and businesses! The ad deadline for the February issue is April 5, 2021.

For more information or an ad kit, please call Janet Davin 412-831-6800, x211.



Orb Rocker (ages 2-12).

SPOTLIGHT

(cont. from pg. 18)

According to Stover, all of the new equipment meets current safety regulations, and there's a bit more playground equipment now than there was before.

"It also makes the park even more aesthetically pleasing," added Stover.

Miner's Park is 8.08 acres and also includes three baseball/softball fields, two batting cages, a concession stand and two bathrooms.

The main parking lot of the park is located off of Main St. in Bethel Park.

In 2021, updates will also be occurring in Birch Tree, Oak Tree and Millennium Park.

**NO COOK TUESDAYS
BEGINNING MARCH 2!**

Join us Tuesdays from 4-7 p.m. in the Community Center Playground Parking Lot where you can pick up delicious "to-go" meals from a variety of food trucks each week!

See full details on pg. 28.

BETHEL PARK COMMUNITY CENTER

The Bethel Park Community Center continues to be the center of activity in the community. Frequently reserved for social and professional functions, the facility is well known throughout the South Hills. The Community Center, with 40,495 sq. ft. of space, includes areas for special events and meetings, a gymnasium and locker area, an exercise/dance studio, walking track and a separate classroom. The large multi-purpose room has seating to accommodate 245 and is capable of being divided into three separate rooms. The Community Center also includes a lounge, catering-style kitchen & stage. Walking trails, playground equipment, and a lighted multi-purpose field are situated on the center's grounds.

Call 412-851-2910 for room reservations or other information.

Rental Procedures

COVID-19 safety procedures are being followed by limiting the number of rental guests. Contact staff at 412-851-2910.

Reserving a room at the Bethel Park Community Center for your next event is a simple, straightforward process and may be done up to a year in advance. However, it is recommended that you reserve your space early as dates fill up quickly!

- Requests for rentals must be submitted in writing and should include the following information:
Renters' name, address, phone numbers, date requested, time requested, specific room(s) requested (if known), purpose of rental and approximate number of guests expected. Requests may be returned to the Community Center in person or via email to communitycenter@bethelpark.net.
- Within a week, you'll receive written notification if your requested space is available or not.
- If available, we'll send you a Reservation Permit along with rental Terms & Conditions and additional rental information to complete.

Payment Schedule

- Fifty percent of total rental fees is due with the signed Rental Contract.
- The remaining 50% is due 30 days prior to your event.
- A refundable security deposit and room layout is due seven days prior to your event.

Please note that while we want your event to be a success, failure to meet any payment deadlines may result in rental cancellation. Fees paid will not be refunded.

Cancellation Policy/Fees

If you need to cancel your event, your request **MUST** be submitted in writing to the Community Center Director. Cancellation fees follow:

- Cancellations received in writing more than 60 days prior to the scheduled date will receive a refund of 50% of initial rental payment, less a \$5 processing fee.
- No refund will be issued if written cancellation is received less than 60 days prior to event.

Other Rental Notes

- Any use of the Community Center which requires Municipal staff to stay after the scheduled closing time shall be charged an additional \$40 per hour for any portion of an hour that may be needed.
- Rental rate includes the set-up of tables and chairs.
- Renters will be responsible to visit the Community Center one week in advance of their event to sign-off on all seating/room arrangements. The security/damage deposit should also be paid at this time. Rate: \$100 per area rented.

**IN ORDER TO ENSURE SAFETY FOR ALL
COMMUNITY CENTER USERS,
CHILDREN UNDER 13 MUST BE UNDER
DIRECT SUPERVISION OF AN ADULT AT ALL TIMES.**

5151 PARK AVENUE



**HOURS OF OPERATION ARE:
MONDAY - FRIDAY, 9 A.M. - 8 P.M.
SATURDAY, 9 A.M. - 6 P.M.
SUNDAY, NOON - 6 P.M.**

CURRENT COVID-19 SAFETY PROCEDURES WILL BE STRICTLY FOLLOWED.

Programs may be delayed, canceled or locations changed. Please check the Municipal website for the most current information.

COMMUNITY CENTER ADULT AND YOUTH CLUBS

Please call the Community Center
at 412-851-2910
to verify that club meetings have
resumed following Covid 19 suspension.

The Knitting Club meets each Monday from 9:30 AM - noon. All skill levels are welcome to attend, including beginners.

The Woodcarvers Club meets every Tuesday from 11:30AM - 2:30 PM. Carvers of all skill levels are welcome to join this group. Club members display their finished creations at least once a year at the center.

Bethel Artist Guild - Membership is open to Bethel Park Artists of any medium. Club members' work is displayed at the Center throughout the year. Monthly meetings are held on the first Thursday of the month in February, March, April, May, September, October, and December at 12:30 pm. Call the Artist Guild at 412-835-7379 for additional information.

Call the Bethel Park Community Center at 412-851-2910 for information on all of our activities. If you have a special interest and would be interested in helping to form a new club or activity group, contact the Community Center Director Cathy Muscato at 412-851-2912.

Membership Fees & Renewals

A membership card is required to use the Bethel Park Community Center Gymnasium and Walking Track. Both residents and non-residents can purchase 12-month memberships at the Community Center during normal business hours.

All that's needed to purchase a membership is completion of a simple membership application and photo identification (such as a drivers license) to prove residency; once payment is received, an identification photo will be kept on file for each member – a process expected to take less than 10 minutes. New members will receive both a wallet size member card as well as a small tag card.

Individual memberships will include five complimentary guest passes, and Family memberships will include 15 complimentary guest passes.

CHILDREN UNDER 13 MUST BE UNDER DIRECT SUPERVISION OF AN ADULT AT ALL TIMES

Annual Membership/Renewal:	Resident	Nonresident
Youth (13 - 17 years old)	\$ 5	\$ 125
Adult (18 - 59 years old)	\$ 10	\$ 150
Family	\$ 25	\$ 250
Senior Adult (60+)	\$ 5	\$ 80
Additional Guest Passes – 5	\$ 4	\$ 45
Day pass: Individual	\$ 1	\$ 10

To purchase a day pass, you must provide photo ID to prove residency.

MEMBERSHIP RENEWAL

All Gym memberships expire 12 months after they were issued. Please remember to renew your membership by stopping at the Community Center Desk to update your information and pay the renewal fee.

Register for walking times online – FREE of charge.

Membership/Guest Pass/Day Pass required after 3pm Monday-Friday and all day Saturday & Sunday.

- Go to www.bethelpark.net.
- At the top of the page, click on 'Departments'
- Click on 'Parks\Recreation and Community Center, then Recreation Program Registration
- Walking track times can be found under 'Adult Programs CC'
- Find the time frame you would like to walk and click on 'Register Drop-in'
- You will be prompted to sign into your account. If you do not have an account yet, you will need to create one.
- Choose participant(s) that will be walking at that time, click 'next'
- You can then choose all dates you would like to walk at the specific time up to two weeks in advance
- Scroll to the bottom and click 'next'
- Review registration information and click 'Add to cart'
- Click 'Checkout' (there is no charge to register for walking)
- If unable to register online, please call 412-851-2910 and staff will assist you in scheduling an appointment.



Like us on Facebook!
Bethel Park Recreation
& Community Center

ROOM RENTAL FEES

RENTAL RATES LISTED ARE FOR BETHEL PARK RESIDENTS. NON-RESIDENTS OR ORGANIZATIONS NOT LOCATED IN BETHEL PARK MUST CALL CENTER AT 412-851-2910 FOR RENTAL RATES.

AREA	RATE	CAPACITY
Area A	\$25 per hour	49
Area B	\$50 per hour	148
Area C	\$25 per hour	49
CLASSROOM	\$25 per hour	49
A, B, & C	\$75 per hour	245
Catering Kitchen	\$100 per event	
Stage	\$50 per event	(With Area B only)

*Please contact Community Center staff regarding room capacity. These may vary due to Covid 19 restrictions.

Room Rental fees listed are per hour. Keep in mind that rental hours must include the entire time that you need access to the rental space beginning with set-up, including event time and through clean-up.

All rentals require a minimum 4-hour reservation.

RENTAL INFORMATION SUBJECT TO CHANGE.

Community Center Facilities

Multipurpose Room This exceptional room can be divided into three separate sections to accommodate small and medium groups. With dividers open, the room can accommodate large group functions. The Multipurpose Room is perfect for wedding receptions, showers, banquets, parties, meetings or other special events.

Catering Kitchen Add this room to your rental when meals will be served at your event. Kitchen includes commercial ovens, grill, refrigerator, freezer, coffee makers, microwave and dishwasher.

Theatrical Stage Does your event need a stage? The Stage may be rented in conjunction with the rental of Room B.

Lobby Bookshelves are located in the lobby, across from the main desk containing a lending library of puzzles and books available for residents of all ages to borrow.

Lounge Equipped with a kitchenette, chairs, TV, magazines and game tables, the lounge provides a comfortable atmosphere to relax, read, enjoy a card game with friends or watch television. An adult or guardian must accompany guests under age 13.

Classroom This room includes couches, TV, sink and counter area, restroom, along with tables and chairs. The Classroom may be used for small group rentals, youth and adult Recreation classes or meetings.

Gymnasium Includes one full-length and one ½ basketball court; can also be converted to three ½ sized courts. It has a total of eight basketball hoops. Also features three ½ size volleyball courts.

Exercise Studio A bright and open mirrored area to accommodate a variety of fitness and dance classes.

Elevated Walking Track Features a 1/12 mile cushioned walking track that overlooks the gymnasium.

Day Lockers May be used during your visit to the Community Center. No locks are permitted to remain overnight.

SUMMER PREVIEW



FARMERS' MARKET 2021

The AWARD WINNING Bethel Park Farmers' Market will return to the South Park Ice Skating Rink parking lot off of Corrigan Drive on May 4. We are proud to have been voted in the Top 3 Pittsburgh Farmer's Markets last year and expect a great 2021 season!!

Shop for produce, bedding plants, gorgeous hanging baskets, wine, hummus, fresh pasta, mouthwatering breads, cheeses, desserts, dog treats, coffees, local whiskey, handmade clothing and more. Definitely plan to come hungry since you can also grab dinner or a snack of Gyros, Pierogis, BBQ Sandwiches, or fresh made Pizza.

Check out the market web page www.bethelparkfarmersmarket.com for specific vendor info and current COVID-19 procedures.

SUMMER CAMPS!

Summer Day Camp (ages 6-10) and Summer Fun (ages 11-14) will be BACK bigger and better than ever! Check out the details on page 27 for more information. Several additional themed-camps for children will be held at the Community Center.



Bethel Park Recreation and Leisure Services ACTIVITY REGISTRATION FORM

Separate form REQUIRED for EACH participant. You may DUPLICATE this form.

(PARTICIPANT)
FIRST NAME: _____ LAST NAME: _____
ADDRESS: _____
CITY: _____ ZIP: _____ BP Resident? Yes / No
PHONE: home () _____ cell () _____
BIRTH DATE: m ___ / d ___ / y ___ Current Grade: _____ Male / Female (circle)
Email address: _____

Please include any special needs: _____
Shirt size (where applicable): _____

1. Activity Name _____ Code no. _____
Day _____ Start Date _____ Time _____
Location _____ Fee Due \$ _____

2. Activity Name _____ Code no. _____
Day _____ Start Date _____ Time _____
Location _____ Fee Due \$ _____

PLEASE CONTINUE AND SIGN THE WAIVER BELOW:

Make check payable to: BETHEL PARK RECREATION Total amount enclosed \$ _____
Payment is from (print name) _____ cash _____ check # _____
Mail or drop off to: Bethel Park Community Center, 5151 Park Avenue, Bethel Park, PA 15102

I, _____ (Parent/guardian or participant - print name), understand the rules, regulations, and risks associated with the activity for which I have registered myself, or have registered my child. By my signature, I agree to release and hold harmless and blameless the Municipality of Bethel Park, Bethel Park School District, and any employee thereof as to and regarding any liability, claims, damages, or loss whatsoever resulting from any accident or injury to me or my child or any damage to our personal property which I or those under my supervision or care might receive while participating in the above Recreation program(s).

I understand that Bethel Park Recreation provides opportunities for positive publicity by photographing and/or videotaping patrons at programs for use in local publications, newspapers, television, websites, and social media accounts. By signing this Activity Waiver, I grant the Municipality of Bethel Park and the Bethel Park School District permission to use my image, name, and likeness (collectively, "Image"), or the Image of my child, in this manner without any further compensation to me.

I understand that if I do not agree to the use of my Image or the Image of my child, I must notify Bethel Park Recreation in writing upon registration.

SIGNATURE: _____
(Participant, or parent/guardian, if participant is under 18 years of age)

Please call the Recreation Office at 412-831-1328 if you have any question regarding this registration. The Recreation Office does not contact participant to confirm registration unless there is a conflict, a change in day/date or class is full or cancelled.

OFFICE USE ONLY

Amount Due \$ _____ Amount Paid \$ _____ Staff _____
Cash _____ Check # _____ Credit Card _____
Account # _____ Activity Code # _____ Date received _____ Time _____



Bethel Park Recreation and Leisure Services ACTIVITY REGISTRATION FORM

Separate form REQUIRED for EACH participant. You may DUPLICATE this form.

(PARTICIPANT)
FIRST NAME: _____ LAST NAME: _____
ADDRESS: _____
CITY: _____ ZIP: _____ BP Resident? Yes / No
PHONE: home () _____ cell () _____
BIRTH DATE: m ___ / d ___ / y ___ Current Grade: _____ Male / Female (circle)
Email address: _____

Please include any special needs: _____
Shirt size (where applicable): _____

1. Activity Name _____ Code no. _____
Day _____ Start Date _____ Time _____
Location _____ Fee Due \$ _____

2. Activity Name _____ Code no. _____
Day _____ Start Date _____ Time _____
Location _____ Fee Due \$ _____

PLEASE CONTINUE AND SIGN THE WAIVER BELOW:

Make check payable to: BETHEL PARK RECREATION Total amount enclosed \$ _____
Payment is from (print name) _____ cash _____ check # _____
Mail or drop off to: Bethel Park Community Center, 5151 Park Avenue, Bethel Park, PA 15102

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I understand that Bethel Park Recreation provides opportunities for positive publicity by photographing and/or videotaping patrons at programs for use in local publications, newspapers, television, websites, and social media accounts. By signing this Activity Waiver, I grant the Municipality of Bethel Park and the Bethel Park School District permission to use my image, name, and likeness (collectively, "Image"), or the Image of my child, in this manner without any further compensation to me.

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(Participant, or parent/guardian, if participant is under 18 years of age)

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OFFICE USE ONLY

Amount Due \$ _____ Amount Paid \$ _____ Staff _____
Cash _____ Check # _____ Credit Card _____
Account # _____ Activity Code # _____ Date received _____ Time _____



School District Contact Information

District Telephone Number833-5000

Central Administration

301 Church Road, Bethel Park 15102

- Dr. Joseph Dimperio, Interim Superintendent854-8402
- Dr. Zeb Jansante, Assistant Superintendent
for Administration854-8420
- Dr. Janet O'Rourke, Assistant Superintendent for
Curriculum and Special Services.....854-8420
- Beth Wells, Coordinator of Curriculum K-12.....854-8420
- L. Douglas McCausland,
Finance Director/Business Manager854-8425
- Sharon Kopy, Assistant Director of Finance854-8445
- Lori Sutton, Director of Special Education854-8410
- Dr. Sarah Shue, Assistant Director of Special Education854-8410
- Administrator for Human Resource Services854-8425
- Ronald Reyer, Director of Technology Services854-8418
- Scott Ziehler, Transportation Director854-8414
- Nick Fierst, Director of Facilities and Services854-8615
- Joe Consolmagno, Director of Food Services854-8754
- Jamie Cromie, Director of Public Relations/Information
Specialist.....854-8438
- Dan Sloan, Athletic Director854-8548

Bethel Park High School

309 Church Road, Bethel Park 15102

- Joseph Villani, Principal854-8571
- James Fodse, Assistant Principal854-8584
- Guidance Office854-8597
- Health Office854-8550
- Attendance Office.....854-8572
- Library854-8565
- Records Office854-8595
- Student Activities854-8514
- Athletic Office854-8548

Independence 7-8 Middle School

2807 Bethel Church Road, Bethel Park 15102

- David Muench, Principal854-8677
- Dr. George Spalaris, Assistant Principal854-8678

Neil Armstrong 5-6 Middle School

5800 Murray Avenue, Bethel Park 15102

- Kenneth Patterson, Principal854-8751
- Sheryl Kremer, Assistant Principal.....854-8756

Abraham Lincoln Elementary

1524 Hamilton Road, Pittsburgh 15234

- Jay Johnson, Principal854-8618

Benjamin Franklin Elementary

5400 Florida Avenue, Bethel Park 15102

- Teresa Doumont, Principal854-8741

Bethel Memorial Elementary

3301 South Park Road, Bethel Park 15102

- Eric Chalus, Principal854-8506

George Washington Elementary

515 Clifton Road, Bethel Park 15102

- Fred Pearson, Principal854-8546

William Penn Elementary

110 Woodlet Lane, Bethel Park 15102

- Brian Lenosky, Principal/Director
of Cyber/Alt. Learning Options854-8522

VISIT US ONLINE @ www.bpsd.org

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Ken
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412-831-1814

Ruhl Recognized by PSBA

In December, Jim Summerville of the Pennsylvania School Boards Association (PSBA) recognized Connie Ruhl for her 24 years of service on the Bethel Park School Board. Mrs. Ruhl, who also sits on the Steel Center for Career and Technical Education Board, has served on a number of other public boards and committees over the past two plus decades.



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Dr. James Walsh Hired as Bethel Park School District Superintendent

At a special meeting on Dec. 29, the Bethel Park Board of School Directors unanimously voted Dr. James Walsh as the next superintendent of schools.

Walsh comes to Bethel Park School District from the Burgettstown Area School District, where he has served as superintendent since 2015. At Burgettstown, Walsh spearheaded a district-wide STEAM program, Tier III reading interventions at all grade levels, and added Maker Spaces throughout the district.

He also previously served as the principal at Jefferson Middle School and as a district-wide curriculum supervisor in the Mt. Lebanon School District; the director of curriculum and student achievement in the Aliquippa School District; and principal in the Hopewell School District. Before entering administration, Walsh taught English, Theater, and Television Production at Westlake High School in Maryland and later in Peters Township School District.

Walsh holds degrees from Duquesne University, the University of Maryland, and Nova Southeastern University in Florida. He serves as an adjunct faculty member at Point Park University's School of Education.

Walsh succeeds Dr. Joseph Dimperio, who has served as the acting superintendent since last spring. Dimperio led the search for his successor and is very proud of the school board's selection process.

"The school district conducted a superintendent search that was thorough, deliberate, and thoughtful," said Dimperio. "We carefully considered the feedback we received from our stakeholders including our students, our staff, and our community at large and we are thrilled to have

concluded this process with a candidate whose experience and strengths match up so well with the district's priorities."

According to Bethel Park School District board president, Mrs. Pam Dobos, the selection committee was particularly impressed with Walsh's familiarity with curriculum and his plans to drive Bethel Park forward. "Dr. Walsh spoke about his familiarity with curriculum and instruction and his vision for Bethel Park," she said. "His focused, creative solutions that emphasized collaboration and communication left us all feeling very confident that he is indeed right the leader to take the district to new academic heights."

Walsh, a married father of four, who lives in neighboring Upper St. Clair, compared the process to a successful courtship.

"During our discussions, it became increasingly clear how important the school district is to the entire Bethel Park community and how many growth opportunities remain," he said. "I look forward to locking arms with the many wonderful people already in place and working together every day to help make Bethel Park an even better school district."



James Walsh

45 Bethel Park Students Participate in Career Development Conference

In December, 45 Bethel Park students participated in the first-ever Virtual PA DECA District III Career and Development Conference. The following 28 students received a medal for their performance and qualified for the PA DECA Career Development Conference to be held, virtually, later this winter. They will be joined by approximately 60 additional students which are currently working on written papers and presentations.

Lucia Coccagno presided over the Conference as the 2020-2021 PA DECA District III Representative.



Jack Hartman & Gavin Barzan

First Place Winners:

- Swechya Baral (11th) & Isabel Burke (11th) – Buying & Merchandising Team
- Gavin Barzan (10th) & Jack Hartman (10th) – Business Law & Ethics Team
- Tommy Bova (9th) & Arabella Cicero (9th) – Buying & Merchandising Team
- Ethan Donovan (12th) – Business Finance
- Keelan Donovan (11th) – Personal Financial Literacy
- Alena Kauric (12th) – Entrepreneurship
- Shuting Lu (10th) – Food Marketing
- Kayla Pockly (10th) – Hotel & Lodging Management
- Lucas Lybarger (10th) – Retail Merchandising
- Christian McClaine (12th) – Restaurant & Food Service Management
- Marquise Ross (10th) – Business Services Marketing
- Tommy Smith (9th) – Sports & Entertainment Marketing

Second Place Winners:

- Anna Counihan (11th) – Hotel & Lodging Management
- Grace Demira (10th) – Principles of Marketing
- Dom DePasquale (10th) & Jackson Molli – Marketing Management Team
- Lexi Dorfner (9th) – Quick Serve Restaurant Management
- Sadie Fedor (11th) – Apparel & Accessories Marketing
- Nick Gasper (10th) & Forrest Shaw (10th) – Hospitality Services Team
- Cam Kent (10th) – Human Resources Management
- Mason Miller (10th) & Owen Sivetz (10th) – Entrepreneurship Team
- Joshua Ninness (9th) – Restaurant & Food Service Management
- Nolan Plassio (10th) – Retail Merchandising

Free Meals Program

Bethel Park School District continues to distribute free meals to area families with children ages 18 years-old and younger, regardless of your socioeconomic status.

Weekdays, throughout the school year, from 11:30 until 12:45 p.m., you will find members of Metz culinary management, Bethel Park's food service provider, in the high school parking lot distributing breakfast and lunch meals to area families, who never even leave their car.

According to Metz's Joe Consolmagno, who oversees the program, on average, approximately 350 district families per day are taking advantage of this free, temporary federal program.

"We have distributed almost 120,000 meals since the start of the pandemic last spring," said Consolmagno. "I think that speaks volumes both to the tremendous need in our community but also to the community's ability to come together during a very difficult time for everyone."

The program will run through at least June 30, 2021. To participate in the program, please place your order by no later than 10 a.m., on Friday of the previous week by visiting bpsd.org/FoodServices.



Bethel Park to Host Camp Invention, July 19-23

This summer, from July 19-23, Bethel Park School District will again host Camp Invention at Neil Armstrong Middle School (5800 Murray Ave., Bethel Park, PA 15102).

The nationally acclaimed summer STEM program teaches kids in grades K-6 how to develop skills like persistence, confidence, creativity, and problem-solving.

Camp Invention will run daily from 9 a.m. until 3:30 p.m. The cost of the five-day camp is \$245. Guests will have the option to camp in person or at home.

There are also extended day hours available and an opportunity to save money if you register by March 31. To learn more about the program, or to register, visit invent.org/camp. You can also call 1-800-968-4332.



Guidelines for Keeping a Sick Child Home

Nearly every parent/guardian has grappled with the question, “When is my child too sick to go to school?” Unfortunately, that is not always an easy question to answer, especially in the early morning hustle and bustle. However, in the age of COVID-19, it is more imperative than ever that our parents/guardians know which signs to look for and to have a plan in the event their child is unfit for school. We hope that the guidelines below can help you make your decision.

An ill child will not be able to perform at his or her best in school and is more likely to spread the illness to other children and staff. That is why Bethel Park School District suggests that families please always err on the side of caution and make emergency childcare arrangements ahead of time so you will not be caught without a comforting place for your child to stay if he or she does unexpectedly fall ill.

Also, our remote learning model guarantees that any child who is forced to stay home can do so without being marked absent or falling behind on his or her classwork. That means that there is never any academic incentive for a sick child to attend in-person instruction.

People with COVID-19 can have had a wide array of symptoms – ranging from mild indicators like the sniffles to more severe warning signs like a high fever or a shortness of breath. Symptoms may appear in as few as two days or as late as two weeks after contact with the virus.

A potential exposure to COVID-19 means living in the same home as someone with a confirmed or suspected case of the illness; or having close contact (six feet or less) with an infected individual for 15 minutes or more. The timeframe for having contact with an individual can vary but includes the 48 hours before the sick individual began showing signs of illness.

People with these symptoms may have COVID-19:

- Fever (100.4 or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

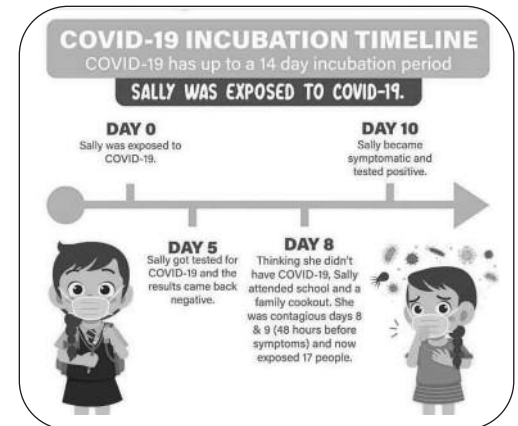
Steps to take should you come into contact with a person who has tested positive for COVID-19:

- Stay home and monitor your health
- Stay home for 14-days after your last contact with a person who has COVID-19
- If someone with a confirmed or suspected case of COVID-19 resides in your home, they should quarantine away from all family members
- Watch for fever (100.4F), cough, shortness of breath, or other symptoms of COVID-19
- If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19

Should your child become ill at school, and the teacher and/or school nurse feel the child is too sick to benefit from in-person instruction or is potentially contagious to other children, you will be contacted and required to pick them up from school, as soon as possible. You may also be asked to take your child to see his or her pediatrician or another medical professional for further assessment and/or intervention.

Nobody ever expects their child to face a medical emergency. However, they do occasionally happen. That is why it is imperative that your child's school has the most up-to-date contact and medical information possible in case your family is forced to face a crisis. Also, there may be times when you cannot be reached. Please be sure to make alternative transportation and childcare arrangements in case your son or daughter falls ill at school.

Please call your child's school nurse if you have any questions or concerns, or if you just want to make sure they have the most accurate and up-to-date information on file.



High School Students Build COVID-19 Dashboard

For months, Bethel Park School District regularly sent out communications each time a student or staff member tested positive for COVID-19. However, over time, it became increasingly clear that more detailed analysis was necessary for the benefit of the entire community.

Some other area school districts, faced with the same need, responded by developing their own dashboards either through their professional staff or by contracting the project to outside firms.

However, in December, Bethel Park decided to go in a different direction, becoming the first school district in Pennsylvania to create a completely student-designed dashboard that gives a detailed look at how each Bethel Park school is faring during the pandemic.

The idea for the unique project was hatched in the fall by technology director, Ron Reyer and physics teacher Lee Cristofano. “I had heard that the school district was looking to develop a dashboard and I have always been a huge proponent of engaging your students whenever you can,” said Cristofano. “I also knew that we had an especially talented group of students who were all also friends and who had some familiarity in working with big data. I hoped that they might be interested in creating something that genuinely benefits their entire community and fortunately they have created something that is truly special.”

Their dashboard keeps track of cases at Bethel Park schools. It offers a breakdown of student infections versus those for district staff, and features dynamic charts and graphs that provide a look at how the virus has progressed at Bethel Park schools since March.

According to Christian McClaine, one of the dashboard's eight designers, the students knew from the start that they needed to create something that had a practical application and was easy to digest for people less familiar with data analysis. “We all understood from the start that we needed to create something that was intuitive and easy to understand for everyone,” he said.

Tanush Bahl readily agreed with his collaborator. “We tend to look at it from a data science point of view but we know that we needed to focus on making sure that anyone in the community could look at it and immediately see how Bethel Park schools are doing,” he said.

The students immediately began studying data visualizations for COVID-19 data from other area school districts and sought to improve on what they were seeing. “We immediately noticed that a number of the existing dashboards were not user-friendly or interactive,” said Evan Zelt. That incentivized us to try to create a dashboard that was a lot more engaging.”

One of the biggest challenges facing the students was that they first had to learn a program with which they were all unfamiliar, Google Data Studio. However, according to Demetri Patrinos, learning the system was actually, well, fun. “It felt we were all learning how to use a new gaming system and once we started getting the hang of it, the sky was the limit for what we could do with our dashboard.”

Toby Roule estimates that the group spent between 40-45 hours collectively on the project. “We just kind of login at the same time and get on an audio chat and navigate our way through various challenges,” he said.

Bethel Park's dashboard, which updates daily around noon, separates cases between staff and students and by school. That allows anyone accessing the dashboard to really dig in to trends so they can make the most informed decisions for their family.

(“Dashboard” cont. pg. 41)



A Message From... **PAM DOBOS** School Board President

On August 4, 2020, the School Board adopted a set of nine goals for the district, goals that we are using as focus points for specific tasks this school year. I would like to take this opportunity to report on our progress thus far.



Bethel Park School Board Goals 2020-2021

1. Safely reopen Bethel Park Schools by following the governmental guidelines (ex. CDC and PDE) to prevent COVID-19 community spread within district facilities.
 - We began the 20-21 school year in full remote learning; then we progressed to a hybrid approach with students being in the buildings two days a week. Unfortunately, with the increase of COVID cases during the holiday season, we were forced to return to remote for a month of instruction, but now we have returned to hybrid. Hopefully, by the time you read this, as the vaccine becomes readily available, as scientists learn more about this pandemic, and as the governmental agencies lift restrictions, we will have further reopened our schools. The Board of School Directors understands the frustration that staff, parents, and students are experiencing, and we are committed to the full reopening of our schools when possible.
2. Improve overall academic performance of students based on the use of district curriculum and assessed through district and state measurements.
 - This will be problematic to evaluate since remote and hybrid learning created interruptions in the curricular calendar. We recognize that although this school year is in no way usual, we still hold our academic standards as reachable goals. Pennsylvania, as of this writing, has not postponed the statewide testing, but that is a possibility. If statewide testing is cancelled, we won't have state measurements to use in this evaluation. Thank you to Mr. Scalzo for chairing the curriculum committee.
3. By June 30, 2021, develop and adopt a 2021-2026 Strategic Plan, which includes yearly benchmark indicators.
 - Now that we have hired our new Superintendent, Dr. James Walsh, we will move forward with forming a Strategic Planning Committee to create a long range plan for the future.
4. By October 31, 2021, complete a comprehensive facilities audit in order to determine if there is a need to right size district facilities.
 - We have hired Hayes Design to complete a demographic and facilities feasibility study to evaluate our K-8 structure. We anticipate some of that report to be available for discussion at the end of January and into February so that we can discuss and decide on our budgetary projections for the 2021-2022 school year. Our student population has decreased over the last ten years and we acknowledge that reality in relationship to this study of our facilities. Additionally, we are assessing our educational structure since class size parity and curricular consistency among schools are important in our decisions. Thank you to Mr. Spicuzza for chairing the facilities committee.
5. Reduce the Bethel Park School District's budget deficit by at least \$2,000,000 for the 2021-2022 budget adopted by June 30, 2021.
 - Because of the tax cut that was approved in June of 2019, we are struggling to maintain a healthy fund balance. Additionally, COVID has financially affected the district, both with increased expenses and reduced revenue. Fortunately, our new Finance Director, Mr. Doug McCausland, has already provided us with a detailed overview of our present fiscal situation. This meeting on December 1st, 2020 was recorded and is available on the School Board section of the website under "Meeting Videos" (Facebook live link). Thank you to Mr. Christenson for chairing the finance committee.
6. By October 31, 2020 approve a Learning Management System (LMS) that allows for continuous curriculum revision and updates.
 - We approved Schoology as our Learning Management System, in August. However, given the multiple educational scenarios that we have used, because of the age of some of our technology, and because of the diverse hardware that is used at the different academic levels, we have asked for a thorough evaluation of our technology. A technology committee will be formed to make recommendations to the Board based on an overall blueprint. This blueprint will create more consistency, both in our hardware and in the overall delivery of instruction, be it in person or remote.

("Board President" cont. pg. 41)

Johnson Named Apple Award Winner

Music teacher, Katie Johnson has been recognized by the National State Teachers of the Year – Pennsylvania Chapter (NSTOY-PA) for the Apple Award.

The award is presented to educators in our state for exceptional efforts in teaching, coaching, and other efforts that support educational excellence. It recognizes members of the educational community who make a positive difference in the lives of students, school districts, and community.

Colleague, KD Meucci, a 2017 finalist, nominated Johnson for the award. She said the music teacher's ability to connect with her students and her talent for cross-curricular concepts and igniting students' love for music are what sets her apart.

"It's obvious that her goal is to expose her students to many types of music and musical experiences, so that they may become lifelong learners of music," Meucci said, adding that Johnson regularly arranges field trips for her students to attend the Pittsburgh Symphony, the Pittsburgh Festival Opera and numerous other virtual field trips. Johnson also directs the 350-member fourth grade choral ensemble and assists with fourth grade band lessons.

Johnson also excels at incorporating technology into her classroom and is exceptional at weaving core course concepts like science and social studies into her music lessons. One such example of this was Johnson's decision to teach vibrations and sound science through the use of rubber bands and water-filled glasses. Another excellent example of her work has been her decision to teach her students historical songs stemming from the Underground Railroad and the War of 1812.



Challenge-Based Learning Projects at NAMS

Students in teacher, Steve Yost's class have completed some enrichment programs as part of a project he calls Challenge-Based Learning (CBL). The project, which normally takes place over the course of 18-20 class periods over the course of an academic quarter, is entirely self-directed based on the students' interests and strengths.

This year's projects have been completed largely at home. Among the most interesting projects in the first quarter's crop was created by a sixth grader in the remote learning track named Adele Stamenov of Team Impact. Stamenov, who also speaks Bulgarian, is very interested in linguistics, so she decided to create her own language called, Silvonalis. In addition to an alphabet, grammar keys

and other hallmarks of a language, Stamenov also wrote a poem in Silvonalis, which she subsequently translated to English.

Another very interesting piece was completed by sixth grader, Michael Hladio. An avid baseball fan, Hladio wanted to explore the mechanics of throwing a baseball. He also wanted to demonstrate the physics of breaking pitches and why change ups are so difficult for a batter to identify.

Sixth grader, Charlotte Jaszcar absolutely adores the video game series, "Final Fantasy." To demonstrate her affinity for the game, Jaszcar created a stage and figurines to celebrate Chocobo, a popular figure in the series.

The projects are as interesting and diverse as their creators and include a pyramid constructed out of cardboard and plexiglass, the evolution of the football helmet, the history of the computer, understanding Japanese culture, Roman historical facts, and how to publish a book, amongst others.



Dr. O'Rourke Named to Assemble Pittsburgh Board

Bethel Park School District Assistant Superintendent for Curriculum and Special Services, Dr. O'Rourke has been elected to serve a three-year term on the Assemble Pittsburgh board.

The nonprofit organization, which describes itself as "hyper-local," is dedicated to building confidence among young learners through making by uniting communities of artists, technologists, makers, and learners.



The program seeks to develop creativity among young people through a series of Science, Technology, Engineering, Arts, and Math (STEAM) disciplines and learning opportunities to build valuable 21st century skills. It encourages creative problem solving and critical thinking skills through the tangible application of concepts, a hands-on participatory environment, and interdisciplinary engagement. The program's culture

of open-ended experimentation celebrates both successes and failures as opportunities to learn, grow, and try again.

According to O'Rourke, the opportunity to help bring people from diverse backgrounds together to create, collaborate and learn was very appealing. "I'm excited to be a part of an organization that supports hands-on learning, creativity and STEAM in our region," she said. "I look forward to using whatever skills and knowledge I have to support Assemble's vision of continuing to positively impact the young people of our region."

Stand Events

Stand Together Against Negativity and Discrimination (STAND) is celebrating Black History Month through a series of programs intended to raise students' awareness of African American culture and history.

Some of this year's STAND events have included poems and other reading to virtual dances. Past STAND events have included participation in and/or sponsored African-American Read-Ins, Black History Month Celebrations, Cultural Days, Teen HIV/AIDS Awareness Day, Operation Feed A Neighbor, Adopt-A-Family, Samuel and Anna Mae Richardson Community Garden with

the Ben Franklin Elementary students, BOLD/GOLD - IMS, Crafts and Book Readings with elementary students (Ben Franklin and Washington), and in 2018-2019 took a trip to Washington D.C. to visit the Holocaust Museum, Museum of the American Indian, and the historical monuments.

High school nurse, Tracy Ford, who founded STAND in 2014, has grown the club to include approximately 100 students and staff at all eight district buildings. "We just wanted to do what we could to provide our students with the opportunity to help create and be a part of a community where everyone feels safe and welcomed regardless of their race, ethnicity, background, socioeconomic status, religion, sexual orientation or identity, etc.," she said. "We sincerely believe that education is the key to understanding, which in turn is the key to acceptance."



A Message From... JOSEPH DIMPERIO, PH D. Acting Superintendent



With a heart full of gratitude tinged with some sadness, I wanted to take this opportunity to bid you farewell. As you undoubtedly know, at a special meeting held in late December, the school board made the inspired decision to appoint Dr. James Walsh as the full-time superintendent at Bethel Park. He will likely join us in the early spring. Dr. Walsh is a true gentleman who comes to Bethel Park with a wealth of experience, particularly in curriculum development. He will do an outstanding job leading Bethel Park into the future.

I have been a superintendent at various Western Pennsylvania school districts for more than three decades. In that time, I have faced all manner of challenges, both big and small. Over the past year, the challenges faced by our schools here in Bethel Park and families have been as significant as any I have ever encountered in public education. We were charged with completely changing the educational paradigm on the fly and with very little guidance, and yet somehow, our schools and our families have met that challenge.

I cannot possibly overstate how impressed I have been with our entire school community and their willingness and ability to continually adapt in the face of adversity. Everyone's collective efforts have led to enormous strides in how we deliver instruction, and those gains are permanent. Also, the genuine kindness I have experienced from everyone, including our students and their families, our staff, and our school board, has been remarkable. The past year's events have conclusively demonstrated that Bethel Park is truly a special place because of the love and support of so many people.

Many years ago, one of my former law school professors, Ronald Ricci, reached out to me to tell me that his local school district, Bethel Park, needed a new superintendent and that I was just the person for the job. He explained to me that Bethel Park was a special place full of remarkable people. Unfortunately, I had recently accepted a position with another area school district, so the timing wasn't right. However, if the events of the past year have taught me nothing else, it is that Professor Ricci was absolutely justified in his great pride for Bethel Park. I feel very fortunate to have been a part of it, even in the most trying of circumstances.

Take care of yourselves and each other.

With gratitude, great appreciation, and best wishes for a bright future.



Animoto Book Trailers

For the past month, students in Mrs. Katelyn Gensler's seventh grade reading class have been working diligently to create promotional trailers for various books they've read. The object of the assignment has been for students to convince their classmates to read the books they are promoting.

Mrs. Gensler and Independence Middle School librarian, Ms. Patricia Heasley have taught the students how to create their videos using the design website, Animoto. The key tenets have focused on the trailers having a beginning, middle, and end; how to be concise; and to match the tone of their book.

According to Gensler, the project has been a big hit with her students because it has offered them an opportunity to creatively express their interest in a book of their choosing while demonstrating the literary devices they have learned throughout the year.

"This project has required a lot of work on our students' part," she said. "However, it's a very engaging assignment, so they never seemed to mind it."

As part of their trailers, students were encouraged to use photos and text to introduce the characters, plot, and theme of the story. They capped off their projects by inserting music into the trailer to mimic the mood of the book and most importantly, they tried to end it with a hook that would capture the interest and imagination of any potential readers.

To see the final products, visit the Independence Middle School home page on the district's website.

Sutton Chosen to Participate in Pennsylvania Virtual Fellowship Program

Lori Sutton, Bethel Park's Director of Special Education, has been selected to participate in the 2020-2021 Pennsylvania Virtual Fellowship Program (PVFP) for Special Education Leaders.

The Fellowship Program is based on the concept of "Achieving Balance" between "Managing Compliance" and "Leading Improvement" with both aspects essential to the continuous improvement of the programs and services delivered in Bethel Park School District.

According to Sutton, membership in the PVFP is a great opportunity for not only her, but for the school district. "Participating in this program will provide the district with the most up-to-date information on compliance issues as well as evidence-based practices in the field of special education," she said.

The PVFP for Special Education Leaders strives to develop the knowledge and skills of veteran and novice special education administrators. Fellows are engaged in networking opportunities to build capacity and promote effective programming to ensure success for all students with disabilities.



DASHBOARD

(cont. from pg. 38)

Johny Ivanov explained that the dashboard truly has something for everyone. "We wanted to display a lot of data but we wanted to do it in a way that wasn't overwhelming," he said. "It is very easily categorized and broken down in a number of ways. If people are curious about our trends, where we are, where we are going, and where we were back when we first started reporting data; they can access that information as well, practically in real time."

Ethan Donovan, who also worked on the project, said that while a lot of schools may report total number cases, without a full context, that information can be misleading. "Our dashboard was showing that the early going at least, the majority of our cases were staff-related, which obviously impacts the entire conversation and the school district's decision-making."

Sophomore Martina Tatalias, the youngest member of the group and its only young lady, was very impressed with the group's ability to work so well together on such a complex project. "Everyone was able to contribute on a high level and I am grateful for that," she said.

The project's designers included seniors Tanush Bahl, Ethan Donovan, Johny Ivanov, Christian McClaine, Demetri Patrinos, Toby Roule and Evan Zelt; as well sophomore Martina Tatalias.

BOARD PRESIDENT

(cont. from pg. 39)

7. By June 30, 2021, review and update one half (½) of all Bethel Park School District policies.

- At every Board meeting we are reading, revising, and approving policies. This is ongoing, thanks to our solicitor, Ms. Zundel, and our policy chair, Ms. Walsh-Turner.

8. Hire a permanent Superintendent by June 30, 2021.

- We have hired a new Superintendent, Dr. James Walsh. Currently, he is Superintendent in the Burgettstown district, but hopefully, he will be on board full-time with us soon. We are very excited to welcome him and look forward to his collaborative leadership style. His experiences as a Superintendent, a Director of Curriculum, a principal, an adjunct professor, and as a teacher represent his expertise to lead Bethel Park into the future.

9. Create a district task force to learn, listen, and understand equity and diversity issues in the Bethel Park School District and then to report its findings and recommendations to the Board by June 30, 2021.

- We have hired Ford Consulting to assist us with this goal. Two Board members, Mr. Nagel and Ms. Ruhl, are leading this endeavor. Right now, a small committee of administrators, staff and principals are discussing areas for organizing and focusing this task force on policy, programs, and curriculum.

I would also like to thank Mr. McGregor for chairing the personnel committee and Mr. Modrak for being my right hand man as Vice President. We are excited about using these goals to define our work this year, and we are encouraged by our progress thus far. And finally, I would like to thank Dr. Dimperio, our interim Superintendent, for his wisdom and leadership throughout the past year. We would never have been able to come this far without his counsel and advice. We are particularly grateful for his guidance throughout the superintendent search.

Blessings to all of you for a healthy and safe 2021.

Veterans Wall at Independence Middle School

Each year, students in the Independence Middle School's student council support our service men and women in a number of ways including through an annual Veterans Day Breakfast and assembly. The student council also writes letters and sends care packages to those serving us abroad.

This year, due to the pandemic, unfortunately, an in-person Veterans Day celebration just wasn't possible; so, the group came up with a creative way honor our vets by creating a Veterans Wall.

The large exhibition, which was constructed by IMS students and custodial staff, is located just outside the auditorium. It recognizes service to our country for anyone tied to the Bethel Park school community. The honorees range from current soldiers serving overseas going all the way back to the American Civil War.

Other items proudly displayed in that area include a flag that had been flown in Iraq as well as one flown over the USS Arizona in 2004.



Volunteers Needed: Future Ready Comprehensive Plan Committee

Bethel Park School District is seeking volunteers who want to serve on its Future Ready Comprehensive Plan Committee. The district is hoping for representatives from the following groups:

- School Board Members
- Administrators
- Staff Members
- Parents
- Students
- Community Partners

Establishing a committee inclusive of a diverse group of stakeholders is critical to the success of the comprehensive planning process.

The Every Student Succeeds Act (ESSA) requires each state, local education agency (LEA), and school to consult with an array of stakeholders on issues ranging from how best to allocate funds to how to support schools that serve high-need students. This gives states and districts a chance to commit to engagement with all stakeholders in an ongoing and meaningful way.

The three-year Pennsylvania Department of Education plan will provide direction to the school district from 2021 through 2024. The focus of this plan is based on Pennsylvania's Future Ready Index and will be factored into the larger Bethel Park School District strategic plan.

If you are interested in serving on the committee, please contact Assistant Superintendent for Curriculum and Special Services, Janet O'Rourke at orourke.janet@bphawks.org or 412-854-8449.

Black Hawks Winter Sports Report 2021

The way the fall unfolded proved that – despite many expected challenges and hiccups along the way and the glaring absence of the typical crowds – it is possible to complete a high school sports season during a pandemic.

This winter, as teams and leagues around the region have attempted to replicate that feat, they have done so knowing that winter sports would provide some additional hurdles. The most obvious of which is that every winter sport takes place indoors, whereas just girls volleyball was played inside in the fall. Data suggests that COVID-19 is more easily transmissible inside than it is outside, and everyone knew going into the season that it was possible that their season could be shut down periodically, and perhaps for the entire season, depending on the case counts.

Another complication, of course, is that numbers have spiked around the state, and the vaccine may not be ready for much of the general public before winter ends. In mid-December through the first week in January, interscholastic athletics around the state were put on pause as part of Pennsylvania's targeted mitigation efforts.



“The pandemic has reshaped the way education is delivered across the state and the same can be said about its impact on its athletic teams,” said athletic director, Dan Sloan. “Nonetheless, our student-athletes and coaches have adjusted amazingly well during this unprecedented circumstance and we are all very proud of their ability to continually adapt to this ever-changing landscape.”

For Bethel Park, the winter sports season consists of boys and girls basketball, indoor track, swimming and diving, and rifle; as well as wrestling and cheerleading. Sloan said the biggest challenge, aside from dealing with the virus itself, came in the form of scheduling games against schools whose procedures aligned with Bethel Park's protocols.

“Every school in the region has been forced to make a series of decisions for their student-athletes including whether they will require them to wear masks during active competition,” said Sloan. “We know masks are very important in stopping the spread of COVID-19, which is why we require our coaches and players who are not actively competing to wear them at all times. However, we were not comfortable having our student-athletes who were in active competition exerting themselves with anything covering their nose and mouth.”

Some of the teams Bethel Park competed against included Upper St. Clair, South Fayette, Canon-McMillan, Trinity and South Park among others.

Despite the many challenges, Sloan considers the season a tremendous success for reasons that have nothing to do with wins and losses. “We have talked a lot to our coaches and student-athletes about their responsibilities in making sure that they did everything they could to ensure that they would have an opportunity to compete,” said Sloan. “That meant a strict adherence to all of our health and safety protocols at all times and I am very proud of how well they responded to that challenge.”

Potka Named to the Pennsylvania All-State Girls Volleyball Team

In December, Bethel Park senior, Alexa Potka was named to the Pennsylvania all-state girls volleyball team. The 5-10 outside hitter helped lead the Black Hawks to a 12-4 season record. Potka recently signed her college letter with the College of Charleston.

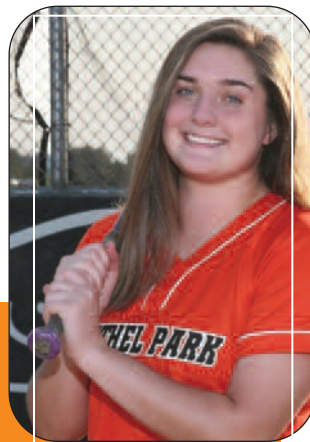


Stephenson Sets Slowpitch Softball Records

Girls slowpitch softball doesn't often get a lot of attention. However, occasionally, someone performs so well that their achievements demand extra attention.

Bethel Park senior, Samantha Stephenson, who overcame a health scare during her sophomore year, led the BP Lady Hawks to an 11-3 record and semifinals appearance in the Western Pennsylvania Interscholastic Softball League (WPISL), which played double-headers every Sunday in September and October.

Stephenson led the way offensively for Bethel Park, breaking several records along the way including home runs (16, the previous record was seven by Chelsea Dougherty); hits (48, the previous record-holder was 39 by Samantha Hardinger); batting average (.750, eclipsing Jordan Porzio's previous record of .682); and runs scored (42, the previous record was 29, held jointly by Chelsea Dougherty and Kylie Jacobs respectively).



Bethel Park Well Represented in Big 56 Conference's Soccer Girls 4A All-Section 2 Awards

Congratulations to Bethel Park's Missy Dalbon, who was recently named the Big 56 Conference's Girls Soccer Class 4A All-Section 2 Coach of the Year. Dalbon led the Black Hawks to a 6-5-2 record. Also, senior defender Rachel Toth was a first-team all-section honoree.

Other members of the Bethel Park girls soccer team recognized for their outstanding play included Eva Blatz (second team, sophomore, forward), Lily Gaston (second team, junior, midfielder), Abby Karstensen, (second team, senior, goalkeeper), Teagan Mehalko (honorable mention, senior, midfielder) and Macy Mathias (second team, junior, midfielder).

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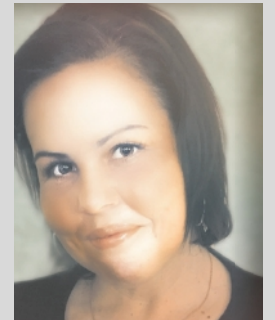
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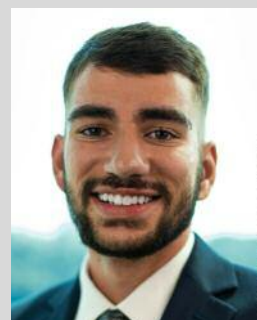
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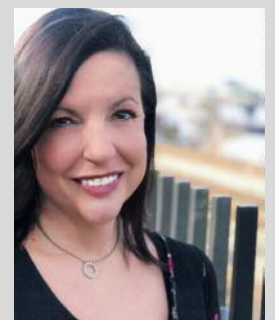
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